BEST FOR SPORT, SKY & STREAMING

MORE CHANNELS THAN ANY OTHER TV MAG!

18-24 OCTOBER 2025

TV Satellite Week

TV TO GET EXCITED ABOUT!

NEW

Harlan Coben's Lazarus

Sam Claflin and **Bill Nighy** in the latest thriller from the master of crime

NEW

A HOUSE OF DYNAMITE

Idris Elba plays a US president under fire

NEW

THE FORSYTES

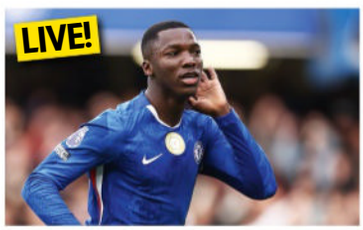
Joshua Orpin and **Millie Gibson** star in this tale of money and rivalry

HotList This week's 28

Saturday 18

Lake George
***THRILLER** Sky Premiere, 6.35am & 9.40pm*
Don (Shea Whigham) needs cash so agrees to kill an Armenian mobster's girlfriend (Carrie Coon) – but she convinces him to turn the tables and go on a road trip to steal the gangster's cash!

New Zealand v England: 1st T20 International
***CRICKET** TNT Sports 1, play starts 7.15am*
England begin their winter with a white-ball tour of New Zealand, starting with the first of three T20 matches. Continues Monday and Thursday.



Premier League
***FOOTBALL** TNT Sports 1, Sky Sports Main Event & Sky Sports Premier League*
Top-flight action returns with Nottingham Forest hosting Chelsea (kick-off 12.30pm), and the London derby between Fulham and Arsenal (5.30pm).

The Menu
***HORROR COMEDY** C4, 9pm*
Ralph Fiennes (above) stars in this dark tale as the chef at an exclusive restaurant on a private island, where the super-rich diners have all been invited for a reason...
• *Previously shown on Disney+*

Full listings start on **p35**

Sunday 19

Fletchers' Family Farm
***FACTUAL** ITV1, 11.30am*
Former *Emmerdale* actor Kelvin Fletcher, invites cameras back to the family farm in the Peak District, where they're preparing for lambing season when they face their biggest challenge to date.

Premier League
***FOOTBALL** Sky Sports Main Event & Sky Sports Premier League*
An on-form Tottenham Hotspur open Super Sunday by facing Aston Villa (2pm), before Liverpool take on their fierce rivals, Manchester United (k-o 4.30pm).

F1: US Grand Prix
***MOTORSPORT** Sky Sports F1 & Sky Sports Main Event, race starts 8pm*
Lando Norris has closed the gap between him and Oscar Piastri to just 22 points, so tonight's race in Austin, Texas, will be crucial. *See Sport Week, page 28*

Riot Women
***DRAMA** BBC1, 9pm*
The women bond during their first band rehearsal, but things are not all plain sailing – Nisha's dealing with a toxic colleague, Jess' feud with Inez reignites, and a long-buried secret comes back to bite Kitty.

Full listings start on **p45**

Monday 20

Joe Swash: Forgotten Young Dads
***DOCUMENTARY** BBC3, 8pm*
In this one-off, Swash meets some young fathers to hear their stories and talk about the importance of positive male role models. *See feature, page 12*

The Forsytes
***DRAMA** 5, 9pm*
This latest version of John Galsworthy's The Forsyte Saga stars Jack Davenport and Stephen Moyer (both above) as members of a wealthy Victorian family on the brink of a scandal. *See feature, page 8*

Sailing the Shipping Forecast
***DOCUMENTARY** More4, 9pm*
Rev Richard Coles, whose drama *Murder Before Evensong* is on Tuesday (9pm, 5), dons his life jacket for a four-part voyage around Britain. *See Documentaries, p21*

Leonard and Hungry Paul
***COMEDY DRAMA** BBC2, 10pm*
(box set from Fri 17 Oct, BBC iPlayer)
Two board-gaming friends who are used to their comfortable routines tentatively venture into the wider world, in this comedy drama. *See feature, page 12*

Full listings start on **p55**

Tuesday 21

Dogs Behaving (Very) Badly: Australia
***FACTUAL** 5, 7pm*
Dog trainer Graeme Hall (above) heads down under to help owners with their pooches, including an Old English sheepdog and some chaotic chihuahuas.

Champions League
***FOOTBALL** Prime Video & TNT Sports, kick-offs 8pm*
Tonight's action includes Arsenal hosting Atlético Madrid and Manchester City travelling to Villarreal, while Newcastle welcome José Mourinho's Benfica.

Sanatorium – Storyville
***DOCUMENTARY** BBC4, 10pm*
This documentary, which has been selected as an entry for next year's Oscars, follows residents at a health centre in Ukraine who are receiving treatment while war rages around them.

In My Own Words
***DOCUMENTARY** BBC1, 10.40pm*
(box set, BBC iPlayer)
The revealing interview series returns, with the late thriller writer Frederick Forsyth (*The Day of the Jackal*) talking about his career. *See Documentaries, p20*

Full listings start on **p65**

HOW TO ORDER AND ACCESS BACK ISSUES: IF YOU ARE AN ACTIVE SUBSCRIBER, YOU HAVE INSTANT ACCESS TO BACK ISSUES THROUGH YOUR iOS OR ANDROID DEVICES. YOU WILL ONLY BE ABLE TO ACCESS THE DIGITAL BACK ISSUES AS LONG AS YOU ARE AN ACTIVE SUBSCRIBER. TO PURCHASE SINGLE BACK ISSUES (PRINT FORMAT ONLY), VISIT: MAGAZINESDIRECT.COM (CLICK ON 'SINGLE ISSUES' TAB), OR EMAIL: HELP@MAGAZINESDIRECT.COM. MAGAZINESDIRECT.COM IS OWNED AND OPERATED BY FUTURE PUBLISHING LIMITED

best shows

NEW SUBSCRIPTION OFFER
GET SIX ISSUES FOR £1!
Visit tvsatsubs.co.uk/D67K

18-24 OCTOBER 2025

4 Cover story
Sam Claflin and Bill Nighy star in thriller *Harlan Coben's Lazarus*

6 TV Week
Idris Elba in Netflix's thriller *A House of Dynamite*, a new version of period drama *The Forsytes* on 5, and Melissa Roxburgh plays an FBI profiler in *The Hunting Party* on U&Alibi

9 Soap diary
The week's top stories

14 Your Watchlist
Includes Ben Stiller's documentary *Stiller & Meara: Nothing Is Lost*, plus *The Hand That Rocks the Cradle*

20 Documentaries
Features *In My Own Words: Frederick Forsyth*

22 Films
Jude Law stars in thriller *Eden*

28 Sport
Includes a US sports special

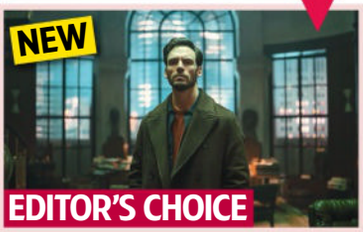
35 TV guide
Day-by-day TV listings

105 Kids' TV, Puzzle

106 Coming Soon

ALL TRANSMISSION DETAILS GIVEN ARE CORRECT AT THE TIME OF GOING TO PRESS. COVER PHOTOS: PRIME VIDEO, NETFLIX, PBS/2024 MAMMOTH SCREEN LIMITED/5 BROADCASTING LIMITED PRESS. HOTLIST WORDS: LYNETTE BRIGHTON, RACHEL PRICE. HOTLIST PHOTOS: ALAMY, DISNEY+, GETTY

Wednesday 22



Harlan Coben's Lazarus
***DRAMA** Prime Video*
From the king of the thrillers comes this eerie series, starring Sam Claflin as a forensic psychologist who is caught up in a series of cold-case murders after the death of this father. *See feature, page 4*

The Hand That Rocks the Cradle
***THRILLER** Disney+*
This remake of the 1992 movie stars Mary Elizabeth Winstead as a mother who hires a nanny (Maika Monroe, above) with a hidden agenda. *See Your Watchlist, p17*

9-1-1: Nashville
***DRAMA** Disney+*
The latest high-octane addition to the 9-1-1 first-responder franchise sees Chris O'Donnell playing Don Hart, captain of the 113 firehouse, and Jessica Capshaw as his wife, Blythe. *See Your Watchlist, p16*

The Hunting Party
***DRAMA** U&Alibi, 9pm*
A former FBI profiler (*Manifest*'s Melissa Roxburgh, above right) is called in to lead a task force attempting to track down a group of dangerous escaped prisoners. *See feature, page 11*

Full listings start on p75

Thursday 23

Nobody Wants This
***COMEDY DRAMA** Netflix*
Viewers fell hard for Noah and Joanne (Adam Brody and Kristen Bell, above) in Season 1, and now we see how their relationship has progressed. Leighton Meester co-stars. *See Your Watchlist, p16*

The Pride of Britain Awards
***AWARDS** ITV1, 8pm*
Carol Vorderman and Ashley Banjo (both above) host the glittering ceremony that honour the country's unsung heroes. Celebrities on the judging panel include Michael Sheen and Kate Garraway.

The Ridge
***DRAMA** BBC2, 9pm (box set, BBC iPlayer)*
Lauren Lyle (above) stars as Mia, a troubled doctor who leaves Scotland to attend her estranged sister's wedding in New Zealand, only to find the bride-to-be dead when she arrives. *See feature, p7*

Life After People
***FACTUAL** Sky History, 9pm*
In the third series exploring how Earth would transform if humans vanished, scientists explain that, without intervention from people, water could transform from a life-giving force to a destroyer.

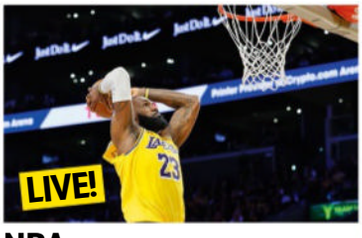
Full listings start on p85

Friday 24

A House of Dynamite
***THRILLER** Netflix*
An impressive cast including Idris Elba (above) and Rebecca Ferguson feature in Kathryn Bigelow's political thriller following the US government's response to a nuclear attack. *See feature, page 6*

Stiller & Meara: Nothing Is Lost
***DOCUMENTARY** Apple TV+*
Actor Ben Stiller's film about his celebrity parents, Anne Meara and Jerry Stiller, and what it was like growing up in a showbiz family. *See Your Watchlist, page 14*

Eden
***THRILLER** Prime Video*
A star-studded ensemble including Jude Law (above) and Sydney Sweeney feature in this movie based on real-life events that took place on an isolated Galapagos island in the 1930s. *See review, page 22*



NBA
***BASKETBALL** Prime Video*
As the NBA season starts this week, the Boston Celtics take on the New York Knicks (12.30am), followed by the LA Lakers v Minnesota Timberwolves (3am). *See Sport week, page 28*

Full listings start on p95

DON'T MISS AN ISSUE!
Download a digital issue to your tablet or phone
Available on iPad, iPhone and Android devices
You can also subscribe to the magazine at magazinesdirect.com

Unearthing

The past won't stay buried in a haunting thriller starring **Sam Claflin and Bill Nighy**

NEW DRAMA

Harlan Coben's Lazarus

From Wednesday 22 October, Prime Video

A forensic psychiatrist's life spirals out of control when he is beset by personal trauma and a host of unsettling deaths in Prime Video's thriller *Lazarus*, based on an idea by bestselling mystery writer Harlan Coben.

The prolific author (see below) has written the six-part series with long-term collaborator, *Brassic*'s Danny Brocklehurst, and it sees Sam Claflin head the cast as Joel 'Laz' Lazarus, who works at a psychiatric hospital.

But the murder of Laz's twin sister, Sutton (Eloise Caruthers-Little), more than 25 years ago, when they were teenagers, has cast a shadow over his life and that of his father, fellow psychiatrist Jonathan Lazarus (Bill Nighy), known as Dr L.

'They don't know where to point the finger of blame because Sutton's murderer was never found,' explains Claflin, 39, most recently seen in *The Count of Monte Cristo*. 'Laz ran away from his past and wanted to escape confronting his feelings, so he threw himself into his work, but that's stressful and worrisome. He's good at his job, but he's built up an impenetrable wall, and his self-analysis is poor.'

And Laz is left floundering even more when he hears that Dr L has died by suicide.

FAMILY SECRETS

'Dr L is an eminent psychiatrist and his relationship with Laz has been competitive and not uncomplicated, and their similarities might be more interesting than their differences,' shares Oscar-nominee Nighy, 75. 'But now Dr L has ended his life – shockingly and very unexpectedly – and for no reason that anyone can discern.'

As Laz delves deeper into Dr L's work to find out what led to the tragedy, he comes across more unsolved deaths and also starts to be haunted by visions of people who have passed away. But are his experiences paranormal, or is his mind playing tricks on him, and can they help him to get to the truth?

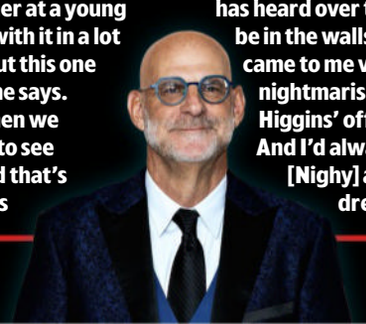
'Laz hero-worships his father. But he got into this line of work to be better than his dad,' reveals Claflin. 'Now, he feels his father was the person least likely to take his own life, so there must be more to it. He begins processing not only his

THE WRITE STUFF

While many of Harlan Coben's novels have been adapted for TV, including *The Stranger* and *Fool Me Once*, the author immediately visualised *Lazarus* as a series rather than a book, and his inspiration was very personal.

'I lost my father at a young age, and I deal with it in a lot of my stories, but this one most directly,' he says. 'We all hope when we lose somebody to see them again. And that's what the story is for Laz, the idea that he can see his father once more.

'But the idea came when I saw this psychiatrist's office where I'd once taken my father-in-law, who had depression. I thought about the misery and secrets that place has heard over the years. It has to be in the walls. Then Dr L's office came to me visually like a nightmarish version of Henry Higgins' office in *My Fair Lady*. And I'd always pictured Bill [Nighy] as Dr L – we got our dream cast.'



WORDS: CAREN CLARK. PHOTOS: GETTY; PRIME VIDEO

NEW FROM prime video

the TRUTH

Sam Claflin as Laz (left) and Bill Nighy as Dr L

father's passing but everything that's happened before. And he's confronted by many demons, literally and figuratively.'

Meanwhile Laz's surviving sibling Jenna (Alexandra Roach), a spiritualist and tarot reader, tries to back Laz on his dangerous mission, but his obsession with obtaining answers proves increasingly challenging for her.

'The family profession is about reading humans and Jenna just does that in another, instinctive way,' says *Nightsleeper*'s Roach, 38. 'She and Laz are very different, but they have love and understanding, and then it starts to unravel. For Jenna, who is other-worldly, it's confronting that Laz is having these visions, not her. There's sadness there. And the more Laz goes on this journey to uncover the truth, the more uncomfortable that is for Jenna. There are a lot of secrets in this family.'

Getting the chance to work with American writer Harlan Coben was also a highlight for Roach.

'He's such a great storyteller,' she enthuses. 'And that script is so surprising because you think you know where it's going, but it turns on a hairpin.'

Claflin agrees. 'I was always a fan of the way Harlan keeps an audience on the edge of their seat. And this has deep grit but also elements of humour. I just hope we've made him proud because he's done a sterling job creating this incredible story.'

Jenna (Alexandra Roach) and Laz at their father's funeral

WHO'S WHO

Joel 'Laz' Lazarus
Sam Claflin

The forensic psychiatrist has strange experiences while looking into his father's suicide and other deaths.

Dr Jonathan Lazarus
Bill Nighy

Laz's enigmatic dad, AKA Dr L, is also a respected psychiatrist, but why did he take his own life?

Jenna Lazarus
Alexandra Roach

Laz's sister is a spiritualist and the pair try to help each other through the loss of their sibling and father.

Bella Catton
Karla Crome

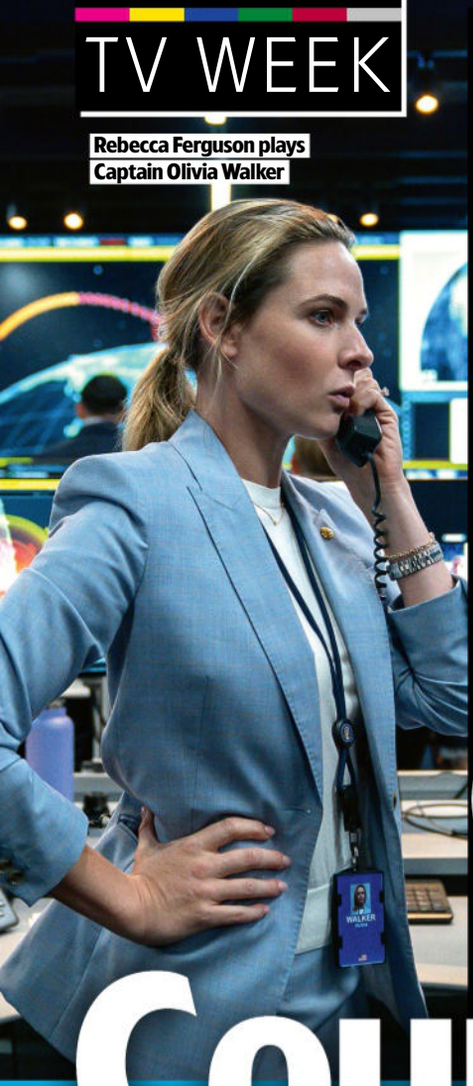
Laz's former wife has remarried and has a teenage son Aidan (Curtis Tennant), but she remains supportive of her ex.

Seth McGovern
David Fynn

The detective is Laz's childhood friend and reluctantly helps him. He also has a soft spot for Jenna (Alexandra Roach).

Alison Brown
Kate Ashfield

The detective sergeant had great affection for Dr L, but she is concerned when Laz's actions start to impinge on her work.


Rebecca Ferguson plays Captain Olivia Walker

Idris Elba as the President

NEW FROM NETFLIX

Countdown to DISASTER

Idris Elba is the US President dealing with a nuclear attack in a real-time thriller

NEW DRAMA

A House of Dynamite

From Friday 24 October, Netflix

Idris Elba has just 18 minutes to decide the future of humanity when he plays the US President in Netflix's nerve-shredding real-time political thriller *A House of Dynamite* about a nuclear missile launched at America.

Helmed by Oscar-winning director Kathryn Bigelow, the film follows those at the top of the US government as they race to find out who's responsible for the attack and how to respond.

With so little time to avert the imminent threat of annihilation, the President is faced with an impossible choice based on limited information, while terror and confusion reign through the corridors of power. But the day starts normally enough.

RAPID RESPONSE

'The first thing on the President's schedule is to meet these schoolkids playing basketball at an arena,' says *Luther* star Elba, 53. 'Suddenly the President is being dragged out and sprinting to the car – and that's just the beginning.'

Captain Jon Zimmer (Kyle Allen)

While that's the start of the President's story, his reaction to America coming under fire is actually the third act of a film that's split into three sections. The structure came to Bigelow and screenwriter Noah Oppenheim after conversations with people who had worked at the top levels of government about how long they would have to react in an extreme situation.

'I came up with the idea after Noah told me the time frame was around 18 minutes,' explains Bigelow, 73. 'I thought of these separate chapters, each relaying the same 18 minutes from a different vantage point, starting with the foot soldiers, if you will, and moving up the chain of command to the decision-maker at the top, the President. That structure allowed us to dig much deeper down into the decision-making in each theatre of action.'

The tale begins at Fort Greely in Alaska, where the US missile-defence system is based, then heads to Strategic Command, or STRATCOM, which controls the country's nuclear arsenal, before ending up in the White House Situation Room.

It's in the film's third act where the monumental decisions have to be made, with the President joined by Secretary of Defense Reid Baker (*Foundation*'s Jared Harris), Deputy National Security Advisor Jake

WORDS: SEAN MARLAND. STEVEN PERKINS. PHOTOS: BBC, NETFLIX

Gabriel Basso is Jake Baerington

Baerington (*The Night Agent*'s Gabriel Basso) and Situation Room Senior Duty Officer Captain Olivia Walker (*Silo*'s Rebecca Ferguson).

POWERLESS

'They're in a race against the clock to determine the origin of the attack,' says Bigelow. 'We see into the halls of power where competent individuals are confronted with confusion, chaos and helplessness. The fate of the world hangs in the balance, but the antagonist is the system we've built to essentially end the world on a hair trigger.'

Indeed Bigelow has described the film as the final chapter in an unofficial trilogy following *The Hurt Locker* (2009) and *Zero Dark Thirty* (2013).

'It's another opportunity to explore worlds few people know anything about,' explains Bigelow. 'It's a journalistic approach to filmmaking, where the distinction between entertainment and information is fused and fluid.'

Meanwhile, for Elba, the chance to work with the award-winning director in a thought-provoking story was irresistible.

'I hadn't even read the script yet but I was an immediate yes,' he reveals. 'Although, by the time I finished shooting the movie, the world was in an even more precarious state than when I had first read it. There was so much going on. The script almost stepped into the future. It dawned on me very quickly that this wasn't so much of a movie – even though it's entertainment, there was a real call to action. I felt quite overwhelmed by that.'

Drug addict Mia (Lauren Lyle)

A ridge too far

Lauren Lyle stars in a New Zealand–set psychological thriller

NEW DRAMA

The Ridge

Thursday, 9pm, BBC2 (box set from Tuesday, BBC iPlayer)

After making her name as the titular dogged detective in ITV1's crime drama *Karen Pirie*, Lauren Lyle takes on a different role as a doctor whose life unravels in BBC2's six-part thriller *The Ridge*.

When anaesthetist Mia Beaton (Lyle) makes a last-minute decision to attend her estranged sister Cassy's wedding in New Zealand, she's alarmed to get a call from Cassy, pleading for help, moments before her plane takes off – and Mia's worst fears are confirmed upon landing.

'She arrives in New Zealand to find out that Cassy has gone missing, and Cassy very quickly turns up dead,' says Lyle, 32. 'Then Mia gets embroiled in this rich, old-money family that her sister was marrying into, with all of their politics and danger, but she also has her own game going on.'

Mia refuses to believe that Cassy's death was an accident, and becomes increasingly suspicious of her sister's fiancé, Ewan Carmichael (Jay Ryan).

'Mia uses Ewan to get what she wants,' says Lyle. 'And they become very manipulative with each other.'

ADDICTION ISSUES

While Mia antagonises almost everyone in New Zealand, there is trouble waiting for her back in Scotland. She has been stealing opioids from the hospital where she works to feed her addiction, and her colleague Riz (Taqi Nazeer) calls to warn Mia that, following the death of a patient, she's about to be investigated.

'Riz is supposed to be her best friend, but she's lying to him as well,' says Lyle. 'He's important to Mia, but when everything happens with her sister, she kind of throws all of that out of the window and does what she needs to do. The anti-hero element was what drew me to the part; Mia's not necessarily a good person. She's trying to do the right thing, but she's also out for herself.'

Manipulative Ewan (Jay Ryan)

NEW DRAMA

The Forsytes

Monday, 9pm, 5

Power & passion

The classic story of **love and conflict** in a wealthy Victorian family is brought to the screen again

The complicated lives of the wealthy Forsyte clan, whose rivalries and controversies cut a swathe through 19th-century high society, take centre stage once more in *The Forsytes*, 5's version of John Galsworthy's much-loved novels.

Following previous acclaimed adaptations in 1967, featuring Eric Porter and Nyree Dawn Porter, and in 2002 with Damian Lewis and Gina McKee, the new starry six-parter is penned by *Poldark*'s Debbie Horsfield.

It opens in 1877 when keen artist Jolyon 'Jo' Forsyte Jr (Danny Griffin) is about to marry savvy widow Frances (Tuppence Middleton). Jo's father, Jolyon Forsyte Snr (Stephen Moyer), is chairman of the Forsytes' stockbroking business and his son looks set to eventually take over the firm.

FAMILY TENSIONS

But when the action cuts forward 10 years, trouble is brewing as Jolyon Snr's scheming brother James (Jack Davenport) is keen for his own son Soames (Joshua Orpin) to outstrip Jo in the company, and friction rises between the young cousins.

'Jo wants to be free and not conform. But he's a Forsyte and with that name comes responsibility,' explains Griffin, 28, whose credits include *Fate: The Winx Saga*. 'Soames cares about money and reputation, while Jo has views on how people should be looked after, so they clash.'

Unlike Jo, Soames is ambitious. 'He is a perfectionist and thinks he has what it takes to rise to the top,' shares *Titans* and *Home and Away*'s Orpin, 31. 'There's resentment that Jo will inherit the empire because Soames believes he's better for the job.'

The two men are also facing turbulence in their romantic lives. While Jo appears happily married to Frances, his world is upended when his first love, Irish-born seamstress Louisa Byrne (Eleanor Tomlinson), reappears.

'Louisa is independent and we see how they knew each other, whether there's still anything between them and if she's an escape from a world he now feels trapped in. But will events threaten the Forsyte household?' teases Tomlinson, 33, who played Demelza in *Poldark* and is thrilled to be working on another of Horsfield's scripts.

COMPLEX CHARACTERS

'Debbie writes strong heroines. It's refreshing. This was a society where women had no freedom. But this show is not just about men running a firm and a family; it's about the women behind them pulling the strings.'

Meanwhile, Soames is determined to win the hand of ballet dancer Irene Heron (Millie Gibson). But can he tame her free spirit?

DIFFERENT BACKGROUND

'When Soames meets Irene he turns on the charm,' says Orpin. 'But we create for the audience a similar journey to the one Irene goes on, where, when you dig deeper, you discover some not-so-pleasant elements to his character.'

At first Soames whisks the young and naive Irene off her feet before their relationship changes.

(From left) Louisa, Frances and Irene

WORDS: CAREN CLARK, SOPHIE DAINTY; HANNAH DAVIES. PHOTOS: 5, BBC, ITV

Danny Griffin (left) and Joshua Orpin as Jo and Soames

Stephen Moyer as Jolyon Snr

Jack Davenport as James

'Irene comes from a bohemian family. The Forsytes are like nothing she has known, it's dog eat dog,' says ex-*Coronation Street* and *Doctor Who* star Gibson, 21. 'But she becomes courageous and rebellious.'

The cast acknowledge the pressure of following on from the previous incarnations of the story but were keen to bring their own spin to the iconic characters

'As an Australian, I wasn't initially familiar with *The Forsyte Saga*, but I learnt about the legacy of the novels and the prior adaptations,' says Orpin. 'I did take a peek at the Damian Lewis series, but he was so good [playing Soames] I thought I could end up copying him. So I veered away and stayed true to Debbie's scripts.'

STORY OF THE WEEK

SOAP WEEK

This week's soaps at a glance

Kev and Robert's smooch is seen

EMMERDALE

Will Robert lose Aaron when his double life is exposed?

» **Robert's world starts** to unravel when his secret husband Kev rocks up in the Dales, throwing his rekindled relationship with Aaron into jeopardy.

Victoria is horrified when she realises that Robert hasn't told Aaron that he's married, and urges her brother to face up to his double life and be honest with both parties.

Sure enough, it's not long before Kev unexpectedly crosses paths with Aaron in the village, leaving Robert questioning how long he can keep his secrets.

Under pressure, Robert decides to end things with Kev, but struggles with his guilt when an oblivious Aaron announces their happy reunion news to everyone in The Woolpack.

Robert is even more conflicted when Kev fights for their marriage and promises to change his violent ways. As Robert ponders what to do, Aaron notices cracks in his story.

How will Aaron react?

Later, Kev gives Robert a present and kisses him in public, which Aaron sees. With his lies now exposed, could Robert be about to lose everything?

» **PLUS** The war between the Tates and Kings heats up when Joe crashes into Jimmy in his car, Gabby makes a huge decision about her marriage that blindsides Vinny, and Dylan faces yet more pressure from Ray.

ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

» Todd finds himself on the receiving end of Theo's temper again (above), Asha is furious with Bernie and Gemma seeking revenge on Naomi, Becky and Betsy make plans to move to Spain, and Debbie grows suspicious of Abi.

EASTENDERS

» Julie takes the blame when Nigel has a devastating car accident (right), Zoe drops a bombshell as Kat presses her for the truth, Gina and Jasmine's night takes a worrying turn, and Okie gives Harry a sinister warning.

DEEP CLEAN WITH CORDLESS FREEDOM

RYOBI

AS SEEN ON TV

LIMITED TIME OFFER

SAVE OVER £240†

ONLY £199.99

INCLUDING FREE DELIVERY - GB MAINLAND ONLY
†Further restrictions apply

FREE Hand Vac (worth £53.99)

FREE Accessory Set (Worth £45)

CORDLESS BATTERY CONVENIENCE

UP TO 45 MINUTES RUN TIME

POWERFUL ADVANCED FRICTIONLESS MOTOR

BRUSHLESS

Optimised energy-dense motor spins faster, providing more SUCTION POWER!

POWERFUL
Independent 26.5cm motorised brush bar helps to agitate dirt

SWIVEL LED HEAD

4.6/5 ★★★★★

"A lot easier than our corded upright and a joy to use"

Stephen Hallgarth, Verified Purchaser

Cordless, Slimline & Lightweight (only 3.8kgs/8.3lbs)

Choose between max. mode for powerful vacuuming or eco mode for more run time

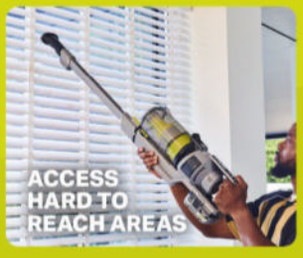
Easy clean canister and brush bar

SELF STANDING

18V CORDLESS STICK VACUUM KIT

There's no need for a clunky, heavy and hard-to-manoeuvre corded vacuum cleaner anymore, this self-standing 18V ONE+™ Cordless Stick Vacuum gives complete cordless freedom and the same deep hygienic clean using advanced frictionless motor technology.

It will lift dirt from hard floors and carpets with its 90 air watts of suction and 900l/min of air flow for powerful one pass cleaning that captures up to 99.5% of particles including pollen, fungal spores, bacteria, and viruses. Not only does the frictionless motor give more power, but also more battery runtime for a whole house clean. This feature packed self-standing, lightweight, and cordless vacuum cleaner will make what was once a chore, a quick and effortless experience.



FREE! Hand Vacuum & Accessory Kit

APPROVED The Telegraph RECOMMENDED 2025

Your kit includes:

- 18V ONE+ Cordless Stick Vac (RSVS18BL-1X40GA2)
- 18V ONE+ 4Ah Battery
- 18V ONE+ 2A Charger
- FREE 18V ONE+ Hand Vac
- FREE Accessories: Crevice, Micro-crevice, Mini-brush head, Round brush head

18V ONE+ CORDLESS BATTERY SYSTEM

One battery fits all Ryobi's cordless tools

200+ TOOLS for the home and garden powered by one battery

29 YEARS of ONE+ battery system innovation

SAVE MONEY expand your collection with tools without batteries

Trustpilot 4.6/5 ★★★★★ 'Rated Excellent' 55,000+ service reviews

3 YEAR GUARANTEE* FREE DELIVERY††

ORDER NOW

PROMOTION CODE PR4379

0333 006 9466

Phone lines open: 8am – 8pm (Mon-Sun)

www.ryobitools.co.uk/press

Scan to shop now

Subject to availability. *Registration required for guarantee extension from 2 – 3 years. Register within 30 days of receipt of goods at RyobiTools.co.uk. †Saving against RRPs of kit components. ††Free 3-5 day delivery to GB Mainland only – restricted delivery postcodes: BT,IM,JE,GY,HS,IV4,KA2, W,PA,PH4,ZE,TR2.Your right to cancel will last for 14 days after receipt of goods. If you change your mind during this period, provided the goods remain unused & in original packaging, you can notify us of cancellation. Product sold by Techtronic Industries (UK) Limited, company registration: GB 551396338. All rights reserved. For full terms & conditions of sale please visit RyobiTools.co.uk. RYOBI is a Trade Mark of Ryobi Limited, and is used under license. Trustpilot score correct as of August 2025.

Nick Wechsler and Melissa Roxburgh as Oliver Odell and Bex Henderson

Melissa Roxburgh stars as an FBI profiler searching for escaped murderers

Killer instincts

NEW THRILLER

The Hunting Party

Wednesday, 9pm, U&Alibi

America's most depraved serial killers are on the loose while a team of elite investigators are hot on their trail in U&Alibi's chilling 10-part crime drama *The Hunting Party*.

Following an explosion at a highly classified prison in Wyoming, known as 'The Pit', the notorious murderers, whose executions were faked, are unleashed back into society. As a first-class team is assembled to track them down, former FBI agent Rebecca 'Bex' Henderson (Melissa Roxburgh) is persuaded to return to the Bureau to help catch the violent criminals before they go back to their horrific old ways.

DIRTY WORK

Bex's expertise at criminal profiling is unparalleled, but a past trauma threatens to resurface when she discovers one of the fugitives is Richard Harris (Tobias Jelinek), the subject of her first-ever case, whom she thought had been executed. Harris tortured several women and now he's free to strike again.

'When I got this script, I was excited, because who doesn't love serial killers and figuring out why people do bad things?' says *Manifest* star Roxburgh, 32. 'I love the idea of profiling criminals and getting into the psychology of why they do what they do.

'I grew up watching a lot of serial-killer shows and thought it would be super cool to become a criminal profiler,' adds Roxburgh, who studied criminology at college. 'But then I realised you actually have to talk to the bad guys in real life and I didn't want to do that. So I chose the made-up version instead.'

MONSTER OF THE WEEK

Each episode in the series follows Bex and her team – including CIA agent Jacob Hassani (Patrick Sabongui), former Pit guard Shane Florence (Josh McKenzie) and Army intelligence officer Jennifer Morales (Sara Garcia) – on the hunt for a different criminal.

'Some of these killers got better while in The Pit, but some got much worse,' Roxburgh explains. 'Of course those who got worse have escaped back into the world.

'Bex finds herself being recruited into the team sent to collect them because she's really good at reading people and getting into the minds of serial murderers.'

Flashbacks also reveal Bex's complex relationships with her adopted daughter, Samantha Henderson (Kyra Leroux), as well as with the enigmatic former warden of The Pit, Oliver Odell (*Revenge*'s Nick Wechsler), who was Bex's FBI mentor.

'There are a lot of different dynamics,' says Roxburgh. 'And whether you're jumping in on one episode or with us for the whole ride, you're not going to be disappointed.'

WORDS: REBECCA MAHONEY. PHOTOS: U&ALIBI

LOOK WHO'S BACK...

A familiar face appearing in a new show this week

Chris McCausland

Perfect Pub Walks with Alexander Armstrong

Wednesday, 9pm, More4

Born in Liverpool in 1977, Chris McCausland was a web developer until his deteriorating eyesight prompted a change of direction, leading him to start performing stand-up comedy in 2003. He has appeared on *Live at Apollo*, and, since 2019, made appearances on *Would I Lie to You?* and *Have I Got News for You*. Last year, he won *Strictly Come Dancing* with his dance partner, Dianne Buswell.

HIS NEW APPEARANCE

In this week's last episode of *Perfect Pub Walks with Alexander Armstrong*, McCausland goes on three pub walks through the Wye Valley in Monmouthshire with Armstrong. The pair explore castles, picnic like Georgian gentlemen, and climb a holy mountain. Along the way, McCausland tells Armstrong his life story, discussing his blindness, his family, his career and the expectations others have of him, offering emotional insights into his private life.

Chris McCausland heads to Monmouthshire

WORDS: JUDY EWENS, SEAN MARLAND, STEVEN PERKINS, VICTORIA WILSON. PHOTOS: BBC, C4, GETTY, ITV, SHUTTERSTOCK, SKY

Game changer

A realm of possibilities opens up for **two introverted friends**

NEW COMEDY DRAMA

Leonard and Hungry Paul

Monday, 10pm, BBC2 (box set from Friday 17 October, BBC iPlayer)

Two gentle friends who spend their lives playing board games together tentatively embrace the wider world in BBC2's new warm-hearted comedy drama *Leonard and Hungry Paul*.

The six-part series, adapted from Rónán Hession's acclaimed novel, stars *Alien: Earth*'s Alex Lawther as children's encyclopedia writer Leonard, and *Fool Me Once*'s Laurie Kynaston as his only friend, part-time postal worker Hungry Paul. The two are perfectly happy with each other's company, but after Leonard's mother dies, he gradually realises his life will have to change.

Julia Roberts narrates

'Leonard is quiet and a bit of an introvert, but there's a real depth of inner life to him in both the book and the script,' says Lawther, 30. 'The two of them are sort of tuned in to the tiniest vibrations that happen. That's a nice thing to play; someone who really deeply feels.'

During a fire evacuation at work, Leonard encounters colleague Shelley (*Derry Girls* star Jamie-Lee O'Donnell) for the first time, and is surprised by the strength of his feelings towards her.

'They click straight away and a very beautiful, cute romance quickly develops,' says O'Donnell, 38. 'Shelley's a bit more of a character than Leonard

Swash with (from left) Josh, Oran, Wyatt and Albert

Father figures

Joe Swash meets four young dads adjusting to parenthood

With his son Rex

Shelley, Leonard (centre) and Hungry Paul

The pair enjoy board games

– she's more outgoing and confident – but the closer she gets to him, the more she learns about herself.'

Meanwhile, Hungry Paul is on his own journey as the dynamics in his home start to shift, with his sister's upcoming wedding and his parents preparing for retirement.

'Hungry Paul lives in his own world – not a lot of people may understand him, but his heart is in the right place,' says Kynaston, 31.

And there's some Hollywood star power, with Julia Roberts, who was a big fan of Hession's novel, as the show's narrator.

'To say we were thrilled to have her join our cast is an understatement,' says director Andrew Chaplin. 'Julia brings a warmth, wit and playfulness that feels like such a natural fit for the tone of the story. Having her voice guide the audience through this world really elevates the whole piece.'

NEW FACTUAL

Joe Swash: Forgotten Young Dads

Monday, 8pm, BBC3

Joe Swash felt confused and scared when he became a dad in his mid-20s and he's determined to help those who are now in the same position as he was then.

In this one-off film, the former *EastEnders* star meets four dads, aged between 18 and 22, who are wrestling with the challenges of having had children at a young age.

'I remember feeling so vulnerable and under-prepared for my first child,' says Swash, 43. 'I was 25 at the time, so I can only imagine how it feels when you're a teenager!'

Swash has three children with his wife Stacey Solomon, a son from a previous relationship and he's also stepfather to Solomon's two sons. He now loves being a dad, but wonders if his early struggles were due to the pain of losing his own father when he was just 12 years old – something he has talked about in BBC1 reality show *Stacey & Joe*.

STEPPING UP

'I do think it shaped who I am, but I didn't really know there would be any issues with it until I got older,' he explains. 'I struggled with my identity and what sort of man I was. I can see those vulnerabilities in the young men we met for the documentary.'

Swash wants to challenge the perceptions people have of those like Oran, 19, Wyatt, 18, Albert, 22, and Josh, 21, who say they often feel judged for having had kids so young.

'These young men are all up against it,' says Swash. 'But they're doing amazing jobs.'

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...

NEW

The Pride of Britain Awards

Thursday, 8pm, ITV1

It is bound to be an emotional night as more of the nation's unsung heroes are honoured at the annual awards ceremony. Carol Vorderman and Ashley Banjo (pictured) will host the glittering event from London's Grosvenor House hotel where they will be joined by famous faces to celebrate members of the public who've performed acts of bravery or great kindness.

QI XL

Tuesday, 9pm, BBC2

The comedy panel show that mixes obscure questions with (quite) interesting answers is back with host Sandi Toksvig (right) and panellist Alan Davies returning. It is series *W*, so expect first-time guests and returning favourites to wrestle with the weird and wonderful, dabble in wordmongery, puzzle over who, what and why, and unravel all manner of whatnots.

NEW

Doc

Wednesday, 9pm, Sky Witness

With a brain injury having wiped out the last eight years of her life, Dr Amy Larsen (Molly Parker, right) decides to visit her old home to see if it will trigger any memories. While there, she bonds with her daughter Katie and flashbacks reveal how the pair's relationship badly deteriorated after Amy and Michael got divorced.

FREE WEEKLY NEWSLETTER

SUBSCRIBE to our weekly newsletter to get top TV picks on what to watch.

PLUS US drama guide – discover which US series are on which day, channel and season!

What are you waiting for?

SCAN THE CODE or visit bit.ly/TVSWnews

WATCHLIST

YOUR

NETFLIX

prime

BBC iPLAYER

Disney+

4

sky box sets

NOW

tv+

Anne Meara and Jerry Stiller

Ben Stiller on making a documentary about his beloved showbiz mum and dad

Meet the PARENTS!

Ben Stiller

tv+ Stiller & Meara: Nothing Is Lost

NEW *Available: Friday 24 October*
Genre: Documentary

Nobody really knows what goes on behind closed doors. But while Jerry Stiller and his wife Anne Meara were entertaining millions of Americans with their comedy act, their children saw how the line between life and art sometimes became blurred.

When his father, a regular on *Seinfeld* and *The King of Queens*, died in 2020 – five years after his mother – actor and director Ben Stiller felt compelled to document their lives and explore the impact they had on him and his family. As well as using private recordings and archive performances, the *Meet the Parents* and *Zoolander* star also turns the camera on himself for Apple TV+'s heartfelt documentary *Stiller & Meara: Nothing Is Lost*.

Here, in an exclusive interview, Stiller, 59, tells us more…

What was it like growing up with famous parents? I had a pretty good childhood. They were famous, but they weren't living in a mansion in Beverly Hills. We had an apartment on the Upper West Side of Manhattan, and they had to work for a living. We loved being around them but also felt the stress of them having to perform together.

Why did you want to make this film? I felt a responsibility to portray what I hope would be the reality of what it was like growing up with them in a balanced way. But it was also important to look at my own issues. I wanted to reflect how my parents affected my sister Amy and me, and how that has affected my kids.

What do you think your parents would think about it? Most of all, I wanted to try to honour them, in terms of feeling OK about what I was putting out there about them, which was a lot of personal stuff. That was the biggest question for me and the thing I still wrestle with. But I came to a place where I thought that this is a good balance.

Was the process cathartic? I went through ups and downs. It was a lot of nostalgia and delving into the past. You can almost lose yourself in that. I do feel a lot closer to them.

How would you feel if your children made a documentary about you? I put a 'no documentary' clause in the contract for this. [laughs]. The fun part of this was doing the interviews with my kids and really hearing their perspective.

What we're watching...

The shows being enjoyed by the *TVSW* team

NETFLIX House of Guinness

Genre: Drama Season: 1 Episodes: 8

Peaky Blinders **creator Steven Knight's latest based-on-fact drama tells the story of Ireland's famous brewing dynasty. It opens with the funeral of Sir Benjamin Guinness in 1868 when Dublin was a tinderbox of rebellion and class struggles and the Protestant Guinnesses were seen as a symbol of British rule. The reading of Benjamin's will provides some shocks for his four adult children (played by Fionn O'Shea, Louis Partridge, Anthony Boyle and Emily Fairn), all of whom have secrets, in an atmospheric and powerfully-acted drama.**

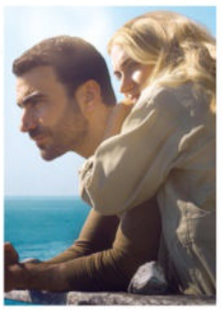
tv+ Slow Horses

Genre: Drama Season: 5
Eps: 6 (released weekly)

When computer nerd Roddy Ho (Christopher Chung) gets a glamorous new girlfriend, his boss Jackson Lamb (Sir Gary Oldman, right) is immediately suspicious in the return of the gritty, darkly witty spy thriller.

tv+ All of You

Genre: Drama
Episodes: One-off



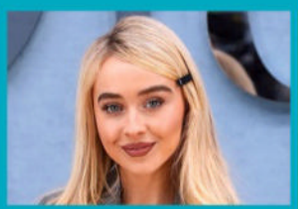
Brett Goldstein co-writes and stars in this romantic drama with Imogen Poots (right with Goldstein) as friends whose relationship changes when a test matches her with her soulmate (Steven Cree).

Now in production...

Three upcoming shows to look out for soon

Paramount+ Lioness

Paramount+'s twisty spy thriller, starring Zoe Saldaña (above) as dogged CIA officer Joe McNamara, who oversees covert female-led operations as part of the War on Terror, will return for a third series. Nicole Kidman will also reprise her role as Joe's boss Kaitlyn Meade.



Disney+ The Muppet Show

Sabrina Carpenter (above) will star in Disney+'s special episode of the entertainment show next year, to mark 50 years since the debut of the original series. Together with Seth Rogen, Carpenter will also executive-produce the revival.

NETFLIX Louis Tomlinson and Zayn Malik

The former One Direction bandmates (both above) will reunite for Netflix's as-yet-untitled three-part docuseries following their road trip across America, in which they open up about their lives, parenthood, and how they've coped with loss.

WORDS: CAREN CLARK; JUDY EWENS, ELAINE PENN. PHOTOS: APPLE TV+, GETTY/NETFLIX

Chris O'Donnell and Jessica Capshaw

Playing with fire

Chris O'Donnell and Jessica Capshaw star in the latest *9-1-1* spin off

Disney+ 9-1-1: Nashville

NEW *Available: Wednesday 22 October Season: 1 Episodes: 6 (released weekly)*

Fans unhappy at the axing of Texas-set drama *9-1-1: Lone Star* now have a new series in the first-responder franchise to fill the gap, *9-1-1: Nashville*, which launches this week.

The cast of the Disney+ series is headed by former *NCIS: Los Angeles* star Chris O'Donnell who plays Don Hart, captain of the 113 firehouse, and another familiar TV face, *Grey's Anatomy*'s Jessica Capshaw, is his wife Blythe.

While former rodeo rider Don comes from a blue-collar family, Blythe is a part of a wealthy and powerful blue-blood dynasty.

'Don straddles being a firefighter with being in this high-end, well-known Nashville family,' says O'Donnell, 55.

The couple's son Ryan (Michael Provost) has followed in his father's footsteps and become a firefighter, while Blythe's sister Cammie Raleigh (Kimberly Williams-Paisley) is a 9-1-1 dispatcher.

The family connection to the emergency services continues with Blue Bennings (Hunter McVey), Don's biological son by Dixie Bennings (played by country singer LeAnn Rimes), joining the firehouse, causing conflict with his half-brother Ryan.

Dixie is a singer hoping for her big break and sees her son getting in with his father's wife's rich family as a way of improving their lot.

'The show has a soapier, kind of *Succession* or *Dynasty* element that the other 9-1-1 shows maybe don't,' explains showrunner Rashad Raisani. 'It keeps Jessica and LeAnn involved in the show, even if neither of them are first responders themselves.'

That doesn't mean there will be any shortage of the jaw-dropping disasters that are a trademark of the action-packed 9-1-1 franchise, beginning with a gigantic tornado that tears through Nashville in the first episode, wreaking havoc at a country-music festival.

'Every time they tell me about the next crazy emergency, I think, "There's no way,"' laughs O'Donnell. 'And then they show me an article about it happening.'

O'Donnell with co-stars Michael Provost and Hunter McVey

Noah and Joanne

Star-crossed LOVERS

Adam Brody and Kristen Bell return in the hit romantic comedy

NETFLIX Nobody Wants This

NEW *Available: Thursday 23 October Genre: Romantic comedy Season: 2 Episodes: 10*

With its unlikely premise of an outspoken agnostic podcaster falling for a kind-hearted rabbi, the first season of Netflix's romantic comedy *Nobody Wants This* was an unexpected success.

'The sweetest surprise is how many people have said they're so thankful to see a healthy, communicative relationship,' says Kristen Bell, who plays dating-and-sex podcaster Joanne Williams opposite Adam Brody as rabbi Noah Roklov.

'I've never gotten a response to any show I've ever been a part of like this show,' adds Bell, 45, who's starred in *Veronica Mars* and *The Good Place*.

As *Nobody Wants This* returns for a second season, the couple have to navigate the next stage in their relationship following Noah's decision to give up his dream of being head rabbi to be with Joanne, who's not Jewish and doesn't want to convert.

Despite the problems that may lie ahead, Brody, 45, is convinced Noah did the right thing by choosing love over his career.

'Even if it doesn't work out, love's worth it,' says the former *The O.C.* star. 'You've got to follow your heart.'

Brody's real-life wife, *Gossip Girl*'s Leighton Meester, joins the cast as Joanne's school nemesis, Abby, while Joanne's sister Morgan (*Succession*'s Justine Lupe), her co-host on the podcast, is getting a new love interest in the shape of psychotherapist Andy (Arian Moayed), which will have an impact on the sisters' relationship.

'I see this season as being a love story between the sisters,' says Bell. 'And I think it's so beautiful.'

WORDS: CAREN CLARK, HANNAH DAVIES, JUDY EWENS, NATASHA HOLT. PHOTOS: 5, BBC, ©2025 DISNEY AND ITS RELATED ENTITIES, GETTY, ITV, NETFLIX

Mother's ruin

A perfect **nanny turns sinister** in a remake of a 1990s classic

Maika Monroe as Polly

The Hand That Rocks the Cradle

NEW *Available:* ***Wednesday 22 October***
Genre: ***Thriller***

The 1992 movie *The Hand That Rocks the Cradle*, about a widow (Rebecca De Mornay) who posed as a nanny to get revenge on the woman (Annabella Sciorra) she blamed for her husband's death, was a box-office smash. Now the story is being reimagined in Disney+'s psychological thriller of the same name.

Suburban mother Caitlin Morales (Mary Elizabeth Winstead) and her husband Miguel (Raúl Castillo) hire Polly Murphy (Maika Monroe), who has glowing references, to help out with their eight-year-old daughter, Emma (Mileiah Vega) and their new baby, Josie.

DANGEROUS DECEPTION

But the seemingly sweet-natured nanny steadily and menacingly begins to infiltrate Caitlin's life, wearing her dresses and treating Emma like her own daughter. It also becomes clear that Polly isn't who she claims to be.

'It's a domestic horror film,' says director Michelle Garza Cervera. 'An idea got into my mind that really changed the whole concept of the original film, but kept the plot in a way. The themes are very different and the motivation for revenge is particular to this new story. It's pretty dark.'

As tension builds, Caitlin begins to struggle with her mental health, while things become increasingly dangerous between her and Polly.

'Instead of having just a victim and a perpetrator, both Polly and Caitlin are in grey areas,' explains Cervera. 'So there's a very interesting game, like yin and yang, that happens between them.

'The whole film speaks about something that I wanted to dissect as a filmmaker, which is generational trauma and cycles of violence, and how they repeat.'

Although the script is different from the original film, Cervera says fans will spot some nods to it. 'If people watch this movie a couple of times, they're going to find those Easter eggs!' she says.

Polly, Caitlin and Emma

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

ITVX Frauds

Con artist Bert (Suranne Jones) is released from jail after receiving a terminal diagnosis in ITV1's thriller. She then shocks her ex-partner in crime, Sam (Jodie Whittaker, above with Jones), when she wants them to carry out a major art heist.

BBC iPLAYER Film Club

In BBC3's comedy drama, film buff Evie (Aimee Lou Wood) has struggled to leave home after a breakdown, while her best friend and fellow movie fan, Noa (Nabhaan Rizwan, above with Wood), must tell her that he is moving away.

5 Murder Before Evensong

5's adaptation of Rev Richard Coles' novel sees Canon Daniel Clement (Matthew Lewis, above) find a body in his church, but he's stunned when cop DS Vanloo suggests Daniel may have been the intended victim.

BBC iPLAYER Rob Brydon's Honky Tonk Road Trip

The star (above) travels through the southern states of America to explore the history of country music for BBC2, beginning in Nashville, where he duets with Gary Barlow and has a go at line dancing.

THE SIMPLE SOLUTION THAT FITS YOUR OWN BATH...
✓ No need to change your existing bathroon
✓ Fully guaranteed for peace of mind
✓ Built-in LED temperature display
✓ Rechargeable battery
✓ Retractable for conventional use
✓ Lowers and raises you at the touch of a button!
AUTUMN SALE
20% OFF†
PLUS NEXT DAY INSTALLATION AVAILABLE
Which? Trusted Trader
Approved Installation Service
REVIEWS.io
We're rated Excellent!

ENJOY BATH TIME INDEPENDENCE AGAIN

Are you finding it difficult to get in and out of a bath?

Enjoy the relaxing warmth of a deep bath with an AquaLift bath lift. Getting in and out of the bath safely and independently is made easy thanks to its innovative slimline design.

AquaLift is designed to fit onto your existing bath and is a convenient and affordable solution to enjoying full depth bathing without having to change your bathroom. There's no need for expensive alterations and no plumbing or building work is required.

AquaLift is safe and simple to use with no worries about losing your balance or slipping. Gently lower yourself using the easy to use handset until you reach the bottom of the bath and then simply lie back and enjoy the pleasures of a full depth relaxing bath.

AquaLift is built to last and our trained fitters will fit in just 1 hour, it couldn't be simpler.

Discover AquaLift for yourself with a free home demonstration and experience the pleasure of a relaxing bath.

Easy to transfer in and out of your bath

Safely lowers & lifts at the touch of a button

For a brochure or free home demonstration

Call **0800 028 2802**

visit **www.aqualift.uk.com**

AquaLift® EASY BATHING

†Applies to deluxe model only. Cannot be used in conjunction with any other offer. Terms and conditions apply. See website for full details. Offer ends 31/10/25.

TVSAT14/10/25q

Pick of the new releases

The best new shows to enjoy this week on streaming services...

Molly-Mae: Behind It All
Saturday 18 October

The second season of the reality series on influencer Molly-Mae Hague, her relationship with boxer Tommy Fury (the couple got back together in May) and her business ventures.

Who Killed the Montreal Expos?
Tuesday 21 October

Documentary looking at the downfall of the Montreal Expos, Canada's first Major League Baseball team, in 2004 and examining the reasons behind their demise.

Jude Law in *Eden*

9-1-1
Wednesday 22 October

Part one of the ninth season of the Los Angeles-set drama with the firefighters still struggling to come to terms with the loss of their beloved captain, Bobby Nash (Peter Krause), while his widow, police sergeant Athena Grant-Nash (Angela Bassett), tries to rebuild her life.

9-1-1: Nashville
Wednesday 22 October

The second spin-off from *9-1-1* stars *NCIS: Los Angeles*' Chris O'Donnell as firefighter Captain Don Hart, *Grey's Anatomy*'s Jessica Capshaw as his wife Blythe, and Michael Provost as their firefighter son Ryan. See feature, page 16.

The Hand That Rocks the Cradle
Wednesday 22 October

Psychological thriller that reimagines the classic 1992 film. Mary Elizabeth Winstead stars as Caitlin Morales, an upscale suburban mother who hires a new nanny, Polly Murphy (Maika Monroe), only to discover that she is not the person she claims to be. See feature, page 17.

Baby Bandito
Wednesday 22 October

The second season of the Chilean heist drama inspired by true events. Three years after they pulled off Chile's biggest heist, Kevin and Mística assemble a fresh crew to recover their lost loot even as they remain fugitives on the run.

Harlan Coben's Lazarus
Wednesday 22 October

Thriller based on the bestseller by crime writer Harlan Coben. Joel Lazarus (*The Count of Monte Cristo*'s Sam Claflin) returns home after his father Dr Jonathan Lazarus (Bill Nighy) dies by suicide and becomes entangled in a series of cold-case murders. See feature, page 4.

Nobody Wants This
Thursday 23 October

The second season of the romantic comedy about the relationship between unconventional rabbi Noah (*The OC*'s Adam Brody) and cynical agnostic Joanne (*The Good Place*'s Kristen Bell) who co-hosts a dating-and-sex podcast with her sister Morgan (*Succession*'s Justine Lupe). See feature, page 16.

Allen IV3RSON
Thursday 23 October

Docuseries on basketball great Allen Iverson, nicknamed The Answer. Now 50, he was a lethal scorer and ball-handler who became the league's Most Valuable Player and led the Philadelphia 76ers to the NBA Finals, while also popularising hip-hop fashion and challenging the league's conventional image.

Mob War: Philadelphia vs the Mafia
Wednesday 22 October

True-crime docuseries on the brutal Mob war between Sicilian-born Mafia don John Stanfa and rival boss Joey Merlino, which plunged Philadelphia into chaos and bloodshed in the 1990s. It is a story of shifting allegiances, family betrayal and deadly vendettas.

The Kardashians
Thursday 23 October

The Kardashian-Jenners are back for the seventh season of their reality show with more dramas for mum Kris and her daughters Kourtney, Kim, Khloé, Kendall and Kylie.

Stiller & Meara: Nothing Is Lost
Friday 24 October

Ben Stiller directs a personal documentary on his parents, Anne Meara and *The King of Queen*'s Jerry Stiller, focusing on their long comedic partnership and enduring marriage, while revealing the profound influence they had on his life and work. See feature, page 14.

Bordertown
Friday 24 October

The third season of the Finnish crime drama from Walter Presents revolving around gifted detective Kari Sorjonen (Ville Virtanen) who takes a job in a small border town of Lappeenranta so that he can spend more time with his family but is soon drawn into disturbing murder cases.

A House of Dynamite
Friday 24 October

Political thriller from Oscar-winning *The Hurt Locker* director Kathryn Bigelow. When a nuclear missile is launched at Chicago, US government officials scramble to find out which foreign power was responsible and how to respond. Idris Elba stars as the US President. See feature, page 6.

Eden
Friday 24 October

Ron Howard directs a survival thriller based on a true story. A group of people want to get away from their bourgeois lives in 1929 Germany so they settle on a remote island in the Galápagos where they discover that their greatest threat isn't the brutal climate or deadly wildlife, but each other. Jude Law, *Pieces of a Woman*'s Vanessa Kirby and *Anyone but You*'s Sydney Sweeney star.

Lego Frozen: Operation Puffins
Friday 24 October

Children's animation. The action takes place after the first *Frozen* film as Anna and Elsa attempt to restore the royal castle, while the Duke of Weselton and his puffins plot mischief.

The Monster of Florence
Wednesday 22 October

Italian true-crime docuseries on one of the longest investigations in the country's history. From 1968 to 1985, a serial killer murdered 16 people, usually young couples, in the countryside around Florence.

WORDS: JUDY EWENS. PHOTOS: ALAMY, NETFLIX

Documentaries

Stranger than fiction

The remarkable life and career of thriller writer **Frederick Forsyth**

NEW PROFILE

In My Own Words: Frederick Forsyth

Tuesday, 10.40pm, BBC1 (box set, BBC iPlayer)

Frederick Forsyth found fame and fortune as the writer of gripping thrillers such as *The Day of the Jackal*, *The Odessa File* and *The Dogs of War*.

But the life of the pilot and foreign correspondent turned novelist was just as remarkable as the plots of his meticulously researched books, as he related in the first of a new series of BBC1's *In My Own Words*.

Born in 1938 in Ashford, Kent, Forsyth, who died aged 86 in June, left school to train as an RAF pilot, before joining news agency Reuters and then the BBC as a foreign correspondent in the early 1960s. His experiences covering events in Paris, East Germany and Biafra would prove fertile ground when, desperate to earn some money, he turned his hand to writing fiction.

RICH REWARDS

'In France, I was covering the repeated attempts to assassinate President Charles de Gaulle,' said Forsyth, who made this the plot of his blockbuster first book *The Day of the Jackal*, which was turned into a 1973 film starring Edward Fox as the titular hit man.

The Day of the Jackal had been part of a three-novel deal that would earn a

Rob Brydon's Honky Tonk Road Trip

Sunday, 9pm, BBC2

On the final leg of his country music odyssey, Brydon's Elvis Presley tribute act gets a standing ovation at the Nashville Elvis Festival. He also meets Grammy-winner Lainey Wilson at Nashville's Bluebird Café, where a 14-year-old Taylor Swift was discovered, before taking to the stage again at the Grand Ole Opry.

Fletchers' Family Farm

Sunday, 11.30am, ITV1

Former *Emmerdale* star Kelvin Fletcher and his wife Liz return for a third outing of the series which follows the couple as they continue to juggle the demands of raising four children with running a 120-acre farm in the Peak District. As another busy year gets underway, they face one of their biggest blows yet, a fire in the farmhouse.

Ambulance

Tuesday, 9pm, BBC1

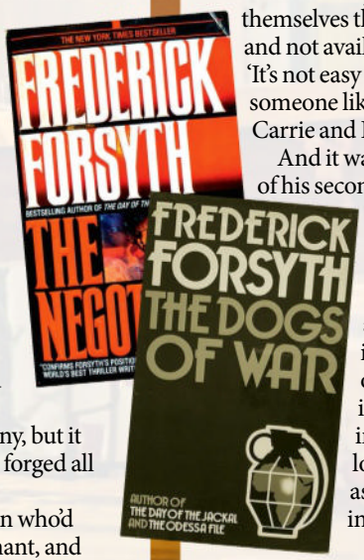
The BAFTA-winning series returns with more real-life drama from the first-responders of the Yorkshire Ambulance Service, starting with call-handler Ellie talking a terrified dad through the delivery of his baby. Elsewhere, Phoebe and Bailey come to the aid of Ann, who has fallen after a day out celebrating her 80th birthday.

WORDS: JUDY EWENS, TESS LAMACRAFT, IAN MACEWAN. PHOTOS: ALAMY, BBC, C4, GETTY, ITV

Edward Fox in *The Day of the Jackal*

Jon Voight in 1974 film *The Odessa File*

small fortune for Forsyth, who insisted he would retire after completing the third book. But a dramatic twist forced him back behind the typewriter when he lost his life savings to fraudulent investment advisor Roger Levitt in the 1990s.



CLEANED OUT

'I lost millions of pounds, which was about everything I had,' he explained. 'Levitt told me I had these holdings with this and that company, but it was all fiction – he'd forged all the documents.'

The irony of a man who'd been an MI6 informant, and repeatedly worked undercover to research his books, being duped was not lost on him. 'For someone who's been involved in a few deceptions, I was too trusting and not very clever,' he recalled.

Although global success had made him a hugely successful household name, Forsyth's writing career took its toll on his marriage to his first wife, with whom he had two sons.

'Writers have a part of themselves that is shut away and not available,' he said. 'It's not easy to cope with someone like that, and Carrie and I grew apart.'

And it was at the request of his second wife, Sandy, that Forsyth finally gave up his globe-trotting adventures in search of writing inspiration, in dangerous locations such as Mogadishu in Somalia.

'Sandy said: "Enough is enough,"' he recalled of his wife of 30 years, who died last year. 'She told me: "You're 75, and you shouldn't be visiting these insane places where you could get your head blown off!"'

TikTok: Murder Gone Viral

Tuesday, 9pm, ITV1 (box set, ITVX)

Charlie Cosser was 17 when he was stabbed to death at a party in West Sussex in July 2023 by 16-year-old Yura Varybrus, who's now serving a minimum 16-year jail term. Here, Charlie's family (above with Charlie) recall how his father posting about the murder on TikTok paved the way for setting up a charity in his name.

Bettany Hughes' Treasures of the World

Saturday, 7pm, C4

This week Hughes is in Uzbekistan, where she delves into the history of the country's trading routes. She explores the ancient ruins of Kampir Tepe, ventures into the desert to hear about ancient traders the Sogdians, holds what is thought to be the earliest statue of a pack camel and visits tombs built by warlord ruler Timur.

Reverend Richard Coles

Reverend Richard Coles visits the locations in the iconic maritime weather report

All at SEA

NEW TRAVELOGUE

Sailing the Shipping Forecast

Monday, 9pm, More4

For the past 100 years fishermen and sailors have tuned in to BBC Radio 4's *Shipping Forecast* to hear the Met Office's weather reports for the seas around the British Isles, while many a landlubber has been comforted by the broadcast's familiar, rhythmic words.

'Like lots of people, I've often drifted off to sleep to the sound of the *Shipping Forecast*. With names like Cromarty, Dogger and FitzRoy it has a certain poetry to it,' says Reverend Richard Coles, who explores some of the areas behind these names in his new four-part series, *Sailing the Shipping Forecast with the Rev Richard Coles* on More4.

JOURNEY OF DISCOVERY

'I wanted to go and see what these exotic-sounding places were like and meet the people living there,' he explains.

Coles, 63, covers four of the 31 shipping areas mapped out in the forecast beginning with Lundy, the triangle of sea which contains Lundy Island and links Ireland, Wales, Devon and Cornwall. In Port Isaac, he goes lobster fishing and performs a sea shanty with folk group, The Fisherman's Friends, then travels to the Gower Peninsula in Wales to meet a resourceful sheep farmer and drops in on Barry Island, of *Gavin & Stacey* fame, to work alongside the lifeguards. He also takes a ferry to Lundy Island itself.

'One of my highlights was being on Lundy because I got to see and hold a beautiful Manx shearwater chick,' says Coles who later in the series explores the forecast areas of Faeroes, Wight and Thames.

'I also loved the isolation. There was something about the peace, tranquility and pace of life on Lundy that I really liked.

PEACEFUL PLACES

'What I learnt from this series was just how resourceful, creative and philosophical coastal communities are because they have to be,' he continues. 'I found it fascinating to see how people who are reliant on tides and weather have adapted. I think there's a lesson for all of us that the sea teaches us which is, "Don't sweat the small stuff."'

Taking a trip to Lundy

Films Our pick of this

Clockwise, from top left: Ana, Jude, Vanessa, Daniel and Sydney

MOVIE OF THE WEEK

Eden

An all-star cast dazzles in this extraordinary, murderous tale based on a true story

PERIOD THRILLER

From Friday, Prime Video ★★★★

Although the real events of what happened on a remote island back in the early 1930s are still a genuine mystery, director Ron Howard has shaped his own version of events onto this fascinating, truly wild tale, aided and abetted with a cast to die for. Death, deceit and desperation lie at the heart of the story, in which humourless German couple Friedrich Ritter (Jude Law) and his partner Dora (Vanessa Kirby) live on the tiny uninhabited Galapagos island of Floreanna, but are dismayed when fellow Germans Margret Wittmer (Sydney Sweeney), her husband Heinz (Daniel Brühl) and his young son from his previous marriage turn up, also hoping to make this island their home.

Things turn from dismissiveness to outright contempt when a woman claiming to be a French baroness (Ana de Armas) also arrives – along with two lovers/architects (Felix Kammerer and Toby Wallace) – proclaiming she will be building a luxury hotel on the island. It doesn't take long for this combustible collection of characters to eventually explode, with deadly consequences...

It's a rollicking, bawdy ride and Howard milks the ripe melodrama for all it's worth, with a supremely over-the-top performance by de Armas highlighting the baroness' petty petulance and sly manoeuvring balanced by Law's pompous self importance. Best of all, though, is Sweeney, who gives the film its emotional core when she seems surrounded by ego and selfishness. 2024, 15, 129MIN

PICTURES: ALAMY

WORDS: NIGEL PIZEY

STAR RATINGS ★★★★★ Excellent ★★★★ Very good ★★★ Good ★★ Average ★ Poor

More premieres and Day by Day planner ›››

week's Best Movies

THRILLER

Lake George

Saturday, 6.35am & 9.40pm, Sky Premiere ★★★★

No sooner has he been released from prison, down-on-his-luck Shea Whigham is forced into 'taking care' of mobster Glenn Fleshler's ex-girlfriend, Carrie Coon. Trouble is, Whigham isn't that kind of criminal – and Coon has a few tricks up her sleeve when it comes to dodging her demise. With its twisty plot, eccentric characters and lively script, this Coen Brothers-esque dark comedy thriller is tight, well paced and unexpected. And with the always wonderful Whigham and Coon and their terrific rapport – he playing a morose loser trying to do the right thing, while she shines as an acidic, sharp operator that's also wildly unpredictable – writer-director Jeffrey Reiner has fashioned a hugely enjoyable caper. 2024, 15, 108MIN

Entwined: Shea and Carrie

The big heat: America and Matthew

DISASTER MOVIE

The Lost Bus

Available now, Apple TV+ ★★★★

The wildfire of 2018 in Paradise, California was the biggest in the state's history, devastating communities and townships in its wake. Director Paul Greengrass (maker of *United 93*, *Captain Phillips* etc) captures the terrifying, all-encompassing nature of this burning hellscape, as he tells the true story of school bus driver Kevin McKay (Matthew McConaughey) who, along with teacher Mary Ludwig (America Ferrera), took 22 children on his bus and attempted to drive them to safety through this deadly inferno. Also following the fire chief (Yul Vazquez) as he fights an unstoppable force, this is an incredibly tense, white-knuckle movie that could be an instant disaster classic – it's an utterly immersive experience fuelled by superb special effects, gripping direction and stellar acting. 2025, 15, 129MIN

ANIMATION

Dog Man

Friday, 8.55am & 4.15pm, Sky Premiere ★★★★

With its inventive, frenetic animated style, non-stop gags and all-round silliness, *Dog Man* is a CGI delight. When a smart police dog's head is put on top of his cop buddy's body, he becomes a super cop (his barks voiced by director Peter Hastings), easily nabbing villain and general bad puss Petey (Pete Davidson). So the cunning cat decides to clone himself to share the criminal load, with unexpected results... Animated movies are often just enjoyed by kids, but this has enough cheek and humour to delight the whole family. It's a daft hoot. 2025, PG, 89MIN

HORROR COMEDY

Ick

Sunday, 12.20pm & 9.40pm, Sky Premiere ★★★

Juggling dark comedy with an alien invasion tale in which no one is really bothered until it's too late works pretty well for *Ick*. Brandon Routh plays a teacher still pining for his childhood sweetheart Mena Suvari, all while a strange, highly invasive plant-like form is gradually taking over. It all collides as Routh realises that Suvari's teen daughter (Malina Pauli Weissman) may actually be his own, while rescuing her from the now actively hostile 'Ick'. Even if the film is a tad uneven, the satire and humour mostly hit, making for an enjoyable distraction. 2024, 15, 114MIN

Bit of a handful: Mena, Brandon and Malina

Films

Windswept: Keira

MYSTERY THRILLER

The Woman in Cabin 10

Available now, Netflix ★★★★

This tight, taut little mystery, with its confined space of being aboard a yacht (albeit one of the enormous, luxury types), almost plays out like a classic Agatha Christie – except for the fact that there may not be a murder at all. The always excellent Keira Knightley plays newspaper reporter Laura Blacklock, who's on board the aforementioned ship mixing with the billionaire class for a piece about the charity the boat's exorbitantly wealthy owner Anne (Lisa Loven Kongsli) has set up, as she is dying of cancer.

On the first night, though, Laura hears a tussle in the berth above hers followed by a splash, briefly seeing a body in the water. But after rallying the crew, everyone is accounted for... Failing to convince anyone of what she witnessed, Laura starts to investigate, but did she really see anything at all?

With a fine cast playing the shifty guests – Guy Pearce as Anne's caring husband, Hannah Waddingham and David Morrissey as a haughty couple, and Art Malik as Anne's doctor to name but a few – this is a thoroughly enjoyable romp, even if the clues are laid out fairly clearly. And, although set mostly at sea, the finale taking in the Norwegian landscape adds to the experience, too. 2025, 15, 95MIN

Hidden gems Great movies you might have missed...

SCI-FI MYSTERY

Ash

Prime Video ★★★★

On a barren, inhospitable planet, an injured Eiza González awakes with her dead crew members strewn around and no memory of what happened. So when Aaron Paul's pilot turns up claiming to be part of the team, should she trust him? Although falling back on familiar beats and tropes to tell its sci-fi horror tale, this movie utilises gorgeous, inventive visuals to enhance it, bolstered further by the lead actors commendable work, too. 2025, 15, 95MIN

COMEDY DRAMA

Animals

Mubi ★★★★

Hang on tight for a wild ride as aspiring writer Laura (Holliday Grainger) and American expat Tyler (Alia Shawkat) – flatmates and best friends – pursue a fervently hedonistic existence in Dublin. But cracks in the pair's decade-old bond begin to show when Laura starts dating sober-sided classical pianist Jim (Fra Fee). The script crackles with snappy, sharp one-liners and there is just enough rueful wisdom to temper all the debauchery. 2019, 15, 109MIN

WAR THRILLER

Warfare

Prime Video ★★★★

During the Iraq War, a platoon of US Navy SEALs are trapped by insurgents inside a house in Ramadi. Based on the experiences of Ray Mendoza (who co-wrote and co-directed with Alex Garland), this nerve-jangling combat movie is one of the most realistic depictions of war ever put on screen, helped by incredibly authentic performances from the likes of Will Poulter, Cosmo Jarvis, Joseph Quinn and D'Pharoah Woon-A-Tai (as Mendoza). 2025, 15, 95MIN

Saturday 18 October

COMEDY HORROR

The Menu

9pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Taking gleeful aim at the entitled awfulness of the super-rich, this riveting, pitch-black comedy sees a select group arrive on a private island to sample celebrity chef Ralph Fiennes' $1,250-a-head tasting menu. Among them are pretentious foodie Nicholas Hoult, his unimpressed date Anya Taylor-Joy, egotistical restaurant critic Janet McTeer and fading film star John Leguizamo. Initially serving up big helpings of comedy, the movie becomes deliciously sinister as each elaborately fussy course progresses – what exactly are Fiennes, his enigmatic maître d' (Hong Chau) and the devoted kitchen staff cooking up for their guests..? 2022, 15, 107MIN

Biting back: Ralph

ANIMATION

Hotel Transylvania

10.35am, Sky Animation ★★★★

Sex ●●● Violence ●●● Language ●●●

This joyful, sparky animation has a fantastic time playing around with horror myths – here, it's the monsters who are scared of humans! Dracula (voiced by Adam Sandler) runs a hotel that's a human-free zone. But mayhem ensues when a goofy US backpacker, Johnny (Andy Samberg), stumbles upon the castle as a host of horror folk (including Frankenstein's monster, the Invisible Man and a pack of werewolves) is gathering to celebrate the birthday of Dracula's daughter (Selena Gomez). All three *Hotel Transylvania* films are on throughout the day. 2012, U, 91MIN

CLASSIC DRAMA

Now, Voyager

12.30pm, BBC2 (12noon WIs) ★★★★

Sex ●●● Violence ●●● Language ●●●

Bette Davis is meek, withdrawn and completely under the thumb of her awful mother (Gladys Cooper). Then she takes a sea cruise, meets Paul Henreid and discovers the joys of romance, self-confidence and watching him light two cigarettes under the stars. A masterpiece of charismatic froth in which everything from the dialogue to Claude Rains' kindly Dr Jaquith is judged to perfection. This is, deservedly, one of Davis' most famous and best-loved movies. So, why ask for the moon, when we can watch it again? 1942, PG, 117MIN

CLASSIC SIC-FI

Close Encounters of the Third Kind

6.25pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Steven Spielberg's spectacular sci-fi classic is a dazzling spectacle and tells a marvellous, overwhelmingly emotional story. With its Oscar-winning cinematography, amazing for the time effects and outstanding score, it's a showcase for just how much a director and technical crew can achieve – but the acting impresses, too. Richard Dreyfuss makes an admirable hero as an ordinary guy who becomes obsessed with UFOs after seeing one and French director François Truffaut is excellent as a scientist. 1977, PG, 135MIN

WAR DRAMA

Midway

11.10pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

A genuinely stirring war movie from Roland Emmerich, which is mostly faithful to the actual events of the 1942 Battle of Midway, the air and naval engagement between the US and Japanese that turned the tide in the Pacific War six months after Pearl Harbor. Ed Skrein, Luke Evans, Patrick Wilson, Nick Jonas, Aaron Eckhart and Woody Harrelson are among those on parade, while Emmerich's attention to detail pays huge dividends, especially in the battle scenes. 2019, 12, 138MIN

■ Full listings start on **p35**

Sunday 19 October

THRILLER

The Surfer

10.20am & 12.20am, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

Taking his son (Finn Little) surfing to the Australian beach where he grew up, Nicolas Cage encounters hostile locals, led by Julian McMahon, who humiliate him and order him off of their territory. And so begins a cycle of insanity that descends upon Cage – bit by bit – as he starts to lose everything, including his mind. Beautifully directed by Lorcan Finnegan in shimmering gold and burnt umber, this is a tense, sweaty and brilliantly claustrophobic movie. A deranged Cage is always worth the price of admission and he dominates proceedings magnificently, but McMahon's wildly OTT take on toxic masculinity is also sight to see. 2024, 15, 99MIN

Going local: Nicolas

WAR CLASSIC

The Longest Day

1pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

The story of the 1944 D-Day invasion, told from both the Allied and German points of view, is an all-time great war movie, with powerful battle scenes and a huge list of famous names in uniform. Of the many star performances, Richard Burton is wasted as a downed RAF flier, but John Wayne (a paratrooper with a busted ankle), Richard Todd (defending the same bridge as he did in real life) and, particularly, Robert Mitchum ('Only two kinds of people are gonna stay on this beach, those that are dead and those that are gonna die!') go from good to outstanding. 1962, PG, 182MIN

ANIMATION

Shaun the Sheep: Farmageddon

3.30pm, BBC1 ★★★★

Sex ●●● Violence ●●● Language ●●●

Imagine *E.T.* with sheep and you will have some idea of what's in store for Aardman Animation's mischievous hero. An alien spacecraft has touched down near Mossy Bottom Farm and, as UFO fever mounts, Shaun the Sheep helps its playful young occupant, Lu La, evade flying saucer chaser Agent Red and her Hazmat-suited henchmen. With the farm's long-suffering dog Bitzer also getting roped into the action, there is a heap of slapstick to enjoy – and bags of sci-fi movie references to keep buffs on their toes. 2019, U, 87MIN

THRILLER

Tinker Tailor Soldier Spy

10.45pm, BBC2 (not NI) ★★★★

Sex ●●● Violence ●●● Language ●●●

John le Carré's classic spy novel, set in 1973, stars a faultless Gary Oldman as George Smiley, who is brought in by John Hurt to find a Soviet mole at the heart of British intelligence. Benedict Cumberbatch helps him work out whether the traitor could be ambitious Toby Jones ('Tinker'), dapper Colin Firth ('Tailor'), solid Ciarán Hinds ('Soldier'), or Hungarian refugee David Dencik ('Poor Man'). Thanks to brilliant acting and Tomas Alfredson's subtle direction, it's a tense and rewardingly involving movie. 2011, 15, 127MIN

CHILLER

The Awakening

12.45am, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

In 1921 England, the nation is still mourning victims of the Great War and Rebecca Hall's author exposes phoney spiritualists exploiting the grief-stricken with fake séances and other shams. But when Dominic West's schoolmaster implores her to investigate a haunting at a boys' boarding school, she finds her scepticism challenged by a series of increasingly uncanny events. This elegant ghost story turns the screw of mystery and suspense with some cunningly judged scares. 2011, 15, 107MIN

■ Full listings start on **p45**

Weekday movies over page

Films Weekday movies

Monday 20 October

DRAMA

The Brutalist

1.50am, Sky Drama ★★★★★

Sex ●●● Violence ●●● Language ●●●

A Jewish-Hungarian Holocaust survivor and architect (Adrien Brody) tries to remake his life in the postwar US. He finds a patron in Guy Pearce's wealthy industrialist, who could help him achieve his architectural dreams. As director Brady Corbet builds up his depiction of this uncompromising modernist, he also carries out a powerful demolition job on the myth of the American Dream. Anchored by Brody's anguished intensity, this is a distinctive, monumental film. 2024, 18, 215MIN

Grand designs: Adrien

ROMANTIC DRAMA

All of You

Available now, AppleTV+ ★★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE In the near future, a test is able reveal your true soulmate. Brett Goldstein (who also co-wrote the script) pays for bestie Imogen Poots to have it (it's clear he loves her), but is quietly devastated when the result is not him. Set over many years in which the pair can't pull away from each other, this is a nicely handled, moving tale of how love and attraction defy logic, with the leads exposing their fraught relationship with a deft touch. 2025, 15, 98MIN

HORROR

Sinister

9pm, Sky Halloween ★★★

Sex ●●● Violence ●●● Language ●●●

Desperately in need of a hit book, Ethan Hawke's true-crime writer moves his wife and kids into the home of his latest subject: a missing girl whose family were found hanging from a tree outside the house. But when he comes across a box of snuff movies, he realises that he has placed his own family in mortal danger... With things that go crash, bang and wallop in the night, this is a truly creepy and shock-filled chiller. 2012, 15, 110MIN

COMEDY

Ticket to Paradise

9pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

If ever there was a film to highlight just how much star power and effortless charm can achieve, this is it. George Clooney and Julia Roberts have been happily divorced for years when daughter Kaitlyn Dever decides to marry Balinese seaweed farmer Maxime Bouttier. So the bickering pair join forces to stop the nuptials. The plot is by-the-numbers, but George and Julia make terrific company with their snark and snipes. 2022, 12, 104MIN

THRILLER

Manhunter

11pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

William Petersen's troubled FBI agent is able to get inside the heads of murderers, which threatens to tip him over the edge when a serial killer (Tom Noonan) goes on a spree and he needs help solving the case from jailed cannibal Hannibal Lecktor (Brian Cox). Writer-director Michael Mann's thriller, based on *Red Dragon* by Thomas Harris, is immensely stylish and compelling. 1986, 18, 118MIN

Full listings start on p55

Tuesday 21 October

COMEDY HORROR

Rumours

11.15am, Sky Cinema Comedy ★★★

Sex ●●● Violence ●●● Language ●●●

A genuinely surreal film, this smart, wild satire is one of a kind. It sees the leaders of the free world congregate for the G7 summit, only to be stuck in a German forest during an unspecified apocalypse. There's Cate Blanchett's forthright German chancellor, Charles Dance's British-accented US president and man-bunned Canadian PM Roy Dupuis. Only able to communicate in politic-speak, their collective impotency is on full display, not helped by the rise of the undead and a brain the size of a car… 2024, 15, 104MIN

Leading the way: Cate

SCI-FI THRILLER

Slingshot

10.10am, Sky Science Fiction ★★★

Sex ●●● Violence ●●● Language ●●●

An entertaining mind-bender, this slick, if slowburn, sci-fi follows three astronauts (Casey Affleck, Laurence Fishburne and Tomer Capone) dipping in and out of hibernation in an attempt to reach Saturn's moon, Titan. Waking every three months to check over the ship, the men, particularly the troubled Affleck, start to suffer severe side-effects, including hallucinations and paranoia. 2024, 15, 108MIN

HORROR

The Ritual

5.30pm, Sky Halloween ★★★

Sex ●●● Violence ●●● Language ●●●

This atmospheric chiller sends four ex-university friends, including Rafe Spall's guilt-wracked everyman and Robert James-Collier's macho alpha male, on a hiking trip in Sweden. When they attempt a short cut through a forest, they inevitably get more than they bargained for. The deep, dark woods are scary enough on their own, but hallucinatory psychological terrors and grisly physical dangers also lie in wait for the quartet. 2017, 15, 94MIN

CLASSIC MUSICAL

Oliver!

1.55pm, Sky Family ★★★★★

Sex ●●● Violence ●●● Language ●●●

Mark Lester's Oliver Twist asks for more, considers himself one of the family and picks a pocket or two. Dickens' tale makes for a spectacular British musical, with catchy song-and-dance numbers, lavish sets and a superb cast. Ron Moody's Fagin and Jack Wild's Artful Dodger are heartily larger than life, Oliver Reed is cruel Bill Sikes, Shani Wallis is Nancy and Harry Secombe hits the high notes as Mr Bumble. 1968, U, 146MIN

DRAMA

Waves

12m't, BBC3 ★★★★★

Sex ●●● Violence ●●● Language ●●●

A successful black family is hit by tragedy in director Trey Edward Shults' stunning drama. Set in Florida, it is a film of two halves and two teen protagonists – Kelvin Harrison Jr's high-school student and his younger sister (Taylor Russell). With saturated colours and surging music, the film's style is stunning, but it is the brilliant acting that leaves the most enduring impression. 2019, 15, 136MIN

Full listings start on p65

Wednesday

DISASTER MOVIE

Twisters

1.35pm, Sky Action ★★★★

Sex ●●● Violence ●●● Language ●●●

Opening with a terrific suspense sequence, this reboot/sequel to the 1996 hit is a swirl of large-scale spectacle and heartfelt sentiment. Daisy Edgar-Jones stars as an intuitive ex-storm-chaser who, following a tragedy, now sits

Wind up: Anthony, Daisy and Glen

ACTION COMEDY

Bullet Train

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Brad Pitt is a hoot as a hitman who has to hop on Japan's fastest moving train and steal a briefcase. But a heap of shifty types (including Joey King, Brian Tyree Henry, Aaron Taylor-Johnson, Andrew Koji and Zazie Beetz) are also on board. The plot, which goes off the rails with its twists and turns, is a bit flabby, but director David Leitch and his disposable A-list cast have a ball with this stylish, explosive mix of comedy and carnage. 2022, 15, 127MIN

HORROR

We're All Going to the World's Fair

11.35pm, Film4 ★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE A young misfit of a teenage girl (Anna Cobb) immerses herself in an online videogame that claims to be so scary it will alter the person playing it. But as she documents her changes, are they real or performative? Film-maker Jane Schoenbrun's inscrutable movie is too opaque and confusing, but does benefit from a committed performance from first-timer Cobb. 2021, 15, 86MIN

22 October

behind a desk. Then old pal Anthony Ramos needs her skill to chase a once-in-a-generation cluster of twisters set to raze Oklahoma, while cocky social media star Glen Powell stands in their way. With a keen eye for rural Americana and its communities, this is a blustery blockbuster with feeling. 2024, 12, 122MIN

THRILLER

Point Break

12m't, BBC1 (not Northern Ireland, Scotland) ★★★★

Sex ●○○ Violence ●●○ Language ●●○

This dizzying crime thriller stars Keanu Reeves as an FBI agent who infiltrates a group of daredevil surfers (led by charismatic Patrick Swayze) suspected of being behind a series of audacious armed robberies. But he becomes seduced by his supercharged new lifestyle. The heart-pounding action is brilliantly handled by director Kathryn Bigelow and the climactic battle is thrilling. 1991, 15, 125MIN

PERIOD DRAMA

Passing

2.35am, C4 ★★★

Sex ○○○ Violence ●○○ Language ●○○

In 1920s New York, Tessa Thompson and Ruth Negga reawaken their childhood friendship, but Thompson is astonished that Negga is now recklessly 'passing' as a white woman. A slow, thoughtful piece, this handsome period drama – the directing debut of actor Rebecca Hall – has more elegance than oomph, but the stars give powerful performances. 2021, 12, 98MIN

■ Full listings start on **p75**

Thursday 23 October

FAMILY DRAMA

My Penguin Friend

10.30am, Sky Family ★★★★

Sex ○○○ Violence ○○○ Language ○○○

Based on an incredible true story, this heartwarming, captivating tale recounts how a flinty Brazilian fisherman (played with quiet charm by Jean Reno) reconnected with the world after finding a stranded penguin covered in oil. Nursing it back to health – to the initial chagrin of his wife (Adriana Barraza) – the two become genuine companions, with the bird revisiting him every year. The plot includes a few embellishments to throw in some mild peril, but this is a sweet, sincere and joyful movie. 2024, PG, 97MIN

A bird in the hand: Jean

ROMANTIC THRILLER

The Bodyguard

3.45pm, Sky Greats ★★★

Sex ●○○ Violence ●○○ Language ●○○

After receiving death threats, spoilt singer-actress Whitney Houston hires bodyguard Kevin Costner to protect her. He is serious ex-CIA, while she is glitzy showbiz glamour personified. Despite their differences, the pair fall in love – but danger is still lurking and the red herrings are starting to pile up... Some ballsy musical numbers and the award-winning theme song take the staid story to another level. 1992, 15, 129MIN

SCI-FI ACTION

Star Trek

9pm, GREAT! action ★★★★

Sex ○○○ Violence ●○○ Language ○○○

This entertaining prequel is all about character, back story and *Star Trek* lore. Chris Pine and Zachary Quinto are perfectly cast as the young space adventurers Kirk and Spock, true to their forebears while making the parts their own. The film has plenty of action, a memorable baddie in the form of Eric Bana's Nero (a Romulan who is planning to destroy the Earth) and a great turn by Leonard Nimoy as an elderly Spock. 2009, 12, 127MIN

SUPERHERO

The Dark Knight Rises

10.50pm, ITV1 ★★★★

Sex ○○○ Violence ●●○ Language ●○○

Writer-director Christopher Nolan brings his epic Batman trilogy to a satisfying conclusion as Christian Bale's Bruce Wayne resurrects his crime-fighting alter ego to save Gotham City from Tom Hardy's Bane. Nolan stages the jaw-dropping set-pieces with skill and gets great performances from his leads. Bale and Hardy are impressive and are well matched by Anne Hathaway's Catwoman. 2012, 12, 164MIN

HORROR

Saint Maud

1.15am, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Pious palliative nurse Maud (the brilliant Morfydd Clark) has a mission to save the soul of her hedonistic patient (Jennifer Ehle), a former choreographer, dancer and minor celeb. Set in a bleak seaside resort, this excellent chiller is more than a tale of religious repression versus worldly sensuality. It's an unnerving, sometimes deeply disturbing look at spirituality and sexuality. 2019, 15, 84MIN

■ Full listings start on **p85**

Friday 24 October

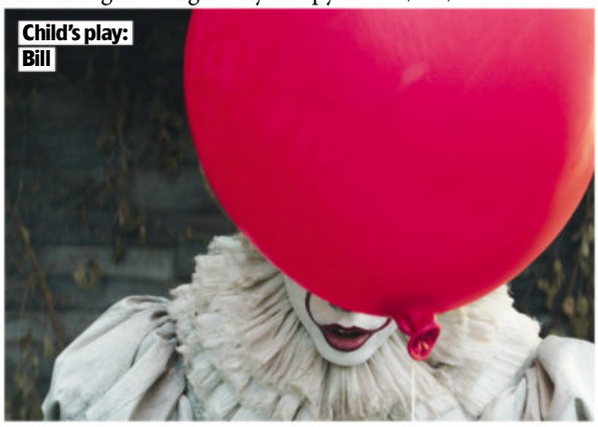
HORROR

It

6.45pm, Sky Halloween ★★★★

Sex ○○○ Violence ●●○ Language ●●○

A bunch of misfit teenage kids – including Jaeden Lieberher, Jeremy Ray Taylor, Jack Dylan Grazer, Sophia Lillis and Finn Wolfhard – attempts to defeat the diabolical killer clown Pennywise (Bill Skarsgård) snatching children in their small New England town. Based on Stephen King's novel and shifting the action from the 1950s to the 1980s, this superior chiller is better at the tale's teen-bonding sequences than its scary ones, but the young cast is fabulous and Skarsgård delightfully creepy. 2017, 15, 135MIN



Child's play: Bill

HORROR

Halloween

11pm, BBC2 ★★★★★

Sex ●●○ Violence ●●○ Language ●●○

Director John Carpenter's trail-blazing chiller still packs a considerable punch, juggling its shocks, surprises and in-jokes with supreme skill. Jamie Lee Curtis (in her film debut) is teen babysitter Laurie, who's targeted by crazed escaped killer Michael Myers (Tony Moran). On his trail, Donald Pleasence keeps a commendable straight face as shrink Dr Loomis, who believes that Myers is the personification of evil. 1978, 15, 92MIN

ROMCOM

Bros

12.10am, C4 ★★★★

Sex ●○○ Violence ○○○ Language ●●○

New Yorker Bobby (Billy Eichner, who also co-wrote with director Nicholas Stoller) is a curator working/quarrelling with colleagues on the opening of the first national LGBTQ+ museum. At a launch party, Bobby locks eyes with Aaron (Luke Macfarlane). There's clearly an attraction, but can this chalk-and-cheese pair make things work? The film follows a familiar romcom path, but it's a frank, funny delight. 2022, 15, 116MIN

COMEDY DRAMA

Starter for 10

12.35am, BBC1 (not Northern Ireland, Scotland) ★★★★

Sex ○○○ Violence ○○○ Language ●○○

This bright comedy stars James McAvoy as a student at Bristol university who signs up for TV's *University Challenge* then falls for Alice Eve and Rebecca Hall. Thanks to a witty script and some fine comic playing, there are lots of big laughs. The appealing McAvoy scores full marks, Mark Gatiss amuses as quiz host Bamber Gascoigne and Benedict Cumberbatch is a hoot as the snooty team captain. 2006, 12, 97MIN

HORROR

The Innocents

1.30am, Film4 ★★★★★

Sex ○○○ Violence ○○○ Language ○○○

The first and still the finest film version of Henry James' classic ghost story *The Turn of the Screw*. Governess Deborah Kerr becomes obsessed with the idea that her two young charges (Martin Stephens and Pamela Franklin) are being influenced by supernatural forces. The eerie, shadow-filled photography and Kerr's intense performance keep us gripped. 1961, 12, 100MIN

■ Full listings start on **p95**

Sport week

Your **ultimate guide** to the best of the week's live action

Boston Celtics' Jaylen Brown

THE MAIN EVENT

US sport special

Basketball comes to Prime Video in a packed week of American action

LIVE BASKETBALL

NBA season

Tuesday, Sky Sports, & Friday, Prime Video

UK fans will be able to watch 86 regular-season games on Prime Video in 2025-26, starting with a double bill on Friday night. At 12.30am the New York Knicks

LA Rams' Kyren Williams

LIVE AMERICAN FOOTBALL

Jacksonville Jaguars v LA Rams

Sun, kick-off 2.30pm, 5, Sky Sports+ & Sky Sports NFL

Thousands of NFL fans will descend upon Wembley for the last of the International Series ties in London this weekend. With talent such as quarterback Matthew Stafford, wide receiver Puka Nacua, running back Kyren Williams, and guard Kevin Dotson in their line-up, the Rams will be favourites to defeat the Jaguars as they make a bid to return to the play-offs. Last season they were defeated by eventual Super Bowl winners the Philadelphia Eagles, and are tipped to be in the thick of it again this time.

LIVE BASEBALL

World Series

Friday, TNT Sports 1

The MLB season's showpiece finale gets under way on Friday night in the first game of the seven-part World Series. The play-offs were taking place as we went to press, but many analysts have the LA Dodgers down as favourites to retain the title they won last year, when they defeated the New York Yankees 4-1. However, it's been 25 years since a champion successfully defended their crown and the Toronto Blue Jays are among those who could spoil the party.

The Dodgers' Freddie Freeman

WORDS: SEAN MARLAND. PHOTOS: ALAMY, GETTY

host 2024 champions the Boston Celtics, then at 3am the Minnesota Timberwolves visit the Los Angeles Lakers. Before then, the season begins on Tuesday with title holders Oklahoma City Thunder v Houston Rockets (12.30am) and LA Lakers v Golden State Warriors (3am, both Sky Sports Main Event & Sky Sports+).

Anmaat triumphed in 2024

LIVE HORSE RACING

British Champions Day

Saturday, from 12.30pm, ITV1

The curtain will come down on the British flat-racing season at Ascot this weekend, with seven events including the Champions Stakes and the Queen Elizabeth II Stakes. There was a big upset last year when 40-1 outsider Anmaat took the Champion Stakes, and the seven year-old trained by Owen Burrows will be among the hopefuls again on Saturday. But he'll face stiff competition from the bookies' favourite Ombudsman and from Calandagan, the winner of the King George VI and Queen Elizabeth Stakes in July, who's been in excellent form.

LIVE MOTORSPORT

F1: United States Grand Prix

Sunday, Sky Sports F1 & Sky Sports Main Event

All eyes will be on the Circuit of the Americas in Austin, Texas, on Sunday night as the cars line up on the grid for an 8pm start (highlights: Sun, 12.30am, C4). McLaren's Oscar Piastri is leading in the driver's championship, but his British teammate Lando Norris is only 22 points back as he hunts his first F1 title. Both will be looking over their shoulder at last year's champion Max Verstappen.

Oscar Piastri of McLaren

England captain Harry Brook

LIVE CRICKET

New Zealand v England

Sat, Mon & Thu, TNT Sports 1

England's men travel to New Zealand for three T20 internationals, with the first fixture in Christchurch on Saturday. Harry Brook's side will then play a second match in the same city on Monday, before heading to Eden Park in Auckland on Thursday for a potential decider against the Black Caps. A three-match ODI series between the teams begins next week.

LIVE CYCLING

Track World Championships

From Wednesday, TNT Sports 2, TNT Sports 3 & BBC3

Some of the world's finest cyclists will be heading to Chile for the 2025 Track World Championships, which will begin at Santiago's Velódromo Peñalolén this week. A total of 22 events are on the schedule, including Olympic disciplines like keirin, omnium and team sprint. Star turns will include Britain's Emma Finucane, who's expected to do well once again in the sprint events, and multiple Olympic champion Harrie Lavreysen of the Netherlands, while London-born Ethan Hayter is aiming for success in the omnium.

British rider Emma Finucane

Jake Jarman

LIVE GYMNASTICS

World Championships

From Wednesday, BBC2

This year sees the World Championships held in Southeast Asia for the first time as the event begins on Sunday in Jakarta, Indonesia, with coverage on BBC2 from Wednesday. Brits hoping to win medals will include vault world champion Jake Jarman, Olympic vault bronze medallist Harry Hepworth, 2019 parallel-bars world champion Joe Fraser, and European floor champion Luke Whitehouse.

Sport A-Z and football planner »»

Chat MAG Bingo.com

LOVE THAT BINGO FEELING!

Get that bingo feeling at chatmagbingo.com

ADD £10, GET £30 IN BONUSES

WITH PROMO CODE CHAT200

New players only. Min dep £10 with code CHAT200. 200% Bingo Bonus (max £20) + 100% Games Bonus (max £10). Games Bonus wins cap: £100 + initial bonus. 4x Bingo Bonus; 35x Games Bonus wagering requirement. 5-day expiry. 18+ GambleAware.org. T&Cs apply. chatmagbingo.com/#tnc

PHOTOS POSED BY MODEL: GETTY

GAMBLE RESPONSIBLY

Play within your limits

18+

BeGambleAware.org

Our services facilitated by this website are operated by Broadway Gaming Ireland DF Limited, a company incorporated in the Republic of Ireland. Broadway Gaming Ireland DF Limited is licensed and regulated in Great Britain by the Gambling Commission under the account number 58267.

Sport week A-Z GUIDE

Rugby union
Jac Morgan's Ospreys take on Glasgow Warriors in the United Rugby Championship on Saturday

AMERICAN FOOTBALL

LIVE Notre Dame Fighting Irish v USC Trojans
Sat 12.30am Sky Sports NFL

LIVE Jacksonville Jaguars v Los Angeles Rams
Sun 2pm 5, Sky Sports NFL & Sky Sports+ (kick-off 2.30pm)
The NFL week-seven match staged at Wembley Stadium. See p28.

LIVE Kansas City Chiefs v Las Vegas Raiders
Sun 5.30pm 5 (kick-off 6pm)
NFL fixture at Arrowhead Stadium.

LIVE NFL
Sun 5.30pm & 9.15pm Sky Sports NFL, 5.30pm & 9pm Sky Sports+ & 10pm Sky Sports Main Event

LIVE San Francisco 49ers v Atlanta Falcons
Sun 1.10am Sky Sports Main Event & Sky Sports NFL

LIVE Detroit Lions v Tampa Bay Buccaneers
Mon 11.45pm Sky Sports NFL & 12m't Sky Sports Main Event

LIVE Seattle Seahawks v Houston Texans
Mon 3am Sky Sports Main Event, Sky Sports NFL & Sky Sports+

LIVE Los Angeles Rams v Minnesota Vikings
Thu 12m't Sky Sports NFL & 1am Sky Sports Main Event
The NFL fixture from SoFi Stadium.

AUSTRALIAN RULES

LIVE Essendon Bombers Women v Brisbane Lions Women
Sat 3am TNT Sports 4

LIVE Collingwood Magpies Women v Richmond Tigers Women
Sat 5am TNT Sports 4

LIVE Gold Coast Suns Women v Western Bulldogs Women
Sun 7am TNT Sports 2

LIVE Adelaide Crows Women v Port Adelaide Power Women
Fri 9.30am TNT Sports 3

LIVE Sydney Swans Women v West Coast Eagles Women
Fri 3am TNT Sports 3

BASEBALL

LIVE MLB Postseason
Sat 1am TNT Sports 3; Sun & Tue 1am, Mon 9pm & 1am TNT Sports 1

LIVE MLB World Series
Fri 12.30am TNT Sports 1
The opening game. See p28.

BASKETBALL

LIVE Oklahoma City Thunder v Houston Rockets
Tue 11.30pm Sky Sports Main Event & Sky Sports+
The NBA Western Conference match at Paycom Center. See p28.

LIVE Los Angeles Lakers v Golden State Warriors
Tue 3am Sky Sports Main Event & Sky Sports+
The NBA Western Conference game.

COMBAT SPORTS

LIVE UFC Fight Night Prelims
Sat 10pm TNT Sports 1

LIVE Reinier de Ridder v Brendan Allen
Sat 12m't TNT Sports 1

CRICKET

LIVE New Zealand v England
Sat 7am TNT Sports 1
The first T20 in the three-match series from Hagley Oval. See p29.

LIVE New Zealand v Pakistan
Sat 10am Sky Sports Cricket & 3pm Sky Sports Main Event
The Women's World Cup group match from R.Premadasa Stadium.

LIVE Australia v India
Sun 6.15am TNT Sports 3
The first ODI staged at Optus Stadium in Perth.

LIVE India v England
Sun 10am Sky Sports Main Event & Sky Sports Cricket
The Women's World Cup group match from Holkar Stadium.

LIVE New Zealand v England
Mon 7am TNT Sports 1
The second T20 staged at Hagley Oval in Christchurch.

LIVE Sri Lanka v Bangladesh
Mon 10am Sky Sports Main Event & Sky Sports Cricket
Women's World Cup group match.

LIVE South Africa v Pakistan
Tue 10am Sky Sports Main Event & Sky Sports Cricket
Women's World Cup group game.

LIVE Australia v England
Wed 10am Sky Sports Main Event & Sky Sports Cricket
Women's World Cup group fixture.

LIVE Australia v India
Wed 4.45am TNT Sports 3 & Thu 11am TNT Sports 1
The second ODI at Adelaide Oval.

LIVE New Zealand v England
Thu 7am TNT Sports 1
The third and final T20 at Eden Park.

LIVE India v New Zealand
Thu 10am Sky Sports Main Event & Sky Sports Cricket
Women's World Cup group game.

LIVE Sri Lanka v Pakistan
Fri 10am Sky Sports Main Event & Sky Sports Cricket
Women's World Cup group game.

LIVE Australia v India
Fri 4.30am TNT Sports 4
The third and final ODI in the series from Sydney Cricket Ground.

CYCLING

LIVE Tour of Guangxi
Sat 6am TNT Sports 2; Sun 8.15am TNT Sports 1
The fifth and sixth stages.

LIVE Cyclocross
Sat 12.45pm TNT Sports 3
Exact cross races in Essen, Belgium.

LIVE Cyclocross
Sun 12.30pm TNT Sports 1
Superprestige race in Ruddervoorde.

LIVE Venetia Classic
Sun 3pm TNT Sports 3
The one-day race in Veneto, Italy.

LIVE UCI Track World Championship
Wed & Thu 10.30pm TNT Sports 2; Fri 8.45pm TNT Sports 3 & 9pm BBC3
Days one to three in Chile. See p29.

DARTS

LIVE European Championship
Thu & Fri 6pm ITV4
The first and second days from Westfalenhallen in Dortmund.

GOLF

LIVE BMW Ladies Championship
Sat 6am & 5am Sky Sports Main Event & Sky Sports Golf, 5am Sky Sports+
Days three and four in Haenam-gun.

LIVE DP World India Championship
Sat 7.30am & Sun 7am Sky Sports Main Event & Sky Sports Golf
Days three and four at Delhi Golf Club.

LIVE Hanwha Lifeplus International Crown
Wed & Thu 3am Sky Sports Mix
Days one and two in San Francisco.

LIVE Genesis Championship
Wed 4am, Thu 5.30am & Fri 4.30am Sky Sports Main Event; Wed & Thu 4am, Fri 4.30am Sky Sports Golf
Days one to three in South Korea.

LIVE Asian Amateur Golf Championship
Thu & Fri 10am Sky Sports Golf
The first and second days in Dubai.

LIVE Bank of Utah Championship
Thu & Fri 2.45pm Sky Sports Golf; Thu 10.30pm Sky Sports Main Event
The first and second days in Ivins.

GYMNASTICS

LIVE World Championships
Wed & Thu 1pm, Fri 7.30am BBC2
From Indonesia Arena. See p29.

HORSE RACING

LIVE Ascot
Sat 12.30pm ITV1
British Champions Day. See p29.

LIVE Cheltenham
Fri 1pm ITV1

ICE HOCKEY

LIVE St Louis Blues v Dallas Stars
Sat 12m't Premier Sports 2

LIVE Vegas Golden Knights v Calgary Flames
Sat 3am Premier Sports 1

LIVE Chicago Blackhawks v Anaheim Ducks
Sun 12m't Premier Sports 2

LIVE New York Rangers v Minnesota Wild
Mon 12m't Premier Sports 2

LIVE Vegas Golden Knights v Carolina Hurricanes
Mon 3am Premier Sports 1

LIVE Ottawa Senators v Edmonton Oilers
Tue 12m't Premier Sports 2

LIVE Utah Mammoth v Colorado Avalanche
Tue 3am Premier Sports 1

LIVE New Jersey Devils v Minnesota Wild
Wed 12m't Premier Sports 2

LIVE Calgary Flames v Montreal Canadiens
Wed 1.30am Premier Sports 1

LIVE Boston Bruins v Anaheim Ducks
Thu 12m't Premier Sports 2

LIVE Colorado Avalanche v Carolina Hurricanes
Thu 2am Premier Sports 1

LIVE New Jersey Devils v San Jose Sharks
Fri 12m't Premier Sports 2

LIVE Winnipeg Jets v Calgary Flames
Fri 1am Premier Sports 1

MOTORCYCLING

LIVE Superbike World Championship
Sat & Sun 9.30am & 11.15am TNT Sports 2

LIVE British Superbikes
Sat & Sun 12noon TNT Sports 4 & 3.15pm TNT Sports 2

LIVE MotoGP
Sat 11.30pm TNT Sports 2

LIVE The Grand Prix of Australia Moto3 race
Sat 12m't TNT Sports 2

LIVE The Grand Prix of Australia Moto2 race
Sat 2am TNT Sports 2

LIVE The Grand Prix of Australia MotoGP race
Sat 3.15am TNT Sports 2
From Phillip Island Grand Prix Circuit.

LIVE MotoGP
Thu 2am TNT Sports 2
The Grand Prix of Malaysia MotoGP, Moto2 and Moto3 first free practices.

LIVE MotoGP
Fri 6.15am TNT Sports 2
The Grand Prix of Malaysia MotoGP, Moto2 and Moto3 first practices.

LIVE MotoGP
Fri 1.30am TNT Sports 2
Grand Prix of Malaysia MotoGP, Moto2 & Moto3 second free practices.

LIVE Grand Prix of Malaysia MotoGP qualifying sessions
Fri 3am TNT Sports 2

MOTORSPORT

LIVE World Rally Championship
Sat 9.30am, Sun 7.15am & 9am TNT Sports 4; Sat 5.15pm TNT Sports 2

LIVE Women's Circuit Racing World Championship
Sat & Sun 10.30am TNT Sports 2

LIVE Formula 1
Sat 5pm Sky Sports F1
United States Grand Prix sprint race.

LIVE Formula 1
Sat 9pm Sky Sports Main Event, Sky Sports F1 & Sky Showcase
United States Grand Prix qualifying.

LIVE Formula 1
Sun 6.30pm Sky Sports F1 & 7.30pm Sky Sports Main Event
The United States Grand Prix at the Circuit of the Americas. See p28.

LIVE NASCAR
Sun 6.30pm Premier Sports 2

LIVE Ferrari Challenge
Thu 9.05am, 1.45pm & 3.35pm, Fri 9.05am, 10.55am & 1.45pm Sky Sports F1

LIVE Formula 1
Fri 7pm & 10.45pm Sky Sports F1, 10.45pm Sky Sports Main Event
Mexico City Grand Prix practices.

LIVE V8 Supercars
Fri 5am TNT Sports 3

POOL

LIVE Reyes Cup
Sat & Sun 12noon Sky Sports Mix

LIVE Ultimate Pool
Mon 6pm TNT Sports 3

RUGBY LEAGUE

LIVE Fiji v Cook Islands
Sat 6am Sky Sports Mix

Sport A-Z and football planner >>>

SUBSCRIPTION OFFER
6 issues for £1*
ONLY 17p AN ISSUE

visit: tvsatsubs.co.uk/D67K
Terms and Conditions: *Offer closes 31 October 2025. After your first six issues, your subscription will continue on at £31.25 every three months. For full T&Cs, visit magazinesdirect.com/terms.

THE PERFECT CHRISTMAS GIFT

6 ISSUES FOR £1*

Don't miss a thing with a subscription to *TV&Satellite Week* magazine

THERE ARE 3 EASY WAYS TO SUBSCRIBE

VISIT magazinesdirect.com/xts/dl86z

CALL 0330 333 1113 **SCAN** QR code

TERMS AND CONDITIONS: Offer closes 15th January 2026. Offer open to new subscribers only. The Direct Debit offer is available to UK subscribers only. *After your first 6 issues, your subscription will continue at £29.25 payable by Direct Debit every 3 months, saving 37% on the full 3-monthly subscription price of £46.48. We will notify you in advance of any price changes. All gift subscriptions will start with the first available issue on sale after December 2025. If you would like your gift subscription to start with an earlier issue, you can choose an earlier issue when ordering, or you can contact customer services. Orders purchased for yourself will start with the next available issue. The full subscription rate is for 12 months (51) issues, and includes postage and packaging. If the magazine ordered changes frequency per annum, we will honour the number of issues paid for, not the term of the subscription. Access to the digital library ends with your subscription. Payment is non-refundable after the 14-day cancellation period unless exceptional circumstances apply. For full terms and conditions, visit magazinesdirect.com/page/terms-and-conditions. For enquiries, please email: help@magazinesdirect.com.

Football planner

LIVE New Zealand v Samoa
Sat 3.35am Sky Sports Mix
Women's Pacific Cup group game.

LIVE New Zealand v Samoa
Sun 6.05am Sky Sports Mix
Men's Pacific Cup group fixture.

LIVE Cook Island v Tonga
Fri 4am Sky Sports Mix

RUGBY UNION

LIVE NPC second semi-final
Sat 7am Sky Sports+

LIVE Lions v Scarlets
Sat 12.30pm Premier Sports 2 (kick-off12.45pm) The United Rugby Championship match.

LIVE Sharks v Ulster
Sat 2.50pm Premier Sports 2 (kick-off 3pm) The United Rugby Championship fixture.

LIVE Leicester Tigers v Bath
Sat 3pm TNT Sports 1 & ITV4 (kick-off 3.05pm) The Prem match staged at Mattioli Woods Welford Road Stadium.

LIVE Leinster v Munster
Sat 5pm Premier Sports 1 (kick-off 5.15pm) The United Rugby Championship game at Croke Park.

LIVE Saracens v Sale Sharks
Sat 5.15pm TNT Sports 1 (kick-off 5.30pm) The Prem fixture from StoneX Stadium.

LIVE Ospreys v Glasgow Warriors
Sat 7.30pm Premier Sports 1 (kick-off 7.45pm) The United Rugby Championship match.

LIVE Exeter Chiefs v Harlequins
Sun 2.30pm TNT Sports 1 (kick-off 3pm) The Prem match staged at Sandy Park.

LIVE Northampton Saints v Saracens
Fri 7pm TNT Sports 1 (kick-off 7.45pm) Action from the Prem, with the match staged at Franklin's Gardens.

LIVE Glasgow Warriors v Bulls
Fri 7pm Premier Sports 1 (kick-off 7.45pm) The United Rugby Championship fixture.

LIVE Women's Premiership
Fri 7.30pm BBC Alba

SNOOKER

LIVE Northern Ireland Open
Sun 7pm, Mon 1pm & 7pm, Tue & Wed 1pm, Fri 11.45am & 6.45pm TNT Sports 2; Mon-Wed 1pm, Thu 1.30pm & Fri 11.45am TNT Sports 1; Tue 7pm, Thu 1pm & 7pm TNT Sports 4

TENNIS

LIVE WTA Osaka Open
Sat 6am & 4am Sky Sports Tennis

LIVE WTA Ningbo Open
Sat 8am & Sun 10am Sky Sports Tennis

LIVE ATP Almaty Open final
Sun 12noon Sky Sports Tennis

LIVE ATP Stockholm Open final
Sun 2pm Sky Sports Tennis

LIVE ATP Brussels Open final
Sun 4pm Sky Sports Tennis

LIVE WTA Tokyo Open
Sun 2.30am Sky Sports+; Sun-Thu 2.30am, Fri 4am Sky Sports Tennis; Sun 4.45am Sky Sports Main Event

LIVE WTA Guangzhou Open
Mon 10.30am, Tue-Fri 11am Sky Sports+ & Sky Sports Tennis

LIVE PREMIER LEAGUE

Liverpool v Manchester United

Sunday, kick-off 4.30pm, Sky Sports Main Event & Sky Sports Premier League

After two league defeats in a row, Liverpool now host their rivals. Ruben Amorim's men will be hoping their recent win against Sunderland, with Mason Mount hitting his stride, is the start of a resurgence.

LIVE CHAMPIONS LEAGUE

Arsenal v Atlético Madrid

Tue, kick-off 8pm, Prime Video

Mikel Arteta's Gunners will want to make it three Champions League wins out of three when Atlético visit the Emirates on Tuesday. With Bukayo Saka back from injury they're in good form, but Diego Simeone's outfit hammered Eintracht Frankfurt 5-1 in their last fixture.

LIVE CHAMPIONS LEAGUE

Chelsea v Ajax

Wednesday, kick-off 8pm, TNT Sports 2

Chelsea have acquitted themselves well on their return to Europe's top table, recovering from an opening defeat to Bayern Munich to beat Benfica at Stamford Bridge. Can João Pedro find his magic touch again against the four-time champions?

Saturday 18

LIVE Western Sydney Wanderers v Melbourne City
7am TNT Sports 4 (kick-off 7am)

LIVE Melbourne Victory v Auckland FC
9.30am TNT Sports 3

LIVE QPR v Millwall
11am Sky Sports Main Event & Sky Sports Football (kick-off 12.30pm) The Championship match.

LIVE Nottingham Forest v Chelsea
11am TNT Sports 1 (kick-off 12.30pm) The Premier League match at The City Ground.

LIVE Southampton v Swansea City
12.25pm Sky Sports+ (kick-off 12.30pm) The Championship match at St Mary's.

LIVE Sevilla v Mallorca
12.55pm Premier Sports 1 (kick-off 1pm) LaLiga.

LIVE Fulham v Arsenal
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm) The Premier League match from Craven Cottage.

LIVE Kilmarnock v Hearts
5.15pm Premier Sports 2 (kick-off 5.45pm) The Scottish Premiership match.

LIVE Peterhead v Queen of the South
5.20pm BBC Alba (kick-off 5.30pm)

LIVE Bayern Munich v Borussia Dortmund
5.20pm Sky Sports Football (kick-off 5.30pm) Bundesliga.

LIVE NWSL
5.30pm TNT Sports 3

LIVE Leicester City v Portsmouth
7.40pm Sky Sports+ (kick-off 7.45pm) The Championship fixture from King Power Stadium.

LIVE AS Roma v Inter Milan
7.45pm TNT Sports 1 (kick-off 7.45pm) Serie A.

LIVE Atlético Madrid v Osasuna
8pm Disney+ (kick-off 8pm)

LIVE Santos v Corinthians
10.25pm Premier Sports 1

LIVE Cruzeiro v Fortaleza
12.55am Premier Sports 1

LIVE Central Coast Mariners v Newcastle Jets
5am TNT Sports 1 (kick-off 5am)

Sunday 19

LIVE Dundee v Celtic
11am Sky Sports Football (kick-off 12noon) The Scottish Premiership match from Den's Park.

LIVE Elche v Athletic Bilbao
12.55pm Premier Sports 1 (kick-off 1pm) LaLiga.

LIVE Tottenham Hotspur v Aston Villa
1pm Sky Sports Main Event & Sky Sports Premier League (kick-off 2pm) The Premier League game at Tottenham Hotspur Stadium.

LIVE Celta Vigo v Real Sociedad
3.10pm Premier Sports 1 (kick-off 3.15pm) LaLiga.

LIVE Celtic v Glasgow City
4pm BBC Alba (kick-off 4.10pm)

LIVE Liverpool v Manchester United
4pm Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30pm) The Premier League match staged at Anfield.

LIVE Levante v Rayo Vallecano
5.25pm Premier Sports 1 (kick-off 5.30pm) LaLiga.

LIVE AC Milan v Fiorentina
7.30pm TNT Sports 1 (kick-off 7.45pm) Serie A.

LIVE Getafe v Real Madrid
7.55pm Premier Sports 1 (kick-off 8pm) LaLiga.

LIVE NWSL
10pm TNT Sports 1

Monday 20

LIVE West Ham United v Brentford
6.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm) The Premier League match from the London Stadium.

LIVE Alavés v Valencia
7.55pm Premier Sports 1 (kick-off 8pm) LaLiga.

Tuesday 21

LIVE Arsenal U19 v Atletico Madrid U19
1pm TNT Sports 3 (kick-off 1pm) The game in the league phase of the Youth League at Meadow Park.

LIVE Barcelona v Olympiacos
5pm TNT Sports 1 (kick-off 5.45pm) The match in the league phase of the Champions League.

LIVE Kairat Almaty v Pafos
5.45pm TNT Sports 3 (kick-off 5.45pm) The match in the league phase of the Champions League.

LIVE Newcastle United v Benfica
7pm TNT Sports 2 (kick-off 8pm) The match in the league phase of the Champions League staged at St James' Park.

LIVE Bristol City v Southampton
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm) The Championship match staged at Ashton Gate.

LIVE Millwall v Stoke City
7.35pm Sky Sports+ (kick-off 7.45pm) The Championship match at The Den.

LIVE Villarreal v Manchester City
7.45pm TNT Sports 1 (kick-off 8pm) The match in the league phase of the Champions League at Estadio de la Ceramica.

LIVE Arsenal v Atlético Madrid
8pm Prime Video (kick-off 8pm) The fixture in the league phase of the Champions League staged at Emirates Stadium.

Wednesday 22

LIVE Monaco U19 v Tottenham Hotspur U19
1pm TNT Sports 3 (kick-off 1pm)

LIVE Athletic Bilbao v Qarabag
5.45pm TNT Sports 4 (kick-off 5.45pm) The match in the league phase of the Champions League staged at San Mames.

LIVE Eintracht Frankfurt v Liverpool
7pm TNT Sports 1 (kick-off 8pm) The match in the league phase of the Champions League staged at Deutsche Bank Park.

LIVE Chelsea v Ajax
7pm TNT Sports 2 (kick-off 8pm) The game in the league phase of the Champions League staged at Stamford Bridge.

LIVE Monaco v Tottenham Hotspur
7pm TNT Sports 3 (kick-off 8pm) The match in the league phase of the Champions League staged at Stade Louis II.

LIVE Sheffield Wednesday v Middlesbrough
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm) The Championship match staged at Hillsborough.

LIVE Watford v West Bromwich Albion
7.35pm Sky Sports+ (kick-off 7.45pm) Championship match from Vicarage Road.

Thursday 23

LIVE SK Brann v Rangers
5pm TNT Sports 2 (kick-off 5.45pm) The Europa League match from Brann Stadion.

LIVE Go Ahead Eagles v Aston Villa
5.30pm TNT Sports 1 (kick-off 5.45pm) The match in the league phase of the Europa League staged at De Adelaarshorst.

LIVE AEK Athens v Aberdeen
5.30pm TNT Sports 3 (kick-off 5.45pm) The Conference League fixture from AEK Arena.

LIVE Exeter City v Plymouth Argyle
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm) The League One match staged at St James Park.

LIVE Nottingham Forest v FC Porto
7.45pm TNT Sports 1 (kick-off 8pm) The match in the league phase of the Europa League staged at the City Ground.

LIVE Celtic v Sturm Graz
7.45pm TNT Sports 2 (kick-off 8pm) The Europa League match staged at Celtic Park.

LIVE Crystal Palace v AEK Larnaca
7.45pm TNT Sports 3 (kick-off 8pm) The match in the league phase of the Conference League staged at Selhurst Park.

Friday 24

LIVE Newcastle Jets v Melbourne Victory
9.30am TNT Sports 1 (kick-off 9.35am)

LIVE Formartine United v Buckie Thistle
7.30pm BBC Scotland (kick-off 7.45pm) Scottish Cup.

LIVE Leeds United v West Ham United
7.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm) The Premier League match staged at Elland Road.

LIVE Preston North End v Sheffield United
7.30pm Sky Sports Football (kick-off 8pm) The Championship match staged at Deepdale.

LIVE Real Sociedad v Sevilla
7.55pm Premier Sports 2 (kick-off 8pm) LaLiga.

LIVE Auckland FC v Western Sydney Wanderers
5am TNT Sports 1 (kick-off 5am)

WORDS: SEAN MARLAND. PHOTOS: GETTY

Subscribe to *Golf Monthly* for great savings

golfmonthlysubs.co.uk

THE BIGGEST NAMES

Your **favourite golfers** in every issue

PLAY BETTER GOLF

With help from Golf Monthly's **Top 50 Coaches**

THE BEST NEW GEAR

Keep up to date with the **hottest new products**

QUICK FIXES INSTANT RESULTS!
GOLF MONTHLY
Peter Finch's guide to shaving shots off your handicap
Green-reading masterclass
Stop wasting strokes
Better golf STARTS NOW!
TOUR EXCLUSIVES
MIN WOO LEE
LAURIE CANTER
WAYNE RILEY
The hottest trend in golf
We review Odyssey's AI-inspired zero-torque putter
The best shoes on the market
Find your perfect pair
SUMMER ISSUE (10 JUL-6 AUG) £5.99

JOIN THE DEBATE

In-depth comment on golf's **biggest talking points**

PLAN A GOLFING GETAWAY

Our experts travel far and wide to provide **inspiration for your next trip**

MORE WAYS TO CONNECT

GOLFMONTHLY.COM

Saturday

18 October

Evening Planner

Thriller

Lake George

Sky Premiere, 6.35am & 9.40pm

Shea Whigham and Carrie Coon star in this comedy thriller as two people who decide to play a gangster at his own game.

Cricket

New Zealand v England: 1st T20 International

TNT Sports 1, play starts at 7.15am

England's white-ball tour of New Zealand begins with the first of three Twenty20s.

Football

Premier League

TNT Sports & Sky Sports

Nottingham Forest are chasing their first win since August as they face Chelsea, while table-topping Arsenal play Fulham.

Horror Comedy

The Menu

C4, 9pm

Ralph Fiennes stars as a celebrity chef with an agenda for his dinner party guests in this offbeat black comedy.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	‹ 6.30 Strictly Come Dancing			8.35 The Weakest Link...	9.20 Nine Bodies in a Mexican...		10.10 News	10.30 Match of the...
	102 BBC2	‹ 6.25 Film: Close Encounters of the Third Kind			8.35 40 Hits of 1975 at the BBC				
	103 ITV1	‹ 6.35 The Chase...	7.35 Celebrity Celebrity Catchphrase		8.35 The 1% Club		9.35 Romesh Ranganathan's Parents' Evening		10.35 Jonathan...
	104 CHANNEL 4	7.00 Bettany Hughes' Treasures of the World		8.00 Great British Train Journeys from Above		9.00 Film: The Menu			
	105 5	‹ 6.05 Beast from...	7.30 Prince Edward: The Reliable Royal		8.35 Royal Heirs and Spares: Rivalry & Resentment			10.05 Prince Andrew: Where Did All...	
	106 SKY SHOWCASE	‹ 6.45 Film: The Mummy				9.00 F1: United States Grand Prix Qualifying Session – Live: (Start-time 10.00)			
ENTERTAINMENT	115 BBC3	7.05 Doctor Who			8.35 Gavin & Stacey		9.35 RuPaul's Drag Race UK		10.40 Dreaming...
	116 BBC4	7.00 Timeshift: The Magic Roundabout Story		8.05 All Creatures Great and Small			9.45 The Intruder		
	118 ITV2	7.00 Film: Pacific Rim			8.35 Film: Star Trek Beyond		9.40 Film: Star Trek Beyond		
	136 MORE4	‹ 6.50 Four in a Bed				9.00 24 Hours in A&E			
	135 E4	7.00 The Simpsons				9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Law & Order: Criminal Intent		10.00 Law & Order: Special Victims Unit	
	108 SKY ATLANTIC	‹ 6.00 Game of Thrones				9.00 The Iris Affair			
	110 U&GOLD	7.00 Only Fools and Horses	7.40 The Good Life						10.20 Only Fools and Horses
	111 U&DAVE	7.00 Red Dwarf				9.00 Parks and Recreation			10.30 Not Going Out
	119 ITV3	7.00 Midsomer Murders				9.00 Vera			
	120 ITV4	‹ 6.50 Ice Road Truckers	7.50 Sharpe					10.00 English Football League Highlights	
	112 COMEDY CENTRAL	7.00 Bradley & Barney Walsh: Breaking Dad		8.00 Michael McIntyre's Big Show		9.00 Film: Big Daddy			
	139 SKY SCI-FI	7.00 Star Trek: Enterprise							
	113 SKY MAX	7.00 Agatha Raisin				9.00 Brassic		10.00 Never Mind the Buzzcocks	
	109 U&ALIBI	7.00 The Coroner		8.00 Death in Paradise		9.00 Shakespeare & Hathaway		10.00 Death in Paradise	
	124 SKY ARTS	‹ 6.30 Paul McCartney and Wings...		8.00 How the Beatles Changed the World					10.15 Lennon's Last Weekend
	132 U&W	7.00 Pete Wicks: For Dogs' Sake		8.00 The Supervet		9.00 One Born: What Happened Next?			
DOCUMENTARY	125 DISCOVERY	7.00 Gold Divers				9.00 Naked and Afraid Apocalypse			
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Extinct or Alive		9.00 The Zoo		10.00 Tanked	
	129 NAT GEO	7.00 Seconds from Disaster		8.00 Car S.O.S.					
	123 SKY HISTORY	7.00 Secrets in the Ice				9.00 Digging for Britain			
	155 U&YESTERDAY	7.00 Bangers & Cash		8.00 Bangers & Cash: Restoring Classics		9.00 Bangers & Cash			
	121 SKY DOCS		7.15 I Am Johnny Cash			9.00 The Essex Murders: Who Killed...		10.00 God Bless Ozzy Osbourne	
FILMS – Sky Cinema	301 PREMIERE	‹ 5.55 Bridget Jones: Mad About the Boy		8.00 Black Bag			9.40 Lake George		
	302 HALLOWEEN		7.15 The Nun			9.00 Annabelle			
	303 HITS	‹ 6.10 Ghost Rider: Spirit of Vengeance		8.00 Zombieland			9.45 Zombieland: Double Tap		
	304 GREATS	‹ 5.50 Jaws		8.00 Jaws 2				10.00 Jaws 3	
	305 ANIMATION	‹ 6.55 Hotel Transylvania 3: Summer Vacation			8.35 Hotel Transylvania				10.15 Hotel Transylvania 2
	306 HARRY POTTER	‹ 6.00 Harry Potter and the Prisoner of Azkaban			8.25 Harry Potter and the Goblet of Fire				
	307 ACTION	‹ 5.35 Wonder Woman		8.00 Justice League				10.10 Snakes on a Plane	
	308 COMEDY	‹ 6.10 Ted		8.00 The Other Guys			9.50 The Men Who Stare at Goats		
	309 THRILLER	‹ 5.45 Jack Reacher		8.00 Jack Reacher: Never Go Back				10.10 Black Bag	
	310 DRAMA	‹ 6.10 Aisha		8.00 Dunkirk				10.00 Oslo	
	311 SCIENCE FICTION	‹ 6.05 I Am Legend		8.00 The Crazies			9.50 Resident Evil		
	313 FILM4	‹ 6.35 Bumblebee				9.00 The Great Wall			
SPORT	401 MAIN EVENT	‹ 5.00 SNF – Live: Fulham v Arsenal (Kick-off 5.30)			8.30 Match Centre	9.00 F1: United States Grand Prix Qualifying Session – Live: (Start-time 10.00)			
	402 PREMIER LEAGUE	‹ 5.00 SNF – Live: Fulham v Arsenal (Kick-off 5.30)			8.30 Game of the Day				10.30 PL Highlights
	403 FOOTBALL	‹ 5.20 Bundesliga...	7.30 EFL Cup Highlights				9.30 EFL Rivalries		10.30 EFL Highlights
	405 CRICKET	‹ 6.30 ICC Women's World Cup			8.30 ICC Women's...	9.00 ICC Women's World Cup			
	410 TNT SPORTS 1	‹ 5.15 Gallagher PREM – Live	7.45 Serie A – Live: AS Roma v Inter Milan (Kick-off 7.45)					10.00 UFC – Live	
	411 TNT SPORTS 2	‹ 6.30 T20 Cricket...	7.30 MLB: Off the Bat	8.00 MLB Highlights		9.00 Tom Aspinall: Road To Undisputed		10.00 Superbike...	10.30 British...

‹ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition With guest Chris McCausland. (S)
11.30 **Rick Stein's Cornwall** (S)(R)(AD)
12.00 NOON **Football Focus** (S)
12.45 PM **BBC News** (S)
1.00 **Bargain Hunt** (S)(R)(AD)
1.45 **Money for Nothing** (S)(R)
2.30 **Escape to the Country** (S)(R)(AD)
3.00 **DIY SOS** Adapting the home of a brain-damaged boy. (S)(R)(AD)
4.00 **Countryfile Ramble for Children in Need** (S)(R)
4.30 **Final Score** Results round-up. (S)
5.15 **BBC News** (S)
5.35 **Local News** (S)
5.45 **The Celebrity Inner Circle** New edition 3/6. Montell Douglas, Owain Wyn Evans, Sarah Greene, Danielle Harold, Colin Jackson and Matt Morsia take part. (S)

5.45 The Celebrity Inner Circle

6 PM

6.30 **Strictly Come Dancing** New edition After the excitement of Movie Week, the remaining couples show off another routine in a bid to impress judges Shirley Ballas, Craig Revel Horwood, Motsi Mabuse and Anton Du Beke, as well as the viewers at home, in the hope of avoiding the fate of last week's eliminated couple. Hosted by Tess Daly and Claudia Winkleman. (S)(AD)
■ *Strictly Come Dancing: The Results* is tomorrow at 7.15pm

7 PM

8 PM

8.35 **The Weakest Link: Redemption Special** New edition 3/12. Eight celebrities who were voted off first in previous editions are given the opportunity to redeem themselves and win £50,000 for charity. (S)

9 PM

9.20 **Nine Bodies in a Mexican Morgue** New episode *The Short Straw:* 4/6. The deadly secret hidden in Flight CBZ517 is discovered, and the passengers believe that they have found the traitor in the group. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.10 **BBC News** (S)
10.30 **Match of the Day** Highlights of the latest Premier League matches, including Manchester City v Everton and Fulham v Arsenal. (S)
■ More tomorrow at 10.30pm
11.55 **The Football Interview** An interview with Brendan Rodgers. (S)
12.10 AM **Twisted Metal** New episodes 5/10. Quiet closes in on her search for revenge. (S)(AD)
12.40 6/10. John and Quiet seek shelter from a storm. (S1) (S)(AD)
■ Entire series on BBC iPlayer
1.10 **Weather for the Week Ahead** (S)
1.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.15 AM **Children's Programmes**
8.30 **Deadly Predators** (S)(R)
9.00 **Prayer and Reflection** (S)(R)
9.30 **Gardeners' World** (S)(R)
10.30 **This Farming Life** (S)(R)
11.30 **Kelvin's Big Farming Adventure**
12.00 NOON **The Hairy Bikers' Bakeation** From Italy. (S)(R)
12.30 PM **FILM Now, Voyager** Romantic drama starring Bette Davis. (S) (1942, b/w, PG, 115min) ★★★★
2.25 **FILM Dark Victory** Vintage melodrama starring Bette Davis. (S) (1939, b/w, PG, 100min) ★★★★
4.05 **Animal Babies: First Year on Earth** 2/3. A sea otter pup learns what is safe to eat. (S)(R)(AD)
5.05 **Flog It!** From Wiltshire. (S)(R)
5.30 **What Are UFOs?** Experts investigate the mystery of strange flying objects in the sky. (S)(R)(AD)

8.35 40 Hits of 1975 at the BBC

6.25 **FILM Close Encounters of the Third Kind** Steven Spielberg's sci-fi classic starring Richard Dreyfuss. A repair man from Indiana witnesses unidentified flying objects near his home and embarks on an obsessive quest to make sense of his experience. With Teri Garr and François Truffaut. (S)(AD) (1977, PG, 130min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

8.35 **NEW 40 Hits of 1975 at the BBC** A selection of archive performances from the year, including appearances by Bob Marley, Supertramp, Kraftwerk and Bay City Rollers, as well as ABBA in Blackpool on *Seaside Special*. (S)

10.55 **The Story of Bohemian Rhapsody** Richard E Grant narrates the story of the classic Queen song, featuring contributions from band members Brian May and Roger Taylor. (S)(R)
11.55 **Queen: The Legendary 1975 Concert** A 1975 performance by the rock band at London's Hammersmith Odeon. (S)(R)
12.55 AM **Queen at the BBC** A selection of TV appearances by the rock band from the archives. (S)(R)
1.55 **Sign Zone: Blue Lights** 3/6. Grace and Shane push boundaries for Lindsay's sake. (S3) (S)(R)(AD)
2.55 **Sign Zone: Global Eye** (S)(R)
3.25 **to 6.10** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Raymond Blanc's Royal Kitchen Gardens** (S)(R)(AD)
6.30 **James Martin's Great British Adventure** Belfast. (S)(R)(AD)
7.30 **FILM Jumanji** Fantasy comedy. (S) (AD) (1995, PG, 115min) ★★★★
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition (S)
11.15 **ITV News** (S)
11.30 **Champions: Full Gallop** 1/6. Documentary following the British horse-racing jump season. (S)(R)
12.30 PM **LIVE Racing** Ed Chamberlin and Francesca Cumani present coverage of British Champions Day from Ascot, including the Queen Elizabeth II Stakes. (S)
5.10 **Tipping Point: Lucky Stars** With JJ Chalmers, Gaby Roslin and Sean Fletcher. (S)(R)

9.35 Romesh Ranganathan's Parents'...

6.10 **ITV News** (S)
6.25 **Local News** (S)
6.35 **The Chase Celebrity Special** David James, Lucrezia Millarini, Myles Stephenson and Joe Sugg answer general knowledge questions and work as a team to take on a Chaser and secure a cash prize for charity. (S)(R)(AD)
7.35 **Celebrity Catchphrase** Stephen Mulhern hosts a charity edition of the game show, with Olivia Attwood, Jack P Shepherd and Adam Woodyatt competing for the chance to win £50,000 for good causes. (S)(R)(AD)
8.35 **The 1% Club** New edition Quiz hosted by Lee Mack in which the questions are about logic and common sense, with 100 contestants having a chance of winning up to £100,000. (S)(AD)
9.35 **Romesh Ranganathan's Parents' Evening** New edition 2/6. Alex Brooker and his mother Elaine, Jeff Brazier and his son Bobby, and Sophie Ellis-Bextor and her mother Janet Ellis compete in the comedy game show. (S)
10.35 **The Jonathan Ross Show: Special Guests** New edition Memorable interviews from the talk show, featuring Adele, Taylor Swift, Idris Elba, Harry Styles and David Attenborough. (S)
11.05 **ITV News** (S)
11.20 **English Football League Highlights** Recent action. (S)(R)
12.50 AM **Teleshopping**
3.00 **Frauds** 4/6. (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.00 **to 6.00** AM **Champions: Full Gallop** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.15 AM **Cheers** 25-28/28. (S11) (S)(R)
8.00 **Everybody Loves Raymond** (S)(R)
9.25 **Frasier** 5&6/24. (S8) (S)(R)(AD)
10.25 **The Simpsons** (S)(R)(AD)
11.25 **F1: United States Grand Prix Sprint Qualifying Highlights** Action from Austin, Texas. (S)
11.55 **Four in a Bed** Five editions. (S)(R)
2.30 PM **George Clarke's Amazing Spaces** Combining an army lorry and an old caravan to create the ultimate off-roader. (S)(R)(AD)
3.30 **Location, Location, Location** Phil Spencer catches up with two sets of house-hunters. (S)(R)
4.35 **Kirstie and Phil's Love It or List It** Helping a couple in Newtownards, Northern Ireland. (S)(R)(AD)
5.35 **Grand Designs** Kevin McCloud follows the progress of a treehouse in Gloucestershire. (S)(R)(AD)

7.00 Bettany Hughes' Treasures...

6.30 **News** (S)

7.00 **Bettany Hughes' Treasures of the World** New edition Bettany uncovers Uzbekistan's historical treasures. She traces Alexander the Great and explores the ancient kingdom of Khorasmia. (S)(AD)

8.00 **Great British Train Journeys from Above** New edition Following a journey from Porthmadog to Blaenau Ffestiniog and exploring how the railways transformed this area of rural Wales. (S)(AD)

9.00 **FILM PREMIERE The Menu** Comedy thriller starring Ralph Fiennes and Anya Taylor-Joy. A couple attend a dinner party overseen by a celebrity chef who has sinister plans for the guests. With Nicholas Hoult, Hong Chau and Janet McTeer. (S)(AD) (2022, 15, 130min) ★★★★ *See review, page 25.*
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.10 **FILM Midway** World War Two drama starring Ed Skrein. (S) (2019, 12, 145min) ★★★★
1.35 AM **F1: United States Grand Prix Sprint Race and Qualifying Highlights** From Austin, Texas. (S)
2.55 **NEW Iris Prize Best British Shorts** A compilation of the films on the 2025 shortlist. (S)
4.30 **Kirstie and Phil's Love It or List It** From Mapperley. (S)(SL)(R)(AD)
5.25 **to 6.15** AM **The Simpsons** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.25 AM **Milkshake!**
8.50 **SpongeBob SquarePants** (S)(R)
9.05 **Entertainment News** (S)
9.15 **Ben Fogle: New Lives in the Wild** Double bill. (S)(R)
11.15 FILM **Love at the Christmas Market** Romantic drama starring Ginna Claire Mason. (S) (2023, PG, 110min) ★★
1.05 PM FILM PREMIERE **Unwrapping Christmas** Drama starring Ashley Newbrough. (S) (2024, PG, 105min) ★★
2.50 FILM PREMIERE **A Scottish Christmas Secret** Romantic drama starring Caprice Bourret. (S) (2025, PG, 105min) ★★
4.35 **The Vicar of Dibley: Funniest Moments** Documentary celebrating Richard Curtis's much-loved sitcom. (S)(R)

8.35 Royal Heirs and Spares

6.00 **News** (S)
6.05 **Beast from the East: The Big Freeze of 2018** News archive, video and interviews from 2018 reveal how Britain was hit by a brutal weather system from Siberia as temperatures plunged to -10C. (S)(R)
7.30 **Prince Edward: The Reliable Royal** Profile of the King's youngest brother, who grew up vilified by the press but, thanks to years of diligent service, has become a cornerstone of the monarchy. (S)(R)
8.35 NEW **Royal Heirs and Spares: Rivalry & Resentment** Documentary exploring the rivalries between royal heirs and their siblings, tracing the evolving dynamic between those born into unequal destinies from the early 20th century to today. (S)
10.05 **Prince Andrew: Where Did All the Money Go?** With mounting costs for his lifestyle and outgoings, this documentary investigates Prince Andrew's finances, asking where he gets his money from – and what he has spent it on. (S)(R)
11.35 **The 1970s: Those Were the Days** 1/2. Documentary looking at life in 1970s Britain. (S)(R)
1.00 AM **PlayOJO Live Casino Show**
3.00 **Digging Up Britain's Past** (S)(R)
4.40 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Boosnoo! Mega Mashups**
6.15 **Ready Eddie Go!** (S)(R)(AD)
6.25 **Emerald** (S)(R)(AD)
6.35 **Isadora Moon** (S)(R)(AD)
6.50 **Dodo** (S)(R)
7.05 **Monkey Life** (S)(R)(AD)
8.00 **F1: United States Grand Prix Sprint Qualifying Highlights** Action from Austin, Texas. (R)
9.00 **The Simpsons** (S)(R)
10.00 **Coral City** (S)(R)
12.00 NOON **Gillette Labs Soccer Saturday: Build-Up**
3.00 PM **Gillette Labs Soccer Saturday** The latest news from today's football matches.
5.00 **The Simpsons** *Treehouse of Horror IX:* Spooky tales. (S)(R)
5.50 **Portrait Artist of the Year** With James May, Billy Porter and Emma Barnett. (R)

6.45 The Mummy

6.45 FILM **The Mummy** Action adventure starring Brendan Fraser and Rachel Weisz. In 1920s Egypt, a dashing American, an English librarian and her wastrel brother unwittingly revive an evil high priest. With John Hannah, Arnold Vosloo and Kevin J O'Connor. (S) (1999, 15, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
9.00 LIVE **F1: United States Grand Prix Qualifying Session** Coverage of the battle for grid positions for the 19th round of the season at Circuit of the Americas in Austin, Texas. Start-time is at 10.00.
12.00 M'T **The Essex Murders: Who Killed Goldfinger?** 3/3. A hitman is suspected in John Palmer's murder. (S)(R)(AD)
1.00 AM **Never Mind the Buzzcocks** With Natasha Bedingfield, Sam Ryder and Five. (S)(R)(AD)
1.45 **The Force: Manchester** (S)(R)
2.40 **Road Wars** Double bill. (S)(R)
4.00 **Nothing to Declare** (S)(R)
5.30 **to 6.00** AM **Monkey Life** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
4.30-5.15pm Sportscene: Open All Mics (S) **11.55** Sportscene: Premiership Highlights (S)(R) **1.10am** The Football Interview (S) **1.25** Twisted Metal New episodes (S)(AD) **2.25** Weather for the Week Ahead (S) **2.30-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
No variations

WALES
Sky **965**, Virgin **864**, Freesat **965**
No variations

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
12.00noon FILM Now, Voyager (S) (1942, b/w, PG, 115min) ★★★★ **1.55pm** FILM Dark Victory (S) (1939, b/w, PG, 100min) ★★★★ **3.35** Animal Babies: First Year on Earth (S)(R)(AD) **4.35** Flog It! (S)(R) **5.00-5.30pm** Weatherman Walking: Crickhowell and Bala (S)(R)

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Pwysutpam (AD) **10.15** Hen Dy Newydd (AD) **11.15** Bwyd Epic Chris (AD) **11.45** Ffermio **12.15pm** Cyfrinachau'r Llyfrgell **1.15** Ty Ffit **2.15** Cartrefi Cymru **2.45** Mike Phillips: Croeso i Dubai (AD) **3.45** Iaith ar Daith **4.45** Cymry ar Gynfas **5.15** Yr Anialwch **6.15** Ysbyty **7.15** Newyddion a Chwaraeon **7.30** Colleen Ramsey: Bywyd a Bwyd **8.00** Cofio Dewi Pws **9.30** Am Dro! **10.30-11.35pm** Radio Fa'ma (AD)

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Laugh Lessons**
7.05 **Doctor Who** *Amy's Choice:* 7/14. Amy is faced a heart-breaking decision. **7.50** *The Hungry Earth:* 8/14. Part one of two. A team drilling deep into the Earth waken an ancient enemy. (S5)
8.35 **Gavin & Stacey** 3/6. The couple drop a bombshell. **9.05** 4/6. The Shipmans head to Wales for the wedding fayre. (S1)
9.35 **RuPaul's Drag Race UK** 4/10. The queens take part in an *Absolutely Fabulous* acting challenge. With guest judge Jane Horrocks.
10.40 **Dreaming Whilst Black** *Black Love:* 4/6. Kwabena pulls out all the stops to win Vanessa back. (S2)
11.10 **Dreaming Whilst Black** 5&6/6. Double bill. (S2)
12.05 AM **Two Pints of Lager and a Packet of Crisps**
1.05 **BBC New Comedy Awards**
1.35 **Film Club**
2.05 **Dreaming Whilst Black**
3.30 **to 4.00** AM **Two Pints of Lager and a Packet of...**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Timeshift: The Magic Roundabout Story** A celebration of the enduring children's TV show.
8.00 **The Magic Roundabout** Florence and Brian help Dougal find a four-leaf clover.
8.05 **All Creatures Great and Small** *Here and There:* 1/12. James is intrigued after meeting a cowhand. **8.55** *The Course of True Love:* 2/12. The vets are saddened by the news of the death of George VI. (S6)
9.45 **The Intruder** New episode 3/4. Paula is arrested on suspicion of murder, while Jérôme decides he wants a divorce. **10.35** Series finale 4/4. Paula begins to realise that Tess did not target her family by chance. Subtitled. (S1)
11.25 **Parkinson** With guests Patricia Routledge, Morgan Freeman and Gary Lineker.
12.20 AM **The Good Life**
12.50 **Yes, Prime Minister**
1.20 **to 3.00** AM **All Creatures Great and Small**

MORE4

136/137 127 147 18 124 15

8.55 AM **Four in a Bed**
11.30 **George Clarke's Amazing Spaces: WWII Special**
12.35 PM **Ugly House to Lovely House with George Clarke**
1.35 **George Clarke's Old House, New Home**
2.35 **Location, Location, Location** From Nottingham.
3.35 **Come Dine with Me** Five dinner parties from in and around Newcastle.
6.15 **Four in a Bed** The competition kicks off at Tay House in Dunkeld, Scotland.
6.50 **Four in a Bed** The second visit of the week is to the Aberlour Hotel in Moray. **7.25** The B&Bers head to Cobblehouse Country Cabins in Turriff, Aberdeenshire. **8.00** The final visit is to Trinity Boutique B&B in Peterhead, Aberdeenshire. **8.30** Payment Day arrives.
9.00 **24 Hours in A&E** An elderly woman is admitted with two severe leg fractures, while a man appears with an injured finger that he caught in a kebab slicer.
10.00 **24 Hours in A&E** A man is rushed to A&E after a head-on collision with his car windscreen.
11.05 **999: On the Front Line**
12.05 AM **Emergency Helicopter Medics**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **The Goldbergs**
8.30 FILM **Wedding March 4: Something Old, Something New** Romantic drama sequel starring Jack Wagner and Josie Bissett. (2018, PG, 84min) ★★
10.10 **Made in Chelsea**
11.15 FILM **Hotel Transylvania 2** Animated family comedy featuring the voices of Adam Sandler and Andy Samberg. (2015, U, 89min) ★★★
1.00 PM **The Big Bang Theory**
6.00 **The Simpsons** Double bill.
7.00 **The Simpsons** *We're on the Road to D'ohwhere:* Marge is arrested. **7.30** *The Seemingly Never-Ending Story:* Homer gets trapped in a cave. **8.00** *Kiss Kiss Bang Bangalore:* Mr Burns sends Homer to train staff in India. **8.30** *The Wettest Stories Ever Told:* The family recall stories about disasters at sea.
9.00 **Celebrity Gogglebox** Some of Britain's best-loved LGBTQ+ personalities appear in a special Pride anniversary edition.
10.00 **Gogglebox** Opinions on *Wheel of Fortune, Trigger Point, Michael McIntyre's Big Show* and *Boarders.*
11.05 **Gogglebox**
12.10 AM **First Dates**
2.15 **Gogglebox**
4.10 **to 6.00** AM **Ramsay's Kitchen Nightmares USA**

+1 hr 235/236 306 30 123 256

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Brit Cops: Rapid Response** Documentary.
7.00 **Caught Red Handed**
9.00 **Stop, Search, Seize**
10.00 **Border Patrol**
11.00 **The Force: Manchester**
12.00 NOON **Caught Red Handed** A careless bank robber forgets to bring along his swag bag.
12.40 PM A man is caught trying to torch a truck.
1.20 Police put out a decoy car to catch thieves in the act.
2.00 **Nothing to Declare** Ten editions of the documentary.

8.00 Caught on Dashcam

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM

9.00 **Law & Order: Criminal Intent** *A Murderer Among Us:* 7/21. The team look into the suicide of an Argentine immigrant. (S3)

10 PM

10.00 **Law & Order: Special Victims Unit** *Prima Nocta:* 11/13. A runaway bride calls the team for help on her wedding day. (S25)
11.00 **Blue Bloods** (S13&14)
1.00 AM **Bull** 2/22. (S6)
2.00 **Caught on Dashcam** New edition Road disasters.
3.00 **Law & Order: Special Victims Unit** 7/22. (S26)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
9.00 **Game of Thrones**
2.15 PM **Game of Thrones** 1/6. Jon and Daenerys arrive in Winterfell, where the Stark children are reunited.
3.20 2/6. Daenerys learns the truth about her relationship with Jon and Brienne of Tarth becomes a Knight.
4.30 3/6. The Night King and the army of the dead reach Winterfell.
6.00 4/6. After the Battle of Winterfell, Jon and Daenerys look to the south. (S8)

6.00 Game of Thrones

7.30 **Game of Thrones** *The Bells:* 5/6. Varys betrays his queen, and Daenerys brings her forces to King's Landing as the explosive final battle for the Iron Throne begins. (S8)

8.00 **Agatha Raisin** *The Wizard of Evesham:* 2/6. Agatha digs deeper into her charming hairstylist's supposed crimes. (S2)

9.00 **The Iris Affair** *Charlie Big Potatoes:* 1/8. An enigmatic genius and an entrepreneur are pitted against each other.

10.00 **The Iris Affair** *More Than Zero, Less Than One:* 2/8. Iris blackmails Teo to botch the investigation and help her flee. (S1)
11.00 **The Iris Affair** 3&4/8. (S1)
1.00 AM **The White Lotus** 7/8. Belinda takes Zion a party, Saxon questions Timothy's behaviour, and Laurie attends Muay Thai with Valentin. (S3)
2.10 **Game of Thrones** (S7)
5.05 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S4)
10.00 **Grimm** 7-10/22. (S2)
2.00 PM **The Walking Dead** 21/22. Daryl and Carol head their separate ways.
3.00 22/22. Carol takes steps to minimise the tension. (S10)
4.00 1/24. Maggie comes up with a new plan to try and rebuild Alexandria.
5.00 2/24. Yumiko searches for answers about her brother.
6.00 3/24. Maggie's mission team get separated and hunted by the Reapers. (S11)

2.00 The Walking Dead

7.00 **Agatha Raisin** *The Wizard of Evesham:* 1/6. A hairstylist becomes the centre of a maelstrom of blackmail and conspiracy.

8.00 **Agatha Raisin** *The Wizard of Evesham:* 2/6. Agatha digs deeper into her charming hairstylist's supposed crimes. (S2)

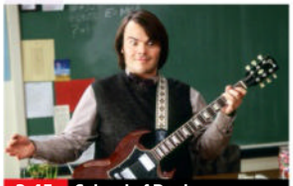
9.00 **Brassic** *The Wizard of E:* 4/6. Curtis Plum revives his DJ persona for a dying man. (S7)

10.00 **Never Mind the Buzzcocks** Natasha Bedingfield, Sam Ryder, and Five join the regulars.
10.50 Romesh: Can't Knock the Hustle 4/4. Exploring whether success is the key to happiness.
11.50 **Strike Back: Silent War** (S7)
12.55 AM **The Force: Manchester**
2.00 **S.W.A.T.** New episode 14/22. A museum vault is looted. (S8)
3.00 **Warrior** 9/10. (S2)
4.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.55 **The Only Way Is Essex**
10.40 **Deal or No Deal**
1.40 PM **FILM Spy Kids 2: Island of Lost Dreams** Adventure sequel starring Alexa Vega. (2002, U, 100min) ★★★★
3.45 **FILM School of Rock** Comedy starring Jack Black, Joan Cusack and Mike White. (2003, PG, 109min) ★★★★
5.55 **FILM Pacific Rim** Action thriller with Charlie Hunnam, Idris Elba and Rinko Kikuchi. (2013, 12, 126min) ★★★



3.45 School of Rock

FILM Pacific Rim (film started at 5.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8.35 **FILM Star Trek Beyond** Sci-fi adventure starring Chris Pine, Zachary Quinto and Idris Elba. The USS *Enterprise* is lured into a deadly trap, which leaves the crew members stranded on an unexplored alien world. (2016, 12, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Family Guy** 1/21. Brian and Stewie visit alternative realities.
11.35 17/18. Quagmire organises a festival celebrating his own sexual history. (S13)
12.05 AM **American Dad!** (S15)
1.00 **Deal or No Deal**
2.55 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
6.30 **A Touch of Frost**
8.40 **Wycliffe** 2&3/8. (S2)
10.55 **Agatha Christie's Marple**
1.00 PM **Midsomer Murders** *Master Class:* A music prodigy witnesses a woman drowning. Guest stars James Fox and Richard Fleeshman.
3.00 *The Noble Art:* A local boxer's successful world title bid stirs up hidden passions.
5.00 *Not in My Back Yard:* A planning dispute leads to murder. Guest stars Hugo Speer.

11.00 Lewis

7.00 **Midsomer Murders** *With Baited Breath:* Anglers and mud-runners clash at the village of Solomon Gorge with the bitterness leading to someone dying after being electrocuted.

9.00 **Vera** *Blood and Bone:* The unorthodox detective investigates when the charred remains of a colleague are found in an abattoir furnace, and attempts to deduce how and why they got there in the first place.

11.00 **Lewis** *Pilot:* The inspector and his sidekick DS Hathaway investigate the murder of a talented maths student.
12.55 AM **Long Lost Family**
2.00 **On the Buses**
2.30 **Teleshopping**
4.00 **to 4.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** The latest top-flight action, including Rangers v Dundee United.
8.30 **Sacked in the Morning** With former Manchester United star Andrew Cole.
9.00 **NEW The Lost Letters of Mary, Queen of Scots** The deciphering of a mysterious cache of coded letters from the 1570s and 1580s.
10.00 **Gary: Tank Commander** 5/6. Charlie gets engaged and asks Gary to be best man. (S3)
10.30 **Limmy's Show** 1/6. Falconhoof has a difficult caller to deal with. (S1)
11.00 **Burnistoun** 1/6. A motorist struggles with their satnav. (S3)
11.30 PM **to 12.00** M'T **T in the Park: Best Bits**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners** (S5)
9.00 **Ballers** (S2&3)
10.55 **Veep** 5-7/7. (S7)
1.10 PM **Sex and the City**
4.00 **Will & Grace** (S4)
6.30 **The Office (US)** 1/28. A Dunder Mifflin weight-loss initiative causes staff to diet.
7.00 2/28. Andy plans his wedding to Angela.
7.30 3/28. Holly holds a seminar on ethics.
8.00 4/28. Dwight helps Michael prepare for the birth of Jan's baby.
8.30 5/28. The company is burgled. (S5)
9.00 **Lucy Beaumont: Live from the Royal Court Theatre** A stand-up show by the comedian.
10.00 **Saturday Night Live** Satirical US sketch show.
11.30 **FILM The Comeback Trail** Crime comedy starring Robert De Niro. (2020, 12, 104min) ★★★
1.30 AM **And Just Like That...**
3.30 **to 5.00** AM **Girls**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Pavarotti: 10th Anniversary Gala**
7.20 **Golden Age: Milos at Blenheim Palace**
8.30 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Hitchcock on Grierson** Documentary.
2.00 **Classic Movies: The Story of The 39 Steps**
3.00 **Peter O'Toole: Along the Sky Road to Aqaba**
5.00 **Portrait Artist 2025**
6.00 **Discovering**
6.30 **Paul McCartney and Wings: One Hand Clapping** Documentary.
8.00 **How the Beatles Changed the World**
10.15 **Lennon's Last Weekend**
11.45 **Stuart Sutcliffe: The Lost Beatle**
1.05 AM **The Stones in Exile**
2.15 **Johnson & Knopfler's Music Legends**
3.15 **The Great Songwriters**
4.10 **Classic Albums**
5.10 **to 6.00** AM **Discovering**

Sky Mix

151 158 135 11 141 23

6.00 AM **Nothing to Declare**
8.00 **The Slow Mo Guys' Big Adventures**
8.25 **Big Cats: Wild Files**
8.35 **Where's Wally**
9.00 **Caught on Dashcam**
11.00 **Nothing to Declare**
2.00 PM **Caught on Dashcam**
4.00 **Africa's Hunters**
5.00 **Cub Camp**
6.00 **Evolution Earth**
7.00 **Britain's Most Evil Killers** Double bill.
9.00 **FILM Last Seen Alive** Thriller starring Gerard Butler. A man is driving his soon-to-be ex-wife to her parents' home when she disappears without a trace during a stop at a gas station. (2022, 15, 95min) ★★★
11.00 **Bruno v Tyson** The rivalry between Frank Bruno and Mike Tyson.
1.00 AM **World's Most Evil Killers** William Suff.
2.00 **Nothing to Declare**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Wheel of Fortune** Graham Norton hosts the game show.
3.00 **Tenable** Double bill of the quiz show hosted by Warwick Davis.
5.00 **Deal or No Deal** Double bill of the game show hosted by Stephen Mulhern.
7.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
9.00 **Alan Carr's Epic Gameshow** The comedian hosts an updated version of *Strike It Lucky*, with three pairs trying to navigate their way across a sea of screens, trying to bank prizes and avoid the hotspots.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.50 AM **Deal or No Deal**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Little House on the Prairie** 15-22/24. (S6)
4.00 PM **FILM John Grisham's The Rainmaker** Legal drama with Matt Damon and Danny DeVito. (1997, 15, 135min) ★★★
6.55 **FILM Dead Poets Society** Drama starring Robin Williams as an English teacher at a stuffy private school in late-1950s Vermont, who inspires his pupils to embrace the unconventional. With Ethan Hawke and Robert Sean Leonard. (1989, PG, 126min) ★★★★
9.30 **FILM The Da Vinci Code** Thriller based on Dan Brown's bestseller, starring Tom Hanks and Audrey Tautou. (2006, 12, 149min) ★★★
12.35 AM **The Avengers**
2.35 **M*A*S*H** (S2)
4.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

- **6.00** AM **Highlights**
- **8.25** **The Motorbike Show**
- **9.30** **Racing: The Opening Show**
- **10.30** **The Big Match Revisited**
- **11.30** **World of Sport**
- **11.40** **American Pickers**
- **12.40** PM **Sharpe**
- **3.00** **LIVE Rugby Union: Gallagher PREM** Leicester Tigers v Bath: Kick-off is at 3.05.
- **5.20** **Football Rivalries**
- **5.35** **British Touring Cars**
- **5.50** **The Motorbike Show**
- **6.50** **Ice Road Truckers**

7.50 Sharpe

7.50 Sharpe *Sharpe's Sword:* Despatched by Munro to kill a French colonel, Sharpe is wounded in battle and hovers at death's door – but Harper and a mute nun nurse him back to health. Once recovered, he sets out in search of vengeance with a newly forged sword.

- **10.00** **English Football League Highlights** Recent action, including Coventry City v Blackburn Rovers and Norwich City v Bristol City.
- **11.30** **FILM Rambo III** Adventure sequel with Sylvester Stallone as the fearless warrior on a rescue mission in Afghanistan. (1987, 18, 101min) ★★★
- **1.25** AM **BattleBots**
- **2.25** **The Car Years**
- **2.50** **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

- **6.00** AM **Most Haunted**
- **8.00** **Teleshopping**
- **11.00** **FILM Attack of the Meth Gator** Horror comedy. (2023, PG, 90min) ★★
- **1.00** PM **Star Trek: The Next Generation** Five episodes of the sci-fi drama, including at: **4.00** 14/22. Riker is offered a promotion to captain. **5.00** 15/22. Data befriends a beleaguered youngster. (S2)
- **6.00** **Star Trek: Enterprise** 3/26. The ship becomes trapped in a Romulan minefield. (S2)

11.00 Attack of the Meth Gator

7.00 Star Trek: Enterprise *Dead Stop:* 4/26. The crew members explore an extraordinary unmanned space station.

8.00 Star Trek: Enterprise *A Night in Sickbay:* 5/26. Archer becomes depressed when his dog falls ill. Stars Scott Bakula.

9.00 Star Trek: Enterprise *Marauders:* 6/26. Mining colonists need Archer's help to defend themselves against hostile Klingons.

10.00 Star Trek: Enterprise *The Seventh:* 7/26. Archer leaves Trip in charge when he is assigned a secret mission. (S2)

- **11.00** **Grimm** 12/22. Nick and Hank investigate the murder of an elderly couple. **12.00** M'T 13/22. An old friend of Aunt Marie's comes to Nick with information about his parents' death. **1.00** AM 14&15/22. (S1)
- **3.00** **Room 104** 9&10/12. (S1)
- **4.10** **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

- **7.10** AM **Murdoch Mysteries** (S2)
- **10.00** **The Doctor Blake Mysteries**
- **12.00** NOON **Inspector George Gently** *Gently Evil:* The detective discovers a family are hiding a shocking secret.
- **2.00** PM **Father Brown** Four episodes, including at: **5.00** *The Scars of War:* Sullivan asks for Father Brown's help when Mrs Devine's son Eddie is framed for murder.
- **6.00** **The Coroner** 9/10. An ice-cream factory owner is found dead in a freezer. (S1)

2.00 Father Brown

7.00 The Coroner *Dirty Dancing:* 10/10. A woman dies in the build-up to a Latin dance festival, but the body vanishes. (S1)

8.00 Death in Paradise *Ye of Little Faith:* 4/8. The team are called to a hotel where a flight attendant has been poisoned. (S3)

9.00 Shakespeare & Hathaway: Private Investigators *A Dark House:* 4/10. Lu falls victim to a cruel scam. (S5)

10.00 Death in Paradise *Political Suicide:* 5/8. A politician commits suicide after his affair is exposed. (S3)

- **11.00** **Father Brown** Double bill.
- **1.00** AM **Black Sands** 2/8. The appearance of an injured girl changes the investigation. (S1)
- **2.10** **Hightown** 5/8. Jackie goes on a bender, while Ray and Renee go on a date. (S1)
- **3.10** **to 4.00** AM **CSI: Vegas**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

- **7.20** AM **Only Fools and Horses**
- **12.20** PM **Only Fools and Horses** Ten episodes, including at: **3.40** Del launches his own chandelier-cleaning business. **4.20** Rodney starts going out with a police officer, much to the consternation of dodgy dealer Del Boy. **5.00** Del Boy attempts to sell a pair of antique urns. **5.40** Del takes up cards in his latest bid to make a fortune. **6.20** Del Boy cannot believe his ears when Rodney tells him he has found a girlfriend.

7.40 The Good Life

7.00 Only Fools and Horses Del Boy decorates the local Chinese restaurant.

7.40 The Good Life Tom sets out to catch the thief responsible for stealing leeks from his garden. **8.20** Tom and Barbara's difficulties are for once dwarfed by those of Jerry.

9.00 The Good Life Tom considers leaving Surbiton to live on a farm. **9.40** Tom and Barbara attend evening classes, while Margo struggles to master pottery.

10.20 Only Fools and Horses Del Boy and Rodney reluctantly allow Grandad to join them on holiday.

- **11.00** **Only Fools and Horses**
- **1.00** AM **The Good Life**
- **2.15** **Inside No 9** A detective tries to crack the case of a missing boy. Stars Sophie Okonedo.
- **2.45** **The Cleaner**
- **3.30** **to 4.00** AM **The Good Life**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

- **7.10** AM **Rick Stein: From Venice to Istanbul** Rick visits Albania.
- **8.00** **Celebrity Storage Hunters**
- **9.00** **Railroad Australia**
- **11.00** **Top Gear** With Andy Garcia.
- **12.00** NOON **World's Most Dangerous Roads**
- **2.00** PM **Extreme Fishing with Robson Green** Robson goes angling for catfish in Africa.
- **3.00** **Would I Lie to You?** Six editions, including at: **6.15** With guests Raj Bisram, Josh Widdicombe, Gemma Cairney and Sophie Hermann.

9.00 Parks and Recreation

7.00 Red Dwarf Lister and Rimmer put their lives in danger while attempting to boost Holly's IQ. **7.40** Rimmer comes face to face with his double from another dimension. **8.20** The crew are transported to a theme park populated by droids.

9.00 Parks and Recreation 4/24. Ann helps Leslie brush up her dating skills. **9.30** 5/24. Leslie meets dignitaries from Venezuela.

10.00 Parks and Recreation 6/24. Leslie helps build a playground in a day. (S2)

10.30 Not Going Out Lucy plans a secret anniversary party for her parents.

- **11.10** **Not Going Out** Double bill.
- **12.30** AM **Two Pints of Lager and a Packet of Crisps** Double bill.
- **1.45** **Would I Lie to You?**
- **3.00** **to 4.00** AM **Orlando Bloom: To the Edge**

+1 hour 211/212 327 74 259

7 PM

8 PM

9 PM

10 PM

4seven

137/138 163 143 49 127 16

- **9.00** AM **Jamie's One-Pan Wonders** Smashed lemongrass chicken.
- **9.30** **Come Dine with Me**
- **12.00** NOON **Help! We Bought a Village**
- **3.00** PM **A Place in the Sun**
- **8.00** **Location, Location, Location** A catch-up with two couples who were searching Essex and Leeds respectively.
- **9.00** **Grand Designs** A couple building an off-grid family home deep in 20-acre woodland in Pembrokeshire.
- **10.00** **Greg Davies: Firing Cheeseballs at a Dog** The comedian's debut stand-up show from 2011.
- **11.20** **Taskmaster**
- **12.20** AM **Gogglebox**
- **2.30** **FILM Attack the Block** Sci-fi horror comedy with John Boyega and Jodie Whittaker. (2011, 15, 87min) ★★★★
- **4.05** **to 4.40** AM **Jamie's One-Pan Wonders**

5USA

141/169 129 120/162 21 129 29

- **9.00** AM **Entertainment News**
- **9.10** **Blue Bloods** (S3)
- **1.00** PM **Law & Order: Criminal Intent** (S2)
- **5.00** **Law & Order: Criminal Intent** *Cuba Libre:* 16/23. A man's release from prison coincides with the murder of his wife. **6.00** *Cold Comfort:* 17/23. A senator's daughter is found murdered. (S2)
- **7.05** **NCIS: Origins** *Enter Sandman:* 1/18. Feature-length episode. Young Leroy Jethro Gibbs acquires special agent status. (S1)
- **9.00** **Jesse Stone: Death in Paradise** Crime drama with Tom Selleck. Jesse Stone investigates the murder of a teenager.
- **10.50** **Law & Order: Special Victims Unit** (S23)
- **2.45** AM **Blue Bloods** (S8)
- **3.35** **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

- **8.00** AM **Entertainment News**
- **8.10** **Friends** 15-17/24. (S4)
- **9.35** **The Hotel Inspector**
- **2.30** PM **Shoplifters: Caught Red Handed**
- **4.30** **FILM Shanghai Knights** Action comedy sequel with Jackie Chan. (2003, 12, 109min) ★★★
- **6.50** **FILM Volcano** Disaster movie starring Tommy Lee Jones. (1997, 12, 103min) ★★
- **9.00** **FILM 2012** Epic disaster movie with John Cusack. A struggling writer strives to get his family to safety after he learns of an impending global catastrophe. (2009, 12, 158min) ★★★
- **12.10** AM **Piers Morgan Uncensored**
- **2.00** **Banged Up Abroad**
- **2.50** **Casualty 24/7: Every Second Counts**
- **3.50** **to 4.00** AM **Highway Patrol**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

- **9.00** AM **Entertainment News**
- **9.15** **Police Interceptors**
- **10.15** **MacGyver** (S3)
- **2.50** PM **FILM In Old California** Western with John Wayne. (1942, b/w, PG, 88min) ★★
- **4.40** **FILM The Lawless Breed** Western drama starring Rock Hudson. (1952, PG, 83min) ★★
- **6.25** **FILM North to Alaska** Western adventure starring John Wayne and Stewart Granger. (1960, U, 122min) ★★★
- **9.00** **FILM Brannigan** Crime thriller starring John Wayne and Judy Geeson. (1975, 15, 111min) ★★★
- **11.15** **FILM Seraphim Falls** Western starring Pierce Brosnan and Liam Neeson. (2006, 15, 111min) ★★★★
- **1.30** AM **World's Deadliest Weather: Caught on Camera** Double bill.
- **3.30** **to 4.00** AM **Highway Patrol**

U&W

132/133 131/133 125 25 156 28

- **6.10** AM **The Bill**
- **11.00** **Tipping Point**
- **3.00** PM **Ambulance Australia** Four editions.
- **7.00** **Pete Wicks: For Dogs' Sake** Pete returns to Basildon's Dogs Trust rehoming centre.
- **8.00** **The Supervet** Professor Noel Fitzpatrick treats a Persian cat that has been hit by a car.
- **9.00** **One Born: What Happened Next?** Following Donna and Wayne as they tackle the challenges of bringing up their two little girls. **10.00** Catching up with Judith, who had to cope with an anxiety disorder after going through a tricky birth.
- **11.00** **Bad Girls Behind Bars**
- **1.00** AM **Interior Design Masters with Alan Carr**
- **2.15** **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

- **7.10** AM **Birds of a Feather**
- **9.00** **Pie in the Sky**
- **12.00** NOON **Father Brown**
- **1.00** PM **New Tricks**
- **3.00** **Mrs Sidhu Investigates**
- **5.00** **Whitstable Pearl**
- **7.00** **The Brokenwood Mysteries** *The Dark Angel:* 4/4. A couple stumble upon a body at an abandoned mental health facility. (S5)
- **9.00** **Bergerac** *Different Rules Apply:* 4/6. Chloe finds evidence proving there's some truth in John Blakely's claims. (S1)
- **10.00** **Blackshore** 1/6. Irish mystery thriller about a detective investigating a missing persons case that takes her back to her home town. Stars Lisa Dwan. (S1)
- **11.10** **Rebus** *Mortal Causes.*
- **1.25** AM **Whitstable Pearl**
- **2.20** **to 4.00** AM **The Brokenwood Mysteries**

+1 hr 243 316 60 260

SATURDAY Entertainment

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Devon.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** Triple bill.
1.00 PM **Antiques Road Trip**
6.00 **The Hotel Inspector**
8.00 **Cornwall Air 999** The air ambulance is called to a pedestrian hit by a car.
9.00 **The Repair Shop** The team restore a leather handbag, a wooden windmill toy, and a wartime doll.
10.00 A broken hand mirror and a painting of the River Thames are restored by the experts.
11.00 The team restore a wooden toolbox, a plate camera and a marionette theatre.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
10.00 **Bruce Forsyth's Generation Game**
11.20 **All Star Family Fortunes**
12.00 NOON **Tenable**
2.00 PM **Lily Savage's Blankety Blank**
3.20 **Family Fortunes**
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** Kirsty Gallacher, Charley Boorman, Clive Tyldesley and Rachel Riley compete for charity.
6.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** Four famous faces work as a team to take on one of the ruthless Chasers.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions of the darts-based quiz.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

Great! Action

323 319 426 42 33

9.10 AM **Tombstone Territory**
9.50 **The High Chaparral**
10.50 FILM **The Unforgiven** Western drama. (1960, PG, 125min) ★★★
1.20 PM FILM **Lawman** Western starring Robert Ryan and Burt Lancaster. (1970, 15, 99min) ★
3.30 FILM **Shane** Western with Alan Ladd. (1953, PG, 118min) ★★★★★
6.00 FILM **The Great Escape** Classic adventure with Steve McQueen. (1963, PG, 166min) ★★★★★
9.40 FILM **The War Lover** World War Two drama starring Steve McQueen, Robert Wagner and Shirley Anne Field. (1962, b/w, PG, 105min) ★★★
11.55 **Wanted: Dead or Alive**
12.55 AM **The Persuaders!**
2.55 **Cops Uncut**
3.45 **Wild West Chronicles**
4.55 **to 5.40** AM **Coast Guard Alaska**

+1 hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **Hart to Hart**
8.05 **Diagnosis Murder**
9.05 FILM **Garage Sale Mysteries: Pandora Box Murders** (2018, PG) ★★
11.00 FILM **Lost Letter Mysteries: Lost Without You** (2016) ★★
12.55 PM FILM **Lost Letter Mysteries: Higher Ground** (2017, PG) ★★
2.50 **Ruth Rendell Mysteries**
5.10 FILM **Morning Show Mysteries: Murder Ever After** (2021, PG) ★★
7.05 FILM **Murder, She Baked: A Plum Pudding Mystery** (2015, PG) ★★
9.00 **Hailey Dean Mysteries**
10.55 FILM **The Da Vinci Code** Thriller. (2006, 12) ★★★
2.00 AM FILM **Nelly Knows: A Fatal Engagement** Drama. (2024, PG) ★★
3.40 FILM **Enemy Within** Thriller. (2007, 15) ★★
5.10 **to 5.50** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Christmas

319 317 424 52 47

8.10 AM FILM **Miss Christmas** Drama. (2017, U) ★★
10.05 FILM **Cupid for Christmas** Fantasy. (2021, PG, 85min) ★★
12.00 NOON FILM **It's Beginning to Look a Lot Like Christmas** Comedy. (2019, U, 89min) ★★
1.50 PM FILM **Deck the Heart** (2023, PG) ★★
3.50 FILM **Christmas Comes Home** (2020, PG) ★★
5.40 FILM **Fixing Up Christmas** (2021, PG) ★
7.30 FILM **My Christmas Dream** (2016, PG) ★★
9.20 FILM **Christmas Unwrapped** Drama. (2020, U, 86min) ★★
11.15 FILM **A Candlelit Christmas** Drama. (2022, PG, 90min) ★★
1.00 AM FILM **A Gift for Christmas** (2017, U) ★★
2.35 FILM **Deck the Heart**
4.05 **to 5.00** AM **Click and Collect** Festive drama.

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
8.00 **Bewitched** (S1)
8.30 **Rewind and Remember**
9.00 **A Sharp Intake of...**
10.00 **Please Sir!** (S4)
11.00 **Doctor in the House**
12.00 NOON **The Tony Hancock Show**
12.30 PM **Jokers Wild**
1.00 FILM **On the Beat** (1962, b/w, U) ★★★
3.00 FILM **Heather Ann**
4.00 **Bubblegum & Cheese**
5.00 **Rewind and Remember**
5.30 **A Sharp Intake of Breath** 4&5/6. (S2)
6.30 **Please Sir!** (S4)
7.30 **In Loving Memory** (S4)
9.00 **Doctor in the House**
10.00 FILM **Heather Ann** Drama. (1983, 15) ★★★
11.00 **Stereo Underground**
12.00 M'T **Soap** (S1)
1.00 AM **Jokers Wild**
1.30 **A Day in the Life of Beryl Cook**
2.00 FILM **On the Beat**
4.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Outback Opal Hunters**
1.00 PM **Gem Hunters Down Under** Double bill.
3.00 **Outback Crystal Hunters** Documentary.
4.00 **Aussie Gold Hunters**
7.00 **Hoarding: Buried Alive** A man whose home has been deemed unsafe.
8.00 A woman whose doll collection is a cause for concern.
9.00 **Body Bizarre** The story of a woman born with a condition known as the 'vanishing bone disease'.
10.00 After having her leg amputated, a woman undergoes surgery which will allow her to use her ankle as her knee.
11.00 Two brothers from Peru with stunted growth.
12.00 M'T **Body Bizarre**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Barefoot Contess: Back to Basics**
12.00 NOON **Nigel Slater's Simple Suppers**
1.00 PM **James Martin's Islands to Highlands**
3.00 **Nadiya's Time to Eat**
6.00 **Nadiya's Fast Flavours**
7.00 **Ravneet Gill's Chop House** Aiming to put together the perfect lunch menu, Ravneet bakes Tottenham cake.
7.30 With the restaurant sign up, Mattie cooks his mother's pasta, and Ravneet makes trifle.
8.00 **Adam Richman Eats Football** Adam is on the south coast to watch Brighton & Hove Albion.
8.30 Adam explores the matchday food culture surrounding Liverpool FC.
9.00 PM **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM FILM **Asteroid-a-geddon** Adventure. (2020, PG, 90min) ★★
9.00 **Charlie's Angels** (S2)
2.00 PM FILM **Boot Hill** Comedy Western. (1969, PG, 91min) ★★
3.55 FILM **Blood River** Western adventure. (1991, PG, 88min) ★★
5.45 FILM **September Gun** Western adventure starring Robert Preston. (1983, PG, 120min) ★★
8.00 **The Twilight Zone**
9.00 FILM **The Bank Job** Crime thriller starring Jason Statham. (2008, 15, 107min) ★★★
11.10 FILM **Unlocked** Thriller starring Noomi Rapace. (2017, 15, 98min) ★★★
1.10 AM FILM **Runner Runner** Thriller starring Justin Timberlake. (2013, 15, 91min) ★★★
3.00 **to 4.50** AM FILM **Stagecoach** Western. (2016, 15, 90min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM FILM **The People That Time Forgot** Adventure. (1977, U) ★★
8.00 FILM **Vendetta for the Saint** Crime mystery. (1968, PG, 94min) ★★★
10.00 FILM **Bigfoot** Adventure. (2012, 12, 89min) ★★
12.00 NOON FILM **Angel and the Badman** Western with John Wayne. (1947, b/w, U, 100min) ★★★
2.00 PM FILM **Zodiac: Signs of the Apocalypse** Sci-fi disaster movie. (2014, PG, 120min) ★
4.00 **Andromeda** (S2&3)
9.00 FILM **The Sweeney** Action thriller starring Ray Winstone. (2012, 15, 112min) ★★★
11.10 FILM **Universal Soldier: Regeneration** Action thriller sequel. (2009, 18, 97min) ★★★
1.05 **to 3.00** AM FILM **Executive Command** Thriller. (1997, 15) ★★

+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Storage Wars: Texas**
8.20 **Pawn Stars**
10.10 **River Hunters**
12.05 PM **Book of Secrets with Lance Reddick**
2.05 **Egypt's Unexplained Files** Double bill.
4.05 **Empire Builders**
6.00 **Alien Files Reopened**
7.00 **Ancient Aliens**
8.00 **The Proof Is Out There** An investigation into a remarkable sighting of the skunk ape.
9.00 **The Real Conjuring: Our Story** 1/2. The hauntings suffered by the Perron family in Rhode Island in 1971.
10.00 2/2. Exploring the real-life 18th-century farmhouse of horrors in Harrisville, Rhode Island.
11.00 **Weird or What? with William Shatner**
1.00 AM **The UnXplained with William Shatner**
3.00 **to 6.00** AM **Hardcore Pawn**

5SELECT

153 166 138 46 133 30

9.00 AM **Jeremy Vine: The Week in Review**
10.30 **The Yorkshire Vet**
11.00 **Reuben Owen: Life in the Dales**
12.00 NOON **Murder, She Wrote** Five episodes.
5.00 PM **Great British Ships**
7.00 **World War II in Colour**
9.00 **The Dambusters** 1/3. Dan Snow relives the 1943 bombing raid to destroy German dams.
10.00 2/3. Barnes Wallis's tries to get his bouncing bomb to work.
11.00 3/3. German targets are destroyed – but at a shocking cost.
12.00 M'T **World War II: Secrets from Above**
1.00 AM **Atlantis: Draining the Lost City**
2.00 **Mega Volcano: Drain the Oceans**
3.00 **Egypt's Lost Wonders: Drain the Oceans**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **A Place in the Sun**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Four editions.
7.00 **Escape to the Country** Jules Hudson helps a couple find a north Wales property on a £600,000 budget.
8.00 **Derelict Rescue** Factory worker Rob takes on an enormous one-man mission.
9.00 Chris and his father plan to take on an abandoned Methodist chapel in Yorkshire.
10.00 **Escape to the Country** A retired couple search for a home in Cornwall.
11.00 A Londoner looks for a Shropshire home on a £300,000 budget.
12.00 M'T A couple look for their perfect property in the Peak District.
1.00 **to 4.00** AM **Home Town**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Curvy Brides Boutique** Reality series.
8.00 **Say Yes to the Dress: UK** Four editions.
10.00 **Outdaughtered: Busby Quints** Double bill.
12.00 NOON **Extreme Cheapskates**
1.00 PM **My 600lb Life**
5.00 **The Family Chantel**
6.00 **Say Yes to the Dress: Atlanta** Four editions of the series, including at:
7.00 Featuring a bride that has not seen her fiancé for 12 years.
7.30 Two friends both want the same dress.
8.00 **Dr Pimple Popper** Four editions of the series.
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Cheapskates**
2.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Say Yes: Wedding SOS**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Show** As 8.00pm.
9.00 **Friends** 1-16/24. (S2)
4.55 PM FILM **St Trinian's 2: The Legend of Fritton's Gold** Comedy sequel. (2009, PG, 106min) ★★
7.00 **Bradley & Barney Walsh: Breaking Dad**
8.00 **Michael McIntyre's Big Show** With Kerry Godliman and Alan Carr.
9.00 FILM **Big Daddy** Comedy starring Adam Sandler. (1999, 12, 95min) ★★★
10.45 **South Park** (S28)
11.15 FILM **As Good As It Gets** Comedy. (1997, 15, 138min) ★★★★
1.55 AM **Iain Stirling's Roast the Internet**
2.55 **Whose Line Is It Anyway? USA**
3.45 **Beavis and Butt-Head**
3.55 **Mike Judge's Beavis and Butt-Head** (S3)
4.15 **to 5.00** AM **Most Ridiculous**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Everybody Loves Raymond** 3&5/24. (S4)
7.00 **Teleshopping**
9.00 **Everybody Loves Raymond** (S4)
1.00 PM **Everybody Loves Raymond** (S4)
7.00 **Friends** 15/24. Monica falls for an old friend.
7.30 16/24. Joey decides to move out.
8.00 17/24. Rachel feels smothered by Ross.
8.30 18/24. Eddie becomes annoying.
9.00 19/24. Joey starts house-hunting.
9.30 20/24. Ross plans his future with Rachel.
10.00 21/24. Chandler and Ross face two bullies.
10.30 22/24. The pals plan a surprise birthday party for Rachel. (S2)
11.00 **Friends** (S2&3)
2.00 AM **Impractical Jokers**
3.00 **South Park** (S21)
5.15 **to 6.00** AM **Everybody Loves Raymond**

Sky Replay

152 160 156

7.00 AM **Bondi Rescue**
12.00 NOON **911 Crisis Centre**
4.00 PM **Air Ambulance ER**
7.00 **SEAL Team** *All In:* 7/16. The members of Bravo grapple with major changes whilst also facing a mission in Ecuador.
8.00 *Cover for Action:* 8/16. Tensions rise when Ray outranks Jason on a mission in Syria.
9.00 *Reckoning:* 9/16. The soldiers learn the truth about their target.
10.00 *A Question of Honour:* 10/16. Jason's career and freedom hang in the balance.
11.00 *Limits of Loyalty:* 11/16. Jason is put on trial with a potential career-ending outcome. Meanwhile, Stella moves in with Clay. (S4)
12.00 M'T **The Force: North East** Five editions.
5.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **Teen Mom Australia**
6.25 **Teen Mom UK**
7.15 **Teen Mom OG Uncut**
8.00 **Teen Mom OG**
10.00 **Geordie OGs**
12.00 NOON **Catfish: The TV Show** Eight editions of the series, including at:
6.00 PM Kash needs help finding out the truth about Kenya.
7.00 Helping Jeanette find her catfish takes an unexpected turn.
8.30 **Disaster Date** Laurence dates a make-up artist who is obsessed with looking good.
9.00 **Dallas Cowboys Cheerleaders** Hundreds of hopefuls arrive for the preliminary auditions.
10.00 FILM **Bring It On: All or Nothing** Teen comedy with Hayden Panettiere. (2006, 12, 99min) ★★★
12.00 M'T **The Challenge**
1.30 **to 4.00** AM **Catfish: The TV Show**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Expedition X**
12.00 NOON **Gold Rush: White Water** Five editions of the documentary, including at: **2.00** PM Dustin risks losing his claims as he battles against equipment failure. **3.00** After an airboat disaster, Dustin's crew fight dwindling supplies and harsh conditions. **4.00** Low on fuel, Dustin's crew race winter to reach the bottom of Nugget Creek.
6.00 **Deadliest Catch** After a two-year closure, the Opilio Crab winter fishery reopens.

12.00 Gold Rush: White Water

7.00 **Gold Divers** Part one of two. The fleet risk their operations for one last big payday as Nome Harbor freezes over.
8.00 **Gold Divers** Part two of two. In an epic series finale, the fleet risk their operations for one last big payday.
9.00 **Naked and Afraid Apocalypse** Wes scavenges materials to take on his croc nemesis, a survivalist scores the challenge's first big kill, and the wasteland forces two more to bow out.
11.00 **Expedition Unknown** Josh braves South Carolina's swamps to find the lost treasure of Anne Bonny.
12.00 M'T **Deadliest Catch** Johnathan trusts his instincts more than his partners.
1.00 AM **Deadliest Catch**
4.00 **to 5.00** AM **Buying Alaska**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Flying Wild Alaska**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **Flying Wild Alaska**
4.00 **Insane Pools: Off the Deep End** Lucas Congdon revisits five of his favourite builds.
5.00 **Treehouse Masters** Pete and the crew build a treehouse for a group of young carpenters.
6.00 **Saved by the Barn** A charity help to find homes for four neglected calves.

10.00 Tanked

7.00 **How Do Animals Do That?** How hamsters stuff so much in their cheeks. **7.30** How your dog knows when you're sick.
8.00 **Extinct or Alive** Forrest Galante searches the Sierras for the Southern Rocky mountain wolf.
9.00 **The Zoo** The bird department anxiously await the gender reveal of two new adjutant stork chicks.
10.00 **Tanked** Wayde King and Brett Raymer visit New Jersey to assist music producer Wyclef Jean with a tank emergency.
11.00 **Alaska: The Last Frontier** The Kilchers work together to recover a stranded tractor, and Otto puts his safety on the line to get the vehicle started.
12.00 M'T **Louisiana Law**
2.00 AM **Alaskan Bush People**
3.00 **Extinct or Alive**
4.00 **to 5.00** AM **The Zoo**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Border Protection Spain**
9.00 **Construction Fails**
11.00 **Air Crash Investigation**
1.00 PM **Top Guns: The Next Generation** Documentary.
2.00 **Hitler's Secret Attack on America** Operation Drumbeat.
3.00 **WW2's Biggest Wrecks: Drain the Oceans**
4.00 **World War II: The Apocalypse** Double bill.
6.00 **Churchill's German Army** Documentary examining the Germans who fought for the Allies during World War Two.

8.00 Car S.O.S

7.00 **Seconds from Disaster** An investigation into the 1999 Paddington train crash in which 31 people lost their lives.
8.00 **Car S.O.S** Tim Shaw and Fuzz Townshend head to Bournemouth to meet the Hutchings-Clarke family, who all drive Ford Anglias.
9.00 **Car S.O.S** Tim and Fuzz secretly restore a Citroën SM after it suffered catastrophic engine failure on its first outing.
10.00 **Car S.O.S** Tim and Fuzz help a former builder who has been working on restoring a rare 1967 Lancia Flavia Coupe.
11.00 **Car S.O.S** Tim and Fuzz help Kim, a dyed-in-the-wool petrolhead, who faced issues while restoring her dream car – a 1995 Nissan Skyline GTR.
12.00 M'T **Airport Security: Rome**
2.55 AM **Food Factory USA**
3.45 **Lords of War** Double bill.
4.35 **to 5.00** AM **Made in a Day**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Full Custom Garage**
7.00 **Storage Wars** Four editions.
9.00 **Curse of Skinwalker Ranch**
10.00 **Beyond Skinwalker Ranch**
11.00 **Pawn Stars** Double bill.
1.00 PM **WWII Battles in Colour** Four editions, including at: **3.00** The Battle of Kursk. **4.00** The Battle of the Bulge.
5.00 **Iconic Combat Machines** A look at the Phantom Cobra.
6.00 **Bone Detectives: Britain's Buried Secrets** The remains of a young woman are found during routine roadworks.

5.00 Iconic Combat Machines

7.00 **Secrets in the Ice** In New Zealand, climbers make a shocking discovery when they find the remains of two human bodies.
8.00 **Secrets in the Ice** Exploring Yttygran Island, where whale bones and skulls dot the landscape like ancient stones.
9.00 **Digging for Britain** Alice examines a gatehouse riddled with Civil War bullets and an Iron Age shield made from bark.
10.00 **Digging for Britain** Alice examines a Dutch ship sunk by the English, a Cornish Roman fort and a Neolithic monument.
11.00 **Secrets in the Dark**
12.00 M'T **Secrets Declassified with David Duchovny** The actor investigates evidence from newly declassified files.
1.00 AM Government facilities and their secret operations.
2.00 Daring operations.
3.00 Investigating bizarre military weapons policies.
4.00 **to 6.00** AM **Secrets in the Ice**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys** Double bill.
8.00 **American Pickers**
10.00 **Bangers & Cash: Restoring Classics** A Paul Smith Mini.
11.00 **One Foot in the Grave**
3.00 PM **Fred Dibnah's Building of Britain** Double bill.
4.00 **Fred Dibnah's World of Steam, Steel and Stone**
5.00 **Fred Dibnah's Made in Britain** Double bill of editions.
6.00 **Bangers & Cash** Derek and Paul head to Leeds on a rare father-and-son road trip.

11.00 One Foot in the Grave

7.00 **Bangers & Cash** A beautiful looking Challenger E-Type has been fooling the punters and intriguing Derek.
8.00 **Bangers & Cash: Restoring Classics** The team send their Paul Smith Mini in for some designer tailoring.
9.00 **Bangers & Cash** Paul and Jack pick up five vehicles from collector Rob's colossal barn, including a Mini and a Morris Minor.
10.00 **Bangers & Cash** There's an unlikely arrival at the North Yorkshire car auction – an Argentinian Army Mercedes G wagon.
11.00 **Bangers & Cash** Derek has three scooters to collect, while also finding room for a Daimler and a teardrop caravan. **12.00** M'T Derek is on his way to Blackpool to pick up what will be the highest priced item at the next auction.
1.00 **to 3.00** AM **Bangers & Cash**

+1hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **MotoGP**
7.00 **Supertruckers**
8.00 **Wheeler Dealers**
3.00 PM **Shed and Buried**
6.00 **Salvage Hunters: Classic Cars** Triple bill of editions, including at: **8.00** Henry and Fuzz head to West Sussex, where Terry's classic Humber Hawk awaits.
9.00 **Ant Anstead: Born Mechanic** Ant finds a rare 1978 TVR Taimar in an Oxfordshire garden.
10.00 **Massive Engineering Mistakes** The effects of engineering disasters.
11.00 **Gem Hunters Down Under** Nigel and Rosa go in search of gems. **12.00** M'T Michael and Cherie head out to their surface claim.
1.00 AM **Mysteries of the Deep** Double bill.
3.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Lancashire**
8.00 **Say Yes to the Dress**
10.00 **Say Yes... Atlanta**
11.00 **Curvy Brides Boutique**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **Crime Scene Confidential**
9.00 **Murder on CCTV** New edition Andy McGuffee is found dead in his burnt-out home.
10.00 **A Body in the Basement** New edition A routine traffic stop leads to a deadly discovery in a suburban home in Massachusetts.
11.00 **Murder on CCTV**
12.00 M'T **The Murder of Grace Millane: A Faking It Special**
1.00 AM **Ted Bundy: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Storm of Suspicion** A mother and daughter are brutally murdered in their Palm Beach home.
7.00 **New Scotland Yard Files** Detectives search for connections between the death of a father and son. **8.00** A string of elderly people are found dead in their beds across south London.
9.00 **Donal MacIntyre's Killer Evidence** A man who killed his parents is caught by new forensic technology. **10.00** Police investigate the disappearance of a father-of-six.
11.00 **See No Evil**
12.00 M'T **Cold Justice**
2.00 AM **New Scotland Yard Files** Double bill.
4.00 **to 5.45** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Storm of Suspicion**
2.00 PM **Forensic Factor**
4.00 **Written in Blood**
6.00 **Judge Judy** Alleged drunk driving and a puppy custody battle. **6.25** A woman sues a man for vet bills after her dog was allegedly attacked by his dog. **6.50** A young man claims his ex-girlfriend was cheating on him. **7.15** A woman claims she paid thousands for trainers that didn't arrive and demands a refund. **7.40** A young man has an unusual defence for allegedly damaging a teenager's phone. **8.05** A teacher claims she was assaulted by her ex-boyfriend.
8.30 **Judge Judy** Further back-to-back cases.
2.00 AM **Forensic Factor**
4.00 **Storm of Suspicion**
4.45 **to 6.00** AM **Facing Evil**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Stop, Search, Seize**
7.00 **Brit Cops: Rapid Response** Double bill.
9.00 **The Real Manhunter**
10.00 **Killer in My Village**
11.00 **World's Most Evil Killers**
12.00 NOON **The Murderer & Me** Peter Tobin.
1.25 PM **Murder Uncut**
2.20 **Forensics: Catching the Killer** True-crime.
3.15 **Killer in My Village**
4.10 **Killing Mum and Dad**
5.05 **Britain's Most Evil Killers**
6.00 **How I Caught the Killer**
7.00 **World's Most Evil Killers**
8.00 **Murder Next Door**
9.00 **Method of a Serial Killer** Israel Keyes.
10.40 **Killer in My Village**
11.40 **World's Most Evil Killers**
12.40 AM **The Killer Within**
1.40 **Britain's Most Evil Killers**
2.35 **Murdered at First Sight**
3.30 **Road Wars** Double bill.
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **WWII: Operation Barbarossa** 1&2/2.
10.25 **Battle on the Frontline: Maginot vs Siegfried**
11.40 **Village of Death: Oradour-sur-Glane 1944**
1.00 PM **Conquistadors: The Rise and Fall** Six editions, including at: **6.05** How European rulers propagated an anti-Spanish narrative.
7.10 **WWII: Operation Barbarossa** 1&2/2. Nazi Germany's invasion of the Soviet Union.
9.35 **Battle on the Frontline: Maginot vs Siegfried** How the Siegfried Line and the Maginot Line protected their countries during World War Two.
10.45 **Village of Death: Oradour-sur-Glane 1944**
12.00 M'T **Battle on the Frontline: Maginot vs Siegfried** As 9.35pm.
1.15 **to 2.00** AM **America the Bountiful**

SATURDAY

Saturday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Leonardo DiCaprio** A profile of the actor.
7.00 **Discovering: Kate Winslet**
8.00 **The Directors**
9.00 **Mama's Boy: A Story from Our Americas** Documentary.
11.00 **The Apollo** Documentary
1.00 PM **Yacht Rock: A Dockumentary**
3.00 **Be Water** Documentary
5.00 FILM **Going Clear: Scientology and the Prison of Belief** Documentary looking at the history of the Church of Scientology's leaders. (2015, 15, 120min) ★★★★
7.15 **I Am Johnny Cash** The life of the country singer-songwriter.
9.00 **The Essex Murders: Who Killed Goldfinger?** Series finale 3/3. A hitman is suspected in John Palmer's murder.
10.00 **God Bless Ozzy Osbourne** The life and career of the Black Sabbath frontman.
12.00 M'T **I Am Heath Ledger**
1.50 AM **Dave Not Coming Back**
3.50 **Good Job: Stories of the FDNY**
5.00 **to 6.00** AM **The Directors**

Sky Nature

145 113/114 189 354 369

6.00 AM **Wild Dogs: Pack vs Pride**
9.00 **Wildlife Icons**
10.00 **Coral City** Double bill.
12.00 NOON **Pride Rules**
1.00 PM **Wild Battlegrounds**
3.00 **Shark with Steve Backshall**
5.00 **Micro Monsters with David Attenborough** Rivalries within the world of bugs.
5.30 **David Attenborough's First Life** 1 &2/2. David explores the origins of life on Earth.
8.00 **Battle of the Alphas** A look into how certain alphas use teamwork to their advantage. **8.30** The weapons used by small alphas to stay on top.
9.00 **Surviving the Amazon** Investigating the illegal trafficking of monkeys in Peru.
10.00 **America's Wild Seasons** Spring brings warmth and renewal. **11.00** A look at the summer months, which give animals the chance to reap nature's rewards.
12.00 M'T **Battle of the Alphas**
1.00 AM **Surviving the Amazon**
2.00 **A Bee's Diary** Documentary.
3.00 **to 6.00** AM **Wild Latin America**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens: Origins**
8.00 **World War Weird**
11.00 **Walking Through History**
12.00 NOON **Digging for Britain**
2.00 PM **Alien Files: Unsealed**
4.00 **World War Weird**
6.00 **Walking Through History** Tony Robinson walks along the Leeds and Liverpool Canal. **7.00** Tony walks to Holy Island, off the Northumberland coast.
8.00 **The Nostradamus Effect** An attempt to discover hidden meanings behind Leonardo da Vinci's paintings. **9.00** The Egyptian prophecy of a comet hitting Earth in 2012.
10.00 **Royal Murder Mysteries** A look at the fate of Josslyn Hay, the 22nd Earl of Erroll.
11.00 **Ancient Aliens: Origins** Exploring how the discovery of ancient structures hints at the existence of former civilizations.
1.00 AM **Secrets Declassified with David Duchovny** Double bill.
3.00 **WWII's Most Daring Raids**
4.00 **WWII Battles in Colour**
5.00 **to 6.00** AM **WWII Lost Films**

Crime+Investigation

156 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam** Six editions.
11.45 **Fugitives Caught on Tape**
1.05 PM **Witness to Murder: Digital Evidence** Double bill.
3.00 **Very Scary People**
5.00 **Accident, Suicide or Murder?** Triple bill, including at: **7.00** A man discovers his wife face down in the bathtub.
8.00 **Witness to Murder: Digital Evidence** A woman found dead in her bath in South Carolina.
9.00 **Look What You Made Me Do** Detectives investigate when a mother-of-three vanishes.
10.00 **Fatal Family Feuds**
11.00 **Sleeping with Death**
12.00 M'T **Murdered by Morning**
1.00 AM **Mastermind of Murder**
2.00 **Cold Case UK** New edition How DNA and forensic science exposed a serial offender.
3.00 **Accident, Suicide or Murder?**
4.00 **to 6.00** AM **Meet, Marry, Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Bizarre Animal Friends**
9.00 **Critter Fixers: Country Vets**
10.00 **Secrets of the Zoo**
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **Death at the River**
3.00 **Ice Road Rescue: Highway Havoc** Double bill of editions.
5.00 **Snakes in the City**
7.00 **Critter Fixers: Country Vets** The vets bet the farm on some risky bids at a local cow auction.
8.00 **Secrets of the Zoo: Tampa** A rescued Florida panther demands attention, while a zebra has a hoof trim. **9.00** Strawberries prove a useful tool in training an orangutan, and five juvenile indigo snakes are ready to make their voyage into the wild.
10.00 **Hyena Queen** Kim Wolhuter spends time with a hyena pack.
11.00 **Snakes in the City**
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo: Tampa**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Combat Dealers** Triple bill.
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill of editions.
6.00 **How the Universe Works** Exploring the variety of planets that make up the universe, from giant burning gas spheres to icy orphaned worlds. **7.00** Exploring the 300 moons within the solar system. **8.00** A look into the mysterious 'ninth' planet reported to exist on the very edge of the Solar System.
9.00 **Nostradamus – The Truth** The accuracy of Nostradamus' predictions and a fresh approach to our view of him and the people he has inspired.
10.00 **Blowing Up History** Experts gain access to investigate lost tombs and forgotten rituals.
11.00 **Expedition Unknown**
12.00 M'T **Blowing Up History: Seven Wonders**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **David Attenborough's Natural Curiosities**
1.00 PM **David Attenborough's Natural Curiosities** Eight further editions, including at: **4.30** The presenter examines creatures that spin and weave.
5.00 **The Two Ronnies** Featuring the classic serial *Death Can Be Fatal*, with Mr Corbett as Charlie Farley and Mr Barker as Piggy Malone. **5.50** The rhyming policeman sketch and a medical monologue from Mr Barker are the highlights in this edition of the vintage comedy. **6.40** Spoonerisms galore with Barker and Corbett, and another instalment of the gripping *Death Can Be Fatal*, with a musical finale to finish. **7.20** Continuing the saga of *Death Can Be Fatal*, as well as an appearance from the Aldershot Brass Ensemble.
8.10 **The Two Ronnies**
4.55 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Married to Evil**
10.00 **The Killer in My Family**
12.00 NOON **Murder Comes to Town**
2.00 PM **Valley of the Damned**
3.00 **The Perfect Murder**
4.00 **American Monster**
5.00 **Evil Lives Here**
6.00 **Faking It: Tears of a Crime** The murder of 16-year-old Bristol student Becky Watts. **7.00** The murder of April Barber at a remote Florida beauty spot in August 2002.
8.00 **Calls from the Inside** The truth about a 10-year-old murder case stuns investigators.
9.00 **American Detective with Lt Joe Kenda** Two bar employees are murdered with a hammer.
10.00 **Mean Girl Murders** A high-school track star destined for Olympic glory disappears.
11.00 **Crime Scene Confidential**
12.00 M'T **Kiss of Death** Double bill.
2.00 AM **Deadly Secrets**
4.00 **to 6.00** AM **True Crime with Aphrodite Jones**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Swamp Loggers**
10.00 **How It's Made: Dream Cars**
11.00 **Bad Chad Customs**
12.00 NOON **Kindig Customs**
6.00 PM **Kindig Customs** Dave and Kevin make their return to the SEMA show after a year away. **7.00** A Beatles fanatic challenges Dave to paint a modern Rolls-Royce.
8.00 **Incredible Engineering Blunders: Fixed** Looking at the science behind a skyscraper melting a car. **9.00** Justin goes inside an offshore wind turbine. **10.00** Justin investigates gigantic potholes in Louisiana.
11.00 **Auto Trader** Transforming a rusting BMW 5 Series. **11.30** A Fiat Punto loses its boy-racer accessories. **12.00** M'T Edd China works on a vintage Wolseley. **12.30** AM Mike Brewer meets Formula One mechanic Andy Edwards.
1.00 **to 5.00** AM **Swamp Loggers**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.25 AM **The Cinema List: Bold, Black & British**
6.45 AM PREMIERE **Lake George**
8.40 **Black Bag** As 8.00pm.
10.20 **Grow** As shown at 4.05pm.
12.10 PM **Bridget Jones: Mad About the Boy** As 5.55pm.
2.25 **Black Bag** As 8.00pm.
4.05 **Grow** Family comedy. (2025, PG, 107min) ★★★★
5.55 **Bridget Jones: Mad About the Boy** Romantic comedy. (2024, 15, 125min) ★★★★

9.40 Lake George

8.00 Black Bag Espionage thriller starring Michael Fassbender and Cate Blanchett. When a spy is suspected of treason, her husband faces the ultimate test. With Tom Burke. (2024, 15, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 PREMIERE Lake George Crime thriller starring Carrie Coon and Shea Wingham. Two misfits embark on a road trip, take a dubious deal and find redemption amid shady circumstances. (2024, 15, 118min) ★★★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Stranger in My Home** Thriller. (2025, 15, 91min) ★★
1.25 AM **Wish You Were Here** Drama with Isabelle Fuhrman. (2025, 12, 99min) ★★★
3.15 **It Feeds** Horror thriller. (2025, 15, 102min) ★★★
5.05 **to 6.45** AM **The Stranger in My Home** As 11.45pm.

Sky Cinema Hits

303 303 403 503 517

6.40 AM **Baby Driver** Action thriller. (2017, 15, 113min) ★★★★
8.45 **King Kong** Monster movie. (2005, 12, 187min) ★★★★
11.55 **Jack Reacher** Action thriller. (2012, 15, 130min) ★★★
2.10 PM **Jack Reacher: Never Go Back** Thriller. (2016, 12) ★★★
4.10 **Ghost Rider** Adventure. (2006, 12, 106min) ★★★
6.10 **Ghost Rider: Spirit of Vengeance** Fantasy adventure sequel. (2012, 12, 91min) ★★

8.00 Zombieland

8.00 Zombieland Horror comedy starring Woody Harrelson. In a US overrun with flesh-eating zombies, a timid survivor joins forces with a tough zombie-killer and a pair of feisty sisters. (2009, 15, 84min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Zombieland: Double Tap Horror comedy sequel starring Woody Harrelson. A decade after they joined forces, a group of friends clash with super zombies. (2019, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Scott Pilgrim vs. the World** Quirky comic-book comedy. (2010, 12, 112min) ★★★★
1.30 AM **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★
3.20 **Nacho Libre** Action comedy. (2006, 12, 92min) ★★★★
4.55 **Sky Cinema Preview**
5.50 **to 7.35** AM **David Brent: Life on the Road** Mockumentary. (2016, 15, 96min) ★★

Sky Cinema Drama

310 310 410 510 524

7.45 AM **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★
9.50 **The Color Purple** Musical drama. (2023, 12, 141min) ★★★
12.15 PM **Charming the Hearts of Men** Drama. (2021, 12) ★★★
2.15 **Lost in Translation** Bittersweet romantic comedy drama. (2003, 15, 102min) ★★★★★
4.10 **Sleepless in Seattle** Comedy. (1993, PG, 105min) ★★★★★

6.10 **Aisha** Drama starring Letitia Wright and Josh O'Connor. (2022, 12, 94min) ★★★★
8.00 **Dunkirk** Christopher Nolan's wartime drama starring Kenneth Branagh and Tom Hardy. (2017, 12, 106min) ★★★★★
10.00 **Oslo** Drama based on the true story of a group of Israelis, Palestinians and one Norwegian couple who helped to bring about the 1993 Oslo Peace Accords. Stars Ruth Wilson. (2021, 15, 118min) ★★★

12.00 M'T **The Holiday** Romantic comedy starring Cameron Diaz. (2006, 12, 135min) ★★★
2.30 AM **There Will Be Blood** Epic drama with Daniel Day-Lewis. (2007, 15, 158min) ★★★★★
5.20 **to 7.45** AM **Dreamgirls** Musical. (2006, 12, 130min) ★★★★

Sky Cinema Science Fiction

311 311 411 511 525

7.20 AM **Omni Loop** Sci-fi drama. (2024, 12, 112min) ★★★★
9.15 **R.I.P.D** As shown at 1.15am.
11.00 **Voyagers** Sci-fi action thriller. (2020, 15, 108min) ★★★
1.05 PM **Chappie** Sci-fi thriller. (2015, 15, 120min) ★★
3.15 **2012** Epic disaster movie. (2009, 12, 158min) ★★★
6.05 **I Am Legend** Sci-fi horror. (2007, 15, 101min) ★★★★

8.00 **The Crazies** Horror remake with Timothy Olyphant, Radha Mitchell and Joe Anderson. (2010, 15, 101min) ★★★★
9.50 **Resident Evil** Sci-fi horror thriller starring Milla Jovovich. A commando team battle a deadly supercomputer and an army of undead zombies when they try to stop a viral outbreak. (2002, 15, 100min) ★★★
11.35 **Resident Evil: Apocalypse** Sci-fi horror thriller sequel. (2004, 15, 94min) ★★★

1.15 AM **R.I.P.D** Action comedy fantasy. (2013, 12, 96min) ★★★
2.55 **Repo Man** Cult sci-fi thriller. (1984, 18, 92min) ★★★★
4.35 **Sky Cinema Preview**
5.35 **to 7.25** AM **Escape from the 21st Century** Chinese fantasy. Subtitled. (2024, 15) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Harry Potter

306 306 406 506 519

7.55 AM **Fantastic Beasts: Crimes of Grindelwald** (2018) ★★★★
10.15 **Fantastic Beasts: Secrets of Dumbledore** (2022, 12) ★★★
12.40 PM **Harry Potter and the Philosopher's Stone** Fantasy. (2001, PG, 152min) ★★★★
3.15 **Harry Potter and the Chamber of Secrets** Fantasy. (2002, PG, 161 min) ★★★★
6.00 **Harry Potter and the Prisoner of Azkaban** Fantasy. (2004, PG, 142min) ★★★★★

12.40 ...the Philosopher's Stone

8.25 **Harry Potter and the Goblet of Fire** Fantasy adventure starring Daniel Radcliffe, Rupert Grint, Emma Watson. Harry Potter faces new trials in his fourth year at Hogwarts, including the dangers of competing in a magical contest and the torment of asking a girl out on a date. With Robbie Coltrane, Ralph Fiennes, Michael Gambon and Brendan Gleeson. (2005, 12, 157min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Harry Potter and the Order of the Phoenix** Fantasy adventure with Daniel Radcliffe. (2007, 12, 132min) ★★★★
1.25 AM **Harry Potter and the Half-Blood Prince** Fantasy adventure with Daniel Radcliffe. (2009, 12, 153min) ★★★★★
4.05 **to 6.40** AM **Harry Potter and the Deathly Hallows: Part I** Fantasy adventure starring Daniel Radcliffe. (2010, 12, 146min) ★★★★

Sky Cinema Action

307 307 407 507 521

6.30 AM **The Patriot** Epic drama. (2000, 15, 167min) ★★★
9.25 **Pompeii** As 12.00m't.
11.25 **Hounds of War** Action thriller. (2024, 15, 95min) ★★★
1.15 PM **The Green Hornet** Fantasy action comedy. (2011, 12, 118min) ★★★
3.25 **Godzilla** Thriller remake. (2014, 12, 118min) ★★★
5.35 **Wonder Woman** Fantasy adventure starring Gal Gadot. (2017, 12, 121 min) ★★★★

10.10 Snakes on a Plane

8.00 **Justice League** Adventure starring Ben Affleck, Gal Gadot and Henry Cavill. Bruce Wayne enlists the help of Wonder Woman, Aquaman, Cyborg and The Flash in the fight against a supervillain. (2017, 12, 120min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Snakes on a Plane** Action thriller starring Samuel L Jackson as an FBI agent who finds himself trapped on a plane full of snakes. (2006, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Pompeii** Disaster movie. (2014, 12, 104min) ★★
1.50 AM **Ghost Rider: Spirit of Vengeance** Fantasy adventure sequel. (2012, 12, 91 min) ★★
3.40 **Crank** Action thriller. (2006, 18, 88min) ★★★★
5.15 **to 7.25** AM **Total Recall** Sci-fi thriller remake starring Colin Farrell. (2012, 12, 113min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.00 AM **Pixels** (2015, 12) ★★
8.50 **13 Going on 30** Comedy. (2004, 12, 98min) ★★★
10.30 **The Holdovers** Comedy drama. (2023, 15, 133min) ★★★★★
12.45 PM **Alfie** Comedy drama. (1966, 15, 114min) ★★★★
2.40 **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
4.25 **50 First Dates** Comedy. (2004, 12, 99min) ★★★
6.10 **Ted** Offbeat buddy comedy. (2012, 15, 106min) ★★★★

9.50 The Men Who Stare at...

8.00 **The Other Guys** Farcical crime comedy starring Will Ferrell and Mark Wahlberg. A pair of desk-bound New York cops finally see action after they uncover a financial conspiracy. (2010, 12, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **The Men Who Stare at Goats** Offbeat comedy starring George Clooney. A reporter gets caught up in a bizarre escapade after he meets a man who claims to have been a warrior for the US army. (2009, 15, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Twins** Action comedy. (1988, PG, 107min) ★★★
1.15 AM **The Longest Yard** Comedy. (2005, 12, 113min) ★★
3.10 **Nutty Professor II: The Klumps** Comedy sequel. (2000, 12, 105min) ★★★
5.00 **to 7.05** AM **Baywatch** Action comedy. (2017, 15, 121 min) ★★

Sky Cinema Thriller

309 309 409 509 523

6.05 AM **Mob Cops** Crime drama. (2024, 15, 87min) ★
7.40 **Angels & Demons** Mystery. (2009, 12, 138min) ★★
10.00 **Psycho** Horror chiller remake. (1998, 15, 100min) ★
11.50 **Black Bag** As 10.10pm.
1.35 PM **Juror #2** Legal thriller. (2024, 12, 113min) ★★★★
3.35 **The Accountant** Thriller. (2016, 15, 123min) ★★★
5.45 **Jack Reacher** Action thriller. (2012, 15, 130min) ★★★

5.45 Jack Reacher

8.00 **Jack Reacher: Never Go Back** Action thriller sequel starring Tom Cruise and Cobie Smulders. The vigilante tries to save an army major who has been framed for murder by a sinister conspiracy. (2016, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Black Bag** Espionage thriller starring Michael Fassbender and Cate Blanchett. When a spy is suspected of treason, her husband faces the ultimate test. With Tom Burke and Marisa Abela. (2024, 15, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **The Punisher** Thriller starring Tom Jane and John Travolta. (2004, 18, 123min) ★★★
2.10 AM **Lawless** Prohibition-era crime drama starring Shia LaBeouf and Tom Hardy. (2012, 18, 111 min) ★★★★
4.20 **to 6.30** AM **Juror #2** (2024)

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Jingle All the Way** Action comedy. (1996, PG) ★★★
12.50 PM **The Borrowers** Adventure. (1997, U, 86min) ★★★★
2.35 **Babe: Pig in the City** Comedy drama sequel. (1998, U, 96min) ★★★★
4.25 **A Beautiful Day in the Neighborhood** Drama. (2019, PG, 109min) ★★★★
6.35 **Bumblebee** Fantasy prequel. (2018, PG, 114min) ★★★★

11.05 Bone Tomahawk

Bumblebee (film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **The Great Wall** Fantasy adventure starring Matt Damon. A mercenary is pulled into a battle between Chinese warriors and giant, lizard-like monsters. With Willem Dafoe and Tian Jing. (2016, 12, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.05 **Bone Tomahawk** Western horror starring Kurt Russell and Patrick Wilson. An elderly sheriff and his posse set out to rescue townsfolk abducted by cannibalistic cave-dwellers. (2015, 18, 132min) ★★★★
1.45 **to 3.30** AM **In Fear** Horror starring Iain De Caestecker, Alice Englert and Allen Leech. (2013, 15, 81 min) ★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Halloween

302 302 402 502 516

6.10 AM **Us** Thriller. (2019, 15) ★★★★
8.15 **Wolf Man** As shown at 4.20am.
10.00 **A Quiet Place** Horror with Emily Blunt. (2018, 15, 90min) ★★★★
11.35 **A Quiet Place: Day One** Horror prequel starring Lupita Nyong'o. (2024, 15, 100min) ★★★★
1.30 PM **Ma** Horror starring Octavia Spencer. (2019, 15, 99min) ★★★
3.15 **It** Horror with Bill Skarsgård. (2017, 15, 135min) ★★★★

5.35 **Gothika** Horror starring Halle Berry. (2003, 15, 98min) ★★★
7.15 **The Nun** Horror starring Taissa Farmiga and Demián Bichir. (2018, 15, 96min) ★★★
9.00 **Annabelle** Horror spin-off with Annabelle Wallis and Ward Horton. A couple are attacked by members of a satanic cult. (2014, 15, 97min) ★★
10.40 **Annabelle: Creation** Horror starring Anthony LaPaglia, Lula Wilson and Miranda Otto. (2017, 15, 109min) ★★★

12.35 AM **Halloween** Horror starring Jamie Lee Curtis and Judy Greer. (2018, 18, 106min) ★★★★
2.25 **Hollow Man** Thriller starring Elisabeth Shue and Kevin Bacon. (2000, 18, 113min) ★★★
4.20 **to 6.05** AM **Wolf Man** Horror. (2024, 15, 103min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.55 AM **Parenthood** Comedy. (1989, 15, 124min) ★★★★
9.05 **Superman** Sci-fi adventure. (1978, PG, 143min) ★★★★
11.30 **Superman II** Fantasy sequel. (1980, PG, 127min) ★★★
1.40 PM **Superman III** Fantasy sequel wih Christopher Reeve. (1983, PG, 123min) ★★★
3.50 **Twister** Disaster movie. (1996, PG, 114min) ★★★

5.50 **Jaws** Steven Spielberg's thriller starring Roy Scheider. (1975, 12, 125min) ★★★★★
8.00 **Jaws 2** Adventure thriller sequel starring Roy Scheider. (1978, PG, 115min) ★★★
10.00 **Jaws 3** Adventure thriller sequel starring Dennis Quaid and Bess Armstrong. A terrifying great white shark makes its way to a marine theme park. (1983, 12, 99min) ★★
11.45 **Event Horizon** Sci-fi horror thriller. (1997, 18, 96min) ★★★

1.25 AM **Friday the 13th Part II** Horror sequel starring Amy Steel. (1981, 18, 87min) ★★
3.05 **Friday the 13th Part III** Horror sequel. (1982, 18, 95min) ★
4.50 **to 7.20** AM **The Lawnmower Man** Thriller with Pierce Brosnan. (1992, 15, 105min) ★★★

Sky Cinema Animation

305 305 412 500 514

7.20 AM **Hotel Transylvania 2** (2015)
8.55 **Hotel Transylvania 3: Summer Vacation** As shown at 6.55pm.
10.35 **Hotel Transylvania** As 8.35pm.
12.15 PM **Hotel Transylvania 2** As shown at 10.15pm.
1.55 **Hotel Transylvania 3: Summer Vacation** As shown at 6.55pm.
3.35 **Hotel Transylvania** As 8.35pm.
5.15 **Hotel Transylvania 2** As shown at 10.15pm.

6.55 **Hotel Transylvania 3: Summer Vacation** Animated sequel with the voices of Adam Sandler, Andy Samberg and Selena Gomez. (2018, U, 97min) ★★
8.35 **Hotel Transylvania** Animated comedy with the voices of Adam Sandler and Andy Samberg. Count Dracula runs a hotel for monsters in his Romanian castle, but things go wrong when his daughter falls for a stray American backpacker. (2012, U, 91 min) ★★★★

10.15 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
11.55 **Hotel Transylvania 3: Summer Vacation** As shown at 6.55pm.
1.35 AM **Hotel Transylvania** (2012)
3.15 **Hotel Transylvania 2** (2015)
4.55 **to 6.35** AM **Hotel Transylvania 3: Summer Vacation** (2018)

Christmas 24

312 313 419

7.00 AM **Our Holiday Story** Festive drama. (2024, PG, 84min) ★★
9.00 **Ghosts of Christmas Always** Fantasy. (2022, PG, 90min) ★★
11.00 **A Magical Christmas Village** Fantasy. (2022, PG, 84min) ★★
1.00 PM **The Christmas Bookshop** Drama. (2024, PG, 90min) ★★
3.00 **We Wish You a Married Christmas** Festive romantic comedy. (2022, PG, 84min) ★★

5.00 **A Holiday Spectacular** Festive drama. (2022, PG, 90min) ★★
7.00 **A Christmas Contest** Romantic comedy with Candace Cameron Bure. (2021, PG, 88min) ★★
9.00 **The Christmas Brew** Festive romance with Kaitlyn Lunardi and James Liddell. A young business consultant is sent to acquire a small craft brewery, but falls in love with the kindly owner. (2024, PG, 89min) ★★
11.00 **Catch Me If You Claus** Fantasy. (2023, PG, 84min) ★★

1.00 AM **All I Need for Christmas** Drama. (2024, PG, 87min) ★★
3.00 **to 5.00** AM **Season's Greetings from Cherry Lane** Festive drama anthology sequel. (2024, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Look at Life**
6.10 **Cat from Outer Space** (1978)
8.15 **What's On TPTV with Noel**
8.25 **Space Patrol** 32/39. (S1)
9.00 **Batman** 39/60. (S2)
9.30 **Richard the Lionheart** (S1)
10.00 **Supercar** 25/26. (S1)
10.30 **Thunderbirds** 2/26. (S1)
11.30 **The Adventures of Robin Hood**
12.00 NOON **The Phantom Planet** Adventure. (1961, b/w, PG) ★★

1.40 PM **Look at Life** Documentary.
1.50 **One Step Beyond** 23/39. (S2)
2.25 **A Town Like Alice** War drama. (1956, b/w, PG, 111 min) ★★★★
4.40 **Look at Life** Documentary.
5.00 **The Long Arm** Crime thriller. (1956, b/w, U, 100min) ★★★★
7.00 **Maigret** 5/13. (S2)
8.00 **A Family at War** 3/20. (S3)
9.00 **The Strange Case of Sherlock Holmes and Arthur Conan Doyle** Feature-length drama.
10.50 **The Woman in Green** Mystery. (1945, b/w, PG, 70min) ★★

12.10 AM **Eurotrash**
12.50 **Indecent Desires** Horror. (1968, b/w, 18, 75min) ★★
2.25 **I Eat Your Skin** Horror thriller. (1971, b/w, 18, 92min) ★★
4.15 **It's the Only Way to Go**
4.50 **Dixon of Dock Green** (S2)
5.30 **to 6.00** AM **Out of Town**

SATURDAY Sport

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE LPGA Tour Golf** The third day of the BMW Ladies Championship staged at Pine Beach Golf Links in Haenam-gun.
7.30 **LIVE DP World Tour Golf** The third day of the DP World India Championship at Delhi Golf Club.
11.00 **LIVE EFL Queens Park Rangers v Millwall.** Coverage of the Championship match staged at MATRADE Loftus Road Stadium. Kick-off **12.30pm**.
3.00 PM **LIVE ICC Women's World Cup New Zealand v Pakistan.** Coverage of the group match at R.Premadasa Stadium, Colombo.
5.00 **LIVE SNF Fulham v Arsenal.** Coverage of the Premier League encounter staged at Craven Cottage. Kick-off **5.30pm**.
8.30 **Match Centre**
9.00 **LIVE Formula 1** The United States Grand Prix qualifying session. Start-time **10.00pm**.
12.00 M'T **Ted's Notebook**
12.30 AM **Sky Sports Catch Up**
5.00 **to 6.00** AM **LIVE LPGA Tour Golf** Day four of the BMW Ladies Championship staged at Pine Beach Golf Links in Haenam-gun.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Preview**
7.30 **The Big Interview**
8.00 **Fantasy Show**
8.30 **Premier League Stories**
9.00 **The Big Interview**
9.30 **Fantasy Football Countdown**
10.00 **Saturday Social**
11.00 **Premier League Stories**
11.30 **Premier League Preview**
12.00 NOON **Gillette Soccer Saturday** Match updates.
5.00 PM **LIVE SNF Fulham v Arsenal.** Coverage of the Premier League match at Craven Cottage. The visitors have a strong recent record against Fulham, having only lost once to the Cottagers in the last 14 meetings between the two teams. That sole defeat came back on New Year's Eve 2023 as the hosts came from behind to win. Kick-off **5.30pm**.
8.30 **Game of the Day**
10.30 **Premier League Highlights** Burnley v Leeds United. **11.00** Action from Brighton & Hove Albion v Newcastle United.
11.30 **Premier League Highlights**
4.30 AM **PL Greatest Games**
5.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Highlights**
6.15 **EFL Greatest Games**
6.30 **Championship Retro**
8.30 **Henrik Larsson: 20 Years On**
9.30 **EFL Highlights**
10.00 **Saturday Social**
11.00 **LIVE EFL Queens Park Rangers v Millwall.** Coverage of the Championship match staged at MATRADE Loftus Road Stadium. The visitors have done well recently against their hosts having won three of the last five meetings between the two teams. Millwall won the last fixture between the sides 2-1 back in early February. Kick-off **12.30pm**.
3.00 PM **Gillette Soccer Saturday**
5.20 **LIVE Bundesliga Bayern Munich v Borussia Dortmund.** The German top-flight match at Allianz Arena. Kick-off **5.30pm**.
7.30 **EFL Cup Highlights**
9.30 **EFL Rivalries** Double bill.
10.30 **EFL Highlights** Championship.
11.00 **Bundesliga** Recent action.
11.30 **EFL Highlights**
2.00 AM **EFL Greatest Games**
4.00 **EFL Cup** The 2021 final.
5.00 **Best Goals: EFL Cup 2020/21**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **ICC Women's World Cup**
10.00 **LIVE ICC Women's World Cup New Zealand v Pakistan.** Coverage of the group match staged at R.Premadasa Stadium in Colombo. New Zealand are playing in their 13th consecutive World Cup and won the event for the one and only time back in 2000 when they beat rivals Australia by just four runs. Pakistan are appearing in their fifth successive tournament and sixth overall, and have never got as far as the quarter-finals before.
5.45 PM **ICC Women's World Cup 2017** England v India.
6.30 **ICC Women's World Cup** South Africa v Sri Lanka staged at R. Premadasa Stadium, Colombo. **7.30** Australia v Bangladesh.
8.30 **ICC Women's World Cup 2017** Action from England v Australia at the County Ground in Bristol.
9.00 **ICC Women's World Cup** New Zealand v Pakistan staged at R. Premadasa Stadium, Colombo. **10.00** South Africa v Sri Lanka at R.Premadasa Stadium, Colombo.
11.00 PM **to 6.00** AM **ICC Women's World Cup**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **LIVE LPGA Tour Golf** The third day of the BMW Ladies Championship in Haenam-gun.
7.30 **LIVE DP World Tour Golf** The third day of the DP World India Championship at Delhi Golf Club.
12.30 PM **LPGA Tour Golf**
3.30 **DP World Tour Golf**
8.00 **LPGA Tour Golf** Highlights.
11.00 **Charles Schwab Cup Preview**
12.00 M'T **Legends Tour Golf**
1.00 AM **LPGA Tour Golf**
2.00 **The Open Zone**
2.30 **Best of the Open Zone 2024**
3.30 **Playing Lessons**
4.00 **Golf Academy** Expert tips.
5.00 **to 6.00** AM **LIVE LPGA Tour Golf** The fourth day of the BMW Ladies Championship from Pine Beach Golf Links in Haenam-gun.

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **LIVE WTA Tennis** Coverage of the Osaka Open semi-finals.
8.00 **LIVE WTA Tennis** Coverage of the Ningbo Open semi-finals at Yinzhou Tennis Center in China.
10.00 **WTA Tennis** Wuhan Open.
10.30 **LIVE WTA & ATP Tennis** Coverage from the Tours, including the ATP Brussels Open.
1.00 PM **ATP Tour This Week**
1.30 **LIVE ATP Tennis** Coverage from the ATP Tour, including the Almaty Open and Stockholm Open.
7.00 **WTA & ATP Tennis** Reviews.
8.30 **ATP Tour This Week**
9.00 **WTA & ATP Tennis**
3.00 AM **ATP Tour This Week**
3.30 **WTA Tennis** Wuhan Open.
4.00 **to 6.00** AM **LIVE WTA Tennis** The Osaka Open final in Japan.

TNT Sports 1

410 413 521 408 430

6.00 AM **TNT Sports Reload**
7.00 **LIVE International T20 Cricket New Zealand v England.** The first T20 from Hagley Oval.
11.00 **LIVE Premier League Nottingham Forest v Chelsea.** The top-flight match from the City Ground. Kick-off **12.30pm**.
3.00 PM **LIVE The Gallagher PREM Leicester Tigers v Bath.** From Mattioli Woods Welford Road Stadium. Kick-off **3.05pm**.
5.15 **LIVE The Gallagher PREM Saracens v Sale Sharks.** Coverage of the match at StoneX Stadium. Kick-off **5.30pm**.
7.45 **LIVE Serie A AS Roma v Inter Milan.** Coverage of the Italian top-flight match. Kick-off **7.45pm**.
9.45 **TNT Sports Reload**
10.00 **LIVE UFC** The preliminary bouts.
12.00 M'T **LIVE UFC Reinier de Ridder v Brendan Allen.** Coverage of the middleweight bout at Rogers Arena, Vancouver.
3.30 AM **The Gallagher PREM**
4.30 **British Superbikes**
5.00 **to 7.00** AM **LIVE Isuzu UTE A-League Central Coast Mariners v Newcastle Jets.**

TNT Sports 2

411 414 522 409 431

6.00 AM **LIVE Cycling: Tour of Guangxi** The men's fifth stage.
8.15 **The Breakdown**
8.30 **The Fantasy Show**
9.00 **Premier League Preview**
9.30 **LIVE Superbike World Championship** In Jerez, Spain.
10.30 **LIVE Women's Circuit Racing World Championship** The first race at Circuito de Jerez in Spain.
11.15 **LIVE Superbike World Championship** In Jerez, Spain.
3.15 PM **LIVE British Superbikes** Coverage from Brands Hatch.
5.15 **LIVE World Rally Championship** The Central European Rally special stage 14.
6.15 **TNT Sports Reload**
6.30 **International T20 Cricket**
7.30 **MLB Highlights**
9.00 **Road to Undisputed**
10.00 **Superbikes Highlights**
11.00 **MotoGP** Grand Prix of Australia.
11.30 **LIVE MotoGP** The Grand Prix of Australia MotoGP warm-up.
12.00 M'T **LIVE MotoGP** Grand Prix of Australia Moto3 & Moto2 races.
3.15 AM **LIVE MotoGP** The Grand Prix of Australia MotoGP race.
5.15 **to 6.15** AM **MotoGP**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **Kansas City Chiefs: The Franchise** Behind the scenes.
10.45 **NFL Bitesize Highlights**
11.00 **NFL Highlights**
12.00 NOON **NFL Bitesize Highlights**
12.15 PM **NFL Gameday**
1.00 **NFL Highlights** Recent action.
7.00 **NFL Highlights** Los Angeles Rams v San Francisco 49ers.
8.00 **NFL Gameday**
8.45 **NFL Bitesize Highlights** Action from New Orleans Saints v New England Patriots.
9.00 **NFL Highlights** Buffalo Bills v New England Patriots. **10.00** Highlights of Washington Commanders v Chicago Bears.
11.00 **NFL Bitesize Highlights** Action from Cincinnati Bengals v Pittsburgh Steelers. **11.15** Highlights from Kansas City Chiefs v Detroit Lions.
11.30 **NFL Highlights** Cincinnati Bengals v Pittsburgh Steelers.
12.30 AM **LIVE NCAA College Football Notre Dame Fighting Irish v USC Trojans.** Coverage of the match at Notre Dame Stadium in Indiana. Kick-off **12.30am**.
4.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **LIVE NPC Rugby** Coverage of the second semi-final.
8.55 **Rugby Greatest Games**
9.00 **Sky Sports Breakfast**
9.30 **Fantasy Football Countdown**
10.00 **Soccer Saturday Pre-Match**
11.00 **EFL Build-Up** Analysis.
12.25 PM **LIVE EFL Southampton v Swansea City.** Coverage of the Championship match at St Mary's Stadium. The hosts have won the last five meetings between the two sides, scoring 15 goals in the process. Kick-off **12.30pm**.
3.00 **Gillette Soccer Saturday**
7.30 **EFL Greatest Games**
7.40 **LIVE EFL Leicester City v Portsmouth.** Coverage of the Championship match from King Power Stadium. Kick-off **7.45pm**.
9.45 **EFL Greatest Games** Coventry City v Fulham from 2021/22.
10.00 **Sky Sports Catch Up**
12.00 M'T **WTA Tennis** Beijing Open.
1.00 AM **ATP Tennis** Recent finals.
3.00 **Retro League One**
5.00 **to 6.00** AM **LIVE LPGA Tour Golf** The fourth day of the BMW Ladies Championship from Pine Beach Golf Links in Haenam-gun.

Sky Sports Mix

416 412 510 429 449

6.00 AM **LIVE Pacific Championship Rugby League Fiji v Cook Islands.** The men's Pacific Bowl group match. Kick-off **6.00am**.
8.00 **Wheelchair Rugby** Grand Final.
9.00 **ICC Women's World Cup**
10.00 **World Darts Championship**
11.00 **ATP Tennis** Shanghai Masters.
12.00 NOON **LIVE Reyes Cup Pool Team Asia v Team Europe.** Day three from Ninoy Aquino Stadium.
4.30 PM **HotelPlanner Tour Golf**
5.00 **WTA Tennis** Wuhan Open final.
6.00 **World Darts Championship**
7.00 **ICC Women's World Cup**
9.00 **WTA & ATP Tennis**
11.00 **Women's Super League**
2.00 AM **PDC Classics** Archive action.
3.00 **EFL Greatest Games**
3.35 **LIVE Pacific Championship Rugby League New Zealand v Samoa.** Kick-off is at **3.35am**.
5.35 **Super League Highlights**
5.50 **to 6.00** AM **EFL Greatest Games**

TNT Sports 3

413 415 523 410 432

6.00 AM **LIVE T100 Triathlon World Tour** From Wollongong.
9.30 **LIVE Isuzu UTE A-League Melbourne Victory v Auckland FC.** Australian top-flight match at AAMI Park. Kick-off **9.35am**.
11.30 **The Gallagher PREM**
12.30 PM **TNT Sports Reload**
12.45 **LIVE Cyclocross** Coverage of the exact cross races in Belgium.
3.30 **UTMB World Series Highlights**
4.30 **MLB Highlights**
5.30 **LIVE NWSL** The National Women's Soccer League game.
7.45 **TNT Sports Reload**
8.00 **World E-Bike Series Review**
8.30 **MotoGP** Grand Prix of Australia.
9.00 **Men's Cycling Pro Series**
10.00 **World Rally Championship**
10.30 **Cyclocross** From Essen, Belgium.
11.30 **MLB Highlights**
12.30 AM **MLB Lead Off** A look ahead.
1.00 **LIVE MLB** A Postseason game.
4.30 **MLB Closer** Match reviews.
5.00 **to 6.00** AM **Serie A**

TNT Sports 4

414 416 524 411 434

6.00 AM **Men's Cycling Pro Series**
7.00 **LIVE Isuzu UTE A-League Western Sydney Wanderers v Melbourne City.** Kick-off **7am**.
9.00 **World E-Bike Series Review**
9.30 **LIVE World Rally Championship** Coverage of the Central European Rally.
11.30 **MLB: Off the Bat**
12.00 NOON **LIVE British Superbikes** From Brands Hatch.
5.15 **MotoGP** Grand Prix of Australia.
5.45 **UEFA Europa League & Conference League Magazine**
6.45 **Training Day** MLB action.
7.00 **WNBA** Game seven of the finals.
8.00 **Isuzu UTE A-League**
12.00 M'T **Premier League**
1.30 AM **The Gallagher PREM**
2.30 **World Rally Championship**
3.00 **LIVE AFLW Essendon Bombers v Brisbane Lions.**
5.00 **to 7.00** AM **LIVE AFLW Collingwood Magpies v Richmond Tigers.**

Premier Sports 1

419 551

6.00 AM **Highlights**
9.30 **NHL Tonight** Defensemen.
10.30 **Temples of Sport**
11.00 **LaLiga** Real Oviedo v Espanyol.
12.55 PM **LIVE LaLiga Sevilla v Mallorca.** Kick-off **1.00pm**.
3.00 **Football's Greatest**
3.30 **NHL** Highlights and features.
4.30 **Temples of Sport**
5.00 **LIVE United Rugby Championship Leinster v Munster.** Kick-off **5.15pm**.
7.30 **LIVE United Rugby Championship Ospreys v Glasgow Warriors.** K-o **7.45pm**.
10.15 **LaLiga Match Highlights**
10.25 **LIVE Brasileiro Serie A Santos v Corinthians.**
12.30 AM **LaLiga Match Highlights**
12.55 **LIVE Brasileiro Serie A Cruzeiro v Fortaleza.**
3.00 **to 6.00** AM **LIVE NHL Ice Hockey Vegas Golden Knights v Calgary Flames.** Face-off 3am.

Premier Sports 2

420 552

6.00 AM **Top 14 Rugby Union**
8.00 **NHL Ice Hockey**
10.00 **Top 14 Rugby Union Highlights**
10.30 **United Rugby Championship**
12.30 PM **LIVE United Rugby Championship Lions v Scarlets.** From Emirates Airline Park. Kick-off **12.45pm**.
2.50 **LIVE United Rugby Championship Sharks v Ulster.** From Hollywoodbets Kings Park Stadium. Kick-off **3.00pm**.
5.15 **LIVE SPFL Kilmarnock v Hearts.** The Scottish Premiership encounter. Kick-off **5.45pm**.
8.15 **LaLiga Match Highlights**
8.30 **Football's Greatest**
9.30 **LaLiga** Barcelona v Girona.
11.30 **NHL: This is Hockey**
12.00 M'T **LIVE NHL Ice Hockey St Louis Blues v Dallas Stars.**
3.00 AM **NHL: This is Hockey**
3.30 **GP Confidential**
4.00 **to 6.00** AM **United Rugby Championship**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Ginetta Juniors Highlights**
7.00 **GB3 Championship Highlights**
8.00 **British GT Championship**
9.00 **F1 Academy: Weekend Wrapped** A recap of round six.
9.30 **Formula 1** United States GP.
11.45 **F1 Classic Races**
1.45 PM **Formula 1** From Singapore.
2.45 **Formula 1** United States GP.
5.00 **LIVE Formula 1** The United States Grand Prix sprint race.
7.30 **Ted's Notebook**
8.00 **Formula 1** United States GP.
9.00 **LIVE Formula 1** The United States Grand Prix qualifying session.
12.00 M'T **Ted's Notebook**
12.30 AM **Formula 1** Highlights.
2.30 **Ted's Notebook**
3.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sunday

19 October

Evening Planner

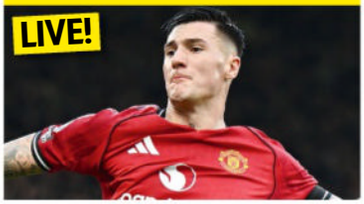
Factual

Fletchers' Family Farm

ITV1, 11.30am

Former *Emmerdale* actor Kelvin Fletcher and wife Liz invite cameras back to their farm, ahead of the new lambing season.

Football



Premier League

Sky Sports Main Event & Sky Sports Premier League

A Super Sunday of action, with Spurs v Aston Villa and Liverpool v Man Utd.

Motorsport

F1: US Grand Prix

Sky Sports F1 & Sky Sports Main Event, race starts at 8pm

Championship leader Oscar Piastri will be hoping for maximum points in Austin.

Drama

Riot Women

BBC1, 9pm (box set, BBC iPlayer)

Beth (Rosalie Craig, left) and Kitty (Joanne Scanlan) are set to become the Lennon and McCartney of the group.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.15 Strictly Come Dancing...		8.00 Antiques Roadshow		9.00 Riot Women		10.00 News	10.30 Match of the...
	102 BBC2	7.20 Eva Longoria...		8.00 Pilgrimage: The Road to the Scottish...		9.00 Rob Brydon's Honky Tonk Road Trip		10.00 Later... with Jools Holland	
	103 ITV1	‹ 6.55 Who Wants to Be a Millionaire?		8.00 Beat the Chasers		9.00 Frauds		10.00 News	10.20 Star Trek: Strange...
	104 CHANNEL 4	‹ 6.55 The World's Biggest Cruise Ship		8.00 Educating Yorkshire		9.00 Hunted		10.00 Gogglebox	
	105 5	‹ 5.30 NFL: Big Game Night – Live: Kansas City Chiefs v Las Vegas Raiders (Kick-off 6.00)					9.30 The Greatest TV of the '70s		
	106 SKY SHOWCASE	7.00 Rob & Romesh vs Strongman		8.00 Rob & Romesh vs Golf		9.00 S.W.A.T.		10.00 Revival	
ENTERTAINMENT	115 BBC3	7.00 EastEnders				9.00 The Celebrity Traitors		10.05 The Celebrity...	10.35 Celebrity...
	116 BBC4		7.15 Jane Goodall: Beauty and the Beasts	8.15 Wogan		8.45 A Choral Pilgrimage with the Sixteen			10.15 The Age of Uncertainty
	118 ITV2	‹ 5.55 Film: The Addams Family		8.00 Olivia and Alex: Parenthood		9.00 Big Brother		10.00 Big Brother: Late & Live	
	136 MORE4	‹ 6.50 Four in a Bed				9.00 Surgeons: Life in Their Hands		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons				9.00 Married at First Sight UK			10.10 MAFS UK: It's Official! With...
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Law & Order: Criminal Intent		10.00 Doc	
	108 SKY ATLANTIC	‹ 6.55 Game of Thrones				9.00 Task			10.15 True Detective
	110 U&GOLD	7.00 Dad's Army	7.40 The Good Life						10.20 Men Behaving Badly
	111 U&DAVE	7.00 Special Ops: To Catch a Criminal		8.00 Mortimer & Whitehouse: Gone Fishing			9.20 Have I Got a Bit More News for You		10.20 QI
	119 ITV3	‹ 6.00 Agatha Christie's Marple		8.00 Midsomer Murders				10.00 Vera	
	120 ITV4		7.05 Film: Police Academy 5: Assignment Miami Beach			9.00 Film: Shaun of the Dead			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Nine to Five			
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine							
	113 SKY MAX	7.00 Rob & Romesh vs Strongman		8.00 Rob & Romesh vs Golf		9.00 S.W.A.T.		10.00 Revival	
	109 U&ALIBI	7.00 Miss Scarlet and the Duke		8.00 Death in Paradise				10.00 Father Brown	
	124 SKY ARTS	7.00 The Wiz Live				9.00 Amy Winehouse: Live at Shepherd's Bush Empire			10.15 Film: Amy
	132 U&W	7.00 Inside the Ambulance at Christmas				9.00 Inside the Operating Theatre			
DOCUMENTARY	125 DISCOVERY	7.00 Alaska: Homestead Rescue				9.00 Sin City Tow		10.00 Wheeler Dealers World Tour	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Little Giants		9.00 The Zoo		10.00 Tanked	
	129 NAT GEO	7.00 Egypt's Sun King: Secrets and Treasures		8.00 Lost Treasures of Egypt		9.00 Top Guns: The Next Generation		10.00 Hitler's Death Squad	
	123 SKY HISTORY	7.00 Airport Security: USA				9.00 The Mark of the Bell Witch			
	155 U&YESTERDAY	7.00 Turkey with Simon Reeve		8.00 Flipping Bangers		9.00 Bangers & Cash: Restoring Classics		10.00 Bangers & Cash	
	121 SKY DOCS	‹ 6.00 Hill		8.00 Super/Man: The Christopher Reeve Story				10.00 Film: The Alpinist	
FILMS – Sky Cinema	301 PREMIERE	‹ 5.55 Lake George		8.00 Black Bag			9.40 Ick		
	302 HALLOWEEN	‹ 6.55 The Ring				9.00 Get Out			
	303 HITS	‹ 6.00 Grease		8.00 Dreamgirls					10.15 The Green Hornet
	304 GREATS	‹ 5.35 Godzilla		8.00 Lake Placid			9.30 The Mummy		
	305 ANIMATION	‹ 6.15 Hotel Transylvania 2		7.55 Hotel Transylvania 3: Summer Vacation			9.35 Hotel Transylvania		
	306 HARRY POTTER	‹ 4.45 Harry...	7.25 Harry Potter and the Order of the Phoenix					9.45 Harry Potter and the Half-Blood Prince	
	307 ACTION	‹ 5.50 Justice League		8.00 Venom: The Last Dance				10.00 The Scorpion King	
	308 COMEDY	‹ 6.20 Bean		8.00 Mr Bean's Holiday			9.40 Happy Gilmore		
	309 THRILLER	‹ 6.20 Vantage Point		8.00 Now You See Me					10.10 Lawless
	310 DRAMA	‹ 6.10 The Estate		8.00 The King's Speech				10.00 Sundown	
	311 SCIENCE FICTION	‹ 6.10 Resident Evil: Apocalypse		8.00 Ready Player One					10.30 Men in Black
	313 FILM4	‹ 6.55 Home Alone				9.00 A Man Called Otto			
SPORT	401 MAIN EVENT	‹ 4.00 Super...	7.30 F1: United States Grand Prix – Live: From Circuit of The Americas in Austin, Texas (Start-time 8.00)					10.00 NFL – Live: A week seven match	
	402 PREMIER LEAGUE	‹ 4.00 Super Sunday – Live (Kick-off 4.30)		8.00 Cult Heroes		9.00 PL Highlights	9.30 SNF	10.00 Premier League Highlights	
	403 FOOTBALL	7.00 EFL Goals		8.00 SPFL				10.00 EFL Highlights	
	405 CRICKET	‹ 6.30 ICC Women's World Cup			8.30 ICC Women's...	9.00 ICC Women's World Cup			
	410 TNT SPORTS 1	‹ 6.30 Serie A	7.30 Serie A – Live: AC Milan v Fiorentina (Kick-off 7.45)					10.00 NWSL – Live	
	411 TNT SPORTS 2	7.00 Northern Ireland Open Snooker – Live: Coverage of the third session from the first round of the tournament							

‹ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
7.35 **Match of the Day** (S)(R)
9.00 **Sunday with Laura Kuenssberg**
10.00 **Politics England** (S)
10.30 **Sunday Morning** New edition (S)
11.30 **Prayer & Reflection from Belfast Islamic Centre** (S)
12.00 NOON **Celebration Kitchen: Diwali** New edition (S)
1.00 PM **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
2.00 **Points of View** New edition (S)
2.20 **Lifeline** New edition (S)(AD)
2.30 **Hamza's Hidden Wild Isles** (S)(R)
3.30 FILM **A Shaun the Sheep Movie: Farmageddon** Animated comedy. (S)(AD) (2019, U, 80min) ★★★★
4.50 **BBC News** (S)
5.05 **Local News** (S)
5.15 **Countryfile** New edition Exploring the French influence in Kent. (S)

6.15 Hamza's Hidden Wild Isles

6 PM

6.15 **Hamza's Hidden Wild Isles** New edition 2/4. Hamza Yassin records wildlife around the UK during summer, encountering a two-metre long blue shark, a pod of common dolphins, and wild beavers. (S)(AD)
■ Entire series on BBC iPlayer

7 PM

7.15 **Strictly Come Dancing: The Results** New edition The two lowest-scoring couples compete in the dance-off. Plus, music by Leigh-Anne Pinnock. (S)

8 PM

8.00 **Antiques Roadshow** New edition Fiona Bruce presents the show from the National Waterfront Museum in Swansea, where highlights include a rare, 19th-century photograph album. (S)

9 PM

9.00 **Riot Women** New episode 2/6. Jess's feud with rival Hebden bar owner Inez reignites, while Holly realises her mother's dementia is worsening. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **Match of the Day** Highlights of the latest Premier League matches, including Tottenham Hotspur v Aston Villa at Tottenham Hotspur Stadium and Liverpool v Manchester United at Anfield. (S)
11.20 **The Graham Norton Show** The host is joined by guests Bruce Springsteen, Jeremy Allen White, Jennifer Lawrence and Tessa Thompson. Plus, Florence + the Machine perform their new single *Everybody Scream*. (S)(R)
12.10 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.10 AM **Countryfile** (S)(R)
7.05 **Landward** New edition (S)
7.35 **Breakfast** (S)
9.00 **Saturday Kitchen: Matt's Dream Dishes** (S)(R)
10.30 **Nadiya's British Food Adventure** From East Anglia. (S)(R)(AD)
11.00 **The Hairy Bikers' Bakeation** Si and Dave visit France. (S)(R)
11.30 **Kelvin's Big Farming Adventure** 3/6. Pigs are next on the shopping list for Kelvin's growing farm. (S)(R)
12.00 NOON **This Farming Life** (S)(R)
1.00 PM FILM **The Longest Day** World War Two drama with John Wayne. (S) (1962, b/w, PG, 170min) ★★★★
3.50 **John Wayne: Talking Pictures** (R)
4.35 **Attenborough's Wonder of Song** Examining seven recordings of animals singing. (S)(R)(AD)
5.35 **Flog It!** From Norwich. (S)(R)

7.20 Eva Longoria: Searching for...

6 PM

6.20 **Cheap Flights: What They Really Mean for You** Michelle Ackerley finds out what the Government's net zero targets means for holiday-makers. (S)(R)(AD)

7 PM

7.20 **Eva Longoria: Searching for Spain** New edition 4/8. Eva takes a tour of San Sebastian and visits a remote village where grilled peas bring a tear to her eye. (S)
■ Entire series on BBC iPlayer

8 PM

8.00 **Pilgrimage: The Road to the Scottish Isles** 3/3. The pilgrims head to Moray on the edge of the Highlands and their first stop is Pluscarden Abbey, Britain's only working medieval monastery. (S)(R)(AD)

9 PM

9.00 **Rob Brydon's Honky Tonk Road Trip** Series finale 3/3. Rob explores the rich and often-overlooked influence of black musicians on the history of country music. (S)
■ Entire series on BBC iPlayer

10 PM

10.00 **Later... with Jools Holland** New edition 3/6. Featuring performances by Suede, Yazmin Lacey, Luke Combs, Annie & the Caldwells and Sprints. (S)
10.45 FILM **Tinker Tailor Soldier Spy** Cold War spy thriller based on John le Carré's classic novel, starring Gary Oldman. (S)(AD) (2011, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.45 AM FILM **The Awakening** Period chiller starring Rebecca Hall. (S) (2011, 15, 100min) ★★★★
2.25 **Sign Zone: Question Time** (S)(R)
3.25 **Sign Zone: Murder Case: The Hunt for Mary McLaughlin's Killer** (S)(R)
4.25 **to 6.25** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Simply Raymond Blanc** (S)(R)
6.50 **M&S: Dress the Nation** (S)(R)(AD)
7.45 **James Martin's Saturday Morning** With Mariella Frostrup. (S)(R)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition With Ben Miller and David Essex. (S)
11.30 NEW SERIES **Fletchers' Family Farm** Lambing gets under way spring approaches. (S)
12.30 PM **Talking Royals** New edition (S)
1.00 **ITV News** (S)
1.15 NEW SERIES **Be Your Own Boss** Advice to small businesses. (S)
2.15 FILM **Despicable Me 3** Animation. (S)(AD) (2017, U, 105min) ★★★
4.00 FILM **Harry Potter and the Order of the Phoenix** Fantasy adventure with Daniel Radcliffe. (S)(AD) (2007, 12, 150min) ★★★★

8.00 Beat the Chasers

6 PM

6.30 **ITV News** (S)
6.45 **Local News** (S)
6.55 **Who Wants to Be a Millionaire?** Big-prize quiz hosted by Jeremy Clarkson in which another line-up of contestants answer questions that could change their lives. (S)(R)

8 PM

8.00 **Beat the Chasers** Series finale 8/8. A mystery Chaser called Maverick joins the usual panel of experts as more contestants from across the UK take on all the Chasers. Hosted by Bradley Walsh. (S)(AD)

9 PM

9.00 **Frauds** New episode 5/6. Sam and Bert struggle to keep their secrets hidden and their partnership intact as the day of the heist approaches. (S)(AD)
■ Concludes tomorrow

10 PM

10.00 **ITV News** (S)
10.20 NEW SERIES **Star Trek: Strange New Worlds** *Strange New Worlds:* 1/10. Sci-fi prequel starring Anson Mount. Captain Christopher Pike comes out of exile to rescue a missing first officer. (S1) (S)(AD)
11.20 **Star Trek: Strange New Worlds** New episode *Children of the Comet:* 2/10. The *Enterprise* crew try to reroute a comet. *Previously on Paramount+.* (S1) (S)(AD)
12.15 AM **Teleshopping**
3.00 **Motorsport UK** (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Fletchers' Family Farm** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.15 AM **Cheers** 1-3/22. (S1) (S)(R)
7.40 **Everybody Loves Raymond** (S)(R)
8.30 **F1: United States Grand Prix Sprint Race and Qualifying Highlights** The latest action from round 19 in Austin, Texas. (S)(R)
10.00 **Sunday Brunch** New edition With guests Nigel Planer, Miles Kane, Samantha Barks and Niamh Algar. Plus, music from Feeder. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
1.55 **Four in a Bed** Five editions. (S)(R)
4.30 **Devon and Cornwall** The head gardener at Cornwall's Lost Gardens of Heligan sows a crop of meadow flowers. (S)(R)(AD)
5.20 **News** (S)
5.50 **The Great British Bake Off** 7/10. Alison Hammond and Noel Fielding present the first-ever Meringue Week. (S)(R)(AD)

8.00 Educating Yorkshire

6 PM

6.55 **The World's Biggest Cruise Ship** The construction and launch of cruise ship *Icon of the Seas*, which at 20 decks high and almost a quarter of a mile long, has been crowned the world's biggest cruise ship. Cameras board the ship as it welcomes its first ever paying guests, setting sail from Miami on its maiden seven-day voyage around the Caribbean. (S)(R)(AD)

8 PM

8.00 **Educating Yorkshire** New edition 8/10. Pressure builds for the Year 11 students as the school year draws to a close, and ambitious Year 10 students Darcie and Alexa race to become Head Girl. (S)(AD)

9 PM

9.00 **Hunted** New edition One of the fugitives is travelling solo and Chief Ray Howard is determined that there will be no escape this time. (S)(AD)
■ Continues tomorrow

10 PM

10.00 **Gogglebox** The armchair critics share their opinions on what they have been watching on TV, with cameras capturing their instant reactions. (S)(R)(AD)
11.00 **Gogglebox: 10 Year Anniversary Special** Highlights from the first 10 years of the show. (S)(R)(AD)
12.30 AM **F1: United States Grand Prix Highlights** Action from the 19th round of the season in Texas. (S)
1.50 **24 Hours in A&E** (S)(R)(AD)
2.45 **Worlds Apart** (S)(SL)(R)(AD)
3.40 **The Simpsons** (S)(R)
4.55 **Food Unwrapped** (S)(R)(AD)
5.35 **Kirstie's Fill Your House for Free**
5.55 **to 6.35** AM **Countdown** (S)(R)

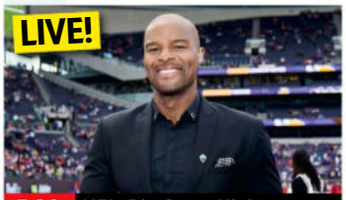
+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (S)(R)
9.10 **Entertainment News** (S)
9.20 **Yorkshire with Jane McDonald** Jane explores Wakefield. (S)(R)
10.20 **FILM PREMIERE Christmas on the Ranch** Romantic drama starring Jade Harlow. (S) (2024, PG, 105min) ★★
12.05 PM **FILM Magic in Mistletoe Country** Romantic drama starring Paul Campbell. (S) (2023, PG, 110min) ★★
1.55 **News** (S)
2.00 **LIVE NFL: Big Game Day** Jacksonville Jaguars v Los Angeles Rams: Nat Coombs and Osi Umenyiora present coverage from Wembley Stadium. Kick-off is at 2.30. *See feature, page 28.* (S)



5.30 NFL: Big Game Night

5.30 **LIVE NFL: Big Game Night** Kansas City Chiefs v Las Vegas Raiders: Dermot O'Leary is joined by Sam Quek, and Osi Umenyiora to present coverage of the week seven match from Arrowhead Stadium in Kansas City, Missouri. The Chiefs prevailed in both matches against their divisional rivals last season, including a 19-17 victory here that relied on a fourth-quarter field goal from Matthew Wright to spare their blushes and avoid a narrow defeat. Tonight's coverage will also feature the 'game within a game' quiz element, whenever the action pauses in the US. Kick-off is at 6.00.

9.30 **The Greatest TV of the '70s** 2/3. A look back at the best programmes of the decade, featuring comedy from Tommy Cooper, *Morecambe and Wise, The Two Ronnies, Fawlty Towers, Some Mothers Do 'Ave 'Em* and *The Good Life*. Plus, clips from dramas including *I, Claudius, Abigail's Party* and *The Sweeney*, as well as game shows like *The Generation Game* and *Sale of the Century*. (S)(R)

11.35 **Fawlty Towers: A Very British Comedy** A look at controversies surrounding the comedy. (S)(R)
1.05 AM **PlayOJO Live Casino Show**
3.05 **Brian Cox: How the Other Half Live** In Miami. (S)(R)
3.55 **Friends** (S10) (S)(R)(AD)
4.20 **Prince Philip: The Bachelor Years** Documentary. (S)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Boosnoo! Mega Mashups**
6.15 **Emerald** (S)(R)(AD)
6.25 **MC Grammar: Halloween Party**
6.30 **Ready Eddie Go!** (S)(R)(AD)
6.40 **Pip and Posy** (S)(R)(AD)
7.05 **Monkey Life** (S)(R)(AD)
8.00 **F1: United States Grand Prix Qualifying Session Highlights** Action from Austin, Texas. (R)
10.00 **The Office (US)** (S5) (S)(R)
12.00 NOON **FILM Monster Family** Animated family comedy with the voice of Emily Watson. (S)(AD) (2017, PG, 96min) ★★
2.00 PM **F1: United States Grand Prix Sprint Race Highlights** Action from Austin, Texas. (R)
3.00 **The Simpsons** (S)(R)
5.00 **Iconic Combat Machines** The Phantom Cobra, the first fighter bomber of the modern era. (R)

12.00 Monster Family

6.00 **Bone Detectives: Britain's Buried Secrets** Scientists investigate when the remains of a young woman from the Bronze Age are found during roadworks on the A9 in Scotland. (S)(R)

7.00 **Rob & Romesh vs Strongman** The duo enter the world of strongman competitions, and head to Iceland to train with former champion Magnús Ver Magnússon. (S)(R)(AD)

8.00 **Rob & Romesh vs Golf** Rob shares his love of the sport with Romesh, with the pair playing a round at St Andrews and having a lesson from 2016 Olympic champion Justin Rose. (S)(R)(AD)

9.00 **S.W.A.T.** New episode *The Santa Clara:* 14/22. Hondo and the team must chase down the violent robbers who looted a museum vault. (S8) (S)(AD)

10.00 **Revival** New episode *Keeping Up Appearances:* 2/10. A Reviver's attack shakes Wausau. (S1) (S)(AD)
■ Entire series on Box Sets

11.00 **Football's Funniest Moments** Comical incidents from the football world. (S)(R)(AD)
11.30 **F1: United States Grand Prix Highlights** Action from the 19th round in Austin, Texas.
12.30 AM **Ted's Notebook** (R)
1.00 **Saturday Night Live** (R)
2.30 **An Idiot Abroad 3** (S)(R)(AD)
3.30 **Road Wars** (S)(R)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.00-10.30am The Sunday Show (S) **11.20pm** Sportscene: Premiership Highlights (S)(R) **12.05am** The Graham Norton Show (S)(R) **12.55** Weather for the Week Ahead (S) **1.00-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.00-10.30am Sunday Politics Northern Ireland (S)

WALES
Sky 965, Virgin 864, Freesat 965
10.00-10.30am Politics Wales (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
5.35pm Cheap Flights: What They Really Mean for You (S)(R)(AD) **6.35** Chronicles of the Sperrins (S)(R) **6.50-7.20** North Coast Riders (S)(R) **10.00** Crá (S)(R) **10.45** Later... with Jools Holland New edition (S) **11.30** Sunday Politics Northern Ireland (S)(R) **12.00m't** Upstart Crow (S)(R) **12.35-12.45am** Barra on the Foyle (S)(R)

WALES
Sky 968, Freesat 968
5.35pm Weatherman Walking (S)(R) **6.05-6.20pm** Flog It! (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Busnes Bwyd **10.00** Cynefin **11.00** Yr Actor a'r Eicon **12.00noon** **LIVE** Ralio: Pencampwriaeth Rali'r Byd **1.30pm** Adeiladu'r Freuddwyd: Camp Out West **2.00** Y Ci Perffaith **2.30** Ty Ffit **3.30** Ffermio **4.05** Clwb Rygbi **5.50** Pobol y Cwm Omnibws (AD) **7.15** Newyddion a Chwaraeon **7.30** Dechrau Canu Dechrau Canmol New edition **8.00** Iaith ar Daith New edition (AD) **9.00** Y Golau: Dwr New episode (AD) **10.00** Brwydr Llangyndeyrn **11.00-11.35pm** Byd o Liw: Cestyll

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Teddy and Gina worry about Harry. **7.30** Okie finds a new way to manipulate a situation. **8.00** Elaine gives Johnny some food for thought. **8.30** Oscar and Nigel join forces to see out a plan.
9.00 **The Celebrity Traitors** 3/9. The first banishment sends shockwaves throughout the castle.
10.05 **The Celebrity Traitors: Uncloaked** 3/9. Ed Gamble and guests analyse the latest developments.
10.35 **The Celebrity Traitors** 4/9. A new day brings new suspicions among the Faithful.
11.35 **The Celebrity Traitors: Uncloaked** 4/9. Ed Gamble is joined by banished and murdered celebrity players
12.05 AM **FILM Let It Snow** Ukrainian horror starring Ivanna Sakhno. Subtitled. (2020, 15, 87min) ★★
1.25 **Stranded on Honeymoon Island: Australia**
3.45 **to 4.00** AM **Govan Fair Queen**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
3.35 PM **Come Dine with Me** Radio presenter Guy hosts the first dinner party from in and around Brighton. **4.05** Emma hosts a beach-themed dinner party. **4.35** Dutch pilot Tim hosts the third night in Brighton. **5.10** Personal trainer Hannah plans to give her guests a saucy surprise. **5.40** 'Love doctor' Monti tries to cast his love spells over his guests in Brighton.
6.15 **Four in a Bed** The week's first visit is to Greenhills Hotel in Tenby, Pembrokeshire. **6.50** A visit to Three Cliffs Bay Holiday Park in Swansea. **7.25** The third visit is to the Tal-y-Cafn in Conwy. **8.00** From Cambrian House B&B in Carno, Powys. **8.30** Payment Day arrives.
9.00 **Surgeons: Life in Their Hands** New edition A mother-of-two is terrified that a sarcoma will stop her from raising her children.
10.00 **24 Hours in A&E** A 13-year-old aspiring Olympian fractures his pelvis.
11.05 **24 Hours in A&E**
12.10 AM **Surgeons: Life in Their Hands** As 9.00pm.
1.15 **999: On the Front Line**
2.20 **Emergency Helicopter Medics** Medical series.
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **African Penguin: Cool Bird in a Hot Spot** Cape Town's urban penguins.
7.15 **Jane Goodall: Beauty and the Beasts** The life and work of the late primatologist.
8.15 **Wogan** The host is joined by guests Jane Goodall, Ade Edmondson and Eurythmics.
8.45 **NEW A Choral Pilgrimage with the Sixteen** The choral ensemble performs at Peterborough Cathedral.
10.00 **NEW Lord Mervyn King Remembers...The Age of Uncertainty** A look back at John Kenneth Galbraith's 1977 series.
10.15 **The Age of Uncertainty** 1/12. John Kenneth Galbraith looks at the history of economic thinking.
11.10 **The Age of Uncertainty**
12.05 AM **Imagine: Philip Pullman – Angels and Daemons** Alan Yentob spends time with the author.
1.10 **A Choral Pilgrimage with the Sixteen** As 8.45pm.
2.30 **to 3.30** AM **Jane Goodall: Beauty and the Beasts**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks Omnibus**
7.05 **Ramsay's Kitchen Nightmares USA**
8.55 **The Great British Bake Off** 7/10. Meringue Week.
10.15 **Married at First Sight UK**
3.05 PM **FILM Hotel Transylvania 3: Summer Vacation** Animated comedy sequel. (2018, U, 97min) ★★
5.00 **FILM Lemony Snicket's A Series of Unfortunate Events** Family fantasy comedy starring Jim Carrey. (2004, PG, 103min) ★★★★
7.00 **The Simpsons** Four episodes, including at: **8.30** *The Man Who Came to Be Dinner:* The family visits the home planet of Kang and Kodos.
9.00 **Married at First Sight UK** New edition The much-anticipated 'Love/Hate Week' arrives.
10.10 **MAFS UK: It's Official! With Lucinda Light** New edition Discussion on *Married at First Sight UK*.
10.45 **Virgin Island** Pia discovers more about her body.
11.50 **FILM Oblivion** Epic sci-fi adventure starring Tom Cruise and Olga Kurylenko. (2013, 12, 119min) ★★★★
2.15 AM **Married at First Sight UK** As shown at 9.00pm.
3.10 **Below Deck Sailing Yacht**
3.55 **The Neighborhood**
4.20 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 306 30 123 256

Sunday primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Caught Red Handed**
8.55 **Customs UK**
10.00 **Border Patrol**
11.00 **Stop, Search, Seize** Documentary following the work of Ireland's border force.
12.00 NOON **UK Border Force** Officers in Calais search lorries for illegal immigrants.
1.00 PM **Border Patrol** Double bill following the work of the New Zealand Customs agents.
2.00 **Nothing to Declare** Ten editions following the work of customs officers in Australia.

9.00 Law & Order: Criminal...

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Caught on Dashcam** New edition Road disasters captured on video by drivers' dashboard cameras.

9 PM

9.00 **Law & Order: Criminal Intent** *Sound Bodies:* 8/21. Goren and Bishop pursue a teenage Svengali. (S3)

10 PM

10.00 **Doc** *He Ain't Heavy:* 5/10. Amy and Sonya attempt to help a teen in need of a bone-marrow transplant. (S1)
11.00 **Matlock** 13/19. The team investigate a sorority. (S1)
12.00 M'T **Bull** 3/22. (S6)
1.00 AM **Law & Order: Special Victims Unit** 11/13. (S25)
2.00 **Caught on Dashcam**
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
9.00 **Game of Thrones**
1.40 PM **Game of Thrones** 4/10. The balance of power between the exiled Targaryens shifts dramatically.
2.45 5/10. A suspicious death threatens to overshadow the tournament.
3.45 6/10. Ned investigates rumours about the Lannisters.
4.45 7/10. Ned confronts Cersei about Jon Arryn's death.
5.50 8/10. Battle commences as the Lannisters launch their bid for the throne. (S1)

10.15 True Detective

6.55 **Game of Thrones** *Baelor:* 9/10. Ned faces a fateful decision and Robb seeks to prove himself in combat.

8.00 **Game of Thrones** *Fire and Blood:* 10/10. Catelyn confronts Jaime Lannister about Bran's fall, and Arya tries to flee. (S1)

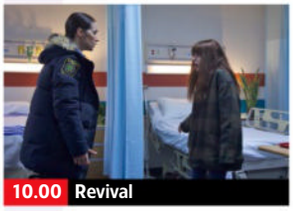
9.00 **Task** *Out Beyond Ideas of Wrongdoing and Rightdoing, There Is a River:* 6/7. The task force, Dark Hearts and Robbie gather in the woods. (S1)
10.15 **True Detective** *The Final Country:* 7/8. Amelia attempts to track down the one-eyed man. (S3)
11.25 **The Wire** 12/13. (S1)
12.30 AM **In Treatment** (S1)
1.00 **The Last of Us** 5/7. (S2)
2.00 **Task** Series finale 7/7. A shocking revelation leads to a final confrontation. (S1)
3.15 **Succession** 9/9. (S3)
5.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **SEAL Team** 13-15/16. (S4)
9.00 **Grimm** 11-14/22. (S2)
1.00 PM **The Walking Dead: Daryl Dixon – The Book of Carol** 1/6. Daryl, Isabelle and Laurent define their roles at the Nest.
2.00 2/6. Carol and Ash take an unexpected detour.
3.00 3/6. Daryl and Isabelle rescue one of the group.
4.00 4/6. Genet begins an attack on the Nest.
5.00 5/6. A new faction of survivors hunt down Laurent.
6.00 6/6. The Rooftop Community make plans. (S2)


10.00 Revival

7.00 **Rob & Romesh vs Strongman** Rob Beckett and Romesh Ranganathan enter the world of strongman competitions.

8.00 **Rob & Romesh vs Golf** Rob shares his love of the sport with Romesh, with the pair playing a round at St Andrews.

9.00 **S.W.A.T.** New episode *The Santa Clara:* 14/22. The team chase down the violent robbers who looted a museum vault. (S8)

10.00 **Revival** New episode *Keeping Up Appearances:* 2/10. A Reviver's attack shakes Wausau. (S1)
■ Entire series on Box Sets
11.00 **Football's Funniest Moments** A selection of comical clips from the football world.
11.30 **An Idiot Abroad 3** 2/3. Karl and Warwick's trip continues via India, where they land roles in a Bollywood movie.
12.30 AM **The Force: North East**
1.30 **Road Wars** Triple bill.
4.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.55 **Dress to Impress**
8.45 **The Only Way Is Essex**
10.40 **Olivia and Alex: Parenthood**
11.40 **Deal or No Deal**
1.45 PM **In for a Penny**
2.15 **FILM Spy Kids 3: Game Over** Sci-fi comedy adventure sequel. (2003, U, 84min) ★★★
4.05 **FILM Shrek 2** Animated comedy adventure sequel. (2004, U, 93min) ★★★★★
5.55 **FILM The Addams Family** Comedy starring Raul Julia. (1991, PG, 95min) ★★★★

4.05 Shrek 2

FILM The Addams Family (film started at 5.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 **Olivia and Alex: Parenthood** New edition *Love Island* stars Olivia and Alex Bowen navigate the joys of parenthood.

9.00 **Big Brother** New edition Highlights from the past 24 hours in the house as the contestants take on more challenges.

10.00 **Big Brother: Late & Live** New edition AJ Odudu and Will Best present the companion show in front of a studio audience.
11.05 **Family Guy** 1/20. Stewie finally says his first word. (S19)
11.35 18/18. Lois books a couple's vacation. (S13)
12.05 AM **American Dad!** (S15)
1.05 **Deal or No Deal**
2.00 **Transaction** 6/6. (S1)
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **A Touch of Frost**
8.15 **Wycliffe** 4/8. (S2)
9.20 **Lewis** Crime drama.
11.20 **Downton Abbey** Five episodes, including at:
2.50 PM 2/9. Mary hopes to receive a bailout from her grandmother Martha.
3.55 3/9. Anna makes a breakthrough to help Bates.
4.55 4/9. Branson's political views land him in trouble. (S3)
6.00 **Agatha Christie's Marple** *The Murder at the Vicarage:* A colonel is found dead.

6.00 Agatha Christie's Marple

Agatha Christie's Marple (started at 6.00pm)

8.00 **Midsomer Murders** *Bantling Boy:* Barnaby investigates the death of a racehorse trainer and suspects a family's troubled history holds the key to the mystery – until a second killing makes him think again.

10.00 **Vera** *Black Ice:* The detective investigates when a beloved resident of a coastal community is fatally driven off the road.
11.55 **The Hack** 1/7. Drama starring David Tennant and Toby Jones.
1.00 AM 2/7. DCS Dave Cook is assigned to investigate the murder of Daniel Morgan. (S1)
2.00 **On the Buses**
2.30 **Teleshopping**
4.00 **to 4.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** Action from Dundee v Celtic at Den's Park.
8.00 **Amazing Hotels: Life Beyond the Lobby** Monica Galetti and Rob Rinder work at the Gangtey Lodge, Bhutan.
9.00 **Highland Cops** New edition The bomb disposal squad is called in when a chemical lab is found in a flat.
10.00 **Still Game** 4/6. Tam gets married. (S4)
10.30 **Breaking the News** With Susie McCabe, Amanda Dwyer and Liam Withnail.
11.00 **Scot Squad** 6/6. Karen takes part in an experiment. (S5)
11.30 PM **to 12.00** M'T **The Sunday Show** The main issues from the world of politics.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners** (S5)
9.00 **Ballers** (S3)
1.00 PM **Sex and the City**
4.00 **Will & Grace** (S4)
6.30 **The Office (US)** 6/28. Michael helps Holly move house following her transfer to Nashua.
7.00 7/28. The annual customer survey brings some shocking news.
7.30 8/28. Michael is sent on a business trip.
8.00 9/28. Jim buys his parents' house.
8.30 10/28. The workers fight among themselves to get what they want. (S5)
9.00 **Saturday Night Live** New episode Satirical American sketch show.
10.30 **Tom Davis: Underdog**
11.45 **Saturday Night Live**
1.15 AM **Entourage** (S1)
3.00 **The Chair Company** New episode 2/8. Comedy series. (S1)
3.40 **to 5.00** AM **Curb Your Enthusiasm**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Sing When You Are Winning: How Football Fans Became an Opera Chorus**
7.00 **Gods of the Game**
8.45 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
12.00 NOON **Portrait Artist of the Year**
1.00 PM **André Rieu: Dreaming** A selection of romantic melodies.
2.30 **Eric Clapton's Crossroads Live In LA**
5.05 **Brian Wilson: Long Promised Road**
7.00 **The Wiz Live**
9.00 **Amy Winehouse: Live at Shepherd's Bush Empire**
10.15 **FILM Amy** A portrait of Amy Winehouse. (2015, 15, 128min) ★★★★
12.40 AM **Classic Movies: The Story of The 39 Steps**
1.40 **Art's Most Satanic**
2.40 **The Great Songwriters**
3.40 **Classic Albums**
4.40 **to 6.00** AM **Discovering**

Sky Mix

151 158 135 11 141 23

6.00 AM **Border Patrol**
8.00 **The Slow Mo Guys' Big Adventures**
8.25 **Big Cats: Wild Files**
8.35 **Where's Wally**
9.00 **Star Trek: The Next Generation** (S3&4)
2.00 PM **FILM The Reluctant Royal** Romantic comedy. (2025, PG, 84min) ★★
4.00 **Micro Monsters with David Attenborough**
5.00 **Great Barrier Reef with David Attenborough**
6.00 **Age of the Big Cats**
7.00 **Agatha Raisin** (S2)
9.00 **Rob & Romesh vs Usain Bolt**
10.00 **NCIS: New Orleans** *Illusions:* 14/16. Carter and Tammy search for a stolen military dog.
11.00 *Runs in the Family:* 15/16. The FBI arrest Connor. (S7)
12.00 M'T **Caught on Dashcam**
1.00 AM **Night Cops**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Alan Carr's Epic Gameshow** The comedian hosts a revival of classic game show *Strike It Lucky*.
3.00 **Tenable** Double bill of the quiz show.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
7.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
9.00 **Alan Carr's Epic Gameshow** The comedian hosts a revival of classic game show *Take Your Pick*, with a selection of plucky audience members going up against the gong and play the famous Yes/No game.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.50 AM **Deal or No Deal**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
11.00 **A Fine Romance**
12.00 NOON **Man About the House** (S2&3)
1.00 PM **Rising Damp** (S2)
2.00 **FILM Bless This House** Comedy. (1972, U) ★★
4.00 **FILM The Englishman Who Went Up a Hill, but Came Down a Mountain** Period comedy drama. (1995, PG, 99min) ★★★
6.05 **FILM Shirley Valentine** Romantic comedy. (1989, 15, 108min) ★★★★
8.25 **FILM Maid in Manhattan** Romantic comedy. (2002, PG, 105min) ★★★
10.40 **The New Avengers** (S2)
11.40 **Randall and Hopkirk (Deceased)** 3/26. (S1)
12.40 AM **Rising Damp** (S2)
1.40 **Man About the House**
2.35 **Rising Damp** 3/7. (S1)
3.00 **A Fine Romance** (S3)
3.25 **M*A*S*H** 7/24. (S2)
4.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Motorsport Mundial**
6.30 **Auto Mundial**
7.00 **Motorsport UK**
8.00 **World Superbike Highlights**
9.00 **EFL Highlights**
10.30 **Great Racehorses**
10.55 **Extreme E Highlights**
11.25 **American Pickers**
1.30 PM **Sharpe**
3.40 FILM **Police Academy 4: Citizens on Patrol** Comedy sequel. (1987, PG, 87min) ★
5.30 **Made in Britain**
6.00 **American Pickers**

7.05 Police Academy 5

7.05 FILM **Police Academy 5: Assignment Miami Beach** Comic adventure sequel starring Bubba Smith and David Graf. The Police Academy cops wreak havoc while on vacation in Miami. (1988, PG, 90min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM **Shaun of the Dead** British horror comedy starring Simon Pegg, Kate Ashfield and Nick Frost. A jaded shop assistant sets out to save his family and friends when north London is invaded by zombies. (2004, 15, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 FILM **The Good, the Bad and the Ugly** Sergio Leone's classic Spaghetti Western set during the American Civil War, starring Clint Eastwood, Lee Van Cleef and Eli Wallach. (1966, 15, 155min) ★★★★★
2.20 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 FILM **Alien Apocalypse** Sci-fi action adventure. (2005, 15, 88min) ★★
1.00 PM **Stargate Atlantis** Five episodes, including at: **4.00** 12/20. Sheppard and the team must persuade a village to evacuate. **5.00** 13/20. Woolsey's legal expertise is tested. (S5)
6.00 **Star Trek: Deep Space Nine** 25/26. O'Brien is arrested by the Cardassian Gul Evek. (S2)

11.00 Alien Apocalypse

7.00 **Star Trek: Deep Space Nine** *The Jem'Hadar:* 26/26. An alien woman pleads for help from Sisko, Jake, Quark and Nog. (S2)

8.00 **Star Trek: Deep Space Nine** *The Search – Part One:* 1/26. Sisko sets out to avert an invasion by the feared Jem'Hadar.

9.00 **Star Trek: Deep Space Nine** *The Search – Part Two:* 2/26. The Federation negotiate a peace treaty with the Dominion.

10.00 **Star Trek: Deep Space Nine** *The House of Quark:* 3/26. Quark claims he killed a Klingon, but his boast backfires. (S3)
11.00 **Grimm** 16/22. Nick takes Juliette for a weekend away. **12.00** M'T 17/22. Nick finds Hank is dating a monster. **1.00** AM 18/22. Nick and Hank are on the trail of a murderer. **2.00** 19/22. A creature is found drowned in wet cement. (S1)
3.00 **Room 104** 11 & 12/12. (S1)
4.10 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S2)
10.00 **Inspector George Gently**
12.00 NOON **Father Brown**
4.00 PM **The Coroner** 9/10. An ice-cream factory owner is found dead in a freezer. **5.00** 10/10. A woman dies in the build-up to a Latin dance festival, but the body vanishes from the mortuary. (S1)
6.00 **Miss Scarlet and the Duke** 1/6. The sister of a missing woman hires Eliza to find her, creating new tensions between Eliza and the Duke. (S2)

4.00 The Coroner

7.00 **Miss Scarlet and the Duke** 2/6. A valuable sketch by the recently deceased Charles Darwin has been stolen. (S2)

8.00 **Death in Paradise** *The Early Bird:* 6/8. Tragedy strikes in the jungle when a birdwatcher is stabbed to death with his own knife.

9.00 **Death in Paradise** *Political Suicide:* 5/8. A politician commits suicide after his affair is exposed. (S3)

10.00 **Father Brown** *The Royal Visit:* The visit of Princess Margaret to Kembleford is jeopardised when a school caretaker is found dead.
11.00 **Annika** 6/6. A young woman is founds murdered on the Glasgow docks. (S1)
12.00 M'T **Miss Scarlet and the Duke** As shown at 6.00pm.
1.00 AM **Murdoch Mysteries** (S2)
2.00 **Hightown** 6/8. (S1)
3.10 **to 4.00** AM **CSI: Vegas**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.15 AM **Only Fools and Horses**
12.30 PM **Only Fools and Horses** Ten episodes, including at: **3.10** The Trotters meet a pregnant German woman who is in need of help. **3.50** A weeping statue in the local church gives Del an idea. **4.25** The Trotters are caught up in an attempted robbery. **5.00** The Trotter brothers fall for the same woman. **5.40** Rodney's plans to make a film are spoiled by Del Boy. **6.20** A millionaire offers Del a partnership Down Under.

10.20 Men Behaving Badly

7.00 **Dad's Army** Mainwaring lets Private Frazer take charge of the platoon.
7.40 **The Good Life** Tom considers leaving Surbiton to live on a farm. **8.20** Tom and Barbara attend evening classes, while Margo struggles to master pottery.

9.00 **The Good Life** Barbara and Tom's activities disturb Margo and Jerry. **9.40** Margo and Jerry help when Perky the pig gives birth to her litter in the middle of the night.
10.20 **Men Behaving Badly** Gary and Tony are horrified to learn Deborah is planning to sell up and go travelling around Asia.
11.00 **Men Behaving Badly** Dorothy and Gary visit a country hotel.
11.40 **Neil & Martin's Bon Voyage**
12.40 AM **The Good Life**
2.00 **The Cleaner**
3.15 **to 4.00** AM **Toast of London**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Rick Stein: From Venice to Istanbul** Rick prepares an iconic Turkish dish.
8.00 **American Pickers**
10.00 **Guy Martin: Proper Jobs**
11.00 **Top Gear** Double bill.
1.00 PM **Storage Hunters UK**
3.00 **Hairy Bikers' Best of British**
5.00 **Guy Martin: Proper Jobs** Guy gets stuck into some of the most demanding and dangerous jobs in the UK.
6.00 **Wilderness with Simon Reeve** Simon travels across the Kalahari in southern Africa.

7.00 Special Ops: To Catch a...

7.00 **Special Ops: To Catch a Criminal** New edition A string of millionaires are targeted by a highly-organised burglary gang.

8.00 **Mortimer & Whitehouse: Gone Fishing** Paul and Bob fish for ferox trout in the Scottish Highlands. **8.40** Paul and Bob set off in a punt to fish for perch on the River Thames.
9.20 **Have I Got a Bit More News for You** Richard Ayoade hosts the satirical quiz, with Roisin Conaty and Andy Hamilton.
10.20 **QI** With guest panellists Aisling Bea, Holly Walsh and Cally Beaton.
11.00 **Mock the Week**
12.20 AM **Live at the Apollo**
1.25 **Best Wishes, Warmest Regards: A Schitt's Creek Farewell** An inside look at the final season of the comedy.
2.20 **Modern Life Is Goodish**
3.05 **to 4.00** AM **Have I Got a Bit More News for You**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **Location, Location, Location** Double bill.
4.00 **A Place in the Sun** Four editions, including at: **7.00** A couple seek a holiday home in Portugal.
8.00 **Britain's Most Expensive Houses** Ed Casson lists the ancestral home of George Washington in Essex.
9.00 **Gogglebox** The households' opinions on recent TV shows.
10.00 **The World's Biggest Cruise Ship** The construction of cruise ship *Icon of the Seas.*
11.00 FILM **Midway** World War Two drama starring Ed Skrein. (2019, 12, 138min) ★★★★
1.45 AM FILM **Omen** Belgian-Congolese drama. Subtitled. (2023, 15, 110min) ★★
3.35 **to 5.05** AM **Gogglebox: 10 Year Anniversary Special**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S3)
1.00 PM **NCIS** 17-21/22. (S20)
6.00 **NCIS** *Black Sky:* 22/22. The team try to stop an impending terror attack on US soil. (S20) **7.00** *Algún Día:* 1/10. Torres confronts the man who tormented his family. **8.00** *The Stories We Leave Behind:* 2/10. The agents work on one of Ducky's unfinished cases. (S21)
9.00 **Wild Cards** New episode *Eternal Sunshine of the Therapized Mind:* 8/10. A bickering Max and Ellis are assigned to the suspicious death of a celebrity therapist. (S1)
10.00 **Law & Order: Special Victims Unit** (S23)
1.50 AM **Law & Order: Criminal Intent** (S1)
2.45 **Blue Bloods** 8/22. (S8)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S4)
10.00 **Shoplifters: Caught Red Handed** Triple bill.
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Four editions, including at: **8.00** The helicopter crew are called out to rescue a woman trapped by rising water.
9.00 **999: Emergency Call Out** A team respond to a hit-and-run.
10.00 **A&E After Dark** A man suffering from alcohol withdrawal punches a nurse.
11.00 **Banged Up Abroad**
12.00 M'T **Britain's Hotel Murders** Documentary.
1.00 AM **Ambulance: Code Red** Documentary.
2.00 **GPs: Behind Closed Doors** Medical series.
2.50 **Casualty 24/7: Every Second Counts**
3.35 **to 4.00** AM **Highway Patrol**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Motorway Patrol**
9.25 **Ice Road Truckers**
11.25 **Outback Truckers**
12.20 PM **Trucking Heavy**
1.20 **Motorway Cops: Catching Britain's Speeders** Documentary.
2.20 FILM **Hellfire** Western. (1949, PG, 90min) ★★
4.15 FILM **Beyond the Law** Spaghetti Western starring Lee Van Cleef. (1968, 12, 90min) ★★
6.35 FILM **They Who Dare** World War Two drama. (1953, U, 107min) ★★
9.00 LIVE **American Football: NFL** Arizona Cardinals v Green Bay Packers: The week seven match from State Farm Stadium in Glendale. Kick-off is at 9.25.
12.30 AM **Cops** Documentary.
1.00 **World's Deadliest Weather: Caught on Camera** Double bill.
3.10 **Motorway Patrol**
3.45 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Tipping Point**
11.00 **One Born Every Minute**
4.00 PM **The Supervet**
6.00 **Pete Wicks: For Dogs' Sake** Pete returns to Basildon's Dogs Trust rehoming centre, facing a suitcase of abandoned puppies on day one.
7.00 **Inside the Ambulance at Christmas** Gaz and Liam help a man whose was hit in the head by a New Year's Eve firework. **8.00** As the New Year starts, Simon and Fiona are called to a pregnant woman who is bleeding.
9.00 **Inside the Operating Theatre** A man has his varicose veins removed. **10.00** A man has his badly broken nose reset.
11.00 **One Born Every Minute**
1.00 AM **Interior Design Masters with Alan Carr**
2.15 **to 3.00** AM **Amanda & Alan's Italian Job**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.15 AM **The Bill**
12.40 PM **Call the Midwife**
3.20 **Catherine Cookson's The Gambling Man**
6.40 **Last Tango in Halifax** 2/6. Michael tries to blackmail Caroline over her relationship with Kate. (S1)
8.00 **Sister Boniface Mysteries** *Stiff Competition:* 7/12. A death occurs at the local talent show. (S2)
9.00 **Silent Witness** *Fear:* Leo visits an old college friend at his psychiatric care centre, where he agrees to investigate a mysterious death. Guest stars Tamzin Outhwaite.
11.15 **New Tricks** *Diamond Geezers:* The team track a vicious criminal.
12.35 AM **Call the Midwife**
1.55 **Kingdom**
2.55 **to 4.00** AM **Sister Boniface Mysteries**

+1 hr 243 316 60 260

SUNDAY Entertainment

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** Snowdonia.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **My Dream Derelict Home in the Sun**
12.00 NOON **Who Do You Think You Are?**
2.00 PM **Long Lost Family**
3.00 **A Place in the Sun**
7.00 **Long Lost Family: What Happened Next** An update on two searchers who both found family members in a different country. **8.00** Revisiting the stories of a man who was looking for his older brother and a woman who was hoping to track down her birth mother.
9.00 **Dr Pimple Popper**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Fantasy Homes by the Sea**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Chase Celebrity Special** Quiz show.
11.00 **Play Your Cards Right**
12.00 NOON **Tenable**
2.00 PM **Lily Savage's Blankety Blank**
3.20 **Family Fortunes**
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** Double bill.
7.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** David Grant, Jonnie Peacock, Pixie McKenna and Andy Hamilton work as a team to secure a cash prize for charity.
10.00 **The Chase** Quiz show hosted by Bradley Walsh.
11.00 **Bullseye** Six editions of the darts-based quiz.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

Great! Action

323 319 426 42 33

9.00 AM **The High Chaparral**
12.00 NOON **FILM The High and the Mighty** Aerial adventure starring John Wayne. (1954, U, 147min) ★★★★
3.00 PM **FILM Sabata** Spaghetti Western starring Lee Van Cleef. (1969, 12, 107min) ★★
5.20 **FILM Return of Sabata** Spaghetti Western sequel starring Lee Van Cleef. (1971, 15, 107min) ★
7.40 **FILM El Dorado** Western starring John Wayne and Robert Mitchum. (1966, PG, 126min) ★★★★
10.20 **FILM Snatch** Guy Ritchie's crime comedy drama starring Benicio Del Toro, Jason Statham and Brad Pitt. (2000, 18, 102min) ★★★★
12.35 AM **The Persuaders!**
3.35 **Cops Uncut**
4.25 **Wild West Chronicles**
5.15 **to 5.40** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **Hart to Hart**
8.05 **Diagnosis Murder**
9.05 **FILM An Inheritance to Die For: A Teagarden Mystery** Crime drama. (2019, PG, 86min) ★★
11.00 **Murder, She Wrote**
7.00 PM **Murder, She Wrote** *A Little Night Work:* Jessica investigates when a necklace is stolen. **8.00** *Mr Penroy's Vacation:* Cabot Cove is thrust into the limelight.
9.00 **FILM Along Came a Spider** Crime thriller starring Morgan Freeman. (2001, 15, 103min) ★★★
11.15 **Ruth Rendell Mysteries**
1.35 AM **FILM Deadliest Switch** Crime thriller starring Lindsay Hartley. (2020, 12, 97min) ★★
3.20 **FILM The Killer Downstairs** Thriller. (2019, 12, 90min) ★
4.55 **to 5.40** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Christmas

319 317 424 52 47

8.10 AM **FILM Laughing All the Way** (2023, PG) ★★
10.05 **FILM Annie Claus is Coming to Town** (2011)
12.00 NOON **FILM The Christmas Chocolatier** Drama. (2024, PG) ★★
1.55 PM **FILM Christmas in Evergreen: Tidings of Joy** (2019, PG) ★★
3.50 **FILM Christmas in the Caribbean** (2022) ★★
5.50 **FILM A Christmas Love Story** (2019, U) ★★
7.40 **FILM Christmas at Graceland: Home for the Holidays** (2019) ★★
9.35 **FILM A Christmas to Cherish** (2019, U) ★★
11.30 **FILM Christmas by the Book** (2022, PG) ★★
1.20 AM **FILM A Merry Christmas Match** Drama. (2019, PG) ★
2.45 **Click and Collect**
3.35 **to 5.00** AM **FILM Christmas in Evergreen: Tidings of Joy** (2019)

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.30 **Bewitched** (S1)
8.30 **A Sharp Intake of Breath** (S2&3)
9.30 **Carry On Laughing**
11.00 **Doctor in the House**
12.30 PM **Jokers Wild**
1.00 **Kane & Abel**
3.45 **Hank the Cowboy**
4.00 **Tracing the Rails**
4.30 **Old Country**
5.00 **Robinson Country**
5.30 **Discovering Gardens**
6.00 **A Brush with Art**
6.30 **Carry On Laughing** (S1)
8.00 **In Loving Memory** (S4)
9.00 **Doctor in the House**
10.30 **A Day in the Life of Beryl Cook**
11.00 **Bewitched** (S1)
12.30 AM **Jokers Wild**
1.00 **FILM Press for Time** Comedy. (1966, U) ★★
3.00 **Discovering Gardens**
3.30 **A Brush with Art**
4.00 **Stereo Underground**
5.00 **to 6.00** AM **Bubblegum & Cheese**

DMAX

159 152 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Junkyard Empire**
2.00 PM **Kindig Customs**
5.00 **Texas Metal**
7.00 **Expedition Bigfoot** The team decide to split up and corner Bigfoot. **8.00** The team's search culminates in a monumental discovery.
9.00 **Jack and Kelly Osbourne: Night of Terror** Jack and Kelly Osbourne set out on a three-day investigation of the *Queen Mary*.
11.00 **Expedition X** The team respond to reports of a half-man, half-beast. **12.00** M'T Josh, Jess and Phil search for a werewolf-like creature. **1.00** AM A supersonic craft flying above the waters off Catalina Island.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Man v Food with Casey Webb** Triple bill.
9.30 **Man v Food**
10.30 **Man v Food with Casey Webb** Triple bill.
12.00 NOON **Jamie's Great Britain** A visit to the East End of London.
1.00 PM **James Martin's Islands to Highlands**
3.00 **Great British Bake Off**
9.00 **James Martin's American Adventure** James visits a food market in Santa Monica. **10.00** The chef begins the Texan leg of his journey in San Antonio. **11.00** James arrives in Austin as he continues his journey through Texas. **12.00** M'T The chef tries line dancing and cattle roping in Fort Worth.
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **FILM The Fabulous Journey to the Centre of the Earth** Fantasy. (1978, PG, 87min) ★★
9.00 **The Fall Guy** (S5)
2.00 PM **FILM Sea of Sand** Action drama. (1958, b/w, U, 97min) ★★★
3.55 **FILM Treasure Island** Family adventure. (1971, U, 95min) ★★★
5.50 **FILM Sinbad and the Eye of the Tiger** Fantasy adventure. (1977, U, 108min) ★★★
8.00 **The Twilight Zone**
9.00 **FILM The 13th Warrior** Action adventure with Antonio Banderas. (1999, 15, 103min) ★★★
11.05 **FILM Hamburger Hill** Wartime drama. (1987, 18, 108min) ★★★★
1.10 AM **FILM Reasonable Doubt** Crime thriller. (2013, 15, 91min) ★★★
3.00 **to 4.50** AM **FILM Armed Response** Action thriller. (2017, 15, 93min) ★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Mega Storm: Days of Destruction** Sci-fi action thriller. (2011, PG, 89min) ★★
8.00 **FILM Alien Convergence** Thriller. (2017, 15, 90min) ★★
10.00 **FILM The Gambler** Musical drama. (1980, PG, 95min) ★★★
12.00 NOON **FILM Coward of the County** Drama. (1981, PG, 104min) ★★
2.00 PM **FILM Dragonquest** Fantasy adventure. (2009, 12, 90min) ★★
4.00 **Six Million Dollar Man**
9.00 **FILM The 39 Steps** Adventure remake of Hitchcock's thriller, starring Kenneth More. (1959, U, 93min) ★★★
10.55 **FILM Mercenaries** Thriller starring Robert Fucilla and Billy Zane. (2011, 15, 97min) ★★
1.00 **to 3.00** AM **FILM The 39 Steps** As 9.00pm.

+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Auction Hunters**
7.30 **Irish Pickers**
8.20 **Dickinson's Real Deal**
9.10 **Junk & Disorderly**
10.05 **Alien Disclosure Files**
11.05 **Ancient Aliens**
12.00 NOON **Encounter: UFO**
1.00 PM **The UnXplained**
1.55 **Alexander the Great**
3.55 **History's Greatest...**
4.55 **The Mystery of the Holy Lance**
6.00 **Banned from the Bible**
7.00 **History's Greatest Mysteries** Documentary.
8.00 **The Curse of Oak Island**
9.00 **The Great British Dig**
10.00 **Greatest Prison Escapes**
11.00 **Al Murray: Why Does Everyone Hate the British Empire?**
12.00 M'T **Evidence of the Unexplained**
1.00 AM **National Park Mysteries** Double bill.
2.00 **Paranormal Survivor**
3.00 **Haunted Hospitals**
4.00 **to 6.00** AM **River Hunters**

5SELECT

153 166 138 46 133 30

9.00 AM **Cruising with Jane McDonald** The Danube.
9.20 **World War II in Colour**
11.25 **Columbo** Five episodes of the drama, incluing at: **5.00** PM *Make Me a Perfect Murder:* A TV executive's assistant responds to being denied a promotion by killing her boss. **7.00** *Grand Deceptions:* An army colonel kills a blackmailer who has found out about his misdeeds, only to receive a visit from Lt Columbo.
9.00 **Ronnie Corbett: 30 Funniest Moments** The life and career of the celebrated comic.
11.00 **Taggart** *Killer:* First episode of the Glasgow-set crime drama.
1.45 AM **Mystery of MH370: Drain the Oceans**
2.45 **Nazi Secrets Revealed: Drain the Oceans**
3.40 **to 4.00** AM **Cruising with Jane McDonald**

HGTV

158 153 191 44 149 40

7.00 AM **My Lottery Dream Home** Eight editions.
11.00 **Escape to the Country**
1.00 PM **Escape to the Country** Six editions.
7.00 **A Place in the Sun** Advice on buying a second home abroad. **8.00** A pair of childhood sweethearts from Leeds look for a home on the Greek island of Crete. **9.00** A Southampton couple hope to buy a holiday home in Spain with a £60,000 budget. **10.00** Two friends look for a holiday home on the island of Crete within a budget of £100,000. **11.00** A couple search for a holiday home in the Mar Menor in Spain. **12.00** M'T Advice for people buying a second home abroad.
1.00 **to 4.00** AM **The Saved and Remade Workshop**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Curvy Brides Boutique** Reality series.
8.00 **Say Yes to the Dress: UK** Four editions.
10.00 **The Bad Skin Clinic**
12.00 NOON **Extreme Cheapskates**
1.00 PM **My 600lb Life**
5.00 **The Family Chantel**
6.00 **7 Little Johnstons**
8.00 **The Bad Foot Clinic** Podiatrist Marion treats Elaine, who suffered childhood teasing due to her webbed feet.
9.00 **It's Me or the Dog UK**
10.00 **24 Hour Baby Hospital**
11.00 **Body Bizarre**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Cheapskates**
2.00 **24 Hour Baby Hospital**
3.00 **The Face Doctors**
4.00 **The Bad Foot Clinic**
5.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Bradley & Barney Walsh: Breaking Dad**
9.00 **Friends** (S2&3)
2.00 PM **FILM Who Framed Roger Rabbit** Comedy thriller mixing live-action and animation, starring Bob Hoskins. (1988, PG, 103min) ★★★★★
4.05 **Friends** 3-12/25. (S3)
9.00 **FILM Nine to Five** Comedy starring Jane Fonda, Dolly Parton and Lily Tomlin. (1980, 15, 110min) ★★★
11.15 **Iain Stirling's Roast the Internet** With Kiell Smith-Bynoe.
12.15 AM **8 Out of 10 Cats Uncut** With Sam Buttery.
1.05 **Whose Line Is It Anyway? USA**
2.35 **Important Things with Demetri Martin**
3.00 **South Park** 3/10. (S22)
3.25 **The Ricky Gervais Show**
4.15 **to 5.00** AM **Most Ridiculous**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Everybody Loves Raymond** (S4)
7.00 **Teleshopping**
9.00 **Spin City** (S1&2)
2.00 PM **Friends** (S3)
4.00 **Spin City** (S2)
9.00 **Friends** 12/24. Rachel tries to make amends with work rival Gavin. **9.30** 13/24. Ross attempts to make Rachel jealous. **10.00** 14/24. Joey and Phoebe play Cupid for Rachel and Ross. **10.30** 16/24. Monica asks Joey for money. **11.00** 17/24. A joke entry on Ross's college website backfires on Chandler. **11.30** 18/24. Everyone except Ross decides to play the lottery. (S9)
12.00 M'T **Friends** (S9)
2.00 AM **Impractical Jokers**
3.00 **South Park**
5.15 **to 6.00** AM **Everybody Loves Raymond**

Sky Replay

152 160 156

7.00 AM **Highway Patrol**
11.00 **Paramedics Australia**
1.00 PM **Caught on Dashcam** Triple bill.
4.00 **Air Ambulance ER**
7.00 **SEAL Team** *Rearview Mirror:* 12/16. Jason re-evaluates his role. **8.00** *Do No Harm:* 13/16. The unit are sent to bring a Boko Haram lieutenant into custody. **9.00** *Hollow at the Core:* 14/16. Bravo attempt to infiltrate a Boko Haram camp. **10.00** *Nightmare of My Choice:* 15/16. Bravo join forces with Alpha team to protect a pipeline. **11.00** *One Life to Live:* 16/16. Bravo take a hit that will change the team for ever. (S4)
12.00 M'T **The Force: North East** Four editions.
4.00 AM **Four Weddings**
5.00 **to 6.00** AM **Celebrity Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **Teen Mom Australia**
6.20 **Teen Mom UK**
7.10 **Teen Mom 3**
10.00 **Geordie OGs**
1.00 PM **Catfish: Love Triangles** Reality show.
2.00 **Catfish: The TV Show**
6.00 **Catfish: Scammed**
8.00 **Catfish: The TV Show** Nev and Max meet a man who claims to have been dating a pop star.
9.00 **My Lover, My Killer** The case of a man with a history of violence towards friends and partners, whose on-off girlfriend hoped to start a family together.
10.00 **Ink Master Redemption**
11.00 **Aussie Shore**
1.00 AM **Black Ink Crew New York** Reality show.
2.00 **Caught in the Act: Double Life** Charlotte knows something's off with her daughter.
2.45 **Catfish: The TV Show**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Wheeler Dealers**
11.00 **Wheeler Dealers: Dream Car** A Series 2A Land Rover.
12.00 NOON **Alaska: Homestead Rescue** In Mississippi, the Raneys must solve the mystery of flooding water. **2.00** PM In Hawaii, the Raneys rescue a young family with a crumbling cabin. **4.00** The Raneys rescue a family which descended from rock music royalty.
6.00 **Scrap Kings** In Margate, Kent, a man transforms unwanted parts into bespoke lighting.

7.00 Alaska: Homestead Rescue

7.00 Alaska: Homestead Rescue New edition Two young couples in Alaska face disaster near the Arctic Circle. With no access to basics, the Raneys must act fast in their most extreme rescue yet.

9.00 Sin City Tow On the Vegas Strip, TW meets an angry Elvis, and Jeremy contends with salty strip club clients.

10.00 Wheeler Dealers World Tour Mike and Elvis take a huge risk buying a neglected Audi RS2 that they can't test drive.

11.00 **Bitchin' Rides: Road to the Ridler** The team build a car out of aluminium by hand.
12.00 M'T **Naked and Afraid** Four men seek to redeem past failures in the Philippine jungle. **2.00** AM A series legend joins two new survivalists.
4.00 **to 5.00** AM **Buying Alaska**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Flying Wild Alaska**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **Insane Pools: Off the Deep End** Lucas builds a giant pool. **4.00** Creating a tropical oasis.
5.00 **Treehouse Masters** Pete Nelson shares his favourite moments from the series.
6.00 **Bad Dog!** A dog digs large ditches in its owners' back garden and they require a bulldozer to fill them in.

8.00 Little Giants

7.00 How Do Animals Do That? The secrets behind a kangaroo's hop. **7.30** How cats always land on their feet.

8.00 Little Giants The team are in Thailand to test the strong rhinoceros beetle. **8.30** A search for the panther chameleon.

9.00 The Zoo A red-ruffed lemur is rushed to the health centre with a leg wound, and a new exhibit is built for the Pallas cats.

10.00 Tanked A Las Vegas laundry commissions the boys to come up with an aquarium built into a real washer-dryer unit.

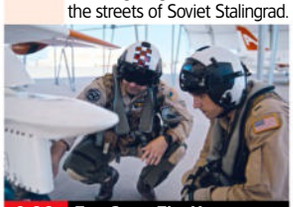
11.00 **Alaska: The Last Frontier** A chimney fire threatens to destroy Otto's cabin.
12.00 M'T **Fish or Die** The anglers go in search of barramundi.
1.00 AM **Saved by the Barn**
2.00 **Alaskan Bush People**
3.00 **Little Giants** Double bill.
4.00 **to 5.00** AM **The Zoo**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Ice Road Rescue**
11.00 **Air Crash Investigation**
1.00 PM **Drain the Oceans: Deep Dive** Documentary.
2.00 **Killing Hitler**
3.00 **Secret Nazi Science**
4.00 **Nazi Megastructures: Battle Ready** The colossal defences built by the Nazis.
5.00 **World War II: Secrets from Above** In 1942, German and Italian forces threaten British-controlled Egypt. **6.00** Fighting breaks out in the streets of Soviet Stalingrad.



9.00 Top Guns: The Next...

7.00 Egypt's Sun King: Secrets and Treasures The first newly-discovered tomb containing a body since Tutankhamen.

8.00 Lost Treasures of Egypt New edition A look at how Cleopatra used perfume to enhance and embellish her power.

9.00 Top Guns: The Next Generation New edition The students face a final test in a head-to-head fight with their instructors.

10.00 Hitler's Death Squad The story of the Nazi soldiers that were charged with carrying out Hitler's plans for genocide.

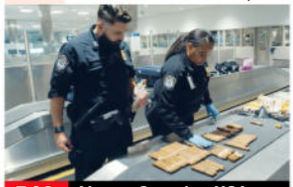
11.00 **Inside Melbourne Airport**
12.00 M'T **To Catch a Smuggler** New edition Officers hunt down a fleeing boat carrying cocaine worth $2.5 million.
1.00 AM **Air Crash Investigation**
2.55 **Food Factory USA**
3.45 **Lords of War** Double bill.
4.35 **to 5.00** AM **Made in a Day**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
7.00 **Digging for Britain**
9.00 **Kevin Costner's The West**
10.00 **Digging Up Britain's Past**
11.00 **Britain's Most Historic Towns**
12.00 NOON **Digging for Britain**
5.00 PM **The Abyss: Rise & Fall of the Nazis** How discrimination against Jews was evident in Nazi Germany in 1934. **6.00** The invasion of Poland by the German army in 1939, examining how Hitler succeeded in pushing through his rearmament and war plans.



7.00 Airport Security: USA

7.00 Airport Security: USA A look at the work of law enforcement and customs officers at four of America's busiest airports.

8.00 Airport Security: USA San Francisco officers learn that a passenger is trying to smuggle cannabis to Britain.

9.00 The Mark of the Bell Witch Horror based on a true story, starring Adrienne Breedlove, Amy Davies and Aaron Gascon. Members of a family in Tennessee are haunted by an apparition apparently bent on destroying their lives.

11.00 **Witches of Essex** Women accused of witchcraft during the 16th and 17th centuries.
12.00 M'T **Ancient Aliens** Mysterious figures that appear to be half-human and half-bird. **1.00** AM Alien craft, from orbs of light to flying saucers.
2.00 **Ancient Aliens: Origins**
4.00 **to 6.00** AM **Airport Security: USA**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys** Double bill.
8.00 **Great Continental and Indian Railway Journeys**
9.00 **Trawlermen** Triple bill.
11.00 **Bangers & Cash**
1.00 PM **Bangers & Cash: Restoring Classics**
2.00 **Flipping Bangers**
3.00 **Life** A look at how mammals dominate the planet. **4.00** The challenges facing fish. **5.00** The challenges facing birds during nesting season. **6.00** The world of insects.

7.00 Turkey with Simon Reeve

7.00 Turkey with Simon Reeve Simon explores the country that lies at the crossroads between Europe and Asia.

8.00 Flipping Bangers Car enthusiasts Will Trickett and Gus Gregory get their hands on a potentially very valuable Volvo.

9.00 Bangers & Cash: Restoring Classics The team send their Paul Smith Mini in for some designer tailoring.

10.00 Bangers & Cash An MG Midget, an Austin-Healey 'frogeye' Sprite and an RS2000 come up for auction.

11.00 **Bangers & Cash** Dave's son Jack heads to Cheshire to collect two cars with a 35-year age difference. **12.00** M'T A 1970 Excalibur Roadstar, once owned by music legend Roy Orbison, arrives in Thornton-le-Dale.
1.00 **to 3.00** AM **Bangers & Cash**

+1hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **World's Greatest Motorcycle Rides**
8.00 **Find It, Fix It, Flog It**
12.00 NOON **Money for Nothing** Double bill.
2.00 PM **The Repair Shop**
5.00 **The Yorkshire Auction House** Triple bill.
8.00 **Salvage Hunters** As a hat factory shuts, Serkan rescues industrial relics.
9.00 **The Repair Shop** The crafting experts restore a worn-out suitcase from Ukraine. **10.00** Cycle expert Tim brings a broken unicycle back to life. **11.00** Bookbinder Chris is tasked with fixing a 50-year-old paper kite. **12.00** M'T Leather expert Susie fixes up a wallet.
1.00 AM **Massive Engineering Mistakes**
2.00 **Destroyed in Seconds**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Atlanta** Double bill.
11.00 **Curvy Brides Boutique**
12.00 NOON **FBI Files**
3.00 PM **Death by Fame**
7.00 **Death by Fame** A look into the death of a hopeful soap opera star. **8.00** A former model turns up dead at the bottom of her pool.
9.00 **A Killer's Mistake** Kevin Lewis's refusal to let go ends in tragedy. **10.00** The errors made by Paul Hutchinson.
11.00 **Murder on CCTV**
12.00 M'T **Chris Watts: A Faking It Special**
1.00 AM **Michael Jackson: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Storm of Suspicion** An unidentified female body is found in rural southern Minnesota.
7.00 **New Scotland Yard Files** A look at the case of Laila Rezk. **8.00** Examining the death of Geeta Aulakh.
9.00 **Murder in Mind** New edition A look at the crimes of killer Bryan Whitelock, who was sentenced to life with no parole.
10.00 **Millionaire Murders** Police find it is clear Shanti Cooper's death was not an accident.
11.00 **See No Evil** The murder of Alajawan Brown.
12.00 M'T **Cold Justice**
1.00 AM **Murder in Mind**
2.00 **New Scotland Yard Files** Double bill.
4.00 **to 5.45** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Storm of Suspicion**
2.00 PM **Forensic Factor**
4.00 **Murder: Fight for the Truth** Double bill.
6.00 **Judge Judy** A woman claims she discovered her daughter was part of an alleged criminal ring. **6.25** A mother is outraged that her former friend has demanded the return of her dog. **6.50** Wine stains cover a wall after a fight gets physical between lovers. **7.15** A man sues his girlfriend for a security deposit payback. **7.40** A teacher is sued for thousands of dollars in alleged loans. **8.05** A woman whose service dog was allegedly mauled by a friend's pet.
8.30 **Judge Judy** Further back-to-back cases.
2.00 AM **Forensic Factor**
4.00 **Storm of Suspicion**
4.45 **to 6.00** AM **Facing Evil**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
9.00 **Brit Cops: Rapid Response** Documentary.
10.00 **Killer in My Village**
11.00 **World's Most Evil Killers**
12.00 NOON **Murder Next Door** Paige Doherty.
1.00 PM **How I Caught the Killer** True-crime.
2.00 **World's Most Evil Killers**
3.00 **Murder Uncut**
4.00 **Catching the Killer**
5.00 **Britain's Most Evil Killers** The story of serial killer Geoffrey Evans.
6.00 **How I Caught the Killer**
7.00 **World's Most Evil Killers** Paul Runge.
8.00 **Killer in My Village**
9.00 **The Torso Killer**
12.20 AM **Catching the Killer**
1.15 **The Real Manhunter**
2.10 **Killer in My Village**
3.05 **World's Most Evil Killers**
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **The Truth About Franco: Spain's Forgotten Dictatorship**
1.00 PM **The Civil War**
5.35 **Nazi Ratlines in Franco's Madrid**
6.55 **The Truth About Franco: Spain's Forgotten Dictatorship** 1/4. Documentary examining dictator Francisco Franco's reign, beginning with a look at his rise to power after launching a coup. **8.10** 2/4. The first period of Franco's regime. **9.20** 3/4. A look into how Franco managed to prevail after the end of World War Two. **10.35** 4/4. Exploring how Franco's rule was legitimised by Spain's economic upturn.
12.00 M'T **Nazi Ratlines in Franco's Madrid**
1.15 **to 2.00** AM **America the Bountiful**

SUNDAY

Sunday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Jamie Foxx**
7.00 **Discovering: Ryan Gosling**
8.00 **The Directors**
10.00 **Laurel and Hardy: Their Lives and Magic** Documentary.
12.00 NOON **Val** Documentary.
2.00 PM **I Am Jackie O**
3.45 **My Icon: Denise Lewis**
4.00 **Williams & Mansell: Red 5**
5.45 **My Icon: Martin Offiah**
6.00 **Hill** A profile of ex-Formula One driver Damon Hill.
7.50 **My Icon: Linford Christie**
8.00 **Super/Man: The Christopher Reeve Story** A profile of the actor who rose to fame after starring in the 1978 film *Superman*, but was paralysed from the neck down in 1995 after a horse-riding accident.
10.00 FILM **The Alpinist** Documentary about elusive climber Marc-André Leclerc. (2021, 12, 92min) ★★★★
11.50 **Pantani: The Accidental Death of a Cyclist** Documentary.
1.50 AM **Stirling**
3.10 **Siempre, Luis** Documentary.
5.00 **to 6.00** AM **The Directors**

Crime+Investigation

156 142 133

6.00 AM **Murder at My Door with Kym Marsh** Double bill.
8.00 **Nightmare in Suburbia**
10.00 **Jo Frost on Britain's Killer Kids**
11.00 **999: Killer on the Line**
1.00 PM **Killer Britain with Dermot Murnaghan** Double bill.
3.00 **Look What You Made Me Do**
7.00 **Laura Whitmore on Britain's Killer Teens** How Brian Blackwell killed his parents.
8.00 **City Confidential** A farming community is rocked when one of their own is found murdered.
9.00 **Cold Case UK** New edition How DNA and forensic science exposed a serial offender.
10.00 **Cold Case Files** A daughter vows to solve the murder of her mother 40 years later.
11.00 **Look What You Made Me Do**
12.00 M'T **Secrets of Celebrity Sex Tapes** Documentary.
1.00 AM **A Perfect Scam**
3.00 **Cold Case UK** As 9.00pm.
4.00 **to 6.00** AM **Spring Break Murders**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 142

9.00 AM **Wild Colombia with Nigel Marven** Four editions.
1.00 PM **Wild Colombia with Nigel Marven** Exploring Colombia's wild side, beginning in Bogota. **2.00** A search for anacondas in the Amazon forest. **3.00** A visit to Santa Maria. **4.00** An exploration of Colombia's Pacific coast.
5.00 **TOTP: 1998** Featuring Robbie Williams, Clock, Lighthouse Family, Oasis and All Saints. **5.35** Music by Peter Andre, Lighthouse Family and OTT. **6.15** Performances by All Saints, Chumbawamba, Robbie Williams and Juliet Roberts. **6.55** Featuring Usher, Carleen Anderson, Saint Etienne, Will Smith, the Freestylers, the Rolling Stones, OTT and Aqua. **7.35** With Errol Brown, Cleopatra, Headswim, Jay-Z feat. Gwen Dickey, Wes, Backstreet Boys and Aqua.
8.15 **TOTP: 1998**
4.25 **to 6.00** AM **The Bill**

+1 hour 266 376

Sky Nature

145 113/114 189 354 369

6.00 AM **Wild Survivors**
8.00 **Wildlife Icons** Four editions.
12.00 NOON **Accidental Wilderness: Europe's Everglades**
1.00 PM **Wild Battlegrounds**
3.00 **Shark with Steve Backshall**
4.00 **Shark: British Isles Special with Steve Backshall**
5.00 **Monkeys and More: Our Closest Relatives**
6.00 **Pride Rules** New edition A look at lion prides and their incessant drive to survive.
7.00 **David Attenborough's Natural History Museum Alive** A unique tour of the institution.
8.10 **Micro Monsters with David Attenborough** Double bill.
9.00 **Alaskan Summer** How summer turns Alaska into a true wildlife paradise.
10.00 **America's Wild Seasons**
12.00 M'T **Pride Rules** As 6.00pm.
1.00 AM **Accidental Wilderness: Europe's Everglades**
2.00 **Monkeys and More: Our Closest Relatives**
3.00 **to 6.00** AM **Wild Dogs: Pack vs Pride**

WILD

165 145/133 182

8.00 AM **The Incredible Dr Pol**
10.00 **In The Womb: Animal Babies**
11.00 **Wild India** Double bill.
1.00 PM **Killer Whale Chronicles**
3.00 **Giants of the Deep Blue**
4.00 **Secrets of the Zoo**
6.00 **Critter Fixers: Country Vets** New edition The vets help a first-time dog owner with puppies and fly in to perform a rare amputation on an owl.
7.00 **Close Encounters of the Wild Kind** Series finale The extraordinary wildlife of Australia.
8.00 **Iberia's Woodlands: Life on the Edge** 1/2. The wildlife of Spain and Portugal's forests. **9.00** 2/2. Autumn and winter in the Mediterranean forests.
10.00 **Kingdom of the White Wolf** Ronan Donovan documents a pack of Arctic wolves.
11.00 **Snakes in the City** Simon and Siouxsie put their new apprentice to the test.
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet**

ID

154 141 166

8.00 AM **Evil Stepmothers**
10.00 **Web of Lies** True-crime.
11.00 **Where Murder Lies**
12.00 NOON **Disappeared**
2.00 PM **American Monster**
3.00 **Evil Lives Here**
4.00 **American Monster**
6.00 **Evil Lives Here** A look into the case of Joyce Alexander. **7.00** Pam Jacobs reveals the dark truth about her father.
8.00 **Twisted Sisters** A case concerning two Southern sisters and their meddlesome mother.
9.00 **Toxic** Manipulation leads to the bloody ending of Kelly Sutliff's marriage.
10.00 **Faking It: Tears of a Crime** Exploring the cases of Shafilea Ahmed and Gordon Wardell.
11.00 **Evil Lives Here: The Killer Speaks** True-crime.
12.00 M'T **Road Rage** Four editions.
2.00 AM **American Detective with Lt Joe Kenda** Double bill.
4.00 **to 6.00** AM **Murder in the Heartland**

+1 hour 254 366

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **World War Weird**
11.00 **Walking Through History**
12.00 NOON **Digging for Britain**
2.00 PM **Alien Files: Unsealed**
4.00 **Hitler's Secret Bomb**
6.00 **Walking Through History**
7.00 **Digging for Britain: WWII Special** The team join marine archaeologists in the Solent as they raise a Fairey Barracuda divebomber.
8.00 **Life After People** The world's rivers are laced with acid.
9.00 **Ross Kemp: Mafia and Britain** Britain's surprising and deep-rooted links with the Mafia.
10.00 **Lost Worlds** Hitler's ambitious plan for a new Germany.
11.00 **Ancient Aliens** New evidence of a extraterrestrial intervention on Earth in the distant past. **12.00** M'T Extraterrestrial influence on mankind.
1.00 AM **Secrets Declassified with David Duchovny**
3.00 **WWII's Most Daring Raids**
4.00 **WWII Battles in Colour**
5.00 **to 6.00** AM **WWII Lost Films**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **The Alaska Triangle**
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides**
6.00 **Blowing Up History** Experts use technology to investigate a lost city buried in the Sahara. **7.00** A look at the destruction of the town of Herculaneum by the same eruption of Mount Vesuvius that wiped out Pompeii in 79 AD. **8.00** New discoveries reveal who the Roman Empire were trying to keep out with the 72-mile-long Hadrian's Wall.
9.00 **Salvage Hunters: The Restorers** Metalworker Ted Edley is asked to restore an obscure German football table. **10.00** A 1930s kitchen cabinet gets a sleek transformation. **11.00** Ted attempts to revive an antique suit of armour that is missing some important parts.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Misfit Garage**
10.00 **How It's Made: Dream Cars**
11.00 **Bad Chad Customs**
12.00 NOON **Fifth Gear**
5.00 PM **Richard Hammond's Workshop** Richard's team work overtime to complete their first big restoration – a 1950s Alvis. **6.00** Richard come up with a plan to raise emergency funds.
7.00 **Wheeler Dealers** Mike Brewer hopes to purchase a Lotus Elise, but is unsure how to add value to the car and enlists mechanic Edd China's help. **8.00** Mike takes a risk on a Jaguar E-type in poor condition. **9.00** A Lotus Elan is given a new lease of life. **10.00** Mike and Edd take on a Jensen Interceptor. **11.00** Mike finds what he thinks is the finest-handling front wheel drive car, the Lotus Elan M100. **12.00** M'T After years of searching, Mike has found the ultimate 1980s hot hatch.
1.00 **to 5.00** AM **Misfit Garage**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.45 AM **Juliet & Romeo** Musical. (2025, 12, 122min) ★★★
8.50 **Grow** As shown at 2.00pm.
10.40 **Black Bag** As 8.00pm.
12.20 PM PREMIERE **Ick** As 9.40pm.
2.00 **Grow** Family comedy. (2025, PG, 107min) ★★★★
3.50 **Bridget Jones: Mad About the Boy** Romantic comedy sequel with Renée Zellweger. (2024, 15, 125min) ★★★★
5.55 **Lake George** Crime thriller. (2024, 15, 118min) ★★★★

9.40 Ick

8.00 **Black Bag** Espionage thriller starring Michael Fassbender and Cate Blanchett. When a spy is suspected of treason, her husband faces the ultimate test. With Tom Burke. (2024, 15, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 PREMIERE **Ick** Dark sci-fi comedy starring Brandon Routh and Mena Suvari. A teacher's life changes when he reconnects with his first love and suspects a new student is his daughter, all while facing an alien threat in their town. (2024, 15, 93min) ★★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Novocaine** Action comedy. (2024, 15, 80min) ★★★
1.15 AM **It Feeds** Horror thriller. (2025, 15, 102min) ★★★
3.05 **Lake George** As 5.55pm.
5.10 **to 7.05** AM **Code 3** Action comedy starring Rainn Wilson. (2025, 15, 104min) ★★★★

Sky Cinema Hits

303 303 403 503 517

7.35 AM **Nutty Professor II: The Klumps** (2000, 12) ★★★
9.35 **The Flintstones** Comedy. (1994, U, 93min) ★★★
11.15 **Migration** (2023, U) ★★★
12.50 PM **Peter Rabbit 2: The Runaway** (2021, U) ★★★
2.35 **Bean** Comedy spin-off. (1997, PG, 90min) ★★★
4.20 **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★
6.00 **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★

6.00 Grease

8.00 **Dreamgirls** Musical starring Jamie Foxx, Beyoncé Knowles, Eddie Murphy and Jennifer Hudson. In 1960s Detroit, a wannabe music mogul pushes a girl group to stardom but sidelines their talented lead singer in favour of her beautiful sidekick. (2006, 12, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **The Green Hornet** Fantasy action comedy starring Seth Rogen, Jay Chou and Cameron Diaz. A wealthy playboy reinvents himself as a masked crime-fighter. (2011, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **There Will Be Blood** Epic drama with Daniel Day-Lewis. (2007, 15, 158min) ★★★★★
2.55 **to 6.10** AM **Schindler's List** Steven Spielberg's Oscar-winning historical drama. (1993, 15, 195min) ★★★★★

Sky Cinema Drama

310 310 410 510 524

7.45 AM **Elizabeth: The Golden Age** Historical drama sequel. (2007, 12, 114min) ★★★
9.55 **Dear John** Romantic drama. (2010, 12, 108min) ★★
12.00 NOON **The Boy in the Striped Pyjamas** Wartime drama. (2008, 12, 94min) ★★★★
1.50 PM **Dunkirk** Drama with Tom Hardy and Kenneth Branagh. (2017, 12, 106min) ★★★★★
3.50 **A League of Their Own** Comedy drama with Tom Hanks. (1992, PG, 124min) ★★★★
6.10 **The Estate** Comedy with Toni Collette. (2022, 15, 96min) ★★
8.00 **The King's Speech** Oscar-winning royal drama starring Colin Firth, Geoffrey Rush and Helena Bonham Carter. (2010, 12, 118min) ★★★★★
10.00 **Sundown** Drama starring Tim Roth. (2021, 15, 82min) ★★★★
11.30 **The Danish Girl** Period drama. (2015, 15, 117min) ★★★
1.35 AM **Dallas Buyers Club** Drama starring Matthew McConaughey. (2013, 15, 114min) ★★★★
3.40 **Flashdance** Dance drama. (1983, 15, 96min) ★★★
5.20 **to 8.00** AM **There Will Be Blood** Drama with Paul Dano. (2007, 15, 158min) ★★★★★

Sky Cinema Science Fiction

311 311 411 511 525

7.25 AM **Kill** As shown at 3.50am.
9.10 **Arcadian** As 12.20am.
10.55 **The Crazies** Horror thriller. (2010, 15, 101min) ★★★★
12.55 PM **Dark Skies** Paranormal thriller. (2013, 15, 97min) ★★★
2.40 **I Am Legend** Sci-fi horror. (2007, 15, 101min) ★★★★
4.25 **Resident Evil** Sci-fi horror thriller starring Milla Jovovich. (2002, 15, 100min) ★★★
6.10 **Resident Evil: Apocalypse** Sci-fi horror sequel with Milla Jovovich and Sienna Guillory. (2004, 15, 94min) ★★★
8.00 **Ready Player One** Steven Spielberg's adventure starring Tye Sheridan and Olivia Cooke. (2018, 12, 140min) ★★★★
10.30 **Men in Black** Sci-fi comedy with Tommy Lee Jones and Will Smith. A New York cop joins a secret government agency that polices alien activity on Earth. (1997, PG, 94min) ★★★★
12.20 AM **Arcadian** Horror thriller. (2024, 15, 92min) ★★★★
2.00 **Escape from the 21st Century** Chinese adventure. Subtitled. (2024, 15, 94min) ★★★
3.50 **Kill** Thriller with Daniel Portman. (2023, 15, 94min) ★★★
5.35 **to 7.25** AM **Dark Skies** (2013)

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Harry Potter

306 306 406 506 519

6.40 AM **Harry Potter and the Deathly Hallows: Part II**
8.55 **Harry Potter and the Philosopher's Stone** Fantasy. (2001, PG, 152min) ★★★★
11.30 **Harry Potter and the Chamber of Secrets** Fantasy. (2002, PG, 161min) ★★★★
2.15 PM **Harry Potter and the Prisoner of Azkaban** Fantasy. (2004, PG, 142min) ★★★★★
4.45 **Harry Potter and the Goblet of Fire** (2005, 12) ★★★

2.15 ...the Prisoner of Azkaban

7.25 **Harry Potter and the Order of the Phoenix** Fantasy starring Daniel Radcliffe, Rupert Grint and Emma Watson. (2007, 12, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

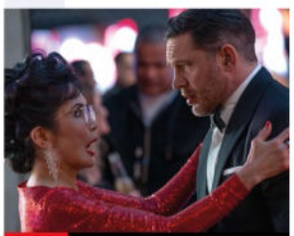
9.45 **Harry Potter and the Half-Blood Prince** Fantasy starring Daniel Radcliffe, Rupert Grint and Emma Watson. Harry Potter prepares for a coming showdown with the forces of evil. (2009, 12, 153min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Harry Potter and the Deathly Hallows: Part I** Fantasy with Daniel Radcliffe. (2010, 12, 146min) ★★★★
2.50 **Harry Potter and the Deathly Hallows: Part II** Fantasy with Daniel Radcliffe. (2011, 12, 130min) ★★★★★
5.15 **Cinema List: Magical Movies**
5.35 **to 7.40** AM **Small Soldiers** Fantasy starring Kirsten Dunst. (1998, PG, 99min) ★★★★

Sky Cinema Action

307 307 407 507 521

7.25 AM **Hounds of War** Thriller. (2024, 15, 95min) ★★★
9.05 **Hellboy** Comic-book horror. (2004, 12, 122min) ★★★★
11.25 **Snakes on a Plane** Thriller. (2006, 15, 105min) ★★★
1.15 PM **Total Recall** Sci-fi thriller. (2012, 12, 113min) ★★★
3.20 **Gladiator II** Historical drama sequel starring Paul Mescal. (2024, 15, 148min) ★★★
5.50 **Justice League** Adventure. (2017, 12, 120min) ★★



8.00 Venom: The Last Dance

8.00 **Venom: The Last Dance** Fantasy adventure sequel starring Tom Hardy and Juno Temple. Eddie Brock and partner-in-crime Venom face dangers from two worlds as the end of their symbiotic relationship grows near. (2024, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

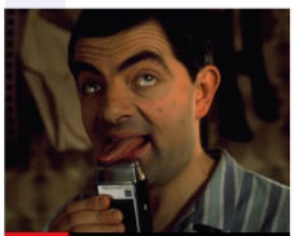
10.00 **The Scorpion King** Fantasy starring Dwayne Johnson. A skilled warrior is hired by the nomadic people of the desert to destroy an evil warlord. (2002, 12, 91min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Crank** Action thriller. (2006, 18, 88min) ★★★★
1.20 AM **Shooter** Action thriller. (2007, 15, 125min) ★★★★
3.35 **The Green Hornet** Fantasy. (2011, 12, 118min) ★★★
5.35 **to 7.50** AM **Twilight of the Warriors: Walled In** Hong Kong crime thriller. Subtitled. (2024, 15, 126min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.05 AM **Nacho Libre** Comedy. (2006, 12, 92min) ★★★★
8.50 **David Brent: Life on the Road** Comedy. (2016, 15, 96min) ★★
10.35 **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★
12.25 PM **Ted** Offbeat comedy. (2012, 15, 106min) ★★★★
2.15 **Pixels** Comedy. (2015, 12) ★★
4.15 **You've Got Mail** Comedy. (1998, PG, 114min) ★★★
6.20 **Bean** Comedy spin-off. (1997, PG, 90min) ★★★



6.20 Bean

8.00 **Mr Bean's Holiday** Comedy starring Rowan Atkinson. When Mr Bean wins a holiday to France, his clumsy mishaps have unexpected consequences for the people he runs into. With Max Baldry. (2007, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Happy Gilmore** Comedy with Adam Sandler and Christopher McDonald. A charming but volatile ice hockey player turns his hand to golf. (1996, 12, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **You, Me and Dupree** Comedy with Owen Wilson. (2006, 12, 109min) ★★★
1.15 AM **My Big Fat Greek Wedding 2** Romantic comedy sequel. (2016, 12, 94min) ★★
2.55 **Scott Pilgrim vs. the World** Quirky comic-book comedy. (2010, 12, 112min) ★★★★
5.00 **to 6.50** AM **Twins** Comedy. (1988, PG, 107min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.20 AM **The Cinema List: Bold, Black & British**
6.40 **Inferno** (2016) ★★★
8.45 **Vantage Point** As 6.20pm.
10.20 **The Surfer** As 12.20am.
12.10 PM **Jack Reacher** Thriller. (2012, 15, 130min) ★★★
2.30 **Jack Reacher: Never Go Back** Thriller sequel. (2016, 12) ★★★
4.35 **Black Bag** Espionage thriller. (2024, 15, 94min) ★★★★
6.20 **Vantage Point** Action thriller. (2008, 12, 90min) ★★★

6.20 Vantage Point

8.00 **Now You See Me** Thriller starring Jesse Eisenberg, Mark Ruffalo, Woody Harrelson and Isla Fisher. A quartet of Las Vegas magicians go on a crime spree, puzzling the FBI and Interpol. With Dave Franco, Michael Caine and Mélanie Laurent. (2013, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Lawless** Prohibition-era crime drama starring Shia LaBeouf and Tom Hardy. Three brothers run a profitable moonshine business in 1930s Virginia until the appointment of a corrupt deputy. (2012, 18, 111min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The Surfer** Thriller. (2024, 15, 100min) ★★★★
2.15 **Gloria** Thriller starring Sharon Stone. (1999, 15, 107min) ★★
4.15 **to 6.20** AM **Contraband** Thriller with Mark Wahlberg. (2012, 15, 105min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The SpongeBob Movie: Sponge Out of Water** Animation. (2015, U) ★★★
12.50 PM **The Art of Racing in the Rain** Comedy drama. (2019, PG, 110min) ★★★
2.55 **River of No Return** Western. (1954, PG, 91min) ★★★
4.45 **Romancing the Stone** Adventure. (1984, 12) ★★★★
6.55 **Home Alone** Family comedy. (1990, PG, 100min) ★★★★

9.00 A Man Called Otto

Home Alone (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **A Man Called Otto** Comedy drama starring Tom Hanks. A man gives up on life following the loss of his wife, but when a young family move in nearby, it turns his world around. With Mariana Treviño and Rachel Keller. (2022, 15, 126min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Military Wives** Comedy drama starring Kristin Scott Thomas and Sharon Horgan. With their partners serving in Afghanistan, a group of women decide to form a choir. (2019, 12, 112min) ★★★★
1.40 **to 3.30** AM **The Future** Surreal drama starring and directed by Miranda July. (2011, 12, 90min) ★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Halloween

302 302 402 502 516

6.05 AM **It Feeds** As 4.55am.
7.55 **The Collector** As 10.55pm.
10.00 **Gothika** Horror starring Halle Berry. (2003, 15, 98min) ★★★
11.45 **The Nun** Horror starring Taissa Farmiga. (2018, 15, 96min) ★★★
1.30 PM **Gator Creek** Horror thriller. (2025, 15, 87min) ★
3.10 **Annabelle** Horror spin-off with Annabelle Wallis and Ward Horton. (2014, 15, 97min) ★★
4.55 **Annabelle: Creation** Horror. (2017, 15, 109min) ★★★
6.55 **The Ring** Horror chiller remake starring Naomi Watts, Martin Henderson and Brian Cox. (2002, 15, 115min) ★★★
9.00 **Get Out** Thriller starring Daniel Kaluuya and Allison Williams. (2017, 15, 104min) ★★★★★
10.55 **The Collector** Thriller starring Terence Stamp and Samantha Eggar. A disturbed butterfly collector kidnaps an art student. (1965, 15, 119min) ★★★
1.05 AM **Presence** Horror starring Lucy Liu and Chris Sullivan. (2024, 15, 84min) ★★★★
2.40 **Haunting of the Queen Mary** Horror starring Alice Eve and Joel Fry. (2023, 18, 114min) ★★
4.55 **to 6.40** AM **It Feeds** Horror. (2025, 15, 102min) ★★★

Sky Cinema Greats

304 304 404 504 518

7.20 AM **Gorillas in the Mist** Drama. (1988, 12, 124min) ★★★★
9.30 **...And Justice for All** Comedy. (1979, 15, 119min) ★★★
11.30 **Birdy** Psychological drama. (1984, 15, 120min) ★★★★
1.35 PM **Twister** Disaster movie. (1996, PG, 114min) ★★★
3.30 **Jaws** Steven Spielberg's thriller starring Roy Scheider. (1975, 12, 125min) ★★★★★
5.35 **Godzilla** Hollywood remake of the Japanese monster movie. (1998, PG, 139min) ★★★
8.00 **Lake Placid** Horror comedy starring Bill Pullman, Bridget Fonda and Brendan Gleeson. (1999, 15, 82min) ★★★★
9.30 **The Mummy** Action adventure starring Brendan Fraser and Rachel Weisz. In 1920s Egypt, a dashing American, an English librarian and her wastrel brother unwittingly revive an evil priest. (1999, 15, 124min) ★★★★
11.35 **Enter the Dragon** Action thriller starring Bruce Lee. (1973, 18, 97min) ★★★★
1.20 AM **Scent of a Woman** Drama starring Al Pacino. (1992, 15, 157min) ★★★★
3.55 **to 6.05** AM **True Grit** Western. (1969, PG, 128min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

6.35 AM **Hotel Transylvania** (2012)
8.15 **Hotel Transylvania 2** (2015)
9.55 **Hotel Transylvania 3: Summer Vacation** As shown at 7.55pm.
11.35 **Hotel Transylvania** As 9.35pm.
1.15 PM **Hotel Transylvania 2**
2.55 **Hotel Transylvania 3: Summer Vacation** As shown at 7.55pm.
4.35 **Hotel Transylvania** As 9.35pm.
6.15 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
7.55 **Hotel Transylvania 3: Summer Vacation** Animated comedy sequel featuring the voice of Adam Sandler. Count Dracula and company go on a cruise for monsters, unaware that their boat is being commandeered by a monster-hating family. (2018, U, 97min) ★★
9.35 **Hotel Transylvania** Animated family comedy featuring the voices of Adam Sandler, Andy Samberg and Selena Gomez. (2012, U, 91min) ★★★★
11.15 **Hotel Transylvania 2** (2015)
12.55 AM **Hotel Transylvania 3: Summer Vacation** As 7.55pm.
2.35 **Hotel Transylvania** As 9.35pm.
4.10 **Hotel Transylvania 2** As shown at 6.15pm.
5.45 **to 7.35** AM **Hotel Transylvania 3: Summer Vacation** (2018)

Christmas 24

312 313 419

7.00 AM **Hanukkah on Rye** Comedy. (2022, PG, 90min) ★★
9.00 **The Christmas Quest** Festive drama. (2024, PG, 90min) ★★
11.00 **Trivia at St Nick's** Festive comedy. (2024, PG, 84min) ★★
1.00 PM **Believe in Christmas** Comedy. (2024, PG, 90min) ★★
3.00 **PREMIERE** **Saving the Christmas Ranch** Romantic drama. (2025, PG, 90min) ★★
5.00 **The Holiday Stocking** Festive fantasy. (2022, PG, 84min) ★★
7.00 **Joy For Christmas** Romantic comedy starring Cindy Busby and Sam Page. A publicist introduces a famous athlete to the joys of Christmas so that he will help save her family's charity. (2021, PG, 86min) ★★
9.00 **Three Wiser Men and a Boy** Comedy starring Paul Campbell. (2024, PG, 84min) ★★
11.00 **Making Spirits Bright** Drama. (2021, PG, 84min) ★★
1.00 AM **Our Holiday Story** Festive drama starring Nikki Deloach. (2024, PG, 84min) ★★
3.00 **to 5.00** AM **Ghosts of Christmas Always** Fantasy comedy. (2022, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Once in a New Moon** Drama. (1935, b/w, U, 79min) ★★
7.15 **The Flying Deuces** Comedy. (1939, b/w, U, 67min) ★★★
8.35 **Dick Tracy** Mystery thriller. (1945, b/w, PG, 80min) ★★★
9.55 **Lionheart Remembered**
10.45 **The Beverly Hillbillies** (S1)
11.20 **The Belle Starr Story** Western. (1968, 18, 103min) ★★
1.25 PM **Worzel Gummidge** (S4)
1.55 **Batman** 39/60. (S2)
2.30 **Look at Life** Documentary.
2.40 **The Ghost of Greville Lodge** Drama. (2000, PG, 93min) ★★
4.30 **The Vise** 16/39. (S1)
5.00 **The Footage Detectives**
6.00 **Carrie's War** Drama.
7.50 **Look at Life** Documentary.
8.00 **Memories of Making Sergeant Cork** The story of John Barrie.
8.05 **Sergeant Cork** 8/13. (S1)
9.10 **At the Wheeltappers**
9.45 **And Then There Were None** Thriller. (1945, b/w, PG) ★★★
11.35 **The Heritage Chart Show**
12.40 AM **Bluebeard** Horror thriller. (1944, b/w, PG, 73min) ★★
2.05 **A Hole Lot of Trouble**
2.40 **Lulu Belle** (1948, b/w, PG) ★
4.25 **No Lady** Comedy with Lupino Lane. (1931, b/w, U, 72min) ★★
5.50 **to 6.00** AM **Look at Life**

SUNDAY Sport

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE LPGA Tour Golf** Day four of the BMW Ladies Championship in Haenam-gun.
7.00 **LIVE DP World Tour Golf** Coverage of the fourth and final day of the DP World India Championship at Delhi Golf Club.
10.00 **LIVE ICC Women's World Cup India v England.** The group match at Holkar Stadium, Indore.
1.00 PM **LIVE Super Sunday Tottenham Hotspur v Aston Villa.** The Premier League encounter at Tottenham Hotspur Stadium. Kick-off **2.00pm**.
4.00 **LIVE Super Sunday Liverpool v Manchester United.** Coverage of the Premier League match from Anfield. Kick-off **4.30pm**.
7.30 **LIVE Formula 1** The United States Grand Prix at Circuit of the Americas. Start-time **8.00pm**.
10.00 **LIVE NFL** Coverage of a week seven match, joining in progress.
12.30 AM **NBC's FNIA** Match preview.
1.10 **LIVE NFL San Francisco 49ers v Atlanta Falcons.** The week seven match. Kick-off **1.20am**.
4.45 **to 6.00** AM **LIVE WTA Tennis** The first day of the Tokyo Open.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **Premier League Highlights**
9.00 **The Sunday Supplement**
11.00 **Super Sunday Pre-Match**
1.00 PM **LIVE Super Sunday Tottenham Hotspur v Aston Villa.** The Premier League match from Tottenham Hotspur Stadium. The visitors have won the previous two meetings between the teams, including a 2-1 victory in the fourth round of the FA Cup last year. Kick-off **2.00pm**.
4.00 **LIVE Super Sunday Liverpool v Manchester United.** Coverage of the Premier League match staged at Anfield. Arne Slot's side haven't lost to the Red Devils in five top-flight matches since a 2-1 defeat in August 2022 in Erik ten Hag's first game against Liverpool. Kick-off **4.30pm**.
8.00 **Cult Heroes** Yakubu and Nani.
8.45 **Sticker Book** Alisson Becker.
9.00 **Premier League Highlights** Manchester City v Everton. **9.30** Fulham v Arsenal.
10.00 **Premier League Highlights**
3.30 AM **PL Greatest Games**
4.00 **PL Best Goals 2010/11**
5.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Highlights**
11.00 **LIVE SPFL Dundee v Celtic.** Coverage of the Scottish Premiership match staged at Den's Park. The visitors have dominated this fixture on the last six occasions, winning five of those games and scoring 23 times in that run. The last meeting between the two teams back in February saw Celtic hammer Dundee 6-0 at Celtic Park, with the Bhoys scoring four second-half goals. Kick-off **12.00noon**.
2.30 PM **Bundesliga** Recent action.
3.00 **EFL Highlights** Championship.
7.00 **EFL League One Goals**
7.30 **EFL League Two Goals**
8.00 **SPFL** Dundee v Celtic.
10.00 **EFL Highlights** Action from Middlesbrough v Ipswich Town. **10.15** Norwich City v Bristol City. **10.30** Oxford United v Derby. **10.45** Sheffield United v Watford.
11.00 **SPFL Highlights**
11.15 **EFL Greatest Games**
12.00 M'T **SPFL Greatest Games**
2.00 AM **EFL Greatest Games**
4.00 **EFL Cup** Chelsea v Liverpool.
5.00 **Best Goals: EFL Cup 2021/22**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **ICC Women's World Cup**
10.00 **LIVE ICC Women's World Cup India v England.** Coverage of the group match from Holkar Stadium, as the co-hosts take on Nat Sciver-Brunt's England side. India have never won this tournament but have reached two finals and two semi-finals over the last 28 years. England, however, have won the World Cup on four occasions and are looking for their first success since 2017 when they won on home soil in a tight game against today's opponents.
5.45 PM **ICC Women's World Cup 2017** England v India.
6.30 **ICC Women's World Cup** New Zealand v Pakistan in Colombo. **7.30** South Africa v Sri Lanka at R.Premadasa Stadium, Colombo.
8.30 **ICC Women's World Cup 2017** Action from England v Australia.
9.00 **ICC Women's World Cup** India v England in the group match from Holkar Stadium, Indore. **10.00** Action from New Zealand v Pakistan in the group match at R.Premadasa Stadium, Colombo.
11.00 PM **to 6.00** AM **ICC Women's World Cup**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **LIVE LPGA Tour Golf** The fourth day of the BMW Ladies Championship from Haenam-gun.
7.00 **LIVE DP World Tour Golf** Coverage of the fourth and final day of the DP World India Championship at Delhi Golf Club.
12.00 NOON **LPGA Tour Golf**
3.00 PM **DP World Tour Golf**
8.00 **LPGA Tour Golf** The fourth day of the BMW Ladies Championship.
11.00 **PGA Tour Champions**
12.00 M'T **PGA Tour Golf**
3.00 AM **Nick Dougherty's Tee Time Tips** Expert golfing advice.
4.00 **School of Golf**
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **ATP Tennis** Shanghai Masters.
7.00 **WTA Tennis** Wuhan Open final.
8.00 **WTA & ATP Tennis**
10.00 **LIVE WTA Tennis** Coverage of the Ningbo Open final staged at Yinzhou Tennis Center in China.
12.00 NOON **LIVE ATP Tennis** Coverage of the Almaty Open final at Almaty Arena, Kazakhstan.
1.00 PM **WTA Tennis** Highlights.
1.30 **ATP Tour This Week**
2.00 **LIVE ATP Tennis** Coverage of the Stockholm Open final held at Kungliga tennishallen in Sweden.
4.00 **LIVE ATP Tennis** Coverage of the Brussels Open final staged at Brussels Expo in Belgium.
5.30 **WTA Tennis** Highlights.
10.30 **ATP Tennis** Recent finals.
1.30 AM **Billie Jean King: My Story**
1.45 **Tim Henman Podcast 2024**
2.00 **US Open Tennis** Singles finals.
2.30 **to 6.00** AM **LIVE WTA Tennis** The first day of the Tokyo Open.

TNT Sports 1

410 413 521 408 430

7.00 AM **TNT Sports Reload**
7.15 **Men's Cycling Pro Series**
8.15 **LIVE Cycling: Tour of Guangxi** The men's sixth stage.
10.30 **Premier League**
12.00 NOON **Cyclocross**
12.30 PM **LIVE Cyclocross** Women's superprestige race in Belgium.
1.45 **World E-Bike Series Review**
2.15 **Crouchy and Cole**
2.30 **LIVE The Gallagher PREM Exeter Chiefs v Harlequins.** From Sandy Park. Kick-off **3pm**.
5.30 **Playing for Our Future: Rugby**
5.45 **TNT Sports Reload**
6.00 **The Breakdown**
6.30 **Serie A** AS Roma v Inter Milan.
7.30 **LIVE Serie A AC Milan v Fiorentina.** Coverage of the Italian top-flight encounter from the San Siro. Kick-off **7.45pm**.
9.45 **UEFA Champions League**
10.00 **LIVE NWSL** The National Women's Soccer League match.
12.15 AM **Training Day** MLB action.
12.30 **MLB: Off the Bat**
1.00 **LIVE MLB** A Postseason game.
4.15 **TNT Sports Cricket Reload**
5.00 **to 6.00** AM **One-Day International Cricket**

TNT Sports 2

411 414 522 409 431

6.15 AM **TNT Sports Reload**
6.30 **UEFA Champions League**
7.00 **LIVE AFLW Gold Coast Suns v Western Bulldogs.** Coverage of the match from Great Barrier Reef Arena. Bounce-up **7.05am**.
9.00 **Superbike World Championship**
9.30 **LIVE Superbike World Championship** In Jerez, Spain.
10.30 **LIVE Women's Circuit Racing World Championship** The second race at Circuito de Jerez.
11.15 **LIVE Superbike World Championship** In Jerez, Spain.
3.15 PM **LIVE British Superbikes** Coverage from Brands Hatch.
5.00 **Tom Aspinall's Fight Lab**
5.30 **Ultimate Pool**
7.00 **LIVE Snooker: Northern Ireland Open** Coverage of the third session of the first round from Waterfront Hall in Belfast.
11.00 **Ally's Social Club**
11.30 **World Rally Championship**
12.00 M'T **The Gallagher PREM**
1.00 AM **Serie A** AC Milan v Fiorentina.
2.00 **Ref: Stories from the Weekend**
3.00 **Snooker** Northern Ireland Open.
5.00 **World Rally Championship**
5.30 **to 6.00** AM **Formula E**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **Kansas City Chiefs: The Franchise** Behind the scenes.
10.45 **NFL Bitesize Highlights**
11.00 **NFL Highlights**
12.00 NOON **NFL Bitesize Highlights**
12.15 PM **NFL Gameday**
1.00 **NFL Highlights** Recent action.
2.00 **LIVE NFL Jacksonville Jaguars v Los Angeles Rams.** The week seven game at Wembley Stadium. These two sides have met six times over the years with the Rams winning five of those matches. The last time the Jaguars beat their visitors was in an over-time victory back in 2009 as the hosts claimed a 23-20 win. Kick-off **2.30pm**. *See feature, page 28.*
5.30 **LIVE NFL** Coverage of a week seven match. Kick-off **6.00pm**.
9.15 **LIVE NFL** Coverage of a week seven match. Kick-off **9.00pm**.
12.30 AM **NBC's FNIA** Match preview.
1.10 **LIVE NFL San Francisco 49ers v Atlanta Falcons.** Coverage of the week seven match staged at Levi's Stadium in Santa Clara, California. Kick-off **1.20am**.
4.45 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **LIVE LPGA Tour Golf** Coverage of day four of the BMW Ladies Championship from Pine Beach Golf Links in Haenam-gun.
8.00 **Goals on Sunday**
9.00 **The Sunday Supplement**
11.00 **Super Sunday Pre-Match** Build-up to today's football.
1.00 PM **Super Sunday Build-Up** The latest news including discussion of the big talking points.
2.00 **LIVE NFL Jacksonville Jaguars v Los Angeles Rams.** The week seven game at Wembley Stadium. These two sides have met six times over the years with the Rams winning five of those matches. The last time the Jaguars beat their visitors was in an over-time victory back in 2009 as the hosts claimed a 23-20 win. Kick-off **2.30pm**. *See feature, page 28.*
5.30 **LIVE NFL** Coverage from a week seven match. Kick-off **6.00pm**.
9.00 **LIVE NFL** Coverage of a week seven match. Kick-off **9.00pm**.
12.30 AM **Sky Sports Catch Up**
1.30 **ATP Tennis** Chengdu Open final.
2.30 **to 6.00** AM **LIVE WTA Tennis** The first day of the WTA Tokyo Open staged at Ariake Coliseum.

Sky Sports Mix

416 412 510 429 449

6.00 AM **British and Irish Lions Tour**
6.05 **LIVE Pacific Championship Rugby League New Zealand v Samoa.** Kick-off is at **6.05am**.
8.05 **Rugby Greatest Games**
8.10 **NRLW** Grand Final.
9.05 **NRL** Action from the Grand Final.
10.00 **Women's Super League**
11.00 **Super League Highlights**
12.00 NOON **LIVE Reyes Cup Pool Team Asia v Team Europe.** Coverage of the fourth and final day at Ninoy Aquino Stadium.
4.30 PM **PDC Classics** Archive action.
5.00 **ICC Women's World Cup**
6.00 **NFL Redzone** Network show that switches between today's games.
1.00 AM **EFL Greatest Games**
1.30 **ATP Tennis** Recent finals.
5.30 **to 6.00** AM **EFL Greatest Games**

TNT Sports 3

413 415 523 410 432

6.00 AM **TNT Sports Cricket Reload**
6.15 **LIVE One Day International Cricket Australia v India.** The first ODI in the three-match series staged at Optus Stadium in Perth.
3.00 PM **LIVE Cycling: Venetia Classic** Coverage of the one-day race staged in Veneto, Italy.
4.30 **MLB Highlights**
5.30 **MLB: Off the Bat**
6.00 **Isuzu UTE A-League**
8.00 **Tom Aspinall's Fight Lab** A look ahead to UFC 321 in Abu Dhabi.
8.30 **World Rally Championship** Action from the third day of the Central European Rally.
9.00 **Superbike World Championship**
10.00 **British Superbikes**
11.00 **Men's Cycling Pro Series**
1.00 AM **Cyclocross** From Belgium.
2.00 **World Rally Championship**
2.30 **UTMB World Series Highlights**
3.30 **Ultimate Pool** Recent action.
5.00 **to 6.00** AM **Fishing: On the Bank**

TNT Sports 4

414 416 524 411 434

7.00 AM **What I Wore**
7.15 **LIVE World Rally Championship** The Central European Rally special stage 15.
8.15 **MotoGP Rewind**
8.30 **British Superbikes**
9.00 **LIVE World Rally Championship** Further coverage from the Central European Rally.
11.00 **Men's Cycling Pro Series**
12.00 NOON **LIVE British Superbikes** Coverage of the second day of the 11th round of the season from Brands Hatch.
5.00 PM **MotoGP** From Australia.
6.00 **MotoGP Chequered Flag**
7.00 **UEFA Europa League & Conference League Magazine**
8.00 **International T20 Cricket**
9.00 **One Day International Cricket**
10.00 **UFC** Another chance to see Reinier de Ridder v Brendan Allen.
1.00 AM **Tom Aspinall's Fight Lab**
1.30 **UFC Main Event**
5.30 **to 6.00** AM **TNT Sports Reload**

Premier Sports 1

419 551

6.00 AM **Sporting Countdowns**
7.00 **Transworld Sport** Magazine.
8.00 **United Rugby Championship**
10.00 **LaLiga** Villarreal v Real Betis.
11.55 **NHL on the Fly** The latest news.
12.55 PM **LIVE LaLiga Elche v Athletic Bilbao.** The Spanish top-flight clash. Kick-off **1.00pm**.
3.00 **LaLiga Match Highlights**
3.10 **LIVE LaLiga Celta Vigo v Real Sociedad.** The Spanish top-flight encounter. Kick-off **3.15pm**.
5.15 **LaLiga Match Highlights**
5.25 **LIVE LaLiga Levante v Rayo Vallecano.** The Spanish top-flight encounter. Kick-off **5.30pm**.
7.30 **LaLiga Match Highlights**
7.55 **LIVE LaLiga Getafe v Real Madrid.** Coverage of the Spanish top-flight game. Kick-off **8.00pm**.
10.05 **Football's Greatest**
10.35 **LaLiga** Barcelona v Girona.
12.30 AM **Football's Greatest**
1.00 **LaLiga** Two match replays.
5.00 **to 6.00** AM **Football's Greatest**

Premier Sports 2

420 552

6.00 AM **NHL Ice Hockey**
8.00 **Eredivisie** A chance to see PSV Eindhoven v Go Ahead Eagles. **10.00** Ajax v AZ Alkmaar.
12.00 NOON **Football's Greatest**
12.30 PM **United Rugby Championship** Another chance to see Edinburgh v Benetton.
2.30 **Temples of Sport**
3.00 **SPFL** Kilmarnock v Hearts.
5.00 **Football's Greatest**
5.30 **NASCAR Highlights**
6.30 **LIVE NASCAR** Coverage of the YellaWood 500, the latest round of the season from Talladega Superspeedway in Alabama.
11.30 **NHL: This is Hockey**
12.00 M'T **LIVE NHL Ice Hockey Chicago Blackhawks v Anaheim Ducks.** The Western Conference match from United Center. Face-off **12.00m't**.
3.00 AM **NHL: This is Hockey**
3.30 **FastZone** Motorsports highlights.
4.00 **to 6.00** AM **NHL Ice Hockey**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** United States GP.
8.20 **F1 Features**
8.30 **Formula 1** United States GP.
9.30 **Ted's Notebook**
10.00 **BTS with Aston Martin**
10.15 **Formula 1** United States GP.
12.15 PM **Ted's Notebook**
12.45 **F1 Academy** Race review.
1.15 **Formula 1** United States GP.
3.15 **Ted's Notebook**
3.45 **Carlos Sainz & the Lie Detector**
4.00 **Formula 1** United States GP.
6.00 **Ted's Notebook**
6.30 **LIVE Formula 1** The United States Grand Prix from Circuit of the Americas. Start-time **8.00pm**.
11.00 **Ted's Notebook**
11.30 **Formula 1** United States GP.
12.30 AM **Ted's Notebook**
1.00 **F1 Academy** Race review.
1.30 **F1 Explainer: Flexi-Wings**
1.35 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Monday

20 October

Evening Planner

Documentary

Joe Swash: Forgotten Young Dads

BBC3, 8pm

Joe meets some young fathers to hear their stories about becoming parents.

Drama

The Forsytes

5, 9pm

Jack Davenport (centre) and Stephen Moyer (right) star in this new adaptation of John Galsworthy's *The Forsyte Saga.*

Documentary

Sailing the Shipping Forecast

More4, 9pm

Rev Richard Coles sets off on a four-part voyage around Britain's coastal waters.

Comedy Drama

Leonard & Hungry Paul

BBC2, 10pm (box set, BBC iPlayer)

Two introverted friends (Alex Lawther and Laurie Kynaston) force themselves into the wider world in this new comedy.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Race to Build 1.5 Million Homes		9.00 Blue Lights		10.00 News; Local News	10.40 Have I...
	102 BBC2	7.00 Global Eye	7.30 Mastermind	8.00 Only Connect	8.30 University...	9.00 The Lost Letters of Mary, Queen of...		10.00 Leonard and...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Frauds		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Dispatches: Will AI Take My Job?		9.00 Hunted		10.00 Social Media Monsters	
	105 5	7.00 Motorway Cops: Catching Britain's...		8.00 Police Interceptors		9.00 The Forsytes		10.15 Police: Night Shift 999	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Predators		9.00 Film: Crank			
ENTERTAINMENT	115 BBC3	7.00 Horrible Histories		8.00 Joe Swash: Forgotten Young Dads		9.00 P Diddy: The Rise and Fall		10.00 Stranded on Honeymoon Island...	
	116 BBC4	7.00 Fred Dibnah's...	7.30 The Channel...	8.00 Stolen: Catching the Art Thieves		9.00 Call My Bluff	9.30 Face the Music	10.00 Bette Davis: The Benevolent Volcano...	
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Big Brother		10.00 Big Brother: Late & Live	
	136 MORE4	‹ 6.55 The Dog House Australia		7.55 The Dog House		9.00 Sailing The Shipping Forecast With...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Hollyoaks at 30	8.00 Supercruising: Life at Sea		9.00 Married at First Sight UK		10.05 Made in Chelsea	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Law & Order: Criminal Intent		9.00 Blue Bloods			
	108 SKY ATLANTIC	‹ 6.20 Game of Thrones				9.00 Task		10.10 Mare of Easttown	
	110 U&GOLD	7.00 Dad's Army	7.40 The Good Life						10.20 Not Going Out
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Lewis	
	120 ITV4	‹ 6.55 The Motorbike Show		7.55 The Chase Celebrity Special		9.00 Film: Hot Fuzz			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Iain Stirling's Roast the Internet		10.00 Bradley & Barney Walsh: Breaking Dad	
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate Atlantis		9.00 Grimm			
	113 SKY MAX	7.00 Stargate SG-1		8.00 Romesh: Can't Knock the Hustle		9.00 Never Mind the Buzzcocks	9.50 Strike Back: Silent War		
	109 U&ALIBI	7.00 Body of Proof		8.00 Death in Paradise					10.20 Shakespeare &...
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu & Friends: Live in Maastricht VII					
	132 U&W	7.00 MasterChef Australia			8.20 Simply Nigella	9.00 Pete Wicks: For Dogs' Sake		10.00 The Supervet	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Combat Dealers		9.00 Mystery at Blind Frog Ranch		10.00 Salvage Dawgs	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Expedition Bigfoot		9.00 Alaska: The Last Frontier		10.00 Mountain Monsters	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Titanic: The Final Secret		9.00 Drain the Titanic: A Ship Reborn		10.00 Ice Road Rescue	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 American Pickers		9.00 Kevin Costner's The West		10.00 Secrets in the Dark	
	155 U&YESTERDAY	7.00 Burma with Simon Reeve		8.00 Indian Ocean with Simon Reeve		9.00 The Lakes with Simon Reeve		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 The Vow		8.00 The Essex Murders: Who Killed...		9.00 I Love You, Now Die: The Commonwealth vs Michelle Carter			
FILMS – Sky Cinema	301 PREMIERE	‹ 5.55 Bridget Jones: Mad About the Boy		8.00 Black Bag			9.35 Lake George		
	302 HALLOWEEN	7.00 Get Out				9.00 Sinister			
	303 HITS	‹ 6.25 Happy Gilmore		8.00 The Holiday					10.20 Love Actually
	304 GREATS	‹ 6.20 The Cable Guy		8.00 The Nutty Professor			9.40 Heaven Can Wait		
	305 ANIMATION	‹ 5.50 Hotel...	7.30 Kung Fu Panda 2			9.10 Over the Hedge			10.40 Sing
	306 FAMILY	‹ 6.00 Stardust		8.10 The Flintstones			9.45 The Flintstones in Viva Rock Vegas		
	307 ACTION	‹ 6.20 The Scorpion King		8.00 Superman Returns					10.35 300
	308 COMEDY	‹ 5.55 Baywatch		8.00 Crazy Rich Asians				10.05 Horrible Bosses	
	309 THRILLER	‹ 5.55 Collateral		8.00 Red Dragon					10.20 Inferno
	310 DRAMA	‹ 5.40 P.S. I Love You		8.00 Bob Marley: One Love			9.50 Dreamgirls		
	311 SCIENCE FICTION	‹ 6.10 Men in Black		8.00 Men in Black II			9.35 Terminator Salvation		
	313 FILM4	‹ 6.55 Sleepless in Seattle				9.00 Ticket To Paradise			
SPORT	401 MAIN EVENT	‹ 6.30 MNF – Live: West Ham United v Brentford (Kick-off 8.00)							
	402 PREMIER LEAGUE	‹ 6.30 MNF – Live: West Ham United v Brentford (Kick-off 8.00)							
	403 FOOTBALL	‹ 6.30 Bundesliga...	7.30 EFL Goals		8.30 SPFL Round-Up	9.00 EFL Highlights			10.30 Bundesliga...
	405 CRICKET	‹ 6.30 ICC Women's World Cup			8.30 ICC Women's...	9.00 ICC Women's World Cup			
	410 TNT SPORTS 1	7.00 International T20 Cricket Highlights		8.00 MLB Highlights		9.00 MLB – Live: Action from MLB Postseason			
	411 TNT SPORTS 2	7.00 Northern Ireland Open Snooker – Live: Further coverage from Waterfront Hall in Belfast							

‹ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Monday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Crimewatch Live** New edition (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Trace, Track, Get My Car Back** New edition Recovery specialists track down a stolen caravan. (S)
■ Entire series on BBC iPlayer
2.30 **Lost and Found in the Lakes** A phone found underwater. (S)(R)
3.00 **Escape to the Country** New edition From Cumbria. (S)
3.45 **The Repair Shop** (S)(R)(AD)
4.30 **The Inner Circle** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Blue Lights

7 PM

7.00 **The One Show** Roman Kemp and Alex Jones present the topical show. (S)
7.30 **EastEnders** Nigel makes a reckless decision that has serious consequences, and Kat is consumed with worry for her family. (S)(AD)

8 PM

8.00 **The Race to Build 1.5 Million Homes** *Panorama* investigation in which Anita Rani and Justin Rowlatt explore if the government's promise of building 1.5million new homes in England by 2029 is practicable. (S)

9 PM

9.00 **Blue Lights** New episode 4/6. Grace offers up a secret about her own past in an attempt to connect to Lindsay, and Aisling's behaviour forces Tommy to make a big decision. (S3) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Have I Got News for You** Alexander Armstrong hosts the satirical current affairs quiz, with guest panellists Ross Noble and Helen Lewis. (S)(R)
11.10 **Dreaming Whilst Black** 4/6. Kwabena pulls out all the stops with an elaborate date to win Vanessa back. (S)(R)
11.35 5/6. Network executive Pippa makes a surprise set visit on *Sin and Subterfuge*. (S)(R)
12.05 AM 6/6. When a chance to make *Jamaica Road* finally arrives, Kwabena must ask Simon for a favour. (S2) (S)(R)
12.30 **Weather for the Week Ahead** (S)
12.35 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.25 AM **The Inner Circle** (S)(R)
7.10 **Sign Zone: Antiques Roadshow** From Bradford. (S)(R)
8.10 **Match of the Day** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **The Finish Line** Game show. (S)(R)
2.30 **Unbeatable** Quiz show. (S)(R)
3.15 **Great British Menu** (S)(R)
4.15 **Trawlermen: Hunting the Catch** Adam leaves his home waters in search of Dover sole. (S)(R)(AD)
5.15 **Flog It!** From St Albans. (S)(R)
6.00 **Richard Osman's House of Games** New edition Kola Bokinni, Sheli McCoy, John Parrott and Katie Piper take part. (S)
6.30 **Strictly: It Takes Two** New edition Fleur East chats to the latest couple to be eliminated. (S)

9.00 The Lost Letters of Mary...

7.00 **Global Eye** Featuring investigations from BBC correspondents all over the world. (S)
7.30 **Mastermind** New edition Tonight's specialist subjects include Nirvana, *Derry Girls* and Richard Nixon. (S)

8.00 **Only Connect** New edition The Metrophiles take on the Showstoppers. (S)
8.30 **University Challenge** New edition Amol Rajan hosts the first of the highest-scoring loser mactches. (S)

9.00 **NEW The Lost Letters of Mary, Queen of Scots** Katie Leung narrates the story of amateur codebreakers who collaborated across continents to decipher a mysterious cache of coded letters from the 1570s and 1580s. (S)(AD)

10.00 **NEW SERIES Leonard and Hungry Paul** 1/6. Comedy starring Alex Lawther and Laurie Kynaston. *See feature, page 12.* (S1) (S)(AD)
■ Entire series on BBC iPlayer
10.30 **Newsnight** (S)
11.00 **FILM Manhunter** Psychological thriller based on the novel *Red Dragon* by Thomas Harris, starring Brian Cox and William L Petersen. An ex-FBI agent comes out of retirement to catch a serial killer. (S)(AD) (1986, 18, 115min) ★★★★
12.55 AM **Sign Zone: Countryfile** Charlotte Smith and Adam Henson visit Herefordshire during the apple harvest. (S)(R)
1.50 **Sign Zone: Waterloo Road** (S)(R)
3.50 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and experts Simon Schneider, Jan Keyne, Tracy Thackray-Howitt and James Layte assess items brought in by the public in Oldham. (S)(R)(AD)
3.00 **Tenable** Warwick Davis hosts as a team of five family members take on the Tenable Tower. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Frauds

7.30 **Emmerdale** Robert is in a quandary, Joe Tate wants tougher justice, and Liam launches his prostate-checking campaign. (S)(AD)

8.00 **Coronation Street** Dev pours his heart out to Glenda, Christina tries to help George, Theo reacts badly to Pete's flirting, while Roy catches Lisa and Becky getting cosy on the sofa. (S)(AD)

9.00 **Frauds** Series finale 6/6. It is the day of the heist, but with tension high and resentment in the air, Sam and Bert try to keep it together long enough to pull their plan off. (S1) (S)(AD)
■ Entire series on ITVX

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston** Political magazine hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
11.40 **NEW Union Black: Fresh Cuts** A celebration of the relationship between the UK's black African and Caribbean communities. (S)(AD)
12.05 AM **Teleshopping**
3.00 **Borderline** 3/6. Regan and Boyd investigate an abandoned fuel tanker on the border that could be booby-trapped. (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Tour de Fred: Northern Ireland** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.35 AM **The King of Queens** (S)(R)(AD)
7.50 **Everybody Loves Raymond** (S)(R)
8.40 **Frasier** 7&8/24. (S8) (S)(R)(AD)
9.40 **F1: United States Grand Prix Highlights** Action from the 19th round in Austin, Texas. (S)(R)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** (S)(R)
5.00 **Four in a Bed** New edition The week's first visit is to Burnswood Boutique Escapes in Devon. (S)
5.30 **Come Dine with Me** Campervan-loving Angharad hosts the first dinner party in Cardiff. (S)(R)
6.00 **A Place in the Sun** New edition A property search in Mojácar. (S)

10.00 Social Media Monsters

7.00 **News** (S)

8.00 **Dispatches: Will AI Take My Job?** Four professionals are invited into a specially-created test centre to compete in a set of identical tasks against their AI counterparts to see if humans could be replaced. (S)(AD)

9.00 **Hunted** New edition Two of the fugitives make an unexpected return to Stansted and come face to face with the ground hunters. In Ipswich, two runners are caught in the crosshairs as the team close in. (S)(AD)

10.00 **Social Media Monsters** New edition Examining the murder of Joe Dix, an 18-year-old from Norfolk, who was stabbed to death when members of a rival drug gang attempted to rob him. (S)(AD)
11.05 **Educating Yorkshire** (S)(SL)(R)
12.05 AM **NEW SERIES Incognito** 1/6. Dutch thriller. Subtitled. (S1)
■ Entire series on C4 streaming
12.50 **Taskmaster** (S)(SL)(R)
1.45 **The Great British Bake Off: An Extra Slice** (S)(SL)(R)(AD)
2.40 **FILM PREMIERE Pooja, Sir** Nepalese crime thriller starring Asha Magrati. Subtitled. (2024, 15, 105min) ★★★
4.25 **Jamie's One-Pan Wonders** (S)(R)
4.50 **Hollyoaks Omnibus** (S)(SL)(R)
5.55 **to 6.35** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 **FILM PREMIERE** **My Family's Killer Affairs** Thriller with April Martucci and Isabella Carlsen. (S) (2025, 12, 100min) ★★
4.00 **The Cruise: Fun-Loving Brits at Sea** New edition James and Damien explore Amsterdam. (S)
5.00 **News** (S)
6.00 **Michael Portillo's Travel Diaries** 1/3. Michael visits Madrid, where he goes for lunch in the Malasana district, witnesses street dancing and visits the royal palace. (S)(R)
6.55 **News** (S)

8.00 Police Interceptors

7.00 **Motorway Cops: Catching Britain's Speeders** Officers Marc Crammond and Jan Simlesa discover a crack pipe when they pull over a car in Newcastle. (S)(R)(AD)
7.55 **News** (S)

8.00 **Police Interceptors** New edition A dangerous driver in a stolen car causes havoc on the streets of Northampton and the firearms team must carry out a high-speed tactical contact to bring it to a halt. (S)

9.00 **NEW SERIES** **The Forsytes** 1/6. Period drama adapted from *The Forsyte Saga* novels by John Galsworthy, with Jack Davenport and Stephen Moyer. Two brothers battle for their sons to take over as chairman of the family firm. *See feature, p8.* (S1) (S)(AD)

10.15 **Police: Night Shift 999** Officers race to catch burglars red-handed after two men are seen trying to break into a number of houses in Cheltenham, but the suspects have disappeared by the time they get there. (S)(R)

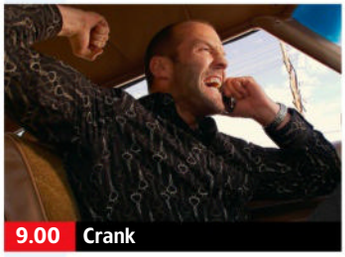
11.15 **Police Interceptors** (S)(R)(AD)
12.15 AM **999: Emergency Call Out** Medical documentary. (S)(R)
1.05 **PlayOJO Live Casino Show** (S)
3.05 **NEW** **Attack of the Drones** The darker side of drones. (S)
3.55 **Friends** (S4) (S)(R)(AD)
4.40 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)(AD)
9.00 **Stargate SG-1** (S1) (R)
11.00 **Deep Dive Australia** (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S5) (S)(R)
3.00 **S.W.A.T.** 10/22. (S1) (S)(R)(AD)
4.00 **NCIS: New Orleans** (S7) (S)(R)
5.00 **The Simpsons** *Puffless:* Patti moves in with the family. (S)(R) **5.30** *Friend with Benefit:* Lisa makes friends with a new girl at school whose father is a billionaire. (S)(R)
6.00 **The Office (US)** 11/28. Phyllis organises a Moroccan-themed Christmas party. (S)(R) **6.30** 12/28. Michael reveals the details of Angela's affair with Dwight, who is challenged to a duel by Andy. (S5) (S)(R)



9.00 Crank

7.00 **The Simpsons** *Treehouse of Horror II:* Bart, Homer and Lisa suffer from nightmares. (S)(R) **7.30** *Treehouse of Horror XXXII:* More spooky tales, including parodies of *Bambi* and *Parasite*. (S)(R)

8.00 **Predators** 3/5. Tom Hardy narrates a journey to the harsh Okavango Delta as the Matata pride do battle with wildfires and flooding in a high-stakes fight to keep their cubs alive. (S)(R)(AD)

9.00 **FILM** **Crank** Action thriller starring Jason Statham and Amy Smart. A hitman learns that he has been poisoned by a chemical that will kill him unless he keeps his adrenaline levels at their maximum. With Jose Pablo Cantillo. (S) (2006, 18, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10.50 **The A to Z of Horror Movies** An alphabetical trip through the genre, with special guests watching some of the most terror-inducing clips. (S)(R)

11.50 **Curb Your Enthusiasm** 7/10. Larry invites a sex offender to a Passover meal. Guest stars Robert Corddry. (S)(R) **12.30** AM 8/10. Larry makes a new friend. (S5) (S)(R)
1.10 **The Force: North East** (S)(R)
2.05 **Road Wars** (S)(R)
3.00 **S.W.A.T.** 10/22. (S1) (S)(R)(AD)
4.00 **NCIS: New Orleans** (S7) (S)(R)
5.00 **to 6.00** AM **Brit Cops: Law & Disorder** (S)(R)(AD)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.10pm Sportscene: SWPL Highlights (S)(R) **11.40** Scotcast (S)(R) **12.10am** Dreaming Whilst Black (S)(R) **1.30** Weather for the Week Ahead (S) **1.35-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
8.00pm Crimewatch Caught New edition (S) **8.30-9.00** Treasure Sisters: Our Lives (S)(R) **10.40** The Race to Build 1.5 Million Homes New edition (S) **11.40** Scrum V Highlights (S)(R) **12.10am** Dreaming Whilst Black (S)(R) **1.30-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
7.00-7.30pm Scrum V Highlights (S)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Ein Llwybrau Celtaidd **12.30** Heno Aur **1.00** Yr Anialwch **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Iolo: Natur Bregus Cymru (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Rhys Patchell: Japan a'r Gic Olaf **6.30** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Y Byd ar Bedwar **8.25** **NEW SERIES** Dim Cwsg I Quinnell (AD) **8.55** Newyddion a'r Tywydd **9.00** Ffermio New edition **9.33** Y Tywydd **9.35** Ralio: Pencampwriaeth Rali'r Byd **10.05** Sgorio New edition **10.35-11.40pm** Prosiect Pum Mil (AD)

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Horrible Histories** The hideous history of health. **7.30** A look at the world's deadliest dynasties.
7.55 **The Catch Up**
8.00 **NEW** **Joe Swash: Forgotten Young Dads** Joe meets young fathers who are navigating the highs and lows of fatherhood. *See feature, page12.*
9.00 **P Diddy: The Rise and Fall** Yinka Bokinni investigates the downfall of the hip-hop mogul.
10.00 **Stranded on Honeymoon Island: Australia** New editions 10/13. The couples receive a visit from their loved ones. **11.10** 11/13. The couples leave the island and are given a chance to reflect. **12.10** AM 12/13. The castaways reunite for one final Couples Cove.
1.15 **Dreaming Whilst Black**
2.40 **Laugh Lessons**
2.45 **to 3.55** AM **Stranded on Honeymoon Island: Australia**

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
11.00 **The Great House Giveaway** Double bill.
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** A Porsche 356. **4.50** An Austin Healey is fixed up in Co Durham.
5.50 **Escape to the Chateau** Angel has big plans for a vast attic running the length of the château.
6.55 **The Dog House Australia** Jan and Warren are looking for a pet to join them on their caravan adventures.
7.55 **The Dog House** Two teenage brothers need a peacekeeper, but are sceptical that Maggie, a cute Chihuahua-cross, has quite the 'look' they are after.
9.00 **NEW SERIES** **Sailing the Shipping Forecast with the Rev Richard Coles** The writer marks 100 years of the shipping forecast by travelling round the coasts of the UK, meeting people whose lives depend on the sea. *See feature, page 21.*
10.00 **24 Hours in A&E** A 24-year-old is badly injured in a football match.
11.05 **24 Hours in A&E**
12.15 AM **999: On the Front Line**
1.20 **Sailing the Shipping Forecast with the Rev Richard Coles**
2.25 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Fred Dibnah's Building of Britain** 6/6. The achievements of 19th-century builders.
7.30 **The Channel Tunnel: Life on the Inside** 4/4. A look at the first round of testing for shuttle drivers.
8.00 **Stolen: Catching the Art Thieves** The theft of JMW Turner's *Shade and Darkness* and *Light and Colour*.
9.00 **Call My Bluff** With Jilly Cooper and Quentin Bell.
9.30 **Face the Music** With David Attenborough.
10.00 **Arena: Bette Davis – The Benevolent Volcano** Ian Holm narrates a 1983 profile of the Hollywood star.
10.45 **Arena: Art & Design – The Journey** Documentary/
11.10 **The Great Philosophers**
12.45 AM **Fred Dibnah's Building of Britain**
1.15 **The Channel Tunnel: Life on the Inside**
1.45 **Face the Music**
2.15 **to 3.15** AM **Stolen: Catching the Art Thieves**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Ramsay's Kitchen Nightmares USA**
7.55 **Married at First Sight UK**
9.00 **The Simpsons**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 3-6/24. (S10)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **Married at First Sight UK**
5.05 **The Big Bang Theory**
6.00 **The Simpsons**
7.00 **Hollyoaks** Tony prepares to marry the love of his life.
7.30 **Hollyoaks at 30: Most Explosive Episodes** Romeo finds Lily alone.
8.00 **Supercruising: Life at Sea** 1/8. Documentary following life on luxury cruise ships.
9.00 **Married at First Sight UK** New edition At a dinner party, one bride is in need of answers about her marriage.
10.05 **Made in Chelsea** New edition Alice and Sam plan to reveal the news of their pregnancy to his aunt, Lisa Vanderpump.
11.10 **Gogglebox**
12.15 AM **First Dates**
1.20 **Married at First Sight UK**
2.20 **Made in Chelsea**
3.15 **Modern Family**
4.00 **The Simpsons**
4.25 **The Big Bang Theory**
5.10 **to 6.00** AM **The Neighborhood**

+1 hr 235/236 306 30 123 256

primetime

primetime

Monday

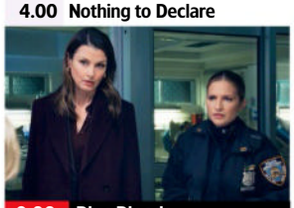
MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Motorway Patrol**
7.00 **Border Security: Canada's Front Line** Double bill.
8.00 **Border Patrol** Double bill.
9.00 **Nothing to Declare**
9.30 **Brit Cops: Rapid Response**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 6/22. A senator's daughter is kidnapped.(S1)
1.00 PM **The Rookie** 6/20. Nolan's former mentor Officer Hawke goes on the run. (S1)
2.00 **Stop, Search, Seize**
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**



9.00 Blue Bloods

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 Law & Order: Criminal Intent *Happy Family:* 9/21. The patriarch of a wealthy family is beaten to death with a hockey stick. (S3)

9 PM

9.00 Blue Bloods *Dropping Bombs:* 2/18. A serial killer reappears, leading Danny and Baez to join forces with Danny's old partner.

10 PM

10.00 Blue Bloods *Fear No Evil:* 3/18. Frank tries to get over the grief of his best friend's death. (S14)
11.00 **Law & Order: SVU** (S26)
12.00 M'T **Law & Order: Criminal Intent** 4/21. (S3)
1.00 AM **The Rookie: Feds** 15/22.
2.00 **FBI: Most Wanted** New episode 11/22. (S6)
3.00 **Law & Order: SVU** (S26)
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
7.00 **Urban Secrets**
8.00 **Boardwalk Empire** (S4)
10.10 **Homicide: Life on the Street**
12.20 PM **Game of Thrones** (S5)
1.25 **My Brilliant Friend** 7/8. (S2)
2.30 **Boardwalk Empire** (S4)
4.30 **Homicide: Life on the Street** 17/22. Munch's old high-school crush is found dead.
5.25 18/22. The person who blinded Chris Thormann is up for parole. (S5)
6.20 **Game of Thrones** 6/7. Jon goes beyond the wall. (S7)

9.00 Task

7.35 Game of Thrones *The Dragon and the Wolf:* 7/7. Everyone meets in King's Landing to discuss the fate of the realm, Sansa confronts Arya, while Sam and Bran discover a shocking secret. (S7)

9.00 Task Series finale *A Still Small Voice:* 7/7. A revelation leads to a final confrontation. (S1)

10.10 Mare of Easttown *Sacrament:* 7/7. Mare's family process the fall-out while she attempts to find her own way forward. (S1)
11.25 **The Sopranos** 1/13. After the break up of his marriage, Tony hopes he can get Dr Melfi to see him in a new light. (S5)
12.25 AM **Banshee** 2/10. Hood has to rescue Rebecca. (S2)
1.30 **Game of Thrones** (S8)
5.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S4)
8.00 **The Flash** 1/13. (S9)
9.00 **Stargate SG-1** 7&8/22. (S1)
11.00 **SEAL Team** 2/14. (S5)
12.00 NOON **The Flash** 2/13. (S9)
1.00 PM **Hawaii Five-0** (S5)
3.00 **S.W.A.T.** 10/22. (S1)
4.00 **NCIS: New Orleans** (S7)
5.00 **SEAL Team** 1/14. The team are shocked when they learn a training exercise is really cover for a covert mission. (S5)
6.00 **Stargate SG-1** 7/22. O'Neill is replaced by an alien double while on a mission. (S1)

8.00 Can't Knock the Hustle

7.00 Stargate SG-1 *The Nox:* 8/22. Daniel falls victim to an alien. Guest stars Armin Shimerman. (S1)

8.00 Romesh: Can't Knock the Hustle 4/4. Romesh Ranganathan questions whether success is the key to happiness.

9.00 Never Mind the Buzzcocks With guests Natasha Bedingfield, Sam Ryder and Five.
9.50 Strike Back: Silent War 3/10. Section 20 and Katrina Zarkova race to locate the stolen nuclear missile. (S7)
10.50 The A to Z of Horror Movies An alphabetical trip through the genre.
11.55 **Warrior** 10/10. (S2)
12.55 AM **Road Wars**
2.00 **Never Mind the Buzzcocks** New edition Greg Davies hosts a 1980s-themed edition.
3.00 **S.W.A.T.** 10/22. (S1)
4.00 **NCIS: New Orleans** (S7)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.55 **The Big Bake**
8.45 **Sam and Billie: Sister Act**
9.40 **The Only Way Is Essex**
10.20 **Real Housewives of Potomac**
11.15 **Real Housewives of New...**
12.05 PM **Dinner Date**
1.05 **Sam and Billie: Sister Act**
2.05 **The Only Way Is Essex**
3.05 **Real Housewives of Cheshire**
4.05 **Real Housewives of Potomac** New edition
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

9.00 Big Brother

7.00 Deal or No Deal Stephen Mulhern hosts as another contestant takes on the Banker for the chance to win life-changing money.

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 Big Brother New edition A group of contestants live under 24-hour surveillance, hoping to win a cash prize.

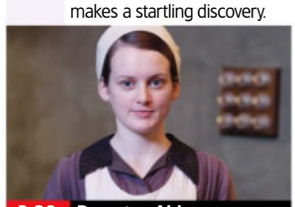
10.00 Big Brother: Late & Live New edition AJ Odudu and Will Best present the companion show in front of a live studio audience.
11.05 **Family Guy** 2/20. Stewie breaks up with Rupert. (S19)
11.35 17/30. Lois discovers that she has a brother. (S4)
12.05 AM **American Dad!** (S15)
1.05 **Plebs** 1/6. (S1)
1.35 **Deal or No Deal** As 7.00pm.
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **The Royal** *Absent Friends.*
7.05 **Classic Emmerdale**
8.10 **Classic Coronation Street**
9.10 **Doc Martin** 7/8. (S7)
10.15 **The Royal** *Home and Dry.*
11.15 **Heartbeat** Double bill.
1.25 PM **Classic Emmerdale**
2.30 **Classic Coronation Street**
3.30 **Downton Abbey** 5/9. Daisy is unhappy when Alfred takes an interest in new maid Ivy. (S3)
4.40 **Doc Martin** 8/8. (S7)
5.50 **Heartbeat** *Sweet Sixteen:* Part one of two. Vernon makes a startling discovery.



3.30 Downton Abbey

6.55 Heartbeat *She's Leaving Home:* Part two of two. Tricia's decision about birth-control drugs continues to cause issues.

8.00 Midsomer Murders *Dark Secrets:* The life of an eccentric and reclusive couple comes under police scrutiny when a social services investigator is killed. Meanwhile, Barnaby's wife arrives in Midsomer. Guest stars Fiona Dolman.

10.00 Lewis *Whom the Gods Would Destroy:* A middle-aged Oxford graduate is found dead, setting in motion an investigation that leads Lewis and Hathaway to a senior university figure.
11.55 **Wire in the Blood** *The Colour of Amber:* 1/5. An 11-year-old girl is snatched from a troubled housing estate. (S5)
1.45 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: Landward**
2.30 **Sign Zone: Amazing Hotels: Life Beyond...**
3.30 **Sign Zone: My Kind of Town** A visit to Alloa.
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Sportscene: SWPL Highlights** Recent action.
8.00 **The Mart**
8.30 **Grand Tours of Scotland's Lochs**
9.00 **Amazing Hotels: Life Beyond the Lobby**
10.00 **River City** New episode Lenny receives a surprise visit from Mack.
10.30 **Dinosaur** 2/6. Evie's family try to impress Ranesh's father. (S1)
11.00 **Scotcast** New edition Topical discussion.
11.30 PM **to 12.00** M'T **The Trials That Shocked Scotland**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S4)
9.00 **The Conners** (S2)
10.00 **Sex and the City** (S2)
11.20 **Girls** 5&6/10. (S1)
12.30 PM **Will & Grace** (S4)
1.30 **Sex and the City** (S2)
2.30 **The Office (US)** (S5)
3.30 **The Conners** (S2)
4.30 **The Office (US)** (S5)
5.30 **Will & Grace** (S4)
6.30 **Ballers** 1&2/10. (S3)
7.45 **Sex and the City** 8/18. Samantha dates an elderly millionaire.
8.25 9/18. Carrie tries to change Big. (S2)
9.00 **Chris Ramsey: Live from London** Stand-up.
10.00 **The Chair Company** New episode 2/8. Comedy series. (S1)
10.40 **Real Time with Bill Maher** New edition
11.50 **Entourage** 7&8/8. (S1)
1.05 AM **Girls** 4&5/10. (S4)
2.20 **Veep** 4&5/10. (S5)
3.35 **Curb Your Enthusiasm**
4.20 **to 5.00** AM **Silicon Valley**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **La Traviata**
8.10 **Artist of the Year: Masterclass**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **André Rieu: Welcome to My World**
1.00 PM **Tales of the...**
2.00 **Bagpipes: A Celebration**
3.00 **Portrait Artist of the Year** With James May.
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **André Rieu & Friends: Live in Maastricht VII** The 2013 instalment of the violinist's concert series in his hometown.
11.15 **Classic FM Live: Great British Classics** From the Royal Albert Hall.
1.15 AM **Wuthering Heights**
4.00 **Lenny Henry's Got the Blues**
5.00 **to 6.00** AM **Auction**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Nothing to Declare** Double bill.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S1)
5.00 **Stargate SG-1** (S8)
6.00 **Star Trek: Voyager** (S3)
7.00 **Star Trek: The Next Generation** *Brothers:* 3/26. Data is reunited with his creator. (S4)
8.00 **Star Trek: Deep Space Nine** *Things Past:* 8/26. Sisko, Odo, Dax and Garak are transported back in time. (S5)
9.00 **FBI** 5&6/22. (S4)
11.00 **Grimm** 5/22. (S2)
12.00 M'T **Warehouse 13** (S1)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Rapid Response** Documentary.
3.00 **The Force: North East**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point** Triple bill of the game show.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Warwick Davis hosts as a team of vicars take part in the quiz.
3.00 **Alan Carr's Epic Gameshow** Alan hosts a revival of *Take Your Pick.*
4.00 **Tenable** Warwick Davis hosts as a family take on the Tenable Tower.
5.00 **Deal or No Deal** Double bill of the game show hosted by Stephen Mulhern.
7.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
9.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.50 AM **Who Wants to Be a Millionaire?** As 9.00pm.
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Diagnosis Murder**
10.00 **Little House on the Prairie** 1&2/22. (S7)
12.00 NOON **Highway to Heaven** 24/25. (S3)
1.00 PM **Diagnosis Murder**
3.00 **Born and Bred** (S2)
4.05 **Down to Earth** (S2)
5.05 **Rumpole of the Bailey**
6.10 **Rising Damp** 5/7. (S1)
6.40 **The Fall and Rise of Reginald Perrin** (S2)
7.20 **Home to Roost** (S1)
7.50 **A Fine Romance** (S1)
8.20 **Dear John** 4/7. (S2)
9.00 **M*A*S*H** 9-12/24. (S1)
11.00 **Rising Damp** 5/7. (S1)
11.30 **Man About the House**
12.00 M'T **M*A*S*H** (S2)
1.00 AM **Dear John** 4/7. (S2)
1.40 **The Fall and Rise of Reginald Perrin** (S2)
2.20 **Home to Roost** (S1)
2.45 **A Fine Romance** (S1)
3.15 **Born and Bred** (S2)
4.05 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Football Rivalries**
6.15 **The Saint**
7.15 **Kojak** Double bill.
9.25 **Magnum, PI**
11.25 **BattleBots**
12.30 PM **Kojak** Double bill.
2.40 **Magnum, PI** Double bill.
4.45 **The Saint** *Where the Money Is:* A rich film producer's wayward daughter is kidnapped and held for ransom.
5.50 **American Pickers** A shed full of movie memorabilia.
6.20 The possessions of a World War Two veteran.

7.55 The Chase Celebrity Special

6.55 **The Motorbike Show** 1/2. Henry Cole rides the famous Isle of Man TT circuit with Chris Walker.
7.55 **The Chase Celebrity Special** Bradley Walsh hosts as Toby Anstis, Rav Wilding, Paula Radcliffe and Vanessa Feltz compete for charity.
9.00 FILM **Hot Fuzz** Cop thriller spoof starring Simon Pegg and Nick Frost. An overachieving London police officer is transferred to a sleepy town and investigates a string of strange murders. (2007, 15, 115min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
11.25 FILM **RoboCop 2** Sci-fi action sequel starring Peter Weller. The robotic law enforcer tackles corporate corruption. (1990, 18, 114min) ★
1.30 AM **Motorsport UK**
2.25 **Two and a Half Men**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 16/22. (S2)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 4/26. (S3)
2.00 **Warehouse 13** 2&3/20. (S4)
4.00 **Star Trek: The Next Generation** 16/22. (S2)
5.00 **Stargate Atlantis** 14/20. (S5)
6.00 **Star Trek: Enterprise** 8/26. On an alien planet, Reed and Archer are arrested by soldiers and accused of spying. (S2)

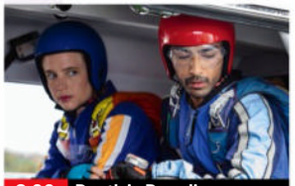
9.00 Grimm

7.00 **Star Trek: Deep Space Nine** *Equilibrium:* 4/26. The crew members grow increasingly concerned as Dax turns aggressive. (S3)
8.00 **Stargate Atlantis** *The Prodigal:* 14/20. Michael infiltrates Atlantis, joined by a number of genetically modified henchmen. (S5)
9.00 **Grimm** *Happily Ever Aftermath:* 20/22. Nick and Hank investigate a murder committed by a bat-like monster.
10.00 **Grimm** *Bigfeet:* 21/22. Hank and Nick investigate an attack on a farmer's horses that puts them on the trail of Bigfoot. (S1)
11.00 **Lovecraft Country** 3/10. Atticus remains burdened by a guilty conscience. (S1)
12.10 AM **Chucky** 7/8. The survivors gather with Father Bryce to perform an exorcism. (S2)
1.00 **Warehouse 13** 2&3/20. (S4)
3.00 **Lovecraft Country** As 11pm.
4.10 **Chucky** As shown at 12.10am.
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 18/24. (S3)
11.00 **Hudson & Rex** 10/16. (S1)
12.00 NOON **Body of Proof** (S3)
1.00 PM **Death in Paradise** (S11)
2.00 **Murdoch Mysteries** (S16)
4.00 **The Mentalist** 18/24. (S3)
5.00 **Hudson & Rex** 10/16. The team investigate when a gallery curator is murdered. (S1)
6.00 **Father Brown** *The Royal Visit:* The visit of Princess Margaret is jeopardised when a school caretaker is found murdered.



8.00 Death in Paradise

7.00 **Body of Proof** *Disappearing Act:* 9/13. The team investigate a criminal banker. (S3)
8.00 **Death in Paradise** *Death in Flight:* 3/9. A skydiver appears to have been murdered in mid-air. (S11)
9.00 **Death in Paradise** *Serving Up Murder:* 3/8. A famous chef is poisoned during a cooking contest. (S13)
10.20 **Shakespeare & Hathaway: Private Investigators** *A Dark House:* 4/10. Lu falls victim to a cruel scam. (S5)
11.20 **Evil** 1/10. The Church sends the team to oversee an experiment involving a cancer-stricken priest. (S3)
12.20 AM **White Collar** 10/16. (S4)
1.20 **Death in Paradise** As 8pm.
2.15 **Murdoch Mysteries** (S16)
3.10 **to 4.00** AM **CSI: Vegas**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
8.20 **The Good Life**
9.40 **Hi-de-Hi!**
10.20 **Blackadder II**
11.00 **Last of the Summer Wine**
12.20 PM **My Hero**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Blackadder II**
3.00 **Last of the Summer Wine**
4.20 **My Hero**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Blackadder II**

4.20 My Hero

7.00 **Dad's Army** Captain Mainwaring orders his blundering platoon to guard the bank's money.
7.40 **The Good Life** Barbara and Tom's activities disturb Margo and Jerry.
8.20 Perky the pig gives birth to her litter in the middle of the night.
9.00 **The Good Life** Tom converts the rotary cultivator into a new means of transport.
9.35 Tom and Barbara talk to their plants to see if it will make them grow
10.20 **Not Going Out** Lee tries to bond with his new lodger – a teenage boy.
10.55 **Blackadder II** Lord Melchett challenges Edmund to a drinking contest. Guest stars Miriam Margolyes.
11.35 **Bottom: Hooligans Island Live**
1.50 AM **The Cleaner**
3.05 **Toast of London**
3.30 **to 4.00** AM **The Cleaner**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Rick Stein: From Venice to Istanbul** The chef arrives in Istanbul to conclude his trip.
8.00 **Special Ops: To Catch a Criminal** Double bill.
10.00 **Train Truckers** Double bill.
12.00 NOON **Storage Hunters UK**
2.00 PM **Extreme Salvage Squad**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Asian Adventure** Dave and Si go sea-fishing in Thailand.
6.00 **Rick Stein: From Venice to Istanbul** The chef crosses the Adriatic Sea to Croatia.

7.00 Would I Lie to You?

7.00 **Would I Lie to You?** With Charles, Amy Gledhill, Shazia Mirza and Jeremy Vine.
7.40 **Richard Osman's House of Games** With Thanyia Moore and Kaye Adams.
8.20 With Ruby Bhogal, Ed Byrne, Ingrid Oliver and Matthew Pinsent.
9.00 **Have I Got a Bit More News for You** Victoria Coren Mitchell hosts the satirical quiz, with Maisie Adam and Helen Lewis.
10.00 **QI XL** Guests David Mitchell, Sue Perkins and Sami Shah join regular panellist Alan Davies and host Stephen Fry.
11.00 **8 Out of 10 Cats: Best Bits** A compilation of highlights from the comedy panel show.
11.50 **Mock the Week** With Maisie Adam and Eshaan Akbar.
12.30 AM **Would I Lie to You?**
1.50 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Find It, Fix It, Flog It**
10.00 **Help! We Bought a Village** In Normandy.
11.00 **A New Life in the Sun**
12.00 NOON **Kirstie and Phil's Love It or List It**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **Four in a Bed**
6.00 **Kirstie and Phil's Love It or List It**
7.00 **Devon and Cornwall** The head gardener at Cornwall's Lost Gardens of Heligan sows a crop of meadow flowers.
7.45 **The Great British Bake Off** Meringue Week.
9.00 **Celebrity Gogglebox** Famous faces appraise *The Chase* and *Jamie's One-Pan Wonders*.
10.00 **Gogglebox**
11.00 **Hunted** Double bill.
1.05 AM **24 Hours in A&E**
2.05 **Social Media Monsters**
3.05 **Educating Yorkshire**
4.05 **to 5.00** AM **The Great British Bake Off: An Extra Slice**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Law & Order: Criminal Intent** 11/23. (S2)
10.05 **NCIS** 3-5/24. (S12)
1.00 PM **Law & Order** (S22)
5.00 **Law & Order** *Freedom of Expression:* 1/13. The line between free speech and hate speech at a university is examined.
6.00 *Human Innovation:* 2/13. A prominent tech CEO is killed. (S23)
7.00 **NCIS** *Status Update:* 18/24. A thief's body is found in a Marine's home.
8.00 *Patience:* 19/24. The team get a lead in a 40-year-old cold case.
9.00 *No Good Deed:* 20/24. DiNozzo works with Zoe on a case. (S12)
10.00 **Law & Order: Special Victims Unit** (S23)
1.50 AM **Law & Order: Criminal Intent** (S1)
2.45 **Law & Order** (S15)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **The Hotel Inspector**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Ambulance: Code Red** A man loses his helmet and suffers injuries after a motorcycle accident.
10.00 **999: Critical Condition** A woman who was thrown from her horse.
11.00 **Skin A&E** Documentary.
12.00 M'T **Prison Brides**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Home and Away**
3.35 **to 4.00** AM **Highway Patrol**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Outback Truckers**
10.15 **Trucking Hell**
11.15 **Traffic Cops**
12.15 PM **Police Interceptors**
2.10 FILM **The Lawless Breed** Western starring Rock Hudson as a legendary gunfighter. (1952, PG, 83min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** Police officers race through Leeds on an extraordinary pursuit.
7.00 A runaway driver rams a police car.
8.00 Ben and Steve pursue a dangerous driver in Bradford.
9.00 **Ice Road Truckers**
10.00 **Trucking Hell: Mega Rollovers**
11.00 **Trucking Heavy**
12.00 M'T **MacGyver** (S3)
1.00 AM **Winter Road Rescue**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Nick Knowles' Big House Clearout**
7.00 **Tipping Point**
10.00 **Property Brothers: Forever Homes**
1.00 PM **Tipping Point**
4.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition The final four must prepare either a sweet or savoury dish.
8.20 **Simply Nigella** Dishes that combine the familiar and the new.
9.00 **Pete Wicks: For Dogs' Sake** New edition Pete meets Lurcher Terri, who is terrified of the world and must learn to trust again. ■ Entire series on U
10.00 **The Supervet**
12.00 M'T **One Born Every Minute** Documentary.
1.00 AM **Interior Design Masters with Alan Carr**
2.15 **to 3.00** AM **Amanda & Alan's Italian Job**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.35 AM **Soldier, Soldier**
8.35 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **Monarch of the Glen**
4.20 **London's Burning**
5.25 **The Upper Hand**
6.00 **Terry and June**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Judge John Deed** *Exacting Justice:* The maverick High Court Judge's daughter is arrested during a demonstration.
10.00 **New Tricks** *Diamond Geezers:* The team track a vicious criminal.
11.20 **Spooks** 4/6. (S10)
12.40 AM **Lovejoy**
1.40 **The Upper Hand**
2.20 **Terry and June**
2.50 **to 4.00** AM **Hotel Portofino**

+1 hr 243 316 60 260

MONDAY Entertainment

Monday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** In Merseyside.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
2.00 **Money for Nothing**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Salvage Hunters: Georgian House Restoration** Drew heads to an antique market to furnish his dream home.
10.00 **Celebrity Yorkshire Auction House** With Laurence Llewelyn-Bowen and Crissy Rock.
11.00 **The Yorkshire Auction House** A woman needs help to thin out items inherited from her father.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Double bill.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room** Items include puppets from TV show *Rainbow*. **6.00** Items include a Clarice Cliff mask.
7.00 **The Chase Celebrity Special** With guests Shane Williams, Sair Khan, Milton Jones and Tanni Grey-Thompson.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
4.00 AM **The Crystal Maze**
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.10 AM **Tombstone Territory**
9.40 **FILM The War Lover** Wartime drama. (1962, b/w, PG, 105min) ★★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM **FILM Red Headed Stranger** Western. (1986, 15, 105min) ★★
3.30 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!** (S1)
7.00 **The Avengers** (S5)
8.00 **The New Avengers** (S1)
9.00 **FILM Hitman** Thriller with Timothy Olyphant. (2007, 15, 100min) ★★★
11.00 **FILM Force of Execution** Thriller starring Steven Seagal. (2013, 15, 95min) ★★
1.15 AM **The Avengers** (S5)
2.15 **The New Avengers** (S1)
3.25 **Cops Uncut**
3.50 **Wild West Chronicles**
4.40 **to 5.40** AM **Air Rescue**
+1 hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **FILM Web of Lies** Thriller. (2009, 12) ★★
9.10 **Murder, She Wrote**
10.10 **Unforgettable** (S2)
11.10 **Castle** 23/24. (S2)
12.10 PM **FILM Murder, She Baked: A Plum Pudding Mystery** (2015, PG) ★★
2.05 **Hailey Dean Mysteries**
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 24/24. (S2)
8.00 **Unforgettable** (S2)
9.00 **FILM Murder, She Baked: A Peach Cobbler Mystery** Drama. (2016, PG, 85min) ★★
10.55 **FILM The Gourmet Detective: Death Al Dente** (2015, PG) ★★
12.50 AM **FILM Stalked by My Mother** (2016, 12) ★★
2.45 **FILM A Night to Regret** Drama. (2018, 12) ★★
4.20 **to 5.50** AM **FILM A Date to Die For** (2015) ★★
+1 hour 322

Great! Christmas

319 317 424 52 47

8.10 AM **FILM A Very Corgi Christmas** Comedy. (2019, PG, 90min) ★
10.15 **FILM 12 Pups of Christmas** Drama. (2019, PG, 90min) ★★
12.10 PM **FILM Mingle All the Way** (2018, PG) ★★
2.10 **FILM Write Before Christmas** Drama. (2019, U, 90min) ★★
4.05 **FILM On the Twelfth Day of Christmas** Drama. (2015, PG, 90min) ★★
6.00 **FILM Deck the Heart** Drama. (2023, PG) ★★
8.00 **FILM Our Christmas Love Song** Comedy. (2019, U, 100min) ★★
9.55 **FILM A Christmas Hero** Drama. (2020, 12) ★★
11.50 **FILM Christmas Bells Are Ringing** Drama. (2018, PG, 90min) ★★
1.45 AM **FILM A Gingerbread Romance** (2018) ★★
3.25 **to 4.50** AM **FILM Write Before Christmas**
+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **I Dream of Jeannie** (S1)
10.30 **Bewitched** 4/36. (S1)
11.00 **In Loving Memory** (S5)
11.30 **Doctor in the House**
12.00 NOON **Carry On Laughing** 4/6. (S1)
12.30 PM **You're Only Young Twice** 6/9. (S3)
1.00 **Kane & Abel**
3.00 **Bramwell** 7/8. (S2)
4.00 **Born Free** 4/13. (S1)
5.00 **A Sharp Intake of Breath** 2/3. (S3)
5.30 **In Loving Memory** (S5)
6.00 **Don't Drink the Water**
6.30 **Carry On Laughing** (S1)
7.00 **Blue Thunder** 4/11. (S1)
8.00 **Bramwell** 7/8. (S2)
9.00 **Dark Skies** 14/20. (S1)
10.00 **Brass** 7/13. (S2)
10.30 **Stereo Underground**
11.30 **Mysterious Tales**
11.35 **Don't Drink the Water**
12.05 AM **FILM Grizzly** Thriller. (1976, 15, 91min) ★★
1.50 **We Had One of Those**
2.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **LIVE Snooker: Northern Ireland Open** The first round from Waterfront Hall, Belfast
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Captain Rip Carlton races to save an injured deckhand. **8.00** Captain Rip heads into an Arctic storm.
9.00 **My Feet Are Killing Me** Helping a teenager who has webbed toes. **10.00** The doctors help a man with a mystery growth on his foot.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**
+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Ainsley's Good Mood Food** Chocolate.
7.00 **Paul Hollywood: City...**
8.00 **The Pioneer Woman**
9.00 **Jamie's Easy Meals...**
10.00 **Tom Kerridge's...**
11.00 **Great British Bake Off**
1.00 PM **James Martin's American Adventure**
2.00 **James Martin's Mediterranean**
3.00 **Paul Hollywood: City Bakes** From Los Angeles.
4.00 **The Pioneer Woman**
5.00 **Jamie's Easy Meals for Every Day** Double bill.
6.00 **Tom Kerridge's American Feast**
7.00 **Great British Bake Off**
9.00 **Adam Richman Eats Football** Double bill.
10.00 **Ravneet's Chop House**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**
+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 26/28. (S1)
9.00 **The Fall Guy** 7/22. (S5)
10.00 **Charlie's Angels** (S2)
11.00 **FILM Global Meltdown** Thriller. (2017, PG) ★
1.00 PM **FILM Cowboy** Western drama. (1958, PG, 90min) ★★★
3.00 **FILM Gunsmoke: Return to Dodge** Western. (1989, 15, 90min) ★★
5.00 **Star Trek** 10/26. (S2)
6.00 **Charlie's Angels** (S2)
7.00 **The Fall Guy** 8/22. (S5)
8.00 **Walker, Texas Ranger**
9.00 **FILM Behind Enemy Lines** Wartime drama. (2001, 12, 106min) ★★★
11.05 **FILM Hard Target** Thriller starring Jean-Claude Van Damme. (1993, 18, 95min) ★★★
1.00 AM **FILM Jagged Edge** Legal thriller. (1985, 18, 108min) ★★★★★
3.05 **to 5.00** AM **FILM Last Passenger** Thriller. (2011, 15, 95min) ★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Arctic Apocalypse** As 5.00pm.
8.00 **FILM Zodiac: Signs of the Apocalypse** Sci-fi. (2014, PG, 120min) ★
10.00 **Andromeda** 3/22. (S3)
11.00 **FILM Dragonquest** Fantasy adventure. (2009, 12, 90min) ★★
1.00 PM **FILM The 7 Adventures of Sinbad** Fantasy adventure. (2010, PG, 90min) ★★
3.00 **Andromeda** 3/22. (S3)
4.00 **Six Million Dollar Man**
5.00 **FILM Arctic Apocalypse** Action disaster movie. (2019, PG, 90min) ★
7.00 **Andromeda** 4/22. (S3)
8.00 **Six Million Dollar Man**
9.00 **FILM Righteous Kill** Crime thriller with Robert De Niro and Al Pacino. (2008, 15, 97min) ★★★
11.00 **FILM She Never Died** Thriller. (2019, 15) ★★
1.00 **to 3.00** AM **FILM Righteous Kill** (2008)
+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Liverpool.
6.40 **Junk and Disorderly**
7.35 **Auction Hunters**
8.00 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Mega Disasters**
11.10 **The Curse of Oak Island**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Junk & Disorderly**
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **UFOs: Lost Evidence**
7.00 **Junk & Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **The Curse of Oak Island**
10.00 **History's Greatest Mysteries** Documentary.
11.00 **Greatest Prison Escapes with Billy Hayes**
12.00 M'T **Weird Britain**
1.00 AM **UFOs: Lost Evidence**
2.00 **Ancient Aliens**
3.45 **Court Cam** Double bill.
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Cruising with Jane McDonald** Double bill.
11.00 **World's Most Scenic Railway Journeys**
12.00 NOON **Ben Fogle: New Lives in the Wild**
1.00 PM **Michael Portillo in Andalucia** From Seville.
2.00 **Murder, She Wrote**
3.00 **Columbo**
4.50 **Britain's Greatest Bridges** Britannia Bridge.
5.00 **World's Most Scenic Railway Journeys**
6.00 **Abandoned Engineering**
7.00 **Nazi Megastructures**
8.00 **Ben Fogle: New Lives in the Wild** Rathlin Island.
9.00 **Reuben Owen: Life in the Dales**
10.00 **Coastal Adventures with Helen, Jules & JB**
11.00 **Prisoner: Cell Block H**
1.00 AM **Cruising with Jane McDonald**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **My Dream Derelict Home in the Sun**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Escape to the Country**
9.00 **Fixer Upper: Welcome Home** Chip and Jo help a first-time homeowner update her 1950s home.
10.00 **The Renovator** New edition Marcus Lemonis assists a couple living in a former bachelor pad that is in need of major upgrades.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **Say Yes to the Dress: Atlanta** Double bill.
12.00 NOON **My 600lb Life**
2.00 PM **Return to Amish**
3.00 **Outdaughtered: Busby Quints** Double bill.
5.00 **Little People, Big World**
6.00 **My 600lb Life**
8.00 **Dr Pimple Popper** Cowboy Dusten has a painful lump on his knee.
9.00 **1000-lb Sisters** Tammy gets a push to reveal more of her personal life to her family.
10.00 **The Face Doctors**
11.00 **My Extreme Excess Skin**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Cheapskates**
2.00 **The Face Doctors**
3.00 **My Extreme Excess Skin**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Flip or Flop**
+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
9.00 **Everybody Loves Raymond** 1-4/25. (S5)
11.00 **Spin City** (S2&3)
1.00 PM **Friends** (S3)
9.00 **Iain Stirling's Roast the Internet** Series finale 8/8. With Jamali Maddix and London Hughes.
10.00 **Bradley & Barney Walsh: Breaking Dad**
11.00 **NEW SERIES Utopia** 1/8. Everyone prepares for the staff talent show. **11.30** New episode 2/8. Beverley from HR thwarts Nat's promotion. (S3)
12.00 M'T **Important Things with Demetri Martin**
12.30 AM **Whose Line Is It Anyway? USA**
1.25 **South Park** (S22)
2.25 **Mike Judge's Beavis and Butt-Head**
2.50 **Lost Voice Guy: Cerebral LOLsy**
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Impractical Jokers**
7.00 **Teleshopping**
9.00 **Criminally Funny**
10.30 **Most Ridiculous**
11.00 **Friends** (S9)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.30 **Takeshi's Castle**
4.00 **Most Ridiculous**
5.00 **Everybody Loves Raymond** 1-4/25. (S5)
7.00 **Spin City** (S2&3)
9.00 **Everybody Loves Raymond** 17/24. Ray tries to take an interest in one of Ally's hobbies. **9.30** 18/24. Debra prepares a palatable meal, much to her family's surprise. (S4)
10.00 **Friends** 9-14/25. (S3)
1.00 AM **Beavis and Butt-Head** (S4)
2.00 **Whose Line Is It Anyway? USA**
3.00 **Teachers** 7&8/20. (S2)
3.45 **Ed Byrne: Spoiler Alert**
4.30 **Out of Order**
5.15 **to 6.00** AM **Guessable?**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
9.00 **Freddie Fries Again**
10.00 **The Rookie: Feds** (S1)
11.00 **911 Crisis Centre**
12.00 NOON **Paramedics Australia** Medical series.
1.00 PM **Motorway Patrol**
2.00 **911 Crisis Centre**
3.00 **The Swarm** 1/8. (S1)
4.00 **Motorway Patrol**
5.00 **Air Ambulance ER**
6.00 **SEAL Team** (S4)
8.00 **The Rookie: Feds** *Payback:* 17/22. Atlas comes to town. (S1)
9.00 **The Force: North East**
11.00 **The Swarm** 1/8. (S1)
12.00 M'T **The Russell Howard Hour**
1.10 AM **A League of Their Own** With Sean Dyche.
2.05 **Duck Quacks Don't Echo** With Dara O Briain.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **Teen Mom Australia**
6.25 **Teen Mom UK**
8.00 **Catfish: On the Run**
11.00 **Catfish: The TV Show**
12.00 NOON **Catfish: On the Run** Reality series.
1.00 PM **Catfish: The TV Show** Double bill.
3.00 **Catfish: On the Run**
4.00 **Help! I'm in a Secret Relationship!**
6.00 **Catfish UK**
7.00 **Teen Mom 2**
8.00 **The Hills: New Beginnings** Reality series.
9.00 **Skin A&E**
10.00 **Black Ink Crew New York** New edition
11.00 **Ink Master Redemption** New edition
11.30 **Ink Master Redemption**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **The Challenge: Double Agents**
2.20 **Ink Master**
3.10 **to 4.00** AM **Geordie OGs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Wheeler Dealers World Tour**
8.00 **Barnwood Builders**
9.00 **Gold Rush** Double bill.
11.00 **Wheeler Dealers World Tour**
1.00 PM **Gold Divers** Double bill.
3.00 **Alaska: Homestead Rescue** Virginia homesteaders are struggling in the wilderness.
5.00 **Moonshiners** Tickle and Carol open their new restaurant.
6.00 **Hoffman Family Gold** Todd calls the Alaska Troopers when Framer goes missing on a solo caribou hunt.

9.00 Mystery at Blind Frog...

7.00 **Wheeler Dealers** Mike Brewer snaps up a Jaguar S-Type with 195,000 miles for just £3,000.

8.00 **Combat Dealers** Bruce Crompton uncovers plans for the D-Day invasion, and in France he enjoys a parachute jump.

9.00 **Mystery at Blind Frog Ranch** New edition Chad and Josh uncover a mining shaft that leads to a labyrinth of tunnels.

10.00 **Salvage Dawgs** An early 1800s farmhouse and barn is taken apart. **10.30** Disassembling an Eiffel Tower replica.

11.00 **How the Universe Works** A look at new discoveries surrounding interstellar space.
12.00 M'T **Blowing Up History**
1.00 AM **Mystery at Blind Frog Ranch** The team search for an alternate route into the cavern.
2.00 **Salvage Dawgs** Double bill.
3.00 **to 5.00** AM **Deadliest Catch**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Flying Wild Alaska**
9.00 **Saved by the Barn**
10.00 **Tanked** A reef tank.
11.00 **Animal Cops Philadelphia**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **Insane Pools: Off the Deep End** Double bill of editions.
5.00 **Lone Star Law** Boone receives an anonymous tip-off about a hunter who illegally shot a deer.
6.00 **Dr Jeff: Rocky Mountain Vet** Performing surgery on a dog that can't keep its food down.

10.00 Mountain Monsters

7.00 **Treehouse Masters** Pete Nelson returns to build a five-platform structure for a nature preserve in Michigan.

8.00 **Expedition Bigfoot** Mireya's worst nightmare comes true, and Russell investigates a possible underwater passageway.

9.00 **Alaska: The Last Frontier** Otto and Jane have a chance to relocate wild buffalo, and Atz Lee tests his firearms skills.

10.00 **Mountain Monsters** The team hunt a monstrous wolf-like creature that is lurking in the cornfields of West Virginia.

11.00 **Pit Bulls & Parolees** A California man hopes to find a new dog to stay by his side as he battles cancer.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Expedition Bigfoot**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Philadelphia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Rocky Mountain Railroad**
9.00 **Air Crash Investigation**
12.00 NOON **Car S.O.S**
2.00 PM **Seconds from Disaster**
3.00 **Nazi Sunken Sub**
4.00 **Area 51: The CIA's Secret Files** An exposé of activity at the Groom Lake Testing Facility.
5.00 **Car S.O.S** Fuzz and Tim travel to Cornwall in a bid to restore a run-down Triumph Herald.
6.00 **Lost Treasures of Egypt** Archaeologists investigate Tutankhamun's small and poorly decorated tomb.

9.00 Drain the Titanic

7.00 **Air Crash Investigation** The case of a flight that disappeared from radar while headed for Angola.

8.00 **Titanic: The Final Secret** A look at how a Cold War investigation led to the discovery of the wreck of the ill-fated liner.

9.00 **Drain the Titanic: A Ship Reborn** Exploring the wreck of the famous ship, using 3D images of what it looks like now.

10.00 **Ice Road Rescue** On the Hardangervidda, Thord and Bjoern team up to save a truck and trailer that crashed into a ditch.

11.00 **Air Crash Investigation** A collision above LA in 1986.
12.00 M'T **Inside Melbourne Airport**
1.00 AM **Airport Security: Rome**
2.00 **To Catch a Smuggler**
2.30 **Lords of War** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
6.55 **American Pickers**
7.50 **Storage Hunters**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **Discovered by Disaster**
1.00 PM **Kevin Costner's The West**
2.00 **American Pickers**
3.00 **Killer Kings** Ivan IV.
4.00 **Storage Hunters**
5.00 **Canadian Pickers** The gang examine antique vehicles.
6.00 **American Pickers** The Wolfe brothers comb through a 27,000-square-foot hangar.

9.00 Kevin Costner's The West

7.00 **Forged in Fire** Four bladesmiths recreate the Fairbairn Sykes fighting knife by combining three sizes of W1 round stock.

8.00 **American Pickers** New edition Mike relives the thrill of speedway history thanks to a motorbike-loving family.

9.00 **Kevin Costner's The West** New edition How Kansas became a battleground in the US national debate over slavery.

10.00 **Secrets in the Dark** New edition The fate of Pharaoh Ramses III has been clouded by rumours of a plot against him.

11.00 **Secrets in the Ice** A giant shipwreck near Cambridge Bay in the Canadian Arctic.
12.00 M'T **Evil Encounters** How a desert road trip ended badly.
12.55 AM **Secrets Declassified with David Duchovny**
1.50 **Kevin Costner's The West**
2.50 **Canadian Pickers**
3.40 **Pawn Stars** Documentary.
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys** Double bill.
8.00 **Bangers & Cash**
10.00 **Secret Nazi Bases**
11.00 **The Great War in Numbers**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Secret Nazi Bases** A chilling discovery in the furthest reaches of Eastern Canada.
5.00 **The Great War in Numbers** Exploring the events of World War One through numbers.
6.00 **Antiques Roadshow** From Burton Constable Hall.

9.00 The Lakes with Simon Reeve

7.00 **Burma with Simon Reeve** 1/2. Documentary exploring the country in the aftermath of a humanitarian crisis.

8.00 **Indian Ocean with Simon Reeve** Simon travels from Indonesia to Australia, visiting the epicentre of the 2004 tsunami.

9.00 **The Lakes with Simon Reeve** The adventurer explores the wild and rugged coast of Cumbria.

10.00 **Bangers & Cash** Derek picks up a Morgan sports car, while a World War Two ambulance arrives in Thornton le Dale.

11.00 **Bangers & Cash** Featured vehicles include a Mini Cooper and Chevrolet pick-up truck.
12.00 M'T A rare 1980s Sierra Cosworth draws in a crowd of admiring Ford fans.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Burma with Simon Reeve** As 7.00pm.

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Salvage Hunters: Classic Cars** Double bill.
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Ant Anstead: Born Mechanic** Ant finds a rare 1978 TVR Taimar.
9.00 **Shed and Buried: Classic Cars** New edition Henry Cole and Fuzz Townsend search for iconic vintage vehicles.
10.00 **MotoGP Highlights**
11.00 **British Superbikes**
12.00 M'T **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1 hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Lancashire**
8.00 **Say Yes to the Dress**
10.00 **Say Yes... Atlanta**
11.00 **Forensic Detectives**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **Murder Chose Me**
7.00 **Judge Rinder's Crime Stories** Examining the case of Helen McCourt.
8.00 **Murder on CCTV**
9.00 **A Body in the Basement** Friends find Brad McGarry shot dead.
10.00 **Nurses Who Kill**
11.00 **Murder on CCTV**
12.00 M'T **Shamima Begum: A Faking It Special**
1.00 AM **Jussie Smollett: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Britain's Countryside Killers** The case of teenager Alex Davies, who was murdered by Brian Healless.
8.00 **Murder by the Sea** The murder of Helen Torbet in 1993, who was killed at the hands of Don MacMillan Jr.
9.00 **48 Hours** The 2022 case of cyclist Moriah Wilson, who was shot multiple times.
10.00 **Murder UK** New edition The case of Jayden Parkinson, who was 17 when she vanished shortly before Christmas.
11.00 **Snapped: Killer Couples**
12.00 M'T **A Secret to Die For**
1.00 AM **48 Hours**
2.00 **Murder UK**
3.00 **Murder by the Sea**
4.00 **to 5.45** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Storm of Suspicion**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Killers: Caught on Camera** Double bill.
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives**
7.00 **Judge Judy** A family fight over workout DVDs leads to a brawl. **7.25** A single mother is offered refuge in a woman's home and later sues for unlawful eviction. **7.50** A woman regrets hiring family friends to help with a move. **8.15** A driver issued for three limo accidents. **8.40** A US Marine goes out of his way to help a homeless man only to be sued by him.
9.05 **Judge Judy** Further back-to-back cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **The Force: Manchester**
8.00 **Motorway Patrol**
9.00 **Caught on Dashcam**
10.00 **Killer in My Village**
11.00 **Catching the Killer**
12.00 NOON **How I Caught the Killer** Wendy Mann.
1.00 PM **Britain's Most Evil...**
2.00 **Killer in My Village**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Murdered at First Sight**
7.00 **Britain's Most Evil Killers**
8.00 **World's Most Evil Killers**
9.00 **Dahmer on Dahmer: A Serial Killer Speaks**
10.45 **Murder Uncut**
11.50 **Murdered at First Sight**
12.55 AM **How I Caught the...**
2.00 NEW SERIES **Britain's Most Evil Killers**
3.00 **Murdered at First Sight**
4.00 **Border Security USA**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Pearl Harbor...**
9.10 **Grand Tours of the Scottish Islands**
9.50 **Full Steam Ahead**
11.00 **Pirates: Behind the...**
12.00 NOON **Spy Ops**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Pearl Harbor: World...**
2.45 **Full Steam Ahead**
4.00 **Pirates: Behind the...**
5.00 **Spy Ops** Documentary.
5.55 **Grand Tours of the Scottish Islands**
6.35 **Full Steam Ahead**
7.55 **Pearl Harbor: World on Fire** 1/2. Examining the impact of the attack on Pearl Harbour.
9.00 **Pirates: Behind the Legends** The true stories behind famous pirates, beginning with Francis Drake.
10.00 **Spy Ops** Documentary.
10.55 **Pearl Harbor: World...**
12.00 M'T **Pirates: Behind...**
1.00 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

MONDAY

Monday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Story of Late Night**
7.00 **Discovering: Michelle Yeoh**
8.00 **The Directors**
9.00 **The 2010s**
10.00 **The Vow**
11.00 **Ren Faire**
12.00 NOON **AKA Mr Chow**
1.50 PM **My Icon: Leon Pryce**
2.00 **An American Bombing: The Road to April 19th**
4.00 **Discovering: Michelle Yeoh**
5.00 **The Directors**
6.00 **The 2010s**
7.00 **The Vow** 1/9. Documentary about cult leader Keith Raniere.
8.00 **The Essex Murders: Who Killed Goldfinger?** 3/3. A professional hitman is suspected in John Palmer's murder, with evidence pointing to a cartel and an Eastern European enforcer.
9.00 **I Love You, Now Die: The Commonwealth vs Michelle Carter** 1&2/2. Documentary.
11.40 **The Story of Late Night**
12.30 AM **Adrienne**
2.30 **Jane Fonda in Five Acts**
5.00 **to 6.00** AM **Discovering: Michelle Yeoh**

Sky Nature

145 113/114 189 354 369

6.00 AM **Arctic Secrets**
7.00 **Monkey Life** Double bill.
8.00 **Tales from Zambia**
9.00 **Orangutan Jungle School**
10.00 **Wildlife ER** As 4.00pm.
11.00 **Deep Dive Australia**
12.00 NOON **Waterworld Africa**
1.00 PM **Monkey Life** Double bill.
2.00 **Tales from Zambia**
3.00 **Orangutan Jungle School**
4.00 **Wildlife ER** Vet Phil handles some prickly patients.
5.00 **Hope for Wildlife**
6.00 **Waterworld Africa**
7.00 **Monkey Life** Double bill.
8.00 **Predators** A pride of lions battle with natural disasters.
9.00 **A Cheetah's Pride** Inara looks for her kidnapped cubs.
10.00 **Waterworld Africa**
11.00 **Hope for Wildlife**
12.00 M'T **Deep Dive Australia**
1.00 AM **Arctic Secrets**
2.00 **Predators** As 8.00pm.
3.00 **A Cheetah's Pride** As 9.00pm.
4.00 **Tales from Zambia**
5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

6.00 AM **Mysteries Unearthed with Danny Trejo** Valuable treasures.
7.00 **History's Greatest Myths**
8.00 **The Proof Is Out There**
9.00 **Battle 360** Double bill.
11.00 **Ancient Aliens: Origins**
1.00 PM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Digging for Britain**
4.00 **Mysteries Unearthed with Danny Trejo** Valuable treasures.
5.00 **History's Greatest Myths**
6.00 **The Proof Is Out There**
7.00 **Battle 360** Highlighting what life was like in World War Two. **8.00** A rookie platoon leader suffers his first losses.
9.00 **Ross Kemp: Mafia and Britain** The exploits of the Mafia and London's Kray twins.
10.00 **Secrets of the Hells Angels** The bikers use Angel wannabes to do their dirty work.
11.00 **Ancient Aliens: Origins**
1.00 AM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Digging for Britain**
4.00 **Weird Britain** The oldest shop.
5.00 **to 6.00** AM **Combat Ships**

Crime+Investigation

156 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Judge Rinder** Real-life cases.
10.00 **Buried in the Backyard**
11.00 **Motive to Murder**
12.00 NOON **Meet, Marry, Murder**
1.00 PM **Accident, Suicide or Murder?** As 8.00pm.
2.00 **Judge Rinder** Real-life cases.
3.00 **Murder Detective**
4.00 **Murdertown** True-crime.
5.00 **When Missing Turns to Murder**
6.00 **Murder by Medic**
7.00 **Green Eyed Killers**
8.00 NEW SERIES **Accident, Suicide or Murder?**
9.00 **Jo Frost on Britain's Killer Kids**
10.00 **Cold Case UK**
11.00 **The Killer Interview with Piers Morgan** Levi King.
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Jo Frost on Britain's...**
2.00 **Murdertown** True-crime.
3.00 **Meet, Marry, Murder**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the Backyard**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Fish Tank Kings**
10.00 **Shark Men** Documentary.
11.00 **The Wild Life of Dr Ole**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Critter Fixers: Country Vets**
3.00 **Fish Tank Kings**
4.00 **Secrets of the Zoo**
5.00 **Ice Road Rescue**
6.00 **Snakes in the City**
7.00 **Heartland Docs** New edition A duck with a strange waddle and a rabbit that has lost its hop.
8.00 **Critter Fixers: Country Vets** A hognose snake battles a dangerous respiratory infection.
9.00 **Africa's Deadly Kingdoms** Exploring the reef systems on Africa's southern coastline.
10.00 **Lawless Island** Matt goes deer hunting in extreme weather.
11.00 **Ice Road Rescue**
12.00 M'T **Something Bit Me**
1.00 AM **Swamp Men**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet** Documentary.
4.00 **to 5.00** AM **Africa's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **Attack and Capture: The Story of U-Boat 505**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Attack and Capture: The Story of U-Boat 505** The German submarine's capture by the US Navy.
9.00 **Secrets Underground**
10.00 **How Do They Do It?** A look at how money is kept safe and secure inside cash machines. **10.30** How aquavit is made, and how kangaroos protect motorcycle riders in a crash.
11.00 **Massive Engineering Mistakes**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Inside the Ambulance**
2.00 PM **Inside the Ambulance** The paramedics treat a woman whose legs have swollen, a girl having panic attacks, and a very ill and unconscious man. **3.00** The crews attend a HGV driver suffering dizzy spells, a woman who has fallen into a bush and a man with a spinal injury who has no sensation from the neck down. **4.00** The West Midlands Ambulance Service treat a man who stabbed a police dog.
5.00 **Secret Army** *Bait:* 13/16. An English woman gets involved with an evader, little suspecting he is really a German plant. **6.10** *Good Friday:* 14/16. Dom Pierre shelters an RAF officer in his monastery and puts the loyalty of the monks to the test. **7.20** Suspicions: 15/16. Kessler and Brandt trace Curtis to the Cafe Candide. (S1)
8.30 **Secret Army** Eight episodes.
5.20 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Evil Stepmothers**
9.00 **People Magazine Investigates**
11.00 **American Monster**
12.00 NOON **Evil Lives Here**
1.00 PM **Evil Online** Double bill.
3.00 **American Monster**
4.00 **Evil Lives Here** The case of killer Timothy Bass.
5.00 **Married to Evil** Double bill.
7.00 **Deadly Secrets** A tax attorney turns violent, revealing some terrifying secrets. **8.00** The case of a serial arsonist who murdered four people in a California store.
9.00 **Mean Girl Murders** Gossip between co-workers soon turns sour at a cookie factory in Perry, New York.
10.00 **On the Case with Paula Zahn** A woman finds a young mother murdered following a festive New Year's celebration.
11.00 **Two Shallow Graves**
12.00 M'T **Betrayed** Double bill.
2.00 AM **Married to Evil**
4.00 **to 6.00** AM **Deadly Secrets**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Incredible Engineering Blunders: Fixed**
7.00 **Texas Metal** A 1971 Suburban.
8.00 **Motor Pickers** Double bill.
9.00 **Kindig Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Kindig Customs**
4.00 **Fifth Gear** Motoring series.
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers** Double bill.
7.00 **Shed and Buried**
8.00 **Richard Hammond's Workshop** Double bill.
10.00 **Kindig Customs** With the Camaro's design firmed up, the build soon hits a roadblock.
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Richard Hammond's Workshop** As 8.00pm.
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Twin Turbos**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.05 AM **Juliet & Romeo** (2025)
9.10 **Panda Plan** Action comedy. (2024, 15, 99min) ★★★
10.50 **Grow** Comedy with Nick Frost. (2025, PG, 107min) ★★★★
12.40 PM **Ick** As shown at 11.40pm.
2.20 **Black Bag** As 8.00pm.
4.00 **Novocaine** Action comedy. (2024, 15, 80min) ★★★
5.55 **Bridget Jones: Mad About the Boy** Romantic comedy sequel with Renée Zellweger. (2024, 15, 125min) ★★★★

4.00 Novocaine

8.00 Black Bag Espionage thriller starring Michael Fassbender and Cate Blanchett. When a spy is suspected of treason, her husband faces the ultimate test. With Tom Burke. (2024, 15, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 Lake George Crime thriller starring Carrie Coon and Shea Wingham. Two misfits embark on a road trip, take a dubious deal and find redemption amid shady circumstances. (2024, 15, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Ick** Dark sci-fi comedy starring Brandon Routh. (2024, 15, 93min) ★★★
1.30 AM **Code 3** Action comedy. (2025, 15, 104min) ★★★★
3.20 **The Stranger in My Home** Thriller starring Sophia Bush. (2025, 15, 91min) ★★
5.00 **to 7.05** AM **Juliet & Romeo** Musical with Clara Rugaard. (2025, 12, 122min) ★★★

Sky Cinema Hits

303 303 403 503 517

6.10 AM **Sky Cinema Preview**
7.05 **Enter the Dragon** Thriller. (1973, 18, 97min) ★★★★
9.05 **Ghost Rider** (2006, 12) ★★★
11.10 **Ghost Rider: Spirit of Vengeance** (2012, 12) ★★
12.55 PM **Scott Pilgrim vs. the World** (2010, 12) ★★★★
2.55 **My Big Fat Greek Wedding 2** Comedy sequel. (2016, 12) ★★
4.40 **David Brent: Life on the Road** Comedy. (2016, 15) ★★
6.25 **Happy Gilmore** (1996) ★★★

6.25 Happy Gilmore

8.00 The Holiday Romantic comedy starring Cameron Diaz and Kate Winslet. Two women living on opposite sides of the Atlantic swap homes for Christmas and embark on new romances. With Jude Law and Jack Black. (2006, 12, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Love Actually Romantic comedy written and directed by Richard Curtis, starring Hugh Grant. In the run-up to Christmas, love changes the lives of a host of different characters. (2003, 15, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Green Hornet** Fantasy starring Seth Rogen. (2011, 12, 118min) ★★★
2.40 **There Will Be Blood** Drama starring Daniel Day-Lewis. (2007, 15, 158min) ★★★★★
5.25 **to 6.20** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

8.00 AM **A League of Their Own** Comedy drama with Tom Hanks. (1992, PG, 124min) ★★★★
10.20 **Birdy** Psychological drama. (1984, 15, 120min) ★★★★
12.35 PM **Scent of a Woman** Drama. (1992, 15, 157min) ★★★★
3.25 **The King's Speech** Drama. (2010, 12, 118min) ★★★★★
5.40 **P.S. I Love You** Comedy drama. (2007, 12, 121min) ★★★

8.00 **Bob Marley: One Love** Biopic starring Kingsley Ben-Adir. The story of how reggae icon Bob Marley overcame adversity, and the journey behind his music. (2023, 12, 104min) ★★★
9.50 **Dreamgirls** Musical starring Jamie Foxx, Beyoncé Knowles, Eddie Murphy and Jennifer Hudson. A music mogul pushes a girl group to stardom, but sidelines their talented lead singer in favour of her sidekick. (2006, 12, 130min) ★★★★

12.05 AM **Champion** Boxing drama starring Kirk Douglas. (1949, b/w, PG, 99min) ★★★★
1.50 **The Brutalist** Period drama. (2024, 18, 215min) ★★★★★
5.10 **to 7.10** AM **The Bridges at Toko-Ri** Korean War drama. (1954, U, 99min) ★★★

Sky Cinema Science Fiction

311 311 411 511 525

7.25 AM **Friendship's Death** (1987)
8.50 **Monolith** As 2.50am.
10.35 **I.S.S** As shown at 4.35am.
12.20 PM **Ready Player One** Fantasy. (2018, 12, 140min) ★★★★
2.50 **Dual** As shown at 11.40pm.
4.35 **Cloverfield** Offbeat disaster movie. (2007, 15, 81min) ★★★
6.10 **Men in Black** Action comedy starring Tommy Lee Jones. (1997, PG, 94min) ★★★★

8.00 **Men in Black II** Sci-fi action comedy sequel starring Tommy Lee Jones and Will Smith. When an evil alien threatens Earth, top MIB agent Jay needs the help of his amnesiac former partner Kay to save the planet. (2002, PG, 88min) ★★★
9.35 **Terminator Salvation** Sci-fi action thriller sequel starring Christian Bale. Resistance hero John Connor leads the fight back against the killer robots. (2009, 12, 110min) ★★★

11.40 **Dual** Thriller with Karen Gillan. (2022, 15, 94min) ★★★★
1.20 AM **Friendship's Death** Sci-fi drama. (1987, 15, 78min) ★★★
2.50 **Monolith** Thriller starring Lily Sullivan. (2022, 15, 90min) ★★★
4.35 **to 6.20** AM **I.S.S** Sci-fi drama. (2023, 15, 95min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.40 AM **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★
9.15 **Save the Cinema** Drama. (2021, 12, 109min) ★★★
11.10 **Finding Neverland** Drama. (2004, PG, 101min) ★★★★
12.55 PM **Small Soldiers** Adventure. (1998, PG, 99min) ★★★★
2.50 **Johnny English** Comedy. (2002, PG, 88min) ★★★
4.20 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★
6.00 **Stardust** (2007, PG) ★★★★

6.00 Stardust

8.10 **The Flintstones** Comedy based on the classic cartoon series set in the Stone Age town of Bedrock, starring John Goodman, Rick Moranis, Elizabeth Perkins and Rosie O'Donnell. (1994, U, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **The Flintstones in Viva Rock Vegas** Comedy prequel with Mark Addy and Stephen Baldwin. Fred and Barney take their girlfriends to Rock Vegas. (2000, PG, 91min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Bean** Comedy spin-off. (1997, PG, 90min) ★★★
12.55 AM **Zathura: A Space Adventure** Sci-fi adventure. (2005, PG, 113min) ★★★★
2.40 **Oliver!** Oscar-winning musical. (1968, U, 146min) ★★★★★
5.10 **to 6.45** AM **The Adventures of Sharkboy and Lavagirl in 3-D** Fantasy adventure. (2005, U, 98min) ★★

Sky Cinema Action

307 307 407 507 521

7.50 AM **The Dark Tower** (2017)
9.35 **Man of Steel** Fantasy. (2013, 12, 143min) ★★★
12.10 PM **The Bricklayer** Thriller. (2023, 15, 110min) ★★
2.10 **Total Recall** Thriller remake. (2012, 12, 113min) ★★★
4.20 **Venom: The Last Dance** Fantasy adventure sequel. (2024, 15, 110min) ★★★
6.20 **The Scorpion King** Fantasy starring Dwayne Johnson. (2002, 12, 91min) ★★★

6.20 The Scorpion King

8.00 **Superman Returns** Superhero adventure starring Brandon Routh, Kate Bosworth and Kevin Spacey. After a five-year absence, Superman returns and finds that Lois Lane is a mother and that old foe Lex Luthor is cooking up more trouble. With James Marsden. (2006, 12, 154min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **300** Adventure starring Gerard Butler. In 480 BC, 300 Spartans face overwhelming odds when they make a stand at the Battle of Thermopylae. (2006, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Superman IV: The Quest for Peace** Fantasy sequel starring Christopher Reeve. (1987, PG, 90min) ★
2.20 **The Dark Tower** Adventure. (2017, 12, 95min) ★★
4.00 **to 6.15** AM **William Tell** Drama. (2025, 15, 133min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.50 AM **Nutty Professor II: The Klumps** (2000, 12) ★★★
8.40 **Parenthood** Comedy drama. (1989, 15, 124min) ★★★★
10.45 **Dumb and Dumber To** Comedy sequel. (2014, 15) ★★
12.45 PM **Nacho Libre** Comedy. (2006, 12, 92min) ★★★★
2.35 **Bean** (1997, PG) ★★★
4.15 **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★
5.55 **Baywatch** Action comedy. (2017, 15, 121min) ★★

10.05 Horrible Bosses

8.00 **Crazy Rich Asians** Romantic comedy starring Constance Wu and Henry Golding. A professor heads to Singapore with her boyfriend, and is surprised to learn he is from an extremely wealthy family. (2018, 12, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Horrible Bosses** Farcical comedy starring Jason Bateman, Charlie Day and Jason Sudeikis. Three longtime friends hatch a plot to get rid of their tyrannical employers. (2011, 15, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Pixels** Sci-fi action comedy. (2015, 12, 105min) ★★
1.50 AM **Kangaroo Jack** Comedy. (2003, PG, 89min) ★
3.35 **Bad Teacher** Comedy. (2011, 15, 92min) ★★★
5.30 **to 7.15** AM **My Big Fat Greek Wedding 2** Romantic comedy sequel. (2016, 12, 94min) ★★

Sky Cinema Thriller

309 309 409 509 523

6.20 AM **Retribution** Thriller. (2023, 12, 91min) ★★
8.00 **Sew Torn** As 4.15am.
9.50 **Escape from Alcatraz** Fact-based prison drama. (1979, 15, 112min) ★★★★
11.50 **Black Bag** Espionage thriller. (2024, 15, 94min) ★★★★
1.40 PM **Inferno** As 10.20pm.
3.50 **Now You See Me** Thriller. (2013, 12, 115min) ★★★
5.55 **Collateral** Crime thriller. (2004, 15, 120min) ★★★★

8.00 Red Dragon

8.00 **Red Dragon** Crime thriller starring Edward Norton, Anthony Hopkins and Ralph Fiennes. A troubled former FBI agent is brought out of retirement to hunt down a serial killer and is forced to turn to his old nemesis, Hannibal Lecter, for advice. (2002, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Inferno** Thriller starring Tom Hanks and Felicity Jones. While suffering from amnesia, Professor Robert Langdon tries to stop a lethal virus from killing millions of people. (2016, 12, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Now You See Me** (2013)
2.30 **3.10 to Yuma** Vintage Western starring Glenn Ford. (1957, b/w, PG, 80min) ★★★★
4.15 **to 6.00** AM **Sew Torn** Comedy thriller starring Eve Connelly and Calum Worthy. (2024, 15, 100min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Ride Lonesome** Western. (1959, 12, 73min) ★★★★
12.30 PM **They Rode West** Western. (1954, U, 97min) ★★
2.15 **Yesterday's Enemy** War drama. (1959, b/w, PG, 95min) ★★★★
4.05 **Tora! Tora! Tora!** War epic. (1970, U, 144min) ★★★
6.55 **Sleepless in Seattle** Romantic comedy starring Tom Hanks and Meg Ryan. (1993, PG, 105min) ★★★★★

4.05 Tora! Tora! Tora!

Sleepless in Seattle (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Ticket to Paradise** Romantic comedy starring George Clooney and Julia Roberts. A divorced couple travel to Bali to stop their daughter's pending wedding. With Kaitlyn Dever and Maxime Bouttier. (2022, 12, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.05 **Baby Ruby** Psychological horror starring Noémie Merlant. The world of a social media influencer unravels when she becomes a mother. (2022, 15, 95min) ★★★
12.55 **to 3.10** AM **The Winter Guest** Drama directed by Alan Rickman, starring Emma Thompson and Phyllida Law. (1996, 15, 110min) ★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Halloween

302 302 402 502 516

6.40 AM **I Don't Understand You**
8.30 **The Ritual** Horror starring Rafe Spall. (2017, 15, 94min) ★★★
10.15 **Gator Creek** Horror thriller. (2025, 15, 87min) ★
12.00 NOON **AfrAId** As 5.25pm.
1.40 PM **The Ring** Horror remake. (2002, 15, 115min) ★★★
3.45 **Presence** Horror thriller starring Lucy Liu and Chris Sullivan. (2024, 15, 84min) ★★★★
5.25 **AfrAId** Sci-fi horror with John Cho. (2024, 15, 84min) ★★
7.00 **Get Out** Thriller starring Daniel Kaluuya and Allison Williams. (2017, 15, 104min) ★★★★★
9.00 **Sinister** Horror thriller starring Ethan Hawke. A struggling true-crime author moves into a haunted house with his wife and children hoping for inspiration. (2012, 15, 105min) ★★★
11.00 **Us** Horror thriller starring Lupita Nyong'o and Winston Duke. (2019, 15, 116min) ★★★★
1.10 AM **Ma** Horror starring Octavia Spencer and Juliette Lewis. (2019, 15, 99min) ★★★
3.00 **Hollow Man** Sci-fi thriller. (2000, 18, 113min) ★★★
5.05 **to 6.55** AM **I Don't Understand You** Comedy horror. (2024, 15, 97min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.05 AM **Congo** Jungle adventure. (1995, 12, 108min) ★★★
7.55 **The Bridge on the River Kwai** David Lean's wartime drama. (1957, PG, 161min) ★★★★★
10.35 **Two Mules for Sister Sara** Comedy. (1969, 15, 114min) ★★★
12.30 PM **The Mummy** Adventure. (1999, 15, 124min) ★★★★
2.35 **Godzilla** Fantasy adventure. (1998, PG, 139min) ★★★
4.55 **Lake Placid** Horror comedy. (1999, 15, 82min) ★★★★
6.20 **The Cable Guy** Black comedy. (1996, 12, 96min) ★★★★
8.00 **The Nutty Professor** Comedy remake starring Eddie Murphy. (1996, 12, 95min) ★★★
9.40 **Heaven Can Wait** Fantasy comedy starring Warren Beatty. (1978, PG, 100min) ★★★★
11.25 **Twins** Action comedy starring Arnold Schwarzenegger and Danny DeVito as unlikely twins. (1988, PG, 107min) ★★★
1.15 AM **HouseSitter** Comedy. (1992, PG, 102min) ★★★
3.00 **Dumb and Dumber** Comedy. (1994, 12, 107min) ★★★
4.55 **Sky Cinema Preview**
5.40 **to 7.25** AM **Brewster's Millions** Comedy starring Richard Pryor. (1985, PG, 97min) ★★★

Sky Cinema Animation

305 305 412 500 514

7.35 AM **The Wild Thornberrys Movie** Animated adventure. (2002, U, 85min) ★★★★
9.15 **Dragon Rider** Animation. (2020, PG, 91min) ★★★
11.00 **Barnyard** Animated comedy. (2006, PG, 90min) ★
12.35 PM **Monster Family** Animated comedy with the voice of Emily Watson. (2017, PG, 96min) ★★
2.20 **Migration** As 12.35am.
4.00 **Turbo** Animated adventure. (2013, U, 92min) ★★★★
5.50 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
7.30 **Kung Fu Panda 2** Animated comedy adventure sequel. (2011, PG, 90min) ★★★★
9.10 **Over the Hedge** Animated comedy featuring the voices of Bruce Willis and Steve Carell. (2006, U, 83min) ★★★★
10.40 **Sing** Animation with the voice of Matthew McConaughey. (2016, U, 108min) ★★★
12.35 AM **Migration** Animated comedy. (2023, U, 83min) ★★★
2.05 **Batman Unlimited: Animal Instincts** Animated adventure. (2015, PG, 74min) ★★
3.40 **The Inventor** Animated comedy. (2023, PG, 100min) ★★★
5.35 **to 7.20** AM **Barnyard** (2006)

Christmas 24

312 313 419

7.00 AM **A Magical Christmas Village** Festive fantasy. (2022, PG, 84min) ★★
9.00 **Merry Exmas** Family drama. (2014, PG, 90min) ★★
11.00 **The Gift of Peace** Drama. (2022, PG, 84min) ★★
1.00 PM **Designing Christmas with You** Festive romantic drama starring Susie Abromeit. (2023, PG, 90min) ★★
3.00 **The Christmas Toy Maker** Drama. (2021, PG, 84min) ★★
5.00 **Christmas Magic** Romantic drama. (2023, PG, 90min) ★★
7.00 **All I Need for Christmas** Romantic drama starring Dan Jeannotte and Mallory Jansen. (2024, PG, 87min) ★★
9.00 **Christmas with a Kiss** Romantic drama starring Mishael Morgan and Ronnie Rowe. (2023, PG, 85min) ★★
11.00 **Christmas Under the Lights** Drama. (2024, PG, 90min) ★★
1.00 AM **Hanukkah on Rye** Comedy. (2022, PG, 90min) ★★
3.00 **to 5.00** AM **Happy Holidays from Cherry Lane** Festive drama sequel with Julie Gonzalo. (2024, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Johnny Ringo** 17/38. (S1)
6.30 **Suddenly** Crime thriller. (1954, b/w, PG, 77min) ★★★★
8.05 **Hook, Line and Sinker**
8.30 **Out of Town** Documentary.
9.00 **A Lifetime Ago with the Baim Collection**
9.40 **Hidden Homicide** Mystery.
11.10 **Look at Life** Documentary.
11.30 **Serves You Right!** Short film.
12.00 NOON **Dixon of Dock Green**
1.05 PM **Suspected Person** Drama. (1942, b/w, PG, 74min) ★★
2.40 **Commandos Strike at Dawn** Drama starring Paul Muni. (1943, b/w, PG, 100min) ★★
4.45 **Song Hits on Parade**
4.55 **Scotland Yard** 36/39. (S1)
5.30 **Bonanza** 5/34. (S2)
6.30 **The Vise** 16/39. (S1)
7.00 **The Footage Detectives**
8.00 **Francis Durbridge's Melissa**
9.05 **Gideon's Way** 3/26. (S1)
10.05 **Obsession** Suspense thriller. (1948, b/w, PG, 93min) ★★
12.00 M'T **Open Fire** Crime drama. (1994, 12, 105min) ★★
2.10 AM **Panic in Year Zero** Thriller. (1962, b/w, 18, 93min) ★★
3.55 **Hammer the Toff** Crime drama. (1952, b/w, U, 71min) ★★
5.25 **to 6.00** AM **The Life and Legend of Wyatt Earp**

MONDAY Sport 20 October

Monday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE WTA Tennis** Coverage of day one of the WTA Tokyo Open at Ariake Coliseum in Japan.
8.00 **LIVE WTA & ATP Tennis** Coverage from the Tours, including the WTA Tokyo Open, WTA Guangzhou Open, ATP Basel Open and ATP Vienna Open.
10.00 **LIVE ICC Women's World Cup Sri Lanka v Bangladesh.** The group match from Dr. DY Patil Sports Academy. Sri Lanka are playing in their seventh World Cup and are co-hosts alongside India.
5.45 PM **The Premier League Show**
6.30 **LIVE MNF West Ham United v Brentford.** Coverage of the Premier League encounter from the London Stadium, as Nuno Espirito Santo takes charge of his first home match as the Hammers' boss. Kick-off **8.00pm**.
11.00 **Sky Sports News**
12.00 M'T **LIVE NFL Detroit Lions v Tampa Bay Buccaneers.** Coverage of the week seven match at Ford Field. Kick-off **12.00m't**.
3.00 **to 6.00** AM **LIVE NFL Seattle Seahawks v Houston Texans.** The week seven match from Lumen Field. Kick-off **3.00am**.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
7.30 **Premier League Highlights**
8.30 **SNF** Fulham v Arsenal.
9.00 **Ref Watch** Analysing decisions.
10.00 **Sky Sports FC** Football headlines.
12.00 NOON **Premier League Highlights** Recent action.
1.00 PM **Premier League Years**
3.00 **PL Retro** A replay of Manchester United v Arsenal from 2003.
5.00 **The Premier League Show**
6.00 **Ref Watch** Analysing decisions.
6.30 **LIVE MNF West Ham United v Brentford.** Coverage of the Premier League encounter from the London Stadium. The hosts lost their last home game 2-1 against Crystal Palace in what turned out to be former boss Graham Potter's final game as West Ham boss. Kick-off **8.00pm**.
11.00 **Ref Watch** Analysing decisions.
11.30 **Cult Heroes** A profile of Yakubu.
12.00 M'T **MNF HIts** Recent action.
12.30 AM **The Big Interview**
1.00 **PL Retro** Action from 2018.
3.00 **PL Greatest Games**
4.00 **Best PL Goals 06/07**
5.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **Championship Retro**
8.45 **EFL Greatest Games**
9.00 **SPFL Highlights**
9.30 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2014 final.
11.00 **Craig Brown: My Scotland**
11.30 **Jimmy Glass: The Great Escape**
12.00 NOON **EFL Cup Highlights**
1.30 PM **EFL** Goals from 2017/18.
2.00 **SPFL Round-Up**
2.15 **SPFL Highlights**
2.30 **EFL Highlights** Championship.
4.30 **Bundesliga** Action from Bayern Munich v Borussia Dortmund.
5.00 **EFL Highlights**
6.00 **SPFL Round-Up**
6.15 **SPFL Highlights**
6.30 **Bundesliga Highlights Show**
7.30 **EFL League One Goals**
8.00 **EFL League Two Goals**
8.30 **SPFL Round-Up**
8.45 **SPFL Highlights** Dundee v Celtic.
9.00 **EFL Highlights** Championship.
10.30 **Bundesliga Highlights Show**
11.30 **EFL Greatest Games**
12.00 M'T **SPFL Derby Best Goals**
1.00 AM **Craig Brown: My Scotland**
1.30 **There's Only One Sauzee**
2.00 **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **Best Goals: EFL Cup 2022/23**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **ICC Women's World Cup**
10.00 **LIVE ICC Women's World Cup Sri Lanka v Bangladesh.** Coverage of the group match staged at Dr. DY Patil Sports Academy in Navi Mumbai. Sri Lanka are playing in their seventh World Cup and are also co-hosts alongside India, while Bangladesh are appearing in just their second tournament after making their debut at the 2022 event.
5.45 PM **ICC Women's World Cup 2017** England v India.
6.30 **ICC Women's World Cup** India v England from Holkar Stadium. **7.30** New Zealand v Pakistan from R.Premadasa Stadium.
8.30 **ICC Women's World Cup 2017** Action from England v Australia.
9.00 **ICC Women's World Cup** Sri Lanka v Bangladesh from Dr. DY Patil Sports Academy. **10.00** Action from India v England in the group match staged at Holkar Stadium, Indore. **11.00** Sri Lanka v Bangladesh. **12.00** M'T New Zealand v Pakistan at R.Premadasa Stadium.
1.00 **to 6.00** AM **ICC Women's World Cup**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **DP World Tour Golf**
11.00 **LPGA Tour Golf**
2.00 PM **School of Golf**
3.00 **Golf Academy** Expert tips.
4.00 **Playing Lessons**
5.00 **Chronicles of a Champion Golfer** Profiles of leading players.
6.00 **HotelPlanner Tour Golf**
6.30 **DP World Tour Golf**
7.00 **PGA Tour Golf** Highlights.
8.00 **Legends Tour Golf**
9.00 **PGA Tour Golf** Recent action.
10.00 **DP World Tour Golf**
10.30 **Legends Tour Golf**
11.30 **PGA Tour Golf** Highlights.
12.30 AM **DP World Tour Golf**
1.00 **Charles Schwab Cup Preview**
2.00 **Playing Lessons**
3.00 **Golf Academy** Expert tips.
4.00 **Playing Lessons**
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **LIVE WTA Tennis** The opening day of the WTA Tokyo Open at Ariake Coliseum in Japan.
8.00 **LIVE WTA & ATP Tennis** Coverage from the Tours, including the WTA Tokyo Open, WTA Guangzhou Open, ATP Basel Open and ATP Vienna Open.
10.30 **LIVE WTA Tennis** Day one of the Guangzhou Open at Nansha International Tennis Center, China.
12.30 PM **LIVE WTA & ATP Tennis** Further coverage from the Tours.
9.30 **ATP Tour This Week**
10.00 **WTA Tennis** Ningbo Open final.
11.00 **ATP Tennis** Almaty Open final.
12.00 M'T **WTA Tennis** Osaka Open.
1.00 AM **ATP Tour This Week**
1.30 **Bitesize Tennis** Beijing Open.
1.45 **WTA Tennis** Wuhan Open final.
2.15 **Billie Jean King: My Story**
2.30 **LIVE WTA Tennis** Coverage of day two of the WTA Tokyo Open.
4.00 **to 6.00** AM **LIVE WTA & ATP Tennis** Featuring the WTA Tokyo Open and ATP Basel Open.

TNT Sports 1

410 413 521 408 430

6.00 AM **International T20 Cricket Highlights** From Hagley Oval.
7.00 **LIVE International T20 Cricket New Zealand v England.** Coverage of the second T20 in the three-match series from Hagley Oval. The last time these two sides met in a T20 series was in England in 2023.
11.00 **TNT Sports Cricket Reload**
11.30 **Premier League Stories**
12.00 NOON **UEFA Europa League & Conference League Magazine**
1.00 PM **LIVE Snooker: Northern Ireland Open** Coverage of the fifth session of the first round from Waterfront Hall in Belfast.
5.00 **UTMB World Series Highlights**
6.00 **One-Day International Cricket**
7.00 **International T20 Cricket**
8.00 **MLB Highlights** Baseball action.
9.00 **LIVE MLB** Coverage of an MLB Postseason game.
12.15 AM **Training Day**
12.30 **MLB Lead Off** Preview.
1.00 **LIVE MLB** Coverage of an MLB Postseason game.
4.15 **MLB Closer** Match reviews.
4.45 **MLB Classic** Babe Ruth.
5.45 **to 6.00** AM **Playing for Our Future – Cricket**

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP** GP of Australia.
9.30 **MotoGP Chequered Flag**
10.30 **UEFA Champions League Magazine** News and updates.
11.00 **Snooker: Northern Ireland Open** Action from the first day.
1.00 PM **LIVE Snooker: Northern Ireland Open** Coverage of the fifth and sixth sessions of the first round of the tournament from Waterfront Hall in Belfast.
5.00 **UEFA Champions League Magazine** News and updates.
5.30 **Premier League: Big Interview**
6.00 **Longines Global Champions Tour** The Grand Prix of Rabat.
7.00 **LIVE Snooker: Northern Ireland Open** Further coverage from the first round staged at Waterfront Hall in Belfast.
11.00 **Isuzu UTE A-League Highlights** The opening round of the season.
11.30 **NWSL** Recent football action.
1.30 AM **UIM F1H2O World Championship Highlights**
2.00 **Sign Up – Into Football**
2.45 **TNT Sports Meets**
3.00 **Snooker: Northern Ireland Open** The second day.
5.00 **to 6.00** AM **Fishing: On the Bank**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **NFL Bitesize Highlights**
11.00 **NFL Highlights**
12.00 NOON **NFL Bitesize Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Bitesize Highlights**
4.00 **NFL Highlights**
6.00 **NBC's Pro-Football Talk**
8.00 **NFL Bitesize Highlights** Action from three week seven matches. **8.45** Action from Jacksonville Jaguars v Los Angeles Rams.
9.00 **NFL Highlights** Action from a week seven match.
10.00 **NFL Fantasy** Analysis.
11.00 **NFL Bitesize Highlights**
11.45 **LIVE NFL Detroit Lions v Tampa Bay Buccaneers.** The week seven match staged at Ford Field. Kick-off **12.00m't**.
3.00 **to 6.00** AM **LIVE NFL Seattle Seahawks v Houston Texans.** The week seven match staged at Lumen Field. These two teams have only met on five occasions with the Seahawks winning in all but one of those fixtures. The sole victory for the Texans against their hosts was back in December 2009 when they hammered Seattle 34-7. Kick-off **3.00am**.

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **LIVE WTA Tennis** Coverage of day one of the WTA Tokyo Open at Ariake Coliseum in Japan.
8.00 **LIVE WTA & ATP Tennis** Coverage from the Tours, including the WTA Tokyo Open, WTA Guangzhou Open, ATP Basel Open and ATP Vienna Open.
10.30 **LIVE WTA Tennis** Coverage of the opening day of the Guangzhou Open, a hard-court tournament at Nansha International Tennis Center.
12.30 PM **LIVE WTA & ATP Tennis** Further coverage from the Tours, including the WTA Tokyo Open, WTA Guangzhou Open, ATP Basel Open and ATP Vienna Open.
9.30 **Sports Centre**
10.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **ATP Tennis** From Shanghai.
1.00 AM **WTA & ATP Tennis**
3.00 **to 6.00** AM **LIVE NFL Seattle Seahawks v Houston Texans.** Coverage of the week seven match from Lumen Field. These two teams have only met on five occasions with the Seahawks winning in all but one of those fixtures. Kick-off **3.00am**.

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Formula 1** United States GP.
8.00 **ICC Women's World Cup**
10.00 **WTA Tennis** Ningbo Open final.
12.00 NOON **The Rugby Championship**
2.00 PM **PL Greatest Games**
3.00 **Formula 1** United States GP.
5.00 **ICC Women's World Cup**
7.00 **WTA Tennis** Osaka Open final.
8.00 **ATP Tennis** Stockholm Open.
9.00 Brussels Open final.
10.00 **Formula 1** Highlights from the United States Grand Prix in Texas.
12.00 M'T **PL Greatest Games**
1.00 AM **WTA & ATP Tennis**
3.00 **EFL Greatest Games**
4.00 **Playing Lessons**
5.00 **to 6.00** AM **School of Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **WNBA** Action from the finals.
7.00 **UEFA Champions League Magazine** News and action.
7.30 **UEFA Europa League & Conference League Magazine**
8.30 **Premier League** Recent action.
10.00 **V8 Supercars Highlights**
12.00 NOON **WNBA** The finals.
1.00 PM **MLB Highlights**
2.00 **Men's Cycling Pro Series**
4.00 **Serie A** Action from Italy.
6.00 **LIVE Ultimate Pool** Coverage from Group D of the last-16.
9.30 **Tom Aspinall's Fight Lab**
10.00 **Superbike World Championship Highlights** The 12th round of the season in Spain.
11.00 **MotoGP** Grand Prix of Australia.
12.00 M'T **MotoGP Chequered Flag**
1.00 AM **UFC** Another chance to see Reinier de Ridder v Brendan Allen.
4.00 **Tom Aspinall's Fight Lab**
4.30 **UFC Main Event** UFC 272.
5.30 **to 6.00** AM **UEFA Champions League Magazine**

TNT Sports 4

414 416 524 411 434

6.00 AM **The Gallagher PREM**
11.00 **UEFA Champions League – Classics** Archive action.
12.00 NOON **Superbike World Championship** From Spain.
1.30 PM **British Superbikes**
3.00 **Cyclocross** From Belgium.
5.00 **V8 Supercars Highlights**
7.00 **WRC Review** Action from the Central European Rally.
8.00 **Sign Up – Into Football**
8.45 **The Gallagher PREM – The Wrap Up** Week four action.
9.00 **Fishing: On the Bank**
10.00 **Marathons** From Amsterdam.
11.00 **T100 Triathlon World Tour Highlights** Action from the latest event in Wollongong, Australia.
12.00 M'T **International T20 Cricket Highlights** New Zealand v England staged at Hagley Oval.
1.00 AM **One-Day International Cricket** Australia v India.
2.00 **Cyclocross** From Belgium.
4.00 **to 6.00** AM **V8 Supercars**

Premier Sports 1

419 551

6.00 AM **FIA World Endurance Championship** From Fiji.
7.00 **Motorsport** Action and features.
9.00 **World Surf League**
10.00 **Eredivisie** Ajax v AZ Alkmaar.
12.00 NOON **Sporting Greats**
1.00 PM **Transworld Sport** Magazine.
2.00 **NHL on the Fly** The latest news.
2.30 **NHL: This is Hockey**
3.00 **Football's Greatest**
3.30 **LaLiga** Villarreal v Real Betis.
5.30 **Football's Greatest**
6.00 **LaLiga** Barcelona v Girona.
7.55 **LIVE LaLiga Alavés v Valencia.** Kick-off **8.00pm**.
10.00 **URC in 60** Fourth round action.
11.00 **Football's Greatest**
11.30 **Transworld Sport**
12.30 AM **World Surf League**
1.30 **Euro Le Mans Highlights**
2.30 **NHL: This is Hockey**
3.00 **to 6.00** AM **LIVE NHL Ice Hockey Vegas Golden Knights v Carolina Hurricanes.** From T-Mobile Arena. Face-off **3.00am**.

Premier Sports 2

420 552

6.00 AM **NASCAR** YellaWood 500.
10.00 **FastZone** Motorsports highlights.
10.30 **Bike World** Magazine.
11.00 **NHL Ice Hockey** Washington Capitals v Vancouver Canucks.
1.00 PM **United Rugby Championship** Another chance to see Leinster v Munster.
3.00 **LaLiga** Getafe v Real Madrid.
5.00 **United Rugby Championship** Ospreys v Glasgow Warriors. **7.00** Edinburgh v Benetton.
9.00 **FastZone** Motorsports highlights.
9.30 **Bike World** Magazine.
10.00 **NHL Ice Hockey** Chicago Blackhawks v Anaheim Ducks.
12.00 M'T **LIVE NHL Ice Hockey New York Rangers v Minnesota Wild.** Coverage of the inter-conference match staged at Madison Square Garden. Face-off **12.00m't**.
3.00 AM **Motorsport** Valentino Rossi.
3.30 **Football's Greatest**
4.00 **to 6.00** AM **LaLiga**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** United States GP.
10.30 **Ted's Notebook**
11.00 **Brad Pitt Drives a McLaren F1**
11.15 **British GT Championship**
12.15 PM **Formula 1** From Texas.
1.30 **BTS with Aston Martin**
1.45 **Formula 1** Highlights from the United States Grand Prix.
3.45 **Ted's Notebook**
4.15 **BTS with Aston Martin**
4.30 **Formula 1** United States GP.
6.30 **Ted's Notebook**
7.00 **Formula 1** From Austin, Texas.
9.15 **Ted's Notebook**
9.45 **Brad Pitt Drives a McLaren F1**
10.00 **Formula 1** United States GP.
12.15 AM **Ted's Notebook**
12.45 **Adrian Newey IV**
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

21 October

Evening Planner

Factual

Dogs Behaving (Very) Badly: Australia

5, 7pm

Graeme Hall heads Down Under to help dog owners with their unruly pets.

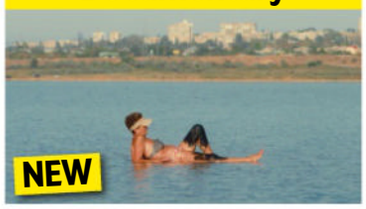
Football

Champions League

TNT Sports & Prime Video, k-o 8pm

Tonight's games include Man City away to Villareal (TNT Sports 1), while Arsenal take on Atlético Madrid (Prime Video).

Documentary



Storyville: Sanatorium

BBC4, 10pm

One-off documentary following the stories of residents at a health centre in Ukraine, while war rages around them.

Documentary

In My Own Words

BBC1, 10.40pm (box set, BBC iPlayer)

Frederick Forsyth, who passed away in June, talks about his life and career as a journalist and best-selling thriller writer.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Joe Swash: The Forgotten Dads		9.00 Ambulance		10.00 News; Local News	10.40 In My...
	102 BBC2	7.00 Nigella: At My...	7.30 Chronicles of...	8.00 Digging for Britain		9.00 QI XL	9.45 World's Most Dangerous...		10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Love Your Garden		9.00 TikTok: Murder Gone Viral		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Great British Bake Off		9.15 Worlds Apart		10.15 Celebrity Gogglebox	
	105 5	7.00 Dogs Behaving (Very) Badly: Australia		8.00 The Yorkshire Vet		9.00 Murder Before Evensong		10.00 Police: Night Shift 999	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 David Attenborough's Galapagos		9.00 Never Mind the Buzzcocks		10.00 Film: Sinister	
ENTERTAINMENT	115 BBC3	7.00 Horrible Histories		8.00 Top Gear		9.00 Our Girl		10.00 Film Club	
	116 BBC4	7.00 A Garden in...	7.30 Dame...	7.45 Keeping Up...	8.20 Miss Pym's Day Out: Bookmark		9.15 Talking Heads: A Lady of...	10.00 Storyville: Sanatorium	
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Big Brother		10.00 Big Brother: Late & Live	
	136 MORE4	‹ 6.55 The Dog House Australia		7.55 The Dog House		9.00 Night Coppers		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Hollyoaks at 30	8.00 Supercruising: Life at Sea		9.00 Married at First Sight UK			10.30 First Dates
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Law & Order: Criminal Intent		9.00 Matlock		10.00 FBI: Most Wanted	
	108 SKY ATLANTIC	‹ 6.50 Game of Thrones				9.00 Sweetpea		10.00 The Iris Affair	
	110 U&GOLD	‹ 6.55 Dad's Army	7.35 dinnerladies			9.00 The Good Life			10.20 Not Going Out
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Lewis	
	120 ITV4	7.00 World Rally Championship Highlights		8.00 World Superbike Highlights		9.00 Film: The World's End			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Big Daddy			
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate Atlantis		9.00 Grimm			
	113 SKY MAX	7.00 Stargate SG-1		8.05 Rob Beckett's Smart TV		9.00 Never Mind the Buzzcocks		10.00 A League of Their Own	
	109 U&ALIBI	7.00 Body of Proof		8.00 Death in Paradise				10.00 Father Brown	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Art's Wildest Movement: Mannerism		9.00 Becoming Marilyn			10.10 Women Who Rock
	132 U&W	7.00 MasterChef Australia		8.00 Inside the Ambulance		9.00 One Born Every Minute			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Combat Dealers		9.00 Deadliest Catch		10.00 Air Jaws: The Hunt For Colossus	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Guardians of the Glades		9.00 Alaska: The Last Frontier		10.00 Mountain Monsters	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 World War II: Secrets from Above		9.00 Hitler's Last Stand		10.00 WW2: Hell Under the Sea	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Bone Detectives: Britain's Buried...		9.00 Witches of Essex		10.00 The Proof Is Out There	
	155 U&YESTERDAY	7.00 Burma with Simon Reeve		8.00 Flipping Bangers		9.00 Bangers & Cash: Restoring Classics		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 The Vow		8.00 Black Widow		9.00 Beware the Slenderman			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.20 Ick		8.00 Black Bag			9.45 Novocaine		
	302 HALLOWEEN		7.15 The Accursed			9.00 Ouija			10.40 Ouija...
	303 HITS	‹ 5.55 Baby Driver		8.00 Ocean's Eleven				10.00 Lawless	
	304 GREATS	‹ 6.20 Happy Gilmore		8.00 Wayne's World			9.40 Wayne's World 2		
	305 ANIMATION	‹ 5.40 Hotel...	7.20 Sing			9.10 Barnyard			
	306 FAMILY	‹ 6.00 Bean	7.35 The SpongeBob SquarePants Movie			9.05 Cats & Dogs			10.35 Spiderwick...
	307 ACTION	‹ 4.50 King Kong		8.00 Twisters				10.15 Mad Max: Fury Road	
	308 COMEDY	‹ 6.20 My Big Fat Greek Wedding 2		8.00 Miss Congeniality				10.05 Miss Congeniality 2: Armed and...	
	309 THRILLER	‹ 5.45 Red Dragon		8.00 Split				10.05 K-19: The Widowmaker	
	310 DRAMA	‹ 6.20 Just Friends		8.00 Valentine's Day				10.10 Amadeus	
	311 SCIENCE FICTION	‹ 6.10 Men in Black 3		8.00 Resident Evil: The Final Chapter				10.00 After Earth	
	313 FILM4	‹ 6.40 Deep Impact				9.00 The Green Mile			
SPORT	401 MAIN EVENT	7.00 Gillette Labs...	7.30 EFL – Live: Bristol City v Southampton (Kick-off 8.00)						10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 Gillette Labs Soccer Special						10.15 PL Review	
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Bristol City v Southampton (Kick-off 8.00)						10.30 SPFL Round-Up
	405 CRICKET	‹ 6.30 ICC Women's World Cup		8.30 ICC Women's...		9.00 ICC Women's World Cup			
	410 TNT SPORTS 1	‹ 5.00 UEFA Champions League – Live: Barcelona v Olympiacos (Kick-off 5.45); Villarreal v Manchester City (Kick-off 8.00)							10.30 UEFA...
	411 TNT SPORTS 2	7.00 UEFA Champions League – Live: Newcastle United v Benfica (Kick-off 8.00)							10.30 UEFA...

‹ Denotes programmes starting before 7.00pm † Regions vary

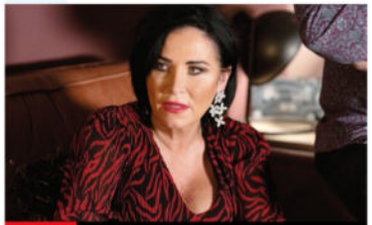
TUESDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Crimewatch Live** New edition (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Trace, Track, Get My Car Back** New edition Tracker Richard follows expensive farmyard vehicles to a scrapyard. (S)
2.30 **Lost and Found in the Lakes** Two lost pieces of jewellery with sentimental value. (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)
3.45 **The Repair Shop** (S)(R)(AD)
4.30 **The Inner Circle** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)


7.30 EastEnders

7 PM
7.00 **The One Show** Alex Jones and Lauren Laverne present the topical show. (S)
7.30 **EastEnders** Nigel reels from his actions, Kat makes a worrying discovery, and Johnny considers a new business venture. (S)(AD)

8 PM
8.00 **NEW TO BBC1 Joe Swash: Forgotten Young Dads** Joe meets young dads who are navigating the highs and lows of fatherhood, and reflects on his own path into parenting. *Previously on BBC3.* (S)(R)(AD)

9 PM
9.00 **NEW SERIES Ambulance** 1/6. The documentary offers an insight into the work of frontline staff in Yorkshire. It promises to be a busy night in Bradford as the city's large Muslim community prepares to celebrate Eid. (S)

10 PM
10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **NEW SERIES In My Own Words: Frederick Forsyth** The late thriller writer reflects on his life and tells stories of how he became the youngest ever RAF pilot, a Reuters foreign correspondent, a BBC reporter and an MI6 informant. *See feature, page 20.* (S)(AD)
■ Entire series on BBC iPlayer
11.25 **Film Club** 5/6. Suz and Izzie try to bring back Evie's smile. (S)(R)(AD)
11.55 6/6. The day has finally come for Noa to leave. (S1) (S)(R)(AD)
12.25 AM **The Celebrity Inner Circle** 3/6. Contestants include Owain Wyn Evans and Sarah Greene. (S)(R)
1.10 **Weather for the Week Ahead** (S)
1.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **The Inner Circle** (S)(R)
7.15 **Escape to the Country** (S)(R)
8.00 **Sign Zone: The Repair Shop** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **The Finish Line** Game show. (S)(R)
2.30 **Unbeatable** Quiz show. (S)(R)
3.15 **Great British Menu** (S)(R)
4.15 **Trawlermen: Hunting the Catch** The skippers face tough decisions as Storm Arwen hits. (S)(R)(AD)
5.15 **Flog It!** From Herstmonceux Castle in East Sussex. (S)(R)
6.00 **Richard Osman's House of Games** New edition With guests Kola Bokinni, Sheli McCoy, John Parrott and Katie Piper. (S)
6.30 **Strictly: It Takes Two** New edition Backstage gossip and behind-the-scenes action. (S)

9.45 World's Most Dangerous...

7 PM
7.00 **Nigella: At My Table** Including recipes for spiced lamb kofta, egg curry, and white chocolate cheesecake. (S)(R)
7.30 **Chronicles of the Sperrins** Series finale 4/4. As snow falls, the mountains become a winter wonderland. (S)

8 PM
8.00 **Digging for Britain** 3/6. Professor Alice Roberts joins archaeologists digging in Orkney, investigating a tomb as old as the great pyramids in Egypt. The team reveal burial chambers crammed full of whole skeletons. (S)(R)(AD)

9 PM
9.00 **NEW SERIES QI XL** 1/14. Sandi Toksvig considers Wales, whales, and wails with Elis James, Griff Rhys Jones, Kiri Pritchard-McLean and regular panellist Alan Davies. (S)
9.45 **NEW TO BBC1 World's Most Dangerous Roads** 1/8. Will Mellor and Keith Lemon embark on a high-octane road trip in Albania. *Previously on U&Dave.* (S)(AD)

10 PM
10.30 **Newsnight** (S)
11.00 **Rob Brydon's Honky Tonk Road Trip** 3/3. The influence of black musicians on country music. (S)(R)
12.00 M'T **Sign Zone: Stacey & Joe** (S)(R)
1.00 AM **Sign Zone: The Celebrity Traitors** 3/9. The first banishment creates shockwaves. (S)(R)(AD)
2.05 **Sign Zone: The Celebrity Traitors: Uncloaked** (S)(R)(AD)
2.35 **Sign Zone: Lifeline** (S)(R)(AD)
2.45 **Sign Zone: Marcus Wareing's Tales from a Kitchen Garden** (S)(R)
3.45 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson is in Leeds, where experts Karen Dalmeny, Stewart Hofgartner, Tim Hogarth and Mark Stevens assess items brought in by members of the public. (S)(R)(AD)
3.00 **Tenable** Warwick Davis hosts as five quizzing friends try to answer questions about top 10 lists. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 TikTok: Murder Gone Viral

7 PM
7.30 **Emmerdale** Joe suffers an accident, creating tensions, while Aaron makes a big announcement, and Dylan struggles to please everyone. (S)(AD)

8 PM
8.00 **Love Your Garden** In Enfield, north London, Alan Titchmarsh and his team transform a garden for Yvonne, a woman who has devoted her life to combatting knife crime after her 17-year-old son was tragically murdered. (S)(R)(AD)

9 PM
9.00 **NEW SERIES TikTok: Murder Gone Viral** Documentary exploring the case of 17-year-old Charlie Cosser, who was fatally stabbed by 16-year-old Yura Varybrus at an end-of-term summer party for teenagers. (S)(AD)

10 PM
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all about logic and common sense, with 100 contestants having a chance of winning up to £100,000. (S)(R)(AD)
11.40 **The Jonathan Ross Show: Special Guests** Memorable moments, featuring Adele, Kevin Hart, Justin Bieber, John Legend, Taylor Swift and Idris Elba. (S)(R)
12.05 AM **Teleshopping**
3.00 **Frauds** 5/6. Sam enlists an old friend's help. (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Deal or No Deal: Celebrity Special** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.35 AM **The King of Queens** (S)(R)(AD)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 9-12/24. (S8) (S)(R)(AD)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** A couple return to their village in France to find it's overgrown. (S)(R)
5.00 **Four in a Bed** New edition The week's second visit is to Ashby's Accommodation in Portsmouth. (S)
5.30 **Come Dine with Me** Police officer Claire hosts the second dinner party from Cardiff. (S)(R)
6.00 **A Place in the Sun** New edition Dancer Neil seeks a property on the Greek island of Kefalonia. (S)

8.00 The Great British Bake Off

7 PM
7.00 **News** (S)

8 PM
8.00 **The Great British Bake Off** New edition 8/10. Alison Hammond and Noel Fielding present Dessert Week, which sees the remaining bakers serve up a Basque-style cheesecake, a gluten-free sponge and an elaborate free-standing trifle. (S)(AD)
■ *The Great British Bake Off: An Extra Slice* is on Friday at 8pm

9 PM
9.15 **Worlds Apart** New edition 3/5. The treasure hunt continues in Hiroshima, where Aaron must confront his food phobia, and karaoke night hits a bum note for one pair as their teamwork proves far from harmonious. (S)(AD)

10 PM
10.15 **Celebrity Gogglebox** Appraisals of *Hijack*, *Five Star Kitchen: Britain's Next Great Chef* and *Saving Giraffes: The Long Journey Home*. (S)(R)(AD)
11.15 **Gogglebox** (S)(SL)(R)(AD)
12.20 AM **Hunted** (S)(SL)(R)(AD)
1.10 **The Last Leg** (S)(SL)(R)
2.00 **Ramsay's Hotel Hell** From Las Cruces, New Mexico. (S)(SL)(R)(AD)
2.45 **Grand Designs** (S)(R)
3.10 **NEW Mr & Mrs '55 Remembered** An introduction to Guru Dutt's classic satire from the golden age of Hindi cinema. (S)
3.25 **FILM Mr and Mrs '55** Indian romantic comedy. Subtitled. (1955, b/w, PG, 150min) ★★★
5.55 **to 6.35** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 **FILM PREMIERE** **Fatal Photo** Thriller starring Ashley Dakin. (S) (2025, 12, 100min) ★★
4.00 **The Cruise: Fun-Loving Brits at Sea** New edition Mother and daughter Jacque and Tamara get crafty with a jewellery making class. (S)
5.00 **News** (S)
6.00 **Michael Portillo's Travel Diaries** 2/3. Michael enjoys traditional chocolate and churros, and heads to Madrid's 'Golden Triangle' of art galleries. (S)(R)
6.55 **News** (S)

7.00 Dogs Behaving (Very) Badly...

7.00 **NEW SERIES** **Dogs Behaving (Very) Badly: Australia** Graeme Hall meets an old English sheepdog struggling with his job as a model. (S)
7.55 **News** (S)

8.00 **The Yorkshire Vet** Series finale 9/9. Shona Searson prepares for her wedding, which is due to take place in her garden, and Julian Norton has to operate to remove a tumour from a pug. (S)

9.00 **Murder Before Evensong** New episode 3/6. Audrey asks Daniel to question Champton's gamekeeper, Edgy, whom Stella witnessed near Anthony's murder site. Meanwhile, Kath is upset with her sister Dora. (S1) (S)(AD)

10.00 **Police: Night Shift 999** PCs Hayes and Fox are called to a suspected fight, but not all is at it seems and they end up trying to get to the bottom of an alleged drug deal gone wrong. (S)(R)

11.05 **Police Interceptors** Officers try to stop a dangerous driver in a stolen lorry on the A1. (S)(R)
12.05 AM **999: Emergency Call Out** Medical documentary. (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Ice Age: A Frozen World** (S)(R)
3.50 **Friends** (S4) (S)(R)(AD)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)(AD)
9.00 **Stargate SG-1** (S1) (R)
11.00 **Deep Dive Australia** (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S5) (S)(R)
3.00 **S.W.A.T.** 11/22. (S1) (S)(R)(AD)
4.00 **NCIS: New Orleans** (S7) (S)(R)
5.00 **The Simpsons** *Barthood:* A coming-of-age story chronicling Bart's life. (S)(R)
5.30 *The Girl Code:* A female coder decides to make Lisa her protégée. (S)(R)
6.00 **The Office (US)** 13/28. Michael and Dwight attempt to infiltrate a successful family-run paper company. (S)(R)
6.30 14/28. Part one of two. Michael decides the staff need help with stress relief. (S5) (S)(R)

10.00 Sinister

7.00 **The Simpsons** *Treehouse of Horror:* Including a spine-tingling version of *The Raven*. (S)(R) **7.30** *Treehouse of Horror XXVI:* The villainous Sideshow Bob finally achieves his dream. (S)(R)

8.00 **David Attenborough's Galapagos** 3/3. The broadcaster reveals the differences between the islands and encounters giant Pinta Island tortoise Lonesome George. (S)(R)

9.00 **Never Mind the Buzzcocks** New edition Greg Davies hosts a special 1980s-themed edition, with Martin Fry, Debbie Gibson and Judi Love joining guest team captains Pepsi & Shirlie. (S)

10.00 **FILM** **Sinister** Horror thriller starring Ethan Hawke. A struggling true-crime author moves into a haunted house with his wife and children hoping to find inspiration. With Juliet Rylance and Fred Dalton Thompson. (S) (2012, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.00 M'T **Brassic** 4/6. Curtis Plum revives his DJ persona for a dying man. (S7) (S)(R)(AD)
1.00 AM **The Force: North East** (R)
2.00 **Road Wars** (S)(R)
3.00 **S.W.A.T.** 11/22. (S1) (S)(R)(AD)
4.00 **NCIS: New Orleans** (S7) (S)(R)
5.00 **to 6.00** AM **Brit Cops: Law & Disorder** (S)(R)(AD)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.00-7.30pm River City (S)(R)(AD) **11.25** Situationships with Sophie and Christine (S)(R) **11.55** Scotcast (S)(R) **12.25am** Film Club (S)(R)(AD) **1.25** The Celebrity Inner Circle (S)(R) **2.10** Weather for the Week Ahead (S) **2.15-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
9.45pm Barra on the Foyle (S)(R) **10.00-10.30** Ceolta (S)(R) **11.00** World's Most Dangerous Roads (S)(R)(AD) **11.45pm-12.00m't** Gardening Together with Diarmuid Gavin (S)(R)

WALES
Sky 968, Freesat 968
1.45pm First Minister's Questions (S) **2.45** The Finish Line (S)(R) **3.30** Unbeatable (S)(R) **4.15-5.15pm** Great British Menu (S)(R)

ITV1

As main ITV1 except:
WALES
8.00-9.00pm Wales This Week New edition (S) **10.45-11.40pm** Sharp End (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Colleen Ramsey: Bywyd a Bwyd **12.30** Heno **1.00** Sain Ffagan (AD) **1.30** Ffermio **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Iaith ar Daith (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Bois y Pizza (AD) **6.30** Sgorio **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** **NEW** Ruth Ellis: Y Cariad a'r Crogi **10.00** Clwb Rygbi: Super Rygbi Cymru **10.30-11.35pm** Terfysg yn y Bae

TV&Satellite week
New issue on sale today

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **Horrible Histories** Rattus ropes in Brad from The Vamps in to help him out. **7.25** Swill Gumbitz takes a look at Greek statues.
7.55 **The Catch Up**
8.00 **Top Gear** Jeremy Clarkson celebrates the Jaguar E-type.
9.00 **Our Girl** 3/5. Georgie is shocked to the core by Elvis's confession. (S2)
10.00 **Film Club** New episode 5/6. Suz and Izzie try to bring back Evie's smile. **10.30** Series finale 6/6. The day has finally come for Noa to leave. (S1) ■ Entire series on BBC iPlayer
11.00 **Twisted Metal** 5&6/10. (S1)
12.00 M'T **FILM** **Waves** Drama starring Kelvin Harrison Jr. A high-school student's life spirals out of control after he suffers an injury and his girlfriend falls pregnant. (2019, 15, 135min) ★★★★★
2.10 AM **BBC New Comedy Awards** Josh Jones hosts the West heat from Bristol.
2.40 **Zoners** One-off comedy.
2.55 **to 4.00** AM **Film Club**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **A New Life in the Sun**
11.00 **The Great House Giveaway** Double bill.
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** Tim Shaw and Fuzz Townshend fix up a Lotus Esprit S1 in Essex. **4.50** Tim and Fuzz work to restore a Hillman Imp.
5.50 **Escape to the Chateau** Angel sets about restoring the walls to their former glory.
6.55 **The Dog House Australia** A family look for a friend for their nervous therapy dog.
7.55 **The Dog House** A girl with Tourette's needs a special pup to stand by her side, while it's love at first sight for seven-year-old Lottie and cockapoo puppy Annie.
9.00 **Night Coppers** Zoe and Jodie respond to a domestic violence call and are determined to capture the suspect, while Robbie responds to a fire that has engulfed a seafront hotel.
10.00 **24 Hours in A&E** A 14-year-old is rushed in after falling head first over the handlebars of her bike and hitting her head.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line** Medical documentary.
1.15 **Emergency Helicopter Medics** Documentary.
2.20 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **A Garden in Snowdonia** Documentary.
7.30 **Dame Patricia Routledge Remembers... Keeping Up Appearances**
7.45 **Keeping Up Appearances**
8.15 **Dame Patricia Routledge Remembers... Miss Pym's Day Out**
8.20 **Bookmark: Miss Pym's Day Out** A re-creation of the 1977 Booker Prize ceremony.
9.05 **Dame Patricia Routledge Remembers... Talking Heads**
9.15 **Talking Heads: A Lady of Letters** Alan Bennett's poignant monologue.
9.50 **Britain's Wild Places**
10.00 **NEW** **Storyville: Sanatorium** Documentary set in a Ukraine sanatorium.
11.25 **Blood and Gold: The Making of Spain**
12.25 AM **A Garden in...**
12.55 **Keeping Up Appearances**
1.25 **Bookmark: Miss Pym's...**
2.15 **to 3.20** AM **Imagine: Philip Pullman – Angels and Daemons**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks**
6.55 **Ramsay's Kitchen Nightmares USA**
7.50 **Married at First Sight UK**
9.00 **The Simpsons**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 7-10/24. (S10)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **Married at First Sight UK**
5.05 **The Big Bang Theory**
6.00 **The Simpsons**
7.00 **Hollyoaks** Tony faces an impossible choice.
7.30 **Hollyoaks at 30: Most Explosive Episodes** The violent storm brings devastating revelations.
8.00 **Supercruising: Life at Sea** 2/8. A full-blown Dutch Orange Party is staged for nearly 3,000 passengers.
9.00 **Married at First Sight UK** New edition The group face the experts at an emotional Commitment Ceremony.
10.30 **First Dates** A student goes on her first-ever date.
11.35 **Naked Attraction**
12.35 AM **Married at First Sight UK** As shown at 9.00pm.
2.00 **Below Deck Sailing Yacht**
2.45 **The Simpsons**
3.10 **The Big Bang Theory**
3.55 **Modern Family**
4.20 **The Neighborhood**
5.10 **to 6.00** AM **Ramsay's Kitchen Nightmares USA**

+1 hr 235/236 306 30 123 256

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Stop, Search, Seize**
7.00 **Border Security: Canada's Front Line** Double bill.
8.00 **Border Patrol** Double bill.
9.00 **Nothing to Declare**
9.30 **Brit Cops: Rapid Response**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 7/22. Maggie and OA track a gang of thieves. (S1)
1.00 PM **The Rookie** 7/20. A movie director joins Nolan and Bishop on patrol. (S1)
2.00 **Stop, Search, Seize**
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

10.00 **FBI: Most Wanted**

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 Law & Order: Criminal Intent *FPS:* 10/21. Goren investigates a group of hi-tech thieves committing fraud. (S3)

9 PM

9.00 Matlock *Game Day:* 14/19. Olympia endangers the case by hiring external help for jury selection instead of using Shae. (S1)

10 PM

10.00 FBI: Most Wanted New episode *Do You Realise?* 11/22. The team investigate the abduction of a 14-year-old girl. (S6)
11.00 **Law & Order: SVU** (S26)
12.00 M'T **Law & Order: Criminal Intent** 5/21. (S3)
1.00 AM **The Rookie: Feds** (S1)
2.00 **Doc** New episode 6/10. (S1)
3.00 **Fire Country** New episode
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
7.00 **Urban Secrets**
8.00 **Boardwalk Empire** (S4)
10.10 **Homicide: Life on the Street**
12.10 PM **Game of Thrones** (S5)
1.15 **My Brilliant Friend** 8/8. (S2)
2.30 **Boardwalk Empire** (S5)
4.40 **Homicide: Life on the Street** 19/22. One of Luther's drug-mules dies of an overdose. **5.45** 20/22. An armed fugitive is investigated. (S5)
6.50 **Game of Thrones** 1/6. The Stark children are finally reunited in Winterfell. (S8)

7.55 **Game of Thrones**

7.55 Game of Thrones *A Knight of the Seven Kingdoms:* 2/6. Daenerys learns the truth about her relationship with Jon, and Brienne of Tarth becomes a Knight. (S8)

9.00 Sweetpea 1/6. Comedy drama with Ella Purnell. Rhiannon is living a mundane life until it gets turned upside down. (S1)

10.00 The Iris Affair 1/8. An enigmatic genius and an entrepreneur are pitted against each other. (S1)
11.00 **The Iris Affair** 2/8. Iris asks Teo to botch the investigation. **12.00** M'T 3/8. Joy gets taken captive by Baptiste. **1.10** AM 4/8. Iris contacts conspiracy theorist Alfie. (S1)
2.05 **The Last of Us** 6/7. (S2)
3.15 **Gomorrah** 7&8/12. (S4)
5.05 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S4)
8.00 **The Flash** 2/13. (S9)
9.00 **Stargate SG-1** 9&10/22. (S1)
11.00 **SEAL Team** 3/14. (S5)
12.00 NOON **The Flash** 3/13. (S9)
1.00 PM **Hawaii Five-0** (S5)
3.00 **S.W.A.T.** 11/22. (S1)
4.00 **NCIS: New Orleans** (S7)
5.00 **SEAL Team** 2/14. Part two of two. Bravo's operation is compromised. (S5)
6.00 **Stargate SG-1** 9/22. The team members are unable to help O'Neill when he begins to age rapidly. (S1)

9.00 **Never Mind the Buzzcocks**

7.00 Stargate SG-1 *Thor's Hammer:* 10/22. O'Neill and Teal'c get trapped underground. (S1)

8.05 Rob Beckett's Smart TV With Cush Jumbo, Anna Maxwell-Martin and Romesh Ranganathan.

9.00 Never Mind the Buzzcocks New edition A 1980s-themed edition, with Pepsi & Shirlie, Martin Fry and Debbie Gibson.

10.00 A League of Their Own Romesh Ranganathan hosts the quiz, with guests Tyson Fury, Maya Jama and Rob Beckett.
11.00 **From** 9/10. Boyd travels deeper into the forest than he has ever gone before. (S1)
12.00 M'T **Brassic** 4/6. Curtis Plum revives his DJ persona. (S7)
1.00 AM **The Force: North East**
2.00 **Road Wars** Vehicle crime.
3.00 **S.W.A.T.** 11/22. (S1)
4.00 **NCIS: New Orleans** (S7)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.55 **The Big Bake**
8.45 **Sam and Billie: Sister Act**
9.40 **The Only Way Is Essex**
10.20 **Real Housewives of Potomac**
11.15 **Real Housewives of New...**
12.05 PM **Dinner Date**
1.05 **Sam and Billie: Sister Act**
2.05 **The Only Way Is Essex**
3.05 **Real Housewives of Cheshire**
4.05 **Real Housewives of Potomac** New edition
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

8.00 The 1% Club

7.00 Deal or No Deal Stephen Mulhern hosts as another contestant takes on the Banker for the chance to win life-changing money.

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 Big Brother New edition A group of contestants live under 24-hour surveillance, hoping to win a cash prize.

10.00 Big Brother: Late & Live New edition AJ Odudu and Will Best present the companion show in front of a live studio audience.
11.05 **Family Guy** 3/20. Peter hurts himself with a chainsaw. (S19) **11.35** 20/30. Peter joins the New England Patriots. (S4)
12.05 AM **American Dad!** (S15)
1.05 **Plebs** 2/6. (S1)
1.35 **Deal or No Deal** As 7.00pm.
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **The Royal** *Home and Dry.*
7.05 **Classic Emmerdale**
8.10 **Classic Coronation Street**
9.10 **Doc Martin** 8/8. (S7)
10.15 **The Royal** *Hoping for the Best.*
11.15 **Heartbeat** Double bill.
1.25 PM **Classic Emmerdale**
2.30 **Classic Coronation Street**
3.30 **Downton Abbey** 6/9. (S3)
4.40 **Doc Martin** 1/8. Portwenn prepares for Janice and Penhale's wedding. (S8)
5.50 **Heartbeat** *Russian Roulette:* Vernon manages to attract the attention of MI5.

6.55 Heartbeat

6.55 Heartbeat *Legacies:* Probationary PC Tom Nicholson turns up at the station, and an African chieftain visits Aidensfield.

8.00 Midsomer Murders *Echoes of the Dead:* Barnaby and Jones look into a spate of ghoulish wedding-themed murders, beginning with the drowning of a woman made to look like a bride. Guest stars Pam Ferris and Kacey Ainsworth.

10.00 Lewis *Life Born of Fire:* A serial killer begins targeting members of a religious group that claims to provide guidance for lost souls.
11.55 **Wire in the Blood** *Nocebo:* 2/5. The murder of two youngsters in ritual slayings leads the team to investigate black magic in a case that gets personal for Alex. (S5)
1.45 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Life on the Bay** 1/8. Life on a caravan park on the Fife coast.
8.00 **Scotland from the Sky** James Crawford visits a lost canal near Glasgow.
9.00 **Dead Man Running** The story of an eccentric Inverness street trader who became an international fugitive.
10.00 NEW SERIES **The Ridge** 1/6. Thriller starring Lauren Lyle. Scottish anaesthetist Mia Beaton arrives in New Zealand for her sister's wedding only to find she has died. (S1)
10.45 **Scotcast** New edition
11.15 **David Wilson's Crime Files: Scams & Scandals** Focusing on white collar crime.
11.45 PM **to 12.00** M'T **Growing Up Scottish**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S4)
9.00 **The Conners** (S2)
10.00 **Sex and the City** (S2)
11.20 **Girls** 7&8/10. (S1)
12.30 PM **Will & Grace** (S4)
1.30 **Sex and the City** (S2)
2.30 **The Office (US)** (S5)
3.30 **The Conners** (S2)
4.30 **The Office (US)** (S5)
5.30 **Will & Grace** (S4)
6.30 **Ballers** 3&4/10. (S3)
7.45 **Sex and the City** 10/18. Miranda crosses class boundaries. **8.25** 11/18. Charlotte dates a chef who lacks masculine qualities. (S2)
9.00 FILM **Warm Bodies** Zombie rom-com with Nicholas Hoult and Teresa Palmer. (2013, 12, 94min) ★★★★
11.00 **And Just Like That...**
11.50 **Entourage** 1&2/14. (S2)
12.50 AM **Girls** 6&7/10. (S4)
1.55 **Veep** 6&7/10. (S5)
3.05 **Curb Your Enthusiasm**
4.25 **to 5.00** AM **Silicon Valley**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Classic FM Live: Great British Classics**
8.00 **Artist of the Year**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **André Rieu: Welcome to My World**
1.00 PM **Tales of the...**
2.00 **Laurie Lee: The Lost Interview**
3.00 **Stories from the National Portrait Gallery**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Art's Wildest Movement: Mannerism**
9.00 NEW **Becoming Marilyn**
10.10 **Women Who Rock**
11.20 **National Theatre Live: Othello** With Giles Terera.
2.00 AM **Portrait Artist of the Year** New edition
3.00 **Inside Art**
4.00 **Lenny's Got the Blues**
5.00 **to 6.00** AM **Auction**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Nothing to Declare** Double bill.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S1)
5.00 **Stargate SG-1** (S9)
6.00 **Star Trek: Voyager** (S3)
7.00 **Star Trek: The Next Generation** *Suddenly Human:* 4/26. (S4)
8.00 **Star Trek: Deep Space Nine** *The Ascent:* 9/26. Old adversaries Odo and Quark are stranded on a desolate planet. (S5)
9.00 **FBI: Most Wanted** (S5)
10.00 **FBI: International** (S3)
11.00 **Grimm** 6/22. (S2)
12.00 M'T **Warehouse 13** (S1)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Rapid Response** Documentary.
3.00 **The Force: North East**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Warwick Davis hosts as a family take on the Tenable Tower.
3.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
4.00 **Tenable** Warwick Davis hosts as a team of five golfing buddies take part.
5.00 **Deal or No Deal** Double bill of the game show hosted by Stephen Mulhern.
7.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
9.00 **Celebrity Wheel of Fortune** With guests Tom Allen, Michelle Visage and Eddie Kadi.
10.00 **Tipping Point** Triple bill of the game show.
12.50 AM **Celebrity Wheel of Fortune** As 9.00pm.
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Diagnosis Murder**
10.00 **Little House on the Prairie** 3&4/22. (S7)
12.00 NOON **Highway to Heaven** 25/25. (S3)
1.00 PM **Diagnosis Murder**
3.00 **Born and Bred** (S2)
4.05 **Down to Earth** (S2)
5.05 **Rumpole of the Bailey**
6.10 **Rising Damp** 6/7. (S1)
6.40 **The Fall and Rise of Reginald Perrin** (S2)
7.20 **Home to Roost** (S1)
7.50 **A Fine Romance** (S2)
8.20 **Dear John** 5/7. (S2)
9.00 **The New Avengers**
10.00 **The Avengers** (S5)
11.00 **Rising Damp** 6/7. (S1)
11.30 **Man About the House**
12.00 M'T **M*A*S*H** (S2)
1.00 AM **Dear John** 5/7. (S2)
1.40 **The Fall and Rise of Reginald Perrin** (S2)
2.20 **Home to Roost** (S1)
2.45 **A Fine Romance** (S2)
3.15 **Born and Bred** (S2)
4.05 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Great Racehorses**
6.20 **The Saint**
7.25 **Kojak** Double bill.
9.30 **Magnum, PI**
11.30 **BattleBots** Local Vegas hero Jackpot takes on Malice.
12.35 PM **Kojak** Double bill.
2.45 **Magnum, PI**
4.50 **The Saint** *The Ex-King of Diamonds:* The thief encounters a deposed king-turned-crooked gambler.
5.55 **American Pickers** Mike and Frank travel to North Carolina to explore a set of outbuildings.

9.00 The World's End

7.00 **World Rally Championship Highlights** The Central European Rally from Germany, Austria and Czechia.
8.00 **World Superbike Highlights** Action from the final round of the season, held at Circuito de Jerez in Andalusia, Spain.
9.00 FILM **The World's End** Sci-fi action comedy starring Simon Pegg and Nick Frost. An epic pub crawl takes a bizarre turn for five former friends. With Paddy Considine, Martin Freeman and Eddie Marsan. (2013, 15, 109min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
11.15 **Wrestling: AEW Collision** Hard-hitting action, featuring stars including FTR, Thunder Rosa, Jon Moxley, Jay White, Bryan Danielson and Miro.
1.10 AM **Hell's Kitchen** The chefs prepare a seafood dish.
2.00 **to 3.00** AM **BattleBots**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 17/22. (S2)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 5/26. (S3)
2.00 **Warehouse 13** 4&5/20. (S4)
4.00 **Star Trek: The Next Generation** 17/22. (S2)
5.00 **Stargate Atlantis** 15/20. (S5)
6.00 **Star Trek: Enterprise** 9/26. The crew members begin acting strangely after a stellar phenomenon. (S2)

11.00 Lovecraft Country

7.00 **Star Trek: Deep Space Nine** *Second Skin:* 5/26. Kira is kidnapped by the Cardassians, who begin feeding her lies. (S3)
8.00 **Stargate Atlantis** *Remnants:* 15/20. Sheppard is kidnapped by an old enemy he believed to be dead. (S5)
9.00 **Grimm** *Woman in Black:* 22/22. The latest case offers Nick the chance to discover how his parents were murdered. (S1)
10.00 **Grimm** *Bad Teeth:* 1/22. Part one of two. Nick tries to deal with the revelation that his mother is not still alive. (S2)
11.00 **Lovecraft Country** 4/10. Leti, Tic and Montrose head to Boston to search for missing pages to a crucial text (S1)
12.10 AM **Chucky** 8/8. The Three Amigos receive a gift. (S2)
1.00 **Warehouse 13** 4&5/20. (S4)
2.55 **Lovecraft Country** As 11pm.
4.05 **Chucky** As shown at 12.10am.
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown** As 10.00pm.
10.00 **The Mentalist** 19/24. (S3)
11.00 **Hudson & Rex** 11/16. (S1)
12.00 NOON **Body of Proof** (S3)
1.00 PM **Death in Paradise** (S11)
2.00 **Murdoch Mysteries** (S16)
4.00 **The Mentalist** 19/24. After the owner of an exclusive dating website is murdered, suspicion falls on the victim's wife. (S3)
5.00 **Hudson & Rex** 11/16. An activist is killed during a break-in at a water bottling plant. (S1)
6.00 **Father Brown** As 10.00pm.

11.00 Evil

7.00 **Body of Proof** *Committed:* 10/13. A teenager is murdered in a psychiatric institution for young women. (S3)
8.00 **Death in Paradise** *Serving Up Murder:* 3/8. A famous chef is poisoned during a cooking contest. (S13)
9.00 **Death in Paradise** *The Man with the Golden Gun:* 7/8. The owner of a private island is shot dead at a family gathering. (S3)
10.00 **Father Brown** *The Show Must Go On:* A production by the Kembleford Players proves dramatic in more ways than one.
11.00 **Evil** 2/10. David gets recruited by LeConte, an agent of the 'Entity.' (S3)
12.00 M'T **White Collar** 11/16. (S4)
12.55 AM **Death in Paradise** (S11)
1.55 NEW SERIES **The Hunting Party** 1/6. Crime drama. (S1)
2.40 **to 4.00** AM **CSI: Vegas**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
8.20 **Last of the Summer Wine**
9.40 **Hi-de-Hi!**
10.20 **Blackadder II**
11.00 **Last of the Summer Wine**
12.20 PM **My Hero**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Blackadder II**
3.00 **Last of the Summer Wine**
4.20 **My Hero**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Blackadder II**

7.35 dinnerladies

6.55 **Dad's Army** The platoon offer to help Private Godfrey's widowed friend.
7.35 **dinnerladies** The crew are busy preparing for the millennium dinner. **8.20** Petula's bizarre lifestyle finally catches up with her, forcing Bren to make a difficult decision
9.00 **The Good Life** Margo's windbreak causes issues for Tom and Barbara. **9.40** Tom and Barbara get closer to nature than they intended when they both catch fleas.
10.20 **Not Going Out** Lee has to leave the flat when he gets a job as a caretaker.
11.00 **Blackadder II** Edmund and Lord Melchett are kidnapped by a master of disguise.
11.35 **dinnerladies** Double bill.
1.00 AM **The Good Life** Double bill.
2.20 **Not Going Out** As 10.20pm.
3.00 **Toast of London**
3.25 **to 4.00** AM **The Good Life**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gadget Man** Double bill.
8.00 **Special Ops: To Catch a Criminal** Double bill.
10.00 **Train Truckers** Double bill.
12.00 NOON **Storage Hunters UK**
2.00 PM **Extreme Salvage Squad**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Asian Adventure** Dave and Si head to Japan, where they visit Tokyo's famous fish market.
6.00 **Rick Stein: From Venice to Istanbul** The chef travels from Croatia to Albania, where he is joined by his son Jack.

7.40 House of Games

7.00 **Would I Lie to You?** With Sinitta, Jo Brand, Ivo Graham and Johnny Marr.
7.40 **Richard Osman's House of Games** Guests include Philip Glenister and Thanyia Moore. **8.20** With Ruby Bhogal, Ed Byrne, Ingrid Oliver and Matthew Pinsent.
9.00 **Have I Got a Bit More News for You** Jack Dee hosts the satirical quiz, with guests Phil Wang and Sayeeda Warsi.
10.00 **QI XL** Guests Noel Fielding, Rhod Gilbert and Cariad Lloyd join regular panellist Alan Davies and host Stephen Fry.
11.00 **8 Out of 10 Cats Best Bits** A look back at highlights from the comedy panel show.
11.50 **Mock the Week** With Felicity Ward and Ed Byrne.
12.30 AM **Would I Lie to You?**
1.50 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Find It, Fix It, Flog It**
10.00 **Help! We Bought a Village** In Normandy.
11.00 **A New Life in the Sun**
12.00 NOON **Kirstie and Phil's Love It or List It**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **Four in a Bed**
6.00 **Kirstie and Phil's Love It or List It**
7.00 **The World's Biggest Cruise Ship**
8.00 **The Great British Bake Off** New edition 8/10. The bakers serve up a trio of desserts.
9.20 **Gogglebox** The armchair critics share their opinions on recent TV.
10.20 **Grand Designs**
11.20 **Social Media Monsters**
12.20 AM **Taskmaster**
1.25 **Gogglebox: 10 Year Anniversary Special**
2.55 **8 Out of 10 Cats Does Countdown**
3.55 **to 5.00** AM **24 Hours in A&E**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 6-8/24. (S12)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Lost in Translation:* 21/24. The death of a US Marine in Washington, DC takes Gibbs and Bishop to Afghanistan. **7.00** *Troll:* 22/24. The death of a naval intelligence ensign is linked to a conspiracy. **8.00** *The Lost Boys:* 23/24. The team aid in a global investigation into an international terror group. (S12)
9.00 **Jesse Stone: Sea Change** Crime drama starring Tom Selleck. The police chief investigates the unsolved murder of a bank clerk.
10.50 **Law & Order: Special Victims Unit** (S23&1)
2.40 AM **Law & Order** (S15)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **The Hotel Inspector**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Skin A&E** New edition Dr Adil tries to help a Glaswegian hiding a large cyst under his hat.
10.00 **Trauma Room One**
11.00 **Call the Bailiffs: Time to Pay Up**
12.05 AM **Fare Dodgers: At War with the Law**
1.00 **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Home and Away**
3.35 **to 4.00** AM **Highway Patrol**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Outback Truckers**
10.05 **Trucking Hell**
11.05 **Traffic Cops**
12.05 PM **Police Interceptors**
2.10 FILM **Hellfire** Western. (1949, PG, 90min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** A speeding car crashes. **7.00** A driver reverses his car into a pursuing police vehicle three times. **8.00** A car thief in Wakefield rams his way out of a petrol station.
9.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
10.00 FILM **Seraphim Falls** Western starring Pierce Brosnan. (2006, 15, 111min) ★★★★
12.10 AM **MacGyver** (S3)
1.05 **Extreme Winter Road Rescue**
2.05 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Nick Knowles' Big House Clearout**
7.00 **Tipping Point**
10.00 **Property Brothers: Forever Homes**
1.00 PM **Tipping Point**
4.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition In the Time Auction challenge, each finalist bids on the ingredients they want.
8.00 **Inside the Ambulance** The team come to the aid of a student with a life-threatening condition, and also help a suicidal patient with violent tendencies.
9.00 **One Born Every Minute** Double bill of editions.
11.00 **Bradford on Duty**
12.20 AM **Inside the Ambulance**
12.50 **Interior Design Masters with Alan Carr**
2.05 **to 3.00** AM **Amanda & Alan's Italian Job**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.35 AM **Soldier, Soldier**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **Monarch of the Glen**
4.20 **London's Burning**
5.25 **The Upper Hand**
6.00 **Terry and June**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Harry Wild** *Mincemeat:* 3/8. A body is pulled out of the river near Harry's local pub. (S1)
9.00 **Annika** 3/6. The body of a scientist is discovered in Loch Katrine. (S1)
10.00 **New Tricks** *Wicca Work:* With Stephanie Beacham.
11.20 **Spooks** 5/6. (S10)
12.40 AM **Lovejoy**
1.40 **The Upper Hand**
2.20 **Terry and June**
2.55 **to 4.00** AM **Hotel Portofino**

+1 hr 243 316 60 260

TUESDAY Entertainment

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Kent.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
2.00 **Money for Nothing**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Long Lost Family: Born Without Trace – What Happened Next** Davina McCall and Nicky Campbell revisit the case of a man who was abandoned as a baby.
10.00 **Long Lost Family** Cases of people that are searching for siblings **11.00** The story of a woman looking for the father she never knew.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Double bill.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room** Featuring an old croquet set and a vintage Herman Miller chair. **6.00** A Danish table and a set of antique skittles.
7.00 **The Chase Celebrity Special** Mikey North, Una Healy, Carl Froch and Alison Hammond take part in the quiz.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill.
12.00 M'T **The Chase**
4.00 AM **The Crystal Maze**
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.10 AM **Tombstone Territory**
10.20 FILM **7th Cavalry** Western adventure. (1956, U, 77min) ★★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM FILM **Sabata** Spaghetti Western. (1969, 12, 107min) ★★
3.30 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!**
7.00 **The Avengers** (S5)
8.00 **The New Avengers**
9.00 FILM **Punisher War Zone** Thriller. (2008, 18, 103min) ★★★
11.10 FILM **Missing in Action 2** Adventure prequel. (1985, 18, 91 min) ★★
1.10 AM **The Avengers** (S5)
2.10 **The New Avengers**
3.10 FILM **Stonados** Thriller. (2013, PG, 90min) ★
4.35 **Cops Uncut**
5.00 **to 5.50** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

7.10 AM FILM **Her Son's Deadly Secret** (2018)
9.10 **Murder, She Wrote**
10.10 **Unforgettable** (S2)
11.10 **Castle** 24/24. (S2)
12.10 PM FILM **Morning Show Mysteries: Murder Ever After** (2021, PG) ★★
2.05 FILM **Flower Shop Mystery: Dearly Depotted** (2016) ★★
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 1/24. (S3)
8.00 **Unforgettable** (S2)
9.00 **The Chronicle Mysteries: Deep End**
10.55 FILM **Garage Sale Mysteries: All That Glitters** (2014, PG) ★★
12.50 AM FILM **Fatal Memories**
2.30 FILM **Another Mother** Thriller. (2020, PG) ★★
4.00 FILM **Baby Obsession** Thriller. (2018, 12) ★★
5.25 **to 5.50** AM **Police Ten 7**

+1 hour 322

Great! Christmas

319 317 424 52 47

8.00 AM FILM **The Magical Christmas Shoe** Comedy. (2019, PG, 87min) ★★
10.05 FILM **A Snow White Christmas** (2018, PG) ★
12.10 PM FILM **Twinkle All the Way** (2019, PG) ★★
2.10 FILM **Christmas Under the Stars** (2019, U) ★★
4.05 FILM **Her Magical Christmas** (2017) ★★
6.00 FILM **A Date by Christmas Eve** Comedy. (2019, PG, 93min) ★★
8.00 FILM **Christmas Everlasting** Drama. (2018, PG, 85min) ★★★
9.55 FILM **Christmas Makeover** Drama. (2018, PG, 90min) ★★
11.45 FILM **Charming Christmas** Drama. (2015, PG, 85min) ★★
1.45 AM FILM **A Joyous Christmas** (2017, U) ★★
3.20 **to 4.50** AM FILM **Christmas Under the Stars** As 2.10pm.

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **I Dream of Jeannie** (S1)
10.30 **Bewitched** 5/36. (S1)
11.00 **In Loving Memory** (S5)
11.30 **Doctor in the House**
12.00 NOON **Carry On Laughing** 5/6. (S1)
12.30 PM **You're Only Young Twice** 7/9. (S3)
1.00 **Kane & Abel**
3.00 **Bramwell** 8/8. (S2)
4.00 **Born Free** 5/13. (S1)
5.00 **A Sharp Intake of Breath** 3/3. (S3)
5.30 **In Loving Memory** (S5)
6.00 **Don't Drink the Water**
6.30 **Carry On Laughing** (S1)
7.00 **Blue Thunder** 5/11. (S1)
8.00 **Bramwell** 8/8. (S2)
9.00 **Dark Skies** 15/20. (S1)
10.00 **Brass** 8/13. (S2)
10.30 **Stereo Underground**
11.30 **Mysterious Tales**
11.35 **Don't Drink the Water**
12.05 AM FILM **House on Haunted Hill** (1958)
1.35 **Auto Rewind**
1.50 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM LIVE **Snooker: Northern Ireland Open** The first round from Waterfront Hall, Belfast.
3.00 **Alaska: Homestead Rescue** Documentary.
6.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Captain Wild Bill fights to save his boat. **8.00** Captain Sig looks north to Russia.
9.00 **Gold Divers** 1&2/2. Mining empires clash in the epic battle to dominate Nome.
11.00 **Aussie Gold Hunters** The Gold Retrievers chase off an intruder.
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Adam Richman Eats Football** Double bill.
7.00 **Paul Hollywood: City...**
8.00 **The Pioneer Woman**
9.00 **Jamie's Comfort Food**
10.00 **Tom Kerridge's American Feast**
11.00 **Great British Bake Off**
1.00 PM **James Martin's American Adventure**
2.00 **James Martin's Mediterranean**
3.00 **Paul Hollywood: City Bakes** From Dublin.
4.00 **The Pioneer Woman**
5.00 **Jamie's Comfort Food**
6.00 **Tom Kerridge's American Feast**
7.00 **Great British Bake Off**
9.00 **Jamie's Great Britain**
10.00 **Jamie's Meat-Free Meals** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 22/28. (S1)
9.00 **The Fall Guy** 8/22. (S5)
10.00 **Charlie's Angels** (S2)
11.00 **Impact** 1&2/2. Sci-fi disaster drama.
3.00 PM FILM **Code Red** Sci-fi action thriller. (2001, 15, 89min) ★★
5.00 **Star Trek** 11/26. (S2)
6.00 **Charlie's Angels** (S2)
7.00 **The Fall Guy** 9/22. (S5)
8.00 **Walker, Texas Ranger**
9.00 FILM **Chain Reaction** Thriller starring Keanu Reeves, Rachel Weisz and Morgan Freeman. (1996, 12, 106min) ★★
11.05 FILM **Driven to Kill** Action thriller starring Steven Seagal. (2009, 18, 94min) ★★
1.00 AM FILM **The Loft** Myster thriller. (2013, 15, 98min) ★★★★
3.00 **to 5.00** AM FILM **Code Name: Geronimo** Action drama. (2012, 15, 96min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM FILM **Apocalypse Pompeii** As 5.00pm.
8.00 FILM **The 7 Adventures of Sinbad** Fantasy. (2010, PG, 90min) ★★
10.00 **Andromeda** 4/22. (S3)
11.00 FILM **Arctic Apocalypse** Sci-fi disaster movie. (2019, PG, 90min) ★
1.00 PM FILM **Above Us the Waves** Drama. (1955, b/w, U, 99min) ★★★
3.00 **Andromeda** 4/22. (S3)
4.00 **Six Million Dollar Man**
5.00 FILM **Apocalypse Pompeii** Disaster movie. (2014, 15, 87min) ★
7.00 **Andromeda** 5/22. (S3)
8.00 **Six Million Dollar Man**
9.00 FILM **Welcome to the Punch** Crime thriller starring James McAvoy. (2013, 15, 98min) ★★★
11.00 FILM **Eye of the Tiger** Thriller with Gary Busey. (1986, 18, 90min) ★★
1.00 **to 3.00** AM FILM **Welcome to the Punch**

+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk & Disorderly**
7.35 **Auction Hunters**
8.00 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Mega Disasters**
11.10 **The Curse of Oak Island**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Junk and Disorderly**
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **UFOs: Lost Evidence**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Junk & Disorderly**
10.00 **Swamp People: Serpent Invasion**
11.00 **The Killer Interview with Piers Morgan**
12.00 M'T **National Park Mysteries** Double bill.
1.00 AM **UFOs: Lost Evidence**
2.00 **Ancient Aliens**
3.45 **Court Cam** Double bill.
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Cruising Jane McDonald** Double bill.
11.00 **World's Most Scenic Railway Journeys**
12.00 NOON **Ben Fogle: New Lives in the Wild**
1.00 PM **Portugal with Michael Portillo**
2.00 **Murder, She Wrote**
3.00 **Columbo**
4.50 **Britain's Greatest Bridges** Tower Bridge.
5.00 **Scotland's Most Scenic Railway Journeys**
6.00 **Dinosaurs from the Deep: Drain the Oceans**
7.00 **Nazi Megastructures**
8.00 **Ben Fogle: New Lives in the Wild** From Suffolk.
9.00 **World War II: Secrets from Above**
10.00 **Abandoned Engineering**
11.00 **Prisoner: Cell Block H**
1.00 AM **Cruising with Jane McDonald** Double bill.
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **My Dream Derelict Home in the Sun**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Escape to the Country**
9.00 **No Demo Reno** Jennifer is determined to give her friend's home the best renovation possible.
10.00 **Bargain Block** New edition Keith Bynum and Evan Thomas revitalise a Detroit home with art deco design elements.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **Say Yes... Atlanta**
12.00 NOON **My 600lb Life**
2.00 PM **Return to Amish**
3.00 **Outdaughtered: Busby Quints** Double bill.
5.00 **Little People, Big World**
6.00 **My 600lb Life**
8.00 **Dr Pimple Popper** Eric hopes Dr Lee can remove the giant growth from his backside.
9.00 **The Bad Skin Clinic** Charlotte looks for help with the painful purple patches on her legs.
10.00 **My Feet Are Killing Me**
11.00 **My Extreme Excess Skin**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Cheapskates**
2.00 **My Feet Are Killing Me**
3.00 **My Extreme Excess Skin**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Flip or Flop**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
9.00 **Everybody Loves Raymond** 5–8/25. (S5)
11.00 **Spin City** 3–6/26. (S3)
1.00 PM **Friends** (S3&4)
8.00 **Friends** 6/24. Ross's latest conquest reveals a grubby secret. **8.30** 7/24. Chandler is racked with guilt. (S4)
9.00 FILM **Big Daddy** Comedy starring Adam Sandler as a law school graduate who adopts a five-year-old boy to impress his girlfriend. With Joey Lauren Adams and Kristy Swanson. (1999, 12, 95min) ★★★
10.45 **Whose Line Is It Anyway? USA**
11.45 **Drunk History**
12.45 AM **South Park** (S22)
3.10 **Important Things with Demetri Martin**
3.30 **The Daily Show** New edition Talk show.
4.10 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Impractical Jokers**
7.00 **Teleshopping**
9.00 **Criminally Funny**
10.30 **Most Ridiculous**
11.00 **Friends** (S9&10)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.30 **Takeshi's Castle**
4.00 **Most Ridiculous**
5.00 **Everybody Loves Raymond** 5–8/25. (S5)
7.00 **Spin City** 3–6/26. (S3)
9.00 **Everybody Loves Raymond** 19/24. Ray and Debra encourage Marie and Frank to make new friends. **9.30** 20/24. Debra shocks Ray by revealing that she would like more time alone. (S4)
10.00 **Friends** (S3)
2.00 AM **Whose Line Is It Anyway? USA**
3.00 **Teachers** 9&10/20. (S2)
3.45 **The Alternative Comedy Experience**
4.30 **Out of Order**
5.15 **to 6.00** AM **Guessable?**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Celebrity Four Weddings** Reality series.
9.00 **Freddie Fries Again**
10.00 **The Rookie: Feds** (S1)
11.00 **911 Crisis Centre**
12.00 NOON **Paramedics Australia** Medical series.
1.00 PM **Motorway Patrol**
2.00 **911 Crisis Centre**
3.00 **The Swarm** 2/8. (S1)
4.00 **Motorway Patrol**
5.00 **Air Ambulance ER**
6.00 **SEAL Team** (S4)
8.00 **The Rookie: Feds** (S1)
9.00 **The Force: North East**
11.00 **The Swarm** 2/8. (S1)
12.00 M'T **The Russell Howard Hour**
1.20 AM **A League of Their Own** With Tom Davis.
2.10 **Duck Quacks Don't Echo** With Sara Cox.
3.00 **Road Wars**
4.00 **Celebrity Four...**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **Teen Mom Australia**
6.20 **Teen Mom UK**
8.00 **Catfish: Firsts**
9.00 **Catfish: The TV Show**
4.00 PM **Help! I'm in a Secret Relationship!**
6.00 **Catfish UK**
7.00 **Teen Mom 2**
8.00 **The Hills: New Beginnings** Reality show.
9.00 **Dallas Cowboys Cheerleaders**
10.00 NEW SERIES **Geordie Stories: Charlotte's New Baby** Charlotte Crosby and her partner Jake Ankers prepare for a new arrival.
11.00 **Ink Master Redemption** New edition
11.30 **Ink Master Redemption**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **The Challenge: Double Agents**
2.20 **Ink Master**
3.10 **to 4.00** AM **Geordie OGs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Wheeler Dealers World Tour**
8.00 **Barnwood Builders**
9.00 **Gold Rush** Double bill.
11.00 **Wheeler Dealers World Tour**
12.00 NOON **Wheeler Dealers**
1.00 PM **Gold Divers** Double bill.
3.00 **Alaska: Homestead Rescue** The Raneys meet their match.
5.00 **Moonshiners** The Virginia boys attempt a 500-gallon bootleg from Tickle's restaurant.
6.00 **Hoffman Family Gold** The Black Pearl's trommel motor catches fire.

9.00 Deadliest Catch

7.00 **Wheeler Dealers** Elvis is delighted when Mike gets his hands on a car that has evaded him for years – a Mark 1 Ford Transit.

8.00 **Combat Dealers** Bruce Crompton acquires an extremely rare German Panther tank, but getting parts proves a struggle.

9.00 **Deadliest Catch** New edition Sig and Rick's alliance shatters, while Keith fights through a debilitating injury.

10.00 **Air Jaws: The Hunt for Colossus** A great white breaches in New Zealand, sparking a hunt for Colossus, a flying shark.

11.00 **How the Universe Works** New discoveries lead scientists to question whether the Big Bang really happened.
12.00 M'T **Blowing Up History**
1.00 AM **Deadliest Catch**
2.00 **Air Jaws: The Hunt for Colossus** As 10.00pm.
3.00 **to 5.00** AM **Deadliest Catch**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Flying Wild Alaska**
9.00 **Louisiana Law**
10.00 **Tanked** A classy aquarium.
11.00 **Animal Cops Philadelphia**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **Insane Pools: Off the Deep End** With golfer JB Holmes. **4.00** A Mediterranean resort with a Caribbean twist.
5.00 **Lone Star Law** An owl is in urgent need of rescue.
6.00 **Dr Jeff: Rocky Mountain Vet** Jeff attends a shelter to help pets of disadvantaged owners.

8.00 Guardians of the Glades

7.00 **Treehouse Masters** Pete creates an owl-inspired treehouse library, evoking the face of the bird by using rounded walls.

8.00 **Guardians of the Glades** Dusty and the team stave off an attack by holding the line at the Stormwater Treatment Areas.

9.00 **Alaska: The Last Frontier** A father-son shrimping trip takes a turn following an encounter with a colossal calving glacier.

10.00 **Mountain Monsters** After a discovery in West Virginia, the team continue their search for the truth about the Waya Woman.

11.00 **Pit Bulls & Parolees** A look back at Tia's favourite rescues and adoptions from the series.
12.00 M'T **Crikey! It's the Irwins** Four Sumatran elephants arrive.
1.00 AM **Guardians of the Glades**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Philadelphia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Rocky Mountain Railroad**
9.00 **Air Crash Investigation**
12.00 NOON **Car S.O.S** Double bill.
2.00 PM **Apocalypse: The Fall of Hitler** Double bill of editions.
4.00 **Top Guns: The Next Generation** The students face their final test in a head-to-head fight against instructors.
5.00 **Car S.O.S** Fuzz and Tim restore a Series 1 Land Rover.
6.00 **Lost Treasures of Egypt** Archaeologists investigate the mysterious Kings of Egypt's Pyramid Age.

10.00 WW2: Hell Under the Sea

7.00 **Air Crash Investigation** A brand new aircraft crashes into a mangrove swamp in Cameroon.

8.00 **World War II: Secrets from Above** The Allied landings near the port of Salerno, executed on 9 September 1943.

9.00 **Hitler's Last Stand** A US soldier must crawl through an enemy minefield to capture German machine gun nests.

10.00 **WW2: Hell Under the Sea** New edition Submarine crews band together to overcome extraordinary obstacles.

11.00 **Air Crash Investigation**
1.00 AM **Airport Security: Rome**
2.00 **To Catch a Smuggler** HSI shut down a tunnel dug under the border by a cartel.
2.30 **Lords of War** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Irish Pickers**
6.55 **American Pickers**
7.50 **Storage Hunters**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **Discovered by Disaster**
1.00 PM **Bone Detectives: Britain's Buried Secrets**
2.00 **The Proof Is Out There**
3.00 **Killer Kings** Emperor Nero.
4.00 **Storage Hunters**
5.00 **Canadian Pickers** Scott and Sheldon search for a canoe.
6.00 **American Pickers** A quest to track down a recording trailer.

9.00 Witches of Essex

7.00 **Forged in Fire** Four bladesmiths battle it out to recreate one of Japan's deadliest swords – the Nagamaki.

8.00 **Bone Detectives: Britain's Buried Secrets** A team of scientists visit the most excavated monastic site in Europe.

9.00 **Witches of Essex** New edition Rylan and Alice Roberts look into the 1582 St Osyth witch hunt. ■ Entire series on Box Sets

10.00 **NEW SERIES The Proof Is Out There** A look at the claim a Las Vegas family encountered 10ft-tall aliens in their backyard.

11.00 **Secrets in the Ice** Mountain climbers in California find the body of a US Army soldier.
12.00 M'T **Evil Encounters** Exploring stories of encounters with paranormal entities.
12.55 AM **Discovered by Disaster**
1.50 **Witches of Essex** As 9.00pm.
2.50 **Canadian Pickers**
3.40 **Pawn Stars** Documentary.
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys** Double bill.
8.00 **Bangers & Cash**
10.00 **Secret Nazi Bases**
11.00 **The Great War in Numbers**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Secret Nazi Bases** Scientists in Kamienna Gora try to build Hitler's next revenge weapon.
5.00 **The Great War in Numbers** How new weapons changed the nature of modern warfare.
6.00 **Antiques Roadshow** From Pembroke Castle.

5.00 The Great War in Numbers

7.00 **Burma with Simon Reeve** Simon ventures into Burma's highlands, where he attends a fire balloon festival.

8.00 **Flipping Bangers** Will and Gus splash out £550 on a garage owner's Mercedes 190.

9.00 **Bangers & Cash: Restoring Classics** The team send their Paul Smith Mini in for some designer tailoring.

10.00 **Bangers & Cash** Derek heads to Scotland in a heavy storm to pick up a Jaguar E-type and an MGC convertible.

11.00 **Bangers & Cash** Derek dives into the lost Jowett marque, as a Bradford-built 1952 Javelin finds an unexpected home. **12.00** M'T A 1970s Bond Bug three-wheeler divides opinion.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Burma with Simon Reeve** As 7.00pm.

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Salvage Hunters: Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Shed and Buried: Classic Cars**
9.00 **Ant Anstead: Born Mechanic** New edition Duncan talks Ant into buying a 1991 BMW 30 325i. Meanwhile, Ant races to finish the hallway of the farmhouse.
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Lancashire**
8.00 **Say Yes to the Dress**
10.00 **Say Yes... Atlanta**
11.00 **Forensic Detectives**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **Disappeared**
7.00 **Judge Rinder's Crime Stories** A teenager who was the victim of an unprovoked assault.
8.00 **Murder on CCTV**
9.00 **Road Rage** New edition
9.30 **Exposed: Naked Crimes** New edition
10.00 **Crime Scene Investigators**
11.00 **Murder on CCTV**
12.00 M'T **Faking It**
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Britain's Countryside Killers** The case of Katie Kenyon, who vanished from her home in 2022.
8.00 **Murder by the Sea** The story of the murder of Sandra Parkinson.
9.00 **48 Hours** When Ray Wright lost contact with his family, they knew something was wrong.
10.00 **Body in the Water** New edition A missing woman's body is found washed up on the shore of a tidal estuary.
11.00 **Snapped: Killer Couples** Police uncover a web of deception, greed and a betrayal.
12.00 M'T **A Secret to Die For**
1.00 AM **48 Hours**
2.00 **Body in the Water**
3.00 **Murder by the Sea**
4.00 **to 5.45** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Killers: Caught on Camera** Double bill.
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Killers: Caught on Camera** Double bill.
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives**
7.00 **Judge Judy** Ex-lovers fight over a trip to Italy after their son gets sick. **7.25** A young mother tries to dictate custodial rights to the alleged father of her child. **7.50** Police execute a warrant for a man charged with assault with a deadly weapon. **8.15** A woman sues her former business partner for allegedly vandalising her office.
8.40 **Judge Judy** Further back-to-back cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **The Force: Manchester**
8.00 **Motorway Patrol**
9.00 **Caught on Dashcam**
10.00 **Killer in My Village**
11.00 **Catching the Killer**
12.00 NOON **How I Caught...**
1.00 PM **Britain's Most Evil...**
2.00 **Killer in My Village**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Murdered at First Sight**
7.00 **Britain's Most Evil Killers**
8.00 **World's Most Evil Killers**
9.00 **NEW SERIES Britain's Most Evil Killers** The case of Lakhvir Singh.
10.00 **The Real Manhunter**
11.00 **Murder Uncut**
12.00 M'T **Murdered at First...**
1.00 AM **How I Caught the...**
2.00 **Killer in My Village** New edition
3.00 **Murdered at First Sight**
4.00 **Border Security USA**
5.00 **to 6.00** AM **Brit Cops**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Full Steam Ahead**
9.45 **Pearl Harbor: World on Fire** As 7.35pm.
10.55 **Pirates: Behind the Legends** As 8.40pm.
11.55 **Spy Ops** Documentary.
1.00 PM **Pearl Harbor: World on Fire**
2.10 **Full Steam Ahead**
3.25 **Pirates: Behind the Legends** As 8.40pm.
4.30 **Grand Tours of the Scottish Islands**
5.05 **Spy Ops** Documentary.
6.15 **Full Steam Ahead**
7.35 **Pearl Harbor: World on Fire** The historical context of the attack.
8.40 **Pirates: Behind the Legends** The story of Grace O'Malley, the Pirate Queen of Ireland.
9.40 **Spy Ops** Documentary.
10.55 **Pearl Harbor: World on Fire** As 7.35pm.
12.00 M'T **Pirates: Behind the Legends** As 8.40pm.
1.05 **to 2.00** AM **Grand Tours of the Scottish Islands**

TUESDAY

Tuesday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Story of Late Night**
7.00 **Discovering: Kevin Bacon**
8.00 **The Directors**
9.00 **The 2010s**
10.00 **The Vow**
11.00 **Ren Faire**
12.00 NOON **Val** Documentary.
2.00 PM **I Am Johnny Cash**
3.45 **My Icon: Martin Offiah**
4.00 **Discovering: Kevin Bacon**
5.00 **The Directors**
6.00 **The 2010s**
7.00 **The Vow** 2/9. Long-standing NXIVM member Bonnie leaves for Los Angeles.
8.00 **Black Widow** 1/3. Documentary following the investigation into Dena Thompson, who carried out a campaign of fraud, deception, bigamy and murder.
9.00 **Beware the Slenderman** Documentary exploring the legend of The Slenderman.
11.15 **Jealous Guy: The Assassination of John Lennon**
1.00 AM **The Story of Late Night**
1.50 **Phoenix Rising**
5.00 **to 6.00** AM **Discovering: Kevin Bacon**

Sky Nature

145 113/114 189 354 369

6.00 AM **Arctic Secrets**
7.00 **Monkey Life** Double bill.
8.00 **Tales from Zambia**
9.00 **Orangutan Jungle School**
10.00 **Wildlife ER** Documentary.
11.00 **Deep Dive Australia**
12.00 NOON **Waterworld Africa**
1.00 PM **Monkey Life**
2.00 **Tales from Zambia**
3.00 **Orangutan Jungle School**
4.00 **Wildlife ER** Documentary.
5.00 **Hope for Wildlife**
6.00 **Waterworld Africa**
7.00 **Monkey Life** Double bill.
8.00 **David Attenborough's Galapagos** The differences between the 19 islands.
9.00 **Pride Rules** Lion prides.
10.00 **Waterworld Africa**
11.00 **Hope for Wildlife**
12.00 M'T **Deep Dive Australia**
1.00 AM **Arctic Secrets**
2.00 **David Attenborough's Galapagos** As 8.00pm.
3.00 **Pride Rules** As 9.00pm.
4.00 **Tales from Zambia**
5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

6.00 AM **Mysteries Unearthed with Danny Trejo** Unseen chambers.
7.00 **History's Greatest Myths**
8.00 **The Proof Is Out There**
9.00 **WWII Lost Films**
11.00 **Ancient Aliens: Origins**
1.00 PM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Digging for Britain**
4.00 **Mysteries Unearthed with Danny Trejo** Unseen chambers.
5.00 **History's Greatest Myths**
6.00 **The Proof Is Out There**
7.00 **WWII Lost Films** A battle contested between the Japanese and Americans. **8.00** The Allies' preparation for the invasion of France.
9.00 **The Nostradamus Effect** The story of three girls who claimed to have met the Virgin Mary. **10.00** The suggestion Hitler was the third antichrist.
11.00 **Ancient Aliens: Origins**
1.00 AM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Digging for Britain**
4.00 **Auction Hunters** Double bill.
5.00 **to 6.00** AM **Combat Ships**

Crime+Investigation

156 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Judge Rinder** Real-life cases.
10.00 **Buried in the Backyard**
11.00 **Motive to Murder**
12.00 NOON **Meet, Marry, Murder**
1.00 PM **Accident, Suicide or...**
2.00 **Judge Rinder** Real-life cases.
3.00 **Murder Detective**
4.00 **Murdertown** True-crime.
5.00 **When Missing Turns to Murder**
6.00 **Murder by Medic**
7.00 **Green Eyed Killers**
8.00 **Accident, Suicide or Murder?** New edition Documentary.
9.00 **Look What You Made Me Do** New edition True-crime.
10.00 **Accused: Did I Do It?**
11.00 **Casey Anthony's Parents: The Lie Detector Test**
1.00 AM **Look What You Made Me Do** True-crime.
2.00 **Secrets of Celebrity Sex Tapes** New edition
3.00 **Meet, Marry, Murder**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the...**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Fish Tank Kings**
10.00 **Shark Men** Documentary.
11.00 **The Wild Life of Dr Ole**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Close Encounters of the Wild Kind** The wildlife of Australia.
3.00 **Fish Tank Kings**
4.00 **Secrets of the Zoo**
5.00 **Ice Road Rescue**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** A rhino's ultrasound reveals details the zoo staff have been waiting for.
8.00 **National Parks: USA** Exploring the landscapes of Zion National Park in Utah.
9.00 **America's Wild Winter** Animals surviving the harshest winters in the US.
10.00 **Lawless Island**
11.00 **Ice Road Rescue**
12.00 M'T **Something Bit Me**
1.00 AM **Swamp Men**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet** Documentary.
4.00 **to 5.00** AM **Africa's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **Planes That Changed the World** The SR-71 Blackbird.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Planes That Changed the World** The SR-71 Blackbird.
9.00 **Secrets Underground** The ground beneath Tesla's only remaining lab may hold clues to his invention.
10.00 **How Do They Do It?** A look into how 28 million plastic bags are made every day. **10.30** How the world's most expensive vinegar is made.
11.00 **Massive Engineering Mistakes**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Inside the Ambulance**
2.00 PM **Inside the Ambulance** On shift with West Midlands Ambulance Service, as they treat a golf-loving pensioner with a heart problem. **3.00** The West Midlands crews treat a pensioner whose heart rate is so erratic they are worried he might have a heart attack on the way to the hospital. **4.00** Crews from West Midlands Ambulance Service rush to the aid of a diabetic who has collapsed at home.
5.00 **Secret Army** *Be the First Kid on Your Block to Rule the World:* 16/16. The Gestapo seal off Brussels, trapping Curtis. (S1) **6.10** *The Hostage:* 1/13. Lifeline is ordered to protect a senior army officer who could reveal top-secret military information. **7.20** Russian Roulette: 2/13. Two Russians insist on being smuggled to England. (S2)
8.30 **Secret Army** Eight episodes.
5.25 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Married to Evil**
9.00 **Evil Online** Double bill.
11.00 **American Monster**
12.00 NOON **Evil Lives Here**
1.00 PM **The Perfect Murder**
3.00 **American Monster**
4.00 **Evil Lives Here**
5.00 **Murder Comes to Town**
7.00 **True Crime with Aphrodite Jones** When a doctor returned home on Valentine's Day to surprise his wife, he instead found her dead. **8.00** A case in which a woman was found dead in her home.
9.00 **Evil Lives Here: The Killer Speaks** Katie learns that her grandfather was an assassin.
10.00 **Toxic** Elizabeth Chambers unravels the manipulation that leads to the bloody ending of Kelly Sutliff's marriage.
11.00 **American Monster**
12.00 M'T **Signs of a Psychopath**
2.00 AM **Murder Comes to Town**
4.00 **to 6.00** AM **True Crime with Aphrodite Jones**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Incredible Engineering Blunders: Fixed**
7.00 **Texas Metal** A 2020 Denali.
8.00 **Motor Pickers** Double bill.
9.00 **Kindig Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Kindig Customs**
4.00 **Richard Hammond's Workshop**
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers** Double bill.
7.00 **Shed and Buried**
8.00 **Richard Hammond's Workshop** Richard tries to boost efficiency. **9.00** Richard's new state-of-the-art workshop is finally open.
10.00 **Kindig Customs**
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Richard Hammond's Workshop** As 8.00pm.
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Twin Turbos**

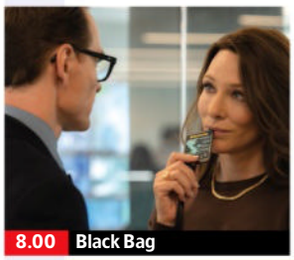
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.05 AM **Panda Plan** Comedy. (2024, 15, 99min) ★★★
8.45 **Grow** Comedy with Nick Frost. (2025, PG, 107min) ★★★★
10.35 **Ick** As shown at 6.20pm.
12.20 PM **Black Bag** As 8.00pm.
2.05 **Lake George** As 11.40pm.
4.10 **Bridget Jones: Mad About the Boy** Romantic comedy. (2024, 15, 125min) ★★★★
6.20 **Ick** Dark sci-fi comedy starring Brandon Routh. (2024, 15, 93min) ★★★


8.00 Black Bag

8.00 Black Bag Espionage thriller starring Michael Fassbender and Cate Blanchett. When a spy is suspected of treason, her husband faces the ultimate test. With Tom Burke. (2024, 15, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Novocaine Action comedy starring Jack Quaid. When a woman is kidnapped, a man turns an inability to feel physical pain into an advantage in his quest to rescue her. (2024, 15, 80min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Lake George** Crime thriller starring Carrie Coon. (2024, 15, 118min) ★★★★
1.45 AM **Presence** Horror starring Lucy Liu and Chris Sullivan. (2024, 15, 84min) ★★★★
3.15 **Juliet & Romeo** Musical with Clara Rugaard and Jamie Ward. (2025, 12, 122min) ★★★
5.25 **to 6.15** AM **Sky Cinema Preview**

Sky Cinema Hits

303 303 403 503 517

6.20 AM **Pixels** (2015, 12) ★★
8.20 **Nacho Libre** (2006) ★★★★
10.00 **Nutty Professor II: The Klumps** (2000, 12) ★★★
11.50 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★
1.35 PM **Aquaman and the Lost Kingdom** Adventure sequel. (2023, 12, 124min) ★★★
3.50 **Now You See Me** Thriller. (2013, 12, 115min) ★★★
5.55 **Baby Driver** Action thriller. (2017, 15, 113min) ★★★★

10.00 Lawless

8.00 Ocean's Eleven Caper thriller starring George Clooney, Brad Pitt, Julia Roberts, Andy Garcia and Matt Damon. A charismatic thief recruits a team of specialists to rob three Las Vegas casinos on a single night. (2001, 12, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Lawless Prohibition-era crime drama starring Shia LaBeouf and Tom Hardy. Three brothers run a profitable moonshine business in 1930s Virginia until the appointment of a corrupt deputy. (2012, 18, 111 min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Hollow Man** Sci-fi thriller. (2000, 18, 113min) ★★★
2.05 **Ouija** Horror starring Olivia Cooke. (2014, 15, 87min) ★★
3.45 **Sky Cinema Preview**
4.20 **to 6.35** AM **The Green Hornet** Fantasy comedy. (2011, 12, 118min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.10 AM **Schindler's List** Epic drama. (1993, 15, 195min) ★★★★★
10.25 **The Fisher King** Fantasy. (1991, 15, 137min) ★★★★★
12.45 PM **The Boy in the Striped Pyjamas** Wartime drama. (2008, 12, 94min) ★★★★
2.30 **Bob Marley: One Love** Biopic. (2023, 12, 104min) ★★★
4.20 **Lee** Biopic starring Kate Winslet. (2023, 15, 117min) ★★★

6.20 **Just Friends** Romantic comedy with Ryan Reynolds and Anna Faris. (2005, 12, 94min) ★★
8.00 **Valentine's Day** Romantic comedy with Ashton Kutcher, Jennifer Garner and Jamie Foxx. (2010, 12, 125min) ★★★
10.10 **Amadeus** Peter Shaffer's drama about the rivalry between 18th-century composers Antonio Salieri and Wolfgang Amadeus Mozart. Stars Tom Hulce and F Murray Abraham. (1984, PG, 158min) ★★★★★

12.40 AM **One Life** Wartime drama. (2023, 12, 105min) ★★★★
2.30 **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★
4.30 **Sky Cinema Preview**
5.30 **to 7.30** AM **Elizabeth: The Golden Age** Historical drama sequel. (2007, 12, 114min) ★★★

Sky Cinema Science Fiction

311 311 411 511 525

6.20 AM **Riddick** As 11.50pm.
8.25 **Dual** Thriller with Karen Gillan. (2022, 15, 94min) ★★★★
10.10 **Slingshot** Sci-fi thriller. (2024, 15, 108min) ★★★
12.00 NOON **Terminator Salvation** Sci-fi action thriller sequel. (2009, 12, 110min) ★★★
2.05 PM **A.I. Artificial Intelligence** Steven Spielberg's sci-fi fantasy. (2001, 12, 145min) ★★★★

4.35 **Men in Black II** Sci-fi comedy sequel. (2002, PG, 88min) ★★★
6.10 **Men in Black 3** Sci-fi action comedy sequel with Will Smith. (2012, PG, 105min) ★★★★
8.00 **Resident Evil: The Final Chapter** Horror sequel with Milla Jovovich. (2016, 15, 107min) ★★★
10.00 **After Earth** Sci-fi adventure starring Will and Jaden Smith as a father and son stranded on a hostile future Earth after their spacecraft crash lands. (2013, 12, 98min) ★★

11.50 **Riddick** Sci-fi thriller sequel starring Vin Diesel and Jordi Mollà. (2013, 15, 122min) ★★★
2.00 AM **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★
4.05 **to 6.30** AM **The Core** Sci-fi thriller starring Aaron Eckhart. (2002, 12, 135min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.45 AM **Goosebumps** Fantasy. (2015, PG, 103min) ★★★
8.35 **Johnny English** Comedy. (2002, PG, 88min) ★★★
10.05 **Stardust** (2007, PG) ★★★★
12.20 PM **The Flintstones in Viva Rock Vegas** (2000, PG) ★★
1.55 **Oliver!** Oscar-winning musical. (1968, U, 146min) ★★★★★
4.25 **The Flintstones** Comedy. (1994, U, 93min) ★★★
6.00 **Bean** Comedy spin-off. (1997, PG, 90min) ★★★

7.35 Spongebob Squarepants...

7.35 **The SpongeBob SquarePants Movie** Animated adventure. (2004, U, 87min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.05 **Cats & Dogs** Comedy fantasy with the voices of Tobey Maguire, Alec Baldwin and Sean Hayes. Cats come up with a plan to make humans allergic to their canine pets. (2001, PG, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **The Spiderwick Chronicles** Adventure with Freddie Highmore, Mary-Louise Parker and Nick Nolte. (2008, PG, 91min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Ride On** Chinese drama starring Jackie Chan. Subtitled. (2023, PG, 126min) ★★★
2.45 **Paulie** Comedy adventure. (1998, U, 92min) ★★★
4.20 **to 6.15** AM **It Takes Two** Comedy. (1995, U, 97min) ★

Sky Cinema Action

307 307 407 507 521

6.15 AM **The Bricklayer** Thriller. (2023, 15, 110min) ★★
8.10 **The Green Hornet** Fantasy. (2011, 12, 118min) ★★★
10.15 **Chappie** As 2.55am.
12.20 PM **300** Epic adventure. (2006, 15, 116min) ★★★★
2.25 **William Tell** Historical drama starring Claes Bang. (2025, 15, 133min) ★★★
4.50 **King Kong** Monster movie remake starring Naomi Watts. (2005, 12, 187min) ★★★★

4.50 King Kong

8.00 **Twisters** Disaster drama sequel starring Daisy Edgar-Jones, Glen Powell and Anthony Ramos. A meteorologist crosses paths with a storm-chasing social media star in Oklahoma. With Brandon Perea. (2024, 12, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Mad Max: Fury Road** Sci-fi action thriller starring Tom Hardy and Charlize Theron. A drifter in a post-apocalyptic wasteland helps a warrior to liberate a sadistic warlord's brides. (2015, 15, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Superman Returns** Adventure with Brandon Routh. (2006, 12, 154min) ★★★
2.55 **Chappie** Sci-fi action thriller. (2015, 15, 120min) ★★
5.00 **to 6.50** AM **R.I.P.D** Comedy fantasy starring Jeff Bridges. (2013, 12, 96min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.15 AM **Mr Deeds** (2002, 12) ★★★
9.00 **The Holdovers** Comedy drama. (2023, 15, 133min) ★★★★★
11.15 **Rumours** Horror comedy. (2024, 15, 104min) ★★★
1.00 PM **Heaven Can Wait** Fantasy. (1978, PG, 100min) ★★★★
2.45 **Kingpin** (1996, 12) ★★★
4.40 **Billy Madison** Comedy. (1995, PG, 90min) ★★
6.20 **My Big Fat Greek Wedding 2** Romantic comedy sequel. (2016, 12, 94min) ★★

6.20 My Big Fat Greek Wedding 2

8.00 **Miss Congeniality** Comedy starring Sandra Bullock as a tomboyish FBI agent who receives a radical make-over in order to go undercover at a beauty contest. With Michael Caine and Benjamin Bratt. (2000, 12, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel starring Sandra Bullock. FBI agent Gracie Hart becomes a media celebrity, until a kidnapping reawakens her crime-fighting instincts. (2005, 12, 113min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Nacho Libre** Comedy. (2006, 12, 92min) ★★★★
1.45 **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★
3.25 **Sky Cinema Preview**
4.25 **to 6.00** AM **The Men Who Stare at Goats** Comedy. (2009, 15, 89min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **The Cinema List**
6.20 **Retribution** (2023, 12) ★★
7.55 **Cult Killer** Crime thriller. (2024, 15, 105min) ★★★
9.55 **He Went That Way** As 4.15am.
11.45 **Last Seen Alive** Thriller. (2022, 15, 95min) ★★★
1.30 PM **Clear and Present Danger** Action thriller. (1994, 12) ★★★
4.00 **3.10 to Yuma** Western. (1957, b/w, PG, 80min) ★★★★
5.45 **Red Dragon** Crime thriller. (2002, 15, 124min) ★★★

8.00 Split

8.00 **Split** Thriller starring James McAvoy and Anya Taylor-Joy. After being abducted by a kidnapper with multiple personalities, three young women are engaged in a fight for survival. With Haley Lu Richardson. (2016, 15, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **K-19: The Widowmaker** Cold War thriller starring Harrison Ford and Liam Neeson. In 1961 a Soviet atomic submarine's reactor cooling system springs a leak, threatening an explosion that could trigger World War III. (2002, 12, 138min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Shaft** Crime thriller. (2000, 18, 99min) ★★★
2.20 **Law Abiding Citizen** Thriller. (2009, 18, 109min) ★★
4.15 **to 6.00** AM **He Went That Way** Crime drama. (2023, 15, 96min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Hangman's Knot** Western. (1953, PG, 81min) ★★
12.40 PM **The Iron Petticoat** Comedy starring Bob Hope. (1956, U, 96min) ★★★
2.35 **Hell is a City** Crime thriller. (1959, b/w, PG, 100min) ★★★
4.30 **Robin and Marian** Drama. (1976, PG, 106min) ★★★★★
6.40 **Deep Impact** Disaster movie starring Robert Duvall. (1998, 12, 123min) ★★★★

9.00 The Green Mile

Deep Impact (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Green Mile** Supernatural prison drama based on the novella by Stephen King, starring Tom Hanks and Michael Clarke Duncan. A Depression-era prison guard encounters a death-row inmate who possesses a magical gift. (1999, 18, 189min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 **to 3.35** AM **Open Range** Western directed by and starring Kevin Costner, co-starring Robert Duvall and Annette Bening. Four cowboys driving their cattle on the open range of the Midwest run into trouble with a ruthless local rancher. (2003, 12, 139min) ★★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Halloween

302 302 402 502 516

6.55 AM **Out of Darkness** (2022)
8.30 **Ma** Horror with Octavia Spencer. (2019, 15, 99min) ★★★
10.20 **Us** Horror with Lupita Nyong'o. (2019, 15, 116min) ★★★★
12.25 PM **Out of Darkness** Prehistoric horror. (2022, 15, 88min) ★★★
1.55 **Friday the 13th Part II** Horror sequel. (1981, 18, 87min) ★★
3.30 **Sinister** Horror starring Ethan Hawke. (2012, 15, 105min) ★★★

5.30 **The Ritual** Horror starring Rafe Spall. (2017, 15, 94min) ★★★
7.15 **The Accursed** Horror starring Mena Suvari and Sarah Grey. (2022, 15, 90min) ★★
9.00 **Ouija** Horror chiller starring Olivia Cooke and Ana Coto. (2014, 15, 87min) ★★
10.40 **Ouija: Origin of Evil** Horror prequel starring Elizabeth Reaser. When a Ouija board is introduced to a scam seance act, it spices up a stale routine. (2016, 15, 99min) ★★★

12.25 AM **It Feeds** Horror thriller. (2025, 15, 102min) ★★★
2.10 **Videodrome** Sci-fi thriller. (1982, 18, 88min) ★★★★
3.45 **Event Horizon** Sci-fi horror thriller. (1997, 18, 96min) ★★★
5.25 **to 7.05** AM **Gothika** Horror chiller. (2003, 15, 98min) ★★★

Sky Cinema Greats

304 304 404 504 518

7.25 AM **Small Soldiers** Adventure. (1998, PG, 99min) ★★★★
9.20 **Alfie** Vintage comedy drama. (1966, 15, 114min) ★★★★
11.20 **The Golden Child** Adventure. (1986, PG, 93min) ★★
1.05 PM **The Cable Guy** Comedy. (1996, 12, 96min) ★★★★
2.45 **Billy Madison** Comedy starring Adam Sandler and Darren McGavin. (1995, PG, 90min) ★★

4.25 **Junior** Comedy starring Arnold Schwarzenegger and Danny DeVito. (1994, PG, 110min) ★★★
6.20 **Happy Gilmore** Comedy with Adam Sandler, Christopher McDonald and Julie Bowen. (1996, 12, 92min) ★★★
8.00 **Wayne's World** Comedy with Mike Myers and Dana Carvey. (1992, PG, 95min) ★★★★
9.40 **Wayne's World 2** Comedy sequel starring Mike Myers, Dana Carvey and Tia Carrere. (1993, PG, 95min) ★★★

11.20 **The Nutty Professor** Comedy. (1996, 12, 95min) ★★★
1.00 AM **Midnight Run** Comedy. (1988, 18, 122min) ★★★★
3.10 **Twins** Action comedy. (1988, PG, 107min) ★★★
5.00 **to 7.10** AM **Parenthood** Comedy drama. (1989, 15) ★★★★

Sky Cinema Animation

305 305 412 500 514

7.20 AM **Batman Unlimited: Mechs vs Mutants** Animated adventure. (2016, PG, 72min) ★★★
8.50 **Over the Hedge** Animation. (2006, U, 83min) ★★★★
10.30 **Monster Family** Animated comedy. (2017, PG, 96min) ★★
12.20 PM **Monster Family 2** Animated sequel. (2021, U, 90min) ★
2.15 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★

4.00 **Monsters vs Aliens** Animation. (2009, PG, 90min) ★★★
5.40 **Hotel Transylvania 3: Summer Vacation** Animated sequel. (2018, U, 97min) ★★
7.20 **Sing** Animation with the voice of Matthew McConaughey. (2016, U, 108min) ★★★
9.10 **Barnyard** Animated comedy with the voice of Kevin James. (2006, PG, 90min) ★
10.45 **Batman Unlimited: Animal Instincts** Animated adventure. (2015, PG, 74min) ★★

12.20 AM **The Wild Thornberrys Movie** (2002, U) ★★★★
1.50 **Rugrats Go Wild** Animated comedy. (2003, U, 81min) ★★★
3.20 **Batman Unlimited: Monster Mayhem** (2015, PG) ★★★
4.45 **to 6.15** AM **DC Super Hero Girls: Legends of Atlantis** (2018)

Christmas 24

312 313 419

7.00 AM **Believe in Christmas** Comedy. (2024, PG, 90min) ★★
9.00 **A Perfect Christmas Carol** Drama. (2023, PG, 90min) ★★
11.00 **The Holiday Stocking** Festive fantasy. (2022, PG, 84min) ★★
1.00 PM **Joy For Christmas** Comedy. (2021, PG, 86min) ★★
3.00 **Boyfriends of Christmas Past** Drama with Catherine Haena Kim. (2021, PG, 84min) ★★

5.00 **Making Spirits Bright** Drama. (2021, PG, 84min) ★★
7.00 **Our Holiday Story** Festive drama starring Nikki Deloach. (2024, PG, 84min) ★★
9.00 **Ghosts of Christmas Always** Comedy starring Kim Matula and Ian Harding. A festive ghost is assigned to help a man rediscover his Christmas spirit, but things do not go according to plan. (2022, PG, 90min) ★★
11.00 **Sugarplummed** Romantic drama. (2024, PG, 90min) ★★

1.00 AM **The Great Christmas Light Up** Festive comedy sequel. (2023, PG, 84min) ★★
3.00 **to 5.00** AM **Trivia at St Nick's** Festive comedy starring Tammin Sursok. (2024, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **The Westerner** 5/13. (S1)
6.30 **Send for Paul Temple** Mystery. (1946, b/w, PG, 83min) ★★
8.10 **Steam Beyond the Solent**
8.30 **Out of Town** Documentary.
9.00 **Design for Loving** (1962, U) ★★
10.20 **Devil Girl from Mars** (1954) ★
11.55 **Share Your Fire** Documentary.
12.00 NOON **Dixon of Dock Green**
1.05 PM **Cottage to Let** Comedy. (1941, b/w, U, 90min) ★★★

2.50 **Life in Danger** (1960, 15) ★★
4.05 **The Girl on the Pier** Drama. (1953, b/w, PG, 65min) ★★
5.20 **Edgar Wallace Mystery Theatre**
6.30 **Four Star Theatre**
7.05 **Batman** 31/60. (S2)
7.35 **Dial 999** 37/39. (S1)
8.05 **The Mind of Mr JG Reeder**
9.10 **The Strange Case of Sherlock Holmes and Arthur Conan Doyle** Feature-length drama.
11.00 **Cellar Club with Caroline Munro**
11.05 **The Cabinet of Caligari** Horror. (1962, b/w, 18, 106min) ★★

1.15 AM **Cellar Club with Caroline...**
1.20 **Mortuary** Horror. (1982, 18) ★★
3.10 **Cellar Club with Caroline Munro**
3.15 **Mister Kingstreet's War** Drama. (1972, PG, 105min) ★★
5.05 **A Chance to Learn**
5.30 **to 6.00** AM **The Beverly Hillbillies**

TUESDAY Sport 21 October

Sky Sports Main Event

401 401 511 501 419 439

- 6.00 AM **LIVE WTA & ATP Tennis** Coverage from the Tours, including the WTA Tokyo Open, WTA Guangzhou and ATP Basel Open.
- 10.00 **LIVE ICC Women's World Cup South Africa v Pakistan.** Coverage of the group match at R.Premadasa Stadium, Colombo.
- 5.45 PM **The Premier League Show**
- 7.00 **Gillette Labs Soccer Special**
- 7.30 **LIVE EFL Bristol City v Southampton.** Coverage of the Championship match at Ashton Gate. The visitors have won two of the last three meetings between the two sides, however the hosts won the last fixture 3-1 back in February 2024. Kick-off **8.00pm**.
- 10.30 **Back Pages Tonight**
- 11.00 **Sky Sports News**
- 11.30 **LIVE NBA Basketball Oklahoma City Thunder v Houston Rockets.** The Western Conference match staged at Paycom Center. Tip-off **12.30am**.
- 3.00 **to 5.30** AM **LIVE NBA Basketball Los Angeles Lakers v Golden State Warriors.** The Western Conference match from Crypto.com Arena. Tip-off **3.00am**.

Sky Sports Premier League

402 402 512 502 420 440

- 6.00 AM **PL Greatest Games**
- 7.00 **Premier League Highlights**
- 9.30 **Ref Watch** Analysing decisions.
- 10.00 **Sky Sports FC**
- 12.00 NOON **MNF Hlts** Action from West Ham United v Brentford.
- 12.30 PM **Ref Watch**
- 1.00 **Premier League Years** A look back at the 1998/99 season.
- 3.00 **PL Retro** Manchester United v Manchester City from 2010/11.
- 5.00 **The Premier League Show**
- 7.00 **Gillette Labs Soccer Special** Following the full story of the evening's football, with the team on hand to provide all the latest updates and goal alerts.
- 10.15 **Premier League Review** A look back at the weekend's action in the Premier League, featuring all the goals, news and major talking points from around the top flight.
- 11.15 **Netbusters** Fast-paced highlights using alternative angles.
- 11.45 **Premier League Years** A look back at the 1997/98 season.
- 1.45 AM **PL Retro** Another chance to see Chelsea v Burnley in 2017/18.
- 3.45 **PL Greatest Games**
- 4.00 **Best PL Goals 2017/18**
- 5.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

- 6.00 AM **Championship Retro**
- 8.30 **Best Moments from the League 1 & 2 Play-Off Final**
- 9.00 **EFL Greatest Games**
- 10.00 **EFL Cup Retro** The 2015 final.
- 11.00 **There's Only One Sauzee**
- 11.30 **Dundee United: Champions 83**
- 12.00 NOON **SPFL Highlights**
- 12.30 PM **EFL Highlights**
- 1.30 **EFL League One Goals**
- 2.00 **EFL League Two Goals**
- 2.30 **EFL Highlights**
- 3.00 **SPFL Round-Up**
- 3.15 **SPFL Highlights**
- 3.30 **EFL Highlights** Championship.
- 5.00 **EFL Greatest Games**
- 6.00 **EFL League One Goals**
- 6.30 **EFL League Two Goals**
- 7.00 **EFL Highlights** Championship.
- 7.30 **LIVE EFL Bristol City v Southampton.** Coverage of the Championship match staged at Ashton Gate. Kick-off **8.00pm**.
- 10.30 **SPFL Highlights**
- 11.00 **EFL Greatest Games**
- 12.00 M'T **Jimmy Glass: Great Escape**
- 12.30 AM **EFL Rivalries**
- 2.00 **EFL Greatest Games**
- 4.00 **EFL Cup Highlights**
- 5.00 **Best Goals: EFL Cup 23/24**
- 5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 514 504 422 442

- 6.00 AM **ICC Women's World Cup**
- 10.00 **LIVE ICC Women's World Cup South Africa v Pakistan.** Coverage of the group match staged at R.Premadasa Stadium Colombo. South Africa are looking to win their first ever World Cup having previously reaching the semi-finals on three occasions in 1997, 2017 and 2022. Their opponents today have never made it to the quarter-finals before so will be looking to make history at this event.
- 5.45 PM **ICC Women's World Cup 2017** England v India.
- 6.30 **ICC Women's World Cup** Sri Lanka v Bangladesh staged at Dr. DY Patil Sports Academy. **7.30** India v England in the group match at Holkar Stadium, Indore.
- 8.30 **ICC Women's World Cup 2017** Action from England v Australia at the County Ground in Bristol.
- 9.00 **ICC Women's World Cup** South Africa v Pakistan from R. Premadasa Stadium, Colombo. **10.00** Sri Lanka v Bangladesh from Dr. DY Patil Sports Academy.
- 11.00 PM **to 6.00** AM **ICC Women's World Cup**

Sky Sports Golf

406 406 515 505 423 443

- 6.00 AM **Golf Academy**
- 7.00 **Best of the Open Zone 2016**
- 8.00 **School of Golf** Expert tips.
- 9.00 **The Improvers** Golfing advice.
- 9.30 **DP World Tour Golf**
- 10.00 **PGA Tour Golf** Highlights.
- 11.00 **Legends Tour Golf**
- 12.00 NOON **Golf Academy**
- 1.00 PM **Playing Lessons**
- 2.00 **Nick Dougherty's Tee Time Tips**
- 3.00 **The Open Zone**
- 4.00 **Best of the Open Zone 2024**
- 5.00 **Best of the Shot Centre**
- 5.30 **The Improvers** Golfing advice.
- 5.45 **Trey's Tips** With Trey Gnewikow.
- 6.00 **Ladies European Tour Golf**
- 7.00 **PGA Tour Champions**
- 8.00 **PGA Tour Golf** Highlights.
- 9.00 **Golf** Action from the men's World Amateur Team Championship.
- 9.30 **Ladies European Tour Golf**
- 10.30 **Charles Schwab Cup Preview**
- 11.30 **Legends Tour Golf**
- 12.30 AM **Ladies European Tour Golf**
- 1.30 **Best of the Shot Centre**
- 2.00 **Best of the Sky Zone**
- 3.00 **Playing Lessons**
- 4.00 **Nick Dougherty's Tee Time Tips**
- 5.00 **to 6.00** AM **Open Zone 2024**

TNT Sports 1

410 413 521 408 430

- 6.00 AM **Premier League Review**
- 7.00 **NWSL** Recent action.
- 9.00 **Serie A** Highlights from Italy.
- 11.00 **International T20 Cricket**
- 12.00 NOON **Premier League Review**
- 1.00 PM **LIVE Snooker: Northern Ireland Open** Coverage of the eighth session of the first round from Waterfront Hall in Belfast.
- 5.00 **LIVE UEFA Champions League Barcelona v Olympiacos.** The league phase match from Estadi Olimpic Lluís Companys. Kick-off **5.45pm**.
- 7.45 **LIVE UEFA Champions League Villarreal v Manchester City.** The league phase match from Estadio de la Ceramica. Kick-off **8.00pm**.
- 10.30 **UEFA Champions League Goals Show Xtra**
- 11.00 **Tom Aspinall: Road to Undisputed**
- 12.00 M'T **MLB: Off the Bat**
- 12.30 AM **MLB Lead Off** A look ahead.
- 1.00 **LIVE MLB** Coverage of the latest MLB Postseason fixture.
- 4.15 **MLB Closer** Match previews.
- 4.45 **MLB Classic** Archive action.
- 5.45 **to 6.00** AM **The Gallagher PREM – The Wrap Up**

TNT Sports 2

411 414 522 409 431

- 6.00 AM **International T20 Cricket**
- 7.00 **Superbike World Championship Highlights**
- 8.00 **T100 Triathlon World Tour**
- 9.00 **Fishing: On the Bank**
- 10.00 **The Gallagher PREM**
- 10.15 **Sign Up – Into Football**
- 11.00 **Snooker** Northern Ireland Open.
- 1.00 PM **LIVE Snooker: Northern Ireland Open** Coverage of the eighth session of the first round from Waterfront Hall in Belfast.
- 5.00 **Isuzu UTE A-League Highlights**
- 5.30 **Premier League: Big Interview**
- 6.00 **Premier League Netbusters**
- 6.30 **Premier League Stories**
- 7.00 **LIVE UEFA Champions League Newcastle United v Benfica.** Coverage of the league phase encounter staged at St. James' Park. Kick-off **8.00pm**.
- 10.30 **UEFA Champions League Goals Show Xtra**
- 11.00 **Premier League Reload**
- 11.15 **Premier League Review**
- 12.15 AM **One-Day International Cricket** Australia v India.
- 1.15 **NWSL** Recent action.
- 3.15 **Snooker** Northern Ireland Open.
- 5.15 **Premier League Reload**
- 5.30 **to 6.00** AM **Formula E**

Sky Sports NFL

412 410 517 507 426 446

- 6.00 AM **NFL Highlights**
- 10.00 **NFL Bitesize Highlights**
- 11.00 **NFL Highlights** Detroit Lions v Tampa Bay Buccaneers.
- 12.00 NOON **NFL Bitesize Highlights**
- 1.00 PM **Good Morning Football**
- 3.00 **NFL Highlights** Seattle Seahawks v Houston Texans.
- 4.00 **NFL Bitesize Highlights** Detroit Lions v Tampa Bay Buccaneers. **4.15** Highlights from Seattle Seahawks v Houston Texans. **4.30** Week seven matches.
- 5.00 **NFL Bitesize Highlights**
- 6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show, as they discuss and debate the biggest stories from around the league.
- 8.00 **Kansas City Chiefs: The Franchise** Behind the scenes.
- 8.45 **NFL Bitesize Highlights** San Francisco 49ers v Atlanta Falcons.
- 9.00 **NFL Highlights** Detroit Lions v Tampa Bay Buccaneers. **10.00** Action from Seattle Seahawks v Houston Texans.
- 11.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
- 12.00 M'T **The Insiders** The latest news covering all 32 NFL teams.
- 1.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

- 6.00 AM **LIVE WTA & ATP Tennis** Coverage from the Tours, including the WTA Tokyo Open, WTA Guangzhou, ATP Basel Open and ATP Vienna Open.
- 11.00 **LIVE WTA Tennis** Coverage of the second day's play of the Guangzhou Open at Nansha International Tennis Center, China.
- 12.30 PM **LIVE WTA & ATP Tennis** Further coverage from the Tours, including the WTA Tokyo Open.
- 7.35 **LIVE EFL Millwall v Stoke City.** The Championship match from the Den. The hosts have a good recent record against their visitors and haven't lost to them since March 2022. Kick-off **7.45pm**.
- 10.30 **Back Pages Tonight**
- 11.00 **Sky Sports News**
- 11.30 **LIVE NBA Basketball Oklahoma City Thunder v Houston Rockets.** The Western Conference match staged at Paycom Center. Tip-off **12.30am**.
- 3.00 AM **LIVE NBA Basketball Los Angeles Lakers v Golden State Warriors.** The Western Conference match from Crypto.com Arena. Tip-off **3.00am**.
- 5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Tennis

408 408 537 520 425 445

- 6.00 AM **LIVE WTA & ATP Tennis** Coverage from the Tours, including the WTA Tokyo Open, ATP Basel Open and ATP Vienna Open.
- 11.00 **LIVE WTA Tennis** Day two of the Guangzhou Open at Nansha International Tennis Center, China.
- 12.30 PM **LIVE WTA & ATP Tennis** Further coverage from the Tours, including the WTA Tokyo Open.
- 9.30 **WTA & ATP Tennis**
- 1.30 AM **ATP Best of Jack Draper**
- 1.45 **WTA & ATP Tennis**
- 2.15 **Bitesize Tennis** Stuttgart Open.
- 2.30 **to 6.00** AM **LIVE WTA Tennis** Coverage of day three of the WTA Tokyo Open at Ariake Coliseum.

Sky Sports Mix

416 412 510 429 449

- 6.00 AM **EFL Greatest Games**
- 7.00 **WTA Tennis** Ningbo Open final.
- 8.00 **ATP Tennis** Almaty Open final.
- 9.00 **ICC Women's World Cup**
- 10.00 **WTA Tennis** Osaka Open final.
- 11.00 **ATP Tennis** Recent finals.
- 1.00 PM **ICC Women's World Cup**
- 2.00 **PL Greatest Games**
- 3.00 **Super League** The semi-finals.
- 8.30 **Super League** A replay of Hull Kingston Rovers v Wigan Warriors.
- 12.00 M'T **PL Greatest Games**
- 1.00 AM **The Greatest Leg**
- 1.30 **30 Years of the World Champs**
- 2.00 **The Taylor Years**
- 2.30 **The Greatest Final 2007: Taylor v Barneveld**
- 3.00 **EFL Greatest Games**
- 4.00 **Nick Dougherty's Tee Time Tips**
- 5.00 **to 6.00** AM **Open Zone 2024**

TNT Sports 3

413 415 523 410 432

- 6.00 AM **Isuzu UTE A-League**
- 12.00 NOON **UEFA Europa League & Conference League Magazine**
- 1.00 PM **LIVE UEFA Youth League Arsenal U19 v Atletico Madrid U19.** The league phase match at Meadow Park. Kick-off **1.00pm**.
- 3.00 **Serie A** Highlights from Italy.
- 5.00 **TNT Sports Meets**
- 5.15 **UEFA Champions League Magazine** News and action.
- 5.45 **LIVE UEFA Champions League Kairat Almaty v Pafos.** Coverage of the league phase match from Pavlodar Central Stadium. Kick-off **5.45pm**.
- 7.45 **UEFA Champions League Goals Show Xtra** Featuring Newcastle United v Benfica, Arsenal v Atletico Madrid and Villareal v Manchester City.
- 11.00 **UEFA Europa League & Conference League Magazine**
- 12.00 M'T **UEFA Champions League**
- 4.00 **to 6.00** AM **Serie A**

TNT Sports 4

414 416 524 411 434

- 6.00 AM **Snooker** Highlights.
- 8.00 **MotoGP** Grand Prix of Australia.
- 11.30 **MotoGP Chequered Flag**
- 12.30 PM **MLB Highlights**
- 1.30 **V8 Supercars Highlights**
- 3.30 **Longines Global Champions Tour** The Grand Prix of Rabat.
- 4.30 **UTMB World Series Highlights**
- 5.30 **British Superbikes Highlights** Action from the 11th round of the season at Brands Hatch in Kent.
- 6.30 **Ally's Social Club**
- 7.00 **LIVE Snooker: Northern Ireland Open** Coverage from the second round staged at Waterfront Hall in Belfast.
- 11.00 **MotoGP Rewind** Action from the Grand Prix of Australia.
- 11.15 **Superbike Rewind**
- 11.30 **World E-Bike Series Review**
- 12.00 M'T **MotoGP** From Australia.
- 3.30 AM **MotoGP Chequered Flag**
- 4.30 **UFC Main Event**
- 5.30 **to 6.00** AM **UEFA Champions League – Stories of the Finals**

Premier Sports 1

419 551

- 6.00 AM **Euro Le Mans Highlights**
- 7.00 **World Surf League**
- 8.00 **Transworld Sport** Magazine.
- 9.00 **UK Independent Kart Racing**
- 10.30 **Scottish Football Social Club**
- 11.30 **LaLiga Match Highlights**
- 1.00 PM **URC in 60** Round four.
- 2.00 **NHL** Highlights and features.
- 3.00 **FIA World Endurance Championship** From Fiji.
- 4.00 **Transworld Sport** Magazine.
- 5.00 **Eredivisie Highlights**
- 6.00 **NASCAR Highlights**
- 7.00 **Rugby Union Highlights**
- 8.30 **Football** Highlights and features.
- 10.30 **Transworld Sport**
- 11.30 **Eredivisie Highlights**
- 12.30 AM **Top 14 Rugby Union**
- 1.00 **NASCAR Highlights**
- 2.00 **Football's Greatest**
- 2.30 **NHL: This is Hockey**
- 3.00 **to 6.00** AM **LIVE NHL Ice Hockey Utah Mammoth v Colorado Avalanche.** From Delta Center. Face-off **3.00am**.

Premier Sports 2

420 552

- 6.00 AM **Top 14 Rugby Union**
- 8.00 **Eredivisie** Ajax v AZ Alkmaar.
- 10.00 **NHL Ice Hockey** New York Rangers v Minnesota Wild.
- 12.00 NOON **Bike World** Magazine.
- 12.30 PM **Temples of Sport**
- 1.00 **LaLiga** Alavés v Valencia.
- 3.00 **United Rugby Championship** A replay of Leinster v Munster.
- 5.00 **SPFL** Another chance to see Kilmarnock v Hearts.
- 7.00 **LaLiga** Another chance to see Levante v Rayo Vallecano.
- 9.00 **Bike World** Magazine.
- 9.30 **Temples of Sport**
- 10.00 **NHL Ice Hockey** A replay of New York Rangers v Minnesota Wild.
- 12.00 M'T **LIVE NHL Ice Hockey Ottawa Senators v Edmonton Oilers.** Coverage of the inter-conference match from Canadian Tire Centre. Face-off **12.00m't**.
- 3.00 AM **Sporting Greats**
- 3.30 **Football's Greatest**
- 4.00 **to 6.00** AM **LaLiga**

Sky Sports F1

407 407 516 506 424 444

- 6.00 AM **Formula 1** Highlights.
- 12.15 PM **Carlos Sainz & the Lie Detector**
- 12.30 **Formula 1** United States GP.
- 2.30 **Ted's Notebook**
- 3.00 **Brad Pitt Drives a McLaren**
- 3.15 **Formula 1** United States GP.
- 5.15 **Ted's Notebook**
- 5.45 **Formula 1** Another chance to see the United States Grand Prix.
- 8.00 **Ted's Notebook**
- 8.30 **Formula 1** United States GP.
- 9.30 **F1 Academy: Weekend Wrapped** A review of round six.
- 10.00 **Formula 1** United States GP.
- 11.00 **Ted's Notebook**
- 11.30 **Formula 1** Recent highlights.
- 12.30 AM **Ted's Notebook**
- 1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday 22 October

Evening Planner

Drama

The Hunting Party

U&Alibi, 9pm

A former FBI profiler (Melissa Roxburgh) heads a team tracking down a group of escaped serial killers in this new thriller.

OnDemand

prime

Harlan Coben's Lazarus

Available today

A forensic psychologist (Sam Claflin) is caught up in a series of cold case murders.

OnDemand

Disney+

The Hand That Rocks the Cradle

Available today

Maika Monroe stars as a nanny out for revenge in this remake of the 1992 thriller.

OnDemand

Disney+

9-1-1: Nashville

Available today

The latest entry in the *9-1-1* franchise is set in Tennessee, and stars Kate Capshaw and Chris O'Donnell.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop		9.00 The Celebrity Traitors		10.00 News; Local News	10.40 MOTD...
	102 BBC2	7.00 The Crash...	7.30 Jules and...	8.00 Tropic of Cancer with Simon Reeve		9.00 Fake or Fortune?		10.00 The Celebrity...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 The Hack		10.05 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Location, Location, Location		9.00 Grand Designs		10.00 New Zealand's Best Homes with Phil...	
	105 5	7.00 Call the Bailiffs: Time to Pay Up		8.00 Traffic Cops		9.00 Coastguard SOS: Search & Rescue		10.00 Police: Night Shift 999	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Portrait Artist of the Year		9.00 Film: It			
ENTERTAINMENT	115 BBC3	7.00 Horrible Histories		8.00 Joe Swash: Forgotten Young Dads		9.00 New Comedy...	9.30 Film Club		10.30 Film: The Blair...
	116 BBC4	7.00 A Garden in...	7.30 Canal Boat...	8.00 Archaeology: A Secret History		9.00 Thatcher: A Very British Revolution		10.00 Margaret	
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Big Brother		10.00 Big Brother: Late & Live	
	136 MORE4	‹ 6.55 The Dog House Australia		7.55 The Dog House		9.00 Perfect Pub Walks with Alexander...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Hollyoaks...	8.00 Married at First Sight UK		9.05 Gogglebox		10.05 Hollyoaks Later	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Law & Order: Criminal Intent		9.00 Doc		10.00 Fire Country	
	108 SKY ATLANTIC	‹ 6.00 Game of Thrones				9.00 The White Lotus			10.35 True...
	110 U&GOLD	7.00 Dad's Army	7.40 The Good Life						10.20 Not Going Out
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 Lewis	
	120 ITV4	7.00 Gallagher PREM Unleashed		8.00 Ice Road Truckers		9.00 Champions: Full Gallop		10.00 Film: Rambo III	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Bradley & Barney Walsh: Breaking Dad		10.00 8 Out of 10 Cats Uncut	
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate Atlantis		9.00 Grimm			10.30 Lovecraft...
	113 SKY MAX	7.00 Stargate SG-1		8.00 Agatha Raisin				10.00 Revival	
	109 U&ALIBI	7.00 Body of Proof		8.00 Shakespeare & Hathaway		9.00 The Hunting Party		10.00 Father Brown	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Portrait Artist of the Year		9.00 Portrait Artist of the Decade			10.30 Art Matters
	132 U&W	7.00 MasterChef Australia		8.10 The Secret...	8.40 Posh Pets	9.10 One Born Every Minute		10.10 Pete Wicks: For Dogs' Sake	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Combat Dealers		9.00 Wheeler Dealers World Tour		10.00 Bitchin' Rides: Road to the Ridler	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Dog Detectives		9.00 Alaska: The Last Frontier		10.00 Mountain Monsters	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Killing Hitler		9.00 Nazi Megastructures		10.00 Top Guns: The Next Generation	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Storage Wars		9.00 Curse of Skinwalker Ranch		10.00 Beyond Skinwalker Ranch	
	155 U&YESTERDAY	7.00 This World: Cuba with Simon Reeve		8.00 Train Truckers		9.00 Train Rescue Down Under		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 The Vow		8.00 Black Widow		9.00 Super/Man: The Christopher Reeve Story			
FILMS – Sky Cinema	301 PREMIERE	‹ 5.55 Bridget Jones: Mad About the Boy		8.00 Black Bag				9.40 Ick	
	302 HALLOWEEN		7.20 Little Bone Lodge			9.00 The Invisible Man			
	303 HITS	‹ 5.40 Love Actually		8.00 The Other Guys				10.00 Horrible Bosses	
	304 GREATS	‹ 5.40 The Fisher King		8.00 Sleepless in Seattle				9.50 You've Got Mail	
	305 ANIMATION		7.15 The Adventures of Tintin: The Secret of the Unicorn			9.10 Open Season			
	306 FAMILY	‹ 6.00 Charlie and the Chocolate Factory		8.00 Johnny English Reborn				9.55 Stuart Little	
	307 ACTION	‹ 6.00 The Meg		8.00 Novocaine				10.05 Troy	
	308 COMEDY	‹ 5.55 The Longest Yard		8.00 One of Them Days				9.50 Two Weeks Notice	
	309 THRILLER	‹ 5.30 The Da Vinci Code		8.00 The Bikeriders				10.10 Shaft	
	310 DRAMA	‹ 5.45 Dreamgirls		8.00 Darkest Hour				10.10 Bob Marley: One Love	
	311 SCIENCE FICTION	‹ 6.00 Men in Black 3		8.00 Blade Runner				10.05 King Kong	
	313 FILM4	‹ 6.10 Bridge of Spies				9.00 Bullet Train			
SPORT	401 MAIN EVENT	7.00 Gillette Labs...	7.30 EFL – Live: Sheffield Wednesday v Middlesbrough (Kick-off 8.00)						10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 Gillette Labs Soccer Special						10.15 PL Stories	
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Sheffield Wednesday v Middlesbrough (Kick-off 8.00)						10.30 EFL Highlights
	405 CRICKET	‹ 6.30 ICC Women's World Cup			8.30 ICC Women's...	9.00 ICC Women's World Cup			
	410 TNT SPORTS 1	7.00 UEFA Champions League – Live: Eintracht Frankfurt v Liverpool (Kick-off 8.00)							10.30 UEFA...
	411 TNT SPORTS 2	7.00 UEFA Champions League – Live: Chelsea v Ajax (Kick-off 8.00)							10.30 UCI Track...

‹ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Wednesday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Crimewatch Live** New edition (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Trace, Track, Get My Car Back** New edition Trackers Neil and Jason snatch back a hire car the customer is refusing to return. (S)
2.30 **Lost and Found in the Lakes** The metal detecting team search for a treasured heirloom. (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)
3.45 **The Repair Shop** (S)(R)(AD)
4.30 **The Inner Circle** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 The Celebrity Traitors

7.00 **The One Show** Clara Amfo and Alex Jones present the topical show. (S)
7.30 **EastEnders** The events of the accident play on Nigel's mind, Julie tries to conceal the truth, and Kat faces a situation head on. (S)(AD)

8.00 **The Repair Shop** New edition The team restore a football shirt worn by a Busby Babe in the 1958 FA Cup final, an ornate Punjabi hookah, a Bible from a wartime internment camp, and a Bradford shop window automaton. (S)(AD)

9.00 **The Celebrity Traitors** New edition 5/9. As the drama continues, the question on everyone's lips is which celebrity was murdered. Hosted by Claudia Winkleman. (S)(AD)
■ *The Celebrity Traitors: Uncloaked* follows on BBC2

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **MOTD: UEFA Champions League** Action from the matchday three fixtures in the league phase, including Eintracht Frankfurt v Liverpool at Deutsche Bank Park, Chelsea v Ajax at Stamford Bridge and Monaco v Tottenham Hotspur at Stade Louis II. (S)
12.00 M'T **FILM Point Break** Action thriller starring Patrick Swayze and Keanu Reeves. An undercover FBI agent infiltrates a gang of bank-robbing surfers. With Gary Busey. (S)(AD) (1991, 15, 115min) ★★★★
1.55 AM **Weather for the Week Ahead** Seven-day forecast. (S)
2.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **The Inner Circle** (S)(R)
7.15 **Bargain Hunt** (S)(R)
8.00 **Sign Zone: Celebrity Antiques Road Trip** Matthew Wright and Shazia Mirza take part. (S)(R)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **LIVE Gymnastics: World Championships** The World Artistic Gymnastics Championships from the Indonesia Arena in Jakarta. (S)
3.30 **Unbeatable** Quiz show. (S)(R)
4.15 **Wonders of the Monsoon** (S)(R)
5.15 **Flog It!** Memorable finds. (S)(R)
6.00 **Richard Osman's House of Games** New edition With guests Kola Bokinni, Sheli McCoy, John Parrott and Katie Piper. (S)
6.30 **Strictly: It Takes Two** New edition Janette Manrara presents the latest backstage action. (S)

10.00 The Celebrity Traitors: Uncloaked

7.00 **The Crash Detectives** New edition 3/8. The team investigate a late-night crash on an unlit dual carriageway. (S)
7.30 **Jules and Greg's Wild Swim** New edition 3/5. Julie and Greg swim with seals off the coast of Lewis. (S)(AD)

8.00 **Tropic of Cancer with Simon Reeve** 3/6. The third leg of Simon's trip takes him from the banks of Egypt's Nile to the Indian Ocean in Oman, introducing him to nomadic Bedouins displaced by drought. (S)(R)(AD)

9.00 **Fake or Fortune?** Artist and dealer David Taylor believes his £2,000 saleroom punt is a work by Helen McNicoll, one of Canada's most celebrated impressionists. Presented by Fiona Bruce and Philip Mould. (S)(R)(AD)

10.00 **The Celebrity Traitors: Uncloaked** New edition Ed Gamble is joined by series three finalists Alexander and Leanne. (S)(AD)
10.30 **Newsnight** (S)
11.00 **Unspun World with John Simpson** The week's major global news stories. (S)
11.30 **Eva Longoria: Searching for Spain** 4/8. Eva explores San Sebastian. (S)(R)(AD)
12.10 AM **FILM The Haunting** Classic chiller starring Julie Harris. (S) (1963, b/w, 12, 110min) ★★★★★
2.00 **Sign Zone: The Celebrity Traitors**
3.00 **Sign Zone: The Celebrity Traitors: Uncloaked** (S)(R)(AD)
3.30 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson is joined by experts Fay Rutter, Tracy Thackray-Howitt, Simon Schneider and Alison Chapman in Swindon. (S)(R)(AD)
3.00 **Tenable** Warwick Davis hosts as a team of quizzing friends answer questions about top 10 lists. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 The Hack

7.30 **Emmerdale** Nicola is determined to get justice, Mandy is concerned for the newlyweds, and there is a situation at the depot. (S)(AD)

8.00 **Coronation Street** Bernie and Gemma team up to provoke Naomi, Kevin receives a letter from Abi's solicitor, Todd makes another discovery about Theo, and George offers Christina sanctuary. (S)(AD)

9.00 **The Hack** New episode 5/7. With Andy Coulson now in Downing Street, Nick teams up with the *New York Times*, and Dave Cook is challenged over the Morgan investigation. (S1) (S)(AD)
■ Entire series on ITVX

10.05 **ITV News** (S)
10.35 **Local News** (S)
10.50 **Long Lost Family** A man searches for his older brother who was given up for adoption, and a woman looks for the three other children her birth mother had before she went missing. (S)(R)(AD)
11.45 **Gallagher PREM Unleashed** Action from the fourth round of fixtures, including Gloucester Rugby v Bristol Bears. (S)(R)
12.10 AM **Teleshopping**
3.00 **Tonight: Price Rises – Cutting the Cost of Your Weekly Shop** (S)(R)
3.25 **The Dry** 7/8. (S2) (S)(SL)(R)(AD)
3.55 **Unwind with ITV** (S)
5.05 **to 6.00** AM **James Martin's Midweek Menu** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.35 AM **The King of Queens** (S)(R)(AD)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 13-16/24. (S8) (S)(R)(AD)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** Justin and Mel find horses in their field and wasps in their attic. (S)(R)
5.00 **Four in a Bed** New edition The third visit of the week is to Bosham B&B in West Sussex. (S)
5.30 **Come Dine with Me** Spiritual vegan Charlotte hosts the third dinner party in Cardiff. (S)(R)
6.00 **A Place in the Sun** New edition Laura Hamilton helps a couple find a holiday home in Barcelona. (S)

10.00 New Zealand's Best Homes

7.00 **News** (S)

8.00 **Location, Location, Location** New edition Kirstie Allsopp and Phil Spencer catch up with Rupreet and Sundeep who bought a property in Harrow in 2011, and Laura and Euan who moved to Glasgow from Sydney in 2021. (S)(AD)

9.00 **Grand Designs** New edition Kevin McCloud follows the progress of Pep and Malene, who face a race against time to realise their ambition of building a Viking-inspired house on their land in the Surrey Hills. (S)(AD)

10.00 **NEW SERIES New Zealand's Best Homes with Phil Spencer** A tour of some of New Zealand's most stunning and desirable homes – from architectural wonders in the city to luxurious mountain retreats. (S)
11.05 **Britain's Most Expensive Houses** A Knightsbridge penthouse. (S)(R)
12.05 AM **Hunted** (S)(SL)(R)(AD)
12.55 **Ramsay's Hotel Hell** (S)(SL)(R)
1.40 **Dispatches: 999 Undercover: NHS in Crisis** (S)(SL)(R)(AD)
2.35 **FILM Passing** Historical drama. (S) (2021, b/w, 12, 100min) ★★
4.15 **Come Dine with Me: The Professionals** (S)(R)
5.05 **Kirstie and Phil's Love It or List It**
5.55 **to 6.35** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 **FILM Deadly Engagement** Thriller starring Sarah-Jane Redmond and Erin Boyes. (S)(AD) (2023, PG, 100min) ★★
4.00 **The Cruise: Fun-Loving Brits at Sea** New edition In the Portuguese capital of Lisbon, James and Damien visit a traditional sardine shop. (S)
5.00 **News** (S)
6.00 **Michael Portillo's Travel Diaries** 3/3. In Madrid, Michael enjoys a lunch of suckling pig and also tries some vegan food. (S)(R)
6.55 **News** (S)

9.00 Coastguard SOS

7.00 Call the Bailiffs: Time to Pay Up Enforcement agents Mark and Sam have a debt of more than £180,000 to collect from a dentist. (S)(R)(AD)
7.55 **News** (S)

8.00 Traffic Cops New edition Officers go on the lookout for a suspected stolen van, driven by an unlicensed and uninsured driver. Also, a young driver takes off after spotting police, triggering a pursuit. (S)

9.00 Coastguard SOS: Search & Rescue New edition Coastguard helicopter rescue 936 is tasked to southwest Scotland, where a bodyboarder has been dragged out to sea in rough waters. (S)(AD)

10.00 Police: Night Shift 999 Officers respond to a report of a two-vehicle crash, but when they arrive only one of the cars is present, leading them to suspect the other driver may have been over the limit. (S)(R)

11.05 **Police Interceptors** (S)(R)(AD)
12.05 AM **999: Emergency Call Out** Lisa and Jack respond after a former colleague is bitten by out-of-control dogs. (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Ice Age: Battle for Survival** (R)
3.50 **Friends** (S4) (S)(R)(AD)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)(AD)
9.00 **Stargate SG-1** (S1) (R)
11.00 **Deep Dive Australia** (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S5) (S)(R)
3.00 **S.W.A.T.** 12/22. (S1) (S)(R)(AD)
4.00 **NCIS: New Orleans** (S7) (S)(R)
5.00 **The Simpsons** *Gal of Constant Sorrow:* Bart offers a homeless folk singer the chance to live in his wardrobe. (S)(R)
5.30 *Lisa the Veterinarian:* Lisa decides she wants to be a vet after saving a raccoon. (S)(R)
6.00 **The Office (US)** 15/28. Part two of two. Michael stages a roast of himself. (S)(R)
6.30 16/28. Part one of two. Dwight and Jim try to make up with Kelly. (S5) (S)(R)

8.00 Portrait Artist of the Year

7.00 The Simpsons *Treehouse of Horror IX:* Homer is possessed by an evil toupee. (S)(R)
7.30 *Treehouse of Horror XX:* Classic movie monsters gatecrash the family's Halloween party. (S)(R)

8.00 Portrait Artist of the Year New edition Stephen Mangan invites nine artists to paint celebrity sitters Adjoa Andoh, Cat Burns and Clara Amfo as Kathleen Soriano, Tai Shan Schierenberg and Kate Bryan judge the efforts.

9.00 FILM It Horror thriller based on the Stephen King novel, starring Bill Skarsgård, Jaeden Lieberher and Sophia Lillis. In the summer of 1989, a group of bullied kids band together to destroy a shape-shifting monster, which disguises itself as a clown and preys on the children of their small New England town. (2017, 15, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.20 **An Idiot Abroad 3** (S)(R)(AD)
12.15 AM **Hawaii Five-0** (S5) (S)(R)
1.10 **Road Wars** (S)(R)
2.00 **The Iris Affair** New episode *Ex Nihilo:* 5/8. Iris uses her wits to get herself out of a corner, while Joy meets mysterious genius Jensen Lind. (S1)
3.00 **S.W.A.T.** 12/22. (S1) (S)(R)(AD)
4.00 **NCIS: New Orleans** (S7) (S)(R)
5.00 **to 6.00** AM **Brit Cops: Frontline Crime UK** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
12.00m't Debate Night (S)(R) **1.00am** Scotcast (S)(R) **1.30** Weather for the Week Ahead (S) **1.35-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.40pm Nolan Live New edition (S) **11.40** MOTD: UEFA Champions League (S) **1.00am** The Weakest Link: Redemption Special (R) **1.45-6.00am** BBC News (S)

WALES
Sky **965**, Virgin **864**, Freesat **965**
7.00-7.30pm The Crash Detectives New edition (S)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
11.00pm Spotlight **11.40pm-12.10am** Unspun World with John Simpson

WALES
Sky **968**, Freesat **968**
7.00-7.30pm The One Show (S)

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Ffasiwn Drefn (AD) **12.30** Heno **1.00** Byd o Liw: Cestyll **1.30** Dim Cwsg I Quinnell (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Yr Actor a'r Eicon **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ralio: Pencampwriaeth Rali'r Byd 2025 **6.30** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Cartrefi Cymru New edition **8.55** Newyddion a'r Tywydd **9.00** Y Golau: Dwr (AD) **10.00** Tri Tryweryn **11.00-11.35pm** Y Byd ar Bedwar

TV&Satellite week
More channels than any other TV magazine

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Horrible Histories** Featuring Victorian fake news. **7.30** A look at the Horrible History of dressing to kill.
7.55 **The Catch Up**
8.00 **Joe Swash: Forgotten Young Dads** Joe meets young fathers who are navigating the highs and lows of fatherhood.
9.00 **BBC New Comedy Awards** New edition 2/7. Five hopefuls battle it out in the second of six heats.
9.30 **Film Club** 5/6. Suz and Izzie try to bring back Evie's smile. **10.00** 6/6. The time comes for Noa to leave (S1)
10.30 **FILM The Blair Witch Project** Chiller with Heather Donahue, Joshua Leonard and Michael Williams. (1999, 15, 76min) ★★★★
11.50 **FILM The Boogeyman** Psychological horror thriller starring Madison Hu. (2023, 15, 99min) ★★★
1.20 AM **Dreaming Whilst Black**
2.45 **Danielle Does Life**
3.00 **to 4.00** AM **Joe Swash: Forgotten Young Dads**

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
11.00 **The Great House Giveaway** Double bill.
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a 1969 Lancia Fulvia 1.3 Rallye. **4.50** The boys take on their most obscure car to date.
5.50 **Escape to the Chateau** The wooden double front door is in a state of disrepair.
6.55 **The Dog House Australia** Charlotte looks for a best friend for Zeke the pug.
7.55 **The Dog House** Retired flight attendant Andreas looks to cockapoo puppy Annie for companionship.
9.00 **Perfect Pub Walks with Alexander Armstrong** Series finale 4/4. Comedian Chris McCausland joins the presenter on three Monmouthshire pub walks through the Wye Valley, as they explore castles and climb a holy mountain.
10.00 **24 Hours in A&E** A woman is rushed in with a dangerously high heart rate.
11.05 **24 Hours in A&E**
12.10 AM **Emergency Helicopter Medics**
1.15 **Perfect Pub Walks with Alexander Armstrong**
2.20 **Grand Designs Australia** New edition An off-grid hillside home in Tasmania.
3.35 **to 4.00** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **A Garden in Snowdonia** 2/5. Adam Salvin restores an Italianate terrace to its former glory.
7.30 **Canal Boat Diaries** 1/4. Robbie Cumming begins a 170-mile journey across the north of England.
8.00 **Archaeology: A Secret History** 2/3. How discoveries in the 18th and 19th centuries overturned previous beliefs.
9.00 **Thatcher: A Very British Revolution** 4/5. The Thatcher government's efforts to transform the economy.
10.00 **Margaret** One-off drama charting Margaret Thatcher's final days in office. Stars Lindsay Duncan, Ian McDiarmid and James Fox.
11.55 **How to Get Ahead at Versailles** 3/3. The court of French monarch Louis XIV.
12.55 AM **A Garden in Snowdonia** As 7.00pm.
1.25 **Canal Boat Diaries**
1.55 **Archaeology: A Secret History** As 8.00pm.
2.55 **to 3.55** AM **Thatcher: A Very British Revolution**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Ramsay's Kitchen Nightmares USA**
7.50 **Married at First Sight UK**
9.15 **The Simpsons**
10.10 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 11-14/24. (S10)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **Married at First Sight UK**
5.35 **The Big Bang Theory**
6.00 **The Simpsons**
7.00 **Hollyoaks** A resident's hunt for answers takes them to Brookside Close.
7.30 **Hollyoaks Unwrapped** New edition Kieron Richardson takes a behind-the-scenes look at the soap.
8.00 **Married at First Sight UK** New edition The couples visit a countryside retreat.
9.05 **Gogglebox** Opinions on *The Masked Singer, Dragons' Den* and *Pam & Tommy*.
10.05 **Hollyoaks Later** New episode A crossover episode with *Brookside*.
11.10 **First Dates**
12.15 AM **Married at First Sight UK** As shown at 8.00pm.
1.15 **Hollyoaks Later**
2.15 **Below Deck Sailing Yacht**
3.10 **The Simpsons**
3.35 **Modern Family**
4.05 **The Big Bang Theory**
5.20 **to 6.00** AM **The Neighborhood**

+1 hr 235/236 306 30 123 256

primetime

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Stop, Search, Seize**
7.00 **Border Security: Canada's Front Line** Double bill.
8.00 **Border Patrol** Double bill.
9.00 **Nothing to Declare**
9.30 **Brit Cops: Rapid Response**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 8/22. A former chemist is kidnapped. (S1)
1.00 PM **The Rookie** 8/20. Nolan and Bishop respond to a convenience store robbery. (S1)
2.00 **Stop, Search, Seize**
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 **Doc**

7 PM
7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 Law & Order: Criminal Intent *Mad Hops:* 11/21. Goren investigates the death of a high-school basketball star. (S3)

9 PM
9.00 Doc New episode *Once More, with Feeling:* 6/10. Amy makes a shocking discovery about her pre-accident love life. (S1)

10 PM
10.00 Fire Country New episode *My Team:* 13/20. A fire breaks out in the dugout at a baseball game. (S3)
■ Entire series on Box Sets
11.00 **Law & Order: SVU** (S26)
12.00 M'T **Law & Order: Criminal Intent** 6/21. (S3)
1.00 AM **The Rookie: Feds** (S1)
2.00 **FBI** New episode 12/22. (S7)
3.00 **FBI: International** New episode
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
7.00 **Urban Secrets**
8.00 **Boardwalk Empire** (S5)
10.15 **Homicide: Life on the Street**
12.25 PM **Game of Thrones** (S5)
1.35 **My Brilliant Friend** 1/8. (S3)
2.40 **Boardwalk Empire** (S5)
4.55 **Homicide: Life on the Street** 21/22. The team is thrown into turmoil again. (S5)
6.00 **Game of Thrones** 3/6. The Night King and the army of the dead reach Winterfell, and an epic battle between the living and the dead begins. (S8)

2.40 **Boardwalk Empire**

7.30 Game of Thrones *The Last of the Starks:* 4/6. After the Battle of Winterfell, the Great War to gain control over Westeros continues as Jon and Daenerys look to the south. (S8)

9.00 The White Lotus *Amor Fati:* 8/8. Belinda makes a deal with Zion that could secure her future, while Gaitok shares his plans with Mook. (S3)
10.35 True Detective *The Final Country:* 7/8. Amelia attempts to track down the one-eyed man. (S3)
11.45 **The Sopranos** 2/13. (S5)
12.50 AM **Succession** 1/10. (S4)
2.05 **The Iris Affair** New episode 5/8. Iris uses her wits to get herself out of a corner. (S1)
3.05 **Game of Thrones** 4/6. (S8)
4.35 **In Treatment** (S1)
5.05 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S5)
8.00 **The Flash** 3/13. (S9)
9.00 **Stargate SG-1** 11&12/22. (S1)
11.00 **SEAL Team** 4/14. (S5)
12.00 NOON **The Flash** 4/13. (S9)
1.00 PM **Hawaii Five-0** (S5)
3.00 **S.W.A.T.** 12/22. (S1)
4.00 **NCIS: New Orleans** (S7)
5.00 **SEAL Team** 3/14. (S5)
6.00 **Stargate SG-1** 11/22. Daniel and the crew try to rescue someone who successfully travelled through the Stargate 50 years earlier, but find themselves trapped. (S1)

8.00 **Agatha Raisin**

7.00 Stargate SG-1 *Bloodlines:* 12/22. Teal'c returns to Chulak to stop his son being enslaved by the Goa'uld. (S1)

8.00 Agatha Raisin *Agatha Raisin and the Fairies of Fryfam – Part One:* 3/6. A case of infidelity leads to murder.

9.00 Agatha Raisin *Agatha Raisin and the Fairies of Fryfam – Part Two:* 4/6. The investigation takes a dramatic turn. (S2)

10.00 Revival *Keeping Up Appearances:* 2/10. Dana begins an investigation that turns out to be too close to home. (S1)
11.00 **A League of Their Own Road Trip: Southeast Asia**
12.00 M'T **Hawaii Five-0** 6/25. (S5)
1.00 AM **An Idiot Abroad 3**
2.00 **Brassic** New episode 5/6. Davey ropes the gang into stealing a corpse. (S7)
3.00 **S.W.A.T.** 12/22. (S1)
4.00 **NCIS: New Orleans** (S7)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.55 **The Big Bake**
8.45 **Sam and Billie: Sister Act**
9.40 **The Only Way Is Essex**
10.20 **Real Housewives of Potomac**
11.15 **Real Housewives of New...**
12.05 PM **Dinner Date**
1.05 **Sam and Billie: Sister Act**
2.05 **The Only Way Is Essex**
3.05 **Real Housewives of Cheshire**
4.05 **Real Housewives of Potomac** New edition
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

6.00 **Celebrity Catchphrase**

7.00 Deal or No Deal Stephen Mulhern hosts as Rickie takes on the infamous Banker for the chance to win a cash prize.

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 Big Brother New edition A group of contestants live under 24-hour surveillance, hoping to win a cash prize.

10.00 Big Brother: Late & Live New edition AJ Odudu and Will Best present a companion show in front of a studio audience.
11.05 **Family Guy** 4/20. Peter and Lois are transported. (S19)
11.35 30/30. Stewie sees himself in the future. (S4)
12.05 AM **American Dad!** (S16&15)
1.05 **Extraordinary** 7/8. (S2)
1.35 **Deal or No Deal** As 7.00pm.
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **The Royal**
7.05 **Classic Emmerdale**
8.10 **Classic Coronation Street**
9.10 **Doc Martin** 1/8. (S8)
10.15 **The Royal** *Fear of the Expected.*
11.15 **Heartbeat** Double bill.
1.25 PM **Classic Emmerdale**
2.30 **Classic Coronation Street**
3.30 **Downton Abbey** 7/9. (S3)
4.40 **Doc Martin** 2/8. Louisa and Martin search for a nursery now that Janice has left. (S8)
5.50 **Heartbeat** *Home Sweet Home:* Blaketon uncovers sinister goings-on at a nursing home.

11.55 **Wire in the Blood**

6.55 Heartbeat *Old Masters:* Chaos erupts when it transpires that a collection of valuable Constable sketches has been stolen.

8.00 Vera *Home:* The detective investigates when a mother of two is found dead in her suburban garden – but the case is made more complex when the victim's estranged family put in an appearance.

10.00 Lewis *Counter Culture Blues:* The detective discovers his favourite rock band are on the verge of a comeback – but soon suspects they may be mixed up in the murder of an orphan.
11.55 Wire in the Blood 3/5. Tony investigates two copycat killings in which the victims have been raped and strangled. (S5)
1.45 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Home of the Year** Judges Anna Campbell Jones, Michael Angus and Kate Spiers are in central Scotland.
8.00 **This Farming Life** Ronnie and Pete prepare to compete at the Royal Highland Show.
9.00 **Debate Night** New edition Topical debate on the big issues affecting Scotland.
10.00 **River City** New episode Chris carries out his plan to impress Kelly-Marie.
10.30 **Gary: Tank Commander** 6/6. A fortune-teller makes a spooky Halloween prediction for Gary. (S3)
11.00 **Scotcast** New edition Topical discussion.
11.30 PM **to 12.00** M'T **The Trials That Shocked Scotland**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S4)
9.00 **The Conners** (S2)
10.00 **Sex and the City** (S2)
11.20 **Girls** 9&10/10. (S1)
12.30 PM **Will & Grace** (S4)
1.30 **Sex and the City** (S2)
2.40 **The Office (US)** (S5)
3.40 **The Conners** (S2)
4.30 **The Office (US)** (S5)
5.30 **Will & Grace** (S4)
6.30 **Ballers** 5&6/10. (S3)
7.45 **Sex and the City** 12/18. Miranda grows adventurous with her new boyfriend.
8.25 13/18. Guest stars Jon Bon Jovi. (S2)
9.00 **Nikki Glaser: Good Clean Filth** Stand-up/
10.15 **And Just Like That...** *Little Black Dress:* 2/10. Miranda and Charlotte come to Carrie's aid. (S1)
11.10 **Entourage** (S2)
12.15 AM **Girls** 8&9/10. (S4)
1.30 **Veep** 8&9/10. (S5)
2.50 **Curb Your Enthusiasm**
4.20 **to 5.00** AM **Silicon Valley**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Darbar Festival**
8.00 **Artist of the Year: Masterclass**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **André Rieu: Welcome to My World**
1.00 PM **Tales of the...**
2.00 **Charles Hazlewood: Beethoven & Me**
3.00 **Stories from the National Portrait Gallery**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Portrait Artist of the Year** New edition
9.00 **Portrait Artist of the Decade** With Judi Dench.
10.30 **Art Matters**
12.00 M'T **Ai Weiwei: Artivist**
1.10 AM **Decoding Turner**
3.05 **Sky Arts Book Club**
4.00 **Lenny Henry's Got the Blues**
5.00 **to 6.00** AM **Auction**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Nothing to Declare** Double bill.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S1)
5.00 **Stargate SG-1** (S9)
6.00 **Star Trek: Voyager** (S3)
7.00 **Star Trek: The Next Generation** *Remember Me:* 5/26. Beverly Crusher sees the crew vanish around her. (S4)
8.00 **Portrait Artist of the Year** New edition With Adjoa Andoh, Cat Burns and Clara Amfo.
9.00 **The Rookie** (S6)
11.00 **Grimm** 7/22. (S2)
12.00 M'T **Warehouse 13** (S1)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Rapid Response** Documentary.
3.00 **The Force: North East**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A team of five golfing buddies from Shropshire take part.
3.00 **Celebrity Wheel of Fortune** With guests Tom Allen, Michelle Visage and Eddie Kadi.
4.00 **Tenable** A team of five from Nottingham take part in the game show hosted by Warwick Davis.
5.00 **Deal or No Deal** Double bill of the game show hosted by Stephen Mulhern.
7.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
9.00 **Beat the Chasers** More hopefuls take on all of the Chasers.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.50 AM **Beat the Chasers**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Diagnosis Murder**
10.00 **Little House on the Prairie** 5&6/22. (S7)
12.00 NOON **Highway to Heaven** 1/24. (S4)
1.00 PM **Diagnosis Murder**
3.00 **Born and Bred** (S2)
4.05 **Down to Earth** (S3)
5.05 **Rumpole of the Bailey**
6.10 **Rising Damp** 7/7. (S1)
6.40 **The Fall and Rise of Reginald Perrin** (S2)
7.20 **Home to Roost** (S1)
7.50 **A Fine Romance** (S2)
8.20 **Dear John** 6/7. (S2)
9.00 **Randall and Hopkirk (Deceased)** 4/26. (S1)
10.00 **The Avengers** (S6)
11.00 **Rising Damp** 7/7. (S1)
11.30 **Man About the House**
12.00 M'T **M*A*S*H** (S2)
1.00 AM **Dear John** 6/7. (S2)
1.40 **The Fall and Rise of...**
2.20 **Home to Roost** (S1)
2.45 **A Fine Romance** (S2)
3.15 **Born and Bred** (S2)
4.05 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Wednesday

ITV4

120 124 118 26 117 21

6.00 AM **World of Sport**
6.20 **Kojak** Double bill.
8.25 **Magnum, PI** Double bill.
10.25 **BattleBots**
11.30 **Kojak** Double bill.
1.40 PM **Magnum, PI**
4.50 **The Saint** *The Man Who Gambled with Life:* An engineer hatches a plan to immortalise people by freezing them and bringing them back to life.
5.55 **American Pickers** Mike Wolfe and Frank Fritz search through a burnt-out warehouse and a collection of school buses.

10.00 Rambo III

7.00 **Gallagher PREM Unleashed** A round-up of action from the fourth round of fixtures, including Leicester Tigers v Bath.
8.00 **Ice Road Truckers** Hugh Rowland and Alex Debogorski compete for the highest number of loads delivered.
9.00 **Champions: Full Gallop** 1/6. At Cheltenham's November meeting, rival jockeys do battle in the David Power Jockey Cup.
10.00 FILM **Rambo III** Action adventure sequel starring Sylvester Stallone as the warrior on a rescue mission in Russian-occupied Afghanistan. (1987, 18, 101 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.05 AM **English Football League Highlights** Featuring Preston North End v Birmingham City.
1.00 **Wrestling: AEW Collision**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 18/22. (S2)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 6/26. (S3)
2.00 **Warehouse 13** 6&7/20. (S4)
4.00 **Star Trek: The Next Generation** 18/22. (S2)
5.00 **Stargate Atlantis** 16/20. (S5)
6.00 **Star Trek: Enterprise** 10/26. Hoshi's first experience of the transporter triggers a series of mysterious events. (S2)

2.00 Warehouse 13

7.00 **Star Trek: Deep Space Nine** *The Abandoned:* 6/26. A murderous alien infant is brought aboard the space station. (S3)
8.00 **Stargate Atlantis** *Brain Storm:* 16/20. Malcolm Tunney unveils a device to remove the threat of global warming. (S5)
9.00 **Grimm** 2/22. Part two of two. Nick and his mother continue their battle against Mauvais Dentes.
9.45 3/22. An old friend of Hank's searches for his missing daughter. (S2)
10.30 **Lovecraft Country** *Strange Case:* 5/10. Ruby experiences the perks of life as a white woman. (S1)
11.40 **The Leftovers** 1/10. In a New York community, the locals are coming to terms with the disappearance of two per cent of the world's population. (S1)
1.00 AM **Warehouse 13** (S4)
2.30 **Lovecraft Country** (S1)
3.40 **The Leftovers** As 11.40pm.
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown** As 10.00pm.
10.00 **The Mentalist** 20/24. (S3)
11.00 **Hudson & Rex** 12/16. (S1)
12.00 NOON **Body of Proof** (S3)
1.00 PM **Death in Paradise** (S11)
2.00 **Murdoch Mysteries** (S16)
4.00 **The Mentalist** 20/24. Jane deals with two robberies. (S3)
5.00 **Hudson & Rex** 12/16. Donovan's ex, a recovering addict, wakes up with blood on her hands and a dead roommate in her home. (S1)
6.00 **Father Brown** As 10.00pm

9.00 The Hunting Party

7.00 **Body of Proof** *Dark City:* 11/13. Philadelphia is plunged into darkness when a plane crashes into a power station. (S3)
8.00 **Shakespeare & Hathaway: Private Investigators** New episode 5/10. (S5)
■ Entire series on Box Sets
9.00 NEW SERIES **The Hunting Party** *Richard Harris:* 1/6. Crime drama starring Melissa Roxburgh. *See feature, page11.* (S1)
10.00 **Father Brown** *The Sands of Time:* Brenda finds love at the home of a clock collector, but she may have fallen for a killer.
11.00 **Evil** 3/10. Sister Andrea joins the team to fix a demonically possessed marriage. (S3)
12.00 M'T **White Collar** 12/16. (S4)
1.00 AM FILM **Wedding Planner Mystery** Crime drama. (2014, PG, 90min) ★★
2.40 **to 4.00** AM **CSI: Vegas**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
8.15 **Last of the Summer Wine**
9.40 **Hi-de-Hi!**
10.20 **Blackadder the Third**
11.00 **Last of the Summer Wine**
12.20 PM **My Hero**
1.00 **Keeping Up Appearances**
1.40 **Dad's Army**
2.20 **Blackadder the Third**
3.00 **Last of the Summer Wine**
4.20 **My Hero**
5.00 **Keeping Up Appearances**
5.40 **Hi-de-Hi!**
6.20 **Blackadder the Third**

11.00 Blackadder the Third

7.00 **Dad's Army** Jones misplaces £500 donated by local shopkeepers
7.40 **The Good Life** Margo's windbreak causes issues for Tom and Barbara.
8.20 Tom and Barbara get closer to nature than they intended when they both catch fleas.
9.00 **The Good Life** Barbara's last posh frock gets torn, plunging her into gloom.
9.40 Tom and Barbara consider a holiday after Margo and Jerry sow the seeds of a idea.
10.20 **Not Going Out** Tim puts the flat on the market after Kate's departure.
11.00 **Blackadder the Third** The new prime minister plots to bankrupt the Prince Regent.
11.40 **Neil & Martin's Bon Voyage**
12.40 AM **The Good Life** Double bill.
2.00 **Not Going Out** As 10.20pm.
2.30 **Toast of London** Double bill.
3.25 **to 4.00** AM **The Good Life**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gadget Man** Double bill.
8.00 **Special Ops: To Catch a Criminal** Double bill.
10.00 **Train Truckers** Double bill.
12.00 NOON **Storage Hunters UK**
2.00 PM **Extreme Salvage Squad**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Asian Adventure** Dave Myers and Si King are entertained by a geisha in Kyoto, Japan.
6.00 **Rick Stein: From Venice to Istanbul** The seafood chef explores the traditional cuisine of northern Greece.

9.00 QI XL

7.00 **Would I Lie to You?** With Babatunde Aléshé, Mike Bubbins, Jessica Knappett and Claudia Winkleman.
7.40 **Richard Osman's House of Games** With Thanyia Moore and Kaye Adams.
8.20 With Ruby Bhogal, Ed Byrne, Ingrid Oliver and Matthew Pinsent.
9.00 **QI XL** Sandi Toksvig, Aisling Bea and Susan Calman join regular panellist Alan Davies and host Stephen Fry.
10.00 **Have I Got a Bit More News for You** Clive Myrie hosts the satirical quiz show, with guests Camilla Long and Miles Jupp.
11.00 **8 Out of 10 Cats** With Tom Allen, Maya Jama, Richard Osman and Catherine Bohart.
12.00 M'T **Mock the Week** With Rhys James and Ahir Shah.
12.40 AM **Would I Lie to You?**
2.00 **to 4.00** AM **Release the Hounds**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Find It, Fix It, Flog It**
10.00 **Help! We Bought a Village** From Normandy.
11.00 **A New Life in the Sun**
12.00 NOON **Kirstie and Phil's Love It or List It**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **Four in a Bed**
6.00 **Kirstie and Phil's Love It or List It**
7.00 **Food Unwrapped**
7.45 **The Great British Bake Off** Dessert Week.
9.00 **24 Hours in A&E** Efforts are made to save a man's leg from amputation.
10.00 **Grand Designs: Deconstructed** Behind-the-scenes of the home-building series.
10.35 **Gogglebox: 10 Year Anniversary Special**
12.05 AM **Gogglebox**
1.05 **Celebrity Gogglebox**
2.05 **Worlds Apart**
3.10 **Taskmaster**
4.05 **to 5.00** AM **Kirstie and Phil's Love It or List It**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 9-11/24. (S12)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Neverland:* 24/24. Dorneget's CIA officer mother Joanna Teague joins the fight against The Calling. (S12)
7.00 *Stop the Bleeding:* 1/24. Gibbs fights for his life on board a US Navy hospital ship after being shot.
8.00 *Personal Day:* 2/24. Gibbs calls on the team to assist DEA Agent Luis Mitchell to bring down a drug dealer. (S13)
9.00 **Criminal Minds** *Starter Home:* 2/15. The mummified remains of numerous victims are found in the walls of an old couple's home. (S14)
10.00 **Law & Order: Special Victims Unit** (S24&23)
1.50 AM **Person of Interest**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **The Hotel Inspector**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Trauma Room One** New edition A woman arrives in a critical condition after a stroke.
10.00 **999: Critical Condition**
11.00 **Killer at the Crime Scene** The murder of Sasha Marsden.
12.00 M'T **Banged Up Abroad**
1.00 AM **Casualty 24/7: Every Second Counts**
2.00 **GPs: Behind Closed Doors** Medical series.
2.50 **Home and Away**
3.35 **to 4.00** AM **Highway Patrol**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Motorway Patrol**
9.40 **Trucking Hell**
10.40 **Traffic Cops**
11.40 **Police Interceptors**
1.35 PM FILM **Beyond the Law** Spaghetti Western starring Lee Van Cleef. (1968, 12, 90min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** Triple bill, including at:
8.00 Jaffa spots a car speeding through town without its lights on.
9.00 **World's Deadliest Weather: Caught on Camera** Acapulco is hit by Hurricane Otis.
10.00 **Seconds from Death: Caught on Camera**
11.00 **Scam City**
12.00 M'T **MacGyver** (S3)
1.00 AM **Extreme Winter Road Rescue**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Nick Knowles' Big House Clearout**
7.00 **Tipping Point**
10.00 **Property Brothers: Forever Homes**
1.00 PM **Tipping Point**
4.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition The judges and contestants swap places, as Andy, Poh and Jean-Christophe don their aprons.
8.10 **The Secret World of Posh Pets** Double bill.
9.10 **One Born Every Minute** Featuring a Venezuelan mother-to-be and her Lithuanian husband.
10.10 **Pete Wicks: For Dogs' Sake** Documentary.
11.10 **Bradford on Duty**
12.30 AM **Inside the Ambulance**
1.00 **Interior Design Masters with Alan Carr**
2.15 **to 3.00** AM **Amanda & Alan's Italian Job**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.35 AM **Soldier, Soldier**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **Monarch of the Glen**
4.20 **London's Burning**
5.25 **The Upper Hand**
6.00 **Terry and June**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Chelsea Detective**
9.00 **A Remarkable Place to Die** Series finale *Public Displays of Affection – Part Two:* 8/8. Lumiere's arm, missing since the explosion, turns up. (S1)
■ Entire series on U
10.00 **New Tricks**
11.20 **Spooks** 6/6. (S10)
12.40 AM **Lovejoy**
1.40 **The Upper Hand**
2.20 **Terry and June**
2.55 **to 4.00** AM **Hotel Portofino**

+1 hr 243 316 60 260

WEDNESDAY Entertainment

Wednesday

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** In East Sussex.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
2.00 **Money for Nothing**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** Serhat Ahmet and Catherine Southon start the final lap of their race. **8.00** Margie Cooper and Paul Martin search for bargains in Somerset.
9.00 **The Great British Sewing Bee** Inserting an invisible zip on a pair of palazzo pants.
10.30 **Adam Richman Eats Britain** In Sandwich.
11.00 **Dr Pimple Popper**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Double bill.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room** Five dealers compete over a pair of pedal cars. **6.00** Items include an old French hairdryer.
7.00 **The Chase Celebrity Special** With guests Michael Parr, Alex Scott, Jennifer Metcalfe and Bill Turnbull.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill.
12.00 M'T **The Chase**
4.00 AM **The Crystal Maze**
5.00 **to 6.00** AM **Bullseye**

Great! Action
323 319 426 42 33

9.10 AM **Tombstone Territory**
10.10 **FILM Cripple Creek** Western adventure. (1952, U, 77min) ★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM **FILM Return of Sabata** Western. (1971, 15, 107min) ★
3.30 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!** (S1)
7.00 **The Avengers** (S5)
8.00 **The New Avengers**
9.00 **FILM November Man** Espionage thriller starring Pierce Brosnan. (2014, 15, 108min) ★★★
11.20 **FILM Stratton** Thriller. (2017, 15, 94min) ★★
1.20 AM **The Avengers** (S5)
2.20 **The New Avengers**
3.20 **Cops Uncut** Double bill.
4.10 **to 5.40** AM **FILM Collision Earth** Drama. (2020, 12, 90min) ★
+1 hour 324

Great! Mystery
321 318 425 50 48

7.10 AM **FILM Dating to Kill** Thriller. (2019, 12) ★★
9.10 **Murder, She Wrote**
10.10 **Unforgettable** (S2)
11.10 **Castle** 1/24. (S3)
12.10 PM **FILM Aurora Teagarden Mysteries: Heist and Seek** Thriller. (2020, PG, 84min) ★★
2.05 **FILM Aurora Teagarden Mysteries: Reunited and It Feels So Deadly** Thriller. (2020, PG) ★★
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 2/24. (S3)
8.00 **Unforgettable** (S2)
9.00 **Ruth Rendell Mysteries**
11.20 **Hart to Hart**
1.15 AM **FILM Burning Lies** Thriller. (2021, PG) ★★
2.55 **FILM The Terrorist Next Door** (2008, PG) ★★
4.25 **to 5.50** AM **FILM My Stepfather's Secret** Thriller. (2019, 12) ★★
+1 hour 322

Great! Christmas
319 317 424 52 47

8.00 AM **FILM Spotlight on Christmas** (2020) ★★
10.05 **FILM Grounded for Christmas** (2019) ★★
11.55 **FILM Road to Christmas** Drama. (2018, U) ★★
2.00 PM **FILM Christmas at Graceland** Drama. (2018, PG, 85min) ★★
3.55 **FILM Christmas at Graceland: Home for the Holidays** Comedy. (2019, U, 84min) ★★
6.00 **FILM Fixing Up Christmas** Romance. (2021, PG, 85min) ★
8.00 **FILM The Christmas Club** Romantic comedy. (2019, U, 100min) ★★
9.55 **FILM The Santa Squad** Drama. (2020, PG) ★★
11.55 **FILM Christmas in the Air** (2017, PG) ★★
1.45 AM **FILM All I Want for Christmas** Fantasy. (2013, PG, 88min) ★★
3.20 **to 4.50** AM **FILM Christmas at Graceland**
+1 hour 320

Rewind TV
182 81 141

6.00 AM **Highlights**
10.30 **Bewitched** 6/36. (S1)
11.00 **In Loving Memory** (S5)
11.30 **Doctor in the House**
12.00 NOON **Carry On...**
12.30 PM **You're Only Young Twice** 1/7. (S4)
1.00 **FILM Up in the World** (1956, b/w, U) ★★★
2.50 **We Had One of Those**
3.00 **Bramwell** 1/10. (S3)
4.00 **Born Free** 6/13. (S1)
5.00 **A Sharp Intake of Breath** 1/6. (S4)
5.30 **In Loving Memory** (S5)
6.00 **Don't Drink the Water**
6.30 **Carry On Laughing** (S1)
7.00 **Blue Thunder** (S1)
8.00 **Bramwell** 1/10. (S3)
9.00 **Dark Skies** 16/20. (S1)
10.00 **Brass** 9/13. (S2)
10.30 **Stereo Underground**
11.30 **Mysterious Tales**
11.35 **Don't Drink the Water**
12.05 AM **FILM The Legend of Boggy Creek** (1972) ★★
1.35 **Auto Rewind**
1.50 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **LIVE Snooker: Northern Ireland Open** Coverage from the second round at Waterfront Hall, Belfast
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Maine Cabin Masters** New editions The team transform the Monmouth Fire Station into a museum and deal with a messy demo. **10.00** Ryan and Ashley buy a rundown camp on their own island.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**
+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Jamie's Great Britain**
7.00 **Paul Hollywood: City Bakes** In Antwerp.
8.00 **The Pioneer Woman**
9.00 **Jamie's Comfort Food**
10.00 **Tom Kerridge's American Feast**
11.00 **Great British Bake Off**
1.00 PM **James Martin's American Adventure**
2.00 **James Martin's Mediterranean**
3.00 **Paul Hollywood: City Bakes** In Antwerp.
4.00 **The Pioneer Woman**
5.00 **Jamie's Comfort Food**
6.00 **Tom Kerridge's American Feast**
7.00 **Great British Bake Off**
9.00 **Hairy Bikers Go West** Exploring River Severn.
10.00 **Hairy Bikers Go Local**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**
+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 28/28. (S1)
9.00 **The Fall Guy** 9/22. (S5)
10.00 **Charlie's Angels** (S2)
11.00 **FILM 7 Guardians of the Tomb** Sci-fi drama. (2018, 12, 90min) ★★
1.00 PM **FILM Billy the Kid v Dracula** Horror Western. (1966, PG, 73min) ★
2.25 **FILM Bite the Bullet** Adventure. (1975, PG, 131min) ★★★★
5.00 **Star Trek** 12/26. (S2)
6.00 **Charlie's Angels** (S2)
7.00 **The Fall Guy** (S5)
8.00 **Walker, Texas Ranger**
9.00 **FILM How I Spent My Summer Vacation** Crime thriller. (2012, 15, 92min) ★★★★
10.55 **FILM Hitmen** Thriller. (2023, 15, 109min) ★★
1.05 AM **FILM Fighting Back** Crime action thriller. (1982, 15, 98min) ★★
3.00 **to 4.50** AM **FILM Precious Cargo** Thriller. (2016, 15, 87min) ★★

Legend Xtra
317 316 171 69 138 51

6.00 AM **The Gambler: The Adventure Continues**
8.00 **FILM Above Us the Waves** Drama. (1955, b/w, U, 99min) ★★★
10.00 **Andromeda** 5/22. (S3)
11.00 **FILM Apocalypse Pompeii** Disaster movie. (2014, 15, 87min) ★
1.00 PM **FILM Meteor Moon** Sci-fi adventure. (2020, PG, 80min) ★★
3.00 **Andromeda** 5/22. (S3)
4.00 **Six Million Dollar Man**
5.00 **The Gambler: The Adventure Continues**
7.00 **Andromeda** 6/22. (S3)
8.00 **Six Million Dollar Man**
9.00 **FILM First Kill** Thriller starring Bruce Willis and Hayden Christensen. (2017, 15, 97min) ★★
11.00 **FILM Split Second** Futuristic horror thriller starring Rutger Hauer. (1991, 18, 90min) ★
1.00 **to 3.00** AM **FILM First Kill** As 9.00pm.
+1 hour 318 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.35 **Auction Hunters**
8.00 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Mega Disasters**
11.10 **Curse of Oak Island**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Junk and Disorderly**
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **UFOs: Lost Evidence**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **What on Earth?**
10.00 **UnXplained: Mysteries of the Universe**
11.00 **World's Most Unexplained...**
12.00 M'T **Secrets in the Jungle** Documentary.
1.00 AM **UFOs: Lost Evidence**
2.00 **Ancient Aliens**
3.45 **Court Cam** Double bill.
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **Cruising with Jane McDonald** Double bill.
11.00 **Scotland's Most Scenic Railway Journeys**
12.00 NOON **Ben Fogle: New Lives in the Wild**
1.00 PM **Portugal with Michael Portillo**
2.00 **Murder, She Wrote**
3.00 **Columbo**
4.50 **Britain's Greatest Bridges** Documentary.
5.00 **World's Most Scenic Railway Journeys**
6.00 **The City Under the Sea: Drain the Oceans**
7.00 **Nazi Megastructures**
8.00 **Ben Fogle: New Lives in the Wild** From Bulgaria.
9.00 **Michael Portillo's Sicily**
10.00 **Lost in the Desert with Nick Knowles**
11.00 **Prisoner: Cell Block H**
1.00 AM **Cruising with Jane McDonald**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **My Dream Derelict Home in the Sun**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Escape to the Country**
9.00 **Home Town Takeover** New edition Dave and Jenny Marrs focus on a young couple with a trendy clothing business.
10.00 **Renovation Aloha** New edition Kamohai and Tristyn tackle the last three units of the Kalama Street compound.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **Say Yes to the Dress: Atlanta** Double bill.
12.00 NOON **My 600lb Life**
2.00 PM **Return to Amish**
3.00 **Outdaughtered: Busby Quints** Double bill.
5.00 **Little People, Big World**
6.00 **My 600lb Life**
8.00 **Dr Pimple Popper** Robert has thousands of bumps on his arms that Dr Lee has never seen.
9.00 **The Face Doctors** Leo has become isolated since losing his left eye.
10.00 **Body Bizarre**
11.00 **My Extreme Excess Skin**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Cheapskates**
2.00 **Body Bizarre**
3.00 **My Extreme Excess Skin**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Flip or Flop**
+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Impractical Jokers**
9.00 **Everybody Loves Raymond** (S5)
11.00 **Spin City** 7-10/26. (S3)
1.00 PM **Friends** (S3&4)
7.30 **Friends** 13/24. Rachel develops a crush. **8.00** 14/24. Chandler visits a strip club. **8.30** 15/24. Chandler's ex-girlfriend turns up out of the blue. (S4)
9.00 **Bradley & Barney Walsh: Breaking Dad**
10.00 **8 Out of 10 Cats Uncut**
10.50 **Iain Stirling's Roast the Internet**
11.50 **Whose Line Is It Anyway? USA**
12.20 AM **Spin City** 8/26. (S3)
12.50 **South Park** (S28&23)
2.50 **Beavis and Butt-Head**
3.05 **Tom Allen Absolutely Live** Stand-up comedy.
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Impractical Jokers**
7.00 **Teleshopping**
9.00 **Criminally Funny**
10.30 **Most Ridiculous**
11.00 **Friends** 1-4/18. (S10)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.30 **Takeshi's Castle**
4.00 **Most Ridiculous**
5.00 **Everybody Loves Raymond** (S5)
7.00 **Spin City** 7/26. Mike makes a discovery. **7.30** 8/26. Stuart loses an Olympic torch-bearer. **8.00** 9/26. Carter tries to prove his youth. **8.30** 10/26. (S3)
9.00 **South Park** (S15&9)
12.00 M'T **Beavis and Butt-Head** (S4)
2.00 AM **Whose Line Is It Anyway? USA**
2.30 **Spin City** 8/26. (S3)
3.00 **Teachers** 11&12/20. (S2)
3.45 **Drunk History**
4.30 **Out of Order**
5.15 **to 6.00** AM **Guessable?**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
9.00 **Freddie Fries Again**
10.00 **The Rookie: Feds** (S1)
11.00 **911 Crisis Centre**
12.00 NOON **Paramedics Australia** Documentary.
1.00 PM **Motorway Patrol**
2.00 **Bondi Rescue**
3.00 **The Swarm** 3/8. (S1)
4.00 **Motorway Patrol**
5.00 **Air Ambulance ER**
6.00 **SEAL Team** 11&12/16. Double bill. (S4)
8.00 **The Rookie: Feds** (S1)
9.00 **The Force: North East**
11.00 **The Swarm** 3/8. (S1)
12.00 M'T **The Russell Howard Hour**
1.20 AM **A League of Their Own** With Jamie Vardy.
2.10 **Duck Quacks Don't Echo** Lee Mack hosts.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **Teen Mom Australia**
6.25 **Teen Mom UK**
7.10 **Teen Mom UK: Next Generation**
8.00 **Catfish: The TV Show**
9.00 **Catfish: The Dramatic**
10.00 **Catfish: The TV Show**
1.00 PM **Catfish: Love Triangles** Reality series.
2.00 **Catfish: The TV Show**
4.00 **Help! I'm in a Secret Relationship!**
6.00 **Catfish UK**
7.00 **Teen Mom 2**
8.00 **The Hills: New Beginnings** Reality show.
9.00 **My Lover, My Killer**
10.00 **Caught in the Act: Double Life** New edition
11.00 **Disaster Date** New editions Double bill.
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **The Challenge**
2.00 **Ink Master**
2.45 **Geordie OGs**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Wheeler Dealers World Tour**
8.00 **Barnwood Builders**
9.00 **Gold Rush**
11.00 **Wheeler Dealers**
1.00 PM **Gold Divers** Double bill.
3.00 **Alaska: Homestead Rescue** The Raneys revive a Wyoming homestead with a tragic legacy.
5.00 **Moonshiners** The Maggie Valley trio scour the scrapyards for a stolen copper still.
6.00 **Hoffman Family Gold** Ice sets in early, threatening to freeze the operation.

9.00 Wheeler Dealers World...

7.00 **Wheeler Dealers** After years of searching, Mike hass found the ultimate 1980s hot hatch – the Renault 5 GT Turbo.

8.00 **Combat Dealers** At Biggin Hill, London, Bruce Crompton views a collector's haul of World War Two Spitfires.

9.00 **Wheeler Dealers World Tour** New edition In Barcelona, Mike and Elvis attempt to restore a SEAT 600.

10.00 **Bitchin' Rides: Road to the Ridler** New edition The team members start assembling panels into the shape of a car.

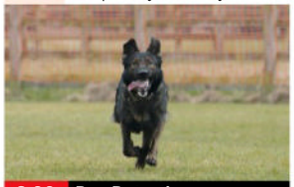
11.00 **How the Universe Works** New discoveries surrounding dark matter and energy.
12.00 M'T **Blowing Up History**
1.00 AM **Wheeler Dealers World Tour** As shown at 9.00pm.
2.00 **Bitchin' Rides: Road to the Ridler** As shown at 10.00pm.
3.00 **to 5.00** AM **Deadliest Catch**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Insane Pools: Off the Deep End**
9.00 **Louisiana Law**
10.00 **Tanked** With Anthony Davis.
11.00 **Animal Cops Philadelphia**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **Insane Pools: Off the Deep End** Double bill.
5.00 **Lone Star Law** The wardens find a new home for a bobcat.
6.00 **Dr Jeff: Rocky Mountain Vet** A German shepherd has head injuries after being trampled by a donkey.



8.00 Dog Detectives

7.00 **Treehouse Masters** Pete Nelson designs private treetop escapes for those who wish to reconnect with nature.

8.00 **Dog Detectives** In Merseyside, PC Bartley and his dog Chico are involved in a high-speed car chase.

9.00 **Alaska: The Last Frontier** The Kilchers show off the upgrades they have made to the homestead for Thanksgiving.

10.00 **Mountain Monsters** The team members look for a bear-like creature known as the Silver Giant in Boone County.

11.00 **Pit Bulls & Parolees** A look at the dogs that had a major impact on Tia's family and the parolees who helped them.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Dog Detectives**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Philadelphia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Rocky Mountain Railroad**
9.00 **Air Crash Investigation**
11.00 **Air Crash Investigation: Special Report**
12.00 NOON **Car S.O.S** Double bill.
2.00 PM **World War II: Secrets from Above** Double bill.
4.00 **Inside Melbourne Airport**
5.00 **Car S.O.S** Fuzz Townshend and Tim Shaw secretly restore a Daimler SP250 'Dart.'
6.00 **Lost Treasures of Egypt** New evidence about the reign of Egypt's most powerful king, Ramses the Great.

8.00 Killing Hitler

7.00 **Air Crash Investigation** Indonesian investigators must determine why a Boeing 737 Max 8 plunged into the Java Sea.

8.00 **Killing Hitler** Series finale A small group of people risk their lives in order to plot the assassination of Hitler.

9.00 **Nazi Megastructures** Exploring an aircraft factory, a torpedo test facility and the world's most advanced jet bomber.

10.00 **Top Guns: The Next Generation** The students face their final test in a head-to-head fight against their instructors.

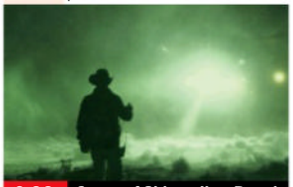
11.00 **Air Crash Investigation**
1.00 AM **Airport Security: Rome**
2.00 **To Catch a Smuggler** HSI busts a notorious dark web trafficker in France.
2.30 **Bid & Destroy** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Irish Pickers**
6.55 **American Pickers**
7.50 **Storage Hunters**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
1.00 PM **Curse of Skinwalker Ranch** Documentary.
2.00 **Beyond Skinwalker Ranch**
3.00 **Killer Kings** Herod the Great.
4.00 **Storage Hunters**
5.00 **Canadian Pickers** Sheldon spots a solid brass ship wheel.
6.00 **American Pickers** The Wolfe brothers sift through a rockstar picker's off-limits collection.



9.00 Curse of Skinwalker Ranch

7.00 **Forged in Fire** Bladesmiths forge a fantasy blade from a meteorite and Attila the Hun's Sword of Mars.

8.00 **Storage Wars** New edition Ivy takes an opportunity to practice his dart game, as the buyers head to Riverside.

9.00 **Curse of Skinwalker Ranch** New edition A complex laser experiment leads to a shocking encounter.

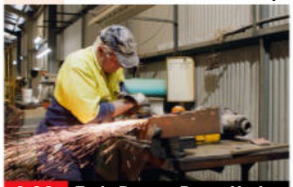
10.00 **Beyond Skinwalker Ranch** New edition Andy and Paul continue investigations at Mount Shasta in California.

11.00 **Secrets in the Ice** Uncovering the remains of a boy buried in the frozen Siberian landscape.
12.00 M'T **Evil Encounters** How the spirits of the dead are trapped in the wilderness of Earth.
12.55 AM **Storage Wars**
1.50 **Curse of Skinwalker Ranch**
2.50 **Canadian Pickers**
3.40 **Pawn Stars** Documentary.
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys** Double bill.
8.00 **Bangers & Cash**
10.00 **Secret Nazi Bases**
11.00 **The Great War in Numbers**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Secret Nazi Bases** A network of Nazi bunkers buried in the Hague tells the story of the greatest battle that never was.
5.00 **The Great War in Numbers** The key events of 1916.
6.00 **Antiques Roadshow** From Senate House in Bloomsbury.



9.00 Train Rescue Down Under

7.00 **This World: Cuba with Simon Reeve** Exploring how economic liberalisation has affected Cubans and their society.

8.00 **Train Truckers** A legendary diesel locomotive must be hauled over 40 miles ready for a diesel gala.

9.00 **Train Rescue Down Under** New edition The busy SCT maintenance team in Melbourne expect the unexpected every day.

10.00 **Bangers & Cash** Derek picks up a Ford Zodiac Farnham Estate, while Dave visits the Midlands to collect a Triumph Toledo.

11.00 **Bangers & Cash** Mathewsons agree to sell tractors and a vintage threshing machine.
12.00 M'T A Moskvitch finds a loving home with a fan of Eastern Bloc classics.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **This World: Cuba with Simon Reeve**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Salvage Hunters: Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **The Yorkshire Auction House** A man raises money to adapt a house for his ill wife's needs.
9.00 Angus visits a home with a pub in it, filled with over 160 jugs.
10.00 Angus helps a woman fund her elderly mum's care.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Lancashire**
8.00 **Say Yes to the Dress**
10.00 **Say Yes... Atlanta**
11.00 **Forensic Detectives**
12.00 NOON **Love, Honor, Betray** True-crime.
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **Disappeared**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV** The case of Maple Batalia.
9.00 **American Monster**
10.00 **The Killer in My Family**
11.00 **Murder on CCTV**
12.00 M'T **Murder of Sarah Everard: A Faking It Special** Documentary.
1.00 AM **The Murder of Arthur Labinjo-Hughes: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Britain's Countryside Killers** Sian O'Callaghan vanishes from a Swindon nightclub.
8.00 **Murder by the Sea** Detectives piece together the truth behind Carole Packman's disappearance.
9.00 **48 Hours** Prominent LA therapist Amie Harwick is murdered.
10.00 **Murder: Point of Contact** New edition A 16-year-old was fatally stabbed over 20 times in London on his way home in 2013.
11.00 **Snapped: Killer Couples**
12.00 M'T **A Secret to Die For**
1.00 AM **48 Hours**
2.00 **Murder: Point of Contact** As 10.00pm.
3.00 **Murder by the Sea**
4.00 **to 5.45** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Killers: Caught on Camera** Double bill.
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Killers: Caught on Camera** Double bill.
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives**
7.00 **Judge Judy** A landlord is accused of taking sides in a domestic dispute.
7.25 A woman allows her brother to rent-to-own her home but then decides to move back in and sue him for rent.
7.50 A man demands payback for a business loan from a woman.
8.15 A 19-year-old sues her ex-boyfriend for allegedly holding her against her will.
8.40 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **The Force: Manchester**
8.00 **Motorway Patrol**
9.00 **Caught on Dashcam**
10.00 **Killer in My Village**
11.00 **Catching the Killer**
12.00 NOON **How I Caught the Killer** True-crime.
1.00 PM **Britain's Most Evil...**
2.00 **Killer in My Village**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Murdered at First Sight**
7.00 **Britain's Most Evil Killers**
8.00 **World's Most Evil Killers**
9.00 **Killer in My Village** New edition The case of Kerry Woolley.
10.00 **How I Caught the Killer**
11.00 **Murder Uncut**
12.00 M'T **Murdered at First...**
1.00 AM **How I Caught the...**
2.00 **Killer in My Village**
3.00 **Murdered at First Sight**
4.00 **Border Security USA**
5.00 **to 6.00** AM **Brit Cops**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Full Steam Ahead**
9.55 **D-Day Remembered**
11.00 **Pirates: Behind the Legends** As 8.20pm.
12.00 NOON **Spy Ops**
1.00 PM **Full Steam Ahead**
2.20 **D-Day Remembered**
3.20 **Pirates: Behind the Legends** As 8.20pm.
4.20 **Spy Ops** As 9.20pm.
5.20 **Grand Tours of the Scottish Islands**
6.00 **Full Steam Ahead**
7.15 **D-Day Remembered**
8.20 **Pirates: Behind the Legends** A pirate who became a Corsair for the Ottoman Empire.
9.20 **Spy Ops** MI6 retrieves a Soviet double agent.
10.20 **D-Day Remembered: Minute by Minute**
11.25 **Grand Tours of the Scottish Islands**
12.00 M'T **Pirates: Behind the Legends** As 8.20pm.
1.00 **to 2.00** AM **Grand Tours**

WEDNESDAY

Wednesday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Story of Late Night**
7.00 **Discovering: Ralph Fiennes**
8.00 **The Directors**
9.00 **The 2010s**
10.00 **The Vow**
11.00 **Ren Faire**
12.00 NOON **Laurel and Hardy: Their Lives and Magic**
2.00 PM **Faye**
3.50 **My Icon: Pam Cookey**
4.00 **Discovering: Ralph Fiennes**
5.00 **The Directors**
6.00 **The 2010s**
7.00 **The Vow** 3/9. Sarah tells Mark about a secret women's group.
8.00 **Black Widow** 2/3. Investigating the crimes of Dena Thompson.
9.00 **Super/Man: The Christopher Reeve Story** A profile of the actor, who rose to fame in the 1978 film *Superman*.
11.00 **I Am Heath Ledger**
12.50 AM **The Story of Late Night**
1.40 **AKA Mr Chow**
3.30 **The Unbreakable Tatiana Suarez** Documentary about the mixed martial artist.
5.00 **to 6.00** AM **Discovering: Ralph Fiennes**

Sky Nature

145 113/114 189 354 369

6.00 AM **Arctic Secrets**
7.00 **Monkey Life** Double bill.
8.00 **Tales from Zambia**
9.00 **Orangutan Jungle School**
10.00 **Wildlife ER** As 4.00pm.
11.00 **Deep Dive Australia**
12.00 NOON **Waterworld Africa**
1.00 PM **Monkey Life** Double bill.
2.00 **Tales from Zambia**
3.00 **Orangutan Jungle School**
4.00 **Wildlife ER** The clinic deals with the aftermath of a flood.
5.00 **Hope for Wildlife**
6.00 **Waterworld Africa**
7.00 **Monkey Life** Double bill.
8.00 **Undiscovered Vistas**
9.00 **Arabian Seas** The creatures found in Arabia's coral reefs.
10.00 **Waterworld Africa** The importance of the wetlands.
11.00 **Hope for Wildlife**
12.00 M'T **Deep Dive Australia**
1.00 AM **Arctic Secrets**
2.00 **Undiscovered Vistas**
3.00 **Arabian Seas** As 9.00pm.
4.00 **Tales from Zambia**
5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

6.00 AM **Mysteries Unearthed with Danny Trejo**
7.00 **History's Greatest Myths**
8.00 **The Proof Is Out There**
9.00 **WWII Lost Films**
11.00 **Ancient Aliens** Double bill.
1.00 PM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Digging for Britain**
4.00 **Mysteries Unearthed with Danny Trejo**
5.00 **History's Greatest Myths**
6.00 **The Proof Is Out There**
7.00 **WWII Lost Films** Double bill.
9.00 **Lost Worlds** Hitler's ambitious plan for a new Germany.
10.00 **History's Crazy Rich Ancients** The world of three rich ancients who built some of the largest, most luxurious palaces ever known to man. **10.30** Wealthy people's planning for their final resting places.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Digging for Britain**
4.00 **Auction Hunters** Double bill.
5.00 **to 6.00** AM **Combat Ships**

Crime+Investigation

156 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Judge Rinder** Real-life cases.
10.00 **Buried in the Backyard**
11.00 **Motive to Murder**
12.00 NOON **Meet, Marry, Murder**
1.00 PM **Accident, Suicide or...**
2.00 **Judge Rinder** Real-life cases.
3.00 **Murder Detective**
4.00 **Murdertown** Molly McLaren.
5.00 **When Missing Turns to Murder**
6.00 **Murder by Medic**
7.00 **Green Eyed Killers**
8.00 **Accident, Suicide or Murder?** New edition Documentary.
9.00 **Bodies in the Barrels**
10.00 **Secrets of Celebrity Sex Tapes** New edition Backlash to Farrah Abraham's sex tape.
11.00 **Look What You Made Me Do**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Bodies in the Barrels**
2.00 **Murder by Medic**
3.00 **Secrets of Celebrity Sex Tapes**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the Backyard**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Fish Tank Kings**
10.00 **Shark Men** Documentary.
11.00 **The Wild Life of Dr Ole**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Diary of a Teen Leopard**
3.00 **Fish Tank Kings**
4.00 **Secrets of the Zoo**
5.00 **Ice Road Rescue**
6.00 **Snakes in the City**
7.00 **Python Invasion** A 13ft python loose in the Everglades.
8.00 **Day of the Dragon** The challenges facing the world's biggest lizards on Rinca island.
9.00 **Perfect Predator** Exploring how sharks have evolved to be the perfect predator.
10.00 **Lawless Island** Matt, Sam and Carl try to ensure the seaworthiness of Matt's home.
11.00 **Ice Road Rescue**
12.00 M'T **Something Bit Me**
1.00 AM **Swamp Men**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet** Neutering a camel.
4.00 **to 5.00** AM **Africa's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **Planes That Changed the World** As shown at 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Planes That Changed the World** A look at pioneering aircraft, beginning with the DC3, the rigorously tested twin-engine passenger airliner.
9.00 **Secrets Underground**
10.00 **How Do They Do It?** How Australia's 80 million sheep are sheared every spring. **10.30** Bras designed with aerospace technology.
11.00 **Massive Engineering Mistakes**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **999 Rescue Squad**
3.00 PM **999 Rescue Squad** A car crash victim has to be put into an induced coma at the roadside. **4.00** A 21-year-old man shot twice in the chest.
5.00 **Doctor Who** *The Ambassadors of Death – Part Four:* 15/25. The Doctor suspects Taltalian. **5.30** *The Ambassadors of Death – Part Five:* 16/25. The Doctor takes *Recovery 7* back into space to search for the missing astronauts. **6.00** *The Ambassadors of Death – Part Six:* 17/25. The Doctor speaks with the alien captain and is kidnapped. **6.30** *The Ambassadors of Death – Part Seven:* 18/25. The Brigadier must rescue the Doctor and Liz. (S7) **7.05** *The Claws of Axos – Part One:* 11/25. A lethal parasite arrives with the Master. (S8)
7.35 **Doctor Who**
2.05 AM **Doctor Who**
5.20 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Murder Comes to Town**
9.00 **The Perfect Murder**
11.00 **American Monster**
12.00 NOON **Evil Lives Here**
1.00 PM **Faking It: Tears of a Crime**
3.00 **American Monster**
4.00 **Evil Lives Here**
5.00 **The Killer in My Family**
7.00 **Disappeared** Investigators search for critical clues that help uncover a disappearances. **8.00** A 27-year-old Navajo woman goes missing in Albuquerque, New Mexico.
9.00 **Cabin in the Woods** A young woman cosies up with her new boyfriend at his remote cabin, but when he reveals his violent side, she must fight to survive.
10.00 **American Detective with Lt Joe Kenda** Detective Freitas outsmarts a killer who maintained a decade-long lie.
11.00 **The Interrogator**
12.00 M'T **Real Time Crime**
2.00 AM **The Killer in My Family**
4.00 **to 6.00** AM **Disappeared**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Incredible Engineering Blunders: Fixed**
7.00 **Texas Metal** A 2020 Denali.
8.00 **Motor Pickers** Double bill.
9.00 **Kindig Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Kindig Customs**
4.00 **Richard Hammond's Workshop**
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers** Double bill.
7.00 **Shed and Buried**
8.00 **Richard Hammond's Workshop** Double bill.
10.00 **Kindig Customs** A beat-up truck arrives, and the team will have their work cut out with it.
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Richard Hammond's Workshop** Motoring series.
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Twin Turbos**

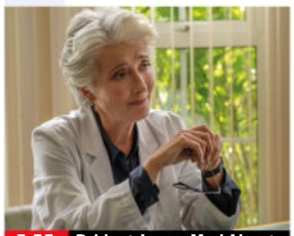
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.15 AM **Code 3** As 1.25am.
8.10 **Lake George** As 11.20pm.
10.15 **Juliet & Romeo** Musical. (2025, 12, 122min) ★★★
12.25 PM **Novocaine** Action comedy starring Jack Quaid. (2024, 15, 80min) ★★★
2.25 **Black Bag** As 8.00pm.
4.10 **Ick** As shown at 9.40pm.
5.55 **Bridget Jones: Mad About the Boy** Romantic comedy sequel with Renée Zellweger. (2024, 15, 125min) ★★★★



5.55 Bridget Jones: Mad About...

8.00 Black Bag Espionage thriller starring Michael Fassbender and Cate Blanchett. When a spy is suspected of treason, her husband faces the ultimate test. With Tom Burke. (2024, 15, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

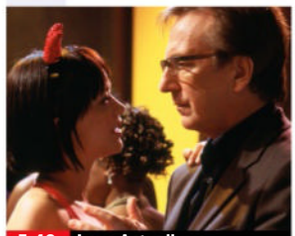
9.40 Ick Dark sci-fi comedy starring Brandon Routh. A science teacher's life changes when he reconnects with his first love and suspects a new student is his daughter, all while facing an alien threat in their town. (2024, 15, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Lake George** Crime thriller starring Carrie Coon. (2024, 15, 118min) ★★★★
1.25 AM **Code 3** Action comedy starring Rainn Wilson. (2025, 15, 104min) ★★★★
3.15 **Lake George** As 11.20pm.
5.30 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Hits

303 303 403 503 517

6.35 AM **The Cinema List: SNL**
6.55 **MouseHunt** (1997, PG) ★★★★
8.40 **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★
10.10 **Ace Ventura: When Nature Calls** (1995, PG) ★★★
11.45 **Baywatch** (2017, 15) ★★
1.45 PM **You, Me and Dupree** Comedy. (2006, 12) ★★★
3.40 **Wonka** Fantasy adventure. (2023, PG, 116min) ★★★★
5.40 **Love Actually** Comedy. (2003, 15, 135min) ★★★



5.40 Love Actually

8.00 The Other Guys Farcical crime comedy starring Will Ferrell and Mark Wahlberg. A pair of desk-bound New York cops finally see action after they uncover a financial conspiracy. With Michael Keaton. (2010, 12, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Horrible Bosses Farcical comedy starring Jason Bateman, Charlie Day and Jason Sudeikis. Three longtime friends hatch a plot to get rid of their tyrannical employers. (2011, 15, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Saving Private Ryan** Steven Spielberg's World War Two drama starring Tom Hanks. (1998, 15, 169min) ★★★★★
2.45 AM **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
5.05 **to 6.50** AM **Galaxy Quest** Sci-fi comedy with Tim Allen. (1999, PG, 102min) ★★★★

Sky Cinema Drama

310 310 410 510 524

7.30 AM **The Bridges at Toko-Ri** Wartime drama starring William Holden. (1954, U, 99min) ★★★
9.30 **The Danish Girl** Period drama. (2015, 15, 117min) ★★★
11.45 **One Life** Fact-based drama. (2023, 12, 105min) ★★★★
1.40 PM **Just Friends** Romantic comedy. (2005, 12, 94min) ★★
3.25 **The Holiday** Romantic comedy. (2006, 12, 135min) ★★★
5.45 **Dreamgirls** Musical with Jamie Foxx and Beyoncé Knowles. (2006, 12, 130min) ★★★★
8.00 **Darkest Hour** Period drama starring Gary Oldman, Kristin Scott Thomas and Lily James. (2017, PG, 122min) ★★★
10.10 **Bob Marley: One Love** Biographical drama starring Kingsley Ben-Adir. The story of how reggae icon Bob Marley overcame adversity, and the journey behind his revolutionary music. (2023, 12, 104min) ★★★
12.10 AM **Fifty Shades Darker** Drama sequel. (2017, 18, 118min) ★
2.10 **Dallas Buyers Club** Drama starring Matthew McConaughey. (2013, 15, 114min) ★★★★
4.20 **to 6.10** AM **The Boy in the Striped Pyjamas** Drama. (2008, 12, 94min) ★★★★

Sky Cinema Science Fiction

311 311 411 511 525

6.30 AM **The Cinema List: Jurassic**
6.50 **A.I. Artificial Intelligence** Steven Spielberg's sci-fi fantasy. (2001, 12, 145min) ★★★★
9.25 **Concrete Utopia** As 1.20am.
11.45 **Resident Evil: The Final Chapter** Action horror sequel. (2016, 15, 107min) ★★★
1.40 PM **The Core** Sci-fi action thriller starring Aaron Eckhart. (2002, 12, 135min) ★★★
4.05 **Evolution** Sci-fi comedy. (2001, PG, 101min) ★★★★
6.00 **Men in Black 3** Sci-fi action comedy sequel starring Will Smith and Tommy Lee Jones. (2012, PG, 105min) ★★★★
8.00 **Blade Runner** Ridley Scott's thriller starring Harrison Ford as the bounty hunter in pursuit of five highly dangerous 'replicants.' (1982, 15, 130min) ★★★★★
10.05 **King Kong** Monster movie remake starring Naomi Watts. (2005, 12, 187min) ★★★★
1.20 AM **Concrete Utopia** South Korean action drama. Subtitled. (2023, 15, 130min) ★★★★
3.35 **Restore Point** Sci-fi thriller. (2023, 15, 115min) ★★★★
5.35 **to 7.15** AM **Timestalker** Fantasy comedy starring Alice Lowe. (2024, 15, 89min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.15 AM **Bean** (1997, PG) ★★★
7.50 **Finding Neverland** Drama. (2004, PG, 101 min) ★★★★
9.35 **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★
11.10 **Cats & Dogs** (2001, PG) ★★★
12.40 PM **Paulie** (1998, U) ★★★
2.15 **It Takes Two** (1995, U) ★
4.10 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★
6.00 **Charlie and the Chocolate Factory** Tim Burton's fantasy. (2005, PG, 115min) ★★★★

6.00 Charlie and the Chocolate...

8.00 **Johnny English Reborn** Spoof comedy sequel starring Rowan Atkinson and Gillian Anderson. The bungling secret agent causes chaos on a global scale when he tries to stop an assassination. (2011, PG, 101 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

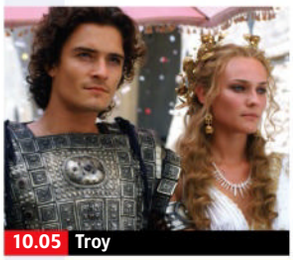
9.55 **Stuart Little** Fantasy adventure featuring the voice of Michael J Fox. A New York family decide to adopt a talking mouse as a brother for their nine-year-old son. (1999, U, 84min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Stuart Little 2** Fantasy sequel. (2002, U, 78min) ★★★★
1.05 AM **My Penguin Friend** Drama starring Jean Reno. (2024, PG, 98min) ★★★★
2.55 **Goosebumps** Adventure. (2015, PG, 103min) ★★★
4.50 **to 6.45** AM **Reuniting the Rubins** Comedy drama. (2010, PG, 98min) ★

Sky Cinema Action

307 307 407 507 521

6.50 AM **Blood for Dust** (2023)
8.40 **Troy** As shown at 10.05pm.
11.30 **The Green Hornet** Fantasy. (2011, 12, 118min) ★★★
1.35 PM **Twisters** Disaster drama. (2024, 12, 122min) ★★★★
3.50 **Mad Max: Fury Road** Sci-fi thriller starring Tom Hardy. (2015, 15, 120min) ★★★★★
6.00 **The Meg** Action thriller starring Jason Statham, Li Bingbing and Rainn Wilson. (2018, 12, 113min) ★★★



10.05 Troy

8.00 **Novocaine** Action comedy starring Jack Quaid. When a woman is kidnapped, a man turns an inability to feel physical pain into an advantage in his quest to rescue her. With Ray Nicholson and Amber Midthunder. (2024, 15, 80min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Troy** Epic drama starring Brad Pitt, Eric Bana and Orlando Bloom. When Trojan prince Paris elopes with Greek royal consort Helen, Greek king Agamemnon conspires to retrieve her as a pretext for conquering Troy. (2004, 15, 163min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **R.I.P.D** Fantasy comedy. (2013, 12, 96min) ★★★
2.40 **Blood for Dust** Action thriller. (2023, 15, 98min) ★★★
4.35 **The Cinema List: Antiheroes**
4.50 **to 7.05** AM **The Killer** Thriller. (2024, 15, 125min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

6.00 AM **Pixels** (2015, 12) ★★
8.00 **Scott Pilgrim vs. the World** Comedy. (2010, 12) ★★★★
10.05 **It's Complicated** Comedy. (2009, 15, 115min) ★★★★
12.20 PM **David Brent: Life on the Road** Comedy. (2016, 15) ★★
2.10 **The Nutty Professor** Comedy. (1996, 12, 95min) ★★★
4.00 **Nutty Professor II: The Klumps** (2000, 12) ★★★
5.55 **The Longest Yard** Comedy remake. (2005, 12, 113min) ★★

5.55 The Longest Yard

8.00 **One of Them Days** Comedy starring Keke Palmer and SZA. Two best friends and roommates race against time to avoid eviction after one of their boyfriends spends their rent money. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Two Weeks Notice** Romantic comedy starring Sandra Bullock and Hugh Grant. Opposites attract when a liberal lawyer goes to work for a billionaire property tycoon. (2002, 12, 101 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Love Actually** Romantic comedy starring Hugh Grant. (2003, 15, 135min) ★★★
2.00 AM **The Holdovers** Comedy drama starring Paul Giamatti. (2023, 15, 133min) ★★★★★
4.25 **to 6.20** AM **Horrible Bosses** Comedy with Jason Bateman, Jason Sudeikis and Charlie Day. (2011, 15, 93min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Some Other Woman** Thriller. (2023, 15) ★★★
7.35 **Last Seen Alive** Thriller. (2022, 15, 95min) ★★★
9.20 **Dangerous Waters** Thriller. (2023, 15, 101 min) ★★★
11.10 **Jack Reacher** Action thriller. (2012, 15, 130min) ★★★
1.25 PM **Jack Reacher: Never Go Back** Thriller. (2016, 12) ★★★
3.25 **Split** Thriller. (2016, 15) ★★★
5.30 **The Da Vinci Code** Thriller. (2006, 12, 149min) ★★★

8.00 The Bikeriders

8.00 **The Bikeriders** Crime drama starring Tom Hardy, Jodie Comer and Austin Butler. Over a decade, a motorcycle club evolves from a gathering of local outsiders to a sinister gang. With Michael Shannon. (2023, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Shaft** Crime thriller starring Samuel L Jackson as a streetwise New York cop seeking to bring down the racist killer of a young black student. With Vanessa Williams. (2000, 18, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Sleepers** Fact-based drama starring Kevin Bacon, Jason Patric and Brad Pitt. (1996, 18, 146min) ★★★
2.35 AM **Serpico** Fact-based crime drama starring Al Pacino. (1973, 18, 130min) ★★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Roman Holiday** Vintage romantic comedy. (1953, b/w, U, 118min) ★★★★★
1.30 PM **Storm Over the Nile** Adventure starring Anthony Steel. (1955, U, 107min) ★★★
3.40 **The Sound Barrier** Director David Lean's aviation drama. (1952, b/w, U, 109min) ★★★★
6.10 **Bridge of Spies** Steven Spielberg's Cold War drama. (2015, 12, 142min) ★★★★

9.00 Bullet Train

Bridge of Spies (film started at 6.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Bullet Train** Comedy thriller starring Brad Pitt, Aaron Taylor-Johnson, Joey King, Brian Tyree Henry and Andrew Koji. Five assassins aboard a swiftly moving train learn that their missions have something in common. (2022, 15, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.35 **PREMIERE** **We're All Going to the World's Fair** Horror starring Anna Cobb. When a teenager gets drawn into an online role-playing game, the lines between truth and fiction start to blur. (2021, 15, 86min) ★★ *See review, page 26.*
1.20 **to 3.15** AM **Kill List** Crime chiller starring Neil Maskell. (2011, 18, 92min) ★★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Halloween

302 302 402 502 516

7.05 AM **Little Bone Lodge** (2023)
8.55 **The Accursed** Horror thriller. (2022, 15, 90min) ★★
10.45 **It Feeds** Horror thriller. (2025, 15, 102min) ★★★
12.30 PM **Gothika** Horror chiller. (2003, 15, 98min) ★★★
2.15 **Ouija** Horror starring Olivia Cooke. (2014, 15, 87min) ★★
3.55 **Ouija: Origin of Evil** Horror prequel. (2016, 15, 99min) ★★★

5.35 **Annabelle** Horror starring Annabelle Wallis and Ward Horton. (2014, 15, 97min) ★★
7.20 **Little Bone Lodge** Horror starring Joely Richardson. (2023, 15, 93min) ★★★
9.00 **The Invisible Man** Thriller starring Elisabeth Moss. An abused woman flees for her life, but then fears her apparently dead partner has come after her. (2020, 15, 124min) ★★★★
11.05 **Halloween** Horror sequel. (2018, 18, 106min) ★★★★

12.55 AM **Hollow Man** Thriller starring Elisabeth Shue and Kevin Bacon. (2000, 18, 113min) ★★★
2.50 **Presence** Horror thriller starring Lucy Liu and Chris Sullivan. (2024, 15, 84min) ★★★★
4.20 **to 6.25** AM **Salem's Lot** Horror. (2024, 15, 109min) ★★★

Sky Cinema Greats

304 304 404 504 518

7.10 AM **HouseSitter** Comedy. (1992, PG, 102min) ★★★
8.55 **Pretty in Pink** Romantic drama. (1986, 15, 99min) ★★★★
10.35 **Wayne's World** Comedy. (1992, PG, 95min) ★★★★
12.15 PM **Wayne's World 2** Comedy sequel. (1993, PG, 95min) ★★★
1.55 **Happy Gilmore** Comedy with Adam Sandler and Julie Bowen. (1996, 12, 92min) ★★★

3.30 **A League of Their Own** Comedy drama with Tom Hanks. (1992, PG, 124min) ★★★★
5.40 **The Fisher King** Terry Gilliam's fantasy starring Robin Williams. (1991, 15, 137min) ★★★★★
8.00 **Sleepless in Seattle** Romantic comedy starring Tom Hanks and Meg Ryan as two people who fall in love without ever meeting. (1993, PG, 105min) ★★★★★
9.50 **You've Got Mail** Comedy starring Tom Hanks and Meg Ryan. (1998, PG, 114min) ★★★

11.50 **The Bodyguard** Romantic thriller. (1992, 15, 129min) ★★★
2.05 AM **Jerry Maguire** Romantic comedy starring Tom Cruise. (1996, 15, 139min) ★★★★
4.30 **to 7.05** AM **Scent of a Woman** Comedy drama with Al Pacino. (1992, 15, 157min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.15 AM **Fox and Hare Save the...**
7.30 **Monsters vs Aliens** Animation. (2009, PG, 90min) ★★★
9.10 **Monster Family** (2017, PG) ★★
10.50 **Monster Family 2** (2021, U) ★
12.40 PM **Migration** Animated comedy. (2023, U, 83min) ★★★
2.20 **Hotel Transylvania 3: Summer Vacation** (2018, U) ★★
4.00 **Over the Hedge** Animation. (2006, U, 83min) ★★★★

5.35 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
7.15 **The Adventures of Tintin: The Secret of the Unicorn** Animated family adventure. (2011, PG, 106min) ★★★★★
9.10 **Open Season** Animation. (2006, PG, 86min) ★★★★
10.45 **Batman Unlimited: Monster Mayhem** Animated adventure. (2015, PG, 76min) ★★★
12.15 AM **DC Super Hero Girls: Legends of Atlantis** Animation. (2018, PG, 75min) ★★★

1.40 **Fox and Hare Save the Forest** Animation. (2024, U) ★★★
3.05 **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** (2022, PG) ★★★
4.35 **to 6.05** AM **Lego DC Comics Super Heroes: The Flash** Animation. (2018, U) ★★★

Christmas 24

312 313 419

7.00 AM **The Gift of Peace** Drama. (2022, PG, 84min) ★★
9.00 **The Christmas Toy Maker** Drama. (2021, PG, 84min) ★★
11.00 **Jolly Good Christmas** Comedy. (2022, PG, 90min) ★★
1.00 PM **Christmas on Call** Festive drama. (2024, PG, 90min) ★★
3.00 **Holiday Heritage** Festive drama starring Lyndie Greenwood. (2023, PG, 84min) ★★

5.00 **Christmas Under the Lights** Festive drama starring Heather Hemmens and Marco Grazzini. (2024, PG, 90min) ★★
7.00 **Three Wise Men and a Baby** Comedy starring Paul Campbell, Tyler Hynes and Andrew W Walker. (2022, PG, 90min) ★★
9.00 **Happy Holidays from Cherry Lane** Festive drama anthology sequel starring Julie Gonzalo. (2024, PG, 90min) ★★
11.00 **A Tale of Two Christmases** Comedy. (2022, PG, 84min) ★★

1.00 AM **A Fabled Holiday** Romantic fantasy starring Brooke D'Orsay. (2022, PG, 90min) ★★
3.00 **to 5.00** AM **Magic in Mistletoe Country** Romantic drama. (2023, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Stagecoach West** (S1)
7.00 **Look at Life** Documentary.
7.15 **Account Rendered** Thriller. (1957, b/w, PG, 59min) ★★
8.30 **Out of Town** Documentary.
9.00 **Cause for Alarm** Crime thriller. (1951, b/w, PG, 74min) ★★★
10.30 **Look at Life** Documentary.
10.40 **River Beat** Crime thriller. (1954, b/w, U, 70min) ★★
12.00 NOON **Z Cars** 8/28. (S9)

1.00 PM **The Heart Within** Drama. (1957, b/w, U, 61 min) ★★
2.15 **Look at Life** Documentary.
2.25 **The Brothers** 6/13. (S6)
3.30 **It's Great to Be Young** Comedy. (1956, U, 95min) ★★★
5.20 **The Switch** Crime drama. (1963, b/w, U, 69min) ★★
6.45 **Use the Minimum**
6.50 **Strange But True**
7.25 **Scotland Yard** 4/39. (S1)
8.00 **Van der Valk** 3/12. (S3)
9.05 **Accident** Psychological drama. (1967, PG, 105min) ★★

11.10 **The Silent Partner** Suspense thriller starring Elliott Gould. (1978, 15, 105min) ★★★
1.20 AM **Blonde Fist** Boxing drama. (1991, 15, 102min) ★★
3.25 **Black Velvet Band**
5.30 **to 6.00** AM **A Lifetime Ago with the Baim Collection**

WEDNESDAY Sport 22 October

Sky Sports Main Event

401 401 511 501 419 439

- 6.00 AM **LIVE WTA & ATP Tennis** Coverage from the Tours, including the WTA Tokyo Open ATP Basel Open and ATP Vienna Open.
- 10.00 **LIVE ICC Women's World Cup Australia v England.** Coverage of the group match from Holkar Stadium in Indore. The last time these two sides met in a final was back in 1988, when Australia beat England by eight wickets in Melbourne.
- 5.45 PM **The Premier League Show**
- 7.00 **Gillette Labs Soccer Special**
- 7.30 **LIVE EFL Sheffield Wednesday v Middlesbrough.** Coverage of the Championship match at Hillsborough, as the two former Premier League clubs face off. The two teams have had differing starts to the season, with the hosts struggling near the bottom of the table after a tumultuous time behind the scenes over the summer. Kick-off **8.00pm**.
- 10.30 **Back Pages Tonight**
- 11.00 **Sky Sports News**
- 4.00 **to 6.00** AM **LIVE DP World Tour Golf** Coverage of day one of the Genesis Championship held at Woo Jeong Hills Country Club.

Sky Sports Premier League

402 402 512 502 420 440

- 6.00 AM **PL Greatest Games**
- 7.00 **Premier League Legends**
- 8.00 **Premier League 100 Club**
- 9.00 **Ref Watch** Analysing decisions.
- 9.30 **Netbusters** Recent action.
- 10.00 **Sky Sports FC**
- 12.00 NOON **Premier League Review** Action from the top flight.
- 1.00 PM **Premier League Years** Memorable moments from the 2000/01 season.
- 3.00 **PL Retro** A chance to see Arsenal v Everton from 1998.
- 5.00 **The Premier League Show**
- 7.00 **Gillette Labs Soccer Special** The full story of the evening's football, with the latest updates and goal alerts from the games.
- 10.15 **Premier League Stories** The rise of Newcastle's Sandro Tonali.
- 10.45 **Netbusters** Fast-paced highlights using alternative angles.
- 11.15 **Ref Watch** Analysing the big refereeing decisions from the weekend's games.
- 11.45 **Premier League Years** A look back at the 2001/02 season.
- 1.45 AM **PL Retro** Manchester City v Queens Park Rangers from 2012.
- 3.45 **PL Greatest Games**
- 4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

- 6.00 AM **Championship Retro**
- 8.00 **EFL Greatest Games**
- 10.00 **EFL Cup Retro** The 2016 final.
- 11.00 **1983: When Aberdeen Ruled Europe** Documentary.
- 12.00 NOON **EFL** Another chance to see Bristol City v Southampton.
- 2.00 PM **Bundesliga Highlights Show** Recent action.
- 3.00 **Jimmy Glass: The Great Escape**
- 3.30 **SPFL Round-Up**
- 3.45 **SPFL Highlights** Dundee v Celtic.
- 4.00 **EFL Highlights**
- 5.00 **EFL Greatest Games**
- 5.30 **Bundesliga** Recent action.
- 6.00 **EFL Highlights** Championship.
- 7.30 **LIVE EFL Sheffield Wednesday v Middlesbrough.** Coverage of the Championship match at Hillsborough, as the two former Premier League clubs go head-to-head. Kick-off **8.00pm**.
- 10.30 **EFL Highlights** Action from Derby County v Norwich City.
- **10.45** Hull City v Leicester City.
- 11.00 **EFL Greatest Games**
- 12.00 M'T **EFL** Championship play-offs.
- 3.00 AM **EFL Greatest Games**
- 4.00 **EFL Cup Highlights**
- 5.00 **Best Goals: EFL Cup 24/25**
- 5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 514 504 422 442

- 6.00 AM **ICC Women's World Cup**
- 10.00 **LIVE ICC Women's World Cup Australia v England.** Coverage of the group match from Holkar Stadium in Indore, as the old rivals go head-to-head. The two teams have won this tournament 11 times between the two of them with at least one of the countries winning this event on the previous five occasions since 2005. The last time these two sides met in a final was back in 1988, when Australia beat England in Melbourne.
- 5.45 PM **ICC Women's World Cup 2017** England v India.
- 6.30 **ICC Women's World Cup** South Africa v Pakistan staged at R.Premadasa Stadium, Colombo.
- **7.30** Sri Lanka v Bangladesh from Dr. DY Patil Sports Academy.
- 8.30 **ICC Women's World Cup 2017** Action from England v Australia.
- 9.00 **ICC Women's World Cup** Australia v England in the group match at Holkar Stadium, Indore.
- **10.00** South Africa v Pakistan from R.Premadasa Stadium.
- 11.00 PM **to 6.00** AM **ICC Women's World Cup**

Sky Sports Golf

406 406 515 505 423 443

- 6.00 AM **LPGA Tour Golf**
- 7.00 **US Women's Open Golf**
- 8.00 **Women's PGA Championship**
- 9.00 **LPGA Tour Golf**
- 10.00 **Women's Golf** Highlights.
- 12.00 NOON **Ladies European Tour Golf** Lalla Meryem Cup.
- 6.00 PM **PGA Tour Champions**
- 7.00 **PGA Tour: The Cut**
- 7.30 **HotelPlanner Tour Golf**
- 8.00 **PGA Tour Golf** Highlights.
- 9.00 **DP World Tour Golf**
- 9.30 **HotelPlanner Tour Golf**
- 10.00 **Ladies European Tour Golf**
- 11.00 **PGA Tour: The Cut**
- 11.30 **Golf** Action from the men's World Amateur Team Championship.
- 12.00 M'T **PGA Tour Champions**
- 1.00 AM **Charles Schwab Cup Preview Show** A look ahead.
- 2.00 **DP World Tour Golf**
- 3.00 **PGA Tour Golf** Recent action.
- 4.00 **to 6.00** AM **LIVE DP World Tour Golf** Coverage of day one of the Genesis Championship at Woo Jeong Hills Country Club.

TNT Sports 1

410 413 521 408 430

- 6.00 AM **UTMB World Series Highlights** Action from Türkiye.
- 7.00 **Snooker: Northern Ireland Open** Action from day three.
- 9.00 **One Day International Cricket**
- 10.00 **International T20 Cricket Highlights** From Hagley Oval.
- 11.00 **Serie A** Action from Italy.
- 1.00 PM **LIVE Snooker: Northern Ireland Open** Coverage of the third session from the second round of the tournament staged at Waterfront Hall in Belfast.
- 5.00 **UIM F1H2O World Championship Highlights**
- 5.30 **TNT Sports Reload**
- 6.00 **Serie A – Full Impact**
- 6.30 **Ally's Social Club**
- 7.00 **LIVE UEFA Champions League Eintracht Frankfurt v Liverpool.** Coverage of the league phase match at Deutsche Bank Park. Kick-off **8.00pm**.
- 10.30 **UEFA Champions League Goals Show Xtra** All the goals from the latest fixtures.
- 11.00 **Tom Aspinall: Road to Undisputed** UFC insight.
- 12.00 M'T **UFC Countdown**
- 1.00 **to 6.00** AM **The Gallagher PREM**

TNT Sports 2

411 414 522 409 431

- 6.00 AM **MotoGP** The GP of Australia.
- 7.00 **MotoGP Chequered Flag**
- 8.00 **British Superbikes Highlights**
- 9.00 **Superbike World Championship Highlights**
- 10.00 **World E-Bike Series Review**
- 10.30 **Premier League Netbusters**
- 11.00 **Snooker: Northern Ireland Open** Action from day three.
- 1.00 PM **LIVE Snooker: Northern Ireland Open** The second and third sessions of the second round from Waterfront Hall in Belfast.
- 5.00 **Marathons** From Amsterdam.
- 6.00 **Premier League Review**
- 7.00 **LIVE UEFA Champions League Chelsea v Ajax.** The league phase match at Stamford Bridge. Kick-off **8.00pm**.
- 10.30 **LIVE UCI Track Cycling World Championship** Coverage of the first day of the event from Santiago in Chile.
- 12.45 AM **UIM F1H2O World Championship Highlights**
- 1.15 **MotoGP Rewind**
- 1.30 **Serie A – Full Impact**
- 2.00 **Longines Global Champions Tour** The Grand Prix of Rabat.
- 3.00 **International T20 Cricket**
- 4.00 **to 6.00** AM **V8 Supercars**

Sky Sports NFL

412 410 517 507 426 446

- 6.00 AM **NFL Highlights**
- 10.00 **Kansas City Chiefs: The Franchise** Behind the scenes.
- 10.45 **NFL Bitesize Highlights**
- 11.00 **NFL Highlights** Seattle Seahawks v Houston Texans.
- 12.00 NOON **NFL Bitesize Highlights**
- 1.00 PM **Good Morning Football**
- 3.00 **NFL Highlights** Detroit Lions v Tampa Bay Buccaneers.
- **4.00** Highlights from Seattle Seahawks v Houston Texans.
- **5.00** Action from Jacksonville Jaguars v Los Angeles Rams.
- 6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present the NFL talk show, as they discuss and debate the biggest stories from around the league.
- 8.00 **NFL Bitesize Highlights** Action from Jacksonville Jaguars v Los Angeles Rams.
- 8.15 **Kansas City Chiefs: The Franchise** Behind the scenes.
- 9.00 **NFL Highlights** Detroit Lions v Tampa Bay Buccaneers.
- **10.00** Action from Seattle Seahawks v Houston Texans.
- 11.00 **NFL Fantasy** Analysis.
- 12.00 M'T **The Insiders** The latest news covering all 32 NFL teams.
- 1.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

- 6.00 AM **LIVE WTA & ATP Tennis** Coverage from the Tours, including the WTA Tokyo Open, WTA Guangzhou Open, ATP Basel Open and ATP Vienna Open.
- 11.00 **LIVE WTA Tennis** Coverage of day three of the Guangzhou Open staged at Nansha International Tennis Center in China.
- 12.30 PM **LIVE WTA & ATP Tennis** Further coverage from the Tours, including the WTA Tokyo Open.
- 7.35 **LIVE EFL Watford v West Bromwich Albion.** Coverage of the Championship match staged at Vicarage Road. Before West Brom's home win against Watford back in April, the hosts had gone eight games unbeaten against the Baggies, a run that saw Watford pick up 16 points from 24 against the Midlands club. Kick-off **7.45pm**.
- 10.30 **Back Pages Tonight**
- 11.00 **Sky Sports News**
- 12.00 M'T **EFL Greatest Games**
- 12.30 AM **WTA & ATP Tennis**
- 2.30 **to 6.00** AM **LIVE WTA & ATP Tennis** Continued coverage from the Tours, including the WTA Tokyo Open, ATP Basel Open and ATP Vienna Open.

Sky Sports Tennis

408 408 537 520 425 445

- 6.00 AM **LIVE WTA & ATP Tennis** Coverage from the Tours, including the WTA Tokyo Open, WTA Guangzhou Open, ATP Basel Open and ATP Vienna Open.
- 11.00 **LIVE WTA Tennis** Day three of the Guangzhou Open from China.
- 12.30 PM **LIVE WTA & ATP Tennis** Further coverage from the Tours.
- 9.30 **ATP Tour This Week**
- 10.00 **ATP Tennis** Recent highlights.
- 12.00 M'T **WTA Tennis** Beijing Open.
- 1.00 AM **ATP Tour This Week**
- 1.30 **Bitesize Tennis** Madrid Open.
- 1.45 **Frances Tiafoe Podcast 2024**
- 2.00 **WTA Tennis** The Doha Open.
- 2.30 **to 6.00** AM **LIVE WTA Tennis** Day four of the WTA Tokyo Open from Ariake Coliseum in Japan.

Sky Sports Mix

416 412 510 429 449

- 6.00 AM **EFL Greatest Games**
- 7.00 **Formula 1** The US Grand Prix.
- 8.00 **ICC Women's World Cup**
- 10.00 **WTA Tennis** Ningbo Open final.
- 11.00 **ATP Tennis** Almaty Open final.
- 12.00 NOON **Formula 1** Highlights.
- 1.00 PM **ICC Women's World Cup**
- 2.00 **Premier League Darts**
- 6.00 **ICC Women's World Cup**
- 8.00 **Formula 1** Highlights from the United States Grand Prix in Texas.
- 10.00 **PGA Tour Champions** The Dominion Energy Charity Classic.
- 11.00 **DP World Tour Golf**
- 11.30 **HotelPlanner Tour Golf Highlights** Hangzhou Open.
- 12.00 M'T **PL Greatest Games**
- 1.00 AM **Formula 1** From 2023.
- 3.00 **to 6.00** AM **LIVE LPGA Tour Golf** Coverage of the first day of the Hanwha Lifeplus International Crown staged at TPC Harding Park in San Francisco, California.

TNT Sports 3

413 415 523 410 432

- 6.00 AM **UEFA Champions League**
- 11.00 **WRC Review** Recent action.
- 12.00 NOON **T100 Triathlon**
- 1.00 PM **LIVE UEFA Youth League Monaco U19 v Tottenham Hotspur U19.** Kick-off **1.00pm**.
- 3.00 **UEFA Champions League**
- 4.00 **Superbike Rewind** In Spain.
- 4.15 **British Superbikes Rewind**
- 4.30 **MotoGP Rewind**
- 4.45 **World E-Bike Series Review**
- 5.15 **Football** Highlights and features.
- 7.00 **LIVE UEFA Champions League Monaco v Tottenham Hotspur.** Kick-off **8.00pm**.
- 10.30 **UEFA Champions League**
- 11.00 **Premier League Review**
- 12.00 M'T **Ultimate Pool**
- 1.30 AM **Snooker** Highlights.
- 3.30 **Premier League Reload**
- 3.45 **One-Day International Cricket**
- 4.45 **to 6.00** AM **LIVE One-Day International Cricket Australia v India.** The second ODI staged at Adelaide Oval.

TNT Sports 4

414 416 524 411 434

- 6.00 AM **Training Day**
- 6.15 **Autumn Nations Series**
- 7.00 **Isuzu UTE A-League**
- 1.00 PM **MLB Highlights**
- 2.00 **NWSL** Recent action.
- 4.00 **Autumn Nations Series**
- 4.45 **UEFA Champions League Highlights Show**
- 5.45 **LIVE UEFA Champions League Athletic Bilbao v Qarabag.** Coverage of the league phase match staged at San Mames. Kick-off **5.45pm**.
- 7.45 **UEFA Champions League Goals Show Xtra** Coverage of all the goals from the latest fixtures, featuring Chelsea v Ajax.
- 11.00 **MotoGP Highlights** Action from the Grand Prix of Australia.
- 12.00 M'T **British Superbikes Rewind** The 11th round at Brands Hatch.
- 12.15 AM **Superbike Rewind** The 12th round of the season from Spain.
- 12.30 **to 6.00** AM **UEFA Champions League**

Premier Sports 1

419 551

- 6.00 AM **Independent Kart Racing**
- 7.30 **LaLiga Match Highlights**
- 8.00 **Eredivisie Highlights**
- 9.00 **URC in 60** The fourth round.
- 10.00 **Motorsport** Recent action.
- 12.00 NOON **Top 14 Rugby Union**
- 12.30 PM **LaLiga Match Highlights**
- 2.00 **NHL on the Fly**
- 3.00 **Transworld Sport** Magazine.
- 4.00 **Eredivisie Highlights**
- 5.00 **NASCAR Highlights**
- 6.00 **Top 14 Rugby Union Highlights**
- 6.30 **URC in 60** The fourth round.
- 7.30 **Scottish Football Social Club**
- 8.30 **Women's Football Weekly**
- 9.00 **LaLiga Match Highlights**
- 9.30 **Transworld Sport**
- 10.30 **Eredivisie Highlights**
- 11.30 **Top 14 Rugby Union Highlights**
- 12.00 M'T **NASCAR Highlights**
- 1.00 AM **NHL: This is Hockey**
- 1.30 **LIVE NHL Ice Hockey Calgary Flames v Montreal Canadiens.**
- 4.30 **Sporting Greats**
- 5.00 **to 6.00** AM **URC in 60**

Premier Sports 2

420 552

- 6.00 AM **Top 14 Rugby Union**
- 8.00 **Eredivisie** A chance to see PSV Eindhoven v Go Ahead Eagles.
- 10.00 **NHL Ice Hockey**
- 12.00 NOON **FastZone** Motorsports.
- 12.30 PM **Temples of Sport**
- 1.00 **United Rugby Championship**
- 3.00 **Football's Greatest**
- 4.00 **LaLiga** Another chance to see Celta Vigo v Real Sociedad.
- 6.00 **Football's Greatest**
- 6.30 **FastZone** Motorsports highlights.
- 7.00 **United Rugby Championship** A replay of Leinster v Munster.
- 9.00 **Temples of Sport**
- 10.00 **NHL Ice Hockey** Ottawa Senators v Edmonton Oilers.
- 12.00 M'T **LIVE NHL Ice Hockey New Jersey Devils v Minnesota Wild.** Coverage of the inter-conference match from Prudential Center. Face-off **12.00m't**.
- 3.00 AM **Temples of Sport**
- 3.30 **Football's Greatest**
- 4.00 **to 6.00** AM **LaLiga**

Sky Sports F1

407 407 516 506 424 444

- 6.00 AM **Formula 1** Archive action.
- 11.00 **Formula 1** US Grand Prix.
- 12.00 NOON **Ted's Notebook**
- 12.30 PM **Ted's Notebook**
- 1.00 **Formula 1** US Grand Prix.
- 3.15 **Ted's Notebook**
- 3.45 **BTS with Aston Martin**
- 4.00 **Formula 1** The Mexico City Grand Prix from 2022 to 2024.
- 7.00 **Formula 1** The US Grand Prix.
- 8.00 **Ted's Notebook**
- 9.00 **Formula 1** From Austin, Texas.
- 11.15 **Ted's Notebook**
- 11.45 **Carlos Sainz & the Lie Detector**
- 12.00 M'T **Formula 1** US Grand Prix.
- 1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

23 October

Evening Planner

Factual

The Pride of Britain Awards

ITV1, 8pm

Carol Vorderman and Ashley Banjo host the awards for Britain's unsung heroes.

Drama

The Ridge

BBC2, 9pm (box set, BBC iPlayer)

Lauren Lyle stars as Mia, a woman who attempts to outrun her troubled life by starting over in New Zealand.

Documentary

Life After People

Sky History, 9pm

The documentary exploring what the world could look like if humans vanished from the planet returns for a third series.

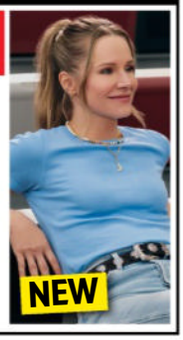
OnDemand

NETFLIX

Nobody Wants This

Available today

Kristen Bell and Adam Brody return in the comedy that was a huge Netflix ratings winner.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Dragons' Den		9.00 The Celebrity Traitors		10.05 News; Local News	
	102 BBC2	7.00 Celebrity Antiques Road Trip		8.00 Highland Cops		9.00 The Ridge	9.45 Saving...	10.05 The Celebrity...	10.35 Newsnight
	103 ITV1	7.00 Emmerdale		8.00 The Pride of Britain Awards				10.05 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 George Clarke's Homes in the Wild		9.00 Taskmaster		10.00 The Great British Bake Off	
	105 5	7.00 The Taste Test Restaurant		8.00 Yorkshire Great and Small with Dan...		9.00 All Creatures Great and Small		10.00 Police: Night Shift 999	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Rob & Romesh vs Andy Murray		9.00 The Iris Affair		10.00 Brassic	
ENTERTAINMENT	115 BBC3	7.00 Horrible...	7.30 The Hit List	8.15 Alan Carr's Picture Slam		9.00 RuPaul's Drag Race UK		10.05 Film: Point Break	
	116 BBC4	7.00 A Garden in...	7.30 Canal Boat...	8.00 Film: Close Encounters of the Third Kind				10.10 Film: The Haunting	
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Big Brother		10.00 Big Brother: Late & Live	
	136 MORE4	‹ 6.55 The Dog House Australia	7.55 The Dog House			9.00 Great Estates from Above		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons		8.00 Supercruising: Life at Sea		9.00 Gogglebox 2021			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Law & Order: Criminal Intent		9.00 FBI		10.00 FBI: International	
	108 SKY ATLANTIC	‹ 6.00 Game of Thrones				9.00 The Iris Affair		10.00 Sweetpea	
	110 U&GOLD	‹ 6.55 Dad's Army	7.35 The Good Life					10.10 Live at the Apollo	
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 Lewis	
	120 ITV4	‹ 6.00 Darts: European Championship – Live: Coverage of day one from Westfalenhallen in Dortmund, Germany						10.00 Ligue 1...	10.30 T100 Highlights
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Nine to Five			
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate Atlantis		9.00 Grimm			
	113 SKY MAX	7.00 Stargate SG-1		8.00 Rob & Romesh vs Andy Murray		9.00 Strike Back: Silent War		10.00 Brassic	
	109 U&ALIBI	7.00 Body of Proof		8.00 Death in Paradise				10.00 Father Brown	
	124 SKY ARTS	7.00 Portrait Artist of the Year		8.00 Classic Movies: The Story of The Life...		9.00 The Directors		10.00 Discovering: Jon Voight	
	132 U&W	7.00 MasterChef Australia			8.30 Pete Wicks: For Dogs' Sake		9.30 Louis Theroux: Shooting Joe Exotic		
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Combat Dealers		9.00 Naked and Afraid Apocalypse			
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Alaska: Surviving the Last Frontier		9.00 Alaska: The Last Frontier		10.00 Mountain Monsters	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Inside Melbourne Airport		9.00 Ice Road Rescue		10.00 Life Below Zero: First Alaskans	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Iconic Combat Machines		9.00 Life After People			
	155 U&YESTERDAY	7.00 Colombia with Simon Reeve		8.00 Bangers & Cash: Restoring Classics		9.00 Flipping Bangers		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 The Vow		8.00 Black Widow		9.00 An American Bombing: The Road to April 19th			
FILMS – Sky Cinema	301 PREMIERE	‹ 5.50 Bridget Jones: Mad About the Boy		8.00 Black Bag			9.40 Lake George		
	302 HALLOWEEN	‹ 5.20 Invisible...	7.25 The Pact			9.00 Annabelle			
	303 HITS	‹ 5.30 The Da Vinci Code		8.00 Angels & Demons				10.20 Inferno	
	304 GREATS	‹ 6.00 Grease		8.00 Singin' in the Rain			9.45 The Blues Brothers		
	305 ANIMATION	‹ 5.40 Despicable...	7.30 Shrek			9.10 Sing			
	306 FAMILY	‹ 6.00 IF	7.50 Stuart Little 2			9.15 Sonic the Hedgehog 3			
	307 ACTION	‹ 6.10 Ghost Rider: Spirit of Vengeance		8.00 Robin Hood: Prince of Thieves				10.25 Kong: Skull Island	
	308 COMEDY	‹ 6.10 Bad Teacher		8.00 Beetlejuice Beetlejuice			9.50 Nacho Libre		
	309 THRILLER	‹ 5.15 There Will Be Blood		8.00 RocknRolla				10.00 Serpico	
	310 DRAMA	‹ 5.50 P.S. I Love You		8.00 It Ends with Us				10.15 There Will Be Blood	
	311 SCIENCE FICTION	‹ 6.20 Gravity		8.00 Children of Men				10.05 Total Recall	
	313 FILM4	‹ 6.30 Hidden Figures				9.00 Bloodshot			
SPORT	401 MAIN EVENT	7.00 Sports Centre	7.30 EFL – Live: Exeter City v Plymouth Argyle (Kick-off 8.00)						10.30 PGA Tour Golf
	402 PREMIER LEAGUE	7.00 Big Interview	7.30 PL Stories	8.00 PL Review		9.00 Big Interview	9.30 PL Stories	10.00 Cult Heroes	
	403 FOOTBALL	7.00 SPFL Round-Up	7.30 EFL – Live: Exeter City v Plymouth Argyle (Kick-off 8.00)						10.45 Bundesliga...
	405 CRICKET	‹ 6.30 ICC Women's World Cup			8.30 ICC Women's...	9.00 ICC Women's World Cup			
	410 TNT SPORTS 1	‹ 5.30 UEFA Europa League – Live: Go Ahead Eagles v Aston Villa (Kick-off 5.45); Nottingham Forest v FC Porto (Kick-off 8.00)							10.30 UEFA Europa...
	411 TNT SPORTS 2	‹ 5.00 UEFA Europa League – Live: SK Brann v Rangers (Kick-off 5.45); Celtic v Sturm Graz (Kick-off 8.00)							10.30 UCI Track...

‹ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Thursday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Crimewatch Live** New edition (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Trace, Track, Get My Car Back** New edition Recovering a family car fitted with a child seat that was stolen by heartless thieves. (S)
2.30 **Lost and Found in the Lakes** A lost possession that has been treasured for over 30 years. (S)(R)
3.00 **Escape to the Country** (S)(R)
3.45 **The Repair Shop** (S)(R)(AD)
4.30 **The Inner Circle** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 Dragons' Den

7 PM

7.00 **The One Show** Lauren Laverne and Roman Kemp host the topical show. (S)
7.30 **EastEnders** Nigel is determined for the truth to come out, and Zoe makes amends with her mum, but then drops a bombshell. (S)(AD)

8 PM

8.00 **Dragons' Den** New edition The latest pitches include a high-impact events business, a line of natural tattoo aftercare products, a platform that turns screen time into learning time and a safety-first flat-sharing app. (S)(AD)

9 PM

9.00 **The Celebrity Traitors** New edition 6/9. The games continue with a mission that requires the Faithful to get into the minds of a Traitor, but one wrong move could prove to be disastrous. (S)(AD)
■ *The Celebrity Traitors: Uncloaked* follows on BBC2

10 PM

10.05 **BBC News** (S)
10.35 **Local News** (S)
10.45 **Question Time** Fiona Bruce presents the topical debate, inviting a panel of politicians and other guests in Swindon to answer questions from an invited audience on subjects that have made the headlines in the past week. (S)
11.45 **Newscast** Light-hearted discussion and analysis of the week's political events. (S)
12.15 AM **The Weakest Link: Redemption Special** Eight celebrities who were voted off first in previous episodes are given a chance to redeem themselves and win £50,000 for charity. (S)(R)
1.00 **Weather for the Week Ahead** (S)
1.05 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **The Inner Circle** (S)(R)
7.15 **Bargain Hunt** (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **LIVE Gymnastics: World Championships** The World Artistic Gymnastics Championships from the Indonesia Arena in Jakarta. (S)
3.30 **Unbeatable** Quiz show. (S)(R)
4.15 **Wonders of the Monsoon** (S)(R)
5.15 **Flog It!** Paul Martin presents from Wolverhampton Art Gallery. (S)(R)
6.00 **Richard Osman's House of Games** New edition Kola Bokinni, Sheli McCoy, John Parrott and Katie Piper take part. (S)
6.30 **Strictly: It Takes Two** New edition Costume designer Vicky Gill takes a look at what the couples will be wearing at the weekend. (S)

8.00 Highland Cops

7.00 **Celebrity Antiques Road Trip** Zoe Lyons and Noreen Khan turn their hand to antiquing in Shropshire. Along the way, they learn about a misunderstood mammal and the man who transformed mail order shopping. (S)(R)

8.00 **Highland Cops** New edition 2/7. The bomb disposal squad is called in when a chemical lab is found in a flat, police search for missing walkers in Glencoe, and wildlife officers investigate a suspected attack on a bird of prey. (S)(AD)

9.00 **NEW SERIES The Ridge** 1/6. Thriller starring Lauren Lyle. A Scottish anaesthetist arrives in New Zealand for her sister's wedding only to find she is dead. *See feature, page 7.* (S1) (S)(AD)
■ Entire series on BBC iPlayer
9.45 **Saving Lives at Sea** (S)(R)(AD)

10.05 **The Celebrity Traitors: Uncloaked** New edition Ed Gamble and Jaz from series two analyse the latest developments. (S)(AD)
10.35 **Newsnight** (S)
11.05 **The Lost Letters of Mary, Queen of Scots** The story of amateur codebreakers who collaborated across continents to decipher a mysterious cache of coded letters from the 1570s and 1580s. (S)(R)
12.05 AM **Sign Zone: Rob Brydon's Honky Tonk Road Trip** (S)(R)(AD)
1.05 **Sign Zone: How Are You? It's Alan (Partridge)** (S)(R)(AD)
1.35 **Sign Zone: DIY SOS** (S)(R)(AD)
2.35 **Sign Zone: Dragons' Den** (S)(R)
3.35 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David and the team are in Barry, south Wales, where Jan Keyne wrestles herself a tiger, and Stewart Hofgartner has the cash to secure a deal on a door lock. (S)(R)(AD)
3.00 **Tenable** A team of family and friends take part in the quiz show hosted by Warwick Davis. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.00 Emmerdale

7.00 **Emmerdale** Robert's behaviour begins to raise suspicion, Gabby makes a big decision, and Ruby is keen to help out. (S)(AD)

8.00 **NEW The Pride of Britain Awards** Carol Vorderman and Ashley Banjo host the 26th annual ceremony from London's Grosvenor House Hotel. Joined by hundreds of famous faces, this event celebrates the nation's unsung heroes and their inspiring stories of courage, selflessness and heroism. The star-studded line up, including Margot Robbie, Dwayne Johnson and Michael Sheen, pay tribute to the winners. Plus, music from Westlife. (S)(AD)

10.05 **ITV News** (S)
10.35 **Local News** (S)
10.50 **FILM The Dark Knight Rises** Christopher Nolan's crime drama sequel starring Christian Bale and Tom Hardy. Vigilante superhero Batman returns to Gotham City to battle an evil terrorist. With Anne Hathaway and Marion Cotillard. (S)(AD) (2012, 12, 160min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.30 AM **Teleshopping**
3.00 **Genius Game** 8/8. The finalists face a best-of-three Death Match format that tests the most strategic thinkers. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **M&S: Dress the Nation** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.35 AM **The King of Queens** (S)(R)(AD)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 17-20/24. (S8) (S)(R)(AD)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** Paul and Yip head to Italy to look at other village projects. (S)(R)
5.00 **Four in a Bed** New edition The final visit of the week is to The Dog at Wingham in Kent. (S)
5.30 **Come Dine with Me** IT consultant David offers a fully vegan menu on night four in Cardiff. (S)(R)
6.00 **A Place in the Sun** Two sisters search for their dream home near Bergerac in France. (S)(R)

9.00 Taskmaster

7.00 **News** (S)

8.00 **George Clarke's Homes in the Wild** New edition 4/6. Just a stone's throw from Auckland in New Zealand's North Island, George sets sail for Kawau Island – a boat-lover's paradise where life is lived by the tides. (S)(AD)

9.00 **Taskmaster** New edition 7/10. Greg Davies presides as Phil Ellis does a spot of rewiring, Ania Magliano spews blue jelly, Maisie Adam squawks like an exotic bird, and Sanjeev Bhaskar asks for a comfort break. (S)(AD)

10.00 **The Great British Bake Off** 8/10. Alison Hammond and Noel Fielding present Dessert Week, which sees the bakers serve up a Basque-style cheesecake, a gluten-free sponge and an elaborate free-standing trifle. (S)(SL)(R)(AD)
11.20 **8 Out of 10 Cats Does Countdown** With Asim Chaudhry. (S)(R)
12.20 AM **Ramsay's Hotel Hell** Gordon heads to Oregon. (S)(R)(AD)
1.10 **Car S.O.S** (S)(SL)(R)(AD)
2.00 **FILM The Rhythm Section** Thriller. (S)(SL) (2019, 15, 110min) ★★★
3.50 **Come Dine with Me: The Professionals** (S)(R)
4.40 **Kirstie's Fill Your House for Free**
5.00 **Kirstie and Phil's Love It or List It**
5.55 **to 6.35** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 **FILM PREMIERE** **Don't Let Him Find You** Mystery thriller starring Brianna Cohen. (S) (2025, 12, 100min) ★★
4.00 **The Cruise: Fun-Loving Brits at Sea** New edition Jacque and Tamara learn to sculpt towels into animal shapes, while James and Damien enjoy aerobics. (S)
5.00 **News** (S)
6.00 **Michael Portillo's Travel Diaries** The presenter heads to Milan, Italy's capital of fashion, design and industry. (S)(R)
6.55 **News** (S)

7.00 The Taste Test Restaurant

7.00 The Taste Test Restaurant New edition Tom Read Wilson invites diners to sample foods from one of the nation's favourite takeaway cuisines – Chinese. (S)
7.55 **News** (S)

8.00 Yorkshire Great and Small with Dan and Helen Series finale 6/6. Helen Skelton and Dan Walker follow a scenic stretch of the Trans Pennine Trail, travelling from Sheffield to Royd Moor Hill Viewpoint. (S)

9.00 All Creatures Great and Small New episode *Fixes:* 5/7. James is worried about the practice's finances, but it falls on deaf ears when he tries to discuss the matter with Siegfried. (S6) (S)(AD)

10.00 Police: Night Shift 999 Officers in Gloucestershire are called to a late-night break-in at a shop, where thieves targeting cigarettes have raided the premises and made off at high speed. (S)(R)

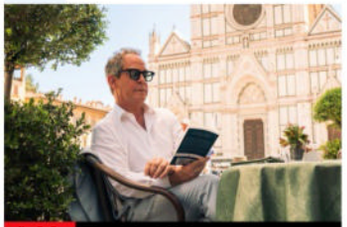
11.05 **Police Interceptors** (S)(R)
12.05 AM **999: Emergency Call Out** Footage of a high-level threat involving a man in a dispute over an escaped dog. (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Ice Age: The Great Thaw** (S)(R)
3.50 **Friends** (S4) (S)(R)(AD)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)(AD)
9.00 **Stargate SG-1** (S1) (R)
11.00 **Wild Battlegrounds** (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S5) (S)(R)
3.00 **S.W.A.T.** 13/22. (S1) (S)(R)(AD)
4.00 **NCIS: New Orleans** (S7) (S)(R)
5.00 **The Simpsons** *Mothers and Other Strangers:* A teenage Homer embarks on a road trip in the company of Grampa to look for his mother. (S)(R) **5.30** *Pixelated and Afraid:* Homer and Marge get lost in an icy wilderness. (S)(R)
6.00 **The Office (US)** 17/28. Part two of two. Michael and Pam try to get closure from Holly. (S)(R) **6.30** 18/28. A woman catches Michael's eye. (S5) (S)(R)



9.00 The Iris Affair

7.00 The Simpsons *Treehouse of Horror XIV:* Homer becomes the Grim Reaper, only to find Marge's name is on his list. (S)(R) **7.30** *Treehouse of Horror:* Including a spine-tingling version of *The Raven*. (S)(R)

8.00 Rob & Romesh vs Andy Murray The duo meet the tennis star, catching up with him as he models his new sportswear range, before being pushed to their limits in a tennis training session. (S)(R)(AD)

9.00 The Iris Affair New episode *Ex Nihilo:* 5/8. Iris uses her wits to get herself out of a corner and enlist police officer Nico, while Joy meets mysterious genius Jensen Lind. (S1)

10.00 Brassic New episode *Halloween Heist:* 5/6. It is Halloween and an old enemy of the MacDonaghs has died, but Davey refuses to let him rest in peace and ropes the gang into stealing his corpse before the funeral. (S7) (AD)

11.00 **Never Mind the Buzzcocks** Greg Davies hosts a special 1980s-themed edition. (S)(R)
12.00 M'T **The Simpsons** (S)(R)
1.00 AM **Curb Your Enthusiasm** 9&10/10. Double bill. (S5) (S)(R)
2.20 **Road Wars** (S)(R)
3.10 **S.W.A.T.** 13/22. (S1) (S)(R)(AD)
4.00 **NCIS: New Orleans** (S7) (S)(R)
5.00 **to 6.00** AM **Brit Cops: Frontline Crime UK** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
7.00-7.30pm River City (S)(R)(AD) **12.15am** Scotcast (S)(R) **12.45** The Weakest Link: Redemption Special (R) **1.30** Weather for the Week Ahead (S) **1.35-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.45pm The View (S) **11.25** Question Time (S) **12.25-1.00am** Newscast (S)

WALES
Sky **965**, Virgin **864**, Freesat **965**
No variations

BBC2

N. IRELAND
Sky **969**, Freesat **969**
7.00pm The Great House Revival (S)(R) **7.50-8.00pm** Gardening Together with Diarmuid Gavin (S)(R)

WALES
Sky **968**, Freesat **968**
7.00pm Scrum V: The Warm Up (S) **7.30-8.00pm** The Hairy Bikers' Bakeation (S)(R)

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cartrefi Cymru **12.30** Heno **1.00** Bwyd Epic Chris (AD) **1.30** Y Byd ar Bedwar **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Priodas Pum Mil **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cartrefi Cymru **6.30** Clwb Rygbi: Super Rygbi Cymru **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Y Parchedig Emyr Ddrwg **10.15** Iaith ar Daith (AD) **11.15** Arfordir Cymru: Môn **11.50pm-12.20am** GISDA: Drws I'r Digartre (AD)

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Horrible Histories** Great minds that came together to achieve great things.
7.25 **The Catch Up**
7.30 **The Hit List** Contestants from Cardiff, Derry and Northampton take part.
8.15 **Alan Carr's Picture Slam** Contestants try to identify a board full of images.
9.00 **RuPaul's Drag Race UK** New edition 5/10. The queens take to the high seas for a cruise-themed talent show, with Jamie-Lee O'Donnell joining RuPaul, Michelle Visage and Alan Carr on the judging panel.
10.05 **FILM** **Point Break** Thriller starring Patrick Swayze and Keanu Reeves. An undercover FBI agent infiltrates a gang of bank-robbing surfers. (1991, 15, 125min) ★★★★
12.05 AM **Joe Swash: Forgotten Young Dads**
1.05 **Top Gear** With Alice Cooper.
2.05 **Zen Motoring**
2.20 **BBC New Comedy Awards**
2.50 **to 3.55** AM **RuPaul's Drag Race UK**

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
11.00 **The Great House Giveaway** Double bill.
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** Restoring a 1990s Japanese super saloon. **4.50** Tim and Fuzz pick up a Ferguson TE20 tractor.
5.50 **Escape to the Chateau** Dick and Angel open their home for wedding season.
6.55 **The Dog House Australia** A woman who has mobility problems is looking for a canine companion.
7.55 **The Dog House** Stunning pure white husky Olaf wows brothers Ben and Harry, while high-energy spaniel Storm needs a playmate.
9.00 **Great Estates from Above** New edition 3/4. Following head gardener at Penshurst Place, Tony, through the seasons as he looks after one of the oldest privately owned gardens in the country.
10.00 **24 Hours in A&E** A motorcyclist who lost control and went over the handlebars at high speed is sent for an urgent CT scan.
11.05 **24 Hours in A&E** Following three patients who have adapted to the challenges thrown their way.
12.10 AM **999: On the Front Line**
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **A Garden in Snowdonia** Bodnant comes under threat from a fast-spreading oak disease.
7.30 **Canal Boat Diaries** Robbie Cumming travels down the Leeds and Liverpool Canal.
8.00 **FILM** **Close Encounters of the Third Kind** Steven Spielberg's sci-fi classic starring Richard Dreyfuss as a man who witnesses UFOs over Indiana and embarks on a quest to make sense of his experience. (1977, PG, 135min) ★★★★★
10.10 **FILM** **The Haunting** Vintage chiller starring Julie Harris, Claire Bloom and Russ Tamblyn. A haunted house claims the souls of those that enter it. (1963, b/w, 12, 107min) ★★★★★
12.00 M'T **Hauntings** Double bill.
1.30 AM **A Garden in Snowdonia** As 7.00pm.
2.00 **Canal Boat Diaries**
2.30 **to 3.30** AM **Blood and Gold: The Making of Spain with Simon Sebag Montefiore**

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Ramsay's Kitchen Nightmares USA**
7.50 **Married at First Sight UK**
9.00 **The Simpsons**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 15-18/24. (S10)
1.55 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **Married at First Sight UK**
5.05 **The Big Bang Theory**
6.00 **The Simpsons**
7.00 **The Simpsons** *Waverly Hills 9021-D'oh:* Bart and Lisa go to a new school. **7.30** *I Won't Be Home for Christmas:* Homer gets drunk on Christmas Eve.
8.00 **Supercruising: Life at Sea** 3/8. The team sailing the Americas has a tricky manoeuvre to manage while traversing the Panama Canal.
9.00 **Gogglebox 2021** Highlights of editions from 2021, featuring opinions on *I Can See Your Voice, Line of Duty* and *The Mating Game*.
11.05 **First Dates** Personal trainer Kriss is matched with beauty therapist Ruby.
12.10 AM **Naked Attraction**
1.10 **Below Deck Sailing Yacht**
2.10 **Modern Family**
2.35 **The Simpsons**
3.00 **The Big Bang Theory**
3.50 **to 6.00** AM **The Neighborhood**

+1 hr 235/236 306 30 123 256

primetime

primetime

Thursday

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Stop, Search, Seize**
7.00 **Send in the Dogs**
8.00 **Border Patrol**
9.00 **Nothing to Declare**
9.30 **Brit Cops: Rapid Response**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 9/22. (S1)
1.00 PM **The Rookie** 9/20. After Officer Bradford's wife is found shot but alive, he is determined to track down the man responsible. (S1)
2.00 **Stop, Search, Seize**
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 FBI

7 PM

7.00 Nothing to Declare Two brothers claiming to be tourists are caught out. **7.30** A nervous passenger is questioned by officials.

8 PM

8.00 Law & Order: Criminal Intent *Unrequited:* 12/21. Goren and Eames investigate a rich woman's lust for fame. (S3)

9 PM

9.00 FBI New episode *Manhunt:* 12/22. The team race to recover a victim of sex-trafficking after a sting operation goes awry. (S7)

10 PM

10.00 FBI: International New episode *Blood Doesn't Become Water:* 12/22. The Fly Team lead an urgent manhunt. (S4)
11.00 **Law & Order: SVU** (S26)
12.00 M'T **Law & Order: Criminal Intent** 7/21. (S3)
1.00 AM **The Rookie: Feds** 18/22.
2.00 **Law & Order: Special Victims Unit** 9&10/22. (S26)
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
7.00 **Richard E Grant's Hotel Secrets** Miami's South Beach.
8.00 **Boardwalk Empire** (S5)
10.15 **Homicide: Life on the Street**
11.20 **Game of Thrones** 9/10. (S5)
12.25 PM **My Brilliant Friend** (S3)
2.40 **Boardwalk Empire** (S5)
4.55 **Homicide: Life on the Street** 22/22. Mike and Julianna face the light of day. (S5)
6.00 **Game of Thrones** 5/6. Varys betrays his queen, and Daenerys brings her forces to King's Landing. (S8)

10.00 Sweetpea

7.30 Game of Thrones *The Iron Throne:* 6/6. In the aftermath of the battle at King's Landing, Daenerys declares her intentions for Westeros, and Tyrion faces the consequences of his actions. (S8)

9.00 The Iris Affair New episode *Ex Nihilo:* 5/8. Iris gets herself out of a corner, and Joy meets genius Jensen Lind. (S1)

10.00 Sweetpea *This Sort of Thing Needs Some Feminine Energy:* 2/6. Rhiannon's victim is discovered. (S1)
11.00 **The Last of Us** 7/7. Amid the battle between Seattle's warring factions, Ellie's search draws her towards a devastating confrontation. (S2)
12.00 M'T **The Sopranos** (S5)
2.00 AM **Game of Thrones** (S8)
5.00 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S5)
8.00 **The Flash** 4/13. (S9)
9.00 **Stargate SG-1** 13&14/22. (S1)
11.00 **SEAL Team** 5/14. (S5)
12.00 NOON **The Flash** 5/13. (S9)
1.00 PM **Hawaii Five-0** (S5)
3.00 **S.W.A.T.** 13/22. A mistake puts Jim into the spotlight. (S1)
4.00 **NCIS: New Orleans** 15/16. The FBI arrest Connor. (S7)
5.00 **SEAL Team** 4/14. The team attempt to prevent a major terrorist attack in Africa. (S5)
6.00 **Stargate SG-1** 13/22. Jackson is presumed dead. (S1)

10.00 Brassic

7.00 Stargate SG-1 *Hathor:* 14/22. A Goa'uld masquerading as the Egyptian goddess Hathor casts a deadly spell. (S1)

8.00 Rob & Romesh vs Andy Murray Rob Beckett and Romesh Ranganathan meet the tennis star.

9.00 Strike Back: Silent War 3/10. Section 20 and Katrina Zarkova race to locate the stolen nuclear missile. (S7)

10.00 Brassic New episode *Halloween Heist:* 5/6. Davey ropes the gang into stealing a corpse. (S7)
11.00 **Never Mind the Buzzcocks**
12.00 M'T **From** 10/10. (S1)
1.00 AM **A to Z of Horror Movies**
2.00 **NEW SERIES The Walking Dead: Daryl Dixon** 1/7. A chance encounter provides a potential way home. (S3)
3.00 **S.W.A.T.** 13/22. (S1)
4.00 **NCIS: New Orleans** (S7)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.55 **The Big Bake**
8.45 **Sam and Billie: Sister Act**
9.40 **The Only Way Is Essex**
10.20 **Real Housewives of Potomac**
11.15 **Real Housewives of New...**
12.05 PM **Dinner Date**
1.05 **Celebrity Dinner Date**
2.05 **The Only Way Is Essex**
3.05 **Real Housewives of Cheshire**
4.05 **Real Housewives of Potomac** New edition
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

7.00 Deal or No Deal

7.00 Deal or No Deal Stephen Mulhern hosts as Paula takes on the Banker for the chance to win a life-changing cash prize.

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 Big Brother New edition A group of contestants live under 24-hour surveillance, hoping to win a cash prize.

10.00 Big Brother: Late & Live New edition AJ Odudu and Will Best present a companion show in front of a studio audience.
11.05 **Family Guy** 5/20. Joe asks Peter to be a godfather. (S19) **11.35** 5/23. Brian and Stewie go back in time. (S10)
12.05 AM **American Dad!** (S16&15)
1.05 **Extraordinary** 8/8. (S2)
1.35 **Deal or No Deal** As 7.00pm.
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **The Royal**
7.05 **Classic Emmerdale**
8.10 **Classic Coronation Street**
9.10 **Doc Martin** 2/8. (S8)
10.15 **The Royal** *Dr Who?*
11.15 **Heartbeat** Double bill.
1.25 PM **Classic Emmerdale**
2.30 **Classic Coronation Street**
3.30 **Downton Abbey** 8/9. (S3)
5.00 **Doc Martin** 3/8. Al's plans are derailed when Ken announces he is closing the pub. (S8)
6.00 **Heartbeat** *The Rivals:* Ventress probes a possible case of industrial sabotage.

8.00 Vera

7.00 Heartbeat *Home to Roost:* Hippies colonise Lawson's holiday cottages, causing much dissent among the locals.

8.00 Vera *Darkwater:* A teenage boy is found dead in a reservoir near a remote rural town. Vera takes on the case, and uncovers a web of fractured relationships within the community.

10.00 Lewis *The Ramblin' Boy:* The detective investigates a possible link between the disappearance of a senior police officer and the discovery of a body.
11.55 **Wire in the Blood** 4/5. The suffocation of a woman proves the prelude to a string of similar killings and makes Tony wonder whether a respected psychologist was involved. (S5)
1.45 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 NEW SERIES **The Entertainment Mix** Michelle McManus presents the latest culture and arts news.
8.00 **My Kind of Town** Ian Hamilton explores the royal burgh in Caithness.
8.30 **Landward** New edition Dougie Vipond visits the East Neuk of Fife to meet a pair of farming sisters.
9.00 **Highland Cops** The bomb disposal squad is called in when a chemical lab is found in a flat.
10.00 **Limmy's Show** 2/6. Wee Gary hatches a new scheme. (S1)
10.30 **Burnistoun** 2/6. A statue honouring the town's greatest man is unveiled. (S3)
11.00 **Scotcast** New edition
11.30 PM **to 12.00** M'T **Scot Squad** 6/6. (S5)

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S4)
9.00 **The Conners** (S2)
10.00 **Sex and the City** (S2)
11.20 **Girls** 1&2/10. (S5)
12.30 PM **Will & Grace** (S4)
1.30 **Sex and the City** (S2)
2.35 **The Office (US)** (S5)
3.35 **The Conners** (S2)
4.30 **The Office (US)** (S5)
5.30 **Will & Grace** (S4)
6.30 **Ballers** 7&8/10. (S3)
7.45 **Sex and the City** 14/18. Miranda has trouble shaking off her attraction to angry men. **8.25** 15/18. Charlotte's married brother sleeps with Samantha. (S2)
9.00 **Yvonne Orji: Momma I Made It!** Stand-up.
10.15 **The Chair Company** 2/8. Comedy. (S1)
10.55 **And Just Like That...**
11.50 **Entourage** 5/14. (S2)
12.20 AM **Girls** (S4&5)
1.40 **Veep** (S5&6)
2.55 **Curb Your Enthusiasm**
4.20 **to 5.00** AM **Silicon Valley**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Highlights**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **André Rieu: Welcome to My World**
1.00 PM **Tales of the...**
2.00 **DH Lawrence: Sex, Exile and Greatness**
3.00 **Stories from the National Portrait Gallery**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Portrait Artist of the Year** With Adjoa Andoh.
8.00 **Classic Movies: The Story of The Life and Death of Colonel Blimp** New edition
9.00 **The Directors**
10.00 **Discovering**
11.00 **Sean Connery vs James Bond**
12.15 AM **Becoming Marilyn**
1.30 **V&A Presents Alice: Curiouser and Curiouser**
3.30 **to 6.00** AM **Highlights**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Nothing to Declare** Double bill.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S2)
5.00 **Stargate SG-1** (S9)
6.00 **Star Trek: Voyager**
7.00 **Star Trek: The Next Generation** *Legacy:* 6/26. The crew meet Tasha Yar's sister. (S4)
8.00 **Star Trek: Deep Space Nine** *Rapture:* 10/26. Sisko is plagued by life-threatening visions.(S5)
9.00 **Killer in My Village**
10.00 **The Real Manhunter**
11.00 **Grimm** 8/22. (S2)
12.00 M'T **Warehouse 13** (S2)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Rapid Response** Documentary.
3.00 **The Force: North East**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A team of five from Nottingham take part in the quiz show.
3.00 **Beat the Chasers**
4.00 **Tenable** A team of five siblings take part in the quiz show hosted by Warwick Davis.
5.00 **Deal or No Deal** Double bill of the game show hosted by Stephen Mulhern.
7.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
9.00 **Ant & Dec's Limitless Win** Steve and Jordan finish their game before husband-and-wife team Richard and Lorna get their chance to win big.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.50 AM **Ant & Dec's Limitless Win**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Diagnosis Murder**
10.00 **Little House on the Prairie** 7&8/22. (S7)
12.00 NOON **Highway to Heaven** 2/24. (S4)
1.00 PM **Diagnosis Murder**
3.00 **Born and Bred** (S2)
4.05 **Down to Earth** (S3)
5.05 **Rumpole of the Bailey**
6.10 **Rising Damp** 1/8. (S2)
6.40 **The Fall and Rise of Reginald Perrin** (S2)
7.20 **Home to Roost** (S2)
7.50 **A Fine Romance** (S2)
8.20 **Just Good Friends** (S1)
9.00 **FILM The Belles of St Trinian's** Comedy. (1954, b/w, U, 87min) ★★★★
11.05 **Rising Damp** 1/8. (S2)
11.35 **Man About the House**
12.05 AM **M*A*S*H** (S2)
1.05 **Just Good Friends** (S1)
1.45 **The Fall and Rise of...**
2.25 **Home to Roost** (S2)
2.50 **A Fine Romance** (S2)
3.15 **Born and Bred** (S2)
4.05 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

- **6.00** AM **The Derby Through the Years** Memorable stagings.
- **6.20** **Kojak** Double bill.
- **8.25** **Magnum, PI**
- **11.30** **BattleBots**
- **12.35** PM **Kojak** Double bill.
- **2.45** **Magnum, PI** *Straight and Narrow:* Thomas is hired to find a missing vice girl. **3.45** *AAPI:* Thomas examines a French detective's murder.
- **4.55** **The Saint** *Portrait of Brenda:* Simon Templar investigates a twisted tale of rock 'n' roll, meditation and murder.

11.30 Shaun of the Dead

- **6.00** **LIVE Darts: European Championship** Jacqui Oatley is joined by Alan Warriner-Little and Chris Mason to present coverage of the first day from Westfalenhallen in Dortmund, featuring eight first-round matches played over the best of 11 legs. Commentary from Stuart Pyke, John Rawling and Ned Boulting.
- **10.00** **Ligue 1 Highlights** Featuring Nice v Lyon.
- **10.30** **T100 Highlights** Action from the event in Wollongong, Australia.
- **11.30** **FILM Shaun of the Dead** Horror comedy starring Simon Pegg, Kate Ashfield, Nick Frost and Lucy Davis. (2004, 15, 99min) ★★★★
- **1.20** AM **The Saint**
- **2.20** **The Protectors**
- **2.50** **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

- **6.00** AM **Most Haunted**
- **8.00** **Teleshopping**
- **11.00** **Star Trek: The Next Generation** 19/22. (S2)
- **12.00** NOON **Star Trek: Enterprise**
- **1.00** PM **Star Trek: Deep Space Nine** 7/26. (S3)
- **2.00** **Warehouse 13** 8&9/20. (S4)
- **4.00** **Star Trek: The Next Generation** 19/22. (S2)
- **5.00** **Stargate Atlantis** 17/20. (S5)
- **6.00** **Star Trek: Enterprise** 11/26. Trip rescues a woman from kidnappers, resulting in a romantic adventure. (S2)

10.40 Lovecraft Country

- **7.00** **Star Trek: Deep Space Nine** *Civil Defence:* 7/26. The crew get trapped on the station, which is about to self-destruct. (S3)
- **8.00** **Stargate Atlantis** *Infection:* 17/20. Sheppard and the crew encounter a seemingly abandoned Wraith vessel. (S5)
- **9.00** **Grimm** *Quill:* 4/22. An infected creature comes after Monroe and Rosalee. **9.50** *The Good Shepherd:* 5/22. A preacher asks for Nick's help when his church is robbed. (S2)
- **10.40** **Lovecraft Country** *Meet Me in Daegu:* 6/10. In the throes of the Korean War, nursing student Ji-ah crosses paths with a wounded Atticus. (S1)
- **11.50** **The Leftovers** 2/10. Kevin visits a therapist following a series of nightmares. (S1)
- **12.50** AM **Warehouse 13** (S4)
- **2.50** **Lovecraft Country** (S1)
- **4.00** **The Leftovers** As 11.50pm
- **5.00** **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

- **7.15** AM **Murdoch Mysteries** (S16)
- **9.00** **Father Brown** As 10.00pm.
- **10.00** **The Mentalist** 21/24. (S3)
- **11.00** **Hudson & Rex** 13/16. (S1)
- **12.00** NOON **Body of Proof** (S3)
- **1.00** PM **Death in Paradise** (S11)
- **2.00** **Murdoch Mysteries** (S16)
- **4.00** **The Mentalist** 21/24. Jane suspects that a state prison inmate is to blame for the murder of a guard. (S3)
- **5.00** **Hudson & Rex** 13/16. Charlie and Rex investigate reports of a mysterious light in the sky. (S1)
- **6.00** **Father Brown** As 10.00pm.

7.00 Body of Proof

- **7.00** **Body of Proof** *Breakout:* 12/13. An escaped prisoner asks Megan to help to prove his innocence. (S3)
- **8.00** **Death in Paradise** *Phone-In-Murder:* 6/9. A woman is suspected of reporting her own murder.
- **9.00** **Death in Paradise** *Murdering Lyrical:* 7/9. A reggae rap artist is shot dead at a soundcheck for a concert. (S11)
- **10.00** **Father Brown** *The Wheels of Wrath:* The arrival of a group of bikers cause outrage and excitement in equal measure.
- **11.00** **Evil** 4/10. The team encounter a truck driver whose wife thinks he is possessed. (S3)
- **12.00** M'T **White Collar** 13/16. (S4)
- **12.55** AM **FILM An Officer and a Murderer** Fact-based crime drama. (2012, 12, 85min) ★★
- **2.45** **to 4.00** AM **CSI: Vegas**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

- **7.00** AM **Highlights**
- **8.20** **Last of the Summer Wine**
- **9.40** **Hi-de-Hi!**
- **10.20** **Blackadder the Third**
- **11.00** **Last of the Summer Wine**
- **12.20** PM **My Hero**
- **1.00** **Keeping Up Appearances**
- **1.35** **Dad's Army**
- **2.15** **Blackadder the Third**
- **2.55** **Last of the Summer Wine**
- **4.15** **My Hero**
- **4.55** **Keeping Up Appearances**
- **5.35** **Hi-de-Hi!**
- **6.15** **Blackadder the Third**

4.55 Keeping Up Appearances

- **6.55** **Dad's Army** Captain Mainwaring and his platoon tackle a fire.
- **7.35** **The Good Life** Barbara's last posh frock gets torn, plunging her into gloom. **8.15** Margo and Jerry sow the seeds of an idea to Tom and Barbara. **8.55** Tom learns Margo has been keeping appointments at a mysterious address. **9.35** Barbara braves the ordeal of public speaking. With Robert Lindsay.
- **10.10** **Live at the Apollo** Hal Cruttenden introduces routines by Tom Stade and Justin Moorhouse at the Hammersmith Apollo.
- **11.15** **Blackadder the Third** Edmund falls foul of Dr Johnson. Guest stars Robbie Coltrane.
- **11.55** **The Good Life**
- **1.10** AM **Live at the Apollo**
- **2.20** **Inside No 9**
- **2.55** **Toast of London**
- **3.20** **to 4.00** AM **The Good Life**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

- **7.10** AM **Gadget Man** Double bill.
- **8.00** **Special Ops: To Catch a Criminal** Double bill.
- **10.00** **Train Truckers** Double bill.
- **12.00** NOON **Storage Hunters UK**
- **2.00** PM **Extreme Salvage Squad**
- **3.00** **Top Gear** Double bill.
- **5.00** **The Hairy Bikers' Asian Adventure** Dave and Si arrive in South Korea as they conclude their culinary journey.
- **6.00** **Rick Stein: From Venice to Istanbul** Rick arrives in the Greek Peloponnese, where he enjoys home-made moussaka.

10.00 Have I Got a Bit More...

- **7.00** **Would I Lie to You?** With Sam Campbell, Will Mellor, Kimberley Walsh and Charlene White. **7 PM**
- **7.40** **Richard Osman's House of Games** With Thanyia Moore and Kaye Adams. **8.20** With Ruby Bhogal, Ed Byrne, Ingrid Oliver and Matthew Pinsent. **8 PM**
- **9.00** **QI XL** Guests Bill Bailey, Jo Brand and Greg Davies join regular panellist Alan Davies and host Stephen Fry. **9 PM**
- **10.00** **Have I Got a Bit More News for You** Jess Phillips MP hosts the satirical quiz, with Hannah Fry and Jon Richardson. **10 PM**
- **11.00** **8 Out of 10 Cats** With Sara Pascoe, Oti Mabuse, Russell Kane and Maisie Adam.
- **12.00** M'T **Mock the Week**
- **12.40** AM **Would I Lie to You?**
- **2.00** **Release the Hounds**
- **2.50** **to 4.00** AM **Release the Hounds: Famous & Freaked**

+1 hour 211/212 327 74 259

4seven

137/138 163 143 49 127 16

- **9.00** AM **Find It, Fix It, Flog It**
- **10.00** **Help! We Bought a Village** In Normandy.
- **11.00** **A New Life in the Sun**
- **12.00** NOON **Kirstie and Phil's Love It or List It**
- **1.00** PM **A Place in the Sun**
- **3.00** **Come Dine with Me**
- **5.30** **Four in a Bed**
- **6.00** **Kirstie and Phil's Love It or List It**
- **7.00** **Great British Train Journeys from Above** Following the journey from Porthmadog to Blaenau Ffestiniog.
- **8.00** **Location, Location, Location** Kirstie and Phil catch up with buyers in Harrow and Glasgow.
- **9.00** **Grand Designs**
- **10.00** **FILM The Menu** Comedy thriller starring Ralph Fiennes. (2022, 15, 107min) ★★★★
- **12.10** AM **Celebrity Gogglebox**
- **1.10** **Gogglebox**
- **2.10** **Hunted** Double bill.
- **4.15** **to 4.55** AM **Food Unwrapped**

5USA

141/169 129 120/162 21 129 29

- **9.00** AM **Entertainment News**
- **9.10** **NCIS** 12-14/24. (S12)
- **12.00** NOON **Law & Order**
- **6.00** PM **NCIS** *Incognito:* 3/24. Bishop and McGee pose as a married couple to investigate a US Marine's murder. **7.00** *Double Trouble:* 4/24. Vance investigates a murder that seems to be connected to his past. **8.00** *Lockdown:* 5/24. Armed men storm a pharmaceutical lab. (S13)
- **9.00** **Blue Bloods** *Pain Killers:* 9/22. The case Baez and Danny are working on takes a strange turn. **10.00** *Heavy Is the Head:* 10/22. Jamie and Eddie ask Erin to drop the charges against a man who bravely rescued a woman. (S8)
- **11.00** **Law & Order: Special Victims Unit** (S24&23)
- **2.45** AM **NCIS** 19/22. (S20)
- **3.35** **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

- **8.00** AM **Bargain-Loving Brits in the Sun**
- **10.00** **The Hotel Inspector**
- **11.00** **Traffic Cops** Triple bill.
- **2.00** PM **Police Interceptors**
- **5.00** **Shoplifters: Caught Red Handed**
- **6.00** **Home and Away**
- **7.00** **Casualty 24/7: Every Second Counts**
- **8.00** **GPs: Behind Closed Doors** New edition The work of doctors at a medical practice.
- **9.05** **A&E After Dark** A man is rushed into A&E with potentially life-threatening brain injuries.
- **10.00** **Ambulance: Code Red**
- **11.00** **Trauma Room One**
- **12.00** M'T **Skin A&E**
- **1.00** AM **GPs: Behind Closed Doors** Medical series.
- **2.00** **Casualty 24/7: Every Second Counts**
- **2.45** **Home and Away**
- **3.35** **to 4.00** AM **Highway Patrol**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

- **9.00** AM **Entertainment News**
- **9.10** **Outback Truckers**
- **10.05** **Trucking Hell**
- **11.05** **Traffic Cops**
- **12.05** PM **Police Interceptors**
- **2.10** **FILM In Old California** Western drama. (1942, b/w, PG, 88min) ★★
- **4.00** **Trucking Hell**
- **5.00** **Traffic Cops**
- **6.00** **Police Interceptors**
- **8.00** **Motorway Cops: Catching Britain's Speeders** A driver rams a police car.
- **9.00** **Trucking Heavy** New edition In Wales, Ant transports a 35-ton steam locomotive.
- **10.00** **Outback Truckers** A livestock trucker transports two ostriches.
- **11.00** **Scam City**
- **12.00** M'T **MacGyver** (S3)
- **1.00** AM **Extreme Winter Road Rescue**
- **2.00** **Trucking Hell**
- **3.50** **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

- **6.10** AM **Nick Knowles' New Year Clearout**
- **7.00** **Tipping Point**
- **10.00** **Property Brothers: Forever Homes**
- **1.00** PM **Tipping Point**
- **4.00** **DIY SOS: The Big Build**
- **7.00** **MasterChef Australia** New edition The contestants must design and cook a three-course menu, hoping to secure a spot in the Grand Finale.
- **8.30** **Pete Wicks: For Dogs' Sake** Pete meets Lurcher Terri, who is terrified of the world and must learn to trust again.
- **9.30** **Louis Theroux: Shooting Joe Exotic** Louis revisits his 2011 documentary *America's Most Dangerous Pets.*
- **11.30** **One Born Every Minute** Double bill.
- **1.40** **to 3.00** AM **Interior Design Masters with Alan Carr**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

- **7.35** AM **Soldier, Soldier**
- **8.30** **Doctors**
- **9.50** **Classic Holby City**
- **10.50** **Classic Casualty**
- **11.55** **The Bill**
- **1.00** PM **Classic EastEnders**
- **2.20** **Soldier, Soldier**
- **3.20** **Monarch of the Glen**
- **4.20** **London's Burning**
- **5.25** **The Upper Hand**
- **6.00** **Terry and June**
- **6.40** **Last of the Summer Wine** Double bill.
- **8.00** **Miss Marple** *They Do It with Mirrors:* The sleuth visits the country house of an old friend's sister, where an argument in a locked room culminates in a man being killed.
- **10.30** **New Tricks** *Ice-Cream Wars:* The squad deal with a family feud.
- **11.50** **Waking the Dead**
- **1.00** AM **Lovejoy**
- **2.00** **The Upper Hand**
- **2.40** **Terry and June**
- **3.10** **to 4.00** AM **Harry Wild**

+1 hr 243 316 60 260

THURSDAY Entertainment

Thursday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Dorset.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
2.00 **Money for Nothing**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** A juggling clown catches Paul Martin's eye.
8.00 Margie Cooper tries her hand at pottery.
9.00 **Celebrity Help! My House Is Haunted** New edition Nancy Dell'Olio is targeted by an unknown entity.
10.00 **My Haunted Hometown** New edition Sinister spirits torment unsuspecting families.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Double bill.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room** Items include a set of medical posters.
6.00 Items include a giant fibreglass gorilla.
7.00 **The Chase Celebrity Special** Guests Colin Baker, David Weir, Chelsee Healey and Alex Horne take part.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
4.00 AM **The Crystal Maze**
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.00 AM **Tombstone Territory**
9.30 **FILM They Came to Cordura** Western. (1959, PG, 123min) ★★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM **FILM Texas** Western. (1941, PG, 93min) ★★★
3.00 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!**
7.00 **The Avengers** (S5)
8.00 **The New Avengers**
9.00 **FILM Star Trek** Sci-fi adventure prequel starring Chris Pine and Zachary Quinto. (2009, 12, 127min) ★★★★
11.50 **FILM Cell** Sci-fi thriller starring John Cusack. (2014, 15, 95min) ★★★
1.55 AM **The Avengers**
2.55 **The New Avengers**
3.55 **Cops Uncut** Double bill.
4.55 **to 5.40** AM **Coast Guard Alaska**

+1 hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **FILM Framed By My Sister** (2021, 12) ★★
9.10 **Murder, She Wrote**
10.10 **Unforgettable** (S2)
11.10 **Castle** 2/24. (S3)
12.10 PM **Hailey Dean Mysteries** Crime drama.
2.05 **FILM Garage Sale Mysteries: The Mask Murders** (2018, PG) ★★
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 3/24. (S3)
8.00 **Unforgettable** (S3)
9.00 **FILM Along Came a Spider** (2001, 15) ★★★
11.15 **FILM Fixer Upper Mysteries: Concrete Evidence** (2017, PG) ★★
1.10 AM **FILM Snatched from Mommy** (2021)
2.50 **FILM The Lease** Thriller. (2017, PG, 97min) ★★
4.20 **to 5.50** AM **FILM Pretty Cheaters, Deadly Lies** Thriller. (2020, PG) ★★

+1 hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM The Perfect Christmas Village** Fantasy. (2018, PG) ★★
10.05 **FILM Christmas in Evergreen** (2017, U) ★★
11.55 **FILM Christmas in Evergreen: Letters to Santa** (2018, PG) ★★
2.00 PM **FILM Christmas in Evergreen: Tidings of Joy** (2019, PG) ★★
3.55 **FILM Reunited at Christmas** (2018) ★★
5.55 **FILM Angel of Christmas** Drama. (2015, PG) ★★
8.00 **FILM Merry Mystery Christmas** Romance. (2023, PG, 84min) ★★
9.55 **FILM Christmas Joy** Drama. (2018, U) ★★
11.50 **FILM Christmas on Holly Lane** Drama. (2018, PG, 83min) ★★
1.40 AM **FILM Candy Cane Christmas** (2020) ★★
3.20 **to 4.50** AM **FILM Christmas in Evergreen: Tidings of Joy** (2019)

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
10.30 **Bewitched** 7/36. (S1)
11.00 **In Loving Memory** (S5)
11.30 **Doctor in the House**
12.00 NOON **Carry On...**
12.30 PM **You're Only Young Twice** 2/7. (S4)
1.00 **FILM At War with the Army** (1950, U) ★
2.45 **We Had One of Those**
2.55 **Mysterious Tales**
3.00 **Bramwell** 2/10. (S3)
4.00 **Born Free** 7/13. (S1)
5.00 **A Sharp Intake of Breath** 2/6. (S4)
5.30 **In Loving Memory** (S5)
6.00 **Don't Drink the Water**
6.30 **Carry On Laughing**
7.00 **Blue Thunder** 7/11. (S1)
8.00 **Bramwell** 2/10. (S3)
9.00 **Dark Skies** 17/20. (S1)
10.00 **Brass** 10/13. (S2)
10.30 **Stereo Underground**
11.30 **Mysterious Tales**
11.35 **Don't Drink the Water**
12.05 AM **FILM Mesmerised** Drama. (1986, 15) ★★
1.50 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **LIVE Snooker: Northern Ireland Open** The third round from Waterfront Hall, Belfast.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Johnathan sets mile-deep pots and pulls up a mystery species.
8.00 Many's news forces Sig and Clark to reconsider their decision.
9.00 **Expedition X** Phil and Jess investigate a gold mining town.
10.00 **Expedition Unknown** A project to help clone a woolly mammoth.
11.00 **Aussie Gold Hunters**.
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **The Hairy Bikers Go West** Mexican fusion.
7.00 **Paul Hollywood: City Bakes** From Nicosia.
8.00 **The Pioneer Woman**
9.00 **Jamie's Comfort Food**
10.00 **Tom Kerridge's American Feast**
11.00 **Great British Bake Off**
1.00 PM **American Adventure**
2.00 **James Martin's Mediterranean**
3.00 **Paul Hollywood: City Bakes** From Nicosia.
4.00 **The Pioneer Woman**
5.00 **Jamie's Comfort Food**
6.00 **Tom Kerridge's American Feast**
7.00 **Great British Bake Off**
9.00 **Ravneet Gill's Chop House** New editions
10.00 **James Martin's Brittany**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 1/25. (S2)
9.00 **The Fall Guy** 10/22. (S5)
10.00 **Charlie's Angels** (S2)
11.00 **FILM Warbirds** Drama. (2008, 15, 87min) ★★
1.00 PM **FILM Slipstream** Sci-fi adventure. (1989, PG, 101min) ★
3.00 **FILM The Lost Future** Sci-fi action adventure. (2010, 15, 90min) ★★
5.00 **Star Trek** 13/26. (S2)
6.00 **Charlie's Angels** (S2)
7.00 **The Fall Guy** 11/22. (S5)
8.00 **Walker, Texas Ranger**
9.00 **FILM The Foreigner** Thriller with Jackie Chan and Pierce Brosnan. (2017, 15, 113min) ★★
11.20 **FILM Officer Down** Crime action drama. (2013, 15, 93min) ★★
1.15 AM **FILM The Trust** Comedy thriller. (2016, 15, 90min) ★★★
3.05 **to 5.00** AM **FILM The Devil Rides Out** Horror. (1967, 15, 91min) ★★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **The Gambler: The Adventure Continues**
8.00 **FILM Meteor Moon** Sci-fi action adventure. (2020, PG, 80min) ★★
10.00 **Andromeda** 6/22. (S3)
11.00 **The Gambler: The Adventure Continues**
1.00 PM **FILM The Bull of the West** Western with Charles Bronson. (1972, 12, 90min) ★★
3.00 **Andromeda** 6/22. (S3)
4.00 **Six Million Dollar Man**
5.00 **The Gambler: The Adventure Continues**
7.00 **Andromeda** 7/22. (S3)
8.00 **Six Million Dollar Man**
9.00 **FILM Drop Zone** Action thriller starring Wesley Snipes and Gary Busey. (1994, 15, 102min) ★★
11.00 **FILM Brake** Thriller starring Stephen Dorff and Tom Berenger. (2012, 15, 87min) ★★★
1.00 **to 3.00** AM **FILM Drop Zone** As 9.00pm.

+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** Assessing items.
6.40 **Junk and Disorderly**
7.35 **Auction Hunters**
8.00 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Mega Disasters**
11.10 **The Curse of Oak Island**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Junk & Disorderly**
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **UFOs: Lost Evidence**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Ancient Aliens: Origins** The construction of ancient megalithic sites.
11.00 **Encounter: UFO**
12.00 M'T **Curse of Skinwalker Ranch**
1.00 AM **UFOs: Lost Evidence**
2.00 **Ancient Aliens**
3.45 **Court Cam** Double bill.
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Cruising with Jane McDonald** Double bill.
11.00 **World's Most Scenic Railway Journeys**
12.00 NOON **Ben Fogle: New Lives in the Wild**
1.00 PM **Portugal with Michael Portillo**
2.00 **Murder, She Wrote**
3.00 **Columbo**
5.00 **Scenic Railway Journeys**
6.00 **Sunken Treasures Revealed: Drain the Ocean** Documentary.
7.00 **Nazi Megastructures**
8.00 **Ben Fogle: New Lives in the Wild** From Australia.
9.00 **Secrets of Diana's Wedding Dress**
10.30 **Around the World by Train with Tony Robinson** Documentary.
11.00 **Prisoner: Cell Block H**
1.00 AM **Cruising with Jane McDonald** Double bill.
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **My Dream Derelict Home in the Sun**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Escape to the Country**
9.00 **My Dream Derelict Home in the Sun** A Birmingham couple rebuild an abandoned bungalow in Majorca.
10.00 **The Flipping El Moussas** New edition Tarek and Heather El Moussa take on one of their largest properties.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **Say Yes to the Dress: Atlanta** Double bill.
12.00 NOON **My 600lb Life**
2.00 PM **Return to Amish**
3.00 **Outdaughtered: Busby Quints** Double bill.
5.00 **Little People, Big World**
6.00 **My 600lb Life**
8.00 **Dr Pimple Popper** Jessica's cyst is close to her eye and could be dangerous to remove.
9.00 **Aussie Kids A&E** A girl is brought in after shoving a bead up her nose.
10.00 **The Bad Skin Clinic**
11.00 **My Extreme Excess Skin**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Cheapskates**
2.00 **The Bad Skin Clinic**
3.00 **My Extreme Excess Skin**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Flip or Flop**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
9.00 **Everybody Loves Raymond** 14-17/25. (S5)
11.00 **Spin City** 11-14/26. (S3)
1.00 PM **Friends** (S4)
7.00 **Friends** 20/24. Joey's snoring annoys Chandler.
7.30 21/24. Ross and Rachel reminisce.
8.00 22/24. Joey loses Ross's wedding ring.
8.30 23/24. Ross sets off to England. (S4)
9.00 **FILM Nine to Five** Comedy with Jane Fonda. (1980, 15, 110min) ★★★
11.15 **8 Out of 10 Cats Uncut**
12.05 AM **South Park** (S23)
2.05 **Mike Judge's Beavis and Butt-Head** (S3)
2.35 **Chris Ramsey: Approval Needed**
3.20 **Important Things with Demetri Martin**
3.45 **The Daily Show** New edition Talk show.
4.10 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Impractical Jokers**
7.00 **Teleshopping**
9.00 **Criminally Funny**
10.30 **Most Ridiculous**
11.00 **Friends** 3-6/18. (S10)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.30 **Takeshi's Castle**
4.00 **Most Ridiculous**
5.00 **Everybody Loves Raymond** 14-17/25. (S5)
7.00 **Spin City** 11-14/26. (S3)
9.00 **Everybody Loves Raymond** 21/24. Debra tries to discover why Robert is being so nasty.
9.30 22/24. Debra suffers from PMT. (S4)
10.00 **Friends** (S3&4)
2.00 AM **Utopia** 1&2/8. (S3)
3.00 **The Alternative Comedy Experience**
3.45 **Jayde Adams at the Comedy Store**
4.05 **Ed Gamble at the Comedy Store**
4.30 **Out of Order**
5.15 **to 6.00** AM **Everybody Loves Raymond**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
9.00 **Freddie Fries Again**
10.00 **The Rookie: Feds** (S1)
11.00 **911 Crisis Centre**
12.00 NOON **Paramedics Australia** Documentary.
1.00 PM **Motorway Patrol**
2.00 **Bondi Rescue**
3.00 **The Swarm** 4/8. (S1)
4.00 **Motorway Patrol**
5.00 **Air Ambulance ER**
6.00 **SEAL Team** (S4)
8.00 **The Rookie: Feds** *I Am Many:* 20/22. (S1)
9.00 **The Force: North East**
11.00 **The Swarm** 4/8. (S1)
12.00 M'T **The Russell Howard Hour**
1.20 AM **A League of Their Own** With Josh Taylor.
2.10 **Duck Quacks Don't Echo** Lee Mack hosts.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

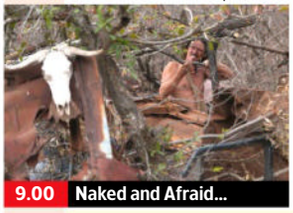
6.00 AM **Teen Mom Australia**
6.25 **Teen Mom UK**
8.00 **Catfish: The TV Show**
4.00 PM **Help! I'm in a Secret Relationship!**
6.00 **Catfish UK**
7.00 **Teen Mom 2**
8.00 **The Hills: New Beginnings** Reality show.
9.00 **Geordie Stories: Charlotte's New Baby** Charlotte Crosby and her partner Jake Ankers prepare for a new arrival.
10.00 **Black Ink Crew New York** Reality show.
11.00 **The Challenge: Vets and New Threats** New edition Everyone strategises on how to use a twist to their advantage.
12.30 AM **Love & Hip Hop: Atlanta** New edition Some of the group escape hurricane 24.
1.30 **The Challenge: Double Agents**
2.45 **Ink Master**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Wheeler Dealers World Tour**
8.00 **Barnwood Builders**
9.00 **Gold Rush** Double bill.
11.00 **Wheeler Dealers**
1.00 PM **Gold Divers** Double bill.
3.00 **Alaska: Homestead Rescue** The Raneys answer an urgent call from central Alaska.
5.00 **Moonshiners** Accident-prone Josh returns to the safety of his home, but crashes his van.
6.00 **Hoffman Family Gold** Todd's crew race to make a profitable final season for Grampa Jack.



9.00 Naked and Afraid...

7.00 Wheeler Dealers The boys snap up a rusty Mitsubishi Shogun, and Elvis plans to upgrade its off-roading capability.

8.00 Combat Dealers Military equipment collector Bruce Crompton heads off to Finland looking for movie props.

9.00 Naked and Afraid Apocalypse New edition An unrelenting electrical storm pounds the wasteland for three straight days. Hunkered down in a junked car, Alexa struggles to stave off severe hypothermia.

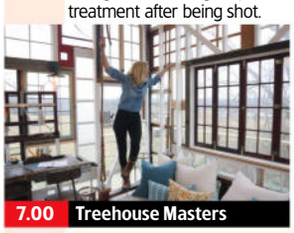
11.00 **How the Universe Works** New discoveries reveal NASA's Cassini spacecraft's secrets.
12.00 M'T **Blowing Up History** How The Tower of London became an infamous prison.
1.00 AM **Naked and Afraid Apocalypse** As 9.00pm.
3.00 **to 5.00** AM **Deadliest Catch**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Insane Pools: Off the Deep End** A giant pool.
9.00 **Bad Dog!** A pizza-loving pug.
10.00 **Tanked** With Antonio Brown.
11.00 **Animal Cops Philadelphia**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **Insane Pools: Off the Deep End** Double bill of editions.
5.00 **Lone Star Law** Gould and Hickerson try their best to save a seriously injured pelican.
6.00 **Dr Jeff: Rocky Mountain Vet** A dog needs emergency treatment after being shot.



7.00 Treehouse Masters

7.00 Treehouse Masters Pete is in New York's Catskill Mountains to construct a glasshouse in the sky using 50 vintage windows.

8.00 Alaska: Surviving the Last Frontier Following four groups of ordinary people as they travel into the wilderness of Alaska.

9.00 Alaska: The Last Frontier Otto and August are on a risky quest, while Charlotte, Eivin and Eve try to rescue a cow.

10.00 Mountain Monsters The team continue to explore the legend of Spearfinger and set off to investigate the Cherokee death cat.

11.00 **Pit Bulls & Parolees** Mariah faces a challenging rescue.
12.00 M'T **Crikey! It's the Irwins** A crocodile becomes ill.
1.00 AM **Alaska: Surviving the Last Frontier** As 8.00pm.
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Philadelphia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **World's Greatest Train Journeys from Above**
9.00 **Air Crash Investigation**
11.00 **Air Crash Investigation: Special Report**
12.00 NOON **Ice Road Rescue**
2.00 PM **Seconds from Disaster**
3.00 **Hindenburg: The New Evidence** The zeppelin crash.
4.00 **Killing Hitler** Documentary.
5.00 **Car S.O.S** A Morris Traveller.
6.00 **Lost Treasures of Egypt** A look into how Cleopatra used perfume to enhance and embellish her power.

9.00 Ice Road Rescue

7.00 Air Crash Investigation A mid-air explosion rocks Southwest Airlines 1380, and flight attendants make a horrifying discovery.

8.00 Inside Melbourne Airport New edition Nina's assistance dog makes his final flight before he finally retires.

9.00 Ice Road Rescue New edition In a raging storm, Thord takes on an apprentice who keeps messing things up.

10.00 Life Below Zero: First Alaskans New edition Joel Jacko looks to upgrade his dwelling's sustainability.

11.00 **Air Crash Investigation** The fate of Helios Flight 522.
12.00 M'T A crash in Norway.
1.00 AM **Airport Security: Rome**
2.00 **To Catch a Smuggler**
2.30 **Bid & Destroy** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **When Sharks Attack**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Irish Pickers**
6.55 **American Pickers**
7.50 **Storage Hunters**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **Discovered by Disaster**
1.00 PM **Life After People**
2.00 **Iconic Combat Machines**
3.00 **Hannibal: A March on Rome**
4.00 **Storage Hunters** Double bill.
5.00 **Canadian Pickers** Scott and Sheldon spot a rare dogsled.
6.00 **American Pickers** Mike excavates a classic Corvette.

5.00 Canadian Pickers

7.00 Forged in Fire The bladesmiths are tasked with creating a san mai billet in their most complex challenge yet.

8.00 Iconic Combat Machines New edition How the Messerschmitt Me 109 aircraft and M4 Sherman tank stayed relevant.

9.00 NEW SERIES Life After People A look at how, in a world without humans, water would turn from life-giver to destroyer.

10.00 Life After People Experts give their ideas about what life on Earth might be like after the extinction of humans.

11.00 **Life After People** The possibility of escaped animals, invasive vines and deadly viruses taking control of Earth.
12.00 M'T **Strange Evidence** A tunnel beneath the jungle.
12.55 AM **Discovered by Disaster**
1.50 **Life After People**
2.50 **Canadian Pickers**
3.40 **Pawn Stars** *Jurassic Park* toys.
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys** Double bill.
8.00 **Bangers & Cash** Double bill.
10.00 **Secret Nazi Bases**
11.00 **The Great War in Numbers**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Secret Nazi Bases** The tunnels, lakes and caches used by the Nazis to hide spoils of war.
5.00 **The Great War in Numbers** How World War One changed life on the home front.
6.00 **Antiques Roadshow** From a manor near Sevenoaks.

8.00 Bangers & Cash: Restoring...

7.00 Colombia with Simon Reeve The adventurer explores the country as 50 years of civil war draws to a close.

8.00 Bangers & Cash: Restoring Classics New edition A Peugeot 205 GTI brings back happy B-road memories.

9.00 Flipping Bangers Car enthusiasts Will Trickett and Gus Gregory splash out £550 on a garage owner's Mercedes 190.

10.00 Bangers & Cash A series of supercharged cars including a Ford Escort XR3 and a beautiful MGA head to the auction room.

11.00 **Bangers & Cash** A customer considers a Morris Marina as a Christmas present for his wife.
12.00 M'T A couple reunite with a Volvo breakdown truck.
1.00 AM **Abandoned Engineering** Croatia's Haludovo Palace Hotel.
2.00 **to 3.00** AM **Colombia with Simon Reeve** As 7.00pm.

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Salvage Hunters: Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Salvage Hunters** Drew snaps up two console tables in Sherborne.
9.00 New edition Serkan buys ancient fire-safety equipment.
10.00 **The Woodland Workshop** Building a spectacular storage unit featuring stained-glass.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Atlanta** Double bill.
11.00 **Forensic Detectives**
12.00 NOON **Love, Honor, Betray** True-crime.
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **Disappeared**
7.00 **Judge Rinder's Crime Stories** Tracking the killer of Gladys Godfrey.
8.00 **Murder on CCTV**
9.00 **Signs of a Psychopath** New editions Double bill.
10.00 **Your Worst Nightmare**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Erica Vassell.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Britain's Countryside Killers** The story of how Mark Buckley killed Ellen Higginbottom.
8.00 **Murder by the Sea** How Nora Trott, a much-loved member of her community, was savagely murdered.
9.00 **48 Hours** Las Vegas investigative reporter Jeff German makes his own headlines.
10.00 **Bloodline Detectives** New edition DNA and genetic genealogy identifies Susan Galvin's killer, Frank Wypych.
11.00 **Snapped: Killer Couples** True-crime.
12.00 M'T **A Secret to Die For**
1.00 AM **48 Hours**
2.00 **Bloodline Detectives**
3.00 **Murder by the Sea**
4.00 **to 5.45** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Killers: Caught on Camera** Double bill.
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Killers: Caught on Camera** Double bill.
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives**
7.00 **Judge Judy** Footage of an alleged assault is viewed in court and used against a man.
7.25 Threats of wage garnishment and alleged auto theft come into play.
7.50 Dodger, the spaniel mix, is at the centre of a custody battle between his owners.
8.15 A self-proclaimed nosy neighbour is accused of unnecessarily spaying a woman's dog.
8.40 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **The Force: Manchester**
8.00 **Motorway Patrol**
9.00 **Caught on Dashcam**
10.00 **Killer in My Village**
11.00 **Catching the Killer**
12.00 NOON **How I Caught...**
1.00 PM **Britain's Most Evil Killers** Lee Ford.
2.00 **Killer in My Village**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Murdered at First Sight**
7.00 **Britain's Most Evil Killers**
8.00 **World's Most Evil Killers**
9.00 **Catching the Killer**
11.00 **Murder Uncut**
12.00 M'T **Murdered at First Sight** Mikey Rainsford.
1.00 AM **How I Caught...**
2.00 **Killer in My Village**
3.00 **Murdered at First Sight**
4.00 **Border Security: America's Front Line**
5.00 **to 6.00** AM **Brit Cops: Frontline Crime UK**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Remarkable Miss North**
9.55 **D-Day Remembered**
10.55 **Pirates: Behind the Legends** Henry Morgan.
11.55 **Spy Ops** As 9.15pm.
1.00 PM **Remarkable Miss...**
2.15 **D-Day Remembered**
3.20 **Pirates: Behind the Legends** Henry Morgan.
4.20 **Spy Ops** As 9.15pm.
5.30 **Grand Tours of the...**
6.05 **Remarkable Miss North**
7.20 **D-Day Remembered: Minute by Minute**
8.20 **Pirates: Behind the Legends** Henry Morgan.
9.15 **Spy Ops** Testimony from a man who planned to assassinate the Pope.
10.20 **D-Day Remembered: Minute by Minute**
11.25 **Grand Tours of the Scottish Islands**
12.00 M'T **Pirates: Behind the Legends** Henry Morgan.
1.00 **to 2.00** AM **Grand Tours of the Scottish Islands**

THURSDAY

Thursday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Story of Late Night**
7.00 **Discovering: Octavia Spencer**
8.00 **The Directors**
9.00 **Gaming Wall St**
10.00 **The Vow**
11.00 **I Am Jackie O**
12.50 PM **My Icon: Leon McKenzie**
1.00 **Billy Joel: And So It Goes**
3.50 **My Icon: Casey Stoney**
4.00 **Discovering: Octavia Spencer**
5.00 **The Directors**
6.00 **Gaming Wall St**
7.00 **The Vow** 4/9. Sarah, Bonnie and Mark focus on getting women out of DOS and NXIVM.
8.00 **Black Widow** 3/3. The police finally execute a warrant for Dena Thompson's arrest.
9.00 **An American Bombing: The Road to April 19th** Examining the surge in homegrown political violence in the US.
11.00 **Pantani: The Accidental Death of a Cyclist**
1.00 AM **The Story of Late Night**
1.50 **Val** Documentary.
3.50 **Good Job: Stories of the FDNY**
5.00 **to 6.00** AM **Discovering: Octavia Spencer**

Sky Nature

145 113/114 189 354 369

6.00 AM **Arctic Secrets**
7.00 **Monkey Life** Double bill.
8.00 **Tales from Zambia**
9.00 **Orangutan Jungle School**
10.00 **Wildlife ER** As 4.00pm.
11.00 **Wild Battlegrounds**
12.00 NOON **Africa's Hunters**
1.00 PM **Monkey Life**
2.00 **Tales from Zambia**
3.00 **Orangutan Jungle School**
4.00 **Wildlife ER** Karina tries to save a koala mauled by dogs.
5.00 **Hope for Wildlife**
6.00 **Africa's Hunters**
7.00 **Monkey Life** Double bill.
8.00 **Deep Dive Australia**
9.00 **Great Parks of Africa** Table Mountain National Park.
10.00 **Africa's Hunters** An ageing leopard in the Luangwa Valley.
11.00 **Hope for Wildlife**
12.00 M'T **Wild Battlegrounds**
1.00 AM **Arctic Secrets**
2.00 **Deep Dive Australia**
3.00 **Great Parks of Africa**
4.00 **Tales from Zambia**
5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

6.00 AM **Mysteries Unearthed with Danny Trejo**
7.00 **History's Greatest Myths**
8.00 **The Proof Is Out There**
9.00 **WWII Lost Films**
11.00 **Ancient Aliens** Double bill.
1.00 PM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Digging for Britain**
4.00 **Mysteries Unearthed with Danny Trejo** A Cold War bunker.
5.00 **History's Greatest Myths**
6.00 **The Proof Is Out There**
7.00 **WWII Lost Films** A sergeant who stormed the beaches of Leyte in the Philippines. **8.00** Reporter Robert Sherrod accompanies Marines on their assault of Iwo Jima.
9.00 **Ancient Impossible** Weapons that armed ancient warriors. **10.00** The true power and scale of the Romans' ingenuity.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Digging for Britain**
4.00 **Auction Hunters**
5.00 **to 6.00** AM **Combat Ships**

Crime+Investigation

156 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Judge Rinder** Real-life cases.
10.00 **Buried in the Backyard**
11.00 **Motive to Murder**
12.00 NOON **Meet, Marry, Murder**
1.00 PM **Accident, Suicide or...**
2.00 **Judge Rinder** Real-life cases.
3.00 **Murder Detective**
4.00 **Murdertown** True-crime.
5.00 **When Missing Turns to Murder**
6.00 **Murder by Medic**
7.00 **Green Eyed Killers**
8.00 **Accident, Suicide or Murder?** New edition Documentary.
9.00 **The First 48** Documentary.
10.00 **City Confidential** New edition A lifeguard is found dead at a community swimming pool.
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Murder Detective**
2.00 **City Confidential**
3.00 **Meet, Marry, Murder**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the Backyard**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Fish Tank Kings**
10.00 **Shark Men** Documentary.
11.00 **The Wild Life of Dr Ole**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Hunt for the Giant Squid**
3.00 **Fish Tank Kings**
4.00 **Secrets of the Zoo**
5.00 **Ice Road Rescue**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** It's a trip to the dentist this week for a cougar with mouth problems.
8.00 **Austria's Wild Heritage** 1/2. Examining the beginnings of Austria's national parks. **9.00** 2/2. Exploring challenges to Austria's wild heritage.
10.00 **Rocky Mountain Railroad** A spike in temperature threatens Rocky Mountain's shipments.
11.00 **Ice Road Rescue**
12.00 M'T **Animal Fight Club**
1.00 AM **Swamp Men**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet** Documentary.
4.00 **to 5.00** AM **Africa's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **Concorde: The Final Flight**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Concorde: The Final Flight** The supersonic plane's last flight.
9.00 **Secrets Underground** Claims that the sunken city of Atlantis may have been in the Americas.
10.00 **How Do They Do It?** A look at how plasterboard is made from power station smoke. **10.30** A look into how car windows are made to keep out wind and rain, stones, thieves, noise and harmful UV rays.
11.00 **Massive Engineering Mistakes**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Expedition with Steve Backshall** Eight editions.
5.00 PM **TOTP: 1998** Triple bill.
6.55 **TOTP: 1998** Featuring Spice Girls, The Wombles, James, Alexia, Kylie Minogue, Bryan Adams and Texas. **7.30** Music by Celine Dion, Destiny's Child, M-People, All Seeing I and Robbie Williams. **8.10** Featuring performances from Savage Garden, Prince Buster and Janet Jackson. **8.50** Performances from Cleopatra, Ocean Colour Scene, Another Level, Shania Twain, N-Tyce and Will Mellor. **9.30** With Finley Quaye, Celine Dion, Hinda Hicks, Robyn Space feat Cerys Matthews, Spice Girls and Madonna. **10.10** Featuring performances by Natalie Imbruglia, Simple Minds, Five, Ginuwine, Cast from Casualty, Shed Seven, Lionrock and Celine Dion.
10.45 **TOTP: 1998**
4.35 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **The Killer in My Family**
9.00 **Faking It: Tears of a Crime**
11.00 **American Monster**
12.00 NOON **Evil Lives Here**
1.00 PM **Swamp Murders**
3.00 **American Monster**
4.00 **Evil Lives Here**
5.00 **Where Murder Lies**
7.00 **American Detective with Lt Joe Kenda** The body of a computer programmer is found submerged in a bathtub. **8.00** A former mayor turns up dead in his hunting cabin.
9.00 **The Murder Tapes** A case from Michigan involving two dead bodies found in a shed.
10.00 **Cabin in the Woods** A cosmetology student goes missing from Dubuque, Iowa.
11.00 **Home Alone** A case in which a woman and her adoptive son were held captive in their home.
12.00 M'T **High Speed Chase**
2.00 AM **Where Murder Lies**
4.00 **to 6.00** AM **American Detective with Lt Joe Kenda**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Massive Engineering Mistakes** A railway tragedy.
7.00 **Texas Metal** A 1964 Lincoln.
8.00 **Motor Pickers** Double bill.
9.00 **Kindig Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Kindig Customs**
4.00 **Richard Hammond's Workshop**
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers** Double bill.
7.00 **Shed and Buried**
8.00 **Richard Hammond's Workshop** Double bill.
10.00 **Kindig Customs** The guys must invent a new process to get the C10's tricky hood just right.
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Richard Hammond's Workshop** Motoring series.
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Twin Turbos**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.30 AM **Panda Plan** Comedy. (2024, 15, 99min) ★★★
8.20 **Juliet & Romeo** Musical. (2025, 12, 122min) ★★★
10.35 **Ick** As shown at 11.30pm.
12.15 PM **Black Bag** As 8.00pm.
1.55 **Lake George** As 9.40pm.
4.00 **Grow** Comedy with Nick Frost. (2025, PG, 107min) ★★★★
5.50 **Bridget Jones: Mad About the Boy** Romantic comedy sequel with Renée Zellweger. (2024, 15, 125min) ★★★★

4.00 Grow

8.00 Black Bag Espionage thriller starring Michael Fassbender and Cate Blanchett. When a spy is suspected of treason, her husband faces the ultimate test. With Tom Burke. (2024, 15, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 Lake George Crime thriller starring Carrie Coon and Shea Wingham. Two misfits embark on a road trip, take a dubious deal and find redemption amid shady circumstances. (2024, 15, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Ick** Dark sci-fi comedy with Brandon Routh, Mena Suvari and Malina Pauli Weissman. (2024, 15, 93min) ★★★
1.15 AM **It Feeds** Horror with Shawn Ashmore and Ashley Greene. (2025, 15, 102min) ★★★
3.05 **The Stranger in My Home** Thriller starring Sophia Bush. (2025, 15, 91min) ★★
4.45 **to 6.40** AM **Grow** As 4.00pm.

Sky Cinema Hits

303 303 403 503 517

6.50 AM **The Cinema List: SNL**
7.10 **David Brent: Life on the Road** Comedy. (2016, 15) ★★
8.50 **The Nutty Professor** Comedy. (1996, 12, 95min) ★★★
10.35 **Nutty Professor II: The Klumps** (2000, 12) ★★★
12.30 PM **Man of Steel** Fantasy. (2013, 12, 143min) ★★★
2.55 **Superman Returns** Adventure. (2006, 12, 154min) ★★★
5.30 **The Da Vinci Code** Thriller. (2006, 12, 149min) ★★★

5.30 The Da Vinci Code

8.00 Angels & Demons Mystery thriller starring Tom Hanks and Ewan McGregor. Harvard professor Robert Langdon must solve a series of cryptic riddles in order to prevent a hidden time bomb from destroying the Vatican. (2009, 12, 138min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Inferno Thriller starring Tom Hanks and Felicity Jones. While suffering from amnesia, Professor Robert Langdon tries to stop a lethal virus from killing millions of people. (2016, 12, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Hollow Man** Paul Verhoeven's sci-fi thriller starring Elisabeth Shue, Kevin Bacon and William Devane. (2000, 18, 113min) ★★★
2.25 **Superman Returns** (2006)
5.05 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

6.10 AM **Anatomy of a Murder** Legal drama with James Stewart. (1959, b/w, 12, 160min) ★★★★★
9.05 **Dear John** Romantic drama. (2010, 12, 108min) ★★
11.10 **Elizabeth: The Golden Age** Historical drama sequel. (2007, 12, 114min) ★★★
1.20 PM **Darkest Hour** Period drama starring Gary Oldman. (2017, PG, 122min) ★★★
3.35 **Ferrari** Biopic starring Adam Driver. (2023, 15, 130min) ★★★
5.50 **P.S. I Love You** Comedy drama. (2007, 12, 121min) ★★★
8.00 **It Ends with Us** Drama based on Colleen Hoover's novel, starring Blake Lively and Justin Baldoni. (2024, 15, 125min) ★★★
10.15 **There Will Be Blood** Epic drama starring Daniel Day-Lewis. A prospector makes a fortune in the 20th-century oil business but turns into a haunted loner. (2007, 15, 158min) ★★★★★
1.00 AM **Midnight Express** Alan Parker's drama starring Brad Davis. (1978, 18, 120min) ★★★★
3.05 **Problemista** Comedy. (2024, 15, 104min) ★★★
4.55 **to 6.55** AM **Breakfast at Tiffany's** Romantic comedy. (1961, PG, 106min) ★★★★★

Sky Cinema Science Fiction

311 311 411 511 525

7.15 AM **If You Were the Last** Sci-fi comedy with Anthony Mackie. (2023, 15, 92min) ★★★★
9.00 **King Kong** Adventure remake. (2005, 12, 187min) ★★★★
12.15 PM **Blade Runner** Thriller. (1982, 15, 130min) ★★★★★
2.25 **Evolution** Sci-fi comedy. (2001, PG, 101min) ★★★★
4.20 **Passengers** Sci-fi action drama. (2016, 12, 116min) ★★★
6.20 **Gravity** Thriller starring Sandra Bullock and George Clooney. (2013, 12, 91min) ★★★★★
8.00 **Children of Men** Sci-fi thriller starring Clive Owen, Julianne Moore and Michael Caine. (2006, 15, 109min) ★★★★★
10.05 **Total Recall** Thriller remake starring Colin Farrell, Jessica Biel and Kate Beckinsale. In a post-apocalyptic future Earth, a worker unlocks memories of his secret past as a super-spy. (2012, 12, 113min) ★★★
12.15 AM **Timestalker** Fantasy comedy. (2024, 15, 89min) ★★★★
1.55 **Event Horizon** Sci-fi horror thriller. (1997, 18, 96min) ★★★
3.40 **Repo Men** Sci-fi action thriller. (2009, 18, 111min) ★
5.50 **to 6.05** AM **The Cinema List: Horror Villains**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.45 AM **Charlie and the Chocolate Factory** Fantasy. (2005, PG, 115min) ★★★★
8.55 **The SpongeBob SquarePants Movie** (2004, U) ★★★★
10.30 **My Penguin Friend** Drama. (2024, PG, 98min) ★★★★
12.20 PM **Peter Rabbit 2: The Runaway** (2021, U) ★★★
2.10 **Reuniting the Rubins** (2010)
4.05 **Johnny English Reborn** Comedy. (2011, PG) ★★★
6.00 **IF** Fantasy. (2024, U) ★★★

7.50 Stuart Little 2 Fantasy adventure sequel with the voices of Michael J Fox and Melanie Griffith. (2002, U, 78min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.15 Sonic the Hedgehog 3 Fantasy adventure sequel starring Jim Carrey. The blue hedgehog, Knuckles and Tails reunite to face the villainous Shadow. With James Marsden and Tika Sumpter. (2024, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Reuniting the Rubins** Comedy drama with Timothy Spall. (2010, PG, 98min) ★
12.55 AM **Ella Enchanted** Comic fantasy adventure with Anne Hathaway and Hugh Dancy. (2004, PG, 96min) ★★★
2.40 **Big Fat Liar** Comedy with Paul Giamatti and Frankie Muniz. (2002, PG, 88min) ★★★
4.15 **to 6.05** AM **The Nutty Professor** Comedy remake. (1996, 12, 95min) ★★★

Sky Cinema Action

307 307 407 507 521

7.05 AM **Red Right Hand** Thriller. (2023, 15, 111min) ★★★
9.10 **Ghost Rider** (2006, 12) ★★★
11.05 **Novocaine** Action comedy. (2024, 15, 80min) ★★★
1.05 PM **Saving Private Ryan** Steven Spielberg's war drama. (1998, 15, 169min) ★★★★★
4.05 **Baby Driver** Action thriller. (2017, 15, 113min) ★★★★
6.10 **Ghost Rider: Spirit of Vengeance** Fantasy adventure sequel. (2012, 12, 91min) ★★

8.00 Robin Hood: Prince of Thieves Fantasy adventure starring Kevin Costner. Robin Hood forms a band of outlaws to exact revenge on the tyrannical Sheriff of Nottingham. With Alan Rickman, Morgan Freeman and Mary Elizabeth Mastrantonio. (1991, PG, 138min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 Kong: Skull Island Action adventure starring Tom Hiddleston. A secret mission to a mysterious island descends into chaos when the wildlife proves far from welcoming. (2017, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **The Killer** Crime thriller. (2024, 15, 125min) ★★★★
2.35 **Enter the Dragon** Thriller. (1973, 18, 97min) ★★★★
4.25 **to 6.10** AM **Long Gone Heroes** Thriller starring Eden Brolin. (2024, 15, 101min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.20 AM **Dumb and Dumber To** Comedy sequel. (2014, 15) ★★
8.25 **Finding Your Feet** Comedy. (2017, 12, 109min) ★★
10.30 **The Intern** (2015, 12) ★★★★
12.40 PM **My Big Fat Greek Wedding 2** (2016, 12) ★★
2.30 **HouseSitter** (1992, PG) ★★★
4.20 **Nutty Professor II: The Klumps** Comedy sequel. (2000, 12, 105min) ★★★
6.10 **Bad Teacher** Comedy. (2011, 15, 92min) ★★★

8.00 Beetlejuice Beetlejuice Horror comedy sequel starring Michael Keaton and Winona Ryder. The demon is summoned again when Delia Deetz returns to the community of Winter River. (2024, 12, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 Nacho Libre Comedy starring Jack Black as a Mexican monastery cook who begins moonlighting as a wrestler in order to buy better food for the orphans in his care. (2006, 12, 92min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Scott Pilgrim vs. the World** Quirky comic-book comedy. (2010, 12, 112min) ★★★★
1.35 AM **Parenthood** Comedy drama starring Steve Martin. (1989, 15, 124min) ★★★★
3.45 **The Cinema List: SNL**
4.15 **to 6.05** AM **The Men Who Stare at Goats** Comedy. (2009, 15, 89min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Poker Face** Crime thriller. (2022, 15, 120min) ★★★
7.45 **Mob Cops** Crime drama. (2024, 15, 87min) ★
9.25 **Caddo Lake** As 2.15am.
11.20 **The Thicket** Crime drama. (2024, 15, 108min) ★★★
1.20 PM **Amongst the Wolves** Thriller. (2024, 15) ★★★
3.10 **The Bikeriders** Crime drama. (2023, 15, 116min) ★★★★
5.15 **There Will Be Blood** Drama. (2007, 15, 158min) ★★★★★

8.00 RocknRolla Guy Ritchie's crime comedy thriller starring Gerard Butler, Tom Wilkinson, Thandie Newton and Mark Strong. Two East End crooks trigger a feud between a London crime boss and a Russian mobster. (2008, 15, 110min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Serpico Fact-based crime drama starring Al Pacino as an idealistic New York cop who blows the whistle on his corrupt police colleagues. With John Randolph. (1973, 18, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Lawless** Prohibition-era crime drama starring Shia LaBeouf and Tom Hardy. (2012, 18, 111min) ★★★★
2.15 **Caddo Lake** Thriller with Dylan O'Brien and Eliza Scanlen. (2024, 12, 99min) ★★★
4.05 **to 6.00** AM **Amongst the Wolves** As shown at 1.20pm.

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Man in the Saddle** Western. (1951, PG) ★★★
12.45 PM **San Demetrio, London** World War Two drama. (1943, b/w, PG, 105min) ★★★★
2.45 **Three Hours to Kill** Western. (1954, 12, 77min) ★★
4.20 **The Art of Racing in the Rain** Comedy melodrama. (2019, PG, 110min) ★★★
6.30 **Hidden Figures** Drama. (2016, PG, 127min) ★★★★

Hidden Figures (film started at 6.30pm) 8 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Bloodshot Sci-fi thriller starring Vin Diesel, Eiza Gonzalez and Guy Pearce. A resurrected Marine with augmented abilities tries to solve a conspiracy that robbed him of the woman he loved. With Sam Heughan. (2020, 12, 109min) ★★ 9 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Venom** Fantasy adventure starring Tom Hardy and Riz Ahmed. A journalist gains superhuman strength and power when his body merges with an alien organism. (2018, 15, 112min) ★★★ 10 PM
1.15 **to 3.05** AM **Saint Maud** Horror thriller starring Morfydd Clark and Jennifer Ehle. (2019, 15, 84min) ★★★★ 11 PM

+1hour 314 430 47 301 257

Sky Cinema Halloween

302 302 402 502 516

6.25 AM **Ick** As shown at 3.30pm.
8.10 **The Pact** As 7.25pm.
9.55 **Presence** Horror thriller. (2024, 15, 84min) ★★★★
11.35 **Salem's Lot** Horror chiller. (2024, 15, 109min) ★★★
1.40 PM **Tarot** Horror starring Harriet Slater. (2024, 15, 92min) ★★
3.30 **Ick** Dark sci-fi comedy starring Brandon Routh and Mena Suvari. (2024, 15, 93min) ★★★
5.20 **The Invisible Man** Thriller. (2020, 15, 124min) ★★★★
7.25 **The Pact** Mystery thriller with Caity Lotz and Haley Hudson. (2012, 15, 85min) ★★★
9.00 **Annabelle** Horror starring Annabelle Wallis and Ward Horton. A couple are attacked by members of a satanic cult, who transform a doll into a monster. (2014, 15, 97min) ★★
10.45 **Cuckoo** Horror starring Hunter Schafer and Jan Bluthardt. (2024, 15, 102min) ★★★
12.45 AM **Friday the 13th Part III** Stalk 'n' slash horror sequel. (1982, 18, 95min) ★
2.25 **Ma** Horror with Octavia Spencer. (2019, 15, 99min) ★★★
4.10 **Tarot** As shown at 1.40pm.
5.50 **to 7.15** AM **Sick** Horror thriller. (2022, 18, 83min) ★★★

Sky Cinema Greats

304 304 404 504 518

7.05 AM **Gorillas in the Mist** Drama. (1988, 12, 124min) ★★★★
9.20 **The Fisher King** Fantasy. (1991, 15, 137min) ★★★★★
11.40 **You've Got Mail** Comedy. (1998, PG, 114min) ★★★
1.45 PM **Sleepless in Seattle** Comedy starring Tom Hanks. (1993, PG, 105min) ★★★★★
3.45 **The Bodyguard** Romantic thriller. (1992, 15, 129min) ★★★
6.00 **Grease** Musical starring John Travolta and Olivia Newton-John. (1978, PG, 110min) ★★★★
8.00 **Singin' in the Rain** Musical starring Gene Kelly, Donald O'Connor and Debbie Reynolds. (1952, U, 102min) ★★★★★
9.45 **The Blues Brothers** Culomedy starring John Belushi and Dan Aykroyd as two brothers who get their old R&B band back together to save the orphanage that was their childhood home. (1980, 15, 135min) ★★★★★
12.00 M'T **Midnight Run** Comedy thriller starring Robert De Niro. (1988, 18, 122min) ★★★★
2.10 AM **See No Evil, Hear No Evil** Comedy. (1989, 15) ★★★
3.55 **Sky Cinema Preview**
4.45 **to 6.35** AM **Twins** Comedy. (1988, PG, 107min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.05 AM **Barnyard** Animated comedy. (2006, PG, 90min) ★
7.40 **Rock Dog 2: Rock Around the Park** Animation. (2021, U) ★★
9.20 **The Lego Ninjago Movie** Animation. (2017, U, 101min) ★★
11.10 **Riverdance: The Animated Adventure** Family animation. (2021, U, 90min) ★★★
12.50 PM **Over the Hedge** Animation. (2006, U, 83min) ★★★★
2.25 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
4.00 **Home** Animated adventure. (2014, U, 94min) ★★★
5.40 **Despicable Me 2** Animated sequel. (2013, U, 97min) ★★★
7.30 **Shrek** Animated comedy. (2001, U, 90min) ★★★★★
9.10 **Sing** Animated musical comedy. (2016, U, 108min) ★★★
11.00 **Open Season 2** Animated sequel. (2008, PG, 73min) ★★★
12.30 AM **Rugrats Go Wild** Animated comedy. (2003, U, 81min) ★★★
2.05 **The Road to El Dorado** Animation. (2000, U) ★★★
3.50 **Sinbad: Legend of the Seven Seas** Animated adventure. (2003, U, 85min) ★★★★
5.30 **to 7.10** AM **Spirit: Stallion of the Cimarron** Animation. (2002, U, 84min) ★★★

Christmas 24

312 313 419

7.00 AM **Joy For Christmas** Comedy. (2021, PG, 86min) ★★
9.00 **Boyfriends of Christmas Past** Drama. (2021, PG, 84min) ★★
11.00 **A Christmas Intern** Fantasy. (2023, PG, 90min) ★★
1.00 PM **The Santa Summit** Drama. (2023, PG, 90min) ★★
3.00 **Ghosts of Christmas Always** Fantasy comedy starring Kim Matula. (2022, PG, 90min) ★★
5.00 **Sugarplummed** Romantic drama. (2024, PG, 90min) ★★
7.00 **Checkin It Twice** Drama starring Kim Matula and Kevin McGarry. (2023, PG, 90min) ★★
9.00 **A Biltmore Christmas** Fantasy starring Bethany Joy Lenz and Kristoffer Polaha. A screenwriter working on a remake of a classic movie travels back in time to the set of the original. (2023, PG, 90min) ★★
11.00 **Santa Tell Me** Romantic drama. (2024, PG, 84min) ★★
1.00 AM **The Gift of Peace** Drama with Nikki Deloach and Brennan Elliott. (2022, PG, 84min) ★★
3.00 **to 5.00** AM **The Christmas Toy Maker** Festive drama. (2021, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Black Saddle** 5/20. (S1)
6.30 **Look at Life** Documentary.
6.45 **Captain Pirate** Adventure. (1952, U, 85min) ★★
8.30 **Out of Town** Documentary.
9.00 **The Great Game** Drama. (1953, b/w, U, 80min) ★★★
10.35 **Cinebox Memories**
10.40 **Part-Time Wife** Comedy. (1961, b/w, PG, 70min) ★★
12.00 NOON **Z Cars** 10/28. (S9)
1.00 PM **The Black Knight** (1954) ★
2.45 **Look at Life** Documentary.
3.00 **Crown Court**
4.30 **Music Unlimited** Pop music.
4.55 **Carrie's War** Family drama.
6.45 **Look at Life** Documentary.
7.00 **For the Love of Ada**
7.30 **The Cheaters** 21/27. (S2)
8.00 **The Vise** 4/26. (S3)
8.30 **That's My Boy** 3/6. (S1)
9.05 **The Wheeltappers and Shunters Social Club**
9.55 **The Comic** Comedy drama. (1969, PG, 90min) ★★★
11.50 **The Disappearance of Flight 412** Mystery. (1975, U) ★★
1.20 AM **Blood on the Sun** Drama. (1945, b/w, PG, 93min) ★★★
3.15 **Derek Fowlds: Jobbing Actor**
4.30 **to 6.00** AM **The Man Who Changed His Name** Thriller. (1934, b/w, PG, 71min) ★★

THURSDAY Sport 23 October

Thursday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM LIVE **DP World Tour Golf** Coverage of day one of the Genesis Championship staged at Woo Jeong Hills Country Club.
9.00 **Sky Sports Breakfast**
10.00 LIVE **ICC Women's World Cup India v New Zealand.** Coverage of the group match from Dr. DY Patil Sports Academy.
5.45 PM **The Premier League Show**
7.00 **Sports Centre**
7.30 LIVE **EFL Exeter City v Plymouth Argyle.** Coverage of the League One match staged at St James Park. The hosts have struggled in this fixture in the last six meetings, picking up just four points from a possible 24 in that time. Kick-off **8.00pm**.
10.30 LIVE **PGA Tour Golf** Coverage of day one of the Bank of Utah Championship staged at Black Desert Golf Course in Ivins, Utah.
1.00 AM LIVE **NFL Los Angeles Rams v Minnesota Vikings.** Coverage of the week eight match at SoFi Stadium. Kick-off **1.15am**.
5.30 **to 6.00** AM LIVE **DP World Tour Golf** Coverage of day two of the Genesis Championship at Woo Jeong Hills Country Club.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League 100 Club**
9.00 **Premier League Review**
10.00 **Sky Sports FC** Interactive show covering the football headlines.
12.00 NOON **Netbusters** Fast-paced highlights using alternative angles.
12.30 PM **Premier League Stories**
1.00 **Premier League Years**
3.00 **PL Retro** Another chance to see Manchester United v Tottenham Hotspur in the 1998/99 season.
5.00 **The Premier League Show**
7.00 **The Big Interview**
7.30 **Premier League Stories**
8.00 **Premier League Review**
9.00 **The Big Interview**
9.30 **Premier League Stories** The rise of Newcastle's Sandro Tonali.
10.00 **Cult Heroes** Yakubu and Nani.
10.45 **Premier League Talking Tactics: Andoni Iraola**
11.00 **Premier League Years** Classic games, blunders and moments of skill from the 2003/04 season.
1.00 AM **PL Retro** A chance to see West Ham United v Tottenham Hotspur in the 2006/07 season.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **Championship Retro**
8.00 **EFL Greatest Games**
10.00 **EFL Cup** The 2017 final.
11.00 **Celtic's Invincibles**
12.00 NOON **EFL** A replay of Sheffield Wednesday v Middlesbrough.
2.00 PM **EFL Highlights**
6.30 **Bundesliga Weekly**
7.00 **SPFL Round-Up**
7.15 **SPFL Highlights** Dundee v Celtic.
7.30 LIVE **EFL Exeter City v Plymouth Argyle.** Coverage of the League One match staged at St James Park. The hosts have struggled in this fixture in the last six meetings, picking up just four points from a possible 24 in that time. Kick-off **8.00pm**.
10.30 **EFL Greatest Games**
10.45 **Bundesliga Weekly**
11.15 **SPFL Round-Up**
11.30 **EFL Greatest Games**
12.00 M'T **Henrik Larsson: 20 Years On** The former Celtic striker talks about his time at the club.
1.00 AM **SPFL** A look at the best goals of the 2010/11 season.
1.30 **SPFL Greatest Games**
2.00 **SPFL Highlights**
2.15 **to 6.00** AM **SPFL Greatest Games**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **ICC Women's World Cup**
10.00 LIVE **ICC Women's World Cup India v New Zealand.** Coverage of the group match from Dr. DY Patil Sports Academy in Navi Mumbai. New Zealand are one of only three countries to win this event alongside England and Australia. The Kiwis won their one and only World Cup in South Africa in 2000 when they beat Australia by four runs. India have reached two finals at this tournament, but lost on both occasions in 2005 and 2017.
5.45 PM **ICC Women's World Cup 2017** Action from England v India in the 2017 final at Lord's.
6.00 Action from England v India in the opening group match held at the County Ground in Derby.
6.30 **ICC Women's World Cup** Australia v England in the group match at Holkar Stadium, Indore.
7.30 South Africa v Pakistan.
8.30 **ICC Women's World Cup 2017**
9.00 **ICC Women's World Cup** India v New Zealand in Navi Mumbai.
10.00 Australia v England.
11.00 PM **to 6.00** AM **ICC Women's World Cup**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM LIVE **DP World Tour Golf** The opening day of the Genesis Championship in South Korea.
9.00 **PGA Tour: The Cut**
9.30 **HotelPlanner Tour Golf**
10.00 LIVE **Golf** Day one of the Asian Amateur Golf Championship.
1.00 PM **My Ryder Cup**
1.15 **PGA Tour: The Cut**
1.45 **PGA Tour Golf** Highlights.
2.45 LIVE **PGA Tour Golf** Day one of the Bank of Utah Championship at Black Desert Golf Course, Ivins.
1.00 AM **Golf** Recent action.
2.00 **PGA Tour Champions**
3.00 **PGA Tour: The Cut**
3.30 **DP World Tour Golf**
4.00 **to 6.00** AM LIVE **DP World Tour Golf** Coverage of day two of the Genesis Championship.

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM LIVE **WTA & ATP Tennis** Coverage from the Tours, including the ATP Vienna Open.
11.00 LIVE **WTA Tennis** Coverage of day four of the Guangzhou Open.
12.30 PM LIVE **WTA & ATP Tennis** Further coverage from the Tours, featuring the WTA Tokyo Open.
9.30 **ATP Tour This Week**
10.00 **WTA & ATP Tennis**
1.30 AM **ATP Sizzle Reel 2024**
1.45 **WTA & ATP Tennis**
2.15 **Martina Navratilova: Unstoppable** An interview.
2.30 **to 6.00** AM LIVE **WTA Tennis** Day five of the WTA Tokyo Open.

TNT Sports 1

410 413 521 408 430

6.00 AM **International T20 Cricket**
7.00 LIVE **International T20 Cricket New Zealand v England.** Coverage of the third and final T20 from Eden Park.
11.00 LIVE **One-Day International Cricket Australia v India.** The second ODI from Adelaide Oval.
1.30 PM LIVE **Snooker: Northern Ireland Open** Coverage of the third round from Waterfront Hall.
5.00 **Premier League Stories**
5.30 LIVE **UEFA Europa League Go Ahead Eagles v Aston Villa.** Coverage of the league phase match from De Adelaarshorst. Kick-off **5.45pm**.
7.45 LIVE **UEFA Europa League Nottingham Forest v FC Porto.** The league phase match from the City Ground. Kick-off **8.00pm**.
10.30 **UEFA Europa & Conference League Highlights**
11.15 **Tom Aspinall: Road to Undisputed**
12.15 AM **Fight Week** UFC 321.
1.00 **Tom Aspinall's Fight Lab**
1.30 **UFC Countdown**
2.30 **UFC** Another chance to see Reinier de Ridder v Brendan Allen.
5.30 **to 6.00** AM **MLB: Off the Bat**

TNT Sports 2

411 414 522 409 431

6.00 AM **UEFA Champions League Highlights Show**
7.00 **UEFA Champions League**
11.30 **Serie A – Full Impact**
12.00 NOON **Snooker: Northern Ireland Open** The fourth day.
2.00 PM **UEFA Champions League Highlights Show**
3.00 **Longines FEI Jumping World Cup** From Oslo, Norway.
4.00 **UCI Track Cycling World Championship** Highlights.
5.00 LIVE **UEFA Europa League SK Brann v Rangers.** Coverage of the league phase match from Brann Stadion. Kick-off **5.45pm**.
7.45 LIVE **UEFA Europa League Celtic v Sturm Graz.** Coverage of the league phase match from Celtic Park. Kick-off **8.00pm**.
10.30 LIVE **UCI Track Cycling World Championship** Coverage of the second day of the event from Santiago, Chile.
1.00 AM **Premier League Reload**
1.15 **Premier League: Big Interview**
1.45 **MotoGP Rewind**
2.00 LIVE **MotoGP** The Grand Prix of Malaysia MotoGP, Moto2 and Moto3 first free practice sessions.
4.45 **to 6.00** AM **MotoGP Rewind**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **NFL Bitesize Highlights**
10.15 **Kansas City Chiefs: The Franchise** Behind the scenes.
11.00 **NFL Highlights** Cincinnati Bengals v Pittsburgh Steelers.
12.00 NOON **NFL Bitesize Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** Philadelphia Eagles v Denver Broncos.
4.00 Highlights from Seattle Seahawks v Tampa Bay Buccaneers.
5.00 Action from San Francisco 49ers v Atlanta Falcons.
6.00 **NBC's Pro-Football Talk**
8.00 **NFL Gameday** A review of the latest games from the NFL season.
8.45 **NFL Bitesize Highlights** Action from a week seven match.
9.00 **NFL Highlights** Jacksonville Jaguars v Los Angeles Rams.
10.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
11.00 **NFL Bitesize Highlights**
11.15 **NFL Gameday** Match reviews.
12.00 M'T LIVE **NFL Los Angeles Rams v Minnesota Vikings.** Coverage of the week eight match at SoFi Stadium. Kick-off **1.15am**.
5.30 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM LIVE **WTA & ATP Tennis** Coverage from the Tours, including the WTA Tokyo Open, WTA Guangzhou Open, ATP Basel Open and ATP Vienna Open.
11.00 LIVE **WTA Tennis** Coverage of the fourth day of the Guangzhou Open staged at Nansha International Tennis Center.
12.30 PM LIVE **WTA & ATP Tennis** Further coverage from the Tours, including the WTA Tokyo Open, WTA Guangzhou Open, ATP Basel Open and ATP Vienna Open.
9.30 **Sports Centre** A round-up of the sports news with analysis and comments, plus interviews with the headline makers.
10.00 **Sky Sports News** A round-up of the day's sports news, with interviews and highlights.
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **WTA Tennis** Wuhan Open.
12.30 AM Ningbo Open final.
1.30 **ATP Tennis** Brussels Open final.
2.30 **to 6.00** AM LIVE **WTA & ATP Tennis** Continued coverage from the Tours, including the WTA Tokyo Open, ATP Basel Open and ATP Vienna Open.

Sky Sports Mix

416 412 510 429 449

6.00 AM LIVE **LPGA Tour Golf** The opening day of the Hanwha Lifeplus International Crown.
8.00 **EFL Greatest Games**
9.00 **ICC Women's World Cup**
10.00 **The Rugby Championship**
12.00 NOON **Formula 1** Highlights.
1.00 PM **ICC Women's World Cup**
2.00 **PL Greatest Games**
3.00 **WTA & ATP Tennis**
5.00 **PGA Tour Champions**
6.00 **WTA & ATP Tennis**
8.00 **ICC Women's World Cup**
9.00 **PGA Tour Champions**
10.00 **DP World Tour Golf**
10.30 **HotelPlanner Tour Golf**
11.00 **Formula 1** United States GP.
12.00 M'T **PL Greatest Games**
1.00 AM **John Part's Journey 01-08**
1.30 **The Rise of MVG**
2.00 **Back2Back Champion**
2.30 **A Year to Remember 2018**
3.00 **to 6.00** AM LIVE **LPGA Tour Golf** Day two of the Hanwha Lifeplus International Crown at TPC Harding Park, San Francisco.

TNT Sports 3

413 415 523 410 432

6.00 AM LIVE **One-Day International Cricket Australia v India.** The second ODI staged at Adelaide Oval.
1.30 PM **UIM F1H2O World Championship Highlights**
2.00 **Football** Highlights and features.
4.00 **UEFA Europa League & Conference League Magazine**
5.00 **TNT Sports Reload**
5.30 LIVE **UEFA Conference League AEK Athens v Aberdeen.** Kick-off 5.45pm.
7.45 LIVE **UEFA Conference League Crystal Palace v AEK Larnaca.** Kick-off **8.00pm**.
10.30 **Premier League: Big Interview**
11.00 **Serie A – Full Impact**
11.30 **British Superbikes Highlights**
12.30 AM **MotoGP Highlights**
1.30 **Ultimate Pool** Recent action.
3.00 **Snooker** Northern Ireland Open.
5.00 **UIM F1H2O World Championship Highlights**
5.30 **to 6.00** AM **Serie A**

TNT Sports 4

414 416 524 411 434

6.00 AM **MotoGP Highlights**
7.00 **Snooker** Northern Ireland Open.
9.00 **Sign Up – Into Football**
9.45 **The Gallagher PREM Wrap Up**
10.00 **Cycling: Tour de France**
12.00 NOON **UEFA Europa League & Conference League Magazine**
1.00 PM LIVE **Snooker: Northern Ireland Open** Coverage of the second session of the third round from Waterfront Hall in Belfast.
5.00 **Isuzu UTE A-League Highlights**
5.30 **MLB: Off the Bat**
6.00 **International T20 Cricket**
7.00 LIVE **Snooker: Northern Ireland Open** Coverage of the third session from the third round from Waterfront Hall in Belfast.
11.00 **One-Day International Cricket**
12.00 M'T **International T20 Cricket**
1.00 AM **UEFA Europa League & Conference League Highlights**
4.30 **Superbike World Championship**
5.30 **to 6.00** AM **World E-Bike Series Review**

Premier Sports 1

419 551

6.00 AM **Ultimate Karting**
7.00 **Football** Highlights and features.
9.30 **Top 14 Rugby Union Highlights**
10.00 **NASCAR Highlights**
11.00 **URC in 60** The fourth round.
12.00 NOON **Transworld Sport**
1.00 PM **Eredivisie Highlights**
2.00 **NHL** Highlights and features.
3.00 **LaLiga Match Highlights**
4.00 **NASCAR Highlights**
4.55 **Scottish Football Social Club**
5.55 LIVE **Swedish Hockey League Djurgarden v Orebro.**
8.30 **LaLiga Match Highlights**
9.00 **Argentine Primera Highlights**
9.30 **URC in 60** The fourth round.
10.30 **World of FreeSports**
11.00 **NASCAR Highlights**
12.00 M'T **Argentine Primera**
12.30 AM **World Surf League**
1.30 **NHL: This is Hockey**
2.00 LIVE **NHL Ice Hockey Colorado Avalanche v Carolina Hurricanes.** Face-off 2.00am.
5.00 **to 6.00** AM **Highlights**

Premier Sports 2

420 552

6.00 AM **Top 14 Rugby Union**
8.00 **LaLiga** Elche v Athletic Bilbao.
10.00 **NHL Ice Hockey** A replay of New Jersey Devils v Minnesota Wild.
12.00 NOON **GP Confidential**
12.30 PM **Temples of Sport**
1.00 **Eredivisie** Ajax v AZ Alkmaar.
3.00 **United Rugby Championship**
5.00 **FastZone** Motorsports highlights.
5.30 **LaLiga Match Highlights**
5.40 **Eredivisie** A chance to see PSV Eindhoven v Go Ahead Eagles.
7.30 Ajax v AZ Alkmaar.
9.20 **LaLiga Match Highlights**
9.30 **Temples of Sport**
10.30 **Football's Greatest**
11.00 **NHL Tonight** Highlights.
12.00 M'T LIVE **NHL Ice Hockey Boston Bruins v Anaheim Ducks.** Coverage of the inter-conference match staged at TD Garden. Face-off **12.00m't**.
3.00 AM **Temples of Sport**
3.30 **Football's Greatest**
4.00 **to 6.00** AM **LaLiga**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** Highlights.
9.05 LIVE **Ferrari Challenge** From Mugello Circuit in Florence, Italy.
10.05 **The Red Bull Pitstop Team**
10.15 **Formula 1** Mexico City GP.
11.15 **F1 Academy** Race review.
11.45 **Formula 1** Recent highlights.
1.45 PM LIVE **Ferrari Challenge** Further coverage from Florence.
2.45 **F1 Features**
3.35 LIVE **Ferrari Challenge** Further coverage from Florence.
4.35 **F1 Features**
5.30 **Formula 1** Highlights.
7.30 **F1 Academy** Race review.
8.00 **Formula 1** Mexico City GP.
9.00 **F1 Drivers Press Conference**
9.45 **F1 Features**
10.00 **Formula 1** United States GP.
11.00 **F1 Features**
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

24 October

Evening Planner

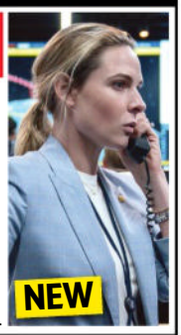
OnDemand

NETFLIX

A House of Dynamite

Available today

The United States government responds to a nuclear attack in this thriller. Stars Rebecca Ferguson.



OnDemand

tv+

Stiller & Meara: Nothing Is Lost

Available today

Ben Stiller's film about his parents, Anne Meara and Jerry Stiller.

OnDemand

prime

Eden

Available today

Jude Law stars in this thriller based on disturbing real-life events that took place on a isolated island in the 1930s.

OnDemand

prime

Basketball: NBA

The season opens with Boston Celtics v New York Knicks (t-o 12.30am) and Minnesota Timberwolves at LA Lakers (t-o 3am).

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 Policing... †	8.00 DIY SOS		9.00 Have I Got...	9.30 How Are You?...	10.00 News; Local News	10.40 Graham...
102 BBC2	7.00 Monty Don's Spanish Gardens		8.00 Gardeners' World		9.00 Agatha Christie: Lucy Worsley on the...		10.00 QI	10.30 Newsnight
103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Borderline		10.00 News; Local News	
104 CHANNEL 4	7.00 News	7.30 Unreported...	8.00 The Great British Bake Off: An Extra...		9.00 Gogglebox		10.00 The Last Leg	
105 5	7.00 The 1980s Supermarket		8.00 Susan Calman's Grand Day Out		9.00 Britain's Most Scenic Counties: Cheshire		10.00 'Allo 'Allo!: Forty Years of Laughs	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 A League of Their Own		9.00 The Walking Dead: Daryl Dixon		10.05 Film: Sinister	
ENTERTAINMENT								
115 BBC3		7.40 Film: A Shaun the Sheep Movie: Farmageddon			9.00 World Track Cycling Championships – Live: Day three at the Velódromo Peñalolén in Santiago, Chile			
116 BBC4	7.00 TOTP: 1998		8.10 TOTP: 1976	8.40 TOTP: 1988	9.10 Dolly Parton at the BBC		10.10 Charley Pride...	10.40 Tammy
118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Big Brother: Live Eviction		10.15 Big Brother: Late & Live	
136 MORE4	‹ 6.55 The Dog House Australia		7.55 The Dog House		9.00 The Wall: The Orchard		10.00 24 Hours in A&E	
135 E4	7.00 The Simpsons		8.00 Supercruising: Life at Sea		9.00 Film: Oblivion			
107 SKY WITNESS	7.00 Caught on Dashcam		8.00 Law & Order: Criminal Intent		9.00 Law & Order: Special Victims Unit			
108 SKY ATLANTIC	‹ 6.45 Game of Thrones				9.00 Task		10.15 True Detective	
110 U&GOLD	7.00 Only Fools and Horses	7.40 The Good Life					10.10 Live at the Apollo	
111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
119 ITV3	‹ 6.50 Heartbeat		8.00 Midsomer Murders				10.00 Lewis	
120 ITV4	‹ 6.00 Darts: European Championship – Live: Coverage of day two from Westfalenhallen in Dortmund, Germany						10.00 All Elite Wrestling: Dynamite	
112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Surprises		10.00 Iain Stirling's Roast the Internet	
139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate Atlantis		9.00 Stephen King's It			
113 SKY MAX	7.00 Stargate SG-1		8.00 A League of Their Own		9.00 The Walking Dead: Daryl Dixon		10.05 Rob & Romesh vs Hollywood...	
109 U&ALIBI	7.00 Body of Proof		8.00 Death in Paradise				10.00 Father Brown	
124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Johnny Cash: The Man in Black in...		9.00 Opry Live		10.00 Electric Lady Studios: A Jimi Hendrix...	
132 U&W	7.00 MasterChef Australia				9.00 999 Rescue Squad			
DOCUMENTARY								
125 DISCOVERY	7.00 Wheeler Dealers		8.00 Deadliest Catch		9.00 Expedition Unknown		10.00 Expedition X	
162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 River of No Return		9.00 Alaska: The Last Frontier		10.00 Mountain Monsters	
129 NAT GEO	7.00 Air Crash Investigation						10.00 Inside Melbourne Airport	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Egypt's Unexplained Files		9.00 Nazi Murder Mysteries		10.00 Ancient Aliens	
155 U&YESTERDAY	7.00 Sacred Rivers with Simon Reeve		8.00 One Foot in the Grave				10.00 Bangers & Cash	
121 SKY DOCS	7.00 The Vow		8.00 God Bless Ozzy Osbourne				10.00 The Essex Murders: Who Killed...	
FILMS – Sky Cinema								
301 PREMIERE	‹ 6.00 Dog Man	7.45 Black Bag				9.30 Lake George		
302 HALLOWEEN	‹ 6.45 It				9.00 Bram Stoker's Dracula			
303 SPOOKY	‹ 5.45 Stardust	7.55 Wicked					10.35 Hotel...	
304 GREATS	‹ 5.55 Birdy		8.00 Scent of a Woman				10.35 Taxi Driver	
305 KUNG FU PANDA	‹ 5.40 Kung Fu...	7.25 Kung Fu Panda 4			9.10 Kung Fu Panda			
306 HARRY POTTER		7.20 Harry Potter and the Half-Blood Prince					10.00 Harry Potter and the Deathly Hallows...	
307 ACTION	‹ 5.45 The Fall Guy		8.00 American Sniper				10.15 The Green Hornet	
308 COMEDY	‹ 6.05 Beetlejuice Beetlejuice		8.00 Daddy's Home 2				9.55 Scott Pilgrim vs. the World	
309 THRILLER	‹ 5.45 The Perfect Storm		8.00 The Day of the Jackal				10.35 Psycho	
310 DRAMA	‹ 6.05 Bob Marley: One Love		8.00 The Bodyguard				10.10 Fifty Shades Freed	
311 SCIENCE FICTION	‹ 6.00 Congo		8.00 Gravity			9.35 28 Days Later..		
313 FILM4	‹ 6.50 Romancing the Stone				9.00 Angel Has Fallen			
SPORT								
401 MAIN EVENT	7.00 Sports Centre	7.30 FNF – Live: Leeds United v West Ham United (Kick-off 8.00)						
402 PREMIER LEAGUE	7.00 PL Preview	7.30 FNF – Live: Leeds United v West Ham United (Kick-off 8.00)						
403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Preston North End v Sheffield United (Kick-off 8.00)						10.30 SPFL Round-Up
405 CRICKET	‹ 6.30 ICC Women's World Cup			8.30 ICC Women's...	9.00 ICC Women's World Cup			
410 TNT SPORTS 1	7.00 The Gallagher PREM – Live: Northampton Saints v Saracens (Kick-off 7.45)						10.00 Fight Week	
411 TNT SPORTS 2	‹ 6.45 Northern Ireland Open Snooker – Live: Coverage of the second session from the quarter-finals of the tournament						10.00 Ultimate Pool	

‹ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Friday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Crimewatch Live** Series finale Police need help in identifying a body discovered in a reservoir. (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Sister Boniface Mysteries** *The Good Samaritan:* 10/12. A resident is found poisoned. (S2) (S)(R)(AD)
2.45 **Escape to the Country** (S)(R)
3.45 **The Repair Shop on the Road** Dominic Chinea and Will Kirk visit Aberfeldy's Crannog Centre. (S)(R)
4.30 **The Inner Circle** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.30 How Are You? It's Alan...

7 PM

7.00 **The One Show** Clara Amfo and Alex Jones present the topical show. (S)
7.30 **Policing Paradise** Police hunt down Bermuda's motorbike thieves, and a man risks being arrested for loitering in a shop cark park. (S)(R)

8 PM

8.00 **DIY SOS** Series finale 4/4. In south London, the team help five siblings whose mother recently died. The youngest is both blind and autistic, and needs a safe and supportive environment for his extra needs. (S)(AD)(AD)

9 PM

9.00 **Have I Got News for You** New edition 4/10. Adil Ray hosts the satirical quiz. (S)
9.30 **How Are You? It's Alan (Partridge)** New episode 4/6. Alan explores if nature can heal the mind. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **The Graham Norton Show** New edition The host is joined by guests Kim Kardashian, Sarah Paulson, Bryan Cranston and Rachel Zegler. Plus, Little Simz performs *Lion*. (S)
11.30 **RuPaul's Drag Race UK** 5/10. The queens take to the high seas for a cruise-themed talent show. With Jamie-Lee O'Donnell. (S)(R)
12.35 AM **FILM Starter for 10** Romantic comedy set in the mid-1980s, starring James McAvoy, Alice Eve and Rebecca Hall. A working-class Essex boy pursues his goal of appearing on *University Challenge*. (S)(AD) (2006, 12, 90min) ★★★★
2.05 **Weather for the Week Ahead** (S)
2.10 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Sign Zone: Chronicles of the Sperrins** 1/4. Documentary. (S)(R)
7.00 **Sign Zone: Best of Weatherman Walking** From mid-Wales. (S)(R)
7.30 **LIVE Gymnastics: World Championships** The World Artistic Gymnastics Championships from the Indonesia Arena in Jakarta. (S)
12.30 PM **Political Thinking with Nick Robinson** Topical discussion. (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **The Finish Line** Game show. (S)(R)
2.30 **Unbeatable** Quiz show. (S)(R)
3.15 **Great British Menu** (S)(R)
4.15 **Wonders of the Monsoon** (S)(R)
5.15 **Flog It!** Memorable finds. (S)(R)
6.00 **Richard Osman's House of Games** New edition Quiz. (S)
6.30 **Strictly: It Takes Two** New edition Janette Manrara is joined by a star-studded Friday Panel. (S)

8.00 Gardeners' World

7 PM

7.00 **Monty Don's Spanish Gardens** 2/3. Monty visits four contrasting gardens across southern Spain, including one built from the harshest of landscapes and another created by one of the country's best designers. (S)(R)

8 PM

8.00 **Gardeners' World** New edition Monty Don is harvesting pumpkins in time for Halloween, adding a berberis to his orchard border, and planting out strawberries. Plus, Frances Tophill reveals how her Devon garden has been developing. (S)

9 PM

9.00 **Agatha Christie: Lucy Worsley on the Mystery Queen** 2/3. The historian examines Agatha Christie's mysterious disappearance in December 1926 and reveals the influence this had on her writing. (S)(R)

10 PM

10.00 **QI** 1/14. Sandi Toksvig considers Wales, whales, and wails with Elis James, Griff Rhys Jones, Kiri Pritchard-McLean and regular panellist Alan Davies. (S)(R)
10.30 **Newsnight** (S)
11.00 **FILM Halloween** Classic horror with Jamie Lee Curtis and Donald Pleasence. A maniac escapes from an asylum and returns to his home town to kill again. (S) (1978, 15, 90min) ★★★★★
12.30 AM **FILM Shadow in the Cloud** Horror with Chloë Grace Moretz. (S) (2020, 15, 75min) ★★★★
1.45 **Sign Zone: Riot Women** (S)(R)(AD)
2.45 **Sign Zone: The Race to Build 1.5 Million Homes** (S)(R)
3.45 **to 6.00** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** Current affairs and lifestyle features. (S)
9.00 **Lorraine** Entertainment, current affairs and fashion news. (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
12.30 PM **ITV News** (S)
12.50 **Local News** (S)
1.00 **LIVE Racing** Oli Bell presents coverage of today's races at Cheltenham, on the opening day of the National Hunt season, and Doncaster, where the flat season is coming to a close. Commentary by Mark Johnson. (S)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 Coronation Street

7 PM

7.30 **Emmerdale** Someone gets some new housemates, while Dylan feels trapped, and Caleb pays off a problem. (S)(AD)

8 PM

8.00 **Coronation Street** Theo berates Todd for careless treatment of his new car, Debbie suspects Abi of dodgy dealings, while a conciliatory lunch between Tyrone, Fiz and Cassie turns into a tension-filled affair. (S)(AD)

9 PM

9.00 **Borderline** New episode *Traffik – Part Two:* 4/6. Regan and Boyd begin a manhunt for the people-traffickers responsible, and soon uncover a tangled web of lies. (S1) (S)(AD)
■ Entire series on ITVX

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Champions: Full Gallop** New edition 2/6. Two of the best jockeys prepare to face off in the Christmas Hurdle while riding the unbeaten Constitution Hill and Irish mare Lossiemouth. (S)(AD)
■ Entire series on ITVX
11.45 **Romesh Ranganathan's Parents' Evening** Alex Brooker, Jeff Brazier and Sophie Ellis-Bextor compete in the comedy game show. (S)(R)
12.45 AM **Teleshopping**
3.00 **Fresh Cuts: In Convo** (S)(R)
3.25 **Fresh Cuts: Say! Less!** (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Judi Love's Culinary Cruise** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.35 AM **The King of Queens** (S)(R)(AD)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 21-24/24. (S8) (S)(R)(AD)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** Paul and Yip try to prevent their barn from collapsing. (S)(R)
5.00 **Four in a Bed** New edition Pernickety protests about a path prove pivotal on Payment Day. (S)
5.30 **Come Dine with Me** Pete hosts the final night in Cardiff. (S)(R)
6.00 **A Place in the Sun** New edition A couple have a budget of £600,000 to secure a home on Spain's western Costa del Sol. (S)

9.00 Gogglebox

7 PM

7.00 **News** (S)
7.30 **NEW SERIES Unreported World** *Sex, Power, Money – South Africa's Slay Queens:* A report on how so-called 'slay queens' are monetising South Africa's dating culture. (S)(AD)

8 PM

8.00 **The Great British Bake Off: An Extra Slice** New edition 8/10. Prue Leith, Harry Hill and Melvin Odoom join Jo Brand and Tom Allen to review key events from Dessert Week. Plus, a chat with the latest baker to leave. (S)(AD)

9 PM

9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching on TV this week, with cameras capturing their instant reactions and lively discussions. (S)(AD)

10 PM

10.00 **The Last Leg** New edition Adam Hills, Josh Widdicombe and Alex Brooker present a comic review of the past seven days' events, with Richard Ayoade, Laura Smyth and Catherine Bohart. (S)
11.05 **Sarah Millican: Control Enthusiast** A stand-up performance by the Geordie comedian. (S)(R)
12.10 AM **FILM Bros** Romantic comedy starring Billy Eichner, Luke Macfarlane and Guy Branum. (S) (2022, 15, 115min) ★★★★
2.05 **Ramsay's Hotel Hell** In Starkville, in Mississippi. (S)(SL)(R)(AD)
2.55 **Car S.O.S** (S)(SL)(R)(AD)
3.45 **Kirstie's Fill Your House for Free**
4.00 **to 6.15** AM **Come Dine with Me**

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 **FILM PREMIERE Who's Stalking My Family** Thriller starring Kate Watson. (S) (2025, PG, 100min) ★★
4.00 **The Cruise: Fun-Loving Brits at Sea** New edition In Gibraltar, James and Damien head up to the famous rock nature reserve via cable car. (S)
5.00 **News** (S)
6.00 **Michael Portillo's Travel Diaries** In Milan, the presenter looks at the architectural legacy of Mussolini. (S)(R)
6.55 **News** (S)

8.00 Grand Day Out

7.00 **The 1980s Supermarket** A nostalgic trip back to the world of 1980s supermarkets in Britain, hearing how pre-packed sandwiches first came about. (S)(R)
7.55 **News** (S)

8.00 **Susan Calman's Grand Day Out** New edition Susan visits Cornwall, on the trail of romantic hero Ross Poldark, beginning in the peaceful market town of Helston. (S)

9.00 **Britain's Most Scenic Counties: Cheshire** New edition 2/4. Cameras follow sheepdog handler husband-and-wife team Jane and James as they enter sheepdog trials. (S)

10.00 **'Allo 'Allo! Forty Years of Laughs** A tribute to one of the UK's best-loved sitcoms, which centred on cafe owner and reluctant French Resistance fighter René Artois and his family and associates. (S)(R)

11.30 **Piers Morgan Uncensored** New edition Highlights of the presenter's YouTube show. (S)
1.00 AM **PlayOJO Live Casino Show**
3.00 **Rich House, Poor House: Millionaire Special** (S)(R)
3.50 **Friends** (S4) (S)(R)(AD)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S1) (R)
11.00 **Wild Battlegrounds** (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S5) (S)(R)
3.00 **S.W.A.T.** 14/22. (S1) (S)(R)(AD)
4.00 **NCIS: New Orleans** (S7) (S)(R)
5.00 **The Simpsons** *Lisa's Belly:* Lisa becomes insecure about her weight. (S)(R) **5.30** *Portrait of a Lackey on Fire:* Homer offers to play matchmaker for Smithers. (S)(R)
6.00 **The Office (US)** 19/28. Michael wants to use 'golden tickets' as prizes for clients. (S)(R) **6.30** 20/28. Michael plans to celebrate his 15th anniversary at Dunder Mifflin. (S5) (S)(R)

8.00 A League of Their Own

7.00 **The Simpsons** *Treehouse of Horror XXXIV:* Springfield suffers an outbreak of Homers. (S)(R) **7.30** *Treehouse of Horror II:* Lisa accidentally leaves the world defenceless from an alien invasion. (S)(R)

8.00 **A League of Their Own** Romesh Ranganathan hosts the comedy quiz, with Luke Littler, Tom Davis and Alex Brooker joining regulars Jill Scott, Jamie Redknapp and Micah Richards. (S)(R)(AD)

9.00 **NEW SERIES The Walking Dead: Daryl Dixon** *Costa da Morte:* 1/7. Return of the post-apocalyptic horror. A chance encounter provides a potential way home, while Daryl has to make a tough decision. (S3)

10.05 **FILM Sinister** Horror thriller starring Ethan Hawke. A struggling true-crime author moves into a haunted house with his wife and children hoping for some inspiration. (S) (2012, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.05 AM **Sex and the City** 7/18. Carrie starts calling on Big more frequently. (S)(R) **12.40** 8/18. Samantha dates an elderly millionaire. (S2) (S)(R)
1.15 **The Force: North East** (S)(R)
2.10 **Road Wars** (S)(R)
3.00 **S.W.A.T.** 14/22. (S1) (S)(R)(AD)
4.00 **NCIS: New Orleans** (S7) (S)(R)
5.00 **Road Wars** (S)(R)
5.30 **to 6.00** AM **Monkey Life** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.30-8.00pm Landward (S)(R) **11.30** A View from the Terrace (S)(R) **12.15am** RuPaul's Drag Race UK (S)(R) **1.20** Weather for the Week Ahead (S) **1.25-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
7.30-8.00pm North Coast Riders New edition (S) **9.00-10.00** Leonard and Hungry Paul New episodes (S) **10.40** Have I Got News for You New edition (S) **11.10** The Graham Norton Show New episode (S) **12.00m't** How Are You? It's Alan (Partridge) New episode (S)(AD) **12.30am** RuPaul's Drag Race UK (S)(R) **1.40-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
10.00-10.30pm Feast of Football (S)

ITV1

As main ITV1 except:

WALES
7.00-7.30pm Coast & Country New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Bwyd Epic Chris (AD) **12.30** Heno **1.00** Ralio: Pencampwriaeth Rali'r Byd **1.30** Cartrefi Cymru **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Tri Tryweryn **4.00** Awr Fawr **5.00** Stwnsh **6.00** Bwyd Epic Chris (AD) **6.30** Dim Cwsg I Quinnell (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.25** NEW SERIES Stiwdio24/7 **8.55** Newyddion a'r Tywydd **9.00** NEW SERIES Bar Hansh **9.35** Y Byd yn ei Le – Is-Etholiad Caerffili **10.05** Hahahansh **10.35-11.40pm** Ty Ffit

TV&Satellite week
New issue on sale now

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Shaun the Sheep** 1/18. The flock gobble up the Farmer's birthday cake. **7.10** 2/18. The Farmer drills a hole in a waterpipe. **7.20** 3/18. Shaun fakes illness to take a day off. (S7)
7.25 **Shaun the Sheep: The Shirleyverse** Shaun travels to a version of the farm where he does not exist.
7.40 **FILM A Shaun the Sheep Movie: Farmageddon** Animated comedy with the voice of Justin Fletcher. When an alien crash-lands near Mossy Bottom Farm, Shaun goes on a mission to shepherd the visitor home. (2019, U, 86min) ★★★★
9.00 **LIVE World Track Cycling Championships** Coverage of day three at Velódromo Peñalolén in Santiago, Chile.
1.00 AM **RuPaul's Drag Race UK**
2.05 **My Mate's a Bad Date**
2.30 **Joe Swash: Forgotten Young Dads**
3.30 **to 4.00** AM **BBC New Comedy Awards**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **A New Life in the Sun**
11.00 **The Great House Giveaway** Double bill.
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** Tim Shaw and Fuzz Townshend take on a 1924 Austin 7 Chummy. **4.50** Tim and Fuzz try to restore a 1997 Lotus Elise.
5.50 **Escape to the Chateau** Dick and Angel prepare to welcome guests once more.
6.55 **The Dog House Australia** A couple consider adopting Tibetan spaniel mix Baxter.
7.55 **The Dog House** Ellie hopes to find a dog to help her relax, while Lizzie and Jason seek a companion for their street dog from Spain, who can be nervous in company.
9.00 **The Wall: The Orchard** New episode 4/8. The body of the leader of the Abbey is discovered very close to where Véronique was killed. Subtitled. (S3)
10.00 **24 Hours in A&E** A 56-year-old woman is rushed to St George's with an open ankle fracture after falling in her garden.
11.05 **24 Hours in A&E** A doctor shares his story of leaving his family and newborn child during lockdown to keep them safe.
12.10 AM **999: On the Front Line**
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1998** Featuring Simply Red, Savage Garden, Sweetbox and Cleopatra. **7.30** Performances by Sweetbox, Kavana, Alda, Spice Girls and Sheryl Crow.
8.10 **TOTP: 1976** Featuring John Miles, Climax Blues Band and Demis Roussos.
8.40 **TOTP: 1988** Performances by Deacon Blue, Whitney Houston, Kylie Minogue, Milli Vanilli and Erasure.
9.10 **Dolly Parton at the BBC** Archive performances by the country superstar.
10.10 **Charley Pride: In Concert** A concert performance from 1975 by the country star.
10.40 **Tammy** Country star Tammy Wynette performs some of her favourite songs.
11.05 **John Denver at Wembley Arena** A 1979 concert.
11.45 **Shania Twain: Live in Hyde Park** From 2017.
12.10 AM **Later with Jools: Country** With Taylor Swift.
1.10 **TOTP: 1998** Double bill.
2.20 **TOTP: 1976** As 8.10pm.
2.50 **to 3.20** AM **TOTP: 1988**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 19-22/24. (S10)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **The Big Bang Theory**
6.00 **The Simpsons** Double bill of the animated comedy.
7.00 **The Simpsons** *Four Great Women and a Manicure:* Marge and Lisa discuss examples of strong women. **7.30** *The Man Who Came to Be Dinner:* The family pay a visit the home planet of Kang and Kodos.
8.00 **Supercruising: Life at Sea** 4/8. Dancer Summer from Milton Keynes adjusts to performing on a rocky stage.
9.00 **FILM Oblivion** Epic sci-fi adventure starring Tom Cruise and Olga Kurylenko. (2013, 12, 119min) ★★★★
11.20 **Naked Attraction's Best Naughty Bits**
12.30 AM **Naked Attraction: All Out & Proud**
1.35 **Gogglebox**
2.35 **Below Deck Sailing Yacht**
3.25 **The Simpsons**
4.20 **Modern Family**
5.10 **to 6.00** AM **The Neighborhood**

+1 hr 235/236 306 30 123 256

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Stop, Search, Seize**
7.00 **Send in the Dogs**
8.00 **Border Patrol**
9.00 **Nothing to Declare**
9.30 **Brit Cops: Law & Disorder**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 10/22. OA embarks on a dangerous undercover mission. (S1)
1.00 PM **The Rookie** 10/20. Nolan and Grey's kids visit to see their parents in action. (S1)
2.00 **Stop, Search, Seize**
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 Law & Order: SVU

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
7.00 **Richard E Grant's Hotel Secrets** Hotels of Hong Kong.
8.00 **Boardwalk Empire** (S5)
10.10 **Homicide: Life on the Street**
12.20 PM **Game of Thrones** (S5)
1.25 **My Brilliant Friend** 4/8. (S3)
2.30 **Boardwalk Empire** (S5)
4.45 **Homicide: Life on the Street** 1/23. A body is found in a hotel's toilets during a function. **5.45** 2/23. The murder investigation continues. (S6)
6.45 **Game of Thrones** 1/10. First episode of the drama. (S1)

11.35 The Sopranos

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S5)
8.00 **The Flash** 5/13. (S9)
9.00 **Stargate SG-1** 15&16/22. (S1)
11.00 **SEAL Team** 6/14. (S5)
12.00 NOON **The Flash** 6/13. (S9)
1.00 PM **Hawaii Five-0** (S5)
3.00 **S.W.A.T.** 14/22. (S1)
4.00 **NCIS: New Orleans** 16/16. Pride must find who attacked Jimmy and Connor. (S7)
5.00 **SEAL Team** 5/14. Bravo race against the clock to prevent a terrorist attack. (S5)
6.00 **Stargate SG-1** 15/22. The team rescue a stranded child. (S1)

9.00 The Walking Dead

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.55 **The Big Bake**
8.45 **First Time Mum**
9.40 **The Only Way Is Essex**
10.20 **Real Housewives of Potomac**
11.15 **Real Housewives of New...**
12.05 PM **Dinner Date**
1.05 **Celebrity Dinner Date**
2.05 **The Only Way Is Essex**
3.05 **Real Housewives of Cheshire**
4.05 **Real Housewives of Potomac** New edition Reality series.
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

11.05 American Dad!

ITV3

119 123 117 10 115 7

6.00 AM **The Royal** *Dr Who?*
7.05 **Classic Emmerdale**
8.10 **Classic Coronation Street**
9.10 **Doc Martin** 3/8. (S8)
10.15 **The Royal** *Cursed and Blessed.*
11.15 **Heartbeat** Double bill.
1.25 PM **Classic Emmerdale**
2.30 **Classic Coronation Street**
3.35 **Downton Abbey** 9/9. Christmas special from 2012. Robert and his family visit his Scottish cousins. (S3)
5.50 **Heartbeat** *Uninvited Guests:* A salmonella epidemic grips the village before Christmas.

8.00 Midsomer Murders

---

7 PM

7.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

7.55 Game of Thrones *The Kingsroad:* 2/10. Bran suffers another attempt on his life, and Jon discovers a different side to Tyrion when he accompanies him on a journey to the Wall. (S1)

7.00 Stargate SG-1 *Cor-Ai:* 16/22. Teal'c finds himself on trial for killing a man while serving the evil Goa'uld Apophis. (S1)

7.00 Deal or No Deal Stephen Mulhern hosts as another contestant takes on the Banker for the chance to win life-changing money.

6.50 Heartbeat *No Hiding Place:* As Christmas arrives, Mike and Tricia try to reunite a blind woman with her stolen guide dog.

8 PM

8.00 Law & Order: Criminal Intent *Pas de Deux:* 13/21. Goren and Eames try to foil a terminally ill bank robber. (S3)

8.00 A League of Their Own Romesh Ranganathan hosts the quiz, with guests Luke Littler, Tom Davis and Alex Brooker.

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

8.00 Midsomer Murders *The Oblong Murders:* Jones infiltrates a cult to investigate a woman's disappearance, but he and Barnaby soon start digging into an old case involving the death of a couple in a boat explosion.

9 PM

9.00 Law & Order: Special Victims Unit *The Grid Plan:* 14/22. A tourist from the Midwest is viciously attacked in Times Square.

9.00 Task *A Still Small Voice:* 7/7. The members of the now-disbanded Task Force continue to seek answers. (S1)

9.00 NEW SERIES The Walking Dead: Daryl Dixon *Costa da Morte:* 1/7. Return of the horror. A chance encounter provides a potential way home. (S3)

10.05 Rob & Romesh vs Hollywood Stunts The duo enter the world of Hollywood stuntmen.

11.05 An Idiot Abroad 3 2/3. Karl and Warwick's trip continues via India, where they land roles in a Bollywood movie and clown around at the circus.
12.05 AM **The Force: North East**
1.05 **Road Wars** Double bill.
3.00 **S.W.A.T.** 14/22. (S1)
4.00 **NCIS: New Orleans** 16/16. (S7)
5.00 **to 6.00** AM **Highway Patrol**

9.00 Big Brother: Live Eviction New edition The most unpopular housemates face a public vote to stay in the house.

10.15 Big Brother: Late & Live New edition AJ Odudu and Will Best present the companion show in front of a live studio audience.
11.05 **American Dad!** New episode 4/22. US animation. (S20)
11.35 **Family Guy** (S19&8)
12.35 AM **American Dad!** (S16)
1.05 **Plebs** 1&2/6. (S1)
2.00 **Totally Bonkers Guinness World Records**
2.25 **to 3.00** AM **Unwind with ITV**

10 PM

10.00 Law & Order: Special Victims Unit *Undertow:* 15/22. A complicated case of sex and drug use divides the squad. (S26)
11.00 **Law & Order: Criminal Intent**
1.00 AM **The Good Doctor** 10/20. The hospital is hit with a cyber attack. (S4)
2.00 **Law & Order: Special Victims Unit** 11&12/22. (S26)
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Road Wars**

10.15 True Detective *Now Am Found:* 8/8. Wayne struggles as the truth behind the Purcell case is finally revealed. (S3)
11.35 **The Sopranos** 5/13. Tony's fear that he may have skin cancer send him running back to Dr Melfi for advice. (S5)
12.30 AM **Gomorrah** 7&8/12. (S4)
2.20 **The Last of Us** 7/7. (S2)
3.15 **Game of Thrones** (S1)
4.20 **to 6.00** AM **Urban Secrets**

10.00 Lewis *Intelligent Design:* An elderly don is killed on the night of his release from prison, and Lewis embarks on a relationship with Hobson while investigating the case.
11.55 **Wire in the Blood** *Prayer of the Bone:* 5/5. Tony Hill appears as a witness in the case of a combat veteran accused of murder. (S5)
1.45 **to 2.30** AM **Unwind with ITV**

+1 hour 207 310 | +1 hour 208/209 | +1 hour 218 315 29 114 254 | +1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **LIVE Sportscene** Formartine United v Buckie Thistle: Coverage of the Scottish Cup second-round tie from North Lodge Park in Pitmedden. Kick-off is at 7.45.
10.00 **Still Game** 5/6. Winston encounters problems while babysitting his grandson. (S4)
10.30 **A View from the Terrace** New edition Craig G Telfer presents a sideways look at Scottish football.
11.15 **Breaking the News** New edition With Kim Blythe, Jo Caulfield and Jamie MacDonald.
11.45 PM **to 12.00** M'T **Growing Up Scottish** Comedians reflect on romance, including first dates and being dumped.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S5)
9.00 **The Conners** (S2)
10.00 **Sex and the City** (S2)
11.20 **Girls** 3&4/10. (S5)
12.30 PM **Will & Grace** (S4)
1.30 **Sex and the City** (S2)
2.30 **The Office (US)** (S5)
3.30 **The Conners** (S2&3)
4.30 **The Office (US)** (S5)
5.30 **Will & Grace** (S4)
6.30 **Ballers** 9&10/10. (S3)
7.45 **Sex and the City** 16/18. Carrie dates a recovering alcoholic. **8.25** 17/18. Carrie learns that Big is seeing a younger woman. (S2)
9.00 **Chris Rock: Never Scared** Stand-up show.
10.30 **And Just Like That...** *Some of My Best Friends:* 4/10. Miranda's drinking causes concern. (S1)
11.15 **Entourage** 6&7/14. (S2)
12.25 AM **Girls** 2&3/10. (S5)
1.40 **Veep** 2&3/10. (S6)
3.00 **Curb Your Enthusiasm**
4.20 **to 5.00** AM **Silicon Valley**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **The Wiz Live**
8.00 **Artist of the Year: Masterclass**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **André Rieu: Welcome to My World**
1.00 PM **Tales of the...**
2.00 **The Brontës by Anita Rani** Documentary.
3.00 **Wordsworth & Coleridge Road Trip**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Johnny Cash: The Man in Black in Britain**
9.00 **Opry Live** New edition
10.00 **Electric Lady Studios: A Jimi Hendrix Vision**
11.45 **Jimi Hendrix at Woodstock** From 1969.
1.05 AM **Cream Reunion Concert** From 2005.
3.35 **Discovering**
4.00 **to 6.00** AM **Highlights**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Nothing to Declare** Double bill.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare UK**
3.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S2)
5.00 **Stargate SG-1** (S9)
6.00 **Star Trek: Voyager** (S3)
7.00 **Star Trek: The Next Generation** 7/26. (S4)
8.00 **Star Trek: Deep Space Nine** *The Darkness, the Light:* 11/26. An unknown assassin targets Kira's resistance group. (S5)
9.00 **Forensics: Catching the Killer** Double bill.
11.00 **Grimm** 9/22. (S2)
12.00 M'T **Warehouse 13** (S2)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Rapid Response** Documentary.
3.00 **The Force: North East**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point** Triple bill of the quiz show hosted by Ben Shephard.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A team of five siblings take part.
3.00 **Ant & Dec's Limitless Win** Two teams take on the money ladder.
4.00 **Tenable** A team of five friends take part.
5.00 **Deal or No Deal** Double bill of the game show hosted by Stephen Mulhern.
7.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
9.00 **Romesh Ranganathan's Parents' Evening** With guests Alison Hammond, Iain Stirling and Carol Vorderman.
10.00 **Tipping Point** Triple bill of the game show.
12.50 AM **Romesh Ranganathan's Parents' Evening** As 9.00pm.
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Diagnosis Murder**
10.00 **Little House on the Prairie** 9&10/22. (S7)
12.00 NOON **Highway to Heaven** 3/24. (S4)
1.00 PM **Diagnosis Murder**
3.00 **Born and Bred** (S2)
4.05 **Down to Earth** (S3)
5.05 **Rumpole of the Bailey**
6.10 **Rising Damp** 2/8. (S2)
6.40 **The Fall and Rise of Reginald Perrin** (S3)
7.20 **Home to Roost** (S2)
7.50 **A Fine Romance** (S2)
8.20 **Just Good Friends** (S1)
9.00 **FILM Angels & Demons** Thriller with Tom Hanks. (2009, 12, 138min) ★★
11.55 **Rising Damp** 2/8. (S2)
12.25 AM **Man About the House** 5/7. (S6)
12.55 **M*A*S*H** 1&2/24. (S3)
1.55 **Just Good Friends** (S1)
2.25 **The Fall and Rise of Reginald Perrin** (S3)
3.05 **Born and Bred** (S2)
4.05 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Football Rivalries**
6.15 **The Saint**
7.20 **Kojak** Double bill.
9.25 **Magnum, PI**
11.30 **BattleBots**
12.35 PM **Kojak** Double bill.
2.45 **Magnum, PI** *Death and Taxes:* A killer taunts Thomas.
3.45 *Little Girl Who:* Thomas helps ex-wife Michelle and her daughter escape murderous rogue troops in Vietnam.
4.50 **The Saint** *The World Beater:* Templar gets behind the wheel of a rally car.

6.00 Darts

6.00 **LIVE Darts: European Championship** Jacqui Oatley is joined by Alan Warriner-Little and Chris Mason to present coverage of the second day from Westfalenhallen in Dortmund, featuring eight first-round matches played over the best of 11 legs. Commentary from Stuart Pyke, John Rawling and Ned Boulting.

10.00 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling.

12.00 M'T **FILM Police Academy 5: Assignment Miami Beach** Comedy sequel with Bubba Smith. The blundering cops wreak havoc while on vacation in Miami. (1988, PG, 90min) ★
1.40 AM **BattleBots**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 20/22. (S2)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 8/26. (S3)
2.00 **Warehouse 13** (S4)
4.00 **Star Trek: The Next Generation** 20/22. (S2)
5.00 **Stargate Atlantis** 18/20. (S5)
6.00 **Star Trek: Enterprise** 12/26. While hiding from a radioactive storm, the crew members are targeted by aliens. (S2)

9.00 Stephen King's It

7.00 **Star Trek: Deep Space Nine** *Meridian:* 8/26. Dax falls in love with a man who is due to disappear for 60 years. (S3)

8.00 **Stargate Atlantis** *Identity:* 18/20. Dr Keller is taken over by an alien consciousness named Neeva. (S5)

9.00 **Stephen King's It** 1/2. Adaptation of the best-selling horror novel about seven friends forced into a terrifying confrontation with a supernatural enemy. Stars Tim Curry, Richard Thomas, Tim Reid, John Ritter and Olivia Hussey.

11.00 **Stephen King's It** 2/2. Conclusion of the horror.
1.00 AM **Warehouse 13** (S4)
3.00 **FILM Alien Apocalypse** Sci-fi adventure starring Bruce Campbell. Two astronauts return from a mission to find Earth has been taken over by aliens. (2005, 15, 88min) ★★
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown** As 10.00pm.
10.00 **The Mentalist** 22/24. (S3)
11.00 **Hudson & Rex** 14/16. (S1)
12.00 NOON **Body of Proof** (S3)
1.00 PM **Death in Paradise** (S11)
2.00 **Murdoch Mysteries** (S16)
4.00 **The Mentalist** 22/24. Members of an orchestra come under suspicion when a violinist is murdered. (S3)
5.00 **Hudson & Rex** 14/16. Charlie and Rex have a run-in with a wanted criminal. (S1)
6.00 **Father Brown** As 10.00pm.

5.00 Hudson & Rex

7.00 **Body of Proof** *Daddy Issues:* 13/13. Last-ever episode. The coffin of Megan's father is found to be empty. (S3)

8.00 **Death in Paradise** *Murdering Lyrical:* 7/9. A reggae rap artist is shot dead at a soundcheck for a concert. (S11)

9.00 **Death in Paradise** *Rue Morgue:* 8/8. Humphrey is called in to investigate the suspected suicide of a former surgeon. (S3)

10.00 **Father Brown** *The Serpent Within:* Sullivan's dream of leaving Kembleford is scuppered when he is arrested for receiving stolen goods.

11.00 **Evil** 5/10. Sister Andrea's career and sanity are on trial as she battles Leland. (S3)
12.00 M'T **White Collar** 14/16. (S4)
1.00 AM **Hunt for the I-5 Killer** Thriller starring John Corbett.
2.50 **to 4.00** AM **CSI: Vegas**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
8.20 **Last of the Summer Wine**
9.40 **Hi-de-Hi!**
10.20 **Blackadder the Third**
11.00 **Last of the Summer Wine**
12.20 PM **My Hero**
1.00 **Keeping Up Appearances**
1.40 **Dad's Army**
2.20 **Blackadder the Third**
3.00 **Last of the Summer Wine**
4.20 **My Hero**
5.00 **Keeping Up Appearances**
5.40 **Hi-de-Hi!**
6.20 **Blackadder the Third**

10.10 Live at the Apollo

7.00 **Only Fools and Horses** Rodney tires of being Del Boy's dogsbody.
7.40 **The Good Life** Tom learns Margo has been keeping appointments at a mysterious address.
8.20 Barbara braves the ordeal of public speaking. Guest stars Robert Lindsay.

9.00 **The Good Life** Margo persuades Jerry to buy her a spinning wheel.
9.35 Tom and Barbara attempt to make clothes out of nettles and wool.

10.10 **Live at the Apollo** Danny Bhoy introduces stand-up routines by Lee Nelson and Miles Jupp.

11.15 **Mrs Brown's Boys** Agnes fears her family are planning to send her to a nursing home.
12.00 M'T **Blackadder the Third**
12.40 AM **The Good Life**
2.00 **Live at the Apollo**
3.00 **Toast of London**
3.30 **to 4.00** AM **The Good Life**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gadget Man**
8.00 **Special Ops: To Catch a Criminal** A string of multi-millionaires are robbed.
9.00 **Special Ops: Crime Squad UK**
10.00 **Outback Pilots**
12.00 NOON **Storage Hunters UK**
2.00 PM **Extreme Salvage Squad**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** Si and Dave celebrate the nation's fishing industry.
6.00 **Rick Stein: From Venice to Istanbul** The seafood chef cooks an iconic Turkish dish.

6.00 From Venice to Istanbul

7.00 **Would I Lie to You?** Unseen material from the comedy panel show.
7.40 **Richard Osman's House of Games** Guests include Thanyia Moore and Philip Glenister.
8.20 With Ruby Bhogal, Ed Byrne, Ingrid Oliver and Matthew Pinsent.

9.00 **QI XL** Guests Danny Bhoy, Aisling Bea and Jimmy Carr join regular panellist Alan Davies and host Stephen Fry.

10.00 **Have I Got a Bit More News for You** Martin Clunes hosts, with guests Steph McGovern and Armando Iannucci.

11.00 **8 Out of 10 Cats**
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You? At Christmas** Guests include Henry Blofeld and Clive Myrie.
1.20 **Would I Lie to You?**
2.00 **to 4.00** AM **Release the Hounds**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Find It, Fix It, Flog It**
10.00 **Help! We Bought a Village** In Normandy.
11.00 **A New Life in the Sun**
12.00 NOON **Kirstie and Phil's Love It or List It**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **Four in a Bed**
6.00 **Kirstie and Phil's Love It or List It** Double bill.
8.00 **George Clarke's Homes in the Wild** A New Zealand island where life is lived by the tides.
9.00 **24 Hours in A&E** Efforts are made to save a man's leg from amputation.
10.00 **Britain's Most Expensive Houses**
11.05 **Gogglebox**
12.05 AM **Celebrity Gogglebox**
1.10 **The Great British Bake Off** Dessert Week.
2.30 **Worlds Apart**
3.30 **Location, Location, Location** Property series.
4.25 **to 4.55** AM **Jamie's One-Pan Wonders**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** (S12&20)
1.00 PM **Law & Order**
6.00 **NCIS** *Viral:* 6/24. A petty officer appears to have become the latest victim of a serial killer.
7.00 *16 Years:* 7/24. Ducky must reveal he has been helping solve crimes in his spare time.
8.00 *Saviours:* 8/24. DiNozzo helps old flame Jeanne Benoit rescue her husband. (S13)
9.00 **Person of Interest** *The Devil's Share:* 10/23. Reese goes on the hunt for Simmons.
10.00 *Lethe:* 11/23. The number of an already dying man comes up, and Reese leaves the team behind. (S3)
11.00 **Law & Order: Special Victims Unit** (S24&23)
2.45 AM **Wild Cards** (S1)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **The Hotel Inspector**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** Cold winter weather causes a spike in admissions.
9.00 **FILM 2012** Epic disaster movie starring John Cusack. A struggling writer strives to get his family to safety after he learns of an impending catastrophe. (2009, 12, 158min) ★★★
11.10 **Motorway: Hell on the Highway** Double bill.
2.05 AM **Banged Up Abroad**
3.00 **Police Interceptors**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Motorway Patrol**
9.40 **Trucking Hell**
10.40 **Traffic Cops**
11.40 **Police Interceptors**
1.40 PM **FILM They Who Dare** Wartime drama. (1953, U, 107min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** The team pursue a teenage car thief in Wakefield.
7.00 Nick Priestley embarks on a pursuit of an unusual getaway car.
8.00 The Tactical Support Group head up a dawn raid.
9.00 **FILM Brannigan** Thriller starring John Wayne. (1975, 15, 111min) ★★★
11.20 **Police: Night Shift 999**
12.20 AM **MacGyver** (S3)
1.20 **Extreme Winter Road Rescue**
2.20 **Trucking Hell**
3.25 **Motorway Patrol**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Nick Knowles' New Year Clearout**
7.00 **Tipping Point**
10.00 **Property Brothers: Forever Homes**
1.00 PM **Tipping Point**
4.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** Series finale The finalists must cook a dish using a classic ingredient pairing, followed by an epic final Pressure Test, before the winner is announced.
9.00 **999 Rescue Squad** The discovery of underwear on a canal bank sparks a risky missing persons search.
10.00 A major fire breaks out in a haulage depot in Brighouse.
11.00 **Absolutely Fabulous**
1.00 AM **Interior Design Masters with Alan Carr**
2.15 **to 3.00** AM **Amanda & Alan's Italian Job**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.35 AM **Soldier, Soldier**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **Monarch of the Glen**
4.20 **Bergerac**
5.25 **The Upper Hand**
6.00 **Terry and June**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown**
9.00 **Sister Boniface Mysteries** New episode *Let the Games Begin!* 5/8. A bucking bronco goes haywire. (S4)
■ Entire series on U
10.00 **New Tricks**
11.20 **Waking the Dead**
12.25 AM **Lovejoy**
1.30 **The Upper Hand**
2.15 **Terry and June**
2.45 **to 4.00** AM **A Remarkable Place to Die**

+1 hr 243 316 60 260

FRIDAY Entertainment

Friday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** Northumberland.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
2.00 **Money for Nothing**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** Margie Cooper and Paul Martin visit Cornwall. **8.00** Margie and Paul head for Plymouth.
9.00 **Yorkshire Air 999** A motorcyclist who has crashed into a wall.
10.00 **Helicopter ER** A holidaymaker who has been trampled by cows. **11.00** A motorcyclist and his grandson have had a serious crash.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Double bill.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room** Featuring a retro game and vintage bikes. **6.00** A 1920s decanter and a gardening kit.
7.00 **The Chase Celebrity Special** With guests Toyah Willcox, John Barnes, Germaine Greer and Audley Harrison.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill.
12.00 M'T **The Chase**
4.00 AM **The Crystal Maze**
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.10 AM **Tombstone Territory**
9.50 **FILM The Last Wagon** (1956, PG) ★★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM **FILM Jack Mccall, Desperado** Western. (1953, U, 76min) ★★
2.50 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!**
7.00 **The Avengers** (S5)
8.00 **The New Avengers**
9.00 **FILM 16 Blocks** Thriller with Bruce Willis. (2006, 12, 102min) ★★★★
11.15 **FILM Assault on Station 33** Thriller. (2021, 15, 90min) ★★
1.15 AM **The Avengers**
2.15 **The New Avengers**
3.15 **Cops Uncut** Double bill.
4.05 **FILM Deadly Voltage** Action adventure. (2015, PG, 84min) ★★
5.25 **to 5.50** AM **Air Rescue**
+1 hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **FILM Scandal: My Daughter's Secret**
9.10 **Murder, She Wrote**
10.10 **Unforgettable** (S3)
11.10 **Castle** 3/24. (S3)
12.10 PM **FILM Flower Shop Mystery: Dearly Depotted** (2016) ★★
2.05 **FILM The Gourmet Detective: Eat, Drink & Be Buried** (2017) ★★
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 4/24. (S3)
8.00 **Unforgettable** (S3)
9.00 **FILM Newlywed & Dead: Picture Perfect Mysteries** (2019) ★★
10.55 **FILM Aurora Teagarden Mysteries: Heist and Seek** (2020, PG) ★★
12.50 AM **FILM Live Once, Die Twice** (2006) ★★
2.35 **FILM A Bride's Nightmare** (2020) ★★
4.15 **to 5.40** AM **FILM Killer in Red** (2018, 12) ★★
+1 hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM Christmas at Plumhill Manor** Drama. (2024, PG, 85min) ★★
10.00 **FILM A Date by Christmas Eve** Comedy. (2019, PG, 93min) ★★
12.00 NOON **FILM Welcome to Christmas** Drama. (2018, PG, 91min) ★★
2.00 PM **FILM Christmas in the Caribbean** Comedy. (2022, PG, 90min) ★★
4.00 **FILM A Christmas Break** (2020, PG) ★★
6.00 **FILM Christmas on Mistletoe Lake** Drama. (2022, PG, 87min) ★★
8.00 **Belle's Christmas Gift**
9.55 **FILM The Christmas Pageant** Festive comedy. (2011, U, 87min) ★★★
11.50 **FILM Christmas on 5th Avenue** (2021, PG) ★★
1.45 AM **FILM Baking All the Way** (2022, PG) ★★
3.35 **to 5.00** AM **FILM Christmas in the Caribbean** As 2.00pm.
+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
10.30 **Bewitched** 9/26. (S1)
11.00 **In Loving Memory** (S5)
11.30 **Doctor in the House**
12.00 NOON **Carry On...**
12.30 PM **You're Only Young Twice** 3/7. (S4)
1.00 **FILM My Favourite Brunette** (1947) ★★★
2.45 **We Had One of Those**
2.55 **Mysterious Tales** (S1)
3.00 **Bramwell** 3/10. (S3)
4.00 **Born Free** 8/13. (S1)
5.00 **A Sharp Intake of Breath** 3/6. (S4)
5.30 **In Loving Memory** (S5)
6.00 **Please Sir!** 1/13. (S2)
6.30 **Carry On Laughing**
7.00 **Blue Thunder** 8/11. (S1)
8.00 **Bramwell** 3/10. (S3)
9.00 **Dark Skies** 18/20. (S1)
10.00 **Brass** 11/13. (S2)
10.30 **Stereo Underground**
11.30 **Mysterious Tales** (S1)
11.35 **Please Sir!** 2/13. (S2)
12.05 AM **FILM Shock!** Thriller. (1945, PG, 70min) ★
1.25 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
11.00 **Wheeler Dealers**
11.45 **LIVE Snooker: Northern Ireland Open** Coverage of the quarter-finals from Waterfront Hall, Belfast
6.00 PM **Outback Opal Hunters** Rookie Justin tackles a deal that could make or break him.
7.00 **Deadliest Catch** Josh experiments with glow sticks to attract crab at the darkest depths. **8.00** Rip helps Johnathan locate the motherlode only to pay with a broken block.
9.00 **Wheeler Dealers: Dream Car** Double bill.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**
+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **James Martin's Brittany** Double bill.
7.00 **Paul Hollywood: City Bakes** From Reykjavik.
8.00 **The Pioneer Woman**
9.00 **Jamie's Comfort Food**
10.00 **Tom Kerridge's American Feast**
11.00 **Great British Bake Off**
1.00 PM **American Adventure**
2.00 **James Martin's Mediterranean**
3.00 **Paul Hollywood: City Bakes** From Reykjavik.
4.00 **The Pioneer Woman**
5.00 **Jamie's Comfort Food**
6.00 **Tom Kerridge's American Feast**
7.00 **Great British Bake Off**
9.00 **Nigel's Simple Suppers**
10.00 **Rick Stein's Food Heroes** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food Nation**
2.00 **to 3.00** AM **Guy's Grocery Games**
+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 2/25. (S2)
9.00 **The Fall Guy** 11/22. (S5)
10.00 **Charlie's Angels** (S2)
11.00 **FILM Triassic Hunt** Action adventure. (2021, 15, 86min) ★★
1.00 PM **FILM The Terrornauts** Drama. (1967, U, 77min) ★
2.30 **FILM The Poseidon Adventure** Thriller. (1972, PG, 117min) ★★★★★
5.00 **Star Trek** 14/26. (S2)
6.00 **Charlie's Angels** (S2)
7.00 **The Fall Guy** 14/22. (S5)
8.00 **Walker, Texas Ranger**
9.00 **FILM The Bank Job** Fact-based crime thriller. (2008, 15, 107min) ★★★
11.10 **FILM Chaos** Police conspiracy thriller. (2005, 15, 106min) ★★★
1.15 AM **FILM The Football Factory** Violent drama. (2004, 18, 91min) ★
3.05 **to 4.50** AM **FILM POW: The Escape** Drama. (1986, 15, 90min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Island of Terror** As 5.00pm.
8.00 **FILM The Bull of the West** Western. (1972, 12, 90min) ★★
10.00 **Andromeda** 7/22. (S3)
11.00 **The Gambler: The Adventure Continues**
1.00 PM **FILM Collision Earth** Sci-fi thriller. (2011, 12, 95min) ★★
3.00 **Andromeda** 7/22. (S3)
4.00 **Six Million Dollar Man**
5.00 **FILM Island of Terror** Sci-fi horror. (1966, PG, 90min) ★★★
7.00 **Andromeda** 8/22. (S3)
8.00 **Six Million Dollar Man**
9.00 **FILM Trespass** Action thriller starring Bill Paxton, Ice-T and William Sadler. (1992, 18, 101min) ★★★
11.00 **FILM Horror Express** Horror chiller. (1972, 15, 88min) ★★★
1.00 **to 3.00** AM **FILM Trespass** As 9.00pm.
+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk & Disorderly**
7.35 **Auction Hunters**
8.00 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Mega Disasters**
11.10 **The Curse of Oak Island**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Junk & Disorderly**
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **UFOs: Lost Evidence**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Strange Evidence**
10.00 **What on Earth?**
11.00 **The UnXplained: Mysteries of the Universe** Planet Venus.
12.00 M'T **Paranormal Survivor** Documentary.
1.00 AM **UFOs: Lost Evidence**
2.00 **Ancient Aliens**
3.45 **Court Cam** Double bill.
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Cruising with Jane McDonald** Double bill.
11.00 **World's Most Scenic Railway Journeys**
12.00 NOON **Ben Fogle: New Lives in the Wild**
1.00 PM **Portugal with Michael Portillo**
2.00 **Murder, She Wrote**
3.00 **Columbo**
5.00 **World's Most Scenic Railway Journeys**
6.00 **World's Biggest Battleship: Drain the Oceans** Documentary.
7.00 **Nazi Megastructures**
8.00 **Ben Fogle: New Lives in the Wild** Ben meets an Austrian priest living in the snowy mountains of Piedmont, Italy.
9.00 **Taggart** *Dead Ringer:* A woman's remains are found under floorboards.
11.45 **Prisoner: Cell Block H**
1.45 **Cruising with Jane McDonald** Double bill.
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **My Dream Derelict Home in the Sun**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Escape to the Country**
9.00 **My Lottery Dream Home** Four editions of the series, including at: **10.30** A couple left with an inheritance look for a home near the beach in Melbourne, Florida.
11.00 **Home Town** Ben and Erin advise Erin's uncle Danny on how to restore old homes.
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **Say Yes to the Dress: Atlanta** Reality series.
12.00 NOON **My 600lb Life**
2.00 PM **Return to Amish**
3.00 **Outdaughtered: Busby Quints** Double bill.
5.00 **Little People, Big World**
6.00 **My 600lb Life**
8.00 **Dr Pimple Popper** Chanel suffers from painful cyst tunnels that leak and smell like the food she eats.
9.00 **My 600lb Life** When her boyfriend falls ill, Lisa turns to Dr Now for help with her addiction.
11.00 **My Extreme Excess Skin**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Cheapskates**
2.00 **My 600lb Life**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Flip or Flop**
+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
9.00 **Everybody Loves Raymond** 18-21/25. (S5)
11.00 **Spin City** 15-18/26. (S3)
1.00 PM **Friends** (S4&5)
8.30 **Friends** 7/24. Phoebe becomes disillusioned with the health inspector she is dating. (S5)
9.00 **Michael McIntyre's Big Surprises** The host looks back over the last four series of his *Big Show*.
10.00 **Iain Stirling's Roast the Internet** With Celya AB.
11.00 **8 Out of 10 Cats Uncut**
11.50 **Comedy Central Live**
12.50 AM **Whose Line Is It Anyway? USA**
1.45 **South Park** 4/10. (S22)
2.15 **Reno 911!** 7/13. (S3)
2.40 **Key & Peele**
3.00 **Michael McIntyre's Big Surprises** As 9.00pm.
3.45 **The Daily Show** New edition Talk show.
4.10 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Impractical Jokers**
7.00 **Teleshopping**
9.00 **Criminally Funny**
10.30 **Most Ridiculous**
11.00 **Friends** 5-8/18. (S10)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.30 **Takeshi's Castle**
4.00 **Most Ridiculous**
5.00 **Everybody Loves Raymond** 18-21/25. (S5)
7.00 **Spin City** 15-18/26. (S3)
9.00 **Everybody Loves Raymond** 1&2/25. (S5)
10.00 **Friends** 2-5/24. (S4)
12.00 M'T **FILM As Good As It Gets** Comedy starring Jack Nicholson. (1997, 15, 138min) ★★★★
2.30 AM **Drunk History**
3.20 **The Alternative Comedy Experience**
4.10 **Stephen Bailey: Live**
4.30 **Iain Stirling at the Comedy Store**
4.50 **Tom Allen at the Comedy Store**
5.15 **to 6.00** AM **Everybody Loves Raymond**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Freddie Fries Again**
10.00 **The Rookie: Feds**
12.00 NOON **Paramedics Australia** Documentary.
1.00 PM **Motorway Patrol**
2.00 **Bondi Rescue**
3.00 **The Swarm** 5/8. (S1)
4.00 **Air Ambulance ER**
6.00 **SEAL Team** (S4)
8.00 **The Rookie: Feds** *Bloodline:* 21/22. The team investigate a killer. **9.00** *Red One:* 22/22. Garza's unit investigate after an agent is drugged and buried alive. (S1)
10.00 **The Force: North East**
11.00 **The Swarm** 5/8. (S1)
12.00 M'T **The Russell Howard Hour**
2.00 AM **A League of Their Own** With Nish Kumar.
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

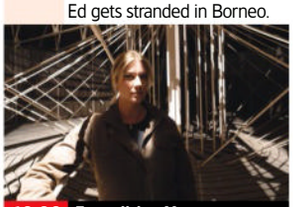
6.00 AM **Teen Mom Australia**
6.20 **Teen Mom UK**
7.10 **Teen Mom UK: Next Generation**
8.00 **Catfish: The TV Show**
4.00 PM **Help! I'm in a Secret Relationship!**
6.00 **Catfish UK**
7.00 **Teen Mom 2** Javi and Kail discuss marriage.
8.00 **The Hills: New Beginnings** Brandon is ready to take his relationship up a level.
9.00 **FILM Bring It On: All or Nothing** Teen comedy starring Hayden Panettiere as a rich and popular cheerleader who is forced to enrol in a tough inner-city school. (2006, 12, 99min) ★★★
11.00 **Skin A&E** Documentary.
12.00 M'T **MTV Unplugged**
1.00 AM **The Challenge: Double Agents**
2.20 **Ink Master**
3.10 **to 4.00** AM **Geordie OGs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Wheeler Dealers World Tour**
8.00 **Barnwood Builders**
9.00 **Gold Rush** Double bill.
11.00 **Wheeler Dealers**
1.00 PM **Gold Divers** Double bill.
3.00 **Alaska: Homestead Rescue** The Raneys arrive at a Washington State homestead and find the cabin collapsed.
5.00 **Moonshiners** Mark and Digger's bootlegger suggests putting shine in pods.
6.00 **Marooned with Ed Stafford** Ed gets stranded in Borneo.



10.00 Expedition X

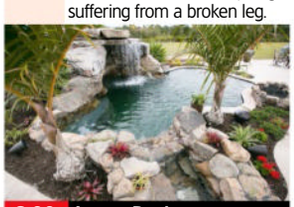
7.00 **Wheeler Dealers** The boys are determined to mark the MGB's 60th anniversary in style by buying and fixing one up.
8.00 **Deadliest Catch** Sig and Rick's alliance shatters, while Keith fights through a debilitating injury and a short-handed crew.
9.00 **Expedition Unknown** New edition Josh dives into the Pacific to find a P-47 Thunderbolt piloted by an American hero.
10.00 **Expedition X** New edition Heather and Phil head to Bangor, Maine, where landmarks tied to Stephen King's *It* hide ghost stories.
11.00 **How the Universe Works** The search for alien life on other planets in the galaxy.
12.00 M'T **Blowing Up History** Using underwater archaeology to explore a sunken city.
1.00 AM **Expedition Unknown**
2.00 **Expedition X** As 10.00pm.
3.00 **to 5.00** AM **Deadliest Catch**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Insane Pools: Off the Deep End** A tropical oasis.
9.00 **Fish or Die** A giant trevally.
10.00 **Tanked** With San Jose Sharks.
11.00 **Animal Cops Philadelphia**
1.00 PM **Crikey! It's the Irwins**
3.00 **Insane Pools: Off the Deep End** A giant double-pool.
4.00 A waterfront paradise.
5.00 **Lone Star Law** Oyster season keeps the wardens busy on the land and on water.
6.00 **Dr Jeff: Rocky Mountain Vet** The doctor treats a stray dog suffering from a broken leg.



3.00 Insane Pools

7.00 **Treehouse Masters** Pete Nelson returns to Texas to build a sophisticated treehouse in the heart of Dallas.
8.00 **River of No Return** Buck decides it is time for his eight-year old son Dax to learn how to captain a jet boat.
9.00 **Alaska: The Last Frontier** Reality show following the lives of Alaskan family the Kilchers.
10.00 **Mountain Monsters** During their quest to find the Cherokee Death Cat, the hunters heard a roar from a mysterious barn.
11.00 **Pit Bulls & Parolees** Tia shares her memoir with her family.
12.00 M'T **Crikey! It's the Irwins** Robert tries the biggest Gator move in Australia Zoo history.
1.00 AM **River of No Return**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Philadelphia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **World's Greatest Train Journeys from Above**
9.00 **Air Crash Investigation**
11.00 **Air Crash Investigation: Special Report**
12.00 NOON **Inside Airport Lost & Found** Double bill of editions.
2.00 PM **Nazi Megastructures**
4.00 **Secrets of Area 51** Behind the scenes at the world's most secret military base.
5.00 **Car S.O.S** A Volvo Amazon.
6.00 **Lost Treasures of Egypt** Archaeologists hunt for clues to the rise of mummification.

10.00 Inside Melbourne Airport

7.00 **Air Crash Investigation** A private jet slams into an apartment building near the runway, killing all nine passengers.
8.00 **Air Crash Investigation** The events in 1987 that caused a flight leaving Detroit to crash onto a road during take-off.
9.00 **Air Crash Investigation** Dramatic reconstruction of the China Airlines flight that came close to disaster in February 1985.
10.00 **Inside Melbourne Airport** The Australian Border Force investigates potential criminal activity on the tarmac.
11.00 **Top Guns: Next Generation**
12.00 M'T **Ice Road Rescue**
1.00 AM **Inside Airport Lost & Found** Documentary.
2.00 **To Catch a Smuggler**
2.30 **Bid & Destroy** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **When Sharks Attack**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Irish Pickers**
6.55 **American Pickers**
7.50 **Storage Hunters**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **Discovered by Disaster**
1.00 PM **Ancient Aliens**
2.00 **Nazi Murder Mysteries**
3.00 **Medieval Murder Mysteries**
4.00 **Storage Hunters** Double bill.
5.00 **Canadian Pickers** Scott and Sheldon travel to southern British Columbia' mining towns.
6.00 **American Pickers** Mike finds five ultra-rare motorbikes.

10.00 Ancient Aliens

7.00 **Forged in Fire** Four bladesmiths must forge a Damascus blade from three different steels.
8.00 **Egypt's Unexplained Files** The story of the Great Pyramid at Giza, and how one discovery is rewriting what is known.
9.00 **Nazi Murder Mysteries** A look at the most shocking and unusual cases connected with the regime's bloody reign.
10.00 **Ancient Aliens** New edition Claims that numerous people claim they have been abducted by aliens.
11.00 **Ancient Aliens Special Presentation** New edition A look into whether other-worldly beings are more than mere mythology.
12.55 AM **Evil Encounters** How hunters became the prey.
1.50 **Nazi Murder Mysteries**
2.50 **Canadian Pickers**
3.40 **Pawn Stars** Documentary.
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys** Double bill.
8.00 **Bangers & Cash** Double bill.
10.00 **Secret Nazi Bases**
11.00 **The Great War in Numbers**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Secret Nazi Bases**
5.00 **The Great War in Numbers** The use of forced labour to equip the German army.
6.00 **Antiques Roadshow** Fiona Bruce presents the show from an 18th-century cotton mill on the banks of the River Clyde.

6.00 Antiques Roadshow

7.00 **Sacred Rivers with Simon Reeve** How iconic waterways have shaped the lives of the people who live along them.
8.00 **One Foot in the Grave** The Meldrews broaden their cultural horizons with a visit to the BBC. **8.40** The family are alarmed when a hole appears in their garden. **9.20** Margaret collapses with exhaustion and Victor tries to nurse her.
10.00 **Bangers & Cash** A 1967 Aston Martin DB6 which could be the most expensive car ever sold at the auction.
11.00 **Bangers & Cash** A man sends his dream car to auction. **12.00** M'T A widow parts with her late husband's collection of Rolls-Royces and Bentleys.
1.00 AM **Abandoned Engineering** A collection of Turkish castles.
2.00 **to 3.00** AM **Sacred Rivers with Simon Reeve** As 7.00pm.

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Shed and Buried**
7.30 **Drew's Dream Car**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop** A soft toy, a sea cadet's drum and a wooden church pew are restored.
8.00 **Shed and Buried** Henry Cole and Sam Lovegrove search for vehicles in Cornwall. **8.30** Henry and Sam head to Oxfordshire.
9.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Atlanta** Double bill.
11.00 **Forensic Detectives**
12.00 NOON **Love, Honor, Betray** Sarah Ripoli.
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **Disappeared**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **NEW SERIES The Real Murders on Elm Street** A twisted obsession.
10.00 **Devil in Suburbia**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Tara Swilley.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Britain's Countryside Killers** The murder of 18-year-old Lily Sullivan.
8.00 **Murder by the Sea** Michael Brown's frustrations at his inability to get a job drove him to murder.
9.00 **48 Hours** The case of Kouri Richins, a children's book author who finds herself at the centre of a murder investigation.
10.00 **Murder in Mind** A look at killer Bryan Whitelock, who was sentenced to life with no parole.
11.00 **Snapped: Killer Couples** The story of Alice and Gerald Uden.
12.00 M'T **A Secret to Die For**
1.00 AM **48 Hours**
2.00 **Murder in Mind**
3.00 **Murder by the Sea**
4.00 **to 5.45** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Killers: Caught on Camera** Double bill.
11.00 **48 Hours** Rodney Alcala.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Killers: Caught on Camera** Double bill.
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives**
7.00 **Judge Judy** A woman accuses her former friend of theft and an illegal lockout. **7.25** A woman is accused of illegally using a professional photo. **7.50** An attempt to reign in a roommate's sloppiness ends in an assault and an arrest. **8.15** After a woman has a fight with her boyfriend, her cousin lets her move in.
8.40 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **The Force: Manchester**
8.00 **Motorway Patrol**
9.00 **Caught on Dashcam**
10.00 **Killer in My Village**
11.00 **Catching the Killer**
12.00 NOON **How I Caught the Killer** True-crime.
1.00 PM **Britain's Most Evil Killers** Daniel Gonzalez.
2.00 **Killer in My Village**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Murdered at First Sight**
7.00 **Britain's Most Evil Killers**
8.00 **World's Most Evil Killers**
9.00 **The Torso Killer**
12.20 AM **Murdered at First Sight** Jermaine Cools.
1.15 **How I Caught the Killer**
2.10 **Killer in My Village**
3.05 **Murdered at First Sight**
4.00 **Border Security: America's Front Line**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **USS Indianapolis**
9.35 **Women of World War II: The Untold Stories**
10.50 **Fall of Japan in Colour**
11.50 **Cure for Hate: Bearing Witness to Auschwitz**
1.00 PM **USS Indianapolis**
2.15 **Women of World War II: The Untold Stories**
3.30 **Fall of Japan in Colour**
4.30 **Cure for Hate: Bearing Witness to Auschwitz**
5.45 **USS Indianapolis: The Final Chapter**
7.00 **Women of World War II: The Untold Stories** American women involved in the conflict.
8.15 **NEW Fall of Japan in Colour** The travels of William Courtenay.
9.20 **Cure for Hate: Bearing Witness to Auschwitz**
10.35 **Women of World War II: The Untold Stories**
12.00 M'T **Fall of Japan in Colour** As 8.15pm.
1.05 **to 2.00** AM **America the Bountiful**

FRIDAY

Friday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Story of Late Night**
7.00 **Discovering: Fredric March**
8.00 **The Directors**
9.00 **Gaming Wall St**
10.00 **The Vow**
11.00 **I Am Heath Ledger**
12.50 PM **My Icon: Leon Pryce**
1.00 **Billy Joel: And So It Goes**
3.50 **My Icon: Michael Campbell**
4.00 **Discovering: Fredric March**
5.00 **The Directors**
6.00 **Gaming Wall St**
7.00 **The Vow** 5/9. Catherine decides to go to the *New York Times* as her worries for her daughter increase.
8.00 **God Bless Ozzy Osbourne** The life and career of the Black Sabbath frontman.
10.00 **The Essex Murders: Who Killed Goldfinger?** 3/3. A professional hitman is suspected in the murder of John Palmer.
11.00 **I Am Johnny Cash**
12.45 AM **The Story of Late Night**
1.35 **Dettori** Profile of Frankie Dettori.
3.50 **Adam Hills: Foot Fault**
5.00 **to 6.00** AM **Discovering: Fredric March**

Crime+Investigation

156 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Judge Rinder** Real-life cases.
10.00 **Buried in the Backyard**
11.00 **Motive to Murder**
12.00 NOON **Meet, Marry, Murder**
1.00 PM **Accident, Suicide or...**
2.00 **Judge Rinder** Real-life cases.
3.00 **Murder Detective**
4.00 **Murdertown** Martin Decker.
5.00 **When Missing Turns to Murder**
6.00 **Murder by Medic**
7.00 **Green Eyed Killers**
8.00 **Accident, Suicide or Murder?** New edition Documentary.
9.00 **Court Cam** New edition A man tries to escape the courthouse. **9.30** A man charged with murder attempts a bold escape.
10.00 **My Strange Arrest**
11.00 **Cold Case UK** Documentary.
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Court Cam** Four editions.
3.00 **Meet, Marry, Murder**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the Backyard**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 142

9.00 AM **Operation Arctic**
11.00 **Incredible Journeys with Simon Reeve** Double bill.
1.00 PM **Operation Arctic**
3.00 **Incredible Journeys with Simon Reeve** Simon catches up with the people he has met, including a Burmese undercover human rights campaigner. **4.00** Simon recalls coming under fire in war-torn Mogadishu to squaring off with a female wrestler in Mexico City.
5.00 **The Two Ronnies** Triple bill.
7.20 **The Two Ronnies** Vintage comedy, including the Cockney Rhyming Song Sermon. Plus, music from Barbara Dickson. **8.10** Including the sixth part of *Death Can Be Fatal*, and the Meadowfield Players put on *Weekend in Mayfair*. **8.55** Featuring another episode of *Death Can Be Fatal*. **9.40** Featuring the final part of *Death Can Be Fatal*.
10.30 **The Two Ronnies**
4.15 **to 6.00** AM **The Bill**

+1 hour 266 376

Sky Nature

145 113/114 189 354 369

6.00 AM **Arctic Secrets**
7.00 **Monkey Life** Double bill.
8.00 **Tales from Zambia**
9.00 **Orangutan Jungle School**
10.00 **Wildlife ER** As 4.00pm.
11.00 **Wild Battlegrounds**
12.00 NOON **Africa's Hunters**
1.00 PM **Monkey Life**
2.00 **Tales from Zambia**
3.00 **Orangutan Jungle School**
4.00 **Wildlife ER** The ER team are overwhelmed with patients.
5.00 **Hope for Wildlife**
6.00 **Africa's Hunters**
7.00 **Monkey Life** Double bill.
8.00 **Rewilding** The reintroduction of the European bison.
9.00 **Pride Rules** A look at lion prides.
10.00 **Africa's Hunters** A 13-year-old leopard faces a huge challenge.
11.00 **Hope for Wildlife**
12.00 M'T **Wild Battlegrounds**
1.00 AM **Arctic Secrets**
2.00 **Rewilding** As 8.00pm.
3.00 **Pride Rules** A look at lion prides.
4.00 **Tales from Zambia**
5.00 **to 6.00** AM **Orangutan Jungle School**

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Animals Gone Wild**
10.00 **Shark Men** Documentary.
11.00 **The Wild Life of Dr Ole**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Europe's Wild Places**
3.00 **Fish Tank Kings**
4.00 **Secrets of the Zoo**
5.00 **Ice Road Rescue**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** Flamingoes take an aerobics class.
8.00 **Africa's Deadliest** Animals that take their prey by surprise.
9.00 **Hyena Queen** Wildlife film-maker Kim Wolhuter spends time with a hyena pack.
10.00 **Lawless Island** The citizens of Port Protection come together to help improve the town infrastructure.
11.00 **Ice Road Rescue**
12.00 M'T **Animal Fight Club**
1.00 AM **Swamp Men**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet** Documentary.
4.00 **to 5.00** AM **Africa's Deadliest**

ID

154 141 166

8.00 AM **Where Murder Lies**
9.00 **Swamp Murders**
11.00 **American Monster**
12.00 NOON **Evil Lives Here**
1.00 PM **People Magazine Investigates** Double bill.
3.00 **American Monster**
4.00 **Evil Lives Here**
5.00 **Evil Stepmothers**
7.00 **Murder in the Heartland** The hunt for the killer of a person whose body was found in Dunlap, Tennessee. **8.00** The body of a farm worker discovered in Montana.
9.00 **On the Case with Paula Zahn** A woman finds a young mother murdered following a festive New Year's celebration.
10.00 **Portals to Hell** Alleged doorways to the underworld.
11.00 **Haunted Towns** The team head to Bisbee, Arizona.
12.00 M'T **The Dead Files**
2.00 AM **Evil Stepmothers**
4.00 **to 6.00** AM **Murder in the Heartland**

+1 hour 254 366

Sky History 2

163/168 143 186

6.00 AM **Mysteries Unearthed with Danny Trejo**
7.00 **History's Greatest Myths**
8.00 **The Proof Is Out There**
9.00 **WWII Lost Films**
11.00 **Ancient Aliens** Double bill.
1.00 PM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Digging for Britain**
4.00 **Mysteries Unearthed with Danny Trejo** Burial sites.
5.00 **History's Greatest Myths**
6.00 **The Proof Is Out There**
7.00 **WWII Lost Films** How Rockie Blunt pushed towards the Rhine. **8.00** Rockie witnesses one of the war's greatest tragedies.
9.00 **Evidence of the Unexplained** A look at recently declassified top-secret UFO files.
10.00 **Life After People** How Marine Corps dogs would put their training to use without humans.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Digging for Britain**
4.00 **Auction Hunters** Double bill.
5.00 **to 6.00** AM **Combat Ships**

Discovery History

174 147 181 320 325

7.00 AM **Planes That Changed the World** As shown at 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Planes That Changed the World** A look at the Airbus A380, a double-decked aircraft designed for 800 passengers.
9.00 **Secrets Underground** A strange cave that freezes in summer and melts in winter.
10.00 **How Do They Do It?** A look at how aircraft seats are tested. **10.30** The creation of George Washington's favourite tipple.
11.00 **Massive Engineering Mistakes**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Massive Engineering Mistakes** Documentary.
7.00 **Texas Metal** A 1971 Suburban.
8.00 **Motor Pickers** Double bill.
9.00 **Kindig Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Kindig Customs**
4.00 **Richard Hammond's Workshop**
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers** Double bill.
7.00 **Shed and Buried**
8.00 **Richard Hammond's Workshop** Richard is desperate to get behind the wheel of his MGB. **9.00** Restoring a 1930s Morris 8.
10.00 **British Superbikes**
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Richard Hammond's Workshop** As 8.00pm.
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Twin Turbos**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.40 AM **The Cinema List**
7.00 PREMIERE **Dog Man** (2025)
8.35 **Grow** (2025, PG) ★★★★
10.25 **Juliet & Romeo** Musical. (2025, 12, 122min) ★★★
12.30 PM PREMIERE **Dog Man**
2.05 **Ick** Sci-fi. (2024, 15) ★★★
3.45 **Bridget Jones: Mad About the Boy** Romantic comedy. (2024, 15, 125min) ★★★★
6.00 PREMIERE **Dog Man** Animated comedy. (2025, U, 89min) ★★★★ *See review, page 23.*

6.00 Dog Man

7.45 **Black Bag** Thriller starring Michael Fassbender and Cate Blanchett. When a spy is suspected of treason, her husband faces the ultimate test. (2024, 15, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

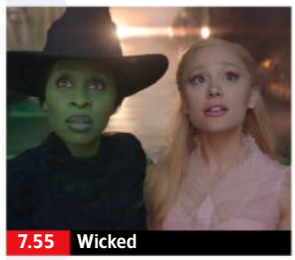
9.30 **Lake George** Crime thriller starring Carrie Coon and Shea Wingham. Two misfits embark on a road trip, take a dubious deal and find redemption amid shady circumstances. (2024, 15, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **It Feeds** Horror starring Shawn Ashmore and Ashley Greene. A young girl claims an entity is feeding on her. (2025, 15, 102min) ★★★
1.25 AM **Presence** Horror starring Lucy Liu and Chris Sullivan. (2024, 15, 84min) ★★★★
3.00 **Lake George** As 9.30pm.
4.50 **to 6.00** AM **Code 3** Action comedy starring Rainn Wilson. (2025, 15, 104min) ★★★★

Sky Cinema Spooky

303 303 403 503 517

6.00 AM **Dragon Rider** Animation. (2020, PG, 91min) ★★★
7.40 **Monster Family** Animated comedy. (2017, PG, 96min) ★★
9.20 PREMIERE **Dog Man** As 4pm.
11.00 **The Wiz** Musical fantasy. (1978, U, 133min) ★★
1.20 PM **Wicked** As 7.55pm.
4.00 PREMIERE **Dog Man** Animated comedy. (2025, U, 89min) ★★★★ *See review, page 23.*
5.45 **Stardust** Fantasy comedy. (2007, PG, 127min) ★★★★



7.55 Wicked

7.55 **Wicked** Part one of *The Wizard of Oz* prequel based on the hit stage musical, starring Cynthia Erivo, Ariana Grande, Jonathan Bailey and Michelle Yeoh. (2024, PG, 160min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Hotel Transylvania** Animated comedy with the voices of Adam Sandler, Andy Samberg and Selena Gomez. (2012, U, 91min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Hotel Transylvania 2** Animated comedy sequel. (2015, U, 89min) ★★★
1.45 **Hotel Transylvania 3: Summer Vacation** Animated sequel. (2018, U, 97min) ★★
3.25 **The Canterville Ghost** Animated family adventure. (2023, PG, 89min) ★★
5.00 **to 6.25** AM **Little Vampire** Animation. (2020, PG) ★★★

Sky Cinema Drama

310 310 410 510 524

6.55 AM **The Danish Girl** Period drama. (2015, 15, 117min) ★★★
9.10 **Dallas Buyers Club** Drama. (2013, 15, 114min) ★★★★
11.20 **P.S. I Love You** Comedy drama. (2007, 12, 121min) ★★★
1.40 PM **It Ends with Us** Romantic drama. (2024, 15, 125min) ★★★
3.55 **The Blind Side** Fact-based drama starring Sandra Bullock. (2009, 12, 129min) ★★★

6.05 **Bob Marley: One Love** Biopic starring Kingsley Ben-Adir. (2023, 12, 104min) ★★★
8.00 **The Bodyguard** Romantic thriller with Kevin Costner and Whitney Houston. A professional bodyguard falls in love with the superstar singer-actor he has been assigned to protect. (1992, 15, 129min) ★★★
10.10 **Fifty Shades Freed** Erotic thriller sequel starring Dakota Johnson, Jamie Dornan and Eric Johnson. (2018, 18, 105min) ★

12.10 AM **Dreamgirls** Musical. (2006, 12, 130min) ★★★★
2.20 **There Will Be Blood** Drama starring Daniel Day-Lewis. (2007, 15, 158min) ★★★★★
5.00 **Sky Cinema Preview**
5.25 **to 7.25** AM **Dear John** Drama. (2010, 12, 108min) ★★

Sky Cinema Science Fiction

311 311 411 511 525

6.05 AM **Chappie** Sci-fi thriller. (2015, 15, 120min) ★★
8.10 **Omni Loop** Sci-fi drama. (2024, 12, 112min) ★★★★
10.05 **Gravity** As shown at 8.00pm.
11.50 **Voyagers** Sci-fi action thriller. (2020, 15, 108min) ★★★
1.50 PM **Passengers** Sci-fi drama. (2016, 12, 116min) ★★★
4.00 **Children of Men** Sci-fi thriller. (2006, 15, 109min) ★★★★★

6.00 **Congo** Michael Crichton's jungle adventure starring Laura Linney. (1995, 12, 108min) ★★★
8.00 **Gravity** Space thriller starring Sandra Bullock and George Clooney. A novice astronaut becomes stranded in space during her first NASA mission. (2013, 12, 91min) ★★★★★
9.35 **28 Days Later** Horror starring Cillian Murphy and Megan Burns. (2002, 18, 113min) ★★★★
11.35 **Terminator Salvation** Thriller sequel. (2009, 12, 110min) ★★★

1.35 AM **I Am Legend** Sci-fi horror. (2007, 15, 101min) ★★★★
3.20 **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★
5.20 **to 7.05** AM **Escape from the 21st Century** Chinese fantasy with Ruoyun Zhang. Subtitled. (2024, 15, 94min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Harry Potter

306 306 406 506 519

6.05 AM **The Cinema List: Magical Harry Potter and the Philosopher's Stone** (2001)
9.10 **Harry Potter and the Chamber of Secrets** (2002)
11.50 **Harry Potter and the Prisoner of Azkaban** Fantasy. (2004, PG, 142min) ★★★★★
2.15 PM **Harry Potter and the Goblet of Fire** (2005) ★★★
5.00 **Harry Potter and the Order of the Phoenix** Fantasy. (2007, 12, 132min) ★★★★

5.00 ...the Order of the Phoenix

7.20 **Harry Potter and the Half-Blood Prince** Fantasy adventure starring Daniel Radcliffe, Rupert Grint and Emma Watson. Harry Potter prepares for the coming showdown with the forces of evil. (2009, 12, 153min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Harry Potter and the Deathly Hallows: Part I** Fantasy adventure with Daniel Radcliffe, Rupert Grint and Emma Watson. (2010, 12, 146min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Harry Potter and the Deathly Hallows: Part II** Fantasy with Daniel Radcliffe. (2011, 12, 130min) ★★★★★
2.45 **Harry Potter and the Philosopher's Stone** Fantasy. (2001, PG, 152min) ★★★★
5.20 **to 8.10** AM **Harry Potter and the Chamber of Secrets** Fantasy with Daniel Radcliffe. (2002, PG, 161min) ★★★★

Sky Cinema Action

307 307 407 507 521

6.10 AM **King of Killers** As 4.20am.
7.45 **Hellboy** (2004, 12) ★★★★
10.00 **Vendetta** As 5.55am.
11.40 **Ghost Rider: Spirit of Vengeance** Adventure sequel. (2012, 12, 91min) ★★
1.20 PM **Robin Hood: Prince of Thieves** Fantasy adventure. (1991, PG, 138min) ★★
3.45 **Kong: Skull Island** Adventure. (2017, 12, 118min) ★★★★
5.45 **The Fall Guy** Action comedy. (2023, 12, 126min) ★★★★

8.00 American Sniper

8.00 **American Sniper** Biopic based on the experiences of real-life Iraq conflict veteran Chris Kyle, directed by Clint Eastwood and starring Bradley Cooper, Sienna Miller and Kyle Gallner. (2014, 15, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **The Green Hornet** Fantasy action comedy starring Seth Rogen, Jay Chou and Cameron Diaz. A wealthy playboy reinvents himself as a masked crime-fighter. (2011, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Superman Returns** Adventure with Brandon Routh. (2006, 12, 154min) ★★★
2.50 **Crank** Action thriller. (2006, 18, 88min) ★★★★
4.20 **King of Killers** Action thriller. (2023, 15, 92min) ★
5.55 **to 7.35** AM **Vendetta** Action thriller. (2022, 15, 96min) ★★

Sky Cinema Comedy

308 308 408 508 522

6.05 AM **Click** (2006, 12) ★★★★
8.05 **The Blues Brothers** Comedy. (1980, 15, 135min) ★★★★★
10.25 **Mr Deeds** Comedy drama. (2002, 12, 96min) ★★★
12.15 PM **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★
2.10 **A Night at the Roxbury** Comedy. (1998, 15, 82min) ★
3.45 **The Holdovers** Comedy drama. (2023, 15, 133min) ★★★★★
6.05 **Beetlejuice Beetlejuice** Horror comedy. (2024, 12) ★★★★

6.05 Beetlejuice Beetlejuice

8.00 **Daddy's Home 2** Comedy sequel starring Will Ferrell and Mark Wahlberg. Having settled their differences, Brad and Dusty must now deal with their intrusive fathers during the holidays. (2017, 12, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Scott Pilgrim vs. the World** Comic-book comedy starring Michael Cera. A geeky young musician must defeat his cool new girlfriend's seven evil exes before he can win her heart. (2010, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **My Big Fat Greek Wedding 2** Romantic comedy sequel. (2016, 12, 94min) ★★
1.40 AM **Baywatch** Action comedy. (2017, 15, 121min) ★★
3.50 **The Cinema List: SNL**
4.20 **to 6.20** AM **You, Me and Dupree** Comedy. (2006, 12, 109min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Mob Cops** Crime drama. (2024, 15, 87min) ★
7.35 **American Star** Crime thriller. (2023, 15, 107min) ★★★★
9.30 **There Will Be Blood** Drama. (2007, 15, 158min) ★★★★★
12.15 PM **Psycho** As 10.35pm.
2.05 **RocknRolla** Comedy thriller. (2008, 15, 110min) ★★
4.05 **Vantage Point** Action thriller. (2008, 12, 90min) ★★★
5.45 **The Perfect Storm** Drama. (2000, 12, 129min) ★★★★

10.35 Psycho

8.00 **The Day of the Jackal** Crime thriller based on the novel by Frederick Forsyth, starring Edward Fox as a cold-blooded assassin hired to kill French president Charles de Gaulle. With Michael Lonsdale. (1973, 15, 142min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Psycho** Chiller remake starring Anne Heche and Vince Vaughn. A secretary on the run from the law checks into the Bates motel for a quick shower. (1998, 15, 100min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Law Abiding Citizen** Thriller starring Jamie Foxx. (2009, 18, 109min) ★★
2.35 **Lawless** Prohibition-era crime drama starring Shia LaBeouf. (2012, 18, 111min) ★★★★
4.35 **to 6.35** AM **Greedy People** Crime comedy thriller. (2024, 15, 113min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Carrington VC** Drama. (1954, b/w, PG, 106min) ★★★
1.10 PM **The Enemy Below** World War Two adventure. (1957, PG, 98min) ★★★★
3.10 **River of No Return** Western. (1954, PG, 91min) ★★★
5.05 **Jingle All the Way** Comedy. (1996, PG, 89min) ★★★
6.50 **Romancing the Stone** Romantic mystery adventure. (1984, 12, 105min) ★★★★

11.20 X

Romancing the Stone (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Angel Has Fallen** Action thriller sequel starring Gerard Butler and Morgan Freeman. Secret Service agent Mike Banning is framed for an assassination attempt on the president, and races to clear his name. (2019, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **X** Horror starring Mia Goth, Brittany Snow and Jenna Ortega. A group of film-makers set out to make an adult film in rural Texas, but the cast find themselves fighting for their lives. (2022, 18, 105min) ★★★
1.30 **to 3.40** AM **The Innocents** Ghost story with Deborah Kerr and Michael Redgrave. (1961, b/w, 12, 100min) ★★★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Halloween

302 302 402 502 516

7.15 AM **Lovely, Dark, and Deep**
8.45 **Ma** Horror with Octavia Spencer. (2019, 15, 99min) ★★★
10.30 **Annabelle** Horror spin-off. (2014, 15, 97min) ★★
12.10 PM **Cuckoo** Horror thriller. (2024, 15, 102min) ★★★
2.10 **Friday the 13th Part III** Horror sequel. (1982, 18, 95min) ★
3.50 **Sick** Horror starring Gideon Adlon. (2022, 18, 83min) ★★★

5.15 **Lovely, Dark, and Deep** Drama. (2023, 15, 87min) ★★★
6.45 **It** Horror starring Bill Skarsgård. (2017, 15, 135min) ★★★★
9.00 **Bram Stoker's Dracula** Francis Ford Coppola's adaptation of the vampire novel, starring Gary Oldman as Dracula. With Winona Ryder, Anthony Hopkins and Keanu Reeves. (1992, 18, 123min) ★★★
11.10 **Hollow Man** Sci-fi thriller with Elisabeth Shue and Kevin Bacon. (2000, 18, 113min) ★★★

1.05 AM **Friday the 13th Part II** Horror sequel starring Amy Steel. (1981, 18, 87min) ★★
2.40 **Out of Darkness** Prehistoric horror with Iola Evans. Subtitled. (2022, 15, 88min) ★★★
4.20 **to 6.10** AM **Arcadian** Thriller. (2024, 15, 92min) ★★★★

Sky Cinema Greats

304 304 404 504 518

6.35 AM **Brewster's Millions** Comedy. (1985, PG, 97min) ★★★
8.25 **Small Soldiers** Adventure. (1998, PG, 99min) ★★★★
10.25 **Dad's Army** Comedy spin-off. (1971, U, 95min) ★★★★
12.15 PM **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
2.00 **Grease** Musical starring John Travolta and Olivia Newton-John. (1978, PG, 110min) ★★★★

3.55 **Do the Right Thing** Spike Lee's comedy starring Danny Aiello. (1989, 15, 120min) ★★★★★
5.55 **Birdy** Psychological drama. (1984, 15, 120min) ★★★★
8.00 **Scent of a Woman** Drama starring Al Pacino as a blind war veteran who takes his student minder on a weekend fling in New York. With Chris O'Donnell. (1992, 15, 157min) ★★★★
10.35 **Taxi Driver** Martin Scorsese's drama starring Robert De Niro. (1976, 18, 110min) ★★★★★

12.30 AM **Midnight Express** Alan Parker's drama starring Brad Davis. (1978, 18, 120min) ★★★★
2.35 **Fatal Attraction** Thriller. (1987, 15, 120min) ★★★★
4.35 **Sky Cinema Preview**
5.10 **to 7.00** AM **Congo** Adventure. (1995, 12, 108min) ★★★

Sky Cinema Kung Fu Panda

305 305 412 500 514

7.10 AM **Kung Fu Panda** As 9.10pm.
8.55 **Kung Fu Panda 2** As 10.55pm.
10.40 **Kung Fu Panda 3** As 5.40pm.
12.30 PM **Kung Fu Panda 4** (2023)
2.15 **Kung Fu Panda** As 9.10pm.
4.00 **Kung Fu Panda 2** As 10.55pm.
5.40 **Kung Fu Panda 3** Animated comedy sequel featuring the voices of Jack Black, Bryan Cranston and Angelina Jolie. (2016, PG, 95min) ★★★★

7.25 **Kung Fu Panda 4** Animated adventure sequel with the voice of Jack Black. Po returns to find and train a new dragon warrior, while a sorceress plans to summon all of his past enemies. (2023, PG, 94min) ★★★
9.10 **Kung Fu Panda** Animated comedy with the voice of Jack Black. A tubby, lazy panda who dreams of becoming a martial arts master is unexpectedly called upon to be a hero. (2008, PG, 92min) ★★★★

10.55 **Kung Fu Panda 2** Animated comedy sequel with the voices of Jack Black and Gary Oldman. (2011, PG, 90min) ★★★★
12.35 AM **Kung Fu Panda 3** (2016)
2.20 **Kung Fu Panda 4** As 7.25pm.
4.05 **Kung Fu Panda** As 9.10pm.
5.45 **to 7.20** AM **Kung Fu Panda 2**

Christmas 24

312 313 419

7.00 AM **Christmas on Call** Festive drama. (2024, PG, 90min) ★★
9.00 **Marry Christmas** Romantic comedy. (2024, PG, 85min) ★★
11.00 **Christmas Under the Lights** Drama. (2024, PG, 90min) ★★
1.00 PM **Three Wise Men and a Baby** Comedy starring Tyler Hynes. (2022, PG, 90min) ★★
3.00 **Jolly Good Christmas** Festive comedy. (2022, PG, 90min) ★★

5.00 **Happy Holidays from Cherry Lane** Festive drama anthology sequel. (2024, PG, 90min) ★★
7.00 **A Tale of Two Christmases** Romantic comedy starring Katherine Barrell and Chandler Massey. (2022, PG, 84min) ★★
9.00 **Saving the Christmas Ranch** Romantic drama with Brianna Cohen and Jonathan Stoddard. (2025, PG, 90min) ★★
11.00 **An Unforgettable Christmas** Drama with Celeste Desjardins. (2023, PG, 90min) ★★

1.00 AM **Where Are You, Christmas?** Festive fantasy. (2023, PG, 90min) ★★
3.00 **to 5.00** AM **Boyfriends of Christmas Past** Romantic drama. (2021, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Law of the Plainsman**
6.30 **The Tufty Club: Match Safety**
6.35 **The Stars Look Down** Drama. (1939, b/w, PG, 110min) ★★★
8.30 **Out of Town** Documentary.
9.00 **Target Earth** Sci-fi thriller. (1954, b/w, PG, 75min) ★★
10.35 **Behemoth the Sea Monster** Sci-fi horror starring Gene Evans. (1959, b/w, 12, 70min) ★
12.00 NOON **Z Cars** 12/28. (S9)

1.00 PM **Forbidden** Crime thriller. (1948, b/w, PG, 87min) ★★
2.45 **The Wicked Lady** Drama. (1945, b/w, PG, 104min) ★★★★
4.50 **Oliver Twist** Period adventure. (1982, U, 115min) ★★
6.50 **The Weaker Sex** War drama. (1948, b/w, U, 84min) ★★
8.25 **Scotland Yard** 11/39. (S1)
9.00 **Cellar Club with Caroline Munro**
9.05 **Doomwatch** 10/13. (S2)
10.05 **Cellar Club with Caroline Munro**
10.10 **Woman Who Came Back** Horror. (1945, b/w, PG, 67min) ★★

11.30 **Cellar Club with Caroline Munro**
11.35 **Hunting Venus** One-off comedy.
1.35 AM **Dance Little Lady** Drama. (1954, PG, 87min) ★★
3.20 **I Remember Mama** Period drama starring Irene Dunne. (1948, b/w, U, 134min) ★★★★
5.55 **to 6.00** AM **The Strand**

FRIDAY Sport 24 October

Friday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM LIVE **DP World Tour Golf** Coverage of day two of the Genesis Championship staged at Woo Jeong Hills Country Club.
9.00 **Sky Sports Breakfast**
10.00 LIVE **ICC Women's World Cup Sri Lanka v Pakistan.** Coverage of the group match at R.Premadasa Stadium, Colombo.
5.45 PM **Premier League Friday**
7.00 **Sports Centre**
7.30 LIVE **FNF Leeds United v West Ham United.** The Premier League match at Elland Road. The hosts have a poor recent record against the Hammers having only won one of the previous nine meetings since 2011. The sole victory came back in January 2022 when Jack Harrison scored a hat-trick for the Yorkshire side. Kick-off **8.00pm**.
10.45 LIVE **Formula 1** Coverage of the Mexico City Grand Prix second practice session staged at Autodromo Hermanos Rodriguez.
12.15 AM **BTS with Aston Martin**
12.30 **Sky Sports News**
4.30 **to 6.00** AM LIVE **DP World Tour Golf** Coverage of day three of the Genesis Championship at Woo Jeong Hills Country Club.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League 100 Club**
9.00 **Netbusters** Recent action.
9.30 **Premier League Stories**
10.00 **Sky Sports FC**
12.00 NOON **Total Football**
4.00 PM **Fantasy Show**
4.30 **Premier League Preview**
5.00 **Premier League Friday**
7.00 **Premier League Preview**
7.30 LIVE **FNF Leeds United v West Ham United.** Coverage of the Premier League match staged at Elland Road. The hosts have a poor recent record against the Hammers having only won one of the previous nine meetings since 2011. Kick-off **8.00pm**.
10.45 **Cult Heroes** A profile of Nani.
11.00 **The Big Interview**
11.30 **Premier League Stories**
12.00 M'T **FNF** Highlights from Leeds United v West Ham United.
12.30 AM **Netbusters** Recent action.
1.00 **PL Retro** A replay of Arsenal v Tottenham Hotspur from 2008.
3.00 **PL Greatest Games**
4.00 **Best PL Goals 2023/24**
5.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **Retro League One**
8.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2018 final.
10.30 **EFL** Goals from 2017/18.
11.00 **Henrik Larsson: 20 Years On**
12.00 NOON **Bundesliga Weekly**
12.30 PM **EFL Highlights**
1.00 **Bundesliga Highlights Show**
2.00 **SPFL Round-Up**
2.15 **SPFL Highlights** Dundee v Celtic.
2.30 **EFL Highlights** Championship.
4.30 **Bundesliga Highlights Show**
5.30 **Bundesliga Weekly**
6.00 **EFL Highlights** Recent action.
6.30 **SPFL Round-Up**
6.45 **SPFL Highlights** Dundee v Celtic.
7.00 **EFL Highlights** Championship.
7.30 LIVE **EFL Preston North End v Sheffield United.** Coverage of the Championship match held at Deepdale. The hosts are pushing for a place in the top two currently after a positive start to the season that saw them lose one of their first nine games. Kick-off **8.00pm**.
10.30 **SPFL Round-Up**
10.45 **SPFL Highlights** Dundee v Celtic.
11.00 **EFL Greatest Games**
12.00 M'T **EFL** Championship play-offs.
3.00 AM **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **ICC Women's World Cup**
10.00 LIVE **ICC Women's World Cup Sri Lanka v Pakistan.** Coverage of the group match staged at R.Premadasa Stadium in Colombo. Co-hosts Sri Lanka will be aiming to improve on their record of only getting as far as the quarter-finals of this tournament, something they did back in 1997. Their opponents today have never reached a quarter-final with their best performance coming in 2009 when they finished fifth in the Super Sixes of the competition.
5.45 PM **ICC Women's World Cup 2017** England v India.
6.30 **ICC Women's World Cup** The group match between India and New Zealand from Dr. DY Patil Sports Academy, Navi Mumbai. **7.30** Action from the group match between Australia and England.
8.30 **ICC Women's World Cup 2017** Action from England v Australia at the County Ground in Bristol.
9.00 **ICC Women's World Cup** Highlights from Sri Lanka v Pakistan and India v New Zealand.
12.00 M'T **to 6.00** AM **ICC Women's World Cup**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM LIVE **DP World Tour Golf** The second day of the Genesis Championship in South Korea.
9.00 **Golf** Asian Amateur Championship.
10.00 LIVE **Golf** The second day of the Asian Amateur Golf Championship.
1.00 PM **My Ryder Cup**
1.15 **Golf** Recent highlights.
1.45 **Ladies European Tour Golf**
2.45 LIVE **PGA Tour Golf** Day two of the Bank of Utah Championship.
1.00 AM **Golf** Recent highlights.
2.00 **Ladies European Tour Golf**
3.00 **PGA Tour Golf** Recent action.
4.00 **DP World Tour Golf**
4.30 **to 6.00** AM LIVE **DP World Tour Golf** Coverage of day three of the Genesis Championship.

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM LIVE **WTA & ATP Tennis** Coverage from the Tours, featuring the ATP Vienna Open.
11.00 LIVE **WTA Tennis** Coverage of day five of the Guangzhou Open.
12.30 PM LIVE **WTA & ATP Tennis** Further coverage from the Tours, including the WTA Tokyo Open.
9.30 **WTA & ATP Tennis**
2.00 AM **WTA Sizzle Reel 2024**
2.15 **WTA & ATP Tennis** Miami Open.
2.45 **Bitesize Tennis** San Diego Open.
3.00 **ATP Tennis** Tokyo Open final.
4.00 **to 6.00** AM LIVE **WTA Tennis** Day six of the WTA Tokyo Open from Ariake Coliseum in Japan.

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Netbusters**
6.30 **What I Wore** David Seaman.
7.00 **International T20 Cricket**
8.00 **One-Day International Cricket**
9.00 **Isuzu UTE A-League Highlights**
9.30 LIVE **Isuzu UTE A-League Newcastle Jets v Melbourne Victory.** From McDonald Jones Stadium. Kick-off **9.35am**.
11.30 **TNT Sports Reload**
11.45 LIVE **Snooker: Northern Ireland Open** Coverage of the first session of the quarter-finals from Waterfront Hall in Belfast.
6.00 PM **The Fantasy Show**
6.30 **Premier League Preview**
7.00 LIVE **The Gallagher PREM Northampton Saints v Saracens.** Coverage of the match from cinch Stadium at Franklin's Gardens. Kick-off **7.45pm**.
10.00 **Fight Week** Preview of UFC 321.
10.45 **UFC Main Event**
11.15 **UFC Countdown**
12.15 AM **Training Day** MLB action.
12.30 LIVE **MLB** Game one of the World Series. *See feature, page 28.*
4.30 **Premier League Preview**
5.00 **to 7.00** AM LIVE **Isuzu UTE A-League Auckland FC v Western Sydney Wanderers.**

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP Rewind**
6.15 LIVE **MotoGP** The Grand Prix of Malaysia MotoGP, Moto2 and Moto3 first practice sessions.
9.15 **MotoGP Rewind**
9.45 **Snooker** Northern Ireland Open.
11.45 LIVE **Snooker: Northern Ireland Open** The first session from the quarter-finals staged at Waterfront Hall in Belfast.
6.00 PM **MotoGP** GP of Malaysia.
6.30 **British Superbikes Rewind**
6.45 LIVE **Snooker: Northern Ireland Open** Further coverage of the second session from the quarter-finals at Waterfront Hall.
10.00 **Ultimate Pool** Recent action.
11.30 **MLB: Off the Bat**
12.00 M'T **MotoGP Highlights**
1.30 AM LIVE **MotoGP** Coverage of the Grand Prix of Malaysia MotoGP, Moto2 and Moto3 second free practice sessions.
3.00 LIVE **MotoGP** The Grand Prix of Malaysia qualifying session staged at Petronas Sepang International Circuit. Start-time **3.50am**.
5.45 **to 7.45** AM LIVE **MotoGP** The Grand Prix of Malaysia Moto2 and Moto3 qualifying sessions. Start-time **5.50am**.

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **NFL Bitesize Highlights**
11.00 **NFL Highlights** Los Angeles Rams v Minnesota Vikings.
12.00 NOON **NFL Bitesize Highlights**
1.00 PM **Good Morning Football** The latest NFL news and talking points.
3.00 **NFL Highlights** Los Angeles Rams v Minnesota Vikings. **4.00** Action from Jacksonville Jaguars v Los Angeles Rams. **5.00** Highlights of Los Angeles Rams v Minnesota Vikings.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms discuss and debate the biggest stories from around the league.
8.00 **49 Hours** The 49 hours before a San Francisco 49ers game.
8.15 **NFL Gameday** A review of all of the latest games from the NFL season, with discussion and analysis of the latest talking point.
9.00 **NFL Highlights** Los Angeles Rams v Minnesota Vikings.
10.00 **49 Hours** Behind the scenes.
10.15 **NFL Gameday** Match reviews.
11.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
12.00 M'T **The Insiders** The latest news covering all 32 NFL teams.
1.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM LIVE **WTA & ATP Tennis** Coverage from the Tours, including the WTA Tokyo Open, WTA Guangzhou Open, ATP Basel Open and ATP Vienna Open.
11.00 LIVE **WTA Tennis** Coverage of day five of the Guangzhou Open, a hard-court tournament at Nansha International Tennis Center, China.
12.30 PM LIVE **WTA & ATP Tennis** Further coverage from the Tours, including the WTA Tokyo Open, WTA Guangzhou Open, ATP Basel Open and ATP Vienna Open.
9.30 **Sports Centre** A round-up of the sports news with analysis and comments, plus extended interviews with headline makers.
10.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **WTA Tennis** Osaka Open.
1.00 AM **ATP Tennis** Action from the Chengdu Open, Stockholm Open and Shanghai Masters finals.
4.00 **to 6.00** AM LIVE **WTA & ATP Tennis** Continued coverage from the latest Tour events, including the WTA Tokyo Open, WTA Guangzhou Open, ATP Basel Open, and ATP Vienna Open.

Sky Sports Mix

416 412 510 429 449

6.00 AM LIVE **LPGA Tour Golf** The second day of the Hanwha Lifeplus International Crown.
8.00 **EFL Greatest Games**
9.00 **ICC Women's World Cup**
10.00 **PGA Tour Champions**
11.00 **The Rugby Championship**
1.00 PM **ICC Women's World Cup**
2.00 **PL Greatest Games**
3.00 **Super League** Grand Final.
6.30 **HotelPlanner Tour Golf**
7.00 **PGA Tour Champions**
8.00 **ICC Women's World Cup**
10.00 **Formula 1** From Mexico.
12.00 M'T **One Championship Weekly**
12.30 AM **PL Greatest Games**
1.00 **Peter Wright: Double Champ**
1.30 **Gerwyn Price: Welsh Glory**
2.00 **The Greatest Leg – 2023 Final**
2.30 **30 Years of PDC World Champs**
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM LIVE **Pacific Championship Rugby League Cook Island v Tonga.**

TNT Sports 3

413 415 523 410 432

6.00 AM **UTMB World Series**
7.00 **Ultimate Pool** Recent action.
8.30 **WRC Review** Highlights.
9.30 LIVE **AFLW Adelaide Crows v Port Adelaide Power.**
11.30 **UTMB World Series Highlights**
12.30 PM **International T20 Cricket**
1.30 **One-Day International Cricket**
2.30 **MotoGP** Grand Prix of Malaysia.
3.00 **Inside Serie A** The latest news.
3.30 **UCI Track Cycling** From Chile.
4.30 **Football** Highlights and features.
6.30 **Longines FEI Jumping World Cup** The qualifying event in Oslo.
7.30 **Training Day** MLB action.
7.45 **UCI Track Cycling** From Chile.
8.45 LIVE **UCI Track Cycling World Championship** From Chile.
1.00 AM **The Gallagher PREM**
2.00 **Premier League Preview**
2.30 **Tom Aspinall's Fight Lab**
3.00 LIVE **AFLW Sydney Swans v West Coast Eagles.**
5.00 **to 6.00** AM LIVE **V8 Supercars Championship**

TNT Sports 4

414 416 524 411 434

6.00 AM **UEFA Europa League & Conference League Highlights**
10.30 **Premier League Netbusters**
11.00 **UEFA Champions League**
1.00 PM **UEFA Europa League & Conference League Highlights**
2.00 **UEFA Champions League**
8.00 **UEFA Champions League** Highlights from Chelsea v Ajax. **8.30** Frankfurt v Liverpool. **9.00** Bayern v Club Brugge. **9.30** Real Madrid v Juventus. **10.00** Highlights from Sporting Lisbon v Marseille.
10.30 **UEFA Europa League** Highlights of Go Ahead Eagles v Aston Villa. **11.00** SK Brann v Rangers.
11.30 **UEFA Europa League & Conference League Highlights**
2.00 AM **UEFA Champions League**
2.30 **Snooker** Northern Ireland Open.
4.30 **to 6.00** AM LIVE **One-Day International Cricket Australia v India.** The final ODI from Sydney Cricket Ground.

Premier Sports 1

419 551

6.00 AM **Motorsport** Valentino Rossi.
6.30 **URC in 60** The fourth round.
7.30 **Top 14 Rugby Union Highlights**
8.00 **Ultimate Karting Championship**
9.00 **Swedish Hockey League**
11.00 **Eredivisie Highlights**
12.00 NOON **URC in 60** Round four.
1.00 PM **NASCAR Highlights**
2.00 **NHL on the Fly** The latest news.
3.00 **Top 14 Rugby Union Highlights**
3.30 **Transworld Sport** Magazine.
4.30 **URC in 60** The fourth round.
5.30 **The Rugby Pod** Reviews.
7.00 LIVE **United Rugby Championship Glasgow Warriors v Bulls.** From Scotstoun Stadium. Kick-off **7.45pm**.
10.15 **United Rugby Championship**
11.00 **Top 14 Rugby Union Highlights**
11.30 **Argentine Primera Highlights**
12.00 M'T **NHL Specials**
1.00 AM LIVE **NHL Ice Hockey Winnipeg Jets v Calgary Flames.** Face-off **1.00am**.
4.00 **to 6.00** AM **Sporting Greats**

Premier Sports 2

420 552

6.00 AM **Top 14 Rugby Union**
8.00 **LaLiga** Villarreal v Real Betis.
10.00 **NHL Ice Hockey**
12.00 NOON **Temples of Sport**
12.30 PM **Football's Greatest**
1.00 **Eredivisie** A match replay.
3.00 **FastZone** Motorsports highlights.
3.30 **United Rugby Championship**
5.30 **GP Confidential** F1 news.
6.00 **LaLiga** Alavés v Valencia.
7.55 LIVE **LaLiga Real Sociedad v Sevilla.** Coverage of the Spanish top-flight encounter staged at Reale Arena. Kick-off **8.00pm**.
10.00 **Football's Greatest**
10.30 **FastZone** Motorsports highlights.
11.00 **NHL Tonight** A look at 10 of the best goalies currently in the NHL.
12.00 M'T LIVE **NHL Ice Hockey New Jersey Devils v San Jose Sharks.** Coverage of the inter-conference match at Prudential Center. Face-off **12.00m't**.
3.00 AM **Temples of Sport**
4.00 **to 6.00** AM **LaLiga**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** Highlights.
9.00 **Ollie Bearman Motorhome Tour**
9.05 LIVE **Ferrari Challenge** The Coppa Shell category in Florence.
10.05 **F1 Features**
10.55 LIVE **Ferrari Challenge** The Trofeo Pirelli category in Florence.
11.55 **F1 Features**
12.45 PM **Formula 1** From Mexico.
1.45 LIVE **Ferrari Challenge** The Coppa Shell category in Florence.
2.45 **F1 Drivers Press Conference**
3.30 **Paddock Uncut: Mexico City**
4.00 **Formula 1** United States GP.
5.00 **Ted's Notebook**
5.30 **F1 Features**
7.00 LIVE **Formula 1** The Mexico City Grand Prix first practice session.
9.00 **The F1 Show**
10.00 **F1 Team Principal Conference**
10.30 **Brad Pitt Drives a McLaren**
10.45 LIVE **Formula 1** The Mexico City Grand Prix second practice session.
12.15 AM **F1 Features**
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

BBC iPLAYER Malory Towers

Monday & Tuesday, 6pm, CBBC & BBC iPlayer

The school-set drama based on Enid Blyton's much-loved series of novels returns for a seventh and final season, with Darrell Rivers (Ella Bright, left) coming to the end of her time at the boarding school.

As the new term begins, Darrell is called on to create a fun and educational task for everyone, so she asks Mr Parker for help to do a spelling bee.

Set in post-war Britain, the school drama has proved popular with viewers since the first season aired in 2020 – perhaps partly due to the fact that this coincided with the closure of schools during lockdown. Whatever the reason, we'll continue to pay visits to *Malory Towers* on iPlayer whenever we need a dose of cosy nostalgia.

sky cinema Dog Man

Friday, 6.50am,12.30pm & 6pm, Sky Premiere

From the imagination of *Captain Underpants* writer and illustrator Dav Pilkey comes this bizarre tale of a 'dog-man' hybrid, made up of the body of a former cop, Officer Knight, and the head of his dog, Greg, who surgeons creatively christen Dog Man.

Our hero goes on to continue the good work of Officer Knight, which mainly consists of the relentless pursuit of a villainous orange cat named Petey. Featuring the voice of Pete Davidson, kids will love this!

More great shows to watch this week...

Come and Play with Pip and Posy NEW

Weekdays, 8.55am, Milkshake! on 5

Pip and Posy share new games and craft ideas with viewers, exploring the outdoors with inspiration from their animated adventures.

LEGO Frozen: Operation Puffins NEW

Available Friday, Disney+

Set after *Frozen*, this short tale follows sisters Elsa and Anna as they deal with the meddling antics of the Duke of Weaselton, sorry, Weselton.

Happy Town: Pumpkin Party NEW

From Monday, Sky Kids

We're invited back to *Happy Town* for a special Halloween episode, with Scary Spice Mel B narrating the fun spooky adventure.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out a Northern Irish singer-songwriter (3,8). Answers at the bottom of the page – no cheating!

ACROSS

1 See picture clue: ------ Kirwan, actor who starred in *Ballykissangel* (6)
5 TV chef, Gino -'------- (1'6)
7 *White Wedding* singer, Billy ---- (4)
8 Ashton Kutcher comedy, ----, *Where's My Car?* (4)
9 ------ Welch, played Alison Slater in *EastEnders* (6)
10 Victor's surname in *One Foot in the Grave* (7)
13 Model and TV personality, Penny --------- (9)
16 1969 John Wayne movie, *True* ---- (4)
18 1967 Beatles song, *The* ---- *on the Hill* (4)
19 Boy band featuring Niall Horan, One --------- (9)
21 Corey -------, American actor in *Stand By Me* (7)
23 Australian comedy actor, Rebel ------ (6)
27 *Shakespeare in Love* star, Antony ---- (4)
28 ---- Wyle, *ER* and *Falling Skies* actor (4)
29 TV presenter who hosted *House Party* in the 1990s, Noel ------- (7)
30 2015 erotic drama, *Fifty* ------ *of Grey* (6)

DOWN

2 ----- Izzard, British actor and comedian (5)
3 The Four Seasons singer, Frankie ----- (5)
4 Actor in James Bond film *Dr. No*, Ursula ------- (7)
5 British singer of *Thank You* and *White Flag* (4)
6 Late American television, film and Broadway actor, ----- Davis (5)
11 Fred -----, singer with metal band Limp Bizkit (5)
12 Harry Enfield's teenager character (5)
14 US 1980s sitcom (3) (inits)
15 Fantasy film starring Tom Hanks and Halle Berry, ----- *Atlas* (5)
17 World War Two movie, *A Bridge --- Far* (3)
20 See picture clue: Singer with girl group Little Mix, Perrie ------- (7)
22 *Girls5eva* actor, Renée ----- Goldsberry (5)
24 *You're No Good* singer, ----- Ronstadt (5)
25 2014 Meryl Streep movie, *August*: ----- *County* (5)
26 Lucy Pargeter's role in ITV1 soap *Emmerdale*, ---- Dingle (4)

CROSSWORD SOLUTION

ACROSS: 1 Devlin 5 D'Acampo 7 Idol 8 Dude 9 Denise 10 Meldrew 13 Lancaster 16 Grit 18 Fool 19 Direction 21 Feldman 23 Wilson 27 Sher 28 Noah 29 Edmonds 30 Shades
DOWN: 2 Eddie 3 Valli 4 Andress 5 Dido 6 Ossie 11 Durst 12 Kevin 14 Alf 15 Cloud 17 Too 20 Edwards 22 Elise 24 Linda 25 Osage 26 Chas

WORDS: LYNETTE BRIGHTON. PHOTOS: GETTY, BBC, SKY CINEMA, SKY KIDS.

We are committed to only using magazine paper that is derived from responsibly managed, certified forestry and chlorine-free manufacture. The paper in this magazine was sourced and produced from sustainable managed forests, conforming to strict environmental and socioeconomic standards.
Recycle

Coming soon

Brenda Blethyn and Jessica Reynolds star in the rags-to-riches saga

A Woman of Substance

FIRST LOOK

C4 is offering up a lavish new take on Barbara Taylor Bradford's bestselling novel *A Woman of Substance*.

The book was previously the subject of a 1985 adaptation starring Jenny Seagrove and Deborah Kerr, and now the new eight-part series, which will air next year, sees Jessica Reynolds as the young Emma Harte, alongside Brenda Blethyn as the older version of the character.

As the series begins in 1911, Emma is a poor housemaid at a country house in Yorkshire, but over the decades, through pluck, talent and ruthless ambition, she breaks through class and gender barriers to form a global retail company and become supremely wealthy, although her complex personal life brings her turmoil.

ALL-STAR CAST

Emmett J Scanlan and Leanne Best co-star as Emma's employers Adam and Adele Fairley, while Will Mellor plays her father Jack and Lenny Rush is her brother Frank. Lydia Leonard, Ewan Horrocks, Harry Cadby, Niall Wright, Robert Wilfort, Toby Regbo, Hiftu Quasem, Sophie Bould and Georgina Sadler also appear.

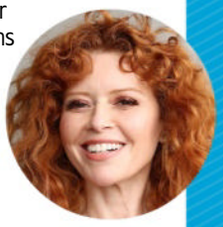
'I'm overjoyed to be taking on this iconic role, in the footsteps of the great Deborah Kerr,' says Blethyn. 'As a fan of Barbara Taylor Bradford, it is an unmissable opportunity to play the fierce Emma Harte.'

'To step into the shoes of Emma is an absolute dream,' adds Reynolds. 'I'm so excited to bring the stunning scripts and this great piece of literature to the screen.'

WHAT'S NEXT FOR...

Natasha Lyonne

Sky's six-part action comedy **Force & Majeure** will see the actor as US mercenary Jennifer Majeure, who teams up with British art expert and thief Thomas Force (Matt Berry) to bring down villains across Europe.

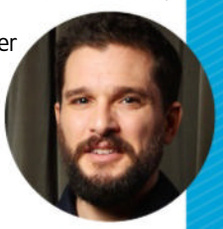


Joanna Scanlan

The actor will headline 5's five-part thriller **Missed Call** as single mother Sarah, who is fearful when her daughter Katie goes missing while on a school exchange in France. Rupert Graves and Robert Lindsay co-star.

Kit Harington

In BBC's four-part adaptation of Charles Dickens' **A Tale of Two Cities**, the actor will play 18th-century lawyer Sydney Carton, who tries to help Lucie Manette (Mirren Mack) on her mission to find her father.



Coming Back

A follow-up to **Peaky Blinders** will air on BBC1. Penned by Steven Knight and executive produced by Cillian Murphy, the series will centre on a new generation of Shelbys in the 1950s amid the redevelopment of post-war Birmingham.

Next week

On sale Tuesday 21 October

Down Cemetery Road

Dame Emma Thompson and Ruth Wilson star in Apple TV+'s thriller.

Trigger Point

Expo Lana (Vicky McClure) faces new danger in the return of ITV1's bomb-disposal drama.

IT: Welcome to Derry

Sky Atlantic's prequel to Stephen King's novel stars Bill Skarsgård.

Ballad of a Small Player

In Netflix's drama, Colin Farrell portrays a gambler on the run.

Standard Subscription rates (1 year): UK £174.99, Europe £39 Euros, USA $60, Rest of World £469. For inquiries, contact TV&Satellite Week Subscriptions, Freepost Future Plc, or email help@magazinesdirect.com. If you require any other issue/s of Future Plc magazines, these are available online at magazinesdirect.com.

WORDS: CAREN CLARK. PHOTOS: APPLE TV+, C4, GETTY, ITV, NETFLIX, SKY

TV&Satellite week

121-141 Westbourne Terrace, London W2 6JR
Email tv&satweek@futurenet.com
For subscriptions inquiries, call 0330 333 1113
email help@magazinesdirect.com

Printed by Walstead UK Ltd

International Licensing and Syndication
TV&Satellite Week is available for licensing and syndication. Contact us at **licensing@futurenet.com** or view our available content at **futurecontenthub.com**

Head of Print Licensing
Rachel Shaw **licensing@futurenet.com**

FUTURE
Connectors. Creators. Experience Makers.

Future plc is a public company quoted on the London Stock Exchange (symbol: FUTR)
www.futureplc.com

Chief Executive Officer **Kevin Li Ying**
Non-Executive Chairman **Richard Huntingford**
Chief Financial Officer **Sharjeel Suleman**
Tel +44 (0)1225 442 244

ipso. Regulated **Editorial Complaints** *TV&Satellite Week* is a member of IPSO (Independent Press Standards Organisation), which regulates the UK print and digital news industry. We abide by the Editors' Code of Practice and are committed to upholding the highest standards of journalism. If you think that we have not met those standards and want to make a complaint, please email us at tv&satweek@futurenet.com or write to The Editor, *TV&Satellite Week*, 121-141 Westbourne Terrace, London W2 6JR. If we are unable to resolve your complaint, or if you would like more information about IPSO or the Editors' Code, contact IPSO on 0300 123 2220 or visit ipso.co.uk

GPSR EU RP (for authorities only)
eucomply OÜ Pärnu mnt 139b-14 11317, Tallinn, Estonia
hello@eucompliancepartner.com +3375690241

General Product Safety 2023/988: The use of our product under normal or reasonably foreseeable conditions of use, including the actual duration of use, does not present any risk or only the minimum risks compatible with the product's use, which are considered acceptable and consistent with a high level of protection of the health and safety of consumers.

The First Musical Bubble Light Tree

Plays a medley of 8 holiday tunes

The bulbs and tree base light up!

Colour-changing lights!

Captures the timeless charm of bubble lights!

20 red and green LEDs light the branches

Lavished with classic ornaments in metallic and glitter finishes

Illuminated 'tree skirt' base is adorned with traditional Santa motifs

Tree is individually handcrafted and hand painted

Easy-to-set 24-hour Timer

Actual size of product approx. 12.5 inches (cm) tall. Operates on 3 'AAA' batteries or AC adapter, not included.

Rejoice in holidays past and present with the 'Merry Memories' Illuminated Musical Bubble Light Tree, a Bradford Exchange first! Standing over 12 inches tall, this tabletop tree captures the look of classic bubble lights. Tiny acrylic bubbles suspended within the safe, candle-inspired tops recall the charm of the original, updated with colour-changing LED lights! It's richly decorated with shiny ornaments, golden garland and glittering snowflakes, topped with an illuminated starburst. Plays a melody of 8 holiday tunes.

Exceptional value; satisfaction guaranteed

Reserve this first-ever tree now at the issue price of £159.96, payable in four installments of £39.99, the first payment due before shipment (plus £9.99 S&S)*. Your purchase is backed by our 365-day guarantee. You need pay nothing now, simply complete and return your Priority Order Form or visit us online today.

© The Bradford Exchange. * S&S - Shipping & Service. Offer applies to UK only. Our guarantee is in addition to the rights provided to you by consumer protection regulations. 01-41236-001

FASTEST WAY TO ORDER

www.bradford.co.uk/merrymemoriestree

Or call on **0333 003 0019**

Lines are open: Mon-Thurs 10-6 Fri 9-5 Sat 9-4

and quote reference code 469822

PAY NOTHING NOW

PRIORITY ORDER FORM

Please Respond Promptly

To: The Bradford Exchange, PO Box 653, Stoke-on-Trent ST4 4RA

YES! Please order __ (Qty) of the **'Merry Memories' Illuminated Musical Bubble Light Tree** for me as described in this advertisement.

Complete today or Call 0333 003 0019

Title..... Name.....
(PLEASE PRINT)

Address.....

.....

Postcode..... Phone.....

Email Address.....

Applicants must be aged 18 or over. Please note, we may contact you via mail, email and mobile with information about your reservation. For details of our privacy policy, please go to www.bradford.co.uk/privacypolicy or contact us at the above address or phone number.

The Bradford Exchange - Since 1973 -

01-41236-001

Order Ref:469822

UK Government

Are you receiving Income-related
Employment and **Support Allowance?**

Keep things smooth by making the move to Universal Credit

It's not automatic, so look out for your letter telling you what to do. Visit **gov.uk/ucmove** for more information.

Eligibility criteria apply

UC Universal Credit

1006
0006